



The
Strongtower
Foundation



**The Strongtower Foundation
Annual Return, 2023-2024**

Introductory Note From CEO

Dear Reader,

This financial return for 2024 reflects a year of significant progress and tangible impact at The Strongtower Foundation. Building upon the transformative initiatives outlined in our impact report, our financial stewardship has directly enabled the realization of our core mission: combating modern slavery and empowering survivors.

The opening of our first supported housing unit, a milestone celebrated with both joy and solemnity, was made possible by the careful management of allocated resources. These funds were crucial in establishing a safe and nurturing environment for survivors, demonstrating the direct correlation between financial planning and tangible change in lives.

Furthermore, our commitment to raising awareness and advocating for systemic change, through parliamentary engagements and public forums, required strategic financial investment in outreach and resource development. These expenditures, are reflected in our community events, educational material and volunteer training.

We have also spent considerable time investing in strategic partnerships with government contractors and other charities, which have strengthened our operational capacity and expanded our reach. We have ensured that all funds are utilized efficiently to maximize impact, ensuring the long-term sustainability of our programs.

This financial report is more than a record of expenditures; it's a testament to the effective management of resources to transform financial capital into tangible hope and empowerment. It demonstrates our commitment to re-building a future free from modern slavery, one life at a time.

Sincerely,

Rachael King

Chief Executive Officer
The Strongtower Foundation

Who We Are

Access to Safe Housing & Accommodation

The Strongtower Foundation (STF) is a Charitable Incorporated Organisation (CIO), founded in September 2021, with a mission to support victims of modern slavery and human trafficking. We believe that modern slavery is a critical contemporary issue, and we are committed to ensuring people can live free from slavery in our communities and nationwide.

During the financial year, we continued to provide essential support to victims through our structured reintegration programme, focusing on housing, mental well-being, education, and employability. Our work remains volunteer-driven, with trustees contributing their time voluntarily without remuneration.

Our name is taken from Psalm 61:3:

For thou hast been a shelter for me, and a strong tower from the enemy.

Please visit our website for more information: www.strongtowerfoundation.org

Objectives & Activities

Twelve Month Re-integration Programme

STF operates as more than just a safehouse.

- a) We provide safe accommodation for victims to call their home
- b) We run a volunteer-led 12-month programme providing holistic care and support to bring healing to the whole person: mind, body, and soul

Our aim is to break the cycle of dependence by equipping those who have affected by this crime through tool-building support programmes that will empower them to transition into **independent living**.

Our mission

At the heart of our mission is a strong commitment to empower victims of Modern Slavery and Human Trafficking (MSHT) to move past their trauma and achieve independent living and engage the community to drive real change

Our approach is grounded in volunteer-led services. Through university workshops, training sessions and events, we rally local support, making the fight against MSHT a shared responsibility.

Our victim support programs focus on rehabilitation and reintegration to prevent re-trafficking:

- **Empowerment and Support:** Our comprehensive services provide survivors with the tools they need to rebuild their lives, including mental health support and life skills.
- **Safe Transitional Housing:** We provide safe, nurturing environments where victims can heal and regain their independence.
- **Sustainability:** We ensure our services are effective and sustainable, maintaining high standards through ongoing training for staff and volunteers.

Our purpose

Our charity bridges the critical gap in survivor support. Many remain trapped in a cycle, making them vulnerable to re-trafficking. By offering tailored programs through our Five Pillar Support Program, focused on empowerment, skills training, and safe transitional housing, we equip survivors to rebuild their lives and regain autonomy, ensuring that no one navigates this journey alone.

Our Support Programme

Our **Five Pillar Support Programme** includes 5 elements:

◆ Befriending Support Network

We recruit and train volunteers to befriend our residents so that they can get to know the local area. The interaction can range from helping with shopping to a coffee and a chat in the local park. This service is essential to community integration.

Our training will cover essential modules such as safeguarding, dealing with mental health and spotting the signs of MSHT.

◆ Life-skills Training

During the 12-month period we support women by sharing essential life skills that will help with confidence building, such as cooking classes and healthy eating tips. Finance and budgeting skills are a core part of this service. We aim to teach women to manage their budget and enable them to save for a deposit for independent living during their time with us.

◆ Mental wellbeing and Counselling sessions

We work with trained volunteers to help victims develop emotional skills, cope with life challenges and manage their triggers; this will enable them to function independently and socially. This can range from 1-1 counselling to art and music therapy.

◆ Education & Employability Opportunities

Over a 12-month period, we work with career advisors to help victims consider their future, opportunities and career path. We partner with organisations to provide essential skills-development for future employment and/or education in preparation for living independently, finding work and becoming self-sustaining.

◆ Self-discovery and Development Tools

A core part of independence is identity. Our programme integrates volunteer-led self-discovery sessions chosen by the victims. This can range from book-clubs to baking to gardening.

Our values

Restoration

MSHT strips away an individual's humanity so that they can be commodified, we want to restore this by ensuring victims are given the support they need, the dignity they deserve and the freedom and self-determination they are entitled. Many survivors of MSHT have endured unimaginable hardships. We want to restore their, faith, hope and trust in people.

