

GREENWOOD RIDING FOR THE DISABLED ASSOCIATION INCORPORATING CARRIAGE DRIVING

England & Wales · Charity number 1195708

Details

Other names	GREENWOOD RIDING FOR THE DISABLED ASSOCIATION INCORPORATING CARRIAGE DRIVING (CHARITABLE INCORPORATED ORGANISATION), GREENWOOD RDA
Status	Registered
Legal form	CIO
Registered	2021-09-03
Register	View on the Charity Commission register

Contact

Address	7 Robin Down Lane Mansfield NG18 4SP
Phone	01623627974
Email	studley2022@outlook.com
Website	www.greenwoodrda.org.uk

Activities

Objects: TO PROMOTE THE OBJECTS OF THE RIDING FOR THE DISABLED ASSOCIATION INCORPORATING CARRIAGE DRIVING A CHARITY REGISTERED UNDER CHARITY NUMBER 244108 ("RDA") BY PROVIDING DISABLED PEOPLE WITH THE OPPORTUNITY TO RIDE AND/OR TO CARRIAGE DRIVE TO BENEFIT THEIR HEALTH AND WELL- BEING IN NOTTINGHAMSHIRE (RDA UK NORTH MIDLANDS REGION)

Activities: Exercise, Therapy, Fun by providing disabled children and young people with opportunities to horse-ride or carriage drive to benefit their health and well-being. We aim to make horse-riding available, whatever their physical, sensory, or learning impairment and whatever their financial circumstances. Based in Nottinghamshire.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Recreation
- **Who:** Children/young People, People With Disabilities

Geography

- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£37,691	£28,602	-	-
2024-03-31	£17,218	£26,513	-	-
2023-03-31	£29,100	£22,490	-	-
2022-03-31	£8,075	£12,392	-	-

Trustees

Name	Role	Appointed
Christine Ann Bagguley	Chair	2021-07-28
Elaine Hazel Pearson		2021-07-28
Olivia Hansell Brown		2026-01-31
WINIFRED ANNA PRITCHETT		2021-07-28

Accounts

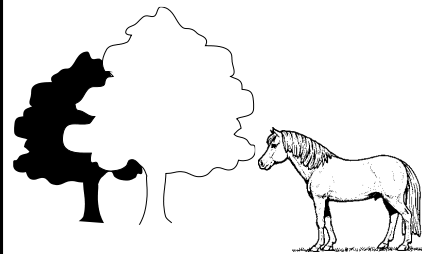
GREENWOOD RIDING FOR THE DISABLED ASSOCIATION

(incorporating Carriage Driving) (a CIO)

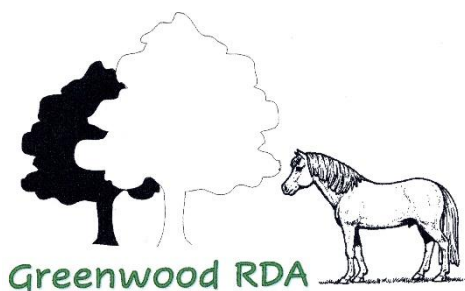
Registered Charity No. 1195708

Activities based at EASTFIELD FARM – King's Clipstone

Exercise, Therapy, Fun through Horse-Riding



As presented to the 2025 AGM



Report & Year-End Accounts

April 2024 to
March 2025

www.greenwoodrda.org.uk

www.rda.org.uk

www.northmidlandsrda.org.uk

Registered with the Charity Commission as number 1195708, GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving is an independent Charitable Incorporated Organisation responsible for its own management and for raising its own finances. Inaugurated in September 2021, the CIO format replaced Registered Charity Woodside Farm Stables RDA. All is achieved through the goodwill of our wonderful volunteers. Our aims, through good management, and prudent use of resources are: *Exercise; Therapy; Fun through Horse-Riding*

AIMS AND OBJECTIVES

To promote the objectives of Riding for the Disabled Association, incorporating carriage driving, by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and well-being in the North Midlands.

We aim to make horse riding available to children and young people whatever their physical, sensory, or learning impairment and whatever their financial circumstances. The charitable need thus addressed encompasses each individual rider's family; social circle; and extends to their peer groups.

Public Benefit Statement: The Trustees confirm that they have complied with their duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

WHERE?
 EASTFIELD FARM, KING'S CLIPSTONE NG21 9JJ
PRINCIPAL CONTACT:
 Mrs. W. A. Pritchett
 Trustee, Treasurer, Secretary
 Greenwood RDA, c/o 7 Robin Down Lane,
 Mansfield, Notts. NG18 4SP
 ☎ 01623 627974
 ✉ greenwoodrda@gmail.com

Your Charity Team – all Volunteers	
Chair of Trustees	Christine Bagguley
Vice-Chair of Trustees:	Elaine Pearson
Trustee/Treasurer/Secretary	Winifred Pritchett
RDA Group Coach	Winifred Pritchett
Coach in Training status	Ayla Johnson
Safeguarding Officers	Christine Bagguley Winifred Pritchett
Supported by our trained and dedicated team of Volunteer helpers	

CONTENTS	Page
History	3
How Does Riding Help	4
Primary Goals + Volunteers	5
A Review of Activities	6
Feedback from Clients	9
Photo Gallery	10-11
Financial Report + Fundraising	13
Plans for the Future	14
Financial Planning & Reserves	14
Policies/Networking	14
Our Supporters	15
Year-End Accounts	16-19

WHEN? Primarily Wednesday mornings and Saturday mornings
 Volunteer Helpers are always needed, either to help with riding sessions; stable/field tasks; looking after the horses; or as part of the management team. Please contact the Secretary if you would like more information about joining us.

ON THE FARM
 Farm Proprietor: Mr Philip Wilson
 Livery Yard Manager: Miss Ayla Johnson
 Farmer: Stef Burton

INDEPENDENT EXAMINER

John O'Brien,
 Employee of Community Accounting Plus,
 Units 1 & 2 North West,
 41 Talbot Street, Nottingham, NG1 5GL

Note: Whilst the accounts go to the financial year-end each March, news items may cover the period between Annual General Meetings to ensure topicality

COVER PICTURE: Synchronised poles. Polly on Pye and Flo riding Tizzy

THIS CHARITY BELIEVES IN THE SOCIAL MODEL OF DISABILITY and strives to match each individual riding client with an experience appropriate to their unique challenges.

HISTORY: By 2025 we will have been providing opportunities for Exercise, Therapy, and Fun through horse-riding for youngsters with disabling challenges for more than 54 years. All is achieved through the goodwill of our Volunteers, some of whom have been there since the beginning.

All started in 1971 at Woodside Farm Stables, Rainworth, Nottinghamshire, the home of Jack and Anita Parker. Mansfield & District RDA as a group evolved into Woodside Farm Stables RDA, becoming full members of RDA UK in June 1986.

In 1998 changes in Charity law meant the formation of individual Charities. Woodside Farm Stables RDA Registered Charity 1074298 was inaugurated in November 1998 and continued until the Summer of 2019.

In November 2019 the Charity relocated to Eastfield Farm in King's Clipstone, with a bright future ahead. The Covid pandemic was a setback. Plans had to be shelved, revenue was lost, and newly recruited volunteers asked to place their commitment on hold. Many keen candidates channelled their energies elsewhere and were lost to RDA. This was a huge disappointment for everyone involved, and at a time when reserves had been depleted by the cost of the move and rehabilitation of horses to their new environment. The Charity will forever be grateful for the annual support of the Sir John Eastwood Foundation; and all those grant making organisations associated with Forever Notts (formerly the Nottinghamshire Community Foundation) which has been a lifeline crucial for the Charity's future.

2020 and beyond: We had a huge waiting list for places, testament to the need for a service such as ours and one available locally. In an attempt to expand and meet the need, we developed an ongoing recruitment and training programme for volunteers in all aspects of horse and charity management. Futureproofing was key as a significant number of our volunteers were reaching or beyond retirement age. Challenges to change were legion, all hampered by lockdown, but in September 2021, in order to support future expansion and to give more protection and thus attract people willing to become Trustees, Woodside Farm Stables RDA converted to Greenwood Riding for the Disabled Association, a Charitable Incorporated Organisation registered with the Charity Commission under number 1195708



Mallow

Wildflowers around the farm



Lady's Bedstraw



Evening Primrose

HOW DOES HORSE RIDING HELP?

A healthy body and mind rely on EXERCISE. An inability to move muscles and joints impaired through disability or trauma has consequences for otherwise healthy body parts. The impact of many disabilities or remedial medication may mean that individuals cannot cope with the noise or excitement associated with most competitive sports. Individuals with disabling conditions are familiar with having things done TO them or FOR them, rarely BY them. Horse riding offers an alternative:

Horse riding provides exercise in 3 ways:

- Balance
- Co-ordination
- Movement

Horse riding teaches new skills and requires active involvement

The experience:

- Promotes self-discipline
- Improves self-image
- Develops confidence

It is a physical, sensory and social experience.

Riders can be independent and in charge for a change – thus stimulating the need to make decisions for themselves.

Physiotherapists have demonstrated that a walking horse delivers 1000 movements every 10 minutes. The rider absorbs and responds to that.

Social and communication skills are developed, with both horse and helpers

The rhythmic movement of the horse is soothing for riders with otherwise hyperactive conditions.

Those who are wheelchair bound can for once rise head and shoulders above everyone else → it is liberating

Riding stimulates the parts other forms of exercise cannot reach – many of our riders cannot take exercise in any other way.

Horse riding is a recognised competitive sport. But it can be enjoyed at many levels

Riders benefit from giving care [to the horse] rather than always receiving it

Lessons can be designed to cover most areas of the National Curriculum

But most of all it is FUN
IT'S THE HORSE THAT MAKES THE DIFFERENCE

OUR PRIMARY GOAL – the therapeutic benefits

These benefits may not be obvious, especially for those who have never ridden and are not familiar with horses. But parents soon become aware of progress and express their delight in improved posture and confidence displayed by their children soon after starting. Fun on a horse is liberating for our young clients and respite from clinical appointments where all is done **to them** or **for them** but never **by them**. The horse is the motive power. Riding stimulates the rider even those parts which cannot function independently. It is especially important to maintain such a service locally. Managing travel arrangements around the needs of a disabled child, perhaps accompanied by siblings, can be stressful and discouraging. No more than a 15 → 20 minute commute is the ideal.

We are serious about safeguarding. Our Volunteers are fully DBS checked to enhanced level, and we encourage parents/carers to become involved. Training is given which helps to ensure sufficient support on any given day to meet our health and safety standards.

We retain **membership of RDA UK (Charity 244108)** for insurance and Coach accreditation purposes. Statistics determine the level of membership we pay them.

OUR VOLUNTEERS are the foundation for what we achieve. Such essential support would not be viable within a commercial employment setting. The strategy is WIN-WIN since volunteers themselves benefit from the joy of being part of our riders' achievements. They embrace exercise with a purpose (with no gym fees!). Involvement can add value to retirement plans; to each volunteer's CV for those seeking employment or further education; and sometimes provide welcome respite from care commitments at home. All can benefit from training opportunities, and teamwork bridges the generation gap,

New recruits welcomed since our last report:



Youngsters are our future. We are always keen to encourage Duke of Edinburgh Volunteers. Pictured here are Olivia (right) who has been with us since August 2021 and is now completing her GOLD award, and Yasmin (shown below helping Evelyn on a very laid-back Tizzy to celebrate her personal achievements). Yasmin has embarked on her DofE BRONZE award



A REVIEW OF OUR ACTIVITIES

We are still at the mercy of the weather since all activities involve the outdoors but hope to change that. Despite seasonal extremes we have managed to accommodate 10 of the riders from our very long waiting list during the period under report. We always have more potential clients than we can cater for.

