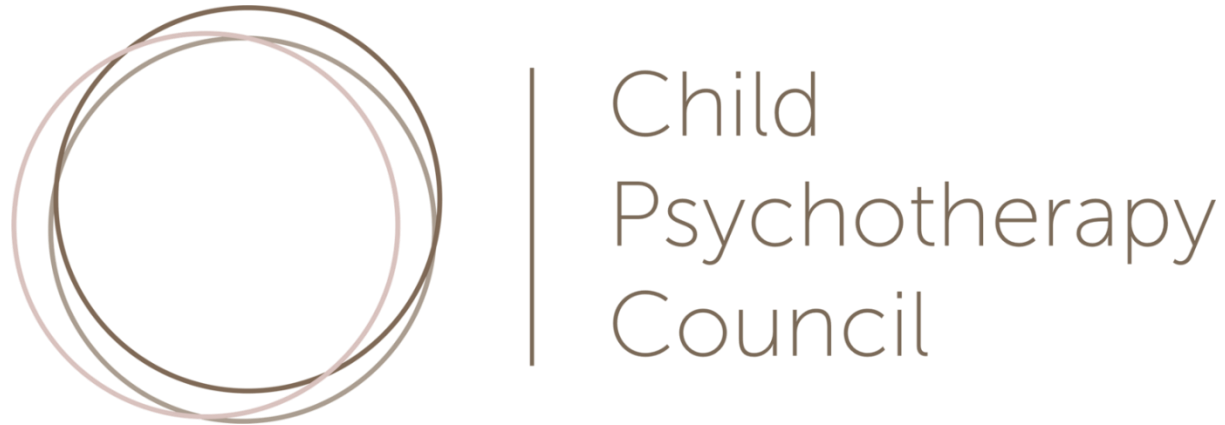


**Charity Registration No: 1196150**



**CHILD PSYCHOTHERAPY COUNCIL (CPC)  
REPORT AND ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**



Child  
Psychotherapy  
Council

**Charity Name**                      **Child Psychotherapy Council (CPC)**

**Executive Committee:**    **Bozena Block (Chair)**  
                                     **Lucy Fuller (Vice Chair)**  
                                     **Nadja Julia Rolli (Treasurer)**  
                                     **Åsa Marks (Secretary)**  
                                     **Diana Samuels**  
                                     **Kim Fowler**  
                                     **Martin Butwell**  
                                     **Anna Lippa**

**Charity Number:**                **1196150**

**Principal address:**            **Terapia**  
                                     **The Bothy**  
                                     **17A East End Road**  
                                     **London**  
                                     **N3 3QE**

**CHILD PSYCHOTHERAPY COUNCIL**  
**EXECUTIVE COMMITTEE REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

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The Child Psychotherapy Council (CPC) Executive Committee present their report and accounts for the period 1 January 2023 to 31 December 2023.

**Objectives and Activities**

**Purposes of the Charity**

The Child Psychotherapy Council (CPC), represents the profession of child psychotherapy across all modalities in the UK and beyond. It is dedicated to the advancement of child psychotherapy as a distinct profession within the field of child and adolescent mental health.

The organisation was founded in 2021 by a group of child psychotherapists, united by the idea of creating a real change in the field of child and adolescent psychotherapy.

As a registered charity (Charity Number 1196150), the Child Psychotherapy Council engages with practitioners, training organisations, regulators, policy makers, statutory and non-statutory mental health organisations for children, young people, families and the general public. The CPC's goal is to promote and maintain the highest standards of psychotherapeutic services for children and young people. Ensuring that only the highest quality, most developmentally appropriate mental health services are offered to children and their families – both privately and in the public sector.

## **Main activities**

CPC carries out a number of activities in the UK that contribute to maintaining the highest standards of practice in child psychotherapy:

- Protecting the title of child psychotherapy to ensure it is only used by appropriately qualified practitioners
- Creating a community of child psychotherapy professionals with a shared vision and influential voice
- Promoting rigorous standards for training and continuing professional development
- Establishing a body of best practice principles, ethics and guidelines to be adhered to by practitioners and researchers
- Lobbying for funding and improved mental health services for children and young people
- Influencing public policy and legislation related to child mental health
- Pioneering research in child psychotherapy practice and outcomes
- Informing the general public on the practice, benefits and outcomes of child psychotherapy and how to select the right mental health service

The charity operates throughout England and Wales.

## **Achievements and performance**

The inaugural launch of the CPC took place on 16 June 2023 with a seminar held at Resource for London in Islington. This was attended by over 40 practitioners in the field of child and adolescent psychotherapy. Workshops were held on a variety of subjects, including The Child Psychotherapist in Private Practice, Child Psychotherapy in Outside Spaces, Child Identity Formation in a Changing World and Assessment in Child Psychotherapy. The Seminar gave participants the opportunity to learn more about the aims of the CPC and an opportunity to network with other child psychotherapists.

The following categories of membership have been created:

- Individual Accredited Membership for Child Psychotherapists.
- Trainee Membership for trainees on a recognised child psychotherapy training, seeing children and/or young people as part of their clinical placement,
- Student Membership for those attending a training in psychotherapy or counselling and not yet working with clients

- Non-Clinical Membership: for qualified child psychotherapists not currently in clinical practice
- Co-opted Membership: for those elected by members of the Executive Board to fulfil a specific function or role in CPC. Co-opted Members may not be a Child Psychotherapist but will have a set of skills and achievements related to the field.
- Honorary Membership: Those nominated by a CPC member in recognition of their contribution to the field of child psychotherapy.