Justice

Human Rights are at the core of what we do. We believe in the inherent and inalienable right to liberty, dignity and self-determination. We strive to uphold these principles and realise them in the lives of the victims that come into our care.

Compassion and Care

We aim to empower victims of MSHT to move past their trauma and become survivors. We want to provide a safe and understanding environment that fosters stability and recovery.

Collaboration

We serve a mission that is bigger than us and we recognise that we cannot do this work alone. We encourage engagement with our local community and actively pursue collaborations and partnerships to further our mission.

Opportunity

We want to give opportunities for development to people through working with us, whether through volunteerism or employment, as well as the opportunity for a fresh start for those we support.

Agape Love

Agape love is defined as the love that comes from God for all mankind. It is the premise that every person, irrespective of their culture, class, creed or colour is loved and embraced. While we are not a proselytising organisation, we are founded on the values taught by Jesus to show care and compassion for the vulnerable in a practical way

Charity Details

Charity Number	1195771
Registration Date	9 September 2021
Registered Address	The Strongtower Foundation 3rd Floor 86-90 Paul Street London EC2A 4NE

Board of Trustees

Nathan King	Chair	Appointed 09 September 2021
Lauren Romanish	Trustee	Appointed 29 February 2024
Christopher Rose	Trustee	Appointed 08 April 2024
Samantha Betz	Trustee	Appointed 10 September 2024

Secretary

Adetola Okunuga	Non-voting Administrator	Appointed 01 July 2023
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Key Management

Rachael King	Chief Executive Officer & Founder	Appointed 09 September 2021
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Advisors

Bank	Co-Operative Bank 1 Balloon Street, Manchester M60 4EP
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Financial Review

Financial Performance

During the year, the charity generated £19,302 in total income, primarily from corporate donations.

Key financial highlights include:

• Donations:	£19,122
• Housing-related costs:	£25,170
• Office costs:	£288
• Other operating expenditure:	£364
• Total expenditure:	£25,822
• Net deficit for the year:	£6,700

Reserves Policy

STF aims to maintain adequate reserves to ensure financial stability and sustainability. The charity's financial position remains strong, with sufficient funds available for operational continuity.

Principal Funding Sources

Our primary funding sources include grants from organisations such as the Big Lottery Fund and individual donations. We continue to seek diverse funding opportunities to support and expand our work.

Plans for Future Periods

Looking ahead, STF plans to:

- Expand its Safe Housing Programme to support more survivors.
- Strengthen partnerships with organisations to enhance education and employability opportunities.
- Increase volunteer engagement and training to improve service delivery.
- Develop additional funding streams to sustain long-term operations.

Statement of Financial Activities

Statement of financial activities (SOFA) for the year ended 31 May 2024

(Including Income & Expenditure Account)

Notes	Total 2024 (£)	Total 2023 (£)
Income from:		
Donations - corporations	18,000	-
Donations - individuals	1,122	90
Grant income	-	10,500
Total income	19,122	10,590
Expenditure on:		
Housing-related costs	25,170	-
Office costs	288	288
Other operating expenses	364	136
Total expenditure	25,822	424
Net movement in funds	- 6,700	10,166
Fund balances at 1 June	11,316	1,151
Fund balances at 31 May	4,616	11,316

All income earned and expenditure incurred for the year forms part of unrestricted funds.

Balance Sheet

Balance sheet as at 31 May 2024

Notes	2024 (£)	2023 (£)
Current assets		
Cash at bank and in hand	4,616	11,136
Creditors: amounts falling due within one year	-	-
Net current assets	4,616	11,136
Total net assets	4,616	11,136
Funds		
Unrestricted funds	4,616	11,136
Restricted funds	-	-
Total charity funds	4,616	11,136

Accounting Policies

Basis of Preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) and applicable UK accounting standards.

Recognition of Income and Expenditure

Income is recognised when receivable, and expenditure is accounted for on an accrual basis.

Fund Accounting

Funds are classified as restricted or unrestricted, with restrictions applied to specific grants and donations.

Valuation of Fixed Assets

Fixed assets are recorded at cost and depreciated over their useful economic lives, where applicable.

The charity does not currently hold any fixed assets.

Income Analysis

Breakdown of Major Income Sources

- | | |
|-----------------------------|---------|
| • Donations - corporations: | £18,000 |
| • Donations - individuals: | £1,122 |

Expenditure Analysis

Allocation of Expenditure Across Categories

- | | |
|--------------------------------|---------|
| • Housing-related costs: | £25,170 |
| • Office costs: | £288 |
| • Other operating expenditure: | £364 |

Staff Costs & Trustee Remuneration

Number of Employees and Payroll Costs

The charity operates entirely with volunteers and has no paid employees.

Disclosure of Any Payments to Trustees

No trustees received any remuneration or benefits during the financial year.

Funds Movement

Changes in Restricted and Unrestricted Funds

- Net Movement (deficit) in Funds: £6,700

All income earned and expenditure incurred for the year forms part of unrestricted funds.

Related Party Transactions

No related party transactions were reported during the financial year.

Approved by the Board of Trustees on 27 March 2025

Signed on behalf of the Trustees:

N.King

Nathan King (Chairperson)

Samantha Betz

Samantha Betz (Treasurer)