

**Greater Manchester Rape Crisis and
Sexual Abuse Support Centre CIO**

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025**

Registered Charity No. 1196056

**Greater Manchester Rape Crisis and
Sexual Abuse Support Centre CIO
FOR THE YEAR ENDED 31ST MARCH 2025**

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Report of the trustees for the Year Ended 31st March 2025

The trustees present their annual report and financial statements of the charity for the Year Ended 31st March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland published (FRS 102) (effective 1 January 2019).

Reference and administrative information

Charity Name: Greater Manchester Rape Crisis and Sexual Abuse Support Centre CIO

Working Name GMRC (RASAC)

Charity Number: 1196056

Structure, governance and management

The Charity is a charitable incorporated organisation and is constituted under a governing document dated 5th October 2021

The trustees set up Greater Manchester Rape Crisis and Sexual Abuse Support Centre CIO (registration number 1196056) and all activities, assets and liabilities were transferred from the old charity Registration Number on 509771 in April 2022.

Trustees (Management Committee)

Sohayalla Wilson

Allison Loble

Mary Meehan

Gabrielle Hesk

Ellis Quinn

Molly Cunningham

Principal Office

73 Ardwick Green North
Manchester
M12 6FX

Independent Examiners

Hilton Jones Chartered Certified Accountants
Hollinwood Business Centre
Albert Street
Oldham
Lancashire
OL8 3QL

Bankers

Lloyds Bank,
Market Street,
Manchester

Objectives and activities

The purposes of the charity are to relieve the needs of women impacted by the traumatic experience of rape or sexual abuse whether recently or in the past.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives, in planning future activities, and setting the policies for the year.

The charity furthers its charitable purposes for the public benefit by providing information, support and advocacy to women and girls who have experienced sexual violence and those supporting them. We do this by providing:

- a telephone helpline
- a free face to face counselling service
- Group support

- Emotional and Practical support and advocacy
- The services of an Independent Sexual Advisor who can offer information and support to victims going through the criminal justice process.

Volunteers

As an organisation Greater Manchester Rape Crisis depends on the commitment of volunteers to provide support and information to survivors and their families. Without the dedication and hard work of the women who volunteers for GGMRC we would be unable to provide services to some of the most vulnerable women in our community.

Appointment of trustees

New trustees are appointed by existing trustees and serve for 3 years after which they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of 6 trustees, to a maximum of 10 trustees, with no more than 4 trustees due for re-appointment in any one year.

At the monthly trustee meetings, the trustees agree the broad strategy and areas of activity for the Charity, including investment, reserves and risk management policies and performance. The day-to-day administration of the Charity is delegated to the Project Manager.

Trustee induction and training

All trustees receive induction into the organisation including an induction and training handbook. Trustees hold overall responsibility for the organisation's continued success; it is vital that GMRC's Trustees have the necessary skills and knowledge to enable them to carry out their roles. Trustees are encouraged to take part in all appropriate training opportunities, to continue to develop their skills and update their knowledge.

A review of our achievements and performance: How our activities delivered public benefit

This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes. The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set. Our objectives are achieved through the provision of specialist sexual violence support services for women and girls from a confidential office-base in Greater Manchester and a variety of outreach locations. Greater Manchester Rape Crisis (formerly known as Manchester Rape Crisis) has been providing information and support to women in Greater Manchester who have experienced rape and sexual abuse since the mid 1970's.

GMRC provides specialist services to anyone in Greater Manchester who has experienced, or is experiencing, any form of sexual violence or abuse at any stage in their life.

We use a broad and inclusive definition of sexual violence, which refers to any sexual behaviour that is unwanted or occurs without a person's consent. This includes rape, sexual assault, domestic sexual abuse, and child sexual abuse. Our work is trauma-informed and is designed to meet the diverse needs of survivors and those supporting them, including family and friends and other professionals. Our services include:

- Helpline: A crisis helpline opens every day from 10 am to 4 pm., Wednesday, and Thursday evenings 6 pm to 8 p.m.

