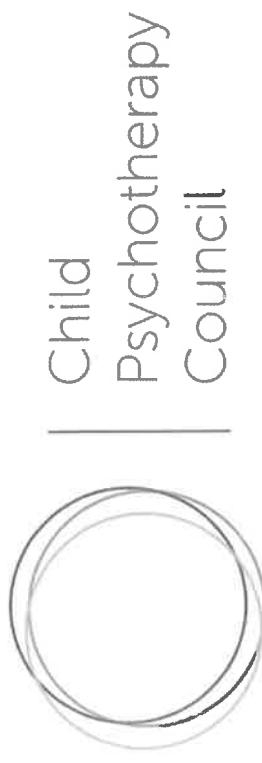


Charity Registration No: 1196150



Child  
Psychotherapy  
Council

**CHILD PSYCHOTHERAPY COUNCIL (CPC)**  
**REPORT AND ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2024**



**Charity Name** Child Psychotherapy Council (CPC)

**Executive Committee:**  
Bozena Block (Chair)  
Lucy Fuller (Vice Chair)  
Nadja Julia Rolli (Treasurer)  
Asa Marks (Secretary)  
Diana Samuels  
Kim Fowler  
Anna Lippa

**Charity Number:** 1196150

**Principal address:**  
Saunders Wood & Co  
140A Tachbrook Street  
LONDON  
SW1V 2NE

# **CHILD PSYCHOTHERAPY COUNCIL**

## **EXECUTIVE COMMITTEE REPORT**

### **FOR THE YEAR ENDED 31 DECEMBER 2024**

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The Child Psychotherapy Council (CPC) Executive Committee present their report and accounts for the period 1 January 2024 to 31 December 2024.

#### **Objectives and Activities**

##### **Purposes of the Charity**

The Child Psychotherapy Council (CPC), represents the profession of child psychotherapy across all modalities in the UK and beyond. It is dedicated to the advancement of child psychotherapy as a distinct profession within the field of child and adolescent mental health.

The organisation was founded in 2021 by a group of child psychotherapists, united by the idea of creating a real change in the field of child and adolescent psychotherapy.

As a registered charity (Charity Number 1196150), the Child Psychotherapy Council engages with practitioners, training organisations, regulators, policy makers, statutory and non-statutory mental health organisations for children, young people, families and the general public. The CPC's goal is to promote and maintain the highest standards of psychotherapeutic services for children and young people. Ensuring that only the highest quality, most developmentally appropriate mental health services are offered to children and their families – both privately and in the public sector.

## **Main activities**

CPC carries out a number of activities in the UK that contribute to maintaining the highest standards of practice in child psychotherapy:

- Protecting the title of child psychotherapy to ensure it is only used by appropriately qualified practitioners
- Creating a community of child psychotherapy professionals with a shared vision and influential voice
- Promoting rigorous standards for training and continuing professional development
- Establishing a body of best practice principles, ethics and guidelines to be adhered to by practitioners and researchers
- Lobbying for funding and improved mental health services for children and young people
- Influencing public policy and legislation related to child mental health
- Pioneering research in child psychotherapy practice and outcomes
- Informing the general public on the practice, benefits and outcomes of child psychotherapy and how to select the right mental health service

The charity operates throughout England and Wales.

## **Achievements and performance**

2024 was a difficult year for CPC. After a successful launch in 2023, where we started to have our first members and created communication with possible members, we decided to hold a workshop on 'Touch in Child Psychotherapy' in March 2024. The workshop aimed to reflect on the issue of using touch in child psychotherapy and on the difficulties encountered around this topic. Unfortunately, we needed to cancel the event as there were not enough participants. After analysing the possible reasons, such as not enough publicity, too high a cost, an unpopular day, an unpopular venue, as well as Sunday not being a good day to run a training day, we tried to adjust some of these factors and promoted the training again in June. Unfortunately, we again needed to cancel the event.

After this setback, CPC focused on creating networking events for other CPC members to create more interest in the charity and to recruit others, as the board recognised that one of the main reasons why the growth for CPC stagnated was the amount of time board members could make available for CPC.

On more positive aspects, the chair of the membership committee, Diana Samuels, has been able to optimise the process for registering for CPC, which has allowed CPC to generate a small regular cash flow.

Furthermore, the chair of the research committee, Nadja Rolli, has published an article about the discussion for a common core and unified approach in child psychotherapy to contribute to research in the field of child psychotherapy.

### **Financial Review**

In 2024, CPC tried to organise two fundraising events, one in March 2024 and again in June 2024. Unfortunately, both of the events needed to be cancelled due to insufficient participants. Therefore, the money that was generated in the lead-up needed to be returned, which is documented in the financial statement as 'expenses fundraising'. However, one person decided not to claim their attendance fee back and contribute this money to CPC.

Otherwise, CPC was able to maintain a small but regular cash flow from membership fees. Memberships have still the potential to be a steady source of income for 2025.

