



BRONWEN'S WISH

FINANCIAL STATEMENTS

Period 10 September 2021 – 31 March 2022

Charity Number 1195777



BRONWEN'S WISH

TRUSTEES ANNUAL REPORT: 10 SEPTEMBER 2021 – 31 MARCH 2022

Reference and Administrative Information:

Trustees:

Haydn Morgan (Chair)
Amy David (Treasurer)
Christopher Scott (Secretary)
Shannon Rich
Amelia Melvin
Annabel Gibbons
Russell Vanstone
Tesni Morgan

Charity Number:

1195777

Charity address:

133 Lake Road West, Cardiff. CF23 5PJ

Independent Examiner:

Farzana Ahmed, Carston Chartered Accountants, 1st Floor Tudor House, Cathedral Road.
Cardiff. CF11 9LJ

Bankers:

Metro Bank, Newport Road, Cardiff. CF23 9AD

Solicitors:

Loosemores, High Street, Cardiff. CF10 1PT



Trustee Report for Bronwen's Wish Charity for the Financial Year 2021/22.

The Trustee's present their 1st annual report and financial statements for the charity for the period ended 31st March 2022. The financial statements have been prepared in accordance with the accounting policies and direction provided by the Charity Commission and comply with the charity's trust deed.

Brief History of our Charity

Bronwen's W;sh is a new charity set up one year ago and this is our first Trustee's Annual Report. We feel that it is worth providing some background information which will help readers understand our charity and our motivation in trying and make a positive impact into the mental health of children and young people.

Bronwen's W;sh charity was named after Bronwen Grace Morgan who sadly took her life in August 2020, aged 26 years, after suffering with her mental health for several years. Bronwen was a second-year student at Cardiff University studying Mental Health Nursing.

On the day after her death, Bronwen's best friends immediately started fundraising for mental health awareness and suicide prevention. Her friends also came up with the name of our charity, "Bronwen's W;sh".

We wanted to make use of the semicolon as it symbolises the continuation of Mental Health awareness. Created to symbolise affirmation and solidarity against suicide, depression, addiction and other mental health issues. It inspires strength in the midst of suffering. We want people to see this when they see the name "W;sh" and know our charity is mental health related.

As a new charity, our main aim and focus is providing unique Wellbeing Pods/Dens for Primary Schools in our area. These small Pods will be located away from the main school building and the hustle and bustle. It will be a safe place to go when a child is experiencing challenges with their mental health. It will be a place to sit and talk with a mentor, therapist, teacher or friend and learn from a young age how important it is to talk about your feelings. We have already started on our first project at Lakeside Primary School in Cardiff and have other schools wanting Wellbeing Pods for themselves. Our ultimate wish would be for every school (who wanted one) to have such Pods within the school premises. There is also much scope here for Secondary Schools. In fact, our local High School have expressed an interest and have said they would like a Pod. It has now been confirmed that this will now be our 3rd project in the coming years.

As part of this Project, we have had the help of Cardiff and Swansea University School of Architecture. A competition was set by the course directors for the students to design these Pods and has been incorporated into their degree. This has resulted in the students having lectures and seminars specific to Mental Health and Wellbeing, as all the students were aware of Bronwen's story. We are so pleased that so many young people have been involved with this project and the statement it is making.

As well as raising funds and building Well-being Pods for local schools, our charity is also pressing for change in the Mental Health Services. Changes that our charity strongly feel will improve the mental health of children and young persons and reduce suicides in the UK.



Suicide is the biggest killer of all under 35's in the UK and we must try everything to reduce this awful statistic. As a result, a trustee started up a Petition to for *"shared decision making and monthly mental health care plan reviews to be made a legal requirement"*.

Our Petition was intentionally started on World Suicide Prevention Day on 10th Sept 2020 with Change.org and we accumulated over 5000 signatures in a matter of days due to the cause and intention of our Petition. Unfortunately, when we presented the Petition to The Senedd in Wales, it was not accepted as, unbeknown to us, Change.org was not the correct platform for Senedd Petitions. Unperturbed, we started another Petition through the Senedd and reached the required numbers to take the matter further.

However, the Petition could only be taken so far and in the end, the Committee felt the Shared Decision Making and monthly mental health care plan reviews should be incorporated into a Welsh Parliament consultation on Mental Health inequalities.

