

# THE CHRIS MBULU TRUST

England & Wales - Charity number 1196011

## Details

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**Other names** THE CHRISTIAN MBULU TRUST

**Status** Registered

**Legal form** CIO

**Registered** 2021-10-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Balfour Business Centre  
Unit 1  
Balfour House  
390-392 High Road  
Ilford  
Essex

**Phone** 07947527575

**Email** [nzebavicky@yahoo.co.uk](mailto:nzebavicky@yahoo.co.uk)

**Website** [www.thechrismbulustrust.com](http://www.thechrismbulustrust.com)

## Activities

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**Objects:** THE OBJECTS:THE FOLLOWING OBJECTS OF THE CIO ARE FOR THE PUBLIC BENEFIT OF PEOPLE LIVING IN ENGLAND:1. THE RELIEF OF THOSE IN NEED BY REASON OF THEIR AGE, ILL-HEALTH, FINANCIAL HARDSHIP OR OTHER SOCIAL OR ECONOMIC DISADVANTAGE BY PROVIDING SUCH SUPPORT AS THE TRUSTEES DEEM APPROPRIATE. 2.TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION BY PROVIDING FACILITIES AND COACHING FOR PLAYING FOOTBALL. 3.TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH THROUGH SUCH SUPPORT AS THE TRUSTEES DEEM APPROPRIATE; AND4.TO ACT AS A RESOURCE FOR YOUNG PEOPLE PROVIDING ADVICE AND ASSISTANCE AND ORGANIZING PROGRAMMERS OF PHYSICAL, EDUCATIONAL, AND OTHER ACTIVITIES AS A MEANS OF: (A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS; (B) ADVANCING EDUCATION; (C) RELIEVING UNEMPLOYMENT; (D) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

**Activities:** a) Therapy services to provide a listening ear to troubled and endangered young adults. b) Mentoring workshops 1to1 and group c) Career and CV workshop and open days d) Tutoring services e) Therapy after release from all levels f) Tournaments and scout days g) Gym and training workshops i) 1-2-1 Coaching sessions j) Football matches partnered with grassroots k) Respite care home

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-26	£3,319	£4,425	-	-
2024-05-26	£3,313	£1,679	-	-
2023-05-26	£5,474	£3,023	-	-
2022-05-26	£1,565	£208	-	-

## Trustees

Name	Role	Appointed
<b>Vicky Nzeba</b>	Chair	2020-08-06
Adeyinka Omotayo Amole		2020-08-06
Azaria Mbulu		2025-12-23
Joshua Lloyd Ginnelly		2020-08-06
Syndie Diawakana Itela		2020-08-06

**THE CHRIS MBULU TRUST**

England & Wales - Charity number 1196011

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# Accounts

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26/05/2024 au 25/05/2025

Dates	Source	Income/Expenditure	spending	income
28-May-24	Panther Print &Design	- 50.00	- 50.00	
30-May-24	Stripes Payments UK	115.70		115.70
31-May-24	EventBrite Operation	602.01		602.01
31-May-24	Stripes Payments UK	28.83		28.83
06-Jun-24	Micrososft	- 5.88	- 5.88	
27-Jun-24	Stripes Payments UK	2,418.55		2,418.55
08-Jul-24	Micrososft	- 5.88	- 5.88	
30-Jul-24	F GRAFIX	- 150.00	- 150.00	
06-Aug-24	Micrososft	- 5.88	- 5.88	
05-Sep-24	Micrososft	- 5.88	- 5.88	
07-Oct-24	Micrososft	- 5.88	- 5.88	
06-Nov-24	Micrososft	- 5.88	- 5.88	
06-Nov-24	Cleartone communication	- 216.00	- 216.00	
15-Nov-24	Stripes Payments UK	9.47		9.47
06-Dec-24	Micrososft	- 5.88	- 5.88	
09-Dec-24	Rainham BP ROAD south	- 42.14	- 42.14	
16-Nov-23	Jaishree Dodia Flowers	- 175.00	- 175.00	
06-Jan-25	Micrososft	- 5.88	- 5.88	
13-Jan-25	Serena Toto	- 500.00	- 500.00	
13-Jan-25	Azaria Mbulu	- 496.00	- 496.00	
13-Jan-25	Ritchie Osasu Idemu	- 350.00	- 350.00	
13-Jan-25	Victoria Bakabadio	- 510.00	- 510.00	
13-Jan-25	savings	- 200.00	- 200.00	
06--Feb-25	Micrososft	- 5.88	- 5.88	
13-Feb-25	Shell petrol	- 30.00	- 30.00	
06-Mar-25	Micrososft	- 5.88	- 5.88	
24-Mar-24	Arinze Imachukwu Social Media	- 600.00	- 600.00	
31-Mar-25	M Meredith	25.00		25.00
01-Apr-25	FOR THE ELITE LTD	25.00		25.00
07-Apr-25	Micrososft	- 5.88	- 5.88	
14-Apr-25	T Bertrand	25.00		25.00
22-Apr-25	ZERO FORMATION LIM	25.00		25.00
22-Apr-25	BARCLAYS Savings	- 259.66	- 259.66	
23-Apr-25	JOEL ONYEABOR Photographer	- 175.00	- 175.00	
25-Apr-25	Leisure United	- 275.00	- 275.00	
30-Apr-25	MILCA PANDA Social media	- 120.00	- 120.00	
06/05/2025	Micrososft	- 5.88	- 5.88	
07/05/2025	Micrososft	- 5.88	- 5.88	
09/05/2025	Stripes Payments UK	19.10		19.10
19/05/2025	Oluwatobi Adebano EVENT ANIME FT	- 200.00	- 200.00	
22/05/2025	REMI-ILORI OJE	25.00		25.00
22/05/2025	SumUP Payments acc		-	
<b>25-May-25</b>	<b>Total</b>	- <b>1,106.58</b>	- 4,425.24	3,318.66
	balance brought forward	1,653.36	1,653.36	
	Balance Carried forward	546.78	546.78	

# **ANNUAL REPORT**

***CHARITY NAME: The Chris Mbulu Trust***

***REPORT AND FINANCIAL STATEMENT***

***FOR THE YEAR ENDING: (2025)***

**Registered charity N0: 1196011**

## **Report of the Management Committee for the year ended: (26/05/2025)**

The Management Committee presents its Report and Statement of Financial Activities for the year ending: (26<sup>th</sup> May 2025)

### **Reference and Administrative Information:**

**Charity Name: The Chris Mbulu Trust**

**Charity registration number: 1196011**

**Registered Office and Operational address: Suite AM 235 Balfour Business Centre 390-392 High Road Ilford IG1 1BF**

### **Contacts:**

**TELEPHONE: 02071014281**

**FAX:**

**MOBILE-LINES:**

**E-MAIL: [info@thechrismbulustrust.com](mailto:info@thechrismbulustrust.com)**

**WEBSITE: [www.thechrismbulutrust.com](http://www.thechrismbulutrust.com)**

**TRUSTEES AND MANAGEMENT COMMITTEE**

**OUR ORGANISATION WAS SET UP ON THE: 2021**

**TRUSTEES MEMBERS OF THE MANAGEMENT COMMITTEE ARE:**

MISS: Vicky Nzeba

MISS: Yinka Amole

MR: Josh Ginnelly

MISS: Syndie Itela

**VOLUNTEERS:**

Serena Toto

Richie Idemudia

Aminat Sosanya

Mark Onyemah

**BANKING DETAILS:**

**Bankers/ACCOUNT: Barclays**

**SORT CODE: 20-25-19**

**ACCOUNT NUMBER: 70870536**

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **GOVERNING DOCUMENT:**

The charity is governed by CIO Constitution, and was incorporated with the Charity Commission on the (20<sup>th</sup> March 2021)

### ***1)\_WHO ARE WE:***

We are a charitable company organisation that welcomes everybody regardless their Race, Religion, Ethnic group, Disability and Sex. We have put a focus on supporting aspiring and professional footballers. The charity has set out to tackle prevalent issues deemed to be major concerns for footballers. Such as: lack of emotional support for football players when they are released, psychological effects of long-term injuries, financial literacy skills and mental health issues e.g. depression, suicidal ideation and burnout. In addition, post-release matters such as, finding employment, self-image issues and finding a new purpose, will be addressed by the charity. We will also address physical health limitations which may impact on a person's career.

**2) AIMS:**

Our aim is to develop a team of mentors, who have a passion for working with young people and can offer different expertise.

We will offer a range of mentoring services, including Family and relationship advice, career and CV support. We will offer bi-weekly/monthly mentoring sessions. We will also host annual youth socials which gives opportunities to young people to network with another and career driven individuals. We will also host our annual family fun day which is an opportunity for the community to come together.

**3) BENEFICIARIES:**

The Christian Mbulu Trust aims to help young people aged from 11-18 years old.

Aspiring/professional footballers.

**4) OBJECTS:**

**5) REVIEW OF THE YEAR: 2024-2025**

**A) CHAIR'S REPORT:**

(What activities did the charity run in this year)

**B) FINANCES:**

( how much money did the charity receive?)

£3,319

**C) ORGANISATIONAL DEVELOPMENT:**

Given the actual state of the financial situation of our charity, we were not able to provide as many projects as we anticipated to, however we used the rest of the year building a strong team, so they are ready and have all the tools needed to support the young people moving forward.

**D) Planning for a better future:** We will plan to network with other charities who are also supporting young aspiring/professional footballers, to build partnerships to enable or charity to grow. We also plan to network with football teams in and around London. We will also be reaching out to local authorities and local schools starting around Barking and Dagenham to inform them on our services.

**6) ACHIEVEMENT OF THE YEAR: 2024-2025**

During the year of 2024-2025 our achievement of the year has been the money we raised £3,094 From the annual Chris Mbulu Cup match. We also raised £225 from our sponsored walk challenge.

*The following works and Activities have been carried out:*

In May, the charity organised a community football tournament at [Leisure United](#), bringing together eight teams to compete in a

friendly and inclusive environment. The event was well attended, with over 200 people present, including players, supporters, and members of the local community. The tournament provided an opportunity to encourage teamwork, promote physical activity, and strengthen community connections.

Between July and August, the charity also hosted a 30-day sponsored walking challenge, encouraging participants to complete 15,000 steps per day. The initiative aimed to promote healthy lifestyles while encouraging individuals to support the charity's work through fundraising and participation. At the conclusion of the challenge, three participants were recognised as winners for their dedication and commitment throughout the 30-day period.

These activities helped raise awareness of the charity's mission, increased community engagement, and promoted positive health and wellbeing outcomes among participants.

- **ACCOUNTS: Example below:**

**INCOMES:** This year, we did receive funding from our events and online donations.

**Expenses:** We mainly spent money on the administration and running cost of the organisation as we did not run much charitable activities due the lack of funding.

**Audited Accounts:** Given the actual state of our financial situation, we are not able to provide an account prepared by a professional accountant as requested by the charity law, so following on the lower income for this year, we have been able to prepare a breakdown of income and expenditure made by the treasurer of the organization.

