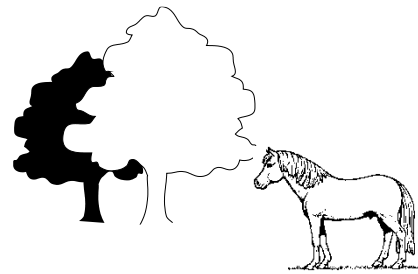


GREENWOOD RIDING FOR THE DISABLED ASSOCIATION
(incorporating Carriage Driving) (a CIO)
Registered Charity No. 1195708
Activities based at EASTFIELD FARM - King's Clipstone
Exercise, Therapy, Fun, through Horse-Riding

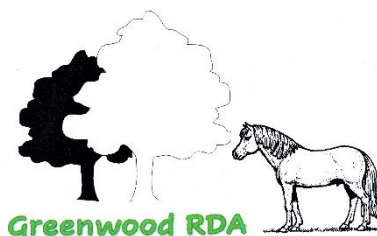


Report & Year-End Accounts

- April 2022 to
March 2023

www.greenwoodrda.org.uk

Presented to the 2023 AGM



A Member
Group of
RDA  It's what you *can*
do that counts

www.rda.org.uk

www.northmidlandsrda.org.uk

Registered with the Charity Commission as number 1195708, **GREENWOOD RIDING FOR THE DISABLED ASSOCIATION** incorporating Carriage Driving is an independent Charitable Incorporated Organisation responsible for its own management and for raising its own finances. Inaugurated in September 2021, the CIO format replaced Registered Charity Woodside Farm Stables RDA. All is achieved through the goodwill of our wonderful volunteers. Our aims, through good management, and prudent use of resources are:

Exercise, Therapy, Fun through Horse-Riding

AIMS AND OBJECTIVES

To promote the objectives of Riding for the Disabled Association, incorporating carriage driving, by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and well-being in the North Midlands.

We aim to make horse riding available to children and young people whatever their physical, sensory, or learning impairment and whatever their financial circumstances. The charitable need thus addressed encompasses each individual rider's family; social circle; and extends to their peer groups. **Public Benefit Statement:** The Trustees confirm that they have complied with their duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

WHERE?

EASTFIELD FARM, KING'S CLIPSTONE
NG21 9JJ

PRINCIPAL CONTACT:

Mrs. W. A. Pritchett
Trustee, Treasurer, Secretary
Greenwood RDA, 7 Robin Down Lane,
Mansfield, Notts. NG18 4SP

☎ 01623 627974

✉ greenwoodrda@gmail.com

WHEN? Primarily Wednesday mornings and Saturday mornings

Volunteer Helpers are always needed, either to help with riding sessions; stable/field tasks; looking after the horses; or as part of the management team. Please contact the Secretary if you would like more information about joining us.

Your Charity Team – all Volunteers

Chair of Trustees	Christine Bagguley
Vice-Chair of Trustees:	Elaine Pearson
Trustee/Treasurer/Secretary	Winifred Pritchett
RDA Group Coach	Winifred Pritchett
Coach in Training status	Ayla Johnson
Safeguarding Officers	Christine Bagguley Winifred Pritchett

Supported by our trained and dedicated team of Volunteer helpers

ON THE FARM

Farm Proprietor: Mr Philip Wilson
Livery Yard Manager: Miss Ayla Johnson
Farmer: Stef Burton

INDEPENDENT EXAMINER

John O'Brien,
Employee of Community Accounting Plus,
Units 1 & 2 North West,
41 Talbot Street, Nottingham, NG1 5GL

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COVER PICTURE: Shane tries
out Suzie for the first time.

THIS CHARITY BELIEVES IN THE SOCIAL MODEL OF DISABILITY

HISTORY: 2023 marks 52 years of providing horse riding for disabled youngsters. And 25 years in charity format. Some of our volunteers have been there from the beginning!



1971 → the start of it all at Woodside Farm Stables, Rainworth, Notts courtesy of Jack and Anita Parker. The Mansfield & District RDA group evolved into the Woodside Farm Stables RDA and became full members of RDA UK in June 1986.

1998 → Charity Changes: saw the formation of individual Charities. Woodside Farm Stables Riding for the Disabled Charity 1074298, born in November 1998, continued to help disabled youngsters until Summer 2019.

In Memory of Mrs Anita Parker, BEM 1929 - 2023

November 2019 → the Charity relocated to Eastfield Farm at King's Clipstone where the future and potential for development looked bright. All set to re-start activities on 1st April 2020, plans were halted by the coronavirus lockdown. A huge disappointment for riders and a consequent loss of revenue from riding donations. The Charity was particularly grateful for support from Sir John Eastwood Foundation towards relocation and development costs, and the Thomas Farr Charity to help us through the crisis.

APRIL 2020 and Beyond → Being secure financially was not enough. We developed an ongoing recruitment and training programme for volunteers willing to commit to Charity management roles as well as being involved with the horses and riders - vital for our succession planning.



View from the top of the farm lane towards the remains of King John's Palace

SEPTEMBER 2021 → With an eye on future security to encourage recruitment of Trustees the charity transitioned to a Charitable Incorporated Organisation under the name of GREENWOOD RDA registration number 1195708 and inaugurated on the 3rd of that month. Challenges were legion involving banking protocols during lockdown. All became resolved by March 2022 leaving the Charity Trustees free to concentrate on development and training.

ONGOING – Recruitment of volunteers to help with sessions to support expansion; those who can commit to extended training, particularly as Coaches, and candidates to join the Trustee team to manage the Charity. *Please get in touch if you feel inspired to help.*

HOW DOES HORSE-RIDING HELP?

Exercise is important for the development and maintenance of a healthy body and mind. An inability to move muscles and joints impaired through disability or trauma has consequences for otherwise healthy body parts. The impact of many disabilities or remedial medication may mean that individuals cannot cope with the noise or excitement associated with most competitive sports. Horse riding offers an alternative.

Horse riding provides exercise in 3 ways:

- Balance
- Co-ordination
- Movement

Riders can be independent and in charge for a change – thus decision-making skills are developed

Social and communication skills are developed, with both horse and helpers

The rhythmic movement of the horse is soothing for riders with otherwise hyperactive conditions

Those who are wheelchair bound can for once rise head and shoulders above everyone else → it is liberating

It is a physical, sensory and social experience

Develops confidence

Promotes self-discipline

Improves self-image

Riders benefit from the opportunity to distribute care [to the horse] rather than always receiving it.

Lessons can be designed to deliver most areas of the National Curriculum

It teaches new skills and requires active involvement

Riding stimulates the parts other forms of exercise cannot reach – a majority of our riders cannot take exercise in any other way

Physiotherapists have demonstrated that a walking horse delivers 1000 movements every 10 minutes. The rider absorbs and responds to those movements

Riding is a recognised competitive sport but can be enjoyed at many levels

But most of all it is FUN - IT'S THE HORSE THAT MAKES THE DIFFERENCE

A REVIEW OF OUR ACTIVITIES

The primary goal of this Charity is the therapeutic benefit of horse riding, much of which may not be apparent even to those who are familiar with horses. Therapy is delivered using the horse, without the rider (or spectators) being aware that this is happening. This is a huge bonus especially for those disabled individuals who have become accustomed to attending clinical appointments where procedures are done to them requiring only passive participation. We have ambitious long-term plans aimed at expanding the experiences we can offer with younger volunteers embarking on the RDA Coaching Pathway.

We have a strong self-help element in our operation. We are serious about safeguarding. Volunteers are fully DBS checked to enhanced level. Parents/carers of riding clients can enrol if they wish and are trained as volunteers, to ensure we have sufficient people involved with activities to meet robust health and safety standards

Statistics are maintained throughout each year which determine the level of our membership fee paid to RDA UK based on the number of rides delivered. This covers insurance as well as access to other membership benefits including regulation of coaching standards via the Coaching Pathway.

This last year has been severely affected not only by lockdown and Covid restrictions but particularly by key volunteers needing to prioritise family caring commitments. Normally, numbers do fluctuate throughout the year and with the seasons. The lack of an indoor facility for riding or other activities means that we are at the mercy of the weather, but we have long-term plans in mind. The team has met challenges beyond their control with their usual resilience, boosted by generous support and spontaneous acts of kindness from some unexpected sources. Yet again the commitment has been impressive.

So, THANK-YOU to:

- Ron Brooks, Toyota, Mansfield – for access to a computer in a crisis
- Victor Pogson Photography & Printing Services – for de-fogging our team photo
- Sarah – from Sherwood IT for help with our new website www.greenwoodrda.org.uk
- And to Farmer Stef for help with tasks around the farm and joining in the facepainting fun.



We finally managed to get most of the Wednesday and Saturday teams together for a group photo, but the weather on the day was not kind.