The Help line is often the first contact point for a woman or girl survivor who may also wish to access other services offered by Greater Manchester Rape Crisis. It

provides emotional support and useful information. Workers in a wide range of statutory and voluntary & community sector services contact the Help line to discuss and make referrals to our services. Some of the women who use the help line are dealing with the severe impact the sexual violence has had on their mental health.

- Counselling & therapy: free and confidential, delivered at our Rape Crisis Centre and at outreach centres across Greater Manchester and HMP Styal.
- ISVA service. Independent Sexual Violence Advocates who can provide information and support to women going through the criminal justice system.
- A specialist service for South Asian women including group work and one to one counselling available in a range of community languages for women who do not have English as their first language
- A specialist counselling service for women students in partnership with The University of Manchester Students Union
- A specialist service for survivors of clerical abuse in partnership with the Diocese of Salford and Survivors Manchester.
- Independent Sexual Violence Advisors who can advise and support women as they report and go through the criminal justice system
- Specialist EMDR therapy from a team of six EMDR qualified therapists
- Holistic support including a weekly trauma informed therapy group, art therapy workshops in partnership with Manchester Art Gallery
- Training and supervision for survivors providing peer group support.
- A drop in-group where women can meet for lunch and activities in a safe social space.
- An opportunity for women in Greater Manchester to volunteer at GMRC and increase their skills
- GMRC provides training to other voluntary and statutory organisations in Greater Manchester

GMRC enables women who have experienced sexual violence to overcome the trauma resulting from this experience. The impact of sexual violence and abuse can be long-lasting and complex, often contributing to low self-esteem, anxiety,

depression, and other mental health challenges. Service users will often describe feelings of shame, guilt, and self-blame.

GMRC services are delivered in a safe, empathic, and non-judgmental environment. Through specialist counselling and support, we aim to help survivors regain a sense of control, rebuild trust in themselves and others, and take steps toward improved health, well-being, and recovery

The main achievements during the year were:

- Providing over 1,800 hours of helpline support to victims of sexual violence and other professionals.
- Providing over 4,000 hours of counselling for survivors of sexual violence either on line or face to face as requested by the survivor
- Providing information on the criminal justice system and supporting survivors of rape and abuse to report their experience to the police.
- Delivering a specialist service for students in partnership with the University of Manchester Student's Union
- Providing specialist support for women experiencing sexual violence within a relationship in partnership with Manchester Women's Aid
- Delivering an outreach service in four boroughs of Greater Manchester providing greater access to support for survivors in their local area.
- Delivering a specialist service for women abused within a religious setting in partnership with the Diocese of Salford
- Facilitating the development and delivery of peer support groups
- Providing specialist training to a team of six therapists to provide EMDR therapy to survivors
- Developing and setting up a Lived Experience Panel to influence and direct service delivery and development

As part of our trauma-informed, person-centered approach, we regularly collect

feedback from those accessing our services. This not only demonstrates the impact of our work but also informs and shapes the way help is delivered. Direct feedback from beneficiaries assessing therapeutic and early interventions highlights the difference our services can make:

- It was really helpful for my self-confidence and self-esteem; it helped me to cope with different situations e.g. breathing techniques and anger management.
- I feel more confident and think more positively about my future.
- It has helped me to get myself out of the house and engage with others, which has been really important for me.
- I felt listened to and cared about
- confidential environment. No judgement passed
- I felt safe. I was listened to and not judged. I could open up. My counsellor was simply amazing; I couldn't have for a more lovely and understanding person. I've learned a lot about myself and have come to accept what happened to me. I feel like I can deal with it and stop blaming myself
- Having someone to talk to about things. Realising I was handling everything in a 'normal' way, not alone. Having a space to sort out my thoughts and feelings and having someone to tell me it was okay and yet again 'normal' to feel like that. I guess the main thing is not feeling alone
- An incredible service. I don't know where I would be without it. It has been both challenging and comforting for me to know I have a safe place at the Centre. I valued most being believed, I felt I could open up because I was made to feel comfortable. I had confidence in the service provided.

- That there was no structure that we had to follow, the sessions were shaped to my needs and made for a successful set of sessions.