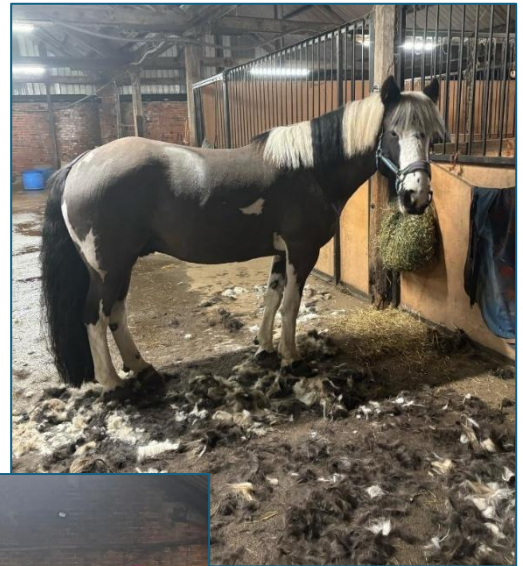


Our horses: New member of the equine team, Pye, arrived in September 2024 – Pye has taken time to settle into his job. Everything is new when a horse moves home – new friends and pecking orders to cope with; an unfamiliar farrier and Vets with vaccinations; worm counts + wormers; strange field companions; not forgetting the dentist - and all with new human carers who might not understand his language.

← Here Pye expressed his displeasure at a temporary change of stable, especially with someone else's name on the door! We still don't know how he did it!



A final indignity: a session with the clippers to get rid of that heavy coat to ensure comfort whilst working. Our thanks to Ayla and Billy for tackling this.



↑ Before
and After →



Warming up ↑
and
starting work ↓

And Pye eventually made us understand that he did not like the conventional RDA way of using a headcollar under bridle – too much clutter around his head. So, we explored options.....



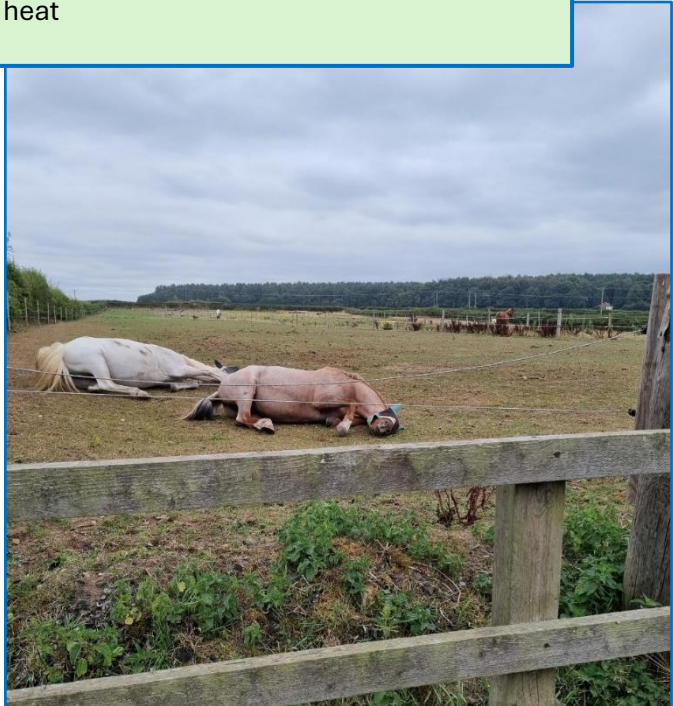
With the help of Zoe Lindop from Pioneer Endurance we sourced a bespoke Endurance bridle with headcollar combined.

Her bridles are made from easycare Biothane in a variety of colours. Zoe prides herself on finding solutions www.pioneerendurance.com

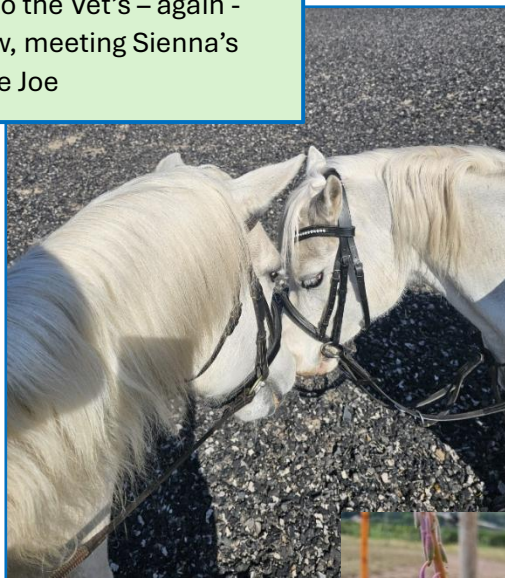


We faced some very hot weather this year. Darkie shows off her full-face fly mask which also helps with the dust.

And Pride and Tizzy got us worried – but both just flat out in the heat



Pride off to the Vet's – again - and below, meeting Sienna's pony Little Joe



Rosebay Willow herb



Thriving this year – Hairy Fleabane aka Horsetail

Two members of the Willow Herb family



EXAMPLES OF FEEDBACK from our service users:

Greenwood RDA is a wonderful charity that demonstrates that change is possible and brilliant ideas combined with commitment and dedication can change lives.

We have been lucky enough to have had the pleasure of taking our daughter to riding lessons here for over two years and it has fundamentally changed our family's life for the better.

As parents we have definitely seen the development of her confidence from being a part of the RDA, this is evidenced by the growth with her skills in socialising with other young people of differing ages and becoming free to express herself.

The happiness as a parent from seeing her actively taking part in riding a horse and enjoying every moment, when other riding schools in the area openly told us "No" or that "It would not be safe".

The freedom to be herself in a safe, nurturing environment with a dedicated team that is focused on giving children that chance in life that builds skills for life, resilience, responsibility and a personal sense of accomplishment.

As they build that relationship with the horses and the team and over time go from being the new person, to a confident rider that is willing to show others what to do.

A truly brilliant charity.

"I can't say enough good things about the charity. The impact on A is huge – it's all she thinks about all week. The riding gives A. confidence and it's something she can do that other children cannot. A. takes her rosettes and certificates into school, and she can talk about them".

When asked if there were any positives for herself, Mum said "Oh yes I don't have to explain as you all understand. It is often difficult to go to different places, but you are like family. Sometimes the only break I have all week is this half hour; it gives me time to relax and be accepted".

The overall positive impact of riding with Greenwood's for my daughter is unmeasurable. Coming from a non-horse-riding family, I was initially sceptical of how riding could be beneficial for my daughter with SEND, but have witnessed first-hand how spending time with horses and the Greenwood's team has allowed my daughter 30 minutes of pure bliss each week. Every Saturday, she cannot wait to go riding and spends the whole time smiling from ear to ear.

This charity is truly transformative. I would recommend them to anyone else.

(P's Mum is a SEND teacher by profession)

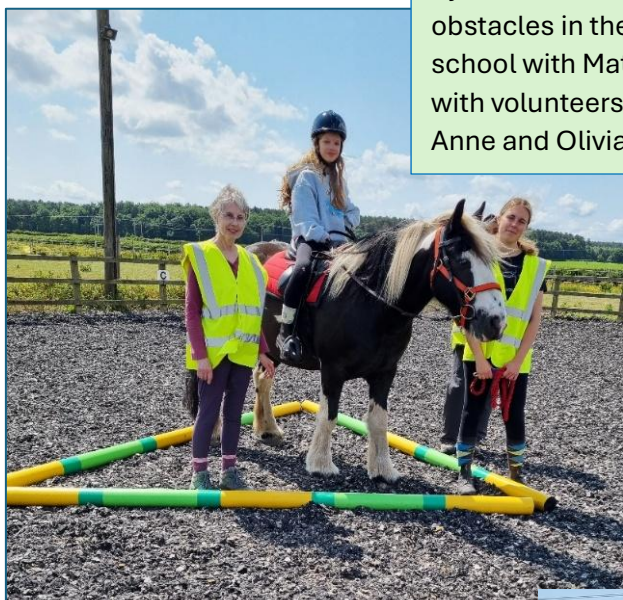
And from a long-term Volunteer: The core team of Volunteers have been together for many years which in itself is testament to how much they get out of their involvement. New recruits quickly embrace the vision and enjoy their role in delivering regular horse related therapy sessions. Volunteers bond into a family like support network – for our young riders, their families, and for each other when times get tough. The experience becomes a lifeline promoting fitness and good physical and mental health, all whilst providing a valuable service for those with diverse challenges

More Wildflowers around the farm:

Dovesfoot Cranesbill



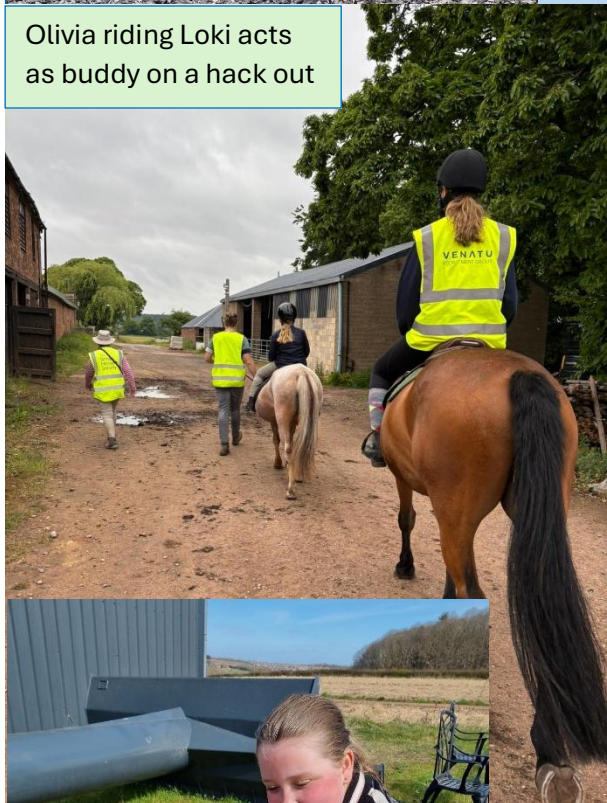
PHOTO GALLERY



Pye tackles obstacles in the school with Matilda with volunteers Anne and Olivia



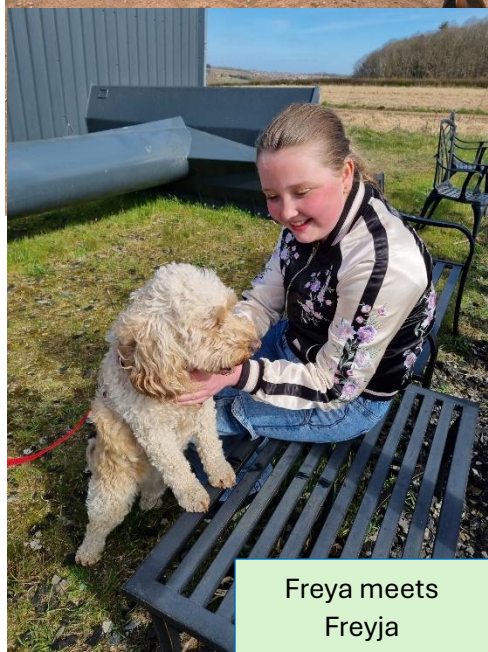
...and Evelyn gave a score of 10/10 for this session – on Tizzy with help from Patty and Ebony



Olivia riding Loki acts as buddy on a hack out



Proud over poles



Freya meets Freyja



Tizzy enjoys a wash down in the heat. Kylie and Winifred also risk a bath!



