



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **13TH SEPTEMBER 2021** To **12TH SEPTEMBER 2022**

Charity name: **SASHAS PROJECT**

Charity registration number: **1195793**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	What the charity does: <ul style="list-style-type: none">• The Advancement of Health or Saving of Lives Who the charity helps: <ul style="list-style-type: none">• Children/young People How the charity helps: <ul style="list-style-type: none">• Provides Advocacy/advice/information Where the charity operates: <ul style="list-style-type: none">• Hampshire• Surrey
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Sasha's Project supports the young people of our community. We run a drop-in centre every weekend (open 9pm-6am) in Fleet for any young person who is struggling with their mental health. We supply Christmas Boxes across the UK, providing gifts for all those 13-25yrs who will be on a mental health unit on Christmas Day. We also supply Hospital Bags for young people who end up in ICU.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees are aware of and have had training regarding public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>What we have achieved since charity registration</p> <p>Since we first opened the crisis drop-in centre in March 2021, we have extended our opening nights to include Friday nights as well as Saturday nights. We have also extended our age range and are now open to all young people aged 13yrs to 25yrs.</p> <p>Christmas 2021 we operated our first Christmas Box scheme. Sasha's Project Christmas Box Scheme is about delivering a box/bag of Christmas gifts to young people who are spending Christmas Day on a mental health unit. Being an in-patient is hard at the best of times, but at Christmas it is particularly difficult, especially if the young person is unable to see family and friends on Christmas Day.</p> <p>This is a project where communities, individuals and groups come together</p>

		<p>to donate gifts, which are divided up into festive bags, which are then delivered on Christmas Eve to the young people in hospital units throughout Hampshire.</p> <p>In 2021 we were able to deliver nearly 70 bags to 6 hospitals, and in 2022 we delivered just over 100 bags to 9 hospitals. In addition, the scheme was run in Manchester on our behalf where 30 bags were delivered to 3 hospitals in the area.</p> <p>In December 2022 we introduced our first ICU Hospital Bags program. Earlier this year, Sasha's Project started thinking about the possibility of providing hospital bags for young people (age 13-25yrs) who ended up in intensive care as the result of a suicide attempt. Sasha kept a hospital bag prepped and ready for just such instances, which contained all that she needed if she ended up in ICU - toiletries, underwear, top and sweatpants, socks, a book, and a comforter. We wanted to offer something similar to those young people who end up not only in Frimley Park Hospital, but all the local hospitals in our area.</p> <p>We approached Frimley Park hospital who were very supportive. As a result of these discussions, Sasha's Project is trialling the scheme at Frimley Park Hospital, extending it to include Wexham Park Hospital in January 2023. If these two are successful, then we will be rolling the scheme out to the following hospitals: -</p> <p>Royal Surrey County Hospital</p> <p>Basingstoke and North Hampshire Hospital</p> <p>Royal Hampshire County Hospital</p> <p>Social media increase. Our social media coverage has increased steadily, with Instagram, Facebook and Twitter accounts. Our next goal is to launch a website in early 2023.</p> <p>We have been working on</p>
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		<p>implementing our Mission statement, particularly the part which states “to challenge and change public perception about the stigma of mental health issues, inspiring others to do the same, alongside promoting a zero tolerance of suicide”. We have achieved this by raising awareness of the charity and our goals through the following networking and events:-</p> <p>Fleet Carnival July 2021 and July 2022</p> <p>Fleet Festivities Nov 2021 and Nov 2022</p> <p>Farnborough College of Technology Open Day 2021 and 2022</p> <p>Friends of Fleet Hospital AGM 2021</p> <p>Hart WI Group Christmas Carol Service Dec 2022</p> <p>It is important to open up conversations around mental health and suicide within our community which all our volunteers do in their daily lives, both socially and at their places of work. These random conversations make an impact and raise awareness.</p> <p>These conversations are had at the numerous forums, panels and meetings we attend, where we advocate for young people’s mental health to remain on the agenda.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity has seen reasonable income for the period with little expenditure which helps us to continue saving for our goal of being open 7 nights a week for young people.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Enough is held in reserves to cover any outgoing expenses for 3 months of our only commitment - rent
Amount of reserves held	Para 1.22	£1066
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal income is from donations and grants and fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Selection method is application to the Board, over 16's only, max number of trustees is 10 at any one time. Applicants need to be inline with the charities mission and values.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Sasha's Project
Other name the charity uses	N/A
Registered charity number	1195793

Charity's principal address	Waverly House Waverly Avenue Fleet Hants GU51 4NN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Angela Forster	Chair		
2	Steve Forster	Treasurer		
3	Charlotte Tickner	Secretary		
4	Lucy Page	Young people	15 th April 2022	
5	Daniel Trace	Fundraising	15 th April 2022	
6	Georgina Forster-Rampton	Communication		
7				
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Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

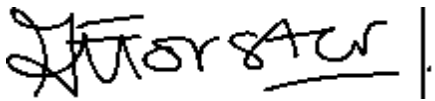

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Angela Forster	Charlotte Tickner
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Position (eg
Secretary, Chair, etc)

Chair	Secretary
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Date

1 January 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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Receipts and payments accounts

For the period from	Period start date 13.September 2021	To	Period end date 12-Sep-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations	11,777	-	-	11,777
Grants	£ 14,384.00	-	-	14,384
Fundraising	175	-	-	175
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	26,336	-	-	26,336
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	26,336	-	-	26,336
A3 Payments				
Staff training	425	-	-	425
Office	35	-	-	35
Promotion	1,580	-	-	1,580
Rent	396	-	-	396
Insurance	199	-	-	199
Fundraising	92	-	-	92
Other	140	-	-	140
	-	-	-	-
	-	-	-	-
Sub total	2,867	-	-	2,867
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	2,867	-	-	2,867
Net of receipts/(payments)	23,469	-	-	23,469
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	11,983
Cash funds this year end	23,469	-	-	35,452

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Opening bank balance	35,888	-
	CHQs not presented	436	-
		-	-
	Total cash funds	35,452	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK
B2 Other monetary assets	Details	to nearest £	to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	
		Charlotte Tickner	

CC16a

Last year
to the nearest £

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11,983



**Endowment
funds**
to nearest £

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OK

**Endowment
funds**
to nearest £

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**Current value
(optional)**

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**Current value
(optional)**

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**When due
(optional)**

Date of
approval

1.1.2023



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Sasha's Project

On accounts for the year
ended

12th sept 2022

Charity no
(if any)

Set out on pages

(remember to include the page numbers of additional sheets)

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

9 March 2023.

Name:

BRIAN CONEY.

Relevant professional
qualification(s) or body
(if any):

ALB. ACIS,