



Child
Psychotherapy
Council

Child Psychotherapy Council

**Annual report
and Financial Statement
For the Year Ended October 2022**

Charity Number: 1196150



Child
Psychotherapy
Council

Content:

Legal and Administrative Information:..... 3

Our Aims and Objectives:.....4

Organisational Structure:.....5

Report from the Board of Trustees:..... 6

Financial Statement:.....7



Child
Psychotherapy
Council

Legal and Administrative Information:

Charity Name: Child Psychotherapy Council (CPC)

Charity Registration Number: 1196150

Charity Registered Address
and Operational Address: The Bothy
17A East End Road
London N3 3QE

Trustees: Bozena Block (Merrick) Chair
Alix Hearn (Vice-Chair)
Nadja Rolli (Treasurer)

Secretary: Asa Marks

Bankers: Unity Trust Bank plc
Four Brindleyplace
Birmingham B1 2JB



Child
Psychotherapy
Council

Our Aims and Objectives:

CPC is dedicated to the advancement of child psychotherapy as a distinct profession within the field of child and adolescent mental health. It aims to:

- protect the title of child psychotherapy to ensure it is only used by appropriately qualified practitioners;
- create a community of child psychotherapy professionals with a shared vision and influential voice;
- promote rigorous standards for training and continuing professional development;
- establish a body of best practice principles, ethics and guidelines to be adhered to by practitioners and researchers;
- lobby for funding and improved mental health services for children and young people;
- influence public policy and legislation related to child mental health;
- pioneer research in child psychotherapy practice and outcomes; and
- inform the general public on the practice, benefits and outcomes of child psychotherapy and how to select the right mental health service.

CPC aims to ensure that everyone has access to psychotherapeutic services regardless of race, age, gender, disability, sexual orientation, social class, religion or belief and actively promotes poverty aware practice.



Child
Psychotherapy
Council

Organisational Structure:

The Board of Trustees (BoT) has currently three Trustees: Chair, Vice-Chair and a Treasurer.

The BoT has been meeting bi-monthly and has established the following Committees:

- Members and Communications Committee
- Research Committee
- Governance Committee
- Equality, Diversity and Inclusivity Committee
- Complaints Committee
- Ethics and Professional Standards Committee
- Membership Committee

The terms of reference for each committee set out the roles and governance of each committee in detail. Each committee has a Chair and Vice-Chair. These two members of each committee form the Executive Committee of the Child Psychotherapy Council. The Executive Committee sits between the Board of Trustees and the Committees. The Charity Trustees delegate some of their powers and functions to the above committees, where appropriate.



Child
Psychotherapy
Council

Report from the Board of Trustees:

Child Psychotherapy Council started its activities in October 2022, following its registration with the Charity Commission.

For the last year the trustees focused on recruitment of the members for each committee and on building the infrastructure of the organisation.

CPC's goal is to ensure that those who use the title child psychotherapy are trained to the highest standard, have received thorough and comprehensive training and continue to receive appropriate support throughout their careers. It aims a register of highly qualified cross-modality child psychotherapists of the highest standards. With this in mind the organisation focused on creating, discussing, consulting on and, eventually, ratifying the following documents:

- CPC Code of Ethics for Therapeutic work with Children
- CPC Ethics Guidance for Research with Children and Young People
- CPC Guidelines for Registration as Child Psychotherapist
- CPC Annual Reaccreditation Process
- CPC Clinical Supervision Policy
- CPC Continuous Professional Development Policy
- CPC Triennial and Sexennial Reaccreditation processes
- CPC Equality, Diversity and Inclusion Policy
- GDPR Policy
- Terms of references for each CPC Committee

This has been an incredible year in which a huge amount of work went into preparing for the launch of the accreditation process for individual child psychotherapists.

We are looking forward to the next year when we will officially launch the Register of Child Psychotherapists, Students and Trainee Members as well as Co-opted Members and Honorary Members of CPC.



Child
Psychotherapy
Council

Financial Statement:

No financial activity took place during the first year of the Child Psychotherapy Council's registration as a Charitable Incorporated Organisation.

Financial Statement:

Financial Statement: