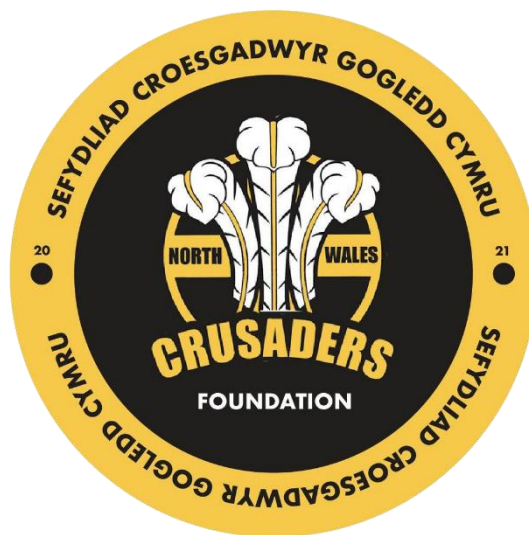


NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

NORTH WALES CRUSADERS FOUNDATION
(a Charitable Incorporated Organisation ("CIO"))

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 12th SEPTEMBER 2024



Charity No: 1195794

REPORT AND ACCOUNTS

NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

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TRUSTEES' REPORT

NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

FOR THE YEAR ENDED 12th SEPTEMBER 2024

The Trustees present their report and accounts for the year ended 12th September 2024. .

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name: North Wales Crusaders Foundation

Registered charity number: 1195794

Charity's principal address: Allington Hughes Law, 10 Grosvenor Road, Wrexham, Clwyd, LL11 1SD

TRUSTEES

Name:	Role	Joined	Resigned/left
Ian Edwards	Chair of Trustees	13 th September 2021	N/A
Mark Bostock	Trustee	13 th September 2021	N/A
Andrew Cudbertson	Trustee	17 th January 2022	N/A
Conrad Anderson	Trustee	7 th March 2022	N/A
Mark Andrew Jones	Trustee	13 th September 2021	13 th November 2022
Rebecca Liang	Trustee	17 th January 2022	27 th March 2023
Rhiannon Davies	Trustee	27 th March 2023	26 th January 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document and Constitution

The Charity is a Charitable Incorporated Organisation (CIO).

The Charity is governed by its Constitution which sets out the objects and powers of the charity and governs the actions of the Trustees.

It was registered as a charity with the Charity Commission on 13th September 2021.

Trustee recruitment and appointment

The Charity must have at least three Trustees with a maximum number of 12.

Apart from the first Trustees, every Trustee must be appointed by a resolution passed at a properly convened meeting of the Trustees and are expected to serve a minimum of three years from the date of appointment.

In selecting individuals for appointment as charity trustees, the existing Trustees must have regard for the skills, knowledge and experience needed for the effective administration of the Charity.

OBJECTIVES

- 1) TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION AND PHYSICAL ACTIVITY BY FACILITATING THE PLAYING OF RUGBY LEAGUE AND OTHER PHYSICAL AND/OR RECREATION ACTIVITIES.
- 2) TO PROVIDE AND ASSIST IN THE PROVISION OF FACILITIES FOR SPORT, RECREATION, PHYSICAL ACTIVITY AND OTHER LEISURE TIME ACTIVITY OF SUCH PERSONS WHO HAVE NEED FOR SUCH ACTIVITIES BY REASON OF YOUTH, AGE, ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE.
- 3) TO HELP YOUNG PEOPLE, ESPECIALLY BUT NOT EXCLUSIVELY THROUGH LEISURE TIME ACTIVITIES SO AS TO DEVELOP THEIR CAPABILITIES THAT THEY

NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

TRUSTEES' REPORT

THE YEAR ENDED 12th SEPTEMBER 2024

ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

In 2023-24, our charity achieved significant progress. We expanded our outreach, completed more community projects, and assisted a larger number of individuals in North Wales than ever before. Our Foundation has engaged in a variety of activities, reaching over 10,000 people, an increase of over 500 from the previous year.

We conducted 582 sessions for our community, which is an increase of more than 200 from last year. These results indicate that our efforts are valuable, and our high-quality programmes have motivated the community.

The report below will outline our Foundation's performance this year and highlight the importance of our work in promoting Rugby League and enhancing people's health and well-being.

This progress would not have been possible without the contributions of volunteers, community coaches, our Community Development Officer (Jonathan Burgess), the board of trustees, partners, and funders. We extend our gratitude to everyone who has contributed to this year's achievements.

Activities undertaken for the public benefit include:

Healthy School Assemblies: The assemblies took primary school aged children on a short and interactive journey showing the importance of keeping fit and healthy whilst improving their well-being.

Our popular healthy schools assemblies have been delivered across Conwy, Gwynedd and Wrexham. 29 different schools have received these assemblies. Nearly 8,000 pupils have accessed these fun and interactive health and well-being talks, which are supported by the Postcode Lottery and inspire them to live healthy lifestyles.

School Taster Rugby Sessions: These free rugby taster sessions in primary and high schools gave children an opportunity to try a new sport. This was either delivered in a block of individual sessions to schools across North Wales.

Our TAG Rugby League programme has engaged with over 1,600 pupils from 26 schools from Conwy, Denbighshire, Flintshire, Gwynedd and Wrexham. This work is vital to increase the visibility of Rugby League in the area and is a perfect pathway to our Mini Crusaders hubs.

Junior Rugby League Hubs: The mini rugby sessions are aimed at primary aged children Years 2,3 and 4 (6-9 years old) in six hub locations within Conwy, Denbighshire, Gwynedd, Flintshire and Wrexham. The sessions were fun, engaging and delivered by experienced and qualified rugby league coaches.

Our junior rugby league "Mini Crusaders" programme has seen excellent progress this year. We have seen a massive rise in participation with over 150 children regularly attending across North

NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

Wales. These have been led by 10 recruited volunteers. The programme held a series of fun festivals at the different hubs' sites. This allowed them to play competitive fixtures and put their skills learnt into practice.

Women's Rugby Sessions: Launched in March 2023, the programme was open to all ability levels and created an excellent pathway to play regularly for North Wales Crusaders.

The project delivered 7 training sessions, had 26 females involved in the programme and up skilled four volunteers. The team played three friendly fixtures.

Coach Education: The Foundation held a free level 1 coaching course for local volunteers which up skilled six new coaches to work across our community-based programme.

SEN Delivery: Our Special Educational Needs (SEN) programme was successful and received excellent feedback from pupils and teachers. The programme has delivered a range of fun and exciting, non-contact rugby sessions at four schools in Conwy, Denbighshire and Flintshire. The programme has engaged with 89 children, and we have delivered 58 coaching sessions.

Rugby Memories: Our Rugby Memories programme has gone exceptionally well at Ty Cariad and Canterbury House care home, where we support residents living with dementia. We have delivered interactive sessions such as chair-based exercises, walking rugby, and looking at rugby memorabilia. During the programme, we delivered 54 sessions to 65 residents. Over 70 residents, staff, family members, and partners were invited to a North Wales Crusaders match. Denbighshire Voluntary Services Council supported this project.

PUBLIC BENEFIT STATEMENT

The Trustees consider that they have complied with Section 17 of the Charities Act 2011 with regard to the guidance on public benefit published by the Charity Commission.

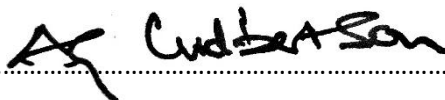
RESERVES POLICY

It is the policy of the Trustees to maintain reserves at levels to cover administrative and general running costs for a period of three months. The policy will be reviewed annually by the Trustees.

APPROVAL

This report was approved by the Trustees on 04/07/2025 and signed on its behalf.

ANDREW CUDBERTSON - TRUSTEE



NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

TRUSTEE INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

I report to the trustees on my examination of the accounts of the above charity (the "CIO") for the year ended 12th September 2024.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of Charities Act 2011 ("the Act").

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

accounting records were not kept in accordance with section 130 of the Act or

the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P&L Accountancy
51 High Street
Mold
Flintshire
CH7 1BQ

Date: 21/01/2025

NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

RECEIPTS AND PAYMENTS ACCOUNTS THE YEAR ENDED 12th SEPTEMBER 2024

North Wales Crusaders Foundation

Profit And Loss Account

For the year ended 12 September 2024

			2024 £		2023 £
Income	Donations	965		4,076	
	Fees	0		400	
	Grants	49,272		43,470	
	Other operating income	2,690		0	
	Sponsorship	0		650	
			52,927		48,596
Cost of sales	Kit	-2,834		-3,185	
	Other	-915		-2,000	
	Purchases	-843		-1,352	
	Subcontractor costs	-295		-3,810	
	Venue Hire	-4,633		-3,368	
			-9,519		-13,715
Gross Profit			43,408		34,881
Expenses	Advertising and PR	-1,792		-1,276	
	Consultancy fees	-5,940		-8,285	
	Software	-692		-229	
	Staff training & welfare	-604		-480	
	Subscriptions	-40		0	
	Travel and subsistence	-4,240		-2,205	
	Wages and salaries	-21,846		-13,095	
			-35,154		-25,571
Net profit			8,253		9,311

NORTH WALES CRUSADERS FOUNDATION - ('the CIO')

STATEMENT OF ASSETS AND LIABILITIES AS OF 12th SEPTEMBER 2024

North Wales Crusaders Foundation
Balance Sheet
As at 12 September 2024

		2024	2023
		£	£
Bank	Current account	42,089	33,259
		42,089	33,259
		42,089	33,259
Suppliers		-45	0
Creditors	PAYE and NI	-674	-341
	Wage Control	50	250
		-624	-91
Net assets		41,420	33,167
		£	£
Profit and loss account	Brought forward	33,167	23,856
	Net profit	8,253	9,311
		41,420	33,167
Total funds		41,420	33,167

	Number	Number
Average number of employees	1	1

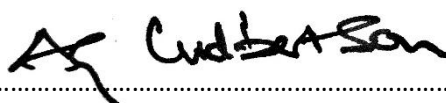
[Loans to directors, guarantees made by the company on behalf of directors]

[Capital commitments, pension commitments, other financial commitments and contingent liabilities]

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

These accounts were approved by the Trustees on 04/07/2025 and were signed on their behalf by:

ANDREW CUDBERTSON - TRUSTEE



NORTH WALES CRUSADERS FOUNDATION



NORTH WALES CRUSADERS FOUNDATION OPENING SUMMARY

In 2023-24, our charity achieved significant progress. We expanded our outreach, completed more community projects, and assisted a larger number of individuals in North Wales than ever before.

Our Foundation has engaged in a variety of activities, reaching over 10,000 people, an increase of over 500 from the previous year. We conducted 582 sessions for our community, which is an increase of more than 200 from last year. These results indicate that our efforts are valuable, and our high-quality programmes have motivated the community.

The report below will outline our Foundation's performance this year and highlight the importance of our work in promoting Rugby League and enhancing people's health and well-being.

This progress would not have been possible without the contributions of volunteers, community coaches, our Community Development Officer (Jonathan Burgess), the board of trustees, partners, and funders.

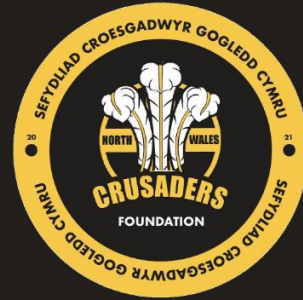
We extend our gratitude to everyone who has contributed to this year's achievements.