- **BENEFICIARIES FOR THE YEAR 2024-2025**

Number of people who participated in sponsored walk:	50
Number of people attended the events:	158
Number of volunteers:	20
<b>Total number of all the people:</b>	<b>228</b>

## 7) NOTICES:

- We, as the trustees of this charitable organization, we can say that we can look back on the year 2024-2025 with some satisfaction. We are very glad and happy to see the projects and programmes of the CHRISTIAN MBULU TRUST continuing to work and develop for the benefit of our community, and people who are really in need of help and assistance from us.
- We are determined to work hard in pursuing and achieve the aims and objects that our organization is committed to deliver in the future.
- We are grateful to all those who have been working with us during this year of our organization business, thus in order to try and help us to achieve and succeed in the objects and projects that we have planned.
- For The year 2025-2026, we are planning to work hard and implement some of the projects that will help and benefit the community, so we are still waiting for more funding to come

through, as we have made various applications for grants to different funding bodies and grants making organisations.

- All trustees have agreed to take on and implement different issues that were given as responsibilities.
- All management committee members to make and keep their contribution up date.
- All management committee members to try and find different ways of getting funding for the organisation.

Approved by the Trustees on the (insert date of end of annual account)

VICKY NZEBA, Chairperson & coordinator.

## **PLANNING FOR THE YEAR 2025-2026**

- Training for THE CHRISTIAN MBULU TRUST committee members on different subjects such as: Fund-raising course, Mentoring training, youth work training, first aid training.
- Running different projects and activities that we have planned to carry out during the last year.
- Applying for funding and grants in order to try and stabilize the financial situation of the CHRISTIAN MBULU TRUST to be able to expand our activities in and around London.
- Looking to work in partnership with other organizations and voluntary groups.
- We are aiming to raise awareness around Arrhythmogenic Cardiomyopathy. As this was the cause of Christan Mbulu's death as per the post mortem.

**THE CHRIS MBULU TRUST**

England & Wales - Charity number 1196011

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# Accounts

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# **ANNUAL REPORT**

***CHARITY NAME: The Chris Mbulu Trust***

***REPORT AND FINANCIAL STATEMENT***

***FOR THE YEAR ENDING: 26<sup>th</sup> May 2024)***

**Registered charity N0: 1196011**

## **Report of the Management Committee for the year ended: (26<sup>th</sup> May 2024)**

The Management Committee presents its Report and Statement of Financial Activities for the year ending: (26<sup>th</sup> May 2024)

### **Reference and Administrative Information:**

**Charity Name: The Chris Mbulu Trust**

**Charity registration number: 1196011**

**Registered Office and Operational address: Suite AM 235 Balfour Business Centre 390-392 High Road Ilford IG1 1BF**

### **Contacts:**

**TELEPHONE: 02071014281**

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**MOBILE-LINES:**

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**WEBSITE: [www.thechrismbulustrust.com](http://www.thechrismbulustrust.com)**

**TRUSTEES AND MANAGEMENT COMMITTEE**

**OUR ORGANISATION WAS SET UP ON THE: 2021**

**TRUSTEES MEMBERS OF THE MANAGEMENT COMMITTEE ARE:**

MISS: Vicky Nzeba

MISS: Yinka Amole

MR: Josh Ginnelly

MISS: Syndie Itela

**VOLUNTEERS:**

**BANKING DETAILS:**

**Bankers/ACCOUNT: Barclays**

**SORT CODE: 20-25-19**

**ACCOUNT NUMBER: 70870536**

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **GOVERNING DOCUMENT:**

The charity is governed by CIO Constitution, and was incorporated with the Charity Commission on the (insert date)

### ***1) WHO ARE WE:***

We are a charitable company organisation that welcomes everybody regardless their Race, Religion, Ethnic group, Disability and Sex. We have put a focus on supporting aspiring and professional footballers. The charity has set out to tackle prevalent issues deemed to be major concerns for footballers. Such as: lack of emotional support for football players when they are released, psychological effects of long-term injuries, financial literacy skills and mental health issues e.g. depression, suicidal ideation and burnout. In addition, post-release matters such as, finding employment, self-image issues and finding a new purpose, will be addressed by the charity. We will also address physical health limitations which may impact on a person's career.

### ***2) AIMS:***

Our aim is to develop a team of mentors, who have a passion for working with young people and can offer different expertise.