GMRC continues to uphold its core values and deliver consistently high-quality services by

- Embedding service user experiences via feedback, evaluation, and outcome data. Using data analysis to shape and refine services
- Playing an active role in local, regional, and national partnerships, ensuring that the voices of survivors are reflected in broader policy and practice
- Providing supervision and performance management for staff.
- Promoting staff development and well-being through training and with wellbeing events.

Social Impact and Social Value

GMRC continues to demonstrate a strong and measurable social impact, aligned with both the Rape Crisis England & Wales and Ministry of Justice monitoring and evaluation frameworks. These frameworks assess outcomes in emotional well-being, resilience, and mental health for survivors accessing our services.

Delivering Public Benefit - Achievements and Performance

The GMRC Board of Trustees confirms that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charities Commission.

GMRC continues to deliver public benefit through the provision of specialist, independent, community-based services for survivors of sexual violence and those supporting them. Our core offer includes counselling, ISVAs, group and outreach services. These services are delivered in safe, trauma-informed

environments. Services are delivered from our Central Manchester Centre with outreach services in Stockport, Salford, Rochdale and Wigan.

GMRC has undergone a rigorous process to gain professional accreditation through the Rape Crisis England & Wales National Service Standards for Sexual Violence and Abuse Services. These standards offer national recognition of effective trauma informed and survivor-centred services.

Financial review

Total income for the year was £741,631 (2024 658,172) and total expenditure was £713,421 (2024 £615,125) leaving a surplus of £28,210 (2024 £43,047). The Management Committee of Manchester Rape Crisis have reviewed the current accounts and confirmed they are an accurate reflection of our financial status.

Investment powers and policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

Reserves policy and going concern

The balance held in unrestricted reserves at 31st March 2025 was £76.247 all of which is free reserves, after allowing for funds tied up in tangible fixed assets. The trustees aim to set aside six months of operational costs in reserves.

The Trustees are satisfied that current risk management measures will help to mitigate key financial risks to the charity. In reviewing the reserves policy, Trustees have considered the uncertain economic climate and the need to maintain organisational resilience.

Trustees acknowledge the importance of holding sufficient unrestricted reserves to cover legal costs, operational and direct costs, honour contractual obligations to staff, and respond to any unexpected reduction in income.

Risk management

The trustees have conducted a review of the major risks to which the charity is exposed, and systems have been established to mitigate those risks. GMRC has robust internal financial controls, policies, and procedures in place to ensure compliance with the Charity Commission's guidance. These procedures are reviewed regularly to reflect the evolving needs of the charity. Monitoring reports are regularly submitted to external funders to provide evidence of and ensure consistent quality in service delivery.

Plans for Future Periods

In the coming period, GMRC plans to expand its outreach counselling provision across Greater Manchester, increasing community-based therapeutic support and strengthening partnerships to ensure survivors who face geographical, mobility, or financial barriers can access timely, trauma-informed help. The charity will also undertake a comprehensive review of its referral and assessment processes to ensure they are accessible, efficient, trauma-informed, and responsive to the diverse needs of survivors, with a focus on removing barriers and improving the overall service experience. In addition, GMRC aims to deepen its engagement with South Asian communities by developing targeted outreach initiatives, producing culturally appropriate information materials, collaborating with local cultural and faith organisations, and building trust and awareness through community-led events and partnerships. These priorities are designed to widen access, reduce inequalities, and ensure all survivors across Greater Manchester can engage fully and safely with specialist support.

Trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of

the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting principles and then apply them consistently.
- Observe the methods and principles in the applicable Charities SORP.
- Make judgments and estimates that are reasonable and prudent.
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements.
- Prepare the financial statements on a going concern basis unless it is not appropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provision of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees 6/1/25 and signed on their behalf by:

A handwritten signature in black ink, appearing to read 'S. Wilson', written over a horizontal dashed line.