SAD GOODBYES AND NEW BEGINNINGS

We all felt immensely sad over the loss, in February, of Legend who belonged to our Chair of Trustees, Chris Bagguley. He played his part in RDA for a long time, being the key horse used for the practical side of training in the Hippotherapy qualifications achieved by our qualified physiotherapist volunteer at the time, Nicola Jenkinson, whilst we were still at Woodside Farm. This qualification was a new initiative in the UK when Woodside RDA became involved, and Legend pioneered the pathway.

Legend was one of the firm favourites at Eastfield Farm, although in view of his advanced age he was used for only one rider. Aptly named, we have been privileged in being able to count a true legend as a member of our equine team and are very grateful to Chris for giving us that opportunity.



Right, Legend meets Darkie for the first time at Woodside, and below in his field at Eastfield Farm at almost 30 years of age.



Suzie joined us in December 2022, and in March the farm welcomed Wanda, born to Ayla's mare Cleo.



No lambs on the farm this year but March also saw the arrival of a billy-goat kid named Brian.



OUR CLIENTS COMMENT and VOLUNTEERS SHARE THEIR VIEWS: Discussions with Riders/their Parents or Carers/and our Volunteers form part of our ongoing evaluation process. This helps the RDA Coach to plan each session to suit the individual rider and their personal challenges.

From Parents delighted with progress:

"I'm writing this email to tell you that our son has been wonderful with Darkie over these past weeks.

The team are doing such a great job that currently, he can ride comfortably, respond to instructions, talk to Darkie and even do trots 😊

It has been nearly 13 months since his first ride and his improvement is astonishing! Sometimes I feel we might be able to prepare him for the Olympics 😊.

Every little progress he has achieved is pure joy that lifts our spirits up to the sky and beyond. Each and every member of the team has added to this progress, and you were the first to embrace our son and support him. This will be forever appreciated.

I wish you all the best in the world. 🤗."

Email from the parents of one young rider:

"... you all do an amazing job and the commitment by the team, which you have is amazing. Much love and thanks to you and the team 😊
Kind regards"

On the waiting list:

I have just read your booklet and I am so pleased I have come across Eastfield Farm. I can't wait for my children to be part of the experience you have to offer.

I would love to be part of your volunteering team, to help other people and of course to help you all. Without you, families wouldn't have access to something so wonderful! My Mum has also got disabilities but is willing to help as and when needed.

Conversation with Rider A's Mum and Dad

Benefits for A were described as follows:

There was usually a build-up of anxiety prior to coming to the farm but this was normal for A. and parents said that after the session she was calmer. Mum felt that consistency was very important and what was also helpful was A seeing that there was at least one familiar face in her session. Mum said her daughter needs a lot of movement and trotting gives her positive sensory feedback which is important for her functioning. Mum and Dad felt that riding was very important for A as this was

something she could achieve – what was asked of her was achievable and this was everything.

Benefits for parents:

Mum said that she appreciated the opportunity to meet up with other parents – great to chat with other people – and laugh! "Being here is respite for parents". Mum said that in the school holidays particularly, riding was the only respite she had.

Young Rider W. Benefits described as follows:

Mum felt that riding brought W out of her shell. Normally she would not initiate conversation but is more comfortable at the farm and enjoys chatting with the other riders. Mum said that W finds change difficult but here she knows the volunteers; they tend to be the same volunteers, and this helps her. Mum spoke about her daughter's physical health mentioning low muscle tone and said she felt that riding was stopping this getting any worse. Mum said that riding helps with her lower back and strengthens her core muscles. Although riding was a physical activity W finds it calming and she is generally happier and more relaxed as a result of the session.

Benefits for parent/carer:

Mum thought it was good to be able to speak to other parents and share information. She gave an example that she had been helped with information about respite and other matters. Mum described coming to the group as it "feeling like a family".

Benefits for R were described by Mum as follows:

Mum said that riding was the best thing that R does. She has great support from volunteers, and this helps her to focus and concentrate. Normally R's functioning skills are quite poor but here (in the session) she is really good at focusing and listening and there is an improvement in her motor skills. She feels comfortable here. R has other activities but gets more out of riding than anything else she does. Mum said that this was due to the skill of the volunteers and the fact that they know R. very well. "We have been coming a long time." R does not show any bad behaviours during riding, and she knows she is good at something. "This is her thing" and it was also good for her to be caring for the horse.