We will offer a range of mentoring services, including Family and relationship advice, career and CV support. We will offer bi-weekly/monthly mentoring sessions. We will also host annual youth socials which gives opportunities to young people to network with another and career driven individuals. We will also host our annual family fun day which is an opportunity for the community to come together.

### **3) BENEFICIARIES:**

The Christian Mbulu Trust aims to help young people aged from 11-18 years old.

Aspiring/professional footballers.

### **4) OBJECTS:**

## **5) REVIEW OF THE YEAR: 2023-2024**

### **A) CHAIR'S REPORT:**

(What activities did the charity run in this year)

### **B) FINANCES:**

( how much money did the charity receive?)

£3,313

### **C) ORGANISATIONAL DEVELOPMENT:**

Given the actual state of the financial situation of our charity, we were not able to provide as many projects as we anticipated to, however we used the rest of the year building a strong team, so they are ready and have all the tools needed to support the young people moving forward.

**D) Planning for a better future:** We will plan to network with other charities who are also supporting young aspiring/professional footballers, to build partnerships to enable or charity to grow. We also plan to network with football teams in and around London. We will also be reaching out to local authorities and local schools starting around Barking and Dagenham to inform them on our services.

### **6) ACHIEVEMENT OF THE YEAR: 2023-2024**

During the year of 2023-2024 our achievement of the year has been the money we raised £3,313. From the annual Chris Mbulu Cup match and the sponsored walk. We also raised

#### ***The following works and Activities have been carried out:***

- We hosted a youth social in Barking, this was an opportunity for young people to network socially but also a chance for them to meet career professionals from different sectors.
- We also hosted a sponsored walk from Oxlow lane to Aveley football stadium which was a 7-mile walk. We had a good turn out and members of the community completed the walk and raised money.
- We also had our 4<sup>th</sup> annual Chris Mbulu Cup football match. London Vs Manchester where we had over 300 people turn up and support both teams.

- **ACCOUNTS: Example below:**

**INCOMES:** This year, we did receive funding from our events and online donations £3,313

**Expenses:** We did mainly spend money on the administration and running cost of the organisation as we did not run much charitable activities due the lack of funding £1,679.

**Audited Accounts:** Given the actual state of our financial situation, we are not able to provide an account prepared by a professional accountant as requested by the charity law, so following on the lower income for this year, we have been able to prepare a breakdown of income and expenditure made by the treasurer of the organization.

- **BENEFICIARIES FOR THE YEAR 2023-2024**

Number of young people who attended the youth social dardafoi20	
Number of people attended the events:	300
Number of volunteers:	30
<b>Total number of all the people:</b>	<b>350</b>

## 7) NOTICES: (EXEMPLE BELOW)

- We, as the trustees of this charitable organization, we can say that we can look back on the year 2023-2024 with some satisfaction. We are very glad and happy to see the projects and programmes of the CHRISTIAN MBULU TRUST

continuing to work and develop for the benefit of our community, and people who are really in need of help and assistance from us.

- We are determined to work hard in pursuing and achieve the aims and objects that our organization is committed to deliver in the future.
- We are grateful to all those who have been working with us during this year of our organization business, thus in order to try and help us to achieve and succeed in the objects and projects that we have planned.
- For The year 2024-2025, we are planning to work hard and implement some of the projects that will help and benefit the community, so we are still waiting for more funding to come through, as we have made various applications for grants to different funding bodies and grants making organisations.
- All trustees have agreed to take on and implement different issues that were given as responsibilities.
- All management committee members to make and keep their contribution up date.
- All management committee members to try and find different ways of getting funding for the organisation.

Approved by the Trustees on the (insert date of end of annual account)  
18<sup>th</sup> March 2025 for the year ending 26/02/2024.

VICKY NZEBA, Chairperson & coordinator.

