



Mercy Foundation Trust Accounts Report for the year ended 30 November 2022

Charity Registration Number: 1196144

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Legal and administrative information

CHARITY NUMBER

1196144

START OF FINANCIAL YEAR END OF FINANCIAL YEAR

13 October 2021

30 November 2022

4 TRUSTEES

Mrs Catherine Nkole	- Chair
Rev Neilon Rocha	- Trustee
Dr Sarah Anane-Adusei	- Trustee
Dr Chinedu Nkole	- Trustee

GOVERNING INSTRUMENT

CIO - FOUNDATION Adopted 13 October 2021

REGISTRATION DATE

Registered 13 October 2021

CORRESPONDENCE ADDRESS

334 Canford Lane, BRISTOL, BS9 3PW

Trustee's Report for the Year Ended 30 November 2022

OBJECTIVES AND ACTIVITIES

Our aims and objectives are focused on promoting general health and wellbeing aimed at reducing the incidence of cerebrovascular diseases (stroke) and cardiovascular diseases (myocardial infarction) through health promotion seminars and workshops that address risk factors such as diabetes, high blood pressure, high blood cholesterol, and obesity.

The trustees are actively involved in the organisation and delivery of these seminars and workshops.

ACHIEVEMENTS AND PERFORMANCE

During the year, the charity:

Delivered health promotion seminars and workshops, with positive feedback and testimonials from attendees about improved lifestyle and health awareness, 80% of attendees reported improved awareness of their blood pressure risk factors

Contributed to reducing health inequalities in the community through targeted campaigns and services.

Supported activities entirely within England and Wales, with no paid staff, relying on volunteer trustees and helpers.

FINANCIAL SUMMARY FOR 2022

- Total income: £2,428
- Total expenditure: £2,410
- Surplus: £18

PLANS FOR THE FUTURE

Establish walk-in centres around Bristol where people can check their blood pressure, BMI, cholesterol level, HbA1c, and receive free professional help.

CHALLENGES

- The main challenge remains lack of funding, with trustees personally covering some event costs.

- The charity looks forward to increased emphasis on prevention from funders and government, as prevention is more cost-effective than care.

PUBLIC BENEFIT STATEMENT

The trustees confirm they have had regard to the Charity Commission's guidance on public benefit and are satisfied that the activities during the year advanced the charity's purposes and provided clear benefits to the public.

I hereby submit this report and the accounts to the board of trustees for their approval,

Catherine Nkole

12/08/2025

Mrs Catherine Nkole

Neilon Rocha

11/08/2025

Rev Neilon Rocha

Dr Sarah Anane-Adusei

15/08/2025

Dr Sarah Anane-Adusei

chinedunkole

12/08/2025

Dr Chinedu Nkole

Receipts and Payments Account

Mercy Foundation Trust

Charity Registration Number: 1196144

Receipts and Payments Account

For the year ended 30 November 2022

Receipts

Source	Amount (£)
Donations and voluntary income	2,428.00
Total Receipts	2,428.00

Payments

Purpose / Category	Amount (£)
Charitable activities	2,410.00
Total Payments	2,410.00

Net Surplus for the Year

	Amount (£)
Surplus	18.00

Statement of Assets and Liabilities (at 30 November 2022)

	Amount (£)
Cash at bank	18.00
Liabilities	0.00
Net Assets	18.00

Basis of Preparation: These accounts have been prepared on a receipts and payments basis, as the charity's income is below £250,000 and it is not required to prepare accruals accounts.

Independent Examination

The charity's gross income for the year was less than £25,000. In accordance with the Charities Act 2011, there was no statutory requirement for an audit or independent examination, and none was undertaken.

Signature: 
Dr Sarah Anane-Adusei (Aug 15, 2025 10:27:08 GMT+1)
Email: ssaadusei@gmail.com

Signature: 
Email: mikath2000@yahoo.com

Signature: Dr Chinedu Nkole
Dr Chinedu Nkole (Aug 12, 2025 09:45:24 GMT+1)
Email: cnkole@hotmail.com

Signature: *Neilon Rocha*
Email: neilonrocha@hotmail.com











Mercy Foundation Trust Accounts and TAR Ready to be signed

Final Audit Report

2025-08-15

Created:	2025-08-11
By:	Neilon Rocha Rocha (neilonrocha@hotmail.com)
Status:	Signed
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