Sohayalla Wilson
CHAIR of Trustees

Date: 7th January 2026

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF
GREATER MANCHESTER RAPE CRISIS AND
SEXUAL ABUSE SUPPORT CENTRE CIO
REGISTERED CHARITY NO. 1196056**

I report on the accounts of the charity, for the Period Ended 31ST March 2025 which are set out on pages 13 to 24.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is preparing accrued accounts and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of Independent Examiners Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention :

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act,
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

JM Hilton-Jones

Signed:

James Hilton-Jones FCCA

Date: 7th January 2026

Hilton Jones Chartered Certified Accountants
Hollinwood Business Centre, Albert Street
Oldham, Lancashire OL8 3QL

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

(including income & expenditure account)

				Total Funds	Total Funds
		Unrestricted Funds	Restricted Funds	Year Ended 31st March 2025	Year Ended 31st March 2024
		£	£	£	
Income from:					
Donations and legacies	(3)	17,002	-	17,002	9,925
Charitable Activities	(4)	27,566	692,480	720,046	644,249
Investment Income		4,583	-	4,583	3,998
Total		49,151	692,480	741,631	658,172
Expenditure on:					
Raising Funds	(5)	216	-	216	216
Charitable Activities	(6)	36,346	676,859	713,205	614,909
Total		36,562	676,859	713,421	615,125
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		12,589	15,621	28,210	43,047
Net movement in funds		12,589	15,621	28,210	43,047
Total funds brought forward		63,658	373,147	436,805	393,758
Total funds carried forward	(14)	76,247	388,768	465,015	436,805

The statement of financial activities includes all gains and losses in the period.

The notes on pages 16 to 24 form part of these accounts.

BALANCE SHEET AS AT 31ST MARCH 2025

	Notes	Year Ended 31st March 2025 £	Year Ended 31st March 2024 £
Fixed assets:			
Tangible assets	(10)	7,981	12,651
Total fixed assets		<u>7,981</u>	<u>12,651</u>
Current assets:			
Debtors	(11)	18,654	25,431
Cash at Bank & in Hand		506,827	453,513
Total current assets		<u>525,481</u>	<u>478,944</u>
Liabilities:			
Creditors: Amounts falling due within one year	(12)	68,447	54,790
Net current assets or liabilities		<u>457,034</u>	<u>424,154</u>
Total assets less current liabilities		465,015	436,805
Total net assets or liabilities		<u>465,015</u>	<u>436,805</u>
The funds of the charity:			
Restricted income funds	(14)	388,768	373,147
Unrestricted income funds	(14)	76,247	63,658
Total charity funds		<u>465,015</u>	<u>436,805</u>

Approved on behalf of the Trustees Management Committee



Chair

Sohayla Wilson

Date: 7th January 2026

The notes on pages 16 to 24 form part of these accounts.

Statement of Cash Flows for the Year Ended 31st March 2025

	Year Ended 31st March 2025 £	Year Ended 31st March 2024 £
Reconciliation of net movement in funds to net cash flow from operating activities		
Net movement in funds	28,210	43,047
Add back depreciation	5,728	5,379
Deduct investment income	(4,583)	(3,998)
Decrease/(increase) in debtors	6,777	1,588
Increase/(decrease) in creditors	13,657	19,456
Net cash used in operating activities	49,789	65,472
Cash flows from investment activities:		
Interest	4,583	3,998
Purchase of fixed assets	(1,058)	(13,499)
Acquisition of fixed assets from GMRC Registered Charity 509771	-	-
Net cash provided by investing activities	3,525	(9,501)
 Increase/(decrease) in cash and cash equivalents during the year	 53,314	 55,971
 Net Assets transferred from GMRC	 -	 -
Cash and cash equivalents brought forward	453,513	397,542
Cash and cash equivalents carried forward	506,827	453,513

Notes to the accounts**1. Accounting policies****(a) Basis of preparation and assessment of going concern**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Funds structure

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There are 17 restricted funds at the period end.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Further details of each fund are disclosed in note 14.

(c) Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

(d) Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note(f) below.

(e) Irrecoverable VAT

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

(f) Allocation of support and governance costs

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

The allocation of support and governance costs is analysed in note 7.

Notes to the accounts**(g) Costs of raising funds**

The costs of raising funds consist of Just Giving fees and donation platform fees.

(h) Charitable Activities

Costs of charitable activities include governance costs and an apportionment of support costs as shown in note 6.

(i) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and valued at historical cost. Depreciation is charged on the following basis:

Computer Equipment	33% straight line basis
Furniture & Office Equipment	33% straight line basis
Refurbishment	100% straight line basis / remaining lease period

(j) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their varying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

(k) Pensions

The charity currently does administer contributions to an auto enrolment pension scheme on behalf of individuals. The charity has no liability beyond making its contributions and paying across the deductions for the contributions.

