



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01.05.21 To 30.04.22

Charity name: African and Caribbean Women's Centre (AFRICAB)

Charity registration number: 1195979

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of poverty and the relief of mental and physical distress among African and Caribbean women in Bury, Greater Manchester, who are living in poverty, or who have been maltreated by their husbands or by their families.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The main activities undertaken by the charity are as follows:</p> <ul style="list-style-type: none">• Culturally appropriate Food Bank• Key work sessions with women• Cooking Club• Community engagement <p>The Food Bank benefits women by providing them with their traditional food, thereby relieving hunger and poverty. The key work sessions helped to improve the mental health of women. The Cooking Club provided them with life skills to prepare healthy meals on a low budget and to choose healthy meals for themselves and their families. The Community Engagement forum enabled women to share experiences and learn from others.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and implementing our activities for the year, we kept in mind the Charity Commission's guidance on Public Benefit. All our activities continue to be in line with the public benefit requirement.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We are not a grant-making charity.

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Our volunteers contributed many hours to supporting and encouraging the women. We value their input and time in our work.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We achieved our objective of supporting women and families living in poverty by providing a mobile food bank service to alleviate their hardship. The culturally appropriate Food Bank delivered food parcels to women and families in need. Some women also accessed food parcels by attending our weekly Food Distribution Day. We supported about 30 women with food parcels every week.</p> <p>Without this support, many women would have been without their traditional food. Also, through the Food Bank, women had the opportunity to meet their neighbours and some lasting friendships were formed, thereby reducing loneliness and isolation.</p> <p>The key work sessions helped to facilitate personal growth and development for the women. It supported them in planning for the future with a view to coming off benefits. Consequently, this will reduce the pressure on the benefits systems. The sessions also improved the mental well-being of women.</p> <p>Our Cooking Club equips beneficiaries with the skills to cook and eat healthily for life. Beneficiaries learn how to prepare healthy meals on a small budget. The cooking sessions provides opportunities for women from different ethnic backgrounds to meet and interact, thereby reducing isolation and loneliness.</p> <p>The Community Engagement day allowed women to come together to discuss</p>

		challenges and map out the way forward.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>We achieved our aim of supporting women and families at risk of poverty by providing a mobile food bank service to alleviate their hardship.</p> <p>Our objective of supporting women to achieve personal goals and move towards empowerment was also achieved through one to one key work sessions with them.</p> <p>The Cooking Club provides opportunities for women to meet and interact with women from different cultures.</p> <p>Community engagement was useful in understanding the needs of our communities.</p>
Performance of fundraising activities against objectives set	Para 1.41	We received 90% of our expected income for the reporting period.
Investment performance against objectives	Para 1.41	N/A
Other		No further statements to add.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The balance in the charity's bank account as at 30th th April 2022 was £8,190. Out of this £3,489 falls under restricted funds, while £4,701 is unrestricted. We received a total of £18,870 in this financial year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The balance of £8,190 is to complete the Cooking Club sessions and also to pay the charity's office rent and utilities. £1000 has been held in reserve. This is to enable us to meet any unforeseen expenses in the near future.
Amount of reserves held	Para 1.22	£1000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our funds are from grants. We use the grants to run our projects and pay for expenses related to the activities, including running costs. All our activities are for the public benefit.
Investment policy and objectives including any social investment policy adopted	Para 1.46	We currently do not have any investments.
A description of the principal risks facing the charity	Para 1.46	The major risk facing the charity is the need to meet our running costs. Having identified this risk, we have taken steps to access core funding from some grant making bodies and we have achieved some results already. We will continue to build on this progress.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our constitution provides that, in selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The trustees are responsible for making decisions regarding the charity. We usually do this in consultation with volunteers.
Relationship with any related parties	Para 1.51	N/A
Other		No further statements to add.

Reference and Administrative details

Charity name	African and Caribbean Women's Centre
Other name the charity uses	AFRICAB
Registered charity number	1195979
Charity's principal address	15 Knowsley Street, Bury. BL9 0ST

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jumoke Ilevbabor	Chair		
2	Jackie Brathwaite	Secretary		
3	Clara Nubi			
4	Mildred Pam			
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Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

No paid personnel details to disclose.

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J.Ilevbabor	
Full name(s)	Jumoke Ilevbabor	
Position (eg Secretary, Chair, etc)	Chair	
Date	27.02.23	

African and Carribean Women's Centre

Charity No: 1195979

Receipts and Payments Accounts

For the period: 01/05/2021 to 30/04/2022

Section A Receipts and Payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	8,870	10,000	-	18,870	-
Sub-Total	8,870	10,000	-	18,870	-
A2 Asset and investment sales, etc.	-	-	-	-	-
Total Receipts	8,870	10,000	-	18,870	-
A3 Payments					
Rent and Utilities	2,694	-	-	2,694	-
Cultural food items for mobile food bank	2,089	-	-	2,089	-
Food distribution cost	242			242	
Cooking club activities cost		648		648	
Room/kitchen hire		180		180	
Training and development		510		510	
Equipment	-	2,503	-	2,503	-
Community engagement	419			419	
Honorarium	-	2,550	-	2,550	-
Administrative cost	1,130			1,130	
Stationery cost	131			131	
Sundry expenses	-	120	-	120	-

Sub-Total	6,705	6,511		13,216	
A4 Asset and investment purchases, etc.	-	-	-	-	-
Total Payments	6,705	6,511	-	13,216	-
Net of receipts/(payments)	2,165	3,489	-	5,654	
				-	
A5 Transfers Between Funds	-	-	-	-	
				-	
A6 Cash funds last year end	2,536	-	-	2,536	
Cash funds this year end	4,701	3,489	-	8,190	

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash funds	Cash at Bank	4,701	3,489	-
	Total cash funds	4,701	3,489	-
B2 Other monetary assets				
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Computer Equipment	Unrestricted	-	-
B5 Liabilities			-	-
			-	-