First Aid training day. Ebony practises tying a sling on trainer Philip Jessop whilst Kylie volunteered to be the victim with suspected spinal injury. Philip from Newark Community First Aid says “We provide a range of FREE short courses for community groups and charities, plus a full range of workplace courses at competitive rates. Contact: 07973 904808

✉ newarkcommunityfirstaiders@hotmail.com www.newarkcommunityfirstaid.co.uk



We could not achieve what we do without the background support of the farm personalities – Farmers Phil (left) and Stef (below) with tractor. Our horses are well used to the machinery deployed round the farm.



As a working farm Eastfield works with nature. This year Chicory gave an impressive blue display, grown to aid crop pollination with the seeds later in the season providing food for birds and other wildlife.

FINANCIAL REPORT – money and other resources

Each year the majority of our expenses relate to horse-care and associated costs and can be classed as “running expenses” which tend to be unpopular with many grant aid funders. It is vital that we raise sufficient resources to meet that commitment. No horses, no service.



Forever Notts – the Community Foundation for Nottinghamshire has proved a crucial lifeline for our future. As experts in local need they are first port of call for local donors who

want to be sure their money is used responsibly and well. In support of their evolution from Nottinghamshire Community Foundation to Forever Notts we collaborated in the production of a short video promoting our charity and their supporting role. On reflection videos, outdoors on a working farm, involving children and animals, are not our forté – yet!

Finances are a perennial challenge, especially since we want to maintain our donations-only policy, which guarantees that every child who needs us can afford to come.

Our accounts for year ended March 2025 are printed on pages 16→19. As our fundraising efforts resulted in the charity exceeding the threshold for a formal Independent Examination, we again commissioned Community Accounting Plus to do this.

Reclaimed Gift-Aid – continues to be a significant addition to our funds, especially since its use is unrestricted, so can be used towards Veterinary costs. We have a contingency plan within our reserves for veterinary emergencies, but such are unpredictable and immediately payable. Reclaimed Gift-Aid for the financial year under report was £1,239 and is already predicted to exceed that for year ending March 2026.

FUNDRAISING – is not just about raising money, but in promoting involvement and inspiring people to believe in what we do.

We held a very successful **Big Easter Raffle** in April, raising an impressive £334. Thank-you to Glyn Jackson for organising this, and to Chair of Trustees, Chris Bagguley for managing the draw.



Field Scabious

And not forgetting a huge THANK-YOU to all those local businesses who donated prizes.

Find us on

JustGiving

<https://www.justgiving.com/greenwood-rda>

To fit in with the farming calendar we held our popular **Summer Fair** in June this year. We had planned to include a Dog Show but in the event, we cancelled this because of the heat.

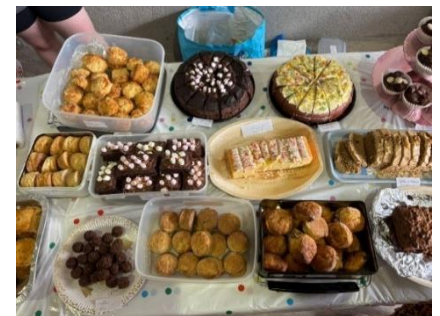
The day was an astounding success, raising £1,833.64 for our Charity. All credit to the hard work of the Volunteers, and to Yvonne who co-ordinated all, with the help of husband Dave. And as usual a resounding thank-you to Noble Foods, based in Bilsthorpe, for supplying the eggs for our bakers, who are gaining a reputation for their cakes.



Plants were as popular as ever, as was the Tombola. Thanks to Linda behind the stall on the day and to all who donated prizes.



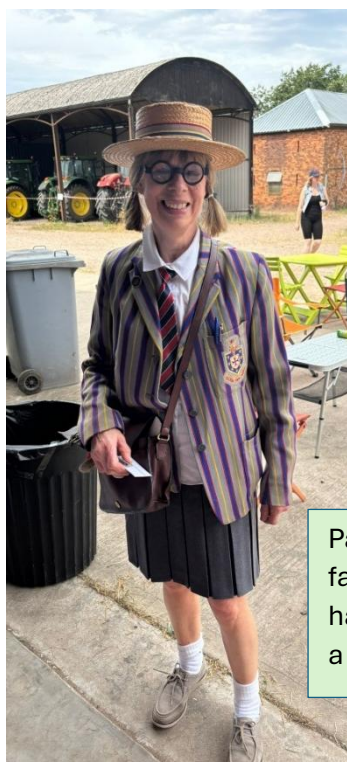
And to the crafters who again gifted their creativity to swell our funds.



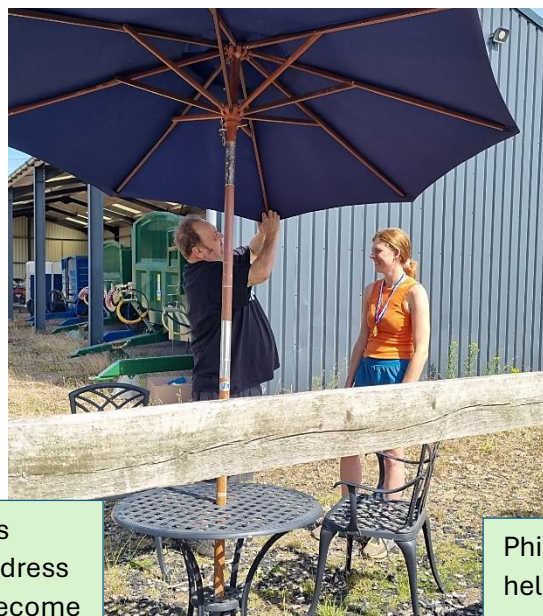
The verdict of one visiting parent who was obviously impressed:

“I’m so thrilled the fun fair was another success, and as always, proud to be part of it.

The huge dedication and effort that go into organizing it truly pays off, and it’s wonderful to see it grow and thrive each year. I’m very proud of everyone in our lovely team and I’m sure that this day will always hold a very special place in my memories.”
(AS)



Patty’s fancy dress has become a tradition



Phil and Ayla helping to set up

PLANS FOR THE FUTURE: During this period, we have concentrated on consolidating a firm foundation and overcoming the remaining challenges. We still have a vision for an indoor school combined with activity area cum meeting/training room because being at the mercy of the weather is disruptive and frustrating. We have two ponies facing retirement with funds towards only one replacement so far. We need to retain our donations-only policy for riders. We want to ensure that every child who needs us can afford to come. Duke of Edinburgh placements remain part of our strategy. We must also be aware of the impact of the weather on this year's harvest and consequently the effect on costs. The hay crop is 60% down on last year.



But nothing is guaranteed unless we can recruit enough suitably qualified volunteers – for capacity management and succession planning. We already have a wonderful core team, but the demographics of this area tend to mean candidates favour paid employment so have less free time to volunteer. And youngsters need to concentrate on educational goals so can only commit part-time, however welcome.

FINANCIAL PLANNING: Grant funders may be sure that any money given for specific projects is used for purpose. Our strategy is two-fold – to prioritise ongoing care and emergencies using unrestricted funding. If we have a vision but no specific supporting funds, then we wait until we do.

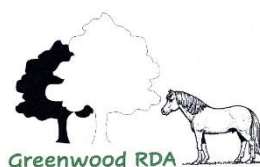
General Donations are accepted on the strict understanding that the money will be used solely for the benefit of the Charity. We are registered for **Gift Aid** which promises a significant return for year ending March 2026. Grant Funders expect any residual amounts not spent for purpose to be returned and our accounting processes reflect that. We abide by the **Fundraising Regulator's Code of Practice**. The Charity remains committed to clear integrity in all activities particularly how donations are spent. Should the worst happen and closure become inevitable our Constitutional dissolution clause protects any residual resources for use for similar purposes within Nottinghamshire.



RESERVES POLICY: The Charity has a duty of care to the ponies who are key to delivering our service. They are part of the Greenwood RDA family. Age-related conditions inevitably mean a lighter work-load; extra Vet costs and a pathway of nurturing towards full retirement. Care costs are constant whether or not horses are in full work. Our Reserves Policy has served us well in ensuring we have sufficient funds to meet those commitments when times are tight. **We have no free reserves.** The allocation, reviewed annually, is analysed as part of the year-end accounts. (see page 18)

POLICIES and NETWORKING: in addition to the Reserves Policy we have a comprehensive range of operating guidelines including Equal Opportunities and Safeguarding. All are reviewed regularly. We have networking links with local Councils for Voluntary Services and the wider voluntary sector network in Nottinghamshire. We are members of the NCVO [National Council for Voluntary Organisations] and remain affiliated to Riding for the Disabled Association Charity 244108 [Company Limited by Guarantee 5010395] [President H.R.H. The Princess Royal, KG, KT, GCVO, QSO].

Poppies

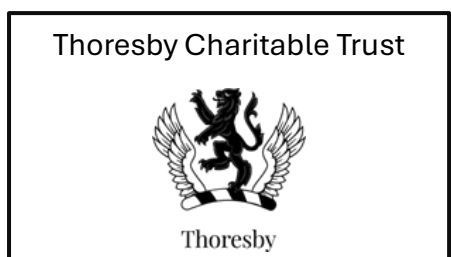


Signed on behalf of the Charity Trustees:

W. A. Pritchett

Trustee/Treasurer/Secretary to the Trustees

OUR SUPPORTERS – THANK-YOU to all our supporters: you were there for us at times of greatest need ★To everyone who has signed up for *GiftAid*★ and to our amazing Volunteers whose commitment goes way beyond what is asked of them.

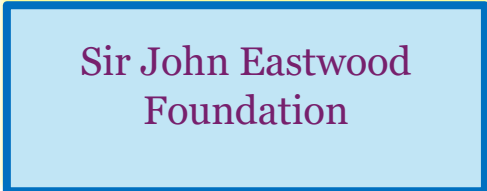


Individual thanks go to:

- Farmer Phil for being so supportive
- Farmer Stef for all his help around the farm
- Livery Yard Manager Ayla for ongoing help with the horses, ably assisted this year by Billy
- Glyn and Pauline Jackson for help with fundraising ideas
- Andy Welch, for many years our Farrier both at Woodside Farm and then at Eastfield Farm – every good wish Andy for the future.
- Thackeray Dental Care for displaying a collecting box
- Staff at HONDA Sovereign Way, Mansfield
- Sarah from Sherwood IT for sharing her skills
- Victor Pogson Photography & Printing Services for help with photos
- AND all those loyal supporters/donors/fundraisers who prefer to remain anonymous – you know who you are.

WE ARE SO VERY GRATEFUL TO YOU ALL

**NOTTINGHAMSHIRE
FREEMASONS**



An invasive species – Himalayan Balsam borders the river Maun



Independent Examiner's Report to the Trustees of
Greenwood Riding for the Disabled Association incorporating Carriage Driving for the year ended
31st March 2025.

