

# Charity Trustees' Annual Report

**Charity name:** THE SPACE (Supporting People and Community Empowerment)

**Charity number:** 1195933

**Principal address:** 214 Freston Road, London W10 6TT

**Reporting period:** 6 April 2024 – 5 April 2025

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## Reference and Administrative Details

### Trustees:

Eaman Yosry	Chair
Christopher Sylvester	Vice Chair
Jolanta Rachel Sherlock	
Kwase Gyeke Frempong	
Stephen Richard Johnson	

### Independent examiner (if applicable):

Ily Maisanda ACMA, 196 Freston Road, London W10 6TT

**Bankers:** Barclays Bank

## Objectives and Activities

### Charitable purposes (SORP 1.17)

THE SPACE (Supporting People and Community Empowerment) exists to support individuals and families experiencing poverty, disadvantage and social exclusion, while working alongside communities to build long-term resilience, confidence and opportunity.

### Activities undertaken for the public benefit (SORP 1.17 & 1.19)

During the year the charity continued to deliver services in furtherance of its charitable objects, while consolidating operational systems, strengthening partnerships and embedding community-led approaches to ensure services remained effective, accessible and sustainable.

**Cost of living support** remained central to the charity's work. Through food provision, baby essentials, advice, budgeting support and signposting into wider services, THE SPACE supported individuals and families to manage immediate financial pressures and

reduce the risk of longer-term crisis. These services increasingly acted as gateways into peer support, health and wellbeing activity, volunteering and skills development.

**Children and young people** remained a priority across all areas of delivery. Support for parents and carers was designed to improve outcomes for children, alongside direct provision including sports activities, cooking programmes, school uniform support, volunteering and work experience opportunities. These activities promoted physical health, confidence, social connection and aspiration.

**Peer support** remained a defining feature of the charity's approach. Many services were delivered in group settings that encouraged shared learning, mutual support and relationship-building, reducing isolation and strengthening community connections.

To improve access and reach, the charity expanded its programme of **pop-up and outreach delivery** across the borough and beyond, enabling engagement with communities who may otherwise face barriers to accessing support. Service design and development continued to be shaped through consultation, feedback and participation, ensuring provision remained relevant, inclusive and responsive to changing needs.

### Public benefit (SORP 1.18)

In planning and delivering its activities, the trustees have had due regard to the Charity Commission's guidance on public benefit throughout the year. The charity's work is directed toward relieving poverty and disadvantage, reducing social isolation, and improving health, wellbeing and life chances for individuals and families experiencing hardship.

Public benefit is delivered through the provision of accessible, practical support that meets immediate need while also addressing underlying causes of crisis. By combining food and essential goods with advice, peer support, volunteering and skills development, THE SPACE supports beneficiaries to move from short-term crisis toward greater stability, confidence and independence.

Services are designed to be inclusive, dignified and community-led. Support is provided free at the point of access, targeted toward those most in need, and delivered in ways that reduce stigma and encourage engagement. Particular regard is given to the needs of children and young people, recognising the long-term public benefit of early and preventative intervention.

The trustees consider that these activities generate clear and demonstrable public benefit, both for direct beneficiaries and for the wider community, through improved wellbeing, stronger social connections and increased community resilience.

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## Achievements and Performance

### Summary of main achievements and performance (SORP 1.20)

The year was characterised by continued high demand for support as communities experienced the ongoing effects of the cost of living crisis and increased mental health pressures. In response, the charity not only expanded its reach but strengthened the quality, consistency and reliability of its services.

Growth during the year was purposeful and managed. Alongside increased delivery, the charity invested in systems, staffing capacity, volunteer development and partnerships to ensure services remained sustainable and responsive. This approach enabled THE SPACE to scale its activities while maintaining its core values of dignity, inclusion and community leadership.

Trust within the community continued to deepen. Many individuals engaged with the charity through peer recommendation and repeat involvement, reflecting confidence in the charity's ability to provide safe, respectful and effective support. This trust also supported progression, with beneficiaries moving into peer support, volunteering and leadership roles, further embedding the charity within the communities it serves.