### **PLANNING FOR THE YEAR 2023-2024**

- Training for THE CHRISTIAN MBULU TRUST committee members on different subjects such as: Fund-raising course, Mentoring training, youth work training, first aid training.

- Running different projects and activities that we have planned to carry out during the last year.
- Applying for funding and grants in order to try and stabilize the financial situation of the CHRISTIAN MBULU TRUST to be able to expand our activities in and around London.
- Looking to work in partnership with other organizations and voluntary groups.

26/05/2023 au 25/05/2024

Dates	Source	come/Expenditure
26-May-23	G mansangu	100.00
30-May-23	MR O Sarumi	- 350.00
30-May-23	Vicky Nzeba	100.00
30-May-23	Vicky Nzeba	80.00
02-Jun-23	Event B	670.00
07-Jun-23	Microsoft licence	- 5.88
09-Jun-23	Chanelle Lauder	30.00
29-Jun-23	B7 ILFORD	735.00
30-Jun-23	ODANYE OO	1,000.00
07-Jul-23	90'S BABY SHOW LI	50.00
07-Jul-23	Microsoft licence	- 5.88
07-Jul-23	Microsoft licence	- 5.88
14-Aug-23	F GRAFIX	- 150.00
06-Sep-23	Microsoft licence	- 5.88
05-Oct-23	Microsoft licence	- 5.88
06-Nov-23	Microsoft licence	- 5.88
16-Nov-23	F GRAFIX	- 40.00
05-Dec-23	Microsoft licence	- 5.88
05-Jan-24	Microsoft licence	- 5.88
31-Jan-24	Business Space Agt-	216.00
01-Feb-24	MAKE IT BOW LTD	- 300.00
01-Feb-24	F GRAFIX	- 40.00
05-Feb-24	Microsoft licence	- 5.88
06--Feb-24	Panther Print &Desi-	53.00
22-Feb-24	ASDA	- 11.85
05-Mar-24	Microsoft licence	- 5.88
22-Mar-24	WHALLEY RANGE A-	150.00
05-Apr-24	F GRAFIX	- 40.00
08-Apr-24	Microsoft licence	- 5.88
16-Apr-24	F GRAFIX	- 40.00
24-Apr-24	CG Benevity	548.00
07-May-24	Microsoft licence	- 5.88
09-May-24	Go Daddy	- 71.95
14-May-24	F GRAFIX	- 40.00
23-May-24	F GRAFIX	- 40.00
23-May-24	Travelodge	- 66.08
<b>25-May-24</b>	<b>Total</b>	<b>1,633.56</b>

**THE CHRIS MBULU TRUST**

England & Wales - Charity number 1196011

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# Accounts

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# **ANNUAL REPORT**

***CHARITY NAME: The Chris Mbulu Trust***

***REPORT AND FINANCIAL STATEMENT***

***FOR THE YEAR ENDING: (2023)***

**Registered charity NO: 1196011**

## **Report of the Management Committee for the year ended: 29<sup>th</sup> May 2023**

The Management Committee presents its Report and Statement of Financial Activities for the year ending: 29<sup>th</sup> May 2023

### **Reference and Administrative Information:**

**Charity Name: The Chris Mbulu Trust**

**Charity registration number: 1196011**

**Registered Office and Operational address: Suite AM 235 Balfour Business Centre 390-392 High Road Ilford IG1 1BF**

### **Contacts:**

**TELEPHONE: 02071014281**

**FAX:**

**MOBILE-LINES:**

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**WEBSITE: [www.thechrismbulustrust.com](http://www.thechrismbulustrust.com)**

### **TRUSTEES MEMBERS OF THE MANAGEMENT COMMITTEE ARE:**

MISS: Vicky Nzeba

MISS: Yinka Amole

MR: Josh Ginnelly

MISS: Syndie Itela

## **BANKING DETAILS:**

**Bankers/ACCOUNT: Barclays**

**SORT CODE: 20-25-19**

**ACCOUNT NUMBER: 70870536**

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **GOVERNING DOCUMENT:**

The charity is governed by CIO Constitution, and was incorporated with the Charity Commission on the 01/10/2021