I report to the trustees on my examination of the accounts of Greenwood Riding for the Disabled Association incorporating Carriage Driving for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 14/04/2025

John O'Brien MSc, FAIA, FCIE

Employee of Community Accounting Plus



Community Accounting Plus
Units 1 and 2, North West, 41 Talbot
Street
Nottingham
NG1 5GL
support@caplus.org.uk
www.caplus.org.uk
VAT Registration No.: 842593902

GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving
Registered Charity 1195708 [CIO]

Receipts & Payments Accounts for the year ended 31st March 2025

1st April 2023 to 31st March 2024	Receipts	Notes	March 2025 TOTAL RESTRICTED
0	Bank Interest		0
3486	Fundraising		2656
824	Gift Aid HMRC reclaimed		1239
12908	Grants and Donations	2	33546
0	Sale of Equines/Equipment		250
17218	Total receipts		37692
	Payments		
624	Equipment		441
1075	Farrier		1200
8	Fundraising Costs		28
0	Equines/Horse Hire/Transport Costs		3517
19764	Livery Services/Stabling Eastfield Farm		19506
633	Printing Postage Stationery Computer Supplies		520
420	Professional Fees: Independent Accounts Exam		0
0	Repairs and Maintenance		170
60	Subscriptions: Website; Justgiving; FR Regulator		60
55	Training		0
2156	Vet, Dentist, Physio, Wormers, Clipping, Feed, Meds.		1392
117	Volunteer Support (inc. DBS checks)		177
1141	Volunteer Travel Expenses		1115
200	RDA Membership Fees		200
260	RDA Insurance		277
26513	Total payments		28602
-9295	NET receipts v. payments		9090
19100	Cash funds at the start of this period		9805
9805	Cash funds at the end of this period		18895

GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving
Registered Charity 1195708 [CIO]

Statement of Assets and Liabilities at 31st March 2025

1st April 2023 to 31st March 2024	Notes	2025
Cash Assets		
9805	Total bank and cash balances	18895
Assets		
528	Clippers purchased January 2024	0
	New horse "Pye" purchased September 2024	3500
528		3500
0	Liabilities	(486)

These financial statements are accepted on behalf of the Charity by:

Signed: *W. A. Pritchett*

Date: 03/04/2025

Greenwood RDA Trustee/Treasurer/Secretary

STATEMENT on RESERVES - Bank and Cash

Greenwood RDA is always working towards having sufficient funds in reserve to ensure the feed and keep of our horses; replacing ponies due to retire; and setting aside sufficient care funds for ponies no longer working. We therefore have no free reserves

RDA Membership & Insurance	500	
Restricted Reserves		
Horses' keep @ £1733 p.c.m. x 12 [net figure after volunteer labour discount]	20792	
Farrier for year ahead	1200	
Worm Count Programme	500	
Emergency Veterinary fees	3000	25992
TOTAL BUDGETED FOR PURPOSE		25992
SHORTFALL		7097
Free Reserves		0
Total Cash brought forward		18895

Receipts & Payment Accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received, and cash spent will include transactions through bank accounts and cash in hand.

Grants & Donations

Restricted Total

Anonymous/General/Farrier (inc. Gift Aided)	3448	
Freemasons	4632	
Honda	100	
Randal Foundation	3000	
Sir John Eastwood Foundation	5000	
The Jones 1986 Trust	6000	
Thomas Farr Charity	5000	
Thoresby Charitable Trust	2826	
Riding Donations	3541	33547

Fund Analysis

	Opening Balance	Receipts	(Payments)	Closing Balance
	£	£	£	£
Restricted Funds				
Greenwood RDA Totals	9805	37692	28602	18895
Unrestricted Funds	0	0	0	0

The specific purposes for which the funds are to be applied are as follows:

Greenwood Riding for the Disabled - All funds received are to fund the running costs of Greenwood Riding for the Disabled in Nottinghamshire

Creditors: Independent Examination Fee of £486

Trustees' Remuneration

Trustees received no expenses, remuneration or benefits in this period.

Premises and Staff

The Charity is a livery client at Eastfield Farm (a family-owned working farm) currently responsible for 4 equines. All Volunteers deployed with no paid employees

Previous Financial Year covered from 1st April 2023 until 31st March 2024.

Greenwood RDA was originally inaugurated with the Charity Commission in September 2021.

Related Party Transactions

There were no related party transactions in the year.

Glossary of Terms

Creditors: These are amounts owed by the Charity, but not paid during the accounting period

Restricted Funds: These are funds given to the Charity, subject to specific restrictions set by the donor, but still within the general objects of the Charity



Keen on sport & exercise?

Can't cope with noise or excitement?

Side-lined by personal challenges?

★Riding for the Disabled offers another way★

Exercise, Therapy, Fun through Horse-Riding

NEW FREEDOM OF
MOVEMENT

A PHYSICAL,
SENSORY, SOCIAL
EXPERIENCE

INDEPENDENT EXERCISE IN 3 DIMENSIONS:
BALANCE; CO-ORDINATION; MOVEMENT

The horse provides
the motive power –
even for otherwise
passive muscles

It's the HORSE that
makes the
difference

GREENWOOD RIDING FOR THE DISABLED
a CIO - Charity 1195708

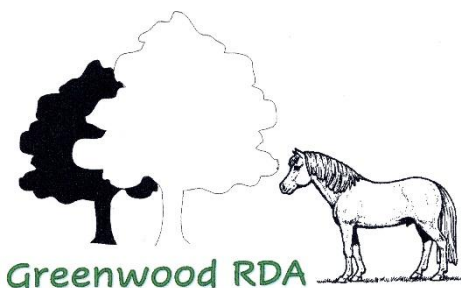
Based at Eastfield Farm, King's Clipstone,
Nottinghamshire NG21 9JJ

We offer sessions in small groups or individual 1:1
Please contact the Secretary for availability

www.greenwoodrda.org.uk

To find out more about Volunteering or riding
availability, please visit our website or:

☎ 01623 627974 ✉ greenwoodrda@gmail.com



Accounts

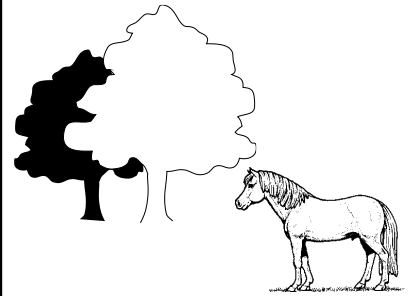
GREENWOOD RIDING FOR THE DISABLED ASSOCIATION

(incorporating Carriage Driving) (a CIO)

Registered Charity No. 1195708

Activities based at EASTFIELD FARM – King's Clipstone

Exercise, Therapy, Fun through Horse-Riding



Presented to the 2024 AGM

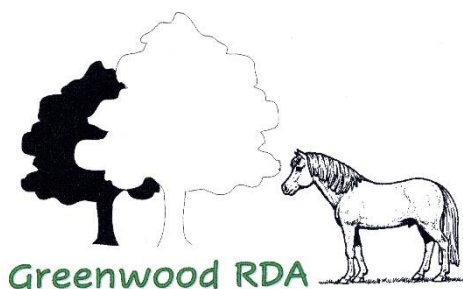
Report & Year-End Accounts

April 2023 to
March 2024

www.greenwoodrda.org.uk

www.rda.aorg.uk

www.northmidlandsrda.org.uk



Registered with the Charity Commission as number 1195708, GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving is an independent Charitable Incorporated Organisation responsible for its own management and for raising its own finances. Inaugurated in September 2021, the CIO format replaced Registered Charity Woodside Farm Stables RDA. All is achieved through the goodwill of our wonderful volunteers. Our aims, through good management, and prudent use of resources are:

Exercise, Therapy, Fun through Horse-Riding

AIMS AND OBJECTIVES

To promote the objectives of Riding for the Disabled Association, incorporating carriage driving, by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and well-being in the North Midlands.

We aim to make horse riding available to children and young people whatever their physical, sensory, or learning impairment and whatever their financial circumstances. The charitable need thus addressed encompasses each individual rider's family; social circle; and extends to their peer groups.

Public Benefit Statement: The Trustees confirm that they have complied with their duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

WHERE?

EASTFIELD FARM, KING'S CLIPSTONE
NG21 9JJ

PRINCIPAL CONTACT:

Mrs. W. A. Pritchett
Trustee, Treasurer, Secretary
Greenwood RDA, c/o 7 Robin Down
Lane, Mansfield, Notts. NG18 4SP

☎ 01623 627974

✉ greenwoodrda@gmail.com

WHEN? Primarily Wednesday mornings and Saturday mornings

Volunteer Helpers are always needed, either to help with riding sessions; stable/field tasks; looking after the horses; or as part of the management team. Please contact the Secretary if you would like more information about joining us.

Your Charity Team – all Volunteers

Chair of Trustees	Christine Bagguley
Vice-Chair of Trustees:	Elaine Pearson
Trustee/Treasurer/Secretary	Winifred Pritchett
RDA Group Coach	Winifred Pritchett
Coach in Training status	Ayla Johnson
Safeguarding Officers	Christine Bagguley Winifred Pritchett

Supported by our trained and dedicated team of Volunteer helpers

ON THE FARM

Farm Proprietor: Mr Philip Wilson
Livery Yard Manager: Miss Ayla Johnson
Farmer: Stef Burton

CONTENTS	Page
History	3
How Does Riding Help	4
A Review of Activities	5
Client Comments	7
Photo Gallery	8-9
Our supporters	10
Financial Report	11-13
Plans for the Future	14
Financial Planning & Reserves	14-15
Policies/Networking	15
Year-End Accounts	16-19



COVER PICTURE: Tizzy out in the stubble with Zeyad and Volunteers Ebony and Olivia

Note: Whilst the accounts go to the financial year end each March, news items may cover the period between Annual General Meetings to ensure topicality

THIS CHARITY BELIEVES IN THE SOCIAL MODEL OF DISABILITY

HISTORY: 2024 marks 53 years of providing horse riding for disabled youngsters. And 26 years in charity format. Some of our volunteers have been there from the beginning!

1971 → the start of it all at Woodside Farm Stables, Rainworth, Notts courtesy of Jack and Anita Parker. The Mansfield & District RDA group evolved into the Woodside Farm Stables RDA and became full members of RDA UK in June 1986.

1998 → Charity Changes: saw the formation of individual Charities. Woodside Farm Stables Riding for the Disabled Charity 1074298, born in November 1998, continued to help disabled youngsters until Summer 2019.



Alfie watches his companions enjoying a hack out in the stubble at Eastfield Farm

November 2019 → the Charity relocated to Eastfield Farm at King's Clipstone where the future and potential for development looked bright. All set to re-start activities on 1st April 2020, plans were halted by the coronavirus lockdown. A huge disappointment for riders and a consequent loss of revenue from riding donations. The Charity was particularly grateful for timely support from Sir John Eastwood Foundation towards relocation and development costs, and the Thomas Farr Charity to help us through the crisis and in subsequent years.

APRIL 2020 and Beyond → Being secure financially was not enough. We developed an ongoing recruitment and training programme for volunteers willing to commit to Charity management roles as well as being involved with the horses and riders - vital for our succession planning.

SEPTEMBER 2021 → With an eye on future security to encourage recruitment of Trustees the charity transitioned to a Charitable Incorporated Organisation under the name of GREENWOOD RDA registration number 1195708 and inaugurated on the 3rd of that month. Challenges were legion involving banking protocols during lockdown. All became resolved by March 2022 leaving the Charity Trustees free to concentrate on development and training.

SUCCESSION PLANNING – We have a waiting list. Helping them is only limited by having sufficient volunteers. We need to expand our team of committed volunteers, fit enough to help with sessions to support expansion; those who can commit to extended training, particularly as Coaches; and candidates to join the Trustee team to manage the Charity.

Please get in touch if you feel inspired to help

www.greenwoodrda.org.uk

HOW DOES HORSE-RIDING HELP?

Exercise is important for the development and maintenance of a healthy body and mind. An inability to move muscles and joints impaired through disability or trauma has consequences for otherwise healthy body parts. The impact of many disabilities or remedial medication may mean that individuals cannot cope with the noise or excitement associated with most competitive sports. Horse riding offers an alternative.

Horse riding provides exercise in 3 ways:

- Balance
- Co-ordination
- Movement

Riders can be independent and in charge for a change – thus decision-making skills are developed

Promotes self-discipline

It is a physical, sensory and social experience

The rhythmic movement of the horse is soothing for riders with otherwise hyperactive conditions

Social and communication skills are developed, with both horse and helpers

Riders benefit from the opportunity to distribute care [to the horse] rather than always receiving it.