On December 31<sup>st</sup>, CPC closed the books with a small financial gain of £1240.48, which is an improvement of almost £1000.00 compared to last year. Currently, the financial income is used to expand the online presence and services of CPC.

As CPC has not yet established a regular cash flow, no reserves were generated. This needs to be addressed in 2025 and possibilities to raise funds need to be explored.

### **Governance**

The charity was registered as a CIO on 14 October 2021 with its Constitutional document registered. This sets out the charitable objectives of the organisation.

No funds are held as custodian trustees on behalf of others.

## **Structure and Management**

### **Board of Trustees**

The Board of Trustees consists of the Chair, Vice Chair and Treasurer. The Trustees have had regard to the guidance issued by the Charity Commission on public benefit. Trustee selection procedure is set out in the CPC constitution. The Executive Committee of the CPC reports to the Board.

Board Trustees consist of experienced child and adolescent psychotherapists and an Honorary Member of CPC.

- Chair: Bozena Block, MSc Clinical Psych, UKCP, is CEO, Clinical Director and Founder of Terapia Training in Integrative Child Psychotherapy and Counselling. Honorary Member of CPC.
- Vice Chair: Lucy Fuller, Child and Adolescent Psychotherapist (MA) and Clinical Supervisor. Lucy worked as a secondary school teacher before retraining as a psychotherapist.
- Treasurer: Nadja Julia Rolli Child and Adolescent Psychotherapist (MA), psychomotor therapist, play therapist and certified sandplay practitioner

### **CPC Executive Committee members**

The CPC Executive Committee consists of Chairs and Vice Chairs of CPC Committees.

- The Chair of Governance Committee: Kim Fowler Child and Adolescent Psychotherapist (MA) .
- The Chair of Membership Committee: Diana Samuels Child and Adolescent Psychotherapist (MA) and Clinical Supervisor, BSocSci, CQSW, PGDip (Play Therapy), MA, PGDip (Clinical Supervision).

- The Chair of Standards Committee: Lucy Fuller, Child and Adolescent Psychotherapist (MA) and Clinical Supervisor. Lucy worked as a secondary school teacher before retraining as a psychotherapist.
- Secretary and Chair of the Complaints Committee: Åsa Marks, MA Integrative Child and Adolescent Psychotherapist, PG Dip Adult Humanistic Counsellor and Psychotherapist and Dip Clinical Supervisor, registered with CPC, UKCP and BACP
- The Chair of Research Committee: Nadja Julia Rolli UKCP BACP is an integrative child and adolescent psychotherapist, psychomotor therapist, play therapist and certified sandplay practitioner
- The Chair of Ethics and EDI Committees : Anna Lippa is a primary school Headteacher and SENCO, having worked in a range of primary school settings, across three local authorities.

One CPC founding members withdrew from the executive committee in 2024 due to retirement – Martin Butwell. The CPC is grateful for the contributions he made to the work of CPC.

## Financial accounts

business account	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24
<b>Balance</b>	<b>286.69</b>	<b>286.69</b>	<b>419.05</b>	<b>735.21</b>	<b>815.21</b>	<b>873.87</b>	<b>855.87</b>	<b>955.87</b>	<b>955.87</b>	<b>937.87</b>	<b>1,092.48</b>	<b>1,246.48</b>
Membership fees			640.00	160.00			160.00			160.00	160.00	
Donations												
fundraising		132.36	235.16		58.66							
other										0.01		
<b>Income</b>	<b>-</b>	<b>132.36</b>	<b>875.16</b>	<b>160.00</b>	<b>58.66</b>	<b>-</b>	<b>160.00</b>	<b>-</b>	<b>-</b>	<b>160.01</b>	<b>160.00</b>	<b>-</b>
Rent Fundraiser												
Website/email			216.00									
Tax												
Service charge			18.00			18.00			18.00	5.40	6.00	6.00
Insurance			120.00									
Phone bills												
expenses <i>fundraising</i>			<b>205.00</b>	<b>80.00</b>			<b>60.00</b>					
misc expenses												
<b>Expenses</b>			559.00	80.00	-	18.00	60.00	-	18.00	5.40	6.00	6.00
<b>Saldo</b>	<b>286.69</b>	<b>419.05</b>	<b>735.21</b>	<b>815.21</b>	<b>873.87</b>	<b>855.87</b>	<b>955.87</b>	<b>955.87</b>	<b>937.87</b>	<b>1,092.48</b>	<b>1,246.48</b>	<b>1,240.48</b>



Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Bozena Block</i>	
Full name(s)	BOZENA BLOCK	
Position (eg Secretary, Chair, etc)	Chair	
Date	30 <sup>th</sup> June 2025	

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Lacy Fuller</i>	
Full name(s)	LACY FULLER	
Position (eg Secretary, Chair, etc)	Vice Chair	
Date	30/6/25	

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Nadja Julia Belli	
Position (eg Secretary, Chair, etc)	Treasurer	

Date

01.07.2025