(l) Contingent liabilities

A contingent liability is identified and disclosed for those grants resulting from:
a possible obligation which will only be confirmed by the occurrence of one or more uncertain future events not wholly within the trustees' control.

(m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(n) Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of the funds to a third party and the amount due to settle the obligation can be measured of estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Related party transactions and trustees' expenses and remuneration

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind for acting as trustees. Expenses paid to the trustees in the year totalled £9.99 (travel). Alison Loblely was paid £1,260 for sessional work and £315 for external supervision, which is permitted under Paragraph 6 (2) (b) of the constitution.

Notes to the accounts

3. Donations and Legacies

	Unrestricted Year Ended 31st March 2025 £	Restricted Year Ended 31st March 2025 £	Total Funds Year Ended 31st March 2025 £	Total Funds Year Ended 31st March 2024 £
General Donations	17,002	-	17,002	9,925
Donations in Kind	-	-	-	-
	17,002	-	17,002	9,925

4. Income from charitable activities

	Unrestricted Year Ended 31st March 2025 £	Restricted Year Ended 31st March 2025 £	Total Funds Year Ended 31st March 2025 £	Total Funds Year Ended 31st March 2024 £
Counselling services	24,971	-	24,971	19,400
Training income	2,245	-	2,245	12,680
Room Hire	350	-	350	-
Restricted grants:				
Manchester City Council	-	50,620	50,620	50,000
Manchester City Council Network	-	10,000	10,000	-
The National Lottery Community Fund Reaching Communities	-	75,000	75,000	75,000
GMCA: ISVA	-	40,000	40,000	40,000
GMCA: Main Fund	-	22,500	22,500	22,500
Ministry of Justice	-	357,141	357,141	332,802
Outspoken	-	18,500	18,500	13,875
Pankhurst	-	-	-	22,260
Survivors Manchester	-	-	-	19,450
HTC	-	31,972	31,972	31,972
National Heritage	-	-	-	4,310
Pathfinder NHS	-	62,112	62,112	-
Women's Aid	-	9,275	9,275	-
University of Manchester	-	15,360	15,360	-
	27,566	692,480	720,046	644,249

5. Expenditure

	Year Ended 31st March 2025 £	Year Ended 31st March 2024 £
Expenditure on raising funds:		
Just Giving Fees	216	216
	216	216

Notes to the accounts

6. Expenditure on charitable activities:

	Counselling & Support Services	Year Ended 31st March 2025	Year Ended 31st March 2024
	£	£	£
Employment Costs	340,518	340,518	285,425
Sessional Staff	234,705	234,705	215,627
Training	13,842	13,842	21,898
Conferences / Workshops	2,737	2,737	1,300
Events & Activities	171	171	2,501
Project costs	-	-	100
Repairs & Renewals	4,596	4,596	5,401
Supervision	14,168	14,168	13,333
Client Travel & Refreshments	1,521	1,521	405
Volunteer Expenses	359	359	337
CRB Checks	61	61	18
Refreshments	764	764	1,302
Minor Computer Equipment	214	214	769
Minor Equipment	2,605	2,605	2,804
Travel	3,658	3,658	2,797
Unspent grant returned	11,256	11,256	-
Sundry	1,823	1,823	1,723
Depreciation	5,728	5,728	5,379
Governance	990	990	960
Support Costs	73,489	73,489	52,830
	<u>713,205</u>	<u>713,205</u>	<u>614,909</u>

	2025	2024
	£	£
Restricted Funds	676,859	461,245
Unrestricted Funds	<u>36,346</u>	<u>153,664</u>
	<u>713,205</u>	<u>614,909</u>