Those who are wheelchair bound can for once rise head and shoulders above everyone else → it's liberating

Develops confidence

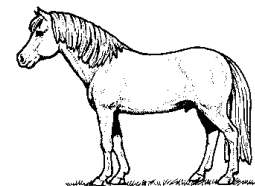
Improves self-image

Riding stimulates the parts other forms of exercise cannot reach – a majority of our riders cannot take exercise in any other way

It teaches new skills and requires active involvement

Lessons can be designed to deliver most areas of the National Curriculum

Physiotherapists have demonstrated that a walking horse delivers 1000 movements every 10 minutes. The rider absorbs and responds to those movements



Riding is a recognised competitive sport but can be enjoyed at many levels

But most of all it is FUN - IT'S THE HORSE THAT MAKES THE DIFFERENCE

OUR PRIMARY GOAL - is the therapeutic benefit of horse-riding, much of which may not be apparent even to those who are familiar with horses. The horse is the motive power. Therapy is delivered without the rider (or spectators) being aware that this is happening. This is a huge bonus especially for those disabled individuals accustomed to attending clinical appointments where everything is done to or for them but not by them. We have long-term plans aimed at expanding the experiences we can offer with younger volunteers embarking on the RDA Coaching Pathway.

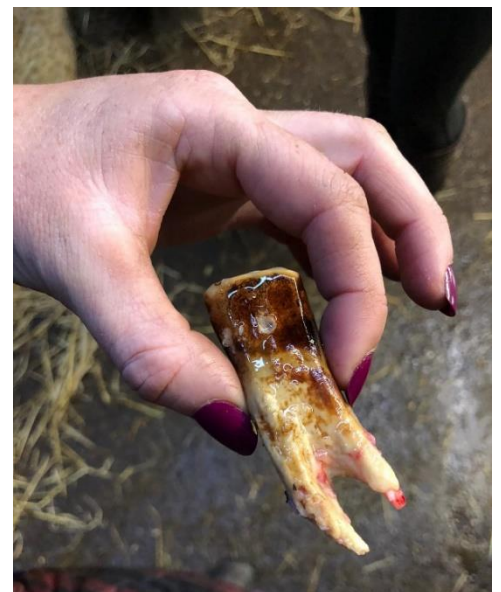
We are serious about safeguarding. We have a strong self-help element in our operation. Volunteers are fully DBS checked to enhanced level. Parents/carers of riding clients can enrol as volunteers if they wish and are trained to ensure we have sufficient people involved with activities to meet our health and safety standards.

Membership of RDA UK Charity 244108. We retain membership of RDA UK for insurance and Coaching accreditation purposes. Statistics are maintained throughout each year to determine the level of membership fee paid, which is based on the number of rides delivered.

A REVIEW OF OUR ACTIVITIES

The coronavirus pandemic and lockdown have had long-term effects, far beyond our expectations. Local demographics have changed in that fewer people can commit time to volunteering or the training required when dealing with vulnerable individuals and children, combined with horses (who have not read the rules!). Key volunteers still need to prioritise family caring responsibilities or work schedules and cannot attend full sessions. All this presents a challenge when planning riding activities which are not only enjoyable but also safe. The lack of an indoor facility for riding or other activities has left us vulnerable to the weather. But we have plans. Everyone has met the challenges with their usual good humour, and impressive commitment.

Our horses: Tizzy (cover picture) and Pride are still very active members of the equine team. Our elderly mare Darkie is now semi-retired but still plays her part. One of the hidden costs of keeping horses is dental care, and Darkie recently needed treatment for a very loose back tooth which had not worn down normally and was causing problems. An extraction was required. Think it would have to be a very strong tooth fairy to cope with this one.



Local wildlife to spot



Our loan horse, Suzie, has returned home to her family and new experiences. After a long search we have purchased an 11-year-old piebald gelding called "Humble Pye" (Pye for short) who has been integrated into the RDA equine team by the volunteers. A very steady individual and able to carry those slightly heavier riders, we expect him to be fully employed as the year progresses. We have already been able to offer hope of a place to some of those on our waiting list who we could not accommodate with our existing ponies.

Here is Pye making friends with one of his field companions



Coming to ride at Eastfield Farm can be a child's first experience of the countryside. We like to include nature studies and awareness of the farming calendar within our sessions where possible.



Keeping the poisonous plant Ragwort under control is important for farming, but it does provide food for the impressive stripey Cinnabar Moth caterpillar

TYPICAL COMMENTS received from parents

From the family of one young rider when school commitments took precedence:

Our Wednesday mornings with you, as you know, have provided more than 'just a riding experience.' For R they have always been the best activity to meet her needs - physically, emotionally and sensory. For me, being around the wonderful volunteers has provided a safe space for me to offload and share tough times, enjoy being in the fresh and spend time with the kindest, non-judging and supportive people. I always look forward to Wednesday mornings.

So, with a heavy heart, I am letting you know that we will be stopping the Wednesday sessions. I should be grateful if you would pass on my thanks to all the incredible volunteers who have done so much for my daughter over the many years she has been part of the group. Patty has been alongside her since she arrived. Chris has always been a wonderful listening ear to me; Linda and Anne, Heather, Kulle and all the others who do so much. Thank you.

And finally you, Winifred. Thank you so much for everything you have done for us over the years. I probably only see the surface of what you do but I appreciate that there will be hours of other work and time you give to the stables and RDA. I have so enjoyed being part of your organisation and all it has given R and me.

I wish you and the team the very best of luck for the future.

I am a parent to a 9-year-old boy with Autism and learning difficulties.

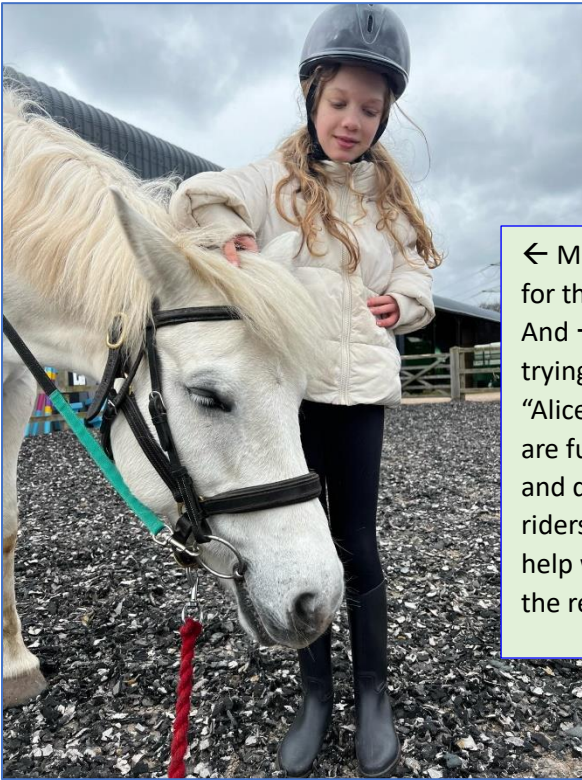
My aim was to look for a friendly place where he could have regular access to physical activities that meet his needs.

RDA has provided this excellent chance for him to join the wonderful team of volunteers and trainers who – during the past 2 years – helped him learn horse riding basics and how to deal with animals. We are fortunate to get to know the kindest and most supportive team. They understand his needs and challenges and they deal with them professionally and with patience, in addition to the significant background experience in dealing with such disabilities.

The training programme can be flexibly adjusted and tailored based on his own progress while keeping the safety of the riders in mind and with no pressure or stress which is ideal for any child with social and communication anxieties.

Now horse riding becomes a fixed part of our weekly routine. The pure happiness and joy on my son's face during the sessions are priceless and we deeply wish for this activity to continue and thrive with the help of ongoing fundraising and donations to help other children with similar needs.





← Meeting Pride for the first time. And → trying out the new “Alice” reins. These are fully adjustable and designed for riders who need help with gripping the reins



Games with quoits riding a relaxed Tizzy – who has seen it all before and buddied by sister on Suzie.



Cooling off time for Pride ridden by Livery Yard Manager Ayla

Well Earned Awards and Rosettes (a first for many)



A gleaming Darkie after an award-winning grooming session



Chair of Trustees, Chris Bagguley, does the honours in presenting a second award for personal achievement. Pink rosette this time.

Individual thanks go to:

- Mr. John Howiss, Chairman, Sutton Freemasons for sponsoring the Alice (Butterfly) Reins (photos page 8)
- Edwinstowe & Dukeries Lions – for funding our Clippers to manage the horses’ coats and keep them fit and for enabling us to buy additional specialist reins which make all the difference for our young riders.
- Farmer Phil for being so supportive and accommodating.
- Farmer Stef for always being ready to help around the farm.
- And Ayla, Livery Yard Manager, for ongoing help with the horses
- Glynn Jackson for his many fundraising initiatives on our behalf.
- Libby and friends from High Pavement College who held a fundraising stall on Hucknall Market (in very bad weather – they all deserve medals)
- Thackeray Dental Care for hosting one of our collecting boxes
- The staff at HONDA, Sovereign Way, Mansfield for donating
- Sarah from Sherwood IT for help with our website
- Victor Pogson Photography & Printing Services for improving our cover photo
- AND to all those loyal supporters/donors/fundraisers who prefer to remain anonymous – you know who you are.

WE ARE SO VERY GRATEFUL TO YOU ALL

**Sir John Eastwood
Foundation**

**NOTTINGHAMSHIRE
FREEMASONS**



<https://www.alice-reins.co.uk/>

ANDY WELCH

**Blacksmith and
Registered Farrier**
112 Annesley Road, Hucknall.
NG15 7DD
☎ 0115 964 0412
Mobile: 07850 789832

Debbie Richardson

**Master Saddler & Qualified
Saddle Fitter**

07787 532601

<https://www.djrichardson.net/>



Thoresby Charitable Trust



Thoresby



J. N. Derbyshire Trust

The Thomas Farr Charity



Find us on
JustGiving

<https://www.justgiving.com/greenwood-rda>



www.equi-lab.co.uk

**EQUINEENDO
EQUI★LAB**

info@equi-lab.co.uk
@Equine endo & Equi-lab
07967660655

FINANCIAL REPORT – about Money and other Resources

Over 90% of our expenditure each year goes on horse-care and related costs. Sufficient resources are vital to meet continuing care for those horses integral to our service. But with the various challenges facing delivery of that service, donated riding income has dwindled to 13% versus 33% pre-Covid. Most of our riders cannot afford to meet the full cost hence our strategy of donations-only, supplemented by bids for grant aid funding. However, competition is fierce, with more good causes chasing finite funds. Running expenses are especially difficult to justify, but account for most of our outlay. The period under report has been a roller-coaster of expectation, elation, and disappointment – somewhat discouraging for our more ambitious plans, which depend on building a strong foundation for the Charity's future.

Our accounts for year ending 31st March 2024 are printed on pages 16 → 19. This year they did not reach the threshold for a formal Independent Examination but were nevertheless checked and reconciled in accordance with our policies relating to good financial management.

Reclaimed Gift Aid – continues to be an important part of our annual income - £824 for the financial year under report. So, if you pay income tax, please ask our Secretary for more information. THANK-YOU to those of you who already do this.

FUNDRAISING "Fundraising is not just about securing grants; it's about inspiring people to believe in the mission."