Through strategic partnerships and a growing volunteer base, THE SPACE strengthened its role as a trusted anchor organisation within the local support ecosystem.

**Key outputs and outcomes during the year:** - **14,759** individuals and families supported and/or benefited from services overall - **£1,269,746** equivalent value of essential goods distributed - **£139,655** secured for families through income maximisation, benefits checks and access to grants - **479** volunteers contributed **7,035** hours

### Children and young people

Children and young people remained at the heart of the charity's work. The trustees recognise that early, holistic support is critical to improving long-term outcomes for children, particularly during periods of financial hardship and instability.

Support for families included access to food, baby essentials, toiletries, clothing, school uniforms and practical advice. Baby Bank services continued to provide vital early-years support and created safe, welcoming spaces where parents could access health services, peer support, baby essentials and guidance.

Direct provision for children and young people included multi-sport activities, cooking programmes and community events, supporting physical health, confidence and social development. The charity also expanded opportunities for young people to engage through volunteering, work experience and upskilling programmes, enabling them to build transferable skills and confidence.

We also started a partnership with Children's Community Nursing Team

(Central London Community Healthcare NHS Trust) to support parents with children with life limiting illnesses

**During the year: - 7,431** children and young people benefited from services - **167** young people participated in volunteering or work experience - **34** sessions or activities were delivered

### Cost of living support and peer support

Food Bank and Baby Bank provision remained central to the charity's delivery, with an increased focus on combining practical support with peer-led activity and wider guidance.

Peer support played a vital role in improving wellbeing and reducing isolation, particularly for individuals affected by trauma, prolonged financial stress or poor mental health. Group-based sessions created safe, familiar spaces for shared learning and mutual support, with many participants progressing into volunteering or leadership roles.

**During the year: - 61** peer support sessions were delivered - **549** individuals participated - **81%** reported an improvement in their overall health and wellbeing - **26** participants progressed into active volunteering roles

### Social value, partnerships and community impact

Beyond direct service delivery, the charity generated significant social value through its community-led approach. By combining practical support with volunteering, skills development and access to wider services, THE SPACE supported individuals to move from crisis toward stability, independence and active participation in their communities.

A defining feature of the charity's work is the level of trust it has built within the communities it serves. Many beneficiaries engage with services through word-of-mouth and peer recommendation, reflecting strong local confidence in the charity's approach, values and consistency of support. This trust enables the charity to reach individuals who may otherwise be reluctant or unable to access statutory or formal services.

Community voice continued to shape service design and delivery throughout the year. Beneficiaries were actively involved through consultation, feedback and participation, ensuring services reflected lived experience and evolving need. This approach fostered a sense of ownership, dignity and mutual support, strengthening social capital and long-term community resilience.

Partnership working amplified impact and capacity. Collaboration with the NHS, Jobcentre Plus, local authorities and voluntary sector partners strengthened referral pathways, reduced duplication and improved access to coordinated, holistic support. Referrals were received from maternity wards, refuges, family hubs and adult social care teams, demonstrating confidence in the charity as a trusted delivery partner.

The expansion of pop-up and outreach delivery further increased accessibility and reach, enabling engagement with communities facing barriers related to location, confidence or

previous negative experiences of support. Collectively, this work contributed to stronger communities, improved wellbeing, increased social connection and reduced pressure on statutory services.

## Service quality and feedback

Service user feedback remained consistently strong, with satisfaction levels reported at **94.3%**, reflecting the trust placed in THE SPACE and the charity's ability to deliver high-quality, community-focused support at scale.

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## Financial Review

*(This section uses the figures contained in the charity's accounts prepared in the Charity Commission format. Confirm the reporting period and year-end dates are aligned across the report and accounts.)*

### Review of financial position at the end of the period (SORP 1.21)

Total income for the year amounted to **£317,313** and total expenditure was **£320,817**, resulting in net deficit of **£3,504**.