Notes to the accounts

7. Allocation of governance and support costs	General Support	Governance	Year Ended 31st March 2025	Year Ended 31st March 2024
	£	£	£	£
Accountancy Fees	-	990	990	960
Bank Charges	95	-	95	84
Book-Keeping	3,450	-	3,450	2,850
IT Support	6,174	-	6,174	4,181
Payroll Bureau	1,765	-	1,765	1,150
Recruitment	804	-	804	245
Subscriptions	2,346	-	2,346	2,116
Consultancy	-	-	-	-
Cleaning & PPE	784	-	784	939
Telephone & Internet	1,296	-	1,296	1,943
Website Costs	566	-	566	809
Rent, Heat & Light	48,337	-	48,337	30,219
Insurance	3,154	-	3,154	2,055
Post, Printing & Stationery	1,876	-	1,876	2,419
Professional fees	-	-	-	-
Room Hire	1,910	-	1,910	1,800
Advertising and Publicity	932	-	932	2,020
	73,489	990	74,479	53,790

8. Analysis of staff costs	Year Ended 31st March 2025	Year Ended 31st March 2024
	£	£
Wages and Salaries	305,692	257,007
Social Security Costs	21,516	19,055
Pension Costs	13,310	9,363
	340,518	285,425

The average number of employees during the year was 12.

The charity considers its key management personnel comprises of the trustees and the manager. The total employment benefits, including employer pension contributions of the key management personnel were £54,551.28. No employee has benefits in excess of £60,000 (previous year: none).

The salary of staff including management personnel is decided by the trustees in line with remuneration in other Rape Crisis centres.

9. Independent Examiner Fees	Year Ended 31st March 2025	Year Ended 31st March 2024
	£	£
Independent examination fees	990	960
Other financial services	5,215	4,000
	6,205	4,960

Notes to the accounts

10. Tangible Fixed Assets

	Computers	Refurbishment	Total
Cost	£	£	£
At 1st April 2024	10,205	14,417	24,622
Additions	1,058	-	1,058
Disposals	-	-	-
At 31st March 2025	11,263	14,417	25,680
Depreciation			
At 1st April 2024	5,599	6,372	11,971
Charge for Year	3,717	2,011	5,728
At 31st March 2025	9,316	8,383	17,699
NET BOOK VALUE			
At 31st March 2025	1,947	6,034	7,981
At 31st March 2024	4,606	8,045	12,651

11. Analysis of debtors

	2025	2024
	£	£
Other debtors	7,014	7,014
Accrued Income	9,275	5,000
Prepayments	2,365	13,417
	18,654	25,431
Restricted	11,640	18,417
Unrestricted	7,014	7,014
	18,654	25,431

12. Creditors: amounts falling due within one year

	2025	2024
	£	£
Creditors	6,414	8,967
Other creditors and accruals	20,577	29,573
Deferred Income	41,456	16,250
	68,447	54,790
Restricted Funds	60,931	33,682
Unrestricted Funds	7,516	21,108
	68,447	54,790

	2025	2024
	£	£
Deferred income		
Amount deferred in year	41,456	16,250
Balance at 31st March 2024	41,456	16,250

Notes to the accounts

13. Commitments under operating lease arrangements

	Office Lease	
	2025	2024
	£	
Operating Lease		
Due within one year	-	-
Due within two to five years	-	-
	-	-

The office lease expires in May 2024.

14. Analysis of movement in charitable funds

	Balance as at 1st April 2024	Incoming Resources	Resources Expended	Transfer	Balance as at 31st March 2025
	£	£	£	£	£
Restricted Funds:					
MCC Core	39,569	50,620	(50,620)	-	39,569
MCC Network	-	10,000	(4,510)	-	5,490
Ministry of Justice	409	357,141	(357,141)	-	409
Heritage Lottery Fund	4,135	-	-	-	4,135
The National Lottery Community Fund Reaching Communities	43,186	75,000	(46,280)	-	71,906
Rape Crisis England	31,482	-	-	-	31,482
GMCA	1,468	-	(1,468)	-	-
GMCA: Waiting List	20,560	-	(875)	-	19,685
GMCA:ISVA	44,921	40,000	(40,000)	-	44,921
GMCA Victim Core (Main Fund)	45,000	22,500	(22,752)	-	44,748
Women's Aid	-	9,275	(22,260)	-	(12,985)
Uni of Manchester Student Union	28,483	15,360	(15,360)	-	28,483
Outspoken	20,866	18,500	(18,500)	-	20,866
Pankhurst	43,749	-	(780)	-	42,969
HTC	31,962	31,972	(31,972)	-	31,962
Survivors Manchester	17,127	-	(2,011)	-	15,116
Pathfinder NHS	-	62,112	(62,112)	-	-
Capital Grants:					
Lloyds TSB	68	-	(68)	-	-
We Love Manchester	76	-	(66)	-	10
GMCA:NHS	86	-	(84)	-	2
	373,147	692,480	(676,859)	-	388,768
Unrestricted Funds:					
General Fund	£ 63,658	£ 49,151	£ (36,562)	£ -	£ 76,247
	63,658	49,151	(36,562)	-	76,247
Total	436,805	741,631	(713,421)	-	465,015