As a Registered Charity we were very disappointed that this Petition had been engulfed and merged within a general inquiry on Mental Health inequalities. Although this is a welcome action and response from the Health & Social Committee, we feel that this appears to be a general overview of the current Mental Health system and its deficiencies and doesn't really address our Petition in any way.

Mental Health and Suicide is a very topical subject and will remain with us for a long time. As a small country, we can we been seen to be taking positive steps in trying to improve the care vulnerable people receive, no matter how small. One such step would be to push our Petition/Campaign as far as possible as campaign is specifically focused on the vulnerable young patients in our society and the care plan they receive. This is only a small step, but we feel the correct step in the right direction for future young mental health patients.

(You can find out much more about our charity on our website: Bronwenswish.org)

Objectives and Activities for the Public Benefit

The objectives of the charity are to relieve the needs of children and young people, aged between 4 – 18 years living in Cardiff and The Vale, by providing funding for and support to primary and secondary schools to create school well-being pods as safe spaces for children, in particular, but not exclusively those experiencing mental health challenges or distress, anxiety, depression or other moments of crisis.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Our vision (and Wish) is for every Primary and Secondary school to be offered the opportunity to have a unique Wellbeing Pod within the grounds of the school. The Pods will be located away from the hustle and bustle of the school setting and positioned in an outdoor learning environment as a safe space for any children who are suffering from feelings of anxiety, worry, trauma, or other mental health related challenge and in need of a quiet moment. The Pods will also be timetabled for children who have been identified as experiencing ACE'S (adverse childhood experiences), to access therapy. Also, any outside agencies who work with children who have social and emotional difficulties will use the Pod to meet and work with the children in a quiet, safe, and relaxed place where the children feel less stressed.



The Charity carries out these objectives by:

- Carrying out many fundraising activities throughout the year to try and create the necessary funds to build the Wellbeing Pods.
- Liaising with local schools with a view to providing these unique Pods within a time frame.
- Liaising with the Local Authority with regards to Building Regs, Health & Safety and any unforeseen issues that may arise before, during and after the build.
- Source specialist constructors to create and build these Pods.
- Provide the necessary funds and resources to provide these Pods to each school as and when the charity has sufficient reserves.
- Keeping members of the public updated of how the Pod is progressing, as well as our fund-raising events and mental health awareness raising. This is done through our Website (Bronwenswish.org).

As this is our very first project for Bronwen's W;sh Charity, the difficulties we have faced are sourcing the relevant specialist constructors as well as establishing a fixed price on the overall cost of the project. The reasons we feel are down to the ever-changing cost of materials and the fact this is the first ever project using high-quality and dedicated resources.

To get to this stage, the school and children decided on their favourite 5 designs from the students of both Cardiff and Swansea University School of Architecture. From the remaining 5 designs, the teaching staff and Trustees agreed on the final design and this proposal was then taken forward. However, we needed to appreciate that the designs were from students and some further work was needed. In order to take this design to its final stage, the Charity needed the help of a fully qualified Architect to "finish off" the design and affectively make this Pod functional and workable.

With the support of a local Architect and designers (linked to Cardiff University), the full and final design was complete. The Charity then made arrangements for a qualified land surveyor to attend the school and take necessary measurements in preparation for the build.

The design of the Wellbeing Pod is unique with a massive emphasis on calmness and tranquility. The Pod (or den) is made of wood with a cavity wall filled with a relatively new material called "Hempcrete". This unique material will keep the Pod warm in the winter and cool in the summer and has a very long-life span. Unfortunately, there are very few Hempcrete companies in the UK so we are limited on choice. From liaising with our Architects, it appears there are 3 main areas of construction requiring specialist knowledge due to the design. 1) Landscape gardeners required to clear the area and finish off after the build. 2) A skilled carpenter to build the construction and include all the necessary formwork in order to contain the Hempcrete. 3) The Hempcrete company to provide the required Hempcrete and install.

On writing this report, we are now at the point where the groundwork has been cleared and we are waiting for final quotes from the 3 specialist companies. We have made a provisional start date for Spring 2023 with the intention of having a grand opening at the beginning of term in September.



It is hoped that the cost of the Wellbeing Pod will be reduced over the years as we build more and more. We intend to use this design for many projects so we will not have the expense of Architects and Building Engineers fees as we already have the required information.