CPC endeavours to ensure that every accredited member meets the highest standards of professionalism for Child Psychotherapy enforcing rigorous standards including a minimum of 4 years part-time training focussed on child and adolescent psychotherapy and practice; training with a recognised child and adolescent psychotherapy training organisation delivered at least at the level 7 of competence (UK level of MA) and appropriately supervised clinical practice and observation studies.

There are further robust standards for Trainee and Student members covering professional training, clinical practice, learning outcomes, clinical supervision and professional practice

## **Financial Review**

CPC organised the inaugural launch on 16 June 2023. The launch aimed to make CPC known within the child psychotherapy community in order to attract future members and raise awareness of future seminars and CPD events that will help fund the charity. As written before, the launch was a success, and we were able to hold the launch without a financial loss.

The launch has created interest for membership – however, only one new membership was finalised by the time December 2023. In the future, memberships have the potential to be a steady source of income for 2024. Furthermore, CPC has received several small donations from the current board members to set up and enlarge CPC's email account and correspondence.

On the December 31<sup>st</sup>, CPC closed the books with a small financial gain of £286.69. Currently, the financial income is used to expand the online presence and services of CPC.

As CPC has not yet established a regular cash flow, no reserves were generated. This needs to be addressed in 2024 and possibilities to raise funds need to be explored.

## **Governance**

The charity was registered as a CIO on 14 October 2021 with its Constitutional document registered. This sets out the charitable objectives of the organisation.

No funds are held as custodian trustees on behalf of others.

## **Structure and Management**

### **Board of Trustees**

The Board of Trustees consists of the Chair, Vice Chair and Treasurer. The Trustees have had regard to the guidance issued by the Charity Commission on public benefit. Trustee selection procedure is set out in the CPC constitution. The Executive Committee of the CPC reports to the Board.

Board Trustees consist of experienced child and adolescent psychotherapists and an Honorary Member of CPC.

- Chair: Bozena Block, MSc Clinical Psych, UKCP, is CEO, Clinical Director and Founder of Terapia Training in Integrative Child Psychotherapy and Counselling. Honorary Member of CPC.
- Vice Chair: Lucy Fuller, Child and Adolescent Psychotherapist (MA) and Clinical Supervisor. Lucy worked as a secondary school teacher before retraining as a psychotherapist.
- Treasurer: Nadja Julia Rolli Child and Adolescent Psychotherapist (MA), psychomotor therapist, play therapist and certified sandplay practitioner.

## **CPC Executive Committee members**

The CPC Executive Committee consists of Chairs and Vice Chairs of CPC Committees.

- The Chair of Governance Committee: Kim Fowler Child and Adolescent Psychotherapist (MA).
- The Chair of Membership Committee: Diana Samuels Child and Adolescent Psychotherapist (MA) and Clinical Supervisor, BSocSci, CQSW, PGDip (Play Therapy), MA, PGDip (Clinical Supervision).
- The Chair of Standards Committee: Lucy Fuller, Child and Adolescent Psychotherapist (MA) and Clinical Supervisor. Lucy worked as a secondary school teacher before retraining as a psychotherapist.
- Secretary and Chair of the Complaints Committee: Åsa Marks, MA Integrative Child and Adolescent Psychotherapist, PG Dip Adult Humanistic Counsellor and Psychotherapist and Dip Clinical Supervisor, registered with CPC, UKCP and BACP
- The Chair of Research Committee: Nadja Julia Rolli UKCP BACP is an integrative child and adolescent psychotherapist, psychomotor therapist, play therapist and certified sandplay practitioner
- The Vice-Chair of Research Committee: Martin Butwell, MPhil, MSc, BA, CTA, is a UKCP & NHS-registered psychotherapist and clinical supervisor.
- The Chair of Ethics and EDI Committees: Anna Lipka is a primary school Headteacher and SENCO, having worked in a range of primary school settings, across three local authorities.

Two CPC founding members withdrew from the organisation in 2023 due to other commitments - Collette Boardman and Alix Hearn. The CPC is grateful for the contributions they made to the work of CPC.

## Financial accounts

business account	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23
<b>Balance</b>	<b>104.81</b>	<b>104.81</b>	<b>104.81</b>	<b>413.31</b>	<b>1,018.27</b>	<b>2,347.56</b>	<b>792.82</b>	<b>162.69</b>	<b>162.69</b>	<b>144.69</b>	<b>144.69</b>	<b>304.69</b>
Membership fees			160.00	320.00	160.00						160.00	
Donations						80.40	65.80					
fundraising other			477.01	284.96	1,202.88	1,575.26						
<b>Income</b>	-	-	637.01	604.96	1,362.88	1,655.66	65.80	-	-	-	160.00	-
Rent Fundraiser												
Website/email			165.51				695.93					
Tax												
Service charge			18.00			18.00			18.00			18.00
Insurance												
Phone bills												
<b>expenses fundraising</b>					<b>33.59</b>	<b>3,047.40</b>						
misc expenses			145.00			145.00						
<b>Expenses</b>	-	-	328.51	-	33.59	3,210.40	695.93	-	18.00	-	-	18.00
<b>Saldo</b>	104.81	104.81	413.31	1,018.27	2,347.56	792.82	162.69	162.69	144.69	144.69	304.69	286.69



## Declarations

The trustees declare that they have approved the trustees' report above.  
Signed on behalf of the charity's trustees.

Signature



Full name

Nadja Julia Rolli

Position (eg Chair, Treasurer etc)

Treasurer

Date

21.07.2024

Signature



Full name

Lucy Fuller

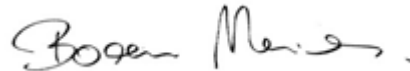
Position (eg Chair, Treasurer etc)

Vice-Chair

Date

22.07.2024

Signature



Full name

Bozena Merrick

Position (eg Chair, Treasurer etc)

Chair

Date

22.07.2024