### **1)\_WHO ARE WE?**

We are a charitable company organization that welcomes everybody regardless their Race, Religion, Ethnic group, Disability and Sex. We have put a focus on supporting aspiring and professional footballers. The charity has set out to tackle prevalent issues deemed to be major concerns for footballers. Such as: lack of emotional support for football players when they are released, psychological effects of long-term injuries, financial literacy skills and mental health issues e.g. depression, suicide and burnout. In addition, post-release matters such as, finding employment, self-image issues and finding a new purpose, will be addressed by the charity.

### **2) AIMS:**

*The main functions of the charity will be carried out by a team of hired professionals and qualified trainers. Our team of professionals, trainers and volunteers will assist in the lifestyle mentoring and the running of well-being workshops, the qualified professionals will run the career and cv workshops and volunteers will ensure the smooth running of events, helplines and provide further administrative assistance to mentors and members of the organization.*

*Similarly, a team of professional footballers will collaborate with the qualified trainers and coaches to provide enriched coaching sessions and mentoring workshops. The qualified health professionals will provide ad-hoc assistance to the running of our therapy, holistic hubs and 24hr help lines. The team of volunteers and pro footballers will provide support on various match days, tournaments and scouting games provided by the charity.*

*The provision of all mental health issues, emotional well-being will all be carried out by trained health professionals and qualified staff members. The provision of all advice relating to critical child care issues, financial debts, domestic abuse will only be handled by our trusted team of health care professionals and legal networks at hand. All fortuitous issues arising out of our scope will be dealt with immediate effect with notice to the police, social services, local authorities as set out in our guidelines.*

*We plan to work with organisations such as job centres, learning centres, community centres, professional football teams and stadiums to use their venue spaces, rooms to facilitate workshops and events where necessary. The charity will hire a space and rooms within local community and within football clubs and training grounds during pre-season/off seasons as and when required.*

*We will also work alongside local council and authorities to provide a list of youths or areas that may need support. We will work collaboratively with other football trusts and the football player liaison officers to provide further guidance to footballers during off seasons, loans and long-term injuries.*

*We will also work closely with the local health authority to provide short term accommodation to young children going through family issues.*

### **3) BENEFICIARIES:**

The Christian Mbulu Trust aims to help young people aged from 11-18 years old.

Aspiring/professional footballers.

BAME youths in and around London.

Socially disadvantaged youth.

### **4) OBJECTS:**

The charity will empower and educate the everyday lifestyle needs and emotional well-being neglected or inadequately supported within young adults and footballers. The charity's objects: in particular, but not exclusively will benefit those of the BAME community, living in England. The charity will give, sustain and enhance young adults and footballers in self-image, finding purpose, life values, sense of responsibility, career plans, adulting, family and relationship issues and much more.

## 5) REVIEW OF THE YEAR: 2022-2023

### CHAIR'S REPORT:

#### ***FINANCES: (INSERT TOTAL INCOMES RECEIVED IN 2023)***

#### **ORGANISATIONAL DEVELOPMENT:**

Given the actual state of the financial situation of our charity, we were not able to provide as many projects as we anticipated to, however we used the rest of the year building a strong team so they are ready and have all the tools needed to support the young people moving forward.

**Planning for a better future:** We will plan to network with other charities who are also supporting young aspiring/professional footballers, in order to build partnerships to enable our charity to grow. We also plan to network with football teams in and around London. We will also be reaching out to local authorities and local schools starting around Barking and Dagenham to inform them on our services.

## 6) ACHIEVEMENT OF THE YEAR: 2022 – 2023

During the year of 2022-2023, we raised £980 From the annual Chris Mbulu Cup match and the sponsored walk.

During the year of 2022-2023, our Co-Ordinator Richie Idemudia participated in tough mudder a world-class obstacle course in which he raised £735.