Benefits for R's parent/carer:

Mum said that she loves coming to the group; people are non-judgemental and empathic. As a parent she feels she has 'no need to explain'. She likes to chat with other parents as everyone 'understands'. The fresh air is good for them both.

A rider since April 2018

Benefits for S were described by Dad M as follows:

M felt that riding helped S with focusing and listening and talking. All of these were difficult for S most of the time. M said that S looked forward to riding and loved the cantering! Generally, S was calmer and more relaxed after his riding session.

When S. was asked what he liked about riding he said "Its good".

Benefits for parent/carer:

M said he enjoyed the farm atmosphere - he had worked on a farm as a teenager, and he enjoyed being on a farm again. He enjoyed chatting to the volunteers and welcomed the friendship he found when he came to us. He felt that the whole thing improved his mental health and well-being.

Mum described benefits for M as follows:

Mum felt that riding was confidence building for M and it encouraged her to talk to new people. M looked forward to the activity and, regarding M's physical health, she felt that riding helped to build M's stomach muscles and in turn this built core strength and compensated for any weakness in her upper limbs.

Benefits for parent/carer:

Mum described being really pleased that her daughter has a hobby that she enjoys - "I'm happy she is happy". Mum felt it was good for M to be away from 'screens' and to be chatting happily with others. Mum also felt there was a particular benefit for herself in talking with other parents and sharing experiences.

In describing benefits for T Mum said

Riding helps T's mood and emotions for the rest of the day. She looks forward to it all week, talks about horses all the time and this is helping to improve her conversation. T is not very active normally, so riding is getting her out of the house and helping her physical health. Riding is also her only activity; other activities have not worked - which has been very difficult.

Benefits for parent/carer:

Mum spoke about the benefits for her own mental health. "Even though my child hasn't been able to do anything else, she can do riding. It makes me feel I have a normal child". She said that the riding was "something nice to share with my child. I thought I would never be able to do that". Mum added that she hopes we (the charity) go on for a long time. Without the riding she has nothing as T cannot cope with anything else.

Benefits for rider C were described by Dad:

Dad said that getting C out and away from home was generally difficult as his daughter finds it hard to mix with other people. This environment is not peer driven, so she is not having to compete with others of similar age. Dad thought that the different age groups also made it easier for C to talk to other children and in the session, she is noticeably more outgoing. This improvement continues after the session: "C is better at home when she has visited the yard - she is more outgoing".

Benefits for Parents:

Dad said that "they felt better as C is doing something she clearly enjoys and this in turn improves her parents' mood".

From one of our younger volunteers:

"The RDA has increased my skills and confidence at working with and communicating with young people and adults. It's been enjoyable and I can use these skills in my future career. It has also increased my ability to work independently and as a team, taught me to organise myself (planning and prep of jobs required and getting them done on time) and prioritise tasks. I feel valued and appreciated, which has increased my belief in myself. Thank you



Also, as her parents, we've seen a massive increase in her confidence at talking to others, putting herself forward and trying new things. She's hates getting up early but surprises us with enthusiasm and chats about her experiences after being there. Thank you all for your support. It's been massively beneficial to our daughter.

And Finally:

From the perspective of one long-term Volunteer:

Having been a volunteer with RDA for a very long time, fulfilling a variety of different roles, I am aware that several of my colleagues value their involvement as respite from caring commitments at home. I can empathise with that need, especially during the past few years where full-time personal care for my husband has been stressful followed by eventual bereavement. That period in my life has been traumatic, physically, and emotionally draining. Respite in volunteering with RDA has deflected the

focus of loss and I feel it has grounded my mental health in the reality of the incredible improvement that horse-riding can bring to the challenges faced by our young riders. That experience coupled with the support received from my volunteering “family” has gone a long way towards inspiring hope for the years ahead.

A full information pack about Volunteering or Riding with Greenwood RDA can be obtained by contacting our Secretary, Winifred Pritchett (contact details on page 2)

PLANS FOR THE FUTURE

Having faced and survived multiple challenges which have threatened the Charity since the Summer of 2019, we are grateful that we have a future to plan for. But we are adaptable, and good at it.

As always, inspired by the benefits our riders so obviously derive from their contact with our ponies, we have lots of plans, some more immediate than others.