Nick Settle

Head of Foundation



**NORTH WALES CRUSADERS
FOUNDATION
ANNUAL SNAPSHOT
(SEPT 23 - AUG 24)**



**10,197 individual
participants engaged**



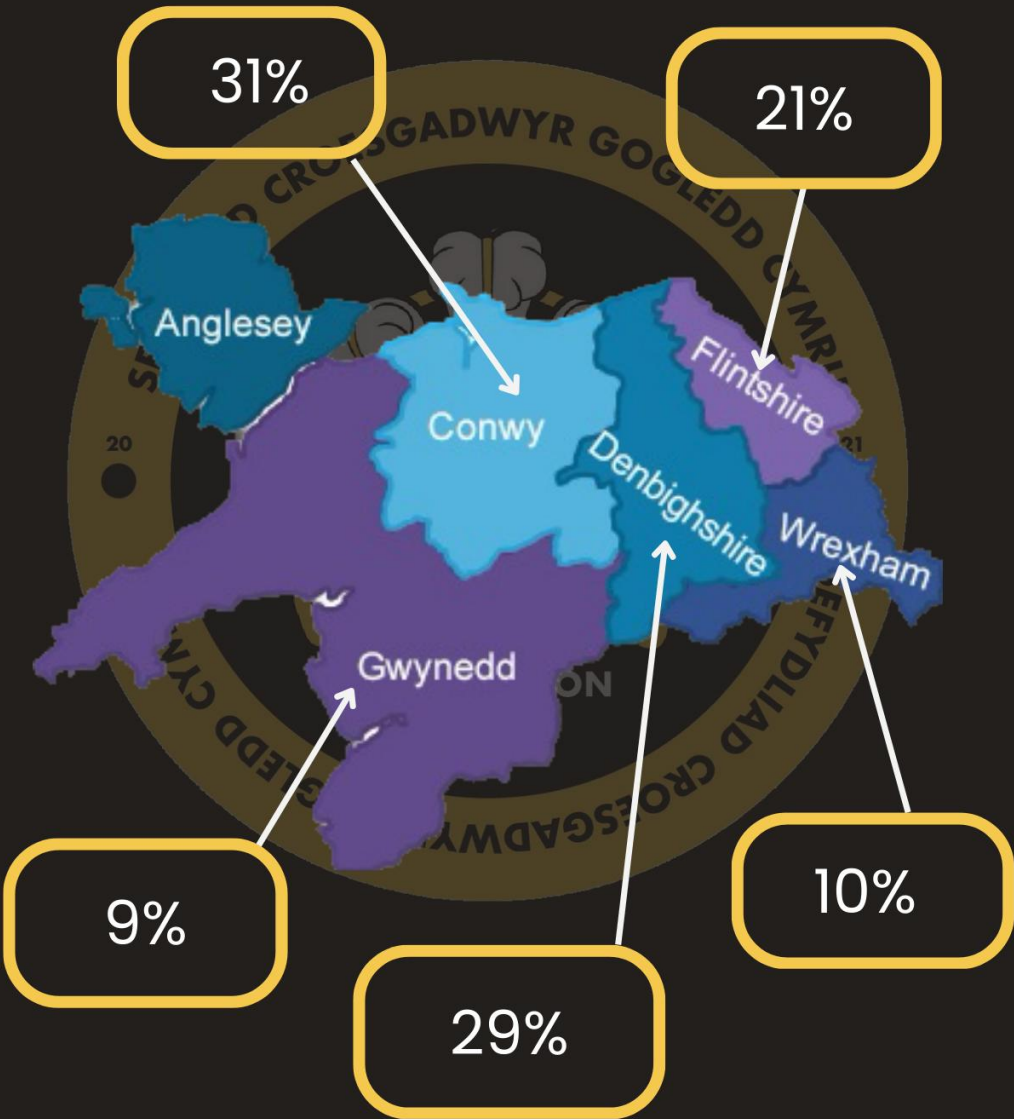
**582 sessions
delivered**

**874 community
hours delivered**

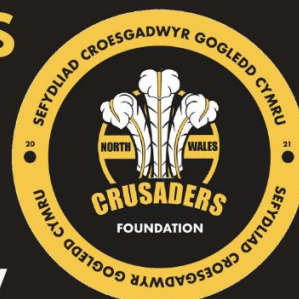


**Total attendees
19,735**

**NORTH WALES CRUSADERS
FOUNDATION
TIME SPENT IN EACH REGION**



NORTH WALES CRUSADERS FOUNDATION (Sept 23 - Aug 24)