14 cont...

Previous Year

	Balance as at 1st April 2023	Incoming Resources	Resources Expended	Transfers	Balance as at 31st March 2024
	£	£	£	£	£
Restricted Funds:					
MCC Core	21,978	50,000	(32,409)	-	39,569
Ministry of Justice	2,168	332,802	(334,561)	-	409
Heritage Lottery Fund	-	4,310	(175)	-	4,135
The National Lottery Community Fund Reaching Communities	-	75,000	(31,814)	-	43,186
Rape Crisis England	31,482	-	-	-	31,482
GMCA	13,101	-	(11,633)	-	1,468
GMCA: Waiting List	21,435	-	(875)	-	20,560
GMCA:ISVA	36,859	40,000	(31,938)	-	44,921
GMCA Victim Core	22,500	22,500	-	-	45,000
Univ of Manchester Student Union	15,803	12,680	-	-	28,483
Outspoken	20,700	13,875	(13,709)	-	20,866
Pankhurst	23,060	22,260	(1,571)	-	43,749
HTC	-	31,972	(10)	-	31,962
Survivors Manchester		19,450	(2,323)		17,127
<i>Capital Grants:</i>					
Lloyds TSB	145	-	(77)	-	68
We Love Manchester	142	-	(66)	-	76
GMCA:NHS	170	-	(84)	-	86
	209,543	624,849	(461,245)	-	373,147
Unrestricted Funds:	£	£	£	£	£
General Fund	184,215	33,323	(153,880)	-	63,658
	184,215	33,323	(153,880)	-	63,658
Total	393,758	658,172	(615,125)	-	436,805

MCC	~ towards services delivery and activities
MCC network	~ towards services delivery and activities
Ministry of Justice	~ towards the needs of victims
Heritage Lottery Fund	~ towards core costs.
Lloyds TSB: Covid Grant	~ towards support during Covid-19
The National Lottery Community Fund Reaching Communities	~ towards core costs, balance represents future depreciation
Rape Crisis England	~ towards digital inclusion project
GMCA	~ towards Covid-19 emergency items
GMCA: ISVA	~ towards ISVA salary and running costs
GMCA Victim Core (Main Fund)	~ towards core costs.
Women's Aid	~ towards services delivery and activities
Outspoken	~ towards counselling services of victims
Pankhurst Trust	~ towards the needs of victims
HTC	~ towards services delivery and activities
Univ of Manchester Student Union	~ towards costs for student counselling services
Capital Funds	~ towards equipment. These funds are fully spent, the balance represents future depreciation
Name of unrestricted fund:	Description, nature and purpose of the fund
General Fund	The free reserves after allowing for all designated funds

16. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	2025 Total
	£	£	£
Tangible fixed assets	-	7,981	7,981
Cash at bank and in hand	76,749	430,078	506,827
Other net current assets/(liabilities)	(502)	(49,291)	(49,793)
Total	76,247	388,768	465,015

Previous year

	Unrestricted funds	Restricted funds	2024 Total
	£	£	£
Tangible fixed assets	-	12,651	12,651
Cash at bank and in hand	77,752	375,761	453,513
Other net current assets/(liabilities)	(14,094)	(15,265)	(29,359)
Total	63,658	373,147	436,805

17. Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised on a transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at an amortised cost using the effective interest method.

18. Capital Commitments and Contingent Liabilities

There were no capital commitments or contingent liabilities at 31st March 2025. (2024 £nil)