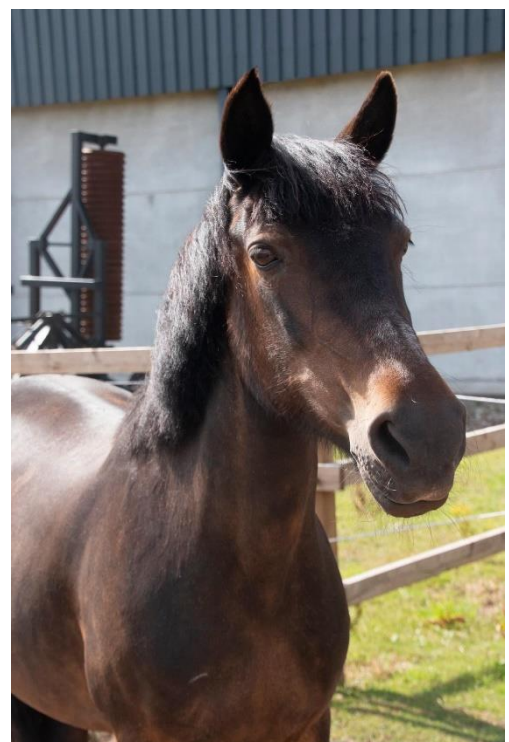
We already have an ongoing recruitment drive for more volunteers. Sufficient help is critical so we can manage our waiting lists and allow the current core team some respite. We need to entice more of the younger generation to get involved and reduce that average age. Recruitment is also aimed at new Trustees. Responsibility for governance currently falls on the few. It is essential to engage committed Trustees who can take the charity forward.

Our ponies are not getting any younger. We need to plan for their retirement and to find that ideal RDA horse who can cope with heavier weights. The necessary combination of temperament, conformation and fitness in an ideal horse is rare. All the resources must be in place to enable us to commit as soon as we find it, including the funds to purchase and feed it. Many youngsters with disabilities ride heavier than their scale weight because of asymmetrical balance issues, and that must be considered to ensure the welfare of any horse. And not forgetting existing clients, who grow.

We would eventually like to build an indoor riding area so we don't have to cancel sessions in bad weather and to create an indoor activity facility which can double as a training room cum office for the charity. The farm is supportive of these aspirations.



PHOTO GALLERY year ending 2023



Bath time for Pride and clean all over.

Above Darkie looking brightly.

A tack cleaning session, supervised by canine companions, Freya and Kevin



First day of volunteering for Yasmin – with Coach Winifred



Matching ponytails



FINANCIAL REPORT – about Money and other Resources

Again, challenges galore – we are developing a reputation for adaptability and being able to cope. We could do none of it without the commitment of our team of Volunteers and the generosity of people who believe in what we do. THANK-YOU ONE AND ALL

This report covers the first full year of operation as Greenwood RDA (CIO). Some events transcend the barriers of the financial year, so for reasons of topicality, we are reporting on activities up to our Annual General Meeting.

Each year more than 90% of our expenditure goes directly on horse care, therefore any donations which can be used towards their care and keep are doubly valuable.

We know how to have fun when fundraising. Our Jubilee Event in June 2022 was the first of its kind. It was ably organised by former Volunteer and probationary RDA Coach, Tammy Bevan and raised £501.50. Tammy is no longer with us, but the idea has become an annual event. **The 2023 Summer Fair** was driven by volunteers led by Yvonne Shucksmith helped by husband David. We had some wonderful donations in the form of cakes; books; face painting; bric-a-brac; raffle prizes; etc. Particular thanks go to **Noble Foods Ltd.** of Belle Eau Park, Bilsthorpe, for providing lots of goodies for the stalls. And to Face-Painter Blain. Everyone excelled themselves and we raised £1045.08.

Volunteers Patty and Linda dressed to impress



Farmer Stef in Shrek mode – a new meaning for greener farming?





Most organisations have felt the effect of Covid-19 and Lockdown - not just on health and on businesses, but the impact on the not-for-profit sector's ability to deliver services has been devastating. Closure has been on the horizon for many.

RDA UK collaborated with Sport England to help individual RDA Charities combat those challenges over the past 2 years. The time has been stressful, tough on the people trying to cope and has severely restricted opportunities to raise sufficient funds to keep services going.

Greenwood RDA in Nottinghamshire was one such Charity affected. Formerly Woodside Farm Stables RDA, the Charity had recently relocated to Eastfield Farm, King's Clipstone when lockdown struck. A host of new volunteers had been recruited with expansion in mind, only to be discouraged when the charity could not harness their enthusiasm to get started.