School Delivery

Our TAG Rugby League programme has engaged with over 1,600 pupils from 26 schools from Conwy, Denbighshire, Flintshire, Gwynedd and Wrexham.



This work is vital to increase the visibility of Rugby League in the area and is a perfect pathway to our Mini Crusaders hubs.



Rugby Memories

Our Rugby Memories programme has gone extremely well at Ty Cariad and Canterbury House care house, supporting residents living with dementia. We have delivered interactive sessions

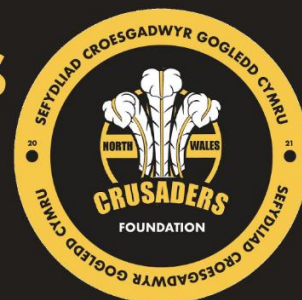


such as chair-based exercises, walking rugby and looking at rugby memorabilia.

Over 70 residents, staff, family members and partners were invited to the North Wales

Crusaders match. This project was supported by Denbighshire Voluntary Services Council.

NORTH WALES CRUSADERS FOUNDATION (Sept 23 - Aug 24)



SEN Delivery

Our Special Educational Needs (SEN) programme was a great success and received excellent feedback from pupils and teachers.



Our Community Development Officer has delivered a range of fun and exciting, non-contact rugby sessions at four schools in Conwy, Denbighshire and Flintshire.



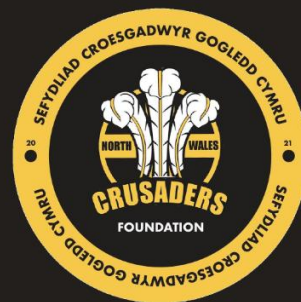
Healthy School Assemblies

Our popular healthy schools assemblies have been delivered across 29 different schools across Conwy, Gwynedd and Wrexham have received these assemblies.



Nearly 8,000 pupils have accessed these fun and interactive health and well-being talks, which are supported by the Postcode Lottery and inspire them to live healthy lifestyles.

NORTH WALES CRUSADERS FOUNDATION (Sept 23 - Aug 24)



Junior Rugby League

Our junior rugby league “Mini Crusaders” programme has seen excellent progress this year. We have seen a massive rise in participant rates, with over 150 children across North Wales.



These sessions have been delivered at six locations: Conwy, Denbighshire, Flintshire, Gwynedd, and Wrexham. Supported by the Postcode Lottery



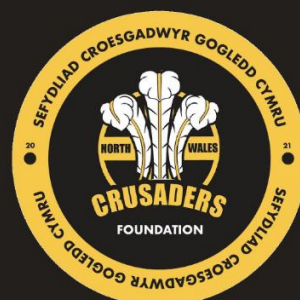
Coach Education

Our Foundation and Wales Rugby League organised a level-one coaching course that upskilled six newly qualified coaches in January.



This two-day course gave the volunteers an introduction to Rugby League coaching. They now have the skills and knowledge to support our community programmes.

