

REGISTERED COMPANY NUMBER: CE026659 (England and Wales)
REGISTERED CHARITY NUMBER: 1195816

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2024
FOR
COUNSELLING IN THE COMMUNITY

Jones Harris Limited
17 St Peters Place
Fleetwood
Lancashire
FY7 6EB

COUNSELLING IN THE COMMUNITY

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COUNSELLING IN THE COMMUNITY

REPORT OF THE TRUSTEES for the year ended 30 September 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the CIO is to promote the preservation of mental health in Blackpool, and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress through the provision of support, education, advocacy and practical advice.

Significant activities

The organisation offers counselling services to adults, children and young people in the Blackpool, Wyre and Fylde areas, providing help with self referrals and a donation based counselling service.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a registered charity, number 1195816, and is constituted as a CIO which was registered 15 September 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CEO26659 (England and Wales)

Registered Charity number

1195816

Registered office

15 Waterloo Road
Blackpool
Lancashire
FY4 1AD

Trustees

C P Webb (resigned 4.5.24)
Ms N Thorp (resigned 29.10.24)
A Demetriou (resigned 8.5.24)
L J Tumalty
J Whittington
Mrs C S O'Rourke (resigned 9.7.24)
Mrs L Khalaf

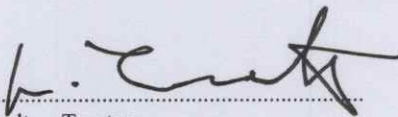
Independent Examiner

Jones Harris Limited
17 St Peters Place
Fleetwood
Lancashire
FY7 6EB

Approved by order of the board of trustees on *22.7.2025* and signed on its behalf by:

COUNSELLING IN THE COMMUNITY

**REPORT OF THE TRUSTEES
for the year ended 30 September 2024**


.....
L J Tumalty - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF COUNSELLING IN THE COMMUNITY

Independent examiner's report to the trustees of Counselling In The Community ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

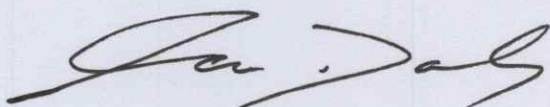
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Daley ATT

Jones Harris Limited
17 St Peters Place
Fleetwood
Lancashire
FY7 6EB

Date: 22.7.2025

COUNSELLING IN THE COMMUNITY

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 30 September 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	160,407	36,500	196,907	130,165
Investment income	3	1,932	-	1,932	4,320
Total		<u>162,339</u>	<u>36,500</u>	<u>198,839</u>	<u>134,485</u>
EXPENDITURE ON					
Charitable activities					
Counselling activities		<u>167,291</u>	<u>32,077</u>	<u>199,368</u>	<u>138,248</u>
NET INCOME/(EXPENDITURE)		(4,952)	4,423	(529)	(3,763)
RECONCILIATION OF FUNDS					
Total funds brought forward		5,276	4,500	9,776	13,539
TOTAL FUNDS CARRIED FORWARD		<u>324</u>	<u>8,923</u>	<u>9,247</u>	<u>9,776</u>

The notes form part of these financial statements

COUNSELLING IN THE COMMUNITY

BALANCE SHEET 30 September 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors	7	2,700	-	2,700	4,100
Cash at bank		-	8,923	8,923	6,876
		<u>2,700</u>	<u>8,923</u>	<u>11,623</u>	<u>10,976</u>
CREDITORS					
Amounts falling due within one year	8	(2,376)	-	(2,376)	(1,200)
NET CURRENT ASSETS		<u>324</u>	<u>8,923</u>	<u>9,247</u>	<u>9,776</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>324</u>	<u>8,923</u>	<u>9,247</u>	<u>9,776</u>
NET ASSETS		<u>324</u>	<u>8,923</u>	<u>9,247</u>	<u>9,776</u>
FUNDS	9				
Unrestricted funds				324	5,276
Restricted funds				8,923	4,500
TOTAL FUNDS				<u>9,247</u>	<u>9,776</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

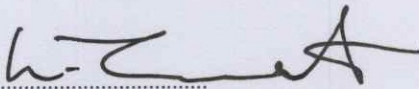
The notes form part of these financial statements

COUNSELLING IN THE COMMUNITY

BALANCE SHEET - continued
30 September 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22.7.2025
and were signed on its behalf by:


.....
L J Tumalty - Trustee

The notes form part of these financial statements

COUNSELLING IN THE COMMUNITY

NOTES TO THE FINANCIAL STATEMENTS for the year ended 30 September 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