Our horses still needed to be fed and cared for, whether working or not. We wanted them to be fit and well and ready to start again, as soon as restrictions allowed. Our problems were further



influenced by key experienced volunteers needing to prioritise personal family care commitments. All this limited our ability to deliver riding sessions safely. Our disabled riders lost out on their essential exercise and therapy. Interest in what we could offer was growing and we were obliged to manage a waiting list. But costs were increasing whilst income was down. The future did not look bright until Sport England and RDA via the Together Fund answered our plea for help from their Hardship Fund. Their grant of £9,698.50 averted closure and ensured operating costs from April to end July giving a much needed breathing space.



Hope was rekindled for youngsters such as these two young ladies who received certificates and rosettes for achieving personal goals. Our Coaches are creative in the sessions they plan and can work with schools to include most areas of the national curriculum. These two had fun and games recently involving mathematics on horseback.

The good news is that since end March, riding opportunities delivered have increased by 75%. This has stabilised to 67%. This despite adverse weather, shortage of sprightly volunteers and especially Coaches. With a full complement of volunteers, we can do more.



Thank-you as always for the help and advice from the **Nottinghamshire Community Foundation** in a climate of change which has felt particularly stressful.

We continue to receive significant support via an annual grant from Sir John Eastwood Foundation, a reliable representation of their confidence in what we continue to achieve.

Very timely grant aid support was appreciated this year and is shown separately within the accounts from:

- J. N. Derbyshire Trust;
- Amy's Fund;
- Children's Charity Shop in Sutton-in-Ashfield.

Local businesses were also supportive with donations:

- Walker & Son (Hauliers) Ltd. of Tuxford gave £500
- a surprise and very welcome donation of £100 was received from Vertu Honda, Mansfield. (Thank-you to Jed and the team)

And we always appreciate the amazing collection of small change; those donors who wish to remain anonymous, (you know who you are) and our riders and relatives for their continuing donations. We remain forever grateful for your faith that we will put your money to good use.

Ongoing during 2023 is a wonderful fundraising campaign undertaken by the NHS Research Delivery Team who have been raising funds for Greenwood RDA to help with our running and other costs. Members are attempting to run; walk; ride; row; swim 20,000 miles during 2023 with sponsorship collected via their own JustGiving page. https://www.justgiving.com/page/researchdelivery-greenwoodrfd-1678224125785?utm_source=sms&utm_medium=one_page&utm_content=page/researchdelivery-greenwoodrfd-1678224125785&utm_campaign=pfp-sms&utm_term=96a6df904e7448a8854a8f33059bdfc1

Inspired by this we have set up our own page on JustGiving so please do share the link in the box with your friends and family.



Support comes in all shapes and sizes – not only from direct fundraising We could not function without the unstinting commitment of our regular Volunteers who turn up in all weathers to help look after the horses. The core team of Volunteers continues to commit to a phenomenal number of hours each week, over and above what is expected. As one volunteer said: "If I didn't enjoy it, I wouldn't be here".

Reclaimed Gift Aid remains a significant part of our income - £901.16 during the financial year under report and has already reached £800 to be claimed this year. So, if you do pay tax to HMRC and have not assigned your Gift Aid elsewhere, please remember us by completing a declaration for your donations. The money is "reclaimed" from the amount of tax you already pay and will cost you nothing extra. We appreciate that not everyone can sign up for this but THANK YOU to those who do. [form available from Winifred on request]

A huge THANK-YOU to all our long-term supporters for standing by us in troubled times:

- Anonymous individuals who have not only donated significant amounts but also have Gift-Aided those donations.
- Andy Welch, our Farrier, for his continued support in shoeing the horses.
- And not forgetting long-term supporter Glynn and others who have accumulated their small change – it all adds up.
- And to EVERYONE who worked so hard to make our Summer Fair such a huge success (proceeds of £1045.08 will show in the next financial year).



We are recruiting new volunteers and not just for horse-related tasks. If you would like to help, enjoy fresh air and exercise and you have some free time please phone Winifred on 01623 627974 for an informal chat to find out more. Or email greenwoodrda@gmail.com

It helps if you know something about horses, but we will introduce you if not. If you are inspired to help with Charity management tasks, horse knowledge does not matter, and time can be flexed to suit. All ages are welcome, but you must be at least 14 years of age to help with the horses and riders: at least 16 years of age to become a Trustee of the new CIO. There is no upper age limit !

www.greenwoodrda.org.uk

FINANCIAL PLANNING

RESERVES POLICY: The Charity TRUSTEES have a duty of care to the ponies, who are regarded as part of the overall family and not just work-horses. Once they reach that certain age and either retire or take on lighter work, they still need as much care as when in full work, until inevitable decisions must be made. Horses are living assets and deserve our consideration and compassion. Our Reserves Policy towards this end has proved its worth over the years and especially throughout the Coronavirus crisis.