We have offered **Pony Experience Sessions** involving grooming; horse-care; and a taste of riding:



Evelyn and Margot had a great time with Tizzy assisted by volunteers Grace and Kylie

Our **Summer Fair** was again popular. Held on 29th June, despite slightly lower than normal footfall due to local competition, the fair realised an impressive £1364.25. Friends and family were roped in to help on the day and special thanks go to **Noble Foods** who very kindly provided a lot of the ingredients for the luscious cakes baked by our volunteers, friends and families as well as making a significant donation.



THANK-YOU to Yvonne for organising it all. But we could do none of it without the commitment of our team of Volunteers and the generosity of people who believe in what we do. A HUGE THANK-YOU ONE AND ALL.



Horses galore!
and Cakes!



Some of the attractions on offer – and [left to right] rider Rebecca with Kevin the dog and visitors Rachel and Amy from RDA UK with Trustees, Winifred and Chris



And the Team still smiling at the end of an exhausting day



PLANS FOR THE FUTURE

During the year under report, we have been primarily concerned with building a firm foundation for the Charity's future. All three elements need to be strong: sufficient appropriately skilled volunteers to support activities; the horses to deliver; and the finances to afford it all.

Challenges have been legion, but we have adapted and overcome.

The farm is elevated, allegedly with no higher land to the East until reaching the Urals! Our volunteers soon discover that thermal layers are vital in Autumn/Winter. To combat the elements, we need an indoor space for bad-weather activity since cancelling sessions at short notice can be traumatic for our riders with consequences for their families. We want to avoid that if we can. Such a facility could be multi-purpose for use as a meeting and training room and as an office. All admin is currently kept within the homes of volunteers, an arrangement which could prove problematical should such volunteers decide to retire or otherwise leave.

Eventually we wish to build a covered riding area to guarantee continuity of activities throughout the seasons. The farm is supportive of our ideas and willing to allocate the space.

One of our ponies is semi-retired and another is well on the way. Considerate use does limit their income generating capability. We need a strategy for replacement, and we know suitable equines are hard to find. Our waiting list is evidence of need, but we have already achieved our first objective with the purchase of Pye. Recent statistics (SENSE) show that only 26% of those with complex disabilities consider their health to be poor: 50% of people with disabilities have 3 or more impairments: 70% of disabled people consider they do not have the opportunity to be as active as they would wish. We can help to remedy that discrepancy for the children within those statistics. We are not only LOCAL, but we are AFFORDABLE.

We needed help this year to bridge a predicted solvency gap and towards building a firm foundation for the future. To get us there and support our plans we have received some wonderful help from the Thomas Farr Charity; the Jones 1986 Trust; the Thoresby Charitable Trust and again from the Sir John Eastwood Foundation, all of which will appear within the accounts for year ending March 2025. We have broadened our ask in this climate of competition for grants and have further bids in the pipeline. All of these will appear within our next Annual Report.

FINANCIAL PLANNING

RESERVES POLICY: The Charity TRUSTEES have a duty of care to the ponies, who are regarded as part of the overall family and not just work-horses. Once they reach that certain age and either retire or take on lighter work, they still need as much care as when in full work, until inevitable decisions must be made. Horses are living assets and deserve our consideration and compassion. Our Reserves Policy towards this end has proved its worth over the years and especially throughout the Coronavirus crisis.

Reserves must be in place to care for all our horses should funding fail. The amount is calculated on 1 year's costs to give a breathing space for alternative arrangements to be made for the horses, or for additional funding to be secured. Planning to ensure that all our essential costs towards the health and wellbeing of our horses can be met means that we can continue to sponsor the disabled young people who ride with us each week. The Trustees are also responsible for ensuring that any restrictions placed on the funds donated to us are fully observed. We prioritise horse care. If we have a vision for progress but no supporting funding, then we wait to implement plans until enough resources are in place. These responsibilities are reflected in the figures for the ALLOCATION OF RESERVES which Trustees review annually, and which are analysed within the year-end accounts (see page 18)

GENERAL DONATIONS are accepted by this Charity always on the strict understanding that the money will be used solely for the benefit of the Charity as designated by the Trustees. We are registered for **Gift Aid** with HMRC. Our Grant Funders expect that any residual amounts not spent for purpose shall be returned and our accounting processes reflect that requirement. We have no FREE RESERVES.

The Charity continues to be committed to clear integrity in all its activities, particularly in how we use the money you donate. Should the worst happen, and closure be inevitable, the dissolution clause in our Constitution protects any residual resources for use within Nottinghamshire. In support of this declaration of intent the Charity has retained registration with the FUNDRAISING REGULATOR and is guided by the Code of Fundraising Practice which can be viewed in full on the FR website.

<https://www.fundraisingregulator.org.uk/code>

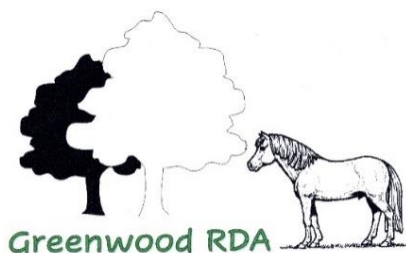


POLICIES and NETWORKING

In addition to our Reserves Policy, the Charity has operating policies on a comprehensive range of topics, including Equal Opportunities, and Safeguarding, and an ongoing programme to ensure all are reviewed regularly.

This Charity has networking links with local Councils for Voluntary Services and the wider Voluntary Sector in Nottinghamshire. We are members of the NCVO; and are also registered for Gift Aid.

Greenwood is affiliated to the Riding for the Disabled Association incorporating Carriage Driving, which is registered under Charity No. 244108 and a Company Limited by Guarantee No. 5010395. Their current President is H.R.H. The Princess Royal, KG, KT, GCVO, QSO



Signed on behalf of the Charity Trustees

W. A. Pritchett

W. A. Pritchett
Trustee/Treasurer/Secretary to the Trustees

For the financial year 1st April 2023 → 31st March 2024:

- Receipts & Payments Accounts
- Statement of Assets and Liabilities as at 31st March 2024
- Statement on Reserves – Bank and Cash
- Notes to the Accounts

The Charity's income for the year has not reached the threshold for a formal independent examination. Nevertheless, the accounts are checked and reconciled in accordance with our policies relating to good financial management.



GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving
Registered Charity 1195708 [CIO]

Receipts & Payments Accounts for the year ended 31st March 2024

1st April 2022 to 31st March 2023		Notes	March 2024 TOTAL RESTRICTED
	Receipts		
0	Bank Interest		0
1712	Fundraising		3486
901	Gift Aid HMRC reclaimed		824
26487	Grants and Donations	2	12908
29100	Total receipts		17218
	Payments		
1596	Equipment		624
900	Farrier		1075
60	Fundraising Costs		8
107	Horse Hire/Transport Costs		0
15731	Livery Eastfield Farm		19764
307	Printing Postage Stationery Computer Supplies		633
0	Professional Fees: Independent Accounts Exam		420
61	Repairs and Maintenance		0
230	Subscriptions: Website; Justgiving; FR Regulator		60
29	Supplementary Feed		42
110	Training		55
2123	Veterinary, Dentist, Physio, Wormers, Clipping		2114
155	Volunteer Support (inc. DBS checks)		117
620	Volunteer Travel Expenses		1141
230	RDA Membership Fees		200
230	RDA Insurance		260
22489	Total payments		26513
6610	NET receipts v. payments		-9295
12490	Cash funds at the start of this period		19100
19100	Cash funds at the end of this period		9805

Statement of Assets and Liabilities at 31st March 2024

1st April
2022 to 31st
March 2023

Notes

2024

Cash Assets

19100	Total bank and cash balances	9805
-------	------------------------------	------

Assets

0	Clippers purchased January 2024	528
---	---------------------------------	-----

0	Liabilities	0
---	--------------------	---

These financial statements are below the threshold for formal independent examination and are accepted on behalf of the Charity by:

Signed: *W. A. Pritchett* Date: 10/04/2024

Greenwood RDA Trustee/Treasurer/Secretary

STATEMENT on RESERVES - Bank and Cash

Greenwood RDA is always working towards having sufficient funds in reserve to ensure the feed and keep of our horses; replacing ponies due to retire; and setting aside sufficient care funds for ponies no longer working. We therefore have no free reserves

RDA Membership & Insurance	500	
Restricted Contingency Reserves		
Horses' keep @ £1647 p.c.m. x 12		
[net figure after 13.64% volunteer labour discount]	19764	
Farrier for year ahead	1200	
Worm Count Programme	500	
Emergency Veterinary fees	3000	24964
Restricted Grant money for specifics		
Towards new horse RDA/PPL	3500	3500
TOTAL BUDGETED FOR PURPOSE		28464
SHORTFALL		18659
Free Reserves		0
Total Cash brought forward		9805

NOTES TO THE ACCOUNTS for Year Ended 31st March 2024

1 Receipts & Payments Accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received, and cash spent will include transactions through bank accounts and cash in hand.

2 Grants & Donations	Restricted Total	
Anonymous/General/Farrier (inc. Gift Aided)	3514	
Sir John Eastwood Foundation	5000	
Edwinstowe & Dukeries Lions	640	
Sutton Freemasons Non-Masonic	250	
Riding Donations	3504	12908

3 Fund Analysis	Opening Balance	Receipts	(Payments)	Closing Balance
Restricted Funds	£	£	£	£
Greenwood RDA Totals	19,100	17,218	26,513	9,805
Unrestricted Funds	0	0	0	0

The specific purposes for which the funds are to be applied are as follows:

Greenwood Riding for the Disabled - All funds received are to fund the running costs of Greenwood Riding for the Disabled in Nottinghamshire and include £3,500 designated towards purchase of a horse by end 2024.

4 Creditors: None

5 Trustees' Remuneration:

Trustees received no expenses, remuneration or benefits in this period.

6 Premises and Staff

The Charity is a livery client at Eastfield Farm (a family-owned working farm. Currently responsible for 4 equines. All Volunteers deployed with no paid employees

7 Previous Financial Year covered from 1st April 2022 until 31st March 2023 and was the first full year of operation for Greenwood RDA originally inaugurated with the Charity Commission in September 2021

8 Related Party Transactions: There were no related party transactions in the year.

9 Glossary of Terms

Creditors: These are amounts owed by the Charity, but not paid during the accounting period.

Restricted Funds: These are funds given to the Charity, subject to specific restrictions set by the donor, but still within the general objects of the Charity



Keen on sport & exercise?
Can't cope with noise or
excitement?
Side-lined by your disability?