### Reserves policy and reserves held (SORP 1.22)

The trustees have established a reserves policy to maintain free unrestricted reserves at a level sufficient to reasonably cover any foreseeable contingency.

### Principal sources of funds (optional – SORP 1.47)

The charity's income for the year related to **grant funding** receivable for the delivery of charitable activities.

### Risk management (optional – SORP 1.46)

The trustees have assessed the principal risks to which the charity is exposed and have implemented systems and procedures to mitigate these risks. These include regular review of service demand and capacity, financial monitoring, safeguarding processes, and maintaining strong partnerships and referral pathways.

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### Trustee appointment and induction (SORP 1.25 and optional 1.51)

There were no changes in appointments during the year in review

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## Declaration

The trustees declare that they have approved the Trustees' Annual Report.

Signed on behalf of the trustees:

Signature: *Eman Yosri*

Name: Eaman Yosri

Position: Chair

Date: 04/02/2026



## Receipts and payments accounts

For the period from	Period start date 06/04/2024	To	Period end date 05/04/2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grant Income	85,000	220,000	-	305,000	175,214
Corporate Sponsorship Income	11,000	-	-	11,000	-
Bank Interest	-	-	-	-	-
Misc Income	1,313	-	-	1,313	10,148
Contract Income	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>97,313</b>	<b>220,000</b>	<b>-</b>	<b>317,313</b>	<b>185,362</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>97,313</b>	<b>220,000</b>	<b>-</b>	<b>317,313</b>	<b>185,362</b>
<b>A3 Payments</b>					
Direct Project Costs		174,082	-	174,082	112,769
Staffing Costs	38,210	51,570	-	89,780	24,863
IT and Telephone Costs		4,446	-	4,446	3,046
Travel and Hospitality	3,558	2,042	-	5,600	4,049
Repairs & Maintenance	1,684	4,115	-	5,799	1,560
Stationary and Postage		4,735	-	4,735	6,827
Small Equipment Purchase		508	-	508	508
Rent and Service Charge		24,131	-	24,131	19,479
Volunteer Expenses		1,557	-	1,557	1,557
Accountancy	1,500	500	-	2,000	2,000
Other Professional Fees	3,000	5,005	-	8,005	12,500
Bank Charges	174		-	174	121
<b>Sub total</b>	<b>48,126</b>	<b>272,691</b>	<b>-</b>	<b>320,817</b>	<b>189,279</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>48,126</b>	<b>272,691</b>	<b>-</b>	<b>320,817</b>	<b>189,279</b>
<b>Net of receipts/(payments)</b>	<b>49,187</b>	<b>- 52,691</b>	<b>-</b>	<b>- 3,504</b>	<b>- 3,917</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>25,097</b>	<b>-</b>	<b>25,097</b>	<b>29,014</b>
<b>Cash funds this year end</b>	<b>49,187</b>	<b>- 27,594</b>	<b>-</b>	<b>21,593</b>	<b>25,097</b>

## Section B Statement of assets and liabilities at the end of the period

Section B Statement of assets and liabilities at the end of the period				
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	7,008	14,585	-
	<b>Total cash funds</b> (agree balances with receipts and payments account(s))	7,008	14,585	-
		Agreement Error	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			within 1
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Eman Yosri	Date of approval	
CCXX R2 accounts (SS)	2		04/02/2026	04/02/2026



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**Independent examiner's report to the trustees of The Space- Supporting People and Community Empowerment (Charity No. 1195933)**

I report on the accounts of the charity for the period ended 6 April 2025 which are set out on pages 1 to 7 of the Trustees Annual Report.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- . examine the accounts under section 145 of the Charities Act;
- . to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- . to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention:

which gives me cause to believe that in, any material respect:

- . the accounting records were not kept in accordance with section 130 of the Charities Act; or
- . the accounts did not accord with the accounting records; or

the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination .

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ily Maisanda ACMA, CGMA (Chartered Management Accountant)

Date: 4 February 2026