During the year of 2022-2023, Project 17- a project by professional footballer Alexander Iwobi hosted a football tournament. They raised £1000 and donated to the Chris Mbulu Trust.

#### ***The following works and Activities have been carried out:***

- We also hosted a sponsored walk from Oxlow lane to Aveley football stadium which was a 7-mile walk. We had a good turn out and members of the community completed the walk and raised money.

- We also had our 3<sup>rd</sup> annual Chris Mbulu Cup football match. London Vs Manchester where we had over 300 people turn up and support the charity.
- We also collaborated with Project 17- a project by Alexander Iwobi in a football team which attracted over 300 guests.

**Audited Accounts:** Given the actual state of our financial situation, we are not able to provide an account prepared by a professional accountant as requested by the charity law, so following on the lower income for this year, we have been able to prepare a breakdown of income and expenditure.

- **BENEFICIARIES FOR THE YEAR 2022-2023**

Number of people attended the events: 600

**7) NOTICES:**

- We, as the trustees of this charitable organization, we can say that we can look back on the year 2022-2023 with some satisfaction. We are very glad and happy to see the projects and programmers of the CHRISTIAN MBULU TRUST continuing to work and develop for the benefit of our community, and people who are really in need of help and assistance from us.
- We are determined to work hard in pursuing and achieve the aims and objects that our organization is committed to deliver in the future.
- We are grateful to all those who have been working with us during this year of our organization business, thus in order to try and help us to achieve and succeed in the objects and projects that we have planned.

- For The year 2023-2024 we are planning to work hard and implement some of the projects that will help and benefit the community, so we are still waiting for more funding to come through, as we have made various applications for grants to different funding bodies and grants making organizations.
- All trustees have agreed to take on and implement different issues that were given as responsibilities.
- All management committee members to make and keep their contribution up date.
- All management committee members to try and find different ways of getting funding for the organization.

#### **PLANNING FOR THE YEAR 2023-2024**

- Training for THE CHRIS MBULU TRUST committee members on different subjects such as: Fund-raising course, Mentoring training, youth work training, first aid training.
- Running different projects and activities that we have planned to carry out during the last year.
- Applying for funding and grants in order to try and stabilize the financial situation of the CHRIS MBULU TRUST to be able to expand our activities in and around London.
- Looking to work in partnership with other organizations and voluntary groups.

Approved by the Trustees on the 26<sup>th</sup> of May 2023

VICKY NZEBA, Chairperson & coordinator.

receipts

	-5473.71
AVELET Football cl	150
sirikit animashaun	100
iceland	32.5
iceland	39
Ryan Holmes	250
o sarumi	262.5
sashand carry	27.38
costco	53.97
microsoft	5.4
cleartone	144
microsoft	5.4
f crafix	695
microsoft	5.4
microsoft	5.4
microsoft	5.4
microsoft	5.4
microsoft	5.4
business space	114
f crafix	695
microsoft	5.4
AVELET Football cl	400
microsoft	5.4
microsoft	5.4
microsoft	5.4
	<b>3022.75</b>
bank balance	-2450.96

**THE CHRIS MBULU TRUST**

England & Wales - Charity number 1196011

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# Accounts

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Charity Income and Expenditure

	INCOME		Expenditure
05/05/2022	920	vicky nzeba	
05/06/2022	19.17	vicky nzeba	
05/09/2022	19.17	vicky nzeba	-39.71
05/10/2022	134.19	vicky nzeba	
05/17/2022	300	eventbrite	
	19.17	vicky nzeba	
	125.48	vicky nzeba	
	18.66	vicky nzeba	
05/25/2022	4.6	vicky nzeba	-168
05/25/2022	4.6	vicky nzeba	
	<b>1,565.04</b>		<b>-207.71</b>

THE CHRIS MBULU CHARITY

»

go daddy

portable toilet

**1,357.33**