**Exercise, Therapy, Fun through
horse-riding
Riding for the Disabled offers another
way...**



NEW FREEDOM OF MOVEMENT

1000 movements every 10 minutes on a
walking horse

It's the HORSE that makes the difference

Independent exercise in 3 dimensions:
Balance; Co-ordination; Movement

A PHYSICAL, SENSORY, SOCIAL
EXPERIENCE



GREENWOOD RIDING FOR THE DISABLED
a CIO - Charity 1195708

Based at Eastfield Farm, King's Clipstone,
Nottinghamshire NG21 9JJ

We offer sessions in small groups or individual 1:1
Please contact the Secretary for availability

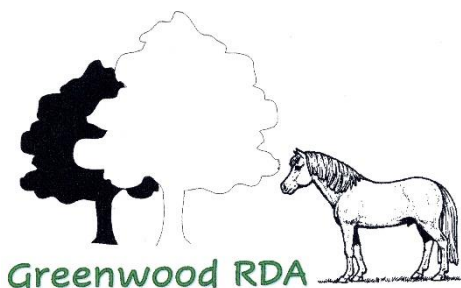
www.greenwoodrda.org.uk

Want to help? Volunteers needed

To find out more, please phone 01623 627974

or email: greenwoodrda@gmail.com

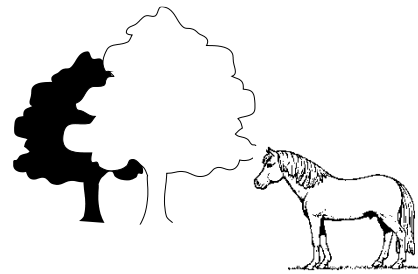
www.greenwoodrda.org.uk



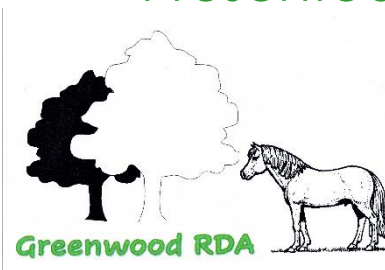
Greenwood RDA

Accounts

GREENWOOD RIDING FOR THE DISABLED ASSOCIATION
(incorporating Carriage Driving) (a CIO)
Registered Charity No. 1195708
Activities based at EASTFIELD FARM - King's Clipstone
Exercise, Therapy, Fun, through Horse-Riding



Presented to the 2023 AGM



A Member
Group of
RDA  It's what you can
do that counts

Report & Year-End Accounts

- April 2022 to
March 2023

www.greenwoodrda.org.uk

www.rda.org.uk

www.northmidlandsrda.org.uk

Registered with the Charity Commission as number 1195708, GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving is an independent Charitable Incorporated Organisation responsible for its own management and for raising its own finances. Inaugurated in September 2021, the CIO format replaced Registered Charity Woodside Farm Stables RDA. All is achieved through the goodwill of our wonderful volunteers. Our aims, through good management, and prudent use of resources are:

Exercise, Therapy, Fun through Horse-Riding

AIMS AND OBJECTIVES

To promote the objectives of Riding for the Disabled Association, incorporating carriage driving, by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and well-being in the North Midlands.

We aim to make horse riding available to children and young people whatever their physical, sensory, or learning impairment and whatever their financial circumstances. The charitable need thus addressed encompasses each individual rider's family; social circle; and extends to their peer groups. **Public Benefit Statement:** The Trustees confirm that they have complied with their duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

WHERE?

EASTFIELD FARM, KING'S CLIPSTONE
NG21 9JJ

PRINCIPAL CONTACT:

Mrs. W. A. Pritchett
Trustee, Treasurer, Secretary
Greenwood RDA, 7 Robin Down Lane,
Mansfield, Notts. NG18 4SP

☎ 01623 627974

✉ greenwoodrda@gmail.com

WHEN? Primarily Wednesday mornings and Saturday mornings

Volunteer Helpers are always needed, either to help with riding sessions; stable/field tasks; looking after the horses; or as part of the management team. Please contact the Secretary if you would like more information about joining us.

Your Charity Team – all Volunteers

Chair of Trustees	Christine Bagguley
Vice-Chair of Trustees:	Elaine Pearson
Trustee/Treasurer/Secretary	Winifred Pritchett
RDA Group Coach	Winifred Pritchett
Coach in Training status	Ayla Johnson
Safeguarding Officers	Christine Bagguley Winifred Pritchett

Supported by our trained and dedicated team of Volunteer helpers

ON THE FARM

Farm Proprietor: Mr Philip Wilson
Livery Yard Manager: Miss Ayla Johnson
Farmer: Stef Burton

INDEPENDENT EXAMINER

John O'Brien,
Employee of Community Accounting Plus,
Units 1 & 2 North West,
41 Talbot Street, Nottingham, NG1 5GL

CONTENTS	Page
History	3
How Does Riding Help	4
A Review of Activities	5
Client Comments	7 - 9
Plans for the Future	9
Photo Gallery	10 -11
Financial Report	12 - 15
Financial Planning & Reserves	16
Policies/Networking	17
Our supporters	18
Independent Examiner's Report	20
Year-End Accounts	21 - 23



COVER PICTURE: Shane tries out Suzie for the first time.

THIS CHARITY BELIEVES IN THE SOCIAL MODEL OF DISABILITY

HISTORY: 2023 marks 52 years of providing horse riding for disabled youngsters. And 25 years in charity format. Some of our volunteers have been there from the beginning!



1971 → the start of it all at Woodside Farm Stables, Rainworth, Notts courtesy of Jack and Anita Parker. The Mansfield & District RDA group evolved into the Woodside Farm Stables RDA and became full members of RDA UK in June 1986.

1998 → Charity Changes: saw the formation of individual Charities. Woodside Farm Stables Riding for the Disabled Charity 1074298, born in November 1998, continued to help disabled youngsters until Summer 2019.

In Memory of Mrs Anita Parker, BEM 1929 - 2023

November 2019 → the Charity relocated to Eastfield Farm at King's Clipstone where the future and potential for development looked bright. All set to re-start activities on 1st April 2020, plans were halted by the coronavirus lockdown. A huge disappointment for riders and a consequent loss of revenue from riding donations. The Charity was particularly grateful for support from Sir John Eastwood Foundation towards relocation and development costs, and the Thomas Farr Charity to help us through the crisis.

APRIL 2020 and Beyond → Being secure financially was not enough. We developed an ongoing recruitment and training programme for volunteers willing to commit to Charity management roles as well as being involved with the horses and riders - vital for our succession planning.

SEPTEMBER 2021 → With an eye on future security to encourage recruitment of Trustees the charity transitioned to a Charitable Incorporated Organisation under the name of GREENWOOD RDA registration number 1195708 and inaugurated on the 3rd of that month. Challenges were legion involving banking protocols during lockdown. All became resolved by March 2022 leaving the Charity Trustees free to concentrate on development and training.

ONGOING – Recruitment of volunteers to help with sessions to support expansion; those who can commit to extended training, particularly as Coaches, and candidates to join the Trustee team to manage the Charity. *Please get in touch if you feel inspired to help.*



View from the top of the farm lane towards the remains of King John's Palace

HOW DOES HORSE-RIDING HELP?

Exercise is important for the development and maintenance of a healthy body and mind. An inability to move muscles and joints impaired through disability or trauma has consequences for otherwise healthy body parts. The impact of many disabilities or remedial medication may mean that individuals cannot cope with the noise or excitement associated with most competitive sports. Horse riding offers an alternative.

Horse riding provides exercise in 3 ways:

- Balance
- Co-ordination
- Movement

Riders can be independent and in charge for a change – thus decision-making skills are developed

Social and communication skills are developed, with both horse and helpers

The rhythmic movement of the horse is soothing for riders with otherwise hyperactive conditions

It is a physical, sensory and social experience

Those who are wheelchair bound can for once rise head and shoulders above everyone else → it is liberating

Develops confidence

Promotes self-discipline

Improves self-image

Riders benefit from the opportunity to distribute care [to the horse] rather than always receiving it.

Lessons can be designed to deliver most areas of the National Curriculum

It teaches new skills and requires active involvement

Riding stimulates the parts other forms of exercise cannot reach – a majority of our riders cannot take exercise in any other way

Physiotherapists have demonstrated that a walking horse delivers 1000 movements every 10 minutes. The rider absorbs and responds to those movements

Riding is a recognised competitive sport but can be enjoyed at many levels

But most of all it is FUN - IT'S THE HORSE THAT MAKES THE DIFFERENCE

A REVIEW OF OUR ACTIVITIES

The primary goal of this Charity is the therapeutic benefit of horse riding, much of which may not be apparent even to those who are familiar with horses. Therapy is delivered using the horse, without the rider (or spectators) being aware that this is happening. This is a huge bonus especially for those disabled individuals who have become accustomed to attending clinical appointments where procedures are done to them requiring only passive participation. We have ambitious long-term plans aimed at expanding the experiences we can offer with younger volunteers embarking on the RDA Coaching Pathway.

We have a strong self-help element in our operation. We are serious about safeguarding. Volunteers are fully DBS checked to enhanced level. Parents/carers of riding clients can enrol if they wish and are trained as volunteers, to ensure we have sufficient people involved with activities to meet robust health and safety standards

Statistics are maintained throughout each year which determine the level of our membership fee paid to RDA UK based on the number of rides delivered. This covers insurance as well as access to other membership benefits including regulation of coaching standards via the Coaching Pathway.

This last year has been severely affected not only by lockdown and Covid restrictions but particularly by key volunteers needing to prioritise family caring commitments. Normally, numbers do fluctuate throughout the year and with the seasons. The lack of an indoor facility for riding or other activities means that we are at the mercy of the weather, but we have long-term plans in mind. The team has met challenges beyond their control with their usual resilience, boosted by generous support and spontaneous acts of kindness from some unexpected sources. Yet again the commitment has been impressive.

So, THANK-YOU to:

- Ron Brooks, Toyota, Mansfield – for access to a computer in a crisis
- Victor Pogson Photography & Printing Services – for de-fogging our team photo
- Sarah – from Sherwood IT for help with our new website www.greenwoodrda.org.uk
- And to Farmer Stef for help with tasks around the farm and joining in the facepainting fun.



We finally managed to get most of the Wednesday and Saturday teams together for a group photo, but the weather on the day was not kind.

SAD GOODBYES AND NEW BEGINNINGS

We all felt immensely sad over the loss, in February, of Legend who belonged to our Chair of Trustees, Chris Bagguley. He played his part in RDA for a long time, being the key horse used for the practical side of training in the Hippotherapy qualifications achieved by our qualified physiotherapist volunteer at the time, Nicola Jenkinson, whilst we were still at Woodside Farm. This qualification was a new initiative in the UK when Woodside RDA became involved, and Legend pioneered the pathway.

Legend was one of the firm favourites at Eastfield Farm, although in view of his advanced age he was used for only one rider. Aptly named, we have been privileged in being able to count a true legend as a member of our equine team and are very grateful to Chris for giving us that opportunity.



Right, Legend meets Darkie for the first time at Woodside, and below in his field at Eastfield Farm at almost 30 years of age.



Suzie joined us in December 2022, and in March the farm welcomed Wanda, born to Ayla's mare Cleo.



No lambs on the farm this year but March also saw the arrival of a billy-goat kid named Brian.



OUR CLIENTS COMMENT and VOLUNTEERS SHARE THEIR VIEWS: Discussions with Riders/their Parents or Carers/and our Volunteers form part of our ongoing evaluation process. This helps the RDA Coach to plan each session to suit the individual rider and their personal challenges.

From Parents delighted with progress:

"I'm writing this email to tell you that our son has been wonderful with Darkie over these past weeks.

The team are doing such a great job that currently, he can ride comfortably, respond to instructions, talk to Darkie and even do trots 😊

It has been nearly 13 months since his first ride and his improvement is astonishing! Sometimes I feel we might be able to prepare him for the Olympics 😊.

Every little progress he has achieved is pure joy that lifts our spirits up to the sky and beyond. Each and every member of the team has added to this progress, and you were the first to embrace our son and support him. This will be forever appreciated.

I wish you all the best in the world. 😊."

Email from the parents of one young rider:

"... you all do an amazing job and the commitment by the team, which you have is amazing. Much love and thanks to you and the team 😊
Kind regards"

On the waiting list:

I have just read your booklet and I am so pleased I have come across Eastfield Farm. I can't wait for my children to be part of the experience you have to offer.

I would love to be part of your volunteering team, to help other people and of course to help you all. Without you, families wouldn't have access to something so wonderful! My Mum has also got disabilities but is willing to help as and when needed.

Conversation with Rider A's Mum and Dad

Benefits for A were described as follows:

There was usually a build-up of anxiety prior to coming to the farm but this was normal for A. and parents said that after the session she was calmer. Mum felt that consistency was very important and what was also helpful was A seeing that there was at least one familiar face in her session. Mum said her daughter needs a lot of movement and trotting gives her positive sensory feedback which is important for her functioning. Mum and Dad felt that riding was very important for A as this was

something she could achieve – what was asked of her was achievable and this was everything.