As a Charity, we also try our best to help raise awareness on mental health and suicide. We do this mainly through social media, events and also our website. Our charity will continue to campaign for shared decision making and monthly mental health care plan reviews being a legal requirement. Over the past 12 months, our charity has been in contact with local MP's, Government Ministers and most importantly, young adults experiencing their own challenges with their mental health. Our charity will continue to push for our cause over the years as we feel that our campaign will improve the mental health of our most vulnerable and reduce the number of suicides in the UK.

All trustees are close friends and family of Bronwen. Once the team of trustees were in position, we worked hard on building our constitution to register our charity officially. In September 2021, just over a year after Bronwen's passing, Bronwen's Wish became a registered charity for which we are very proud.

Our Values

The values outlined below are what inspire the Bronwen's Wish team to keep fighting, keep motivated and to keep the users of our Pods and their needs at the forefront of all our minds.

Courage

Having courage as our Charities value was extremely important. Firstly, to express the courage and bravery of Bronwen's family and friends for stepping up in the darkness of grief, to do all they can to make a change and create a positive memory in honor of Bronwen, Secondly, to show the individuals who will benefit from the Pods we provide, that there is great courage in taking time out to breathe and to talk about their emotions.

Acceptance

Acceptance is important as the members of Bronwen's Wish endeavor for all individuals to feel accepted for who they are and their needs. The Pods will provide them with a space where they can feel truly accepted, supported, and cared for.

Hope

To remember that despite the darkness, there is always hope. Hope for a better future for the younger generation and hope for change within the mental health system – to provide a service that meets the needs of those who require it.



Achievements and Performance

Over the past year, our trustees have worked very hard to continue to raise awareness on mental health and suicide. We provide regular wellbeing updates and literature on our website (Bronwenswish.org) as well as providing information on the development of our first wellbeing pod project at Lakeside Primary School. We are continuing to look at ways on improving our marketing and trying to promote our charity and its goals. We have linked in with other national and local mental health charities with a view to working together to help spread awareness. A great example of this was when all our trustees, family and friends joined up with the "3 Dad's Walking" when they arrived in Wales and offered them all our support and backing with regards to suicide awareness. It is our intention to continue to work alongside other mental health charities in order to raise awareness, and to promote our charity.

We would also like to state that all the funds raised has come from the kind generosity of donations and some fantastic fundraising events. We have 3 key events throughout the year that generate the majority of our funds: The Sunflower Ball; Charity Golf Day and "Man & Mutt" long distance walk. It is our intention to continue these fundraising events every year and build momentum. In addition to the 3 events, our charity also organises and participates in other amazing fundraising activities such as the Christmas Raffle, the January Walk and White-Collar Boxing.

We are also very proud and excited that other establishments are offering to help our charity and its cause. Lakeside Primary School; Cardiff High School; St. David's College and Swansea University have all had fundraising events to help support our charity. We cannot thank these people enough for all that they have done to help raise the necessary funds to build our first Well-being Pod/Sanctuary, as well as spreading mental health and suicide awareness.

Although we are still waiting for final quotes from specialist contractors, we have also carried out the following activities to push this project forward. Firstly, we have completed a full land survey of the area where the pod will be built, the plot has been marked out and we have organised landscape gardeners to clear the immediate area in preparation of the build.

However, there are certain factors outside of our charity's control that are causing us some concern. These factors being the cost of materials constantly changing, cost of labour increasing, availability of materials, time frames, and the willingness of specialist contractors to commit themselves to our project in these strange economic times. These issues will be addressed accordingly, and we hope that other future Well-being Sanctuary projects will run smoother.

Financial Review

In the period to 31 March 2022, Bronwen's Wish received income of £34,324 from donations and fundraising. Expenditure for the period was £5,215. Net receipts for the period were £29,109, which are represented by the cash at bank balances at 31 March 2022 and are wholly unrestricted, free reserves.

The reserves are considered to be appropriate by the trustees as they will be built up for the purpose of building pods and so will only be spent when sufficient funds are available. There are no ongoing overheads. Therefore, the trustees feel there is no reason to believe the charity cannot continue as a going concern.