Reserves must be in place to care for all our horses should funding fail. The amount is calculated on 1 year's costs to give a breathing space for alternative arrangements to be made for the horses, or for additional funding to be secured. Planning to ensure that all our essential costs towards the health and wellbeing of our horses can be met means that we can continue to sponsor the disabled young people who ride with us each week. The Trustees are also responsible for ensuring that any restrictions placed on the funds donated to us are fully observed. We prioritise horse care. If we have a vision for progress but no supporting funding, then we wait to implement plans until enough resources are in place. These responsibilities are reflected in the figures for the ALLOCATION OF RESERVES which Trustees review annually, and which are set out below.

STATEMENT ON RESERVES - Bank and Cash

We are always working towards having sufficient funds in reserve to ensure the feed and keep of our horses; replacing ponies due to retire; and setting aside sufficient care funds for ponies no longer working, so have no free reserves.

RDA Membership & Insurance	480	
Restricted Contingency Reserves		
Horses' keep @ £1647 p.c.m. x 12	19,764	
Farrier for the year ahead	1,000	
Worm Count Programme	500	
Emergency Veterinary contingency	2,600	24,344
Restricted Grant money for specifics		
New Horse RDA/PPL	3,500	3,500
TOTAL BUDGETED FOR PURPOSE		27,844
SHORTFALL	-8744	
Free Reserves	0.00	
TOTAL	£19,100	

Further support from the Sir John Eastwood Foundation is promised

GENERAL DONATIONS are accepted by this Charity always on the strict understanding that the money will be used solely for the benefit of the Charity as designated by the Trustees. We are registered for Gift Aid with HMRC. Our Grant Funders expect that any residual amounts not spent for purpose shall be returned and our accounting processes reflect that requirement. We have no FREE RESERVES.

The Charity in its new format continues to be committed to clear integrity in all its activities, particularly in how we use the money you donate.

In support of this declaration of intent the Charity has retained registration with the FUNDRAISING REGULATOR and is guided by the Code of Fundraising Practice which can be viewed in full on the FR website.

<https://www.fundraisingregulator.org.uk/code/new-code-october-2019>



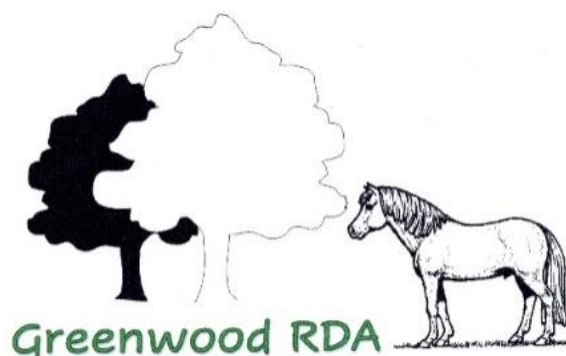
POLICIES and NETWORKING

In addition to the above Reserves Policy, the Charity has operating policies on a comprehensive range of topics, including Equal Opportunities, and Safeguarding, and an ongoing programme to ensure all are reviewed regularly.

This Charity has networking links with local Councils for Voluntary Services and the wider Voluntary Sector in Nottinghamshire. We are members of the NCVO; and are also registered for Gift Aid.

Greenwood is affiliated to the Riding for the Disabled Association incorporating Carriage Driving, which is registered under Charity No. 244108 and a Company Limited by Guarantee No. 5010395. Their current President is H.R.H. The Princess Royal, KG, KT, GCVO, QSO

Some news items in the report have been included because of their topicality. They may have breached the year-end date-line but are considered more relevant to this report than the next one. The resulting income or expenditure may well appear in next year's accounts having been received or spent after the end of the accounting period.



THANK-YOU to all our SUPPORTERS
To everyone who has applied
GiftAid to their donations
And to our amazing team of
committed VOLUNTEERS

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JustGiving

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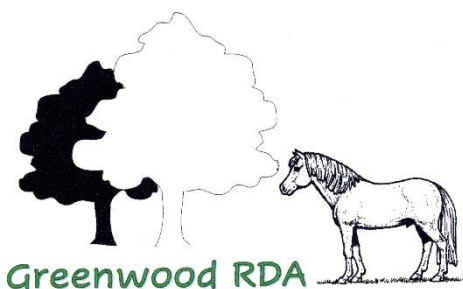
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Signed on behalf of the Charity Trustees

W. A. Pritchett

W. A. Pritchett, Trustee/Treasurer/Secretary 13/12/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Greenwood Riding for the Disabled Association incorporating Carriage Driving (a CIO) Registered Charity No. 1195708 – for the year ended 31st March 2023.