NORTH WALES CRUSADERS FOUNDATION ANNUAL STATS (Sept 23 - Aug 24)



School Delivery

26 Primary schools visited
226 sessions delivered
1,624 pupils engaged



Rugby Memories

Two care homes engaged
54 sessions delivered
65 residents engaged



Healthy School Assemblies

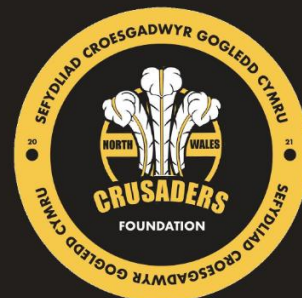
29 Primary schools visited
7,973 pupils engaged



SEN Delivery

4 SEN schools visited
58 sessions delivered
89 children engaged

NORTH WALES CRUSADERS FOUNDATION ANNUAL STATS (Sept 23 - Aug 24)



Mini Crusaders Sessions

Six different locations
160 sessions delivered
156 children engaged



Cru Festivals

Ten festival delivered
12 teams attended
121 players engaged



Coach Education

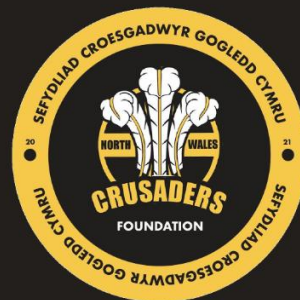
Level 1 course delivered
6 trained new coaches



Healthy Holiday Camps

Nine camps delivered
107 children engaged

NORTH WALES CRUSADERS FOUNDATION ANNUAL STATS (Sept 23 - Aug 24)



Crusaders Women

Three matches
7 sessions delivered
26 females engaged



Development Sessions

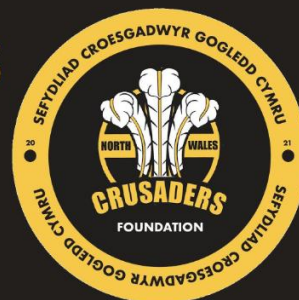
Three sessions delivered
30 players engaged

If you want to help us continue to inspire our community through Rugby League, please donate by scanning the QR code.

Scan me



NORTH WALES CRUSADERS FOUNDATION - QUOTES (Sept 23 - Aug 24)



Emma Britton

Activities Co-Ordinator at Ty Cariad

"Rugby memories has made a huge impact on our residents well being. Seeing Jon from the Foundation every week just lights up their faces. Passing the rugby ball around in the garden or even inside on bad days creates such an amazing atmosphere between Jon and the residents as it doesn't just encourage physical exercise but also socialisation. They have also enjoyed watching the rugby memorabilia thoroughly especially seeing players/games that they remember from a long time ago. We will miss the support from the Foundation a lot here at Ty Cariad but we hope one day they can receive the funding to return to us".

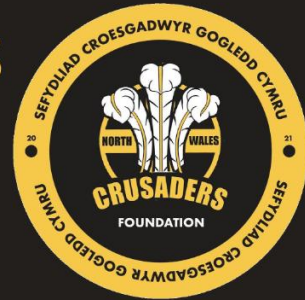
Beth Davies
Ysgol Pen Coch
Special School

"During the Foundation's time at Ysgol Pen Coch, our children enjoyed the sessions delivered. We rarely get opportunities like this in our school so the children of all abilities really enjoyed it. Jon was great at adapting to each child's needs as the specialist needs of our school varies a lot".

Ed Brown
Mini Crusaders Coach

"I helped out with the crusaders last year having watched the game for years but never played due to lack of opportunity locally. Completing my coaching course made me realise the value of keeping things simple, enjoyable and varied. I've already implemented some of the things I learnt in my sessions and can see the benefits with the younger players. I am a much more confident and skilled coach for attending the course".