COUNSELLING IN THE COMMUNITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 30 September 2024

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	85,723	54,630
Grants	41,250	31,738
Fees received	69,934	43,797
	<u>196,907</u>	<u>130,165</u>

3. INVESTMENT INCOME

	2024	2023
	£	£
Rents received	<u>1,932</u>	<u>4,320</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Other operating leases	<u>2,400</u>	<u>4,020</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2024 nor for the year ended 30 September 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2024 nor for the year ended 30 September 2023.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	88,681	41,484	130,165
Investment income	<u>4,320</u>	<u>-</u>	<u>4,320</u>
Total	<u>93,001</u>	<u>41,484</u>	<u>134,485</u>
 EXPENDITURE ON			
Charitable activities			
Counselling activities	<u>98,311</u>	<u>39,937</u>	<u>138,248</u>
 NET INCOME/(EXPENDITURE)	 (5,310)	 1,547	 (3,763)

COUNSELLING IN THE COMMUNITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 30 September 2024

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	10,586	2,953	13,539
TOTAL FUNDS CARRIED FORWARD	<u>5,276</u>	<u>4,500</u>	<u>9,776</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other debtors	<u>2,700</u>	<u>4,100</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Social security and other taxes	797	-
Accrued expenses	<u>1,579</u>	<u>1,200</u>
	<u>2,376</u>	<u>1,200</u>

9. MOVEMENT IN FUNDS

	At 1/10/23 £	Net movement in funds £	At 30/9/24 £
Unrestricted funds			
General fund	5,276	(4,952)	324
Restricted funds			
Restricted funds	4,500	4,423	8,923
TOTAL FUNDS	<u>9,776</u>	<u>(529)</u>	<u>9,247</u>

COUNSELLING IN THE COMMUNITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 30 September 2024

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	162,339	(167,291)	(4,952)
Restricted funds			
Restricted funds	36,500	(32,077)	4,423
TOTAL FUNDS	<u>198,839</u>	<u>(199,368)</u>	<u>(529)</u>

Comparatives for movement in funds

	At 1/10/22 £	Net movement in funds £	At 30/9/23 £
Unrestricted funds			
General fund	10,586	(5,310)	5,276
Restricted funds			
Restricted funds	2,953	1,547	4,500
TOTAL FUNDS	<u>13,539</u>	<u>(3,763)</u>	<u>9,776</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	93,001	(98,311)	(5,310)
Restricted funds			
Restricted funds	41,484	(39,937)	1,547
TOTAL FUNDS	<u>134,485</u>	<u>(138,248)</u>	<u>(3,763)</u>

COUNSELLING IN THE COMMUNITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 30 September 2024

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/10/22 £	Net movement in funds £	At 30/9/24 £
Unrestricted funds			
General fund	10,586	(10,262)	324
Restricted funds			
Restricted funds	2,953	5,970	8,923
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>13,539</u>	<u>(4,292)</u>	<u>9,247</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	255,340	(265,602)	(10,262)
Restricted funds			
Restricted funds	77,984	(72,014)	5,970
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>333,324</u>	<u>(337,616)</u>	<u>(4,292)</u>

Restricted funds relate to grants and donations received for specific purposes. During the year under review, the restricted funds received were to contribute to counsellors fees.

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2024.

COUNSELLING IN THE COMMUNITY

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 30 September 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	85,723	54,630
Grants	41,250	31,738
Fees received	69,934	43,797
	<u>196,907</u>	<u>130,165</u>
Investment income		
Rents received	1,932	4,320
	<u>198,839</u>	<u>134,485</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	47,467	-
Pensions	1,112	-
Rent	2,400	4,020
Repairs and renewals	14,399	31,577
Insurance	1,836	847
Light and heat	6,616	8,253
Telephone	1,681	2,026
Counsellors fees	60,157	59,113
Advertising	20,140	7,350
Sundries	123	1,018
Administrative services	19,691	8,676
Computer running costs	7,565	7,097
Entertaining	386	557
Motor and travel expenses	2,862	1,209
Printing, postage and stationery	854	167
Rates	284	193
Cleaning	2,262	625
Training costs	363	2,256
	<u>190,198</u>	<u>134,984</u>
Support costs		
Finance		
Bank charges	69	87
Governance costs		
Accountancy and legal fees	9,101	3,177

This page does not form part of the statutory financial statements

COUNSELLING IN THE COMMUNITY

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 30 September 2024

	2024 £	2023 £
Total resources expended	199,368	138,248
Net expenditure	(529)	(3,763)

This page does not form part of the statutory financial statements