I report to the trustees on my examination of the accounts of Greenwood Riding for The Disabled Association for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  Date: 05/01/2024

John O'Brien MSc, FCCA, FCIE
Employee of Community Accounting Plus

**GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving
(CIO) Registered Charity 1195708**

Receipts & payments accounts for the year ended 31st March 2023

7 Months - 1st Sept 2021 to 31st March 2022		Notes	TOTAL RESTRICTED
	Receipts		
0	Bank Interest		0
18	Fundraising: raffles; boxes; change; easyfundraising		1712
0	Gift Aid: HMRC reclaimed		901
8057	Grants & donations	2	26487
<u>8075</u>	Total receipts		<u>29100</u>
	Payments		
287	Equipment		1596
635	Farrier		900
0	Fundraising costs		60
15	Health Safety Hygiene		0
95	Horse Hire/ Transport costs		107
9880	Livery Eastfield 7 months (inclusive charge)		15731
238	Printing, Postage, Stationery, Computer Supplies		307
85	Repairs & Maintenance (saddles)		61
96	Subscriptions, Web Site, Localgiving		230
48	Supplementary Feed		29
0	Training Costs (First Aid)		110
795	Veterinary, Dentist, Physio, Wormers, Clipping		2123
144	Volunteer Travel Expenses		620
74	Volunteer Support (inc. DBS Checks)		155
0	RDA Membership Fees		230
0	RDA Insurance		230
<u>12392</u>	Total payments		<u>22490</u>
(4316)	NET receipts/ (payments)		6610
<u>16807</u>	Cash funds at the start of this period		<u>12490</u>
<u>12490</u>	Cash funds at the end of this period		<u>19100</u>

GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving (CIO)
Registered Charity 1195708

Statement of assets and liabilities at 31st March 2023

7 months - 1st Sept 2021 to 31st March 2022				
£	Cash Assets		Note	2023
				£
12490	Total bank and cash balances			19100
12490				19100
	Assets			
	No assets were purchased during the year costing more than £500			
	Liabilities			
0	Creditor	4		(420)
0				(420)

These financial statements are accepted on behalf of the charity by:

Signed

W. A. Pritchett

Date 05/01/2024

Greenwood RDA Trustee/Treasurer/Secretary

Notes to the Accounts

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Restricted Total £
Anonymous/General/Farrier disc. (inc. Gift Aided)	3,008
Sir John Eastwood Foundation	5,000
Together Fund: Sport England/RDA	9,699
J. N. Derbyshire Trust	2,000
Amy's Fund	3,705
Children's Charity Shop	1,000
Riding Donations	2,075
	<u>26,487</u>

3. Fund analysis

	Opening balance £	Receipts £	(Payments) £	Closing balance £
Restricted funds				
Greenwood Riding for the Disabled	8,990	29,100	22,490	15,600
Purchase of a horse	3,500	-	-	3,500
	<u>12,490</u>	<u>29,100</u>	<u>22,490</u>	<u>19,100</u>
Unrestricted funds				
General	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

The specific purposes for which the funds are to be applied are as follows:

Greenwood Riding for the Disabled - All funds received are to fund the running costs of Greenwood Riding for the Disabled in Nottinghamshire.

Purchase of a horse - Funds received to purchase a horse before the end of 2024.

4. Creditors

£

Independent examination fee (420)

5. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period

6. Premises and staff

The Charity is a Livery client at Eastfield Farm (a family-owned working farm). Currently responsible for 4 equines. All Volunteers deployed with no paid employees.

7. Previous Financial Year

Greenwood RDA was inaugurated with the Charity Commission as at 3rd September 2021. The accounts commenced from the beginning of that month. No financial activity between the 1st and 3rd September. The Charity had transitioned to a CIO from Woodside Farm Stables RDA Charity 1074298. There was a period of overlap with actual banks, since Covid prevented Barclays from setting up new accounts. The Charity changed banks to the Co-op, all on-line but Greenwood bank accounts could not be opened until March 2022. Those in the name of Woodside are now closed.

8. Related party transactions

There were no related party transactions in the year.

9. Glossary of Terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.