NORTH WALES CRUSADERS FOUNDATION - FINANCES (Sept 23 - Aug 24)



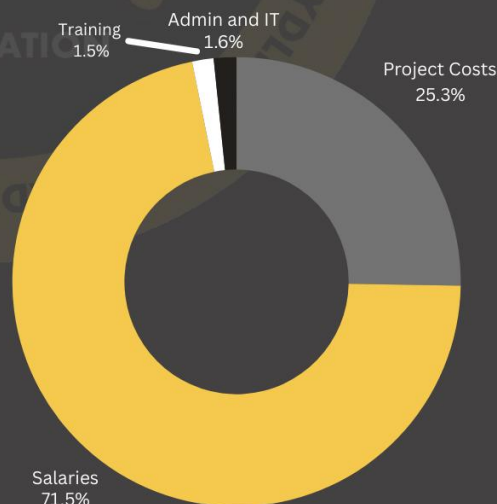
Income



Type	Amount
Grants	£49,272
Other Income	£2,690
Donations	£965
Total	£ 52,927

Expenditure

Type	Amount
Project costs	£11,312
Delivery / Salaries	£32,026
Training	£692
Admin and IT	£731
Total	£44,761



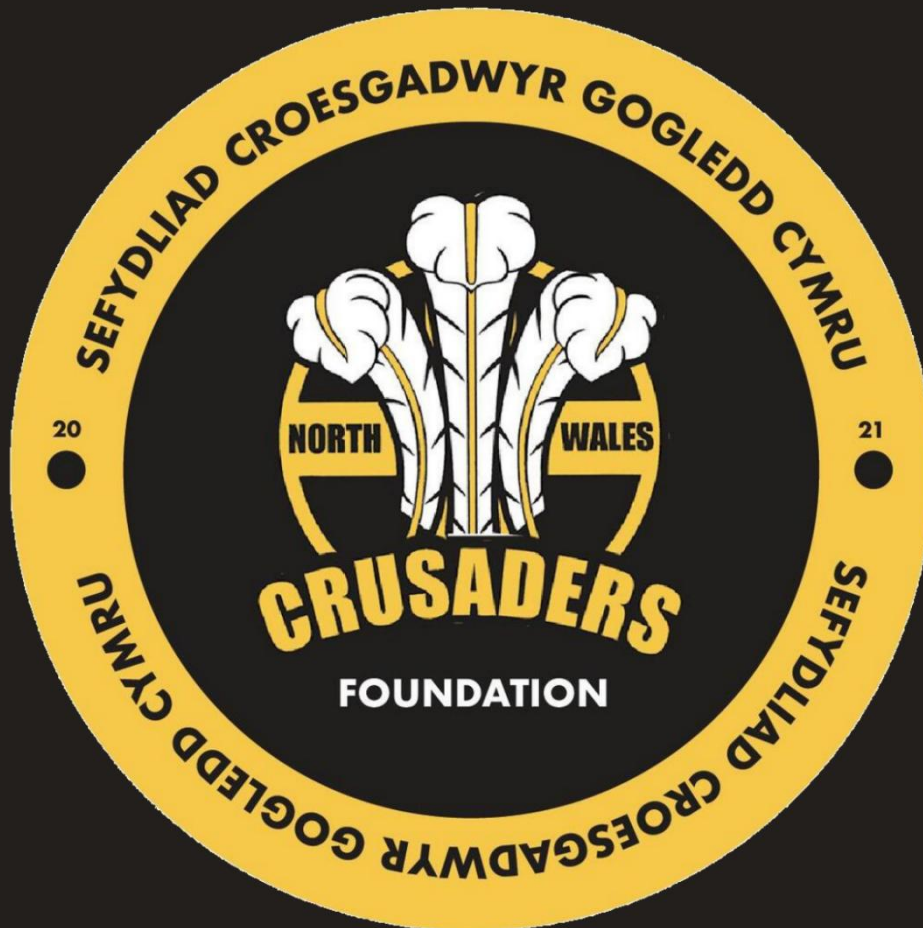
THANK YOU TO OUR FUNDERS AND PARTNERS



An easy way to support our charitable Foundation is to become one of our Business Champions to help us continue our community work.

As a Champion you will receive many benefits including, supporting your local community, raising your company's profile and being part of our family.

For more information, please visit
www.nwcrusaders.co.uk/foundation



foundation@northwalescrusadersrlfc.co.uk



www.nwcrusaders.co.uk/foundation

Charity Number 1195794