Plans for future periods

The trustees feel that once the first project has been completed, the following ventures will run more efficiently, and we will have a better understanding of costs. We intend to try and build our Pods/Sanctuary to a budget of £40,000 - £50,000 which we believe is attainable.

With a better understanding of prices and outlays, the trustees will then apply for grants and other funding. We would like to build at least one well-being Pod a year for local schools and expand from there as we gain more experience.

We want to use the same design for each pod in primary schools where the school is located on a large site and there is sufficient space to build. However, we are aware that not all schools have large grounds that can accommodate our well-being pods. With this in mind, our future plans will look at a new design that can be used in smaller schools.

Our charity also recognises that there is much scope to providing wellbeing Pods/Dens to Secondary schools. We have made enquiries with other local High Schools, and all have said they would like some form of a wellbeing pod within the grounds of their school. Because of this, we have contacted Trinity St. David's University School of Architecture asking if their students would like to be involved in the design process of another Wellbeing Pod specifically for secondary schools. It has now been confirmed that Trinity St. David's and the University of South Wales Graphic Design Degree course have applied for a research grant collaboration project using the "Bronwen's W;sh" brief.

It has now been confirmed that the bid has been accepted which is great news. The project time frame will be from February until May 2023 and Cardiff High School have kindly agreed to support the University students with their design project. This will help spread awareness between both school pupils and University students as they will be working closely with each other over that period of time with the focus of mental health and wellbeing.

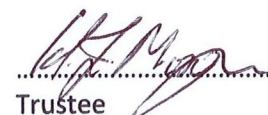
This is a fantastic opportunity for all involved and hopefully Bronwen's W;sh Charity will have another unique pod/sanctuary design to work on and develop in the future.

Structure, Governance and Management

The charity is a CIO – Foundation, registered on 10 September 2021. These are the first accounts of the CIO.

The charity is run by a committee comprising the trustees, who are the trustees appointed on registration. New trustees would be appointed as and when required.

Signed on behalf of the trustees:

 Signed
Trustee

HAYDN MORGAN
Print Name

Date 26/1/2023



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRONWEN'S WISH
For the Period Ended 31 March 2022**

I report to the trustees on my examination of the financial statements of Bronwen's Wish ('the charity') for the period ended 31 March 2022 which are set out on pages 9 to 11.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Farzana Ahmed ACCA
Independent Examiner
1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 30/01/2023



**RECEIPTS AND PAYMENT ACCOUNT
FOR THE PERIOD ENDED 31 MARCH 2022**

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
RECEIPTS			
Donations and legacies	5,014		5,014
Justgiving and Paypal	17,549		17,549
Fundraising	11,760		11,760
TOTAL RECEIPTS	34,324	-	34,324
PAYMENTS			
Pod Design & Construction costs	1,857		1,857
Fundraising event costs	3,340		3,340
Subscription	18		18
TOTAL PAYMENTS	5,215	-	5,215
NET RECEIPTS / (PAYMENTS)	29,109	-	29,109
Transfers between funds	-	-	-
Cash funds last year	-	-	-
Cash Funds this year	29,109	-	29,109



STATEMENT OF ASSETS & LIABILITIES
AS AT 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total 2022
		£	£	£
Cash at Bank	Metro Account	28,951	-	28,951
	Santander Account	157	-	157
		<u>29,109</u>	<u>-</u>	<u>29,109</u>
Assets retained for Charity's Own Use		-	-	-
		<u>-</u>	<u>-</u>	<u>-</u>

These financial statements were approved by the trustees and authorised for issue on the 26-1-2023 (date) and are signed on their behalf by:

Sign

Print

HADEN MORGAN

Sign

Print

TESNI MORGAN.



NOTES TO THE FINANCIAL STATEMENTS
Period Ended 31 March 2022

1. Trustee Expenses

No trustee received any remuneration from the charity in respect of their services during the period. Out of pocket expenses incurred by the trustees in the performance of their duties were not reimbursed.

2. Related Party Transactions

There were no transactions with related parties in the period.

3. Fund Balances

	Balance at 10 Sep 2021 £	Income £	Expenditure £	Balance at 31 Mar 2022 £
Unrestricted Funds				
General Fund	-	34,324	(5,215)	29,109
	<u>-</u>	<u>34,324</u>	<u>(5,215)</u>	<u>29,109</u>