Benefits for parents:

Mum said that she appreciated the opportunity to meet up with other parents – great to chat with other people – and laugh! "Being here is respite for parents". Mum said that in the school holidays particularly, riding was the only respite she had.

Young Rider W. Benefits described as follows:

Mum felt that riding brought W out of her shell. Normally she would not initiate conversation but is more comfortable at the farm and enjoys chatting with the other riders. Mum said that W finds change difficult but here she knows the volunteers; they tend to be the same volunteers, and this helps her. Mum spoke about her daughter's physical health mentioning low muscle tone and said she felt that riding was stopping this getting any worse. Mum said that riding helps with her lower back and strengthens her core muscles. Although riding was a physical activity W finds it calming and she is generally happier and more relaxed as a result of the session.

Benefits for parent/carer:

Mum thought it was good to be able to speak to other parents and share information. She gave an example that she had been helped with information about respite and other matters. Mum described coming to the group as it "feeling like a family".

Benefits for R were described by Mum as follows:

Mum said that riding was the best thing that R does. She has great support from volunteers, and this helps her to focus and concentrate. Normally R's functioning skills are quite poor but here (in the session) she is really good at focusing and listening and there is an improvement in her motor skills. She feels comfortable here. R has other activities but gets more out of riding than anything else she does. Mum said that this was due to the skill of the volunteers and the fact that they know R. very well. "We have been coming a long time." R does not show any bad behaviours during riding, and she knows she is good at something. "This is her thing" and it was also good for her to be caring for the horse.

Benefits for R's parent/carer:

Mum said that she loves coming to the group; people are non-judgemental and empathic. As a parent she feels she has 'no need to explain'. She likes to chat with other parents as everyone 'understands'. The fresh air is good for them both.

A rider since April 2018

Benefits for S were described by Dad M as follows:

M felt that riding helped S with focusing and listening and talking. All of these were difficult for S most of the time. M said that S looked forward to riding and loved the cantering! Generally, S was calmer and more relaxed after his riding session.

When S. was asked what he liked about riding he said "Its good".

Benefits for parent/carer:

M said he enjoyed the farm atmosphere - he had worked on a farm as a teenager, and he enjoyed being on a farm again. He enjoyed chatting to the volunteers and welcomed the friendship he found when he came to us. He felt that the whole thing improved his mental health and well-being.

Mum described benefits for M as follows:

Mum felt that riding was confidence building for M and it encouraged her to talk to new people. M looked forward to the activity and, regarding M's physical health, she felt that riding helped to build M's stomach muscles and in turn this built core strength and compensated for any weakness in her upper limbs.

Benefits for parent/carer:

Mum described being really pleased that her daughter has a hobby that she enjoys - "I'm happy she is happy". Mum felt it was good for M to be away from 'screens' and to be chatting happily with others. Mum also felt there was a particular benefit for herself in talking with other parents and sharing experiences.

In describing benefits for T Mum said

Riding helps T's mood and emotions for the rest of the day. She looks forward to it all week, talks about horses all the time and this is helping to improve her conversation. T is not very active normally, so riding is getting her out of the house and helping her physical health. Riding is also her only activity; other activities have not worked - which has been very difficult.

Benefits for parent/carer:

Mum spoke about the benefits for her own mental health. "Even though my child hasn't been able to do anything else, she can do riding. It makes me feel I have a normal child". She said that the riding was "something nice to share with my child. I thought I would never be able to do that". Mum added that she hopes we (the charity) go on for a long time. Without the riding she has nothing as T cannot cope with anything else.

Benefits for rider C were described by Dad:

Dad said that getting C out and away from home was generally difficult as his daughter finds it hard to mix with other people. This environment is not peer driven, so she is not having to compete with others of similar age. Dad thought that the different age groups also made it easier for C to talk to other children and in the session, she is noticeably more outgoing. This improvement continues after the session: "C is better at home when she has visited the yard - she is more outgoing".

Benefits for Parents:

Dad said that "they felt better as C is doing something she clearly enjoys and this in turn improves her parents' mood".

From one of our younger volunteers:

"The RDA has increased my skills and confidence at working with and communicating with young people and adults. It's been enjoyable and I can use these skills in my future career. It has also increased my ability to work independently and as a team, taught me to organise myself (planning and prep of jobs required and getting them done on time) and prioritise tasks. I feel valued and appreciated, which has increased my belief in myself. Thank you 😊"

Also, as her parents, we've seen a massive increase in her confidence at talking to others, putting herself forward and trying new things. She's hates getting up early but surprises us with enthusiasm and chats about her experiences after being there. Thank you all for your support. It's been massively beneficial to our daughter.

And Finally:

From the perspective of one long-term Volunteer:

Having been a volunteer with RDA for a very long time, fulfilling a variety of different roles, I am aware that several of my colleagues value their involvement as respite from caring commitments at home. I can empathise with that need, especially during the past few years where full-time personal care for my husband has been stressful followed by eventual bereavement. That period in my life has been traumatic, physically, and emotionally draining. Respite in volunteering with RDA has deflected the

focus of loss and I feel it has grounded my mental health in the reality of the incredible improvement that horse-riding can bring to the challenges faced by our young riders. That experience coupled with the support received from my volunteering “family” has gone a long way towards inspiring hope for the years ahead.

A full information pack about Volunteering or Riding with Greenwood RDA can be obtained by contacting our Secretary, Winifred Pritchett (contact details on page 2)

PLANS FOR THE FUTURE

Having faced and survived multiple challenges which have threatened the Charity since the Summer of 2019, we are grateful that we have a future to plan for. But we are adaptable, and good at it.

As always, inspired by the benefits our riders so obviously derive from their contact with our ponies, we have lots of plans, some more immediate than others.

We already have an ongoing recruitment drive for more volunteers. Sufficient help is critical so we can manage our waiting lists and allow the current core team some respite. We need to entice more of the younger generation to get involved and reduce that average age. Recruitment is also aimed at new Trustees. Responsibility for governance currently falls on the few. It is essential to engage committed Trustees who can take the charity forward.

Our ponies are not getting any younger. We need to plan for their retirement and to find that ideal RDA horse who can cope with heavier weights. The necessary combination of temperament, conformation and fitness in an ideal horse is rare. All the resources must be in place to enable us to commit as soon as we find it, including the funds to purchase and feed it. Many youngsters with disabilities ride heavier than their scale weight because of asymmetrical balance issues, and that must be considered to ensure the welfare of any horse. And not forgetting existing clients, who grow.

We would eventually like to build an indoor riding area so we don't have to cancel sessions in bad weather and to create an indoor activity facility which can double as a training room cum office for the charity. The farm is supportive of these aspirations.



PHOTO GALLERY year ending 2023



Bath time for Pride and clean all over. Above Darkie looking sprightly.

A tack cleaning session, supervised by canine companions, Freya and Kevin



First day of volunteering for Yasmin – with Coach Winifred



Matching ponytails



FINANCIAL REPORT – about Money and other Resources

Again, challenges galore – we are developing a reputation for adaptability and being able to cope. We could do none of it without the commitment of our team of Volunteers and the generosity of people who believe in what we do. THANK-YOU ONE AND ALL

This report covers the first full year of operation as Greenwood RDA (CIO). Some events transcend the barriers of the financial year, so for reasons of topicality, we are reporting on activities up to our Annual General Meeting.

Each year more than 90% of our expenditure goes directly on horse care, therefore any donations which can be used towards their care and keep are doubly valuable.

We know how to have fun when fundraising. Our Jubilee Event in June 2022 was the first of its kind. It was ably organised by former Volunteer and probationary RDA Coach, Tammy Bevan and raised £501.50. Tammy is no longer with us, but the idea has become an annual event. **The 2023 Summer Fair** was driven by volunteers led by Yvonne Shucksmith helped by husband David. We had some wonderful donations in the form of cakes; books; face painting; bric-a-brac; raffle prizes; etc. Particular thanks go to **Noble Foods Ltd.** of Belle Eau Park, Bilsthorpe, for providing lots of goodies for the stalls. And to Face-Painter Blain. Everyone excelled themselves and we raised £1045.08.

Volunteers Patty and Linda dressed to impress



Farmer Stef in Shrek mode – a new meaning for greener farming?



Most organisations have felt the effect of Covid-19 and Lockdown - not just on health and on businesses, but the impact on the not-for-profit sector's ability to deliver services has been devastating. Closure has been on the horizon for many.

RDA UK collaborated with Sport England to help individual RDA Charities combat those challenges over the past 2 years. The time has been stressful, tough on the people trying to cope and has severely restricted opportunities to raise sufficient funds to keep services going.

Greenwood RDA in Nottinghamshire was one such Charity affected. Formerly Woodside Farm Stables RDA, the Charity had recently relocated to Eastfield Farm, King's Clipstone when lockdown struck. A host of new volunteers had been recruited with expansion in mind, only to be discouraged when the charity could not harness their enthusiasm to get started.

Our horses still needed to be fed and cared for, whether working or not. We wanted them to be fit and well and ready to start again, as soon as restrictions allowed. Our problems were further

influenced by key experienced volunteers needing to prioritise personal family care commitments. All this limited our ability to deliver riding sessions safely. Our disabled riders lost out on their essential exercise and therapy. Interest in what we could offer was growing and we were obliged to manage a waiting list. But costs were increasing whilst income was down. The future did not look bright until Sport England and RDA via the Together Fund answered our plea for help from their Hardship Fund. Their grant of £9,698.50 averted closure and ensured operating costs from April to end July giving a much needed breathing space.



Hope was rekindled for youngsters such as these two young ladies who received certificates and rosettes for achieving personal goals. Our Coaches are creative in the sessions they plan and can work with schools to include most areas of the national curriculum. These two had fun and games recently involving mathematics on horseback.



The good news is that since end March, riding opportunities delivered have increased by 75%. This has stabilised to 67%. This despite adverse weather, shortage of sprightly volunteers and especially Coaches. With a full complement of volunteers, we can do more.



Thank-you as always for the help and advice from the **Nottinghamshire Community Foundation** in a climate of change which has felt particularly stressful.

We continue to receive significant support via an annual grant from Sir John Eastwood Foundation, a reliable representation of their confidence in what we continue to achieve.

Very timely grant aid support was appreciated this year and is shown separately within the accounts from:

- J. N. Derbyshire Trust;
- Amy's Fund;
- Children's Charity Shop in Sutton-in-Ashfield.

Local businesses were also supportive with donations:

- Walker & Son (Hauliers) Ltd. of Tuxford gave £500
- a surprise and very welcome donation of £100 was received from Vertu Honda, Mansfield. (Thank-you to Jed and the team)

And we always appreciate the amazing collection of small change; those donors who wish to remain anonymous, (you know who you are) and our riders and relatives for their continuing donations. We remain forever grateful for your faith that we will put your money to good use.

Ongoing during 2023 is a wonderful fundraising campaign undertaken by the NHS Research Delivery Team who have been raising funds for Greenwood RDA to help with our running and other costs. Members are attempting to run; walk; ride; row; swim 20,000 miles during 2023 with sponsorship collected via their own JustGiving page. https://www.justgiving.com/page/researchdelivery-greenwoodrfd-1678224125785?utm_source=sms&utm_medium=one_page&utm_content=page/researchdelivery-greenwoodrfd-1678224125785&utm_campaign=pfp-sms&utm_term=96a6df904e7448a8854a8f33059bdfc1

Inspired by this we have set up our own page on JustGiving so please do share the link in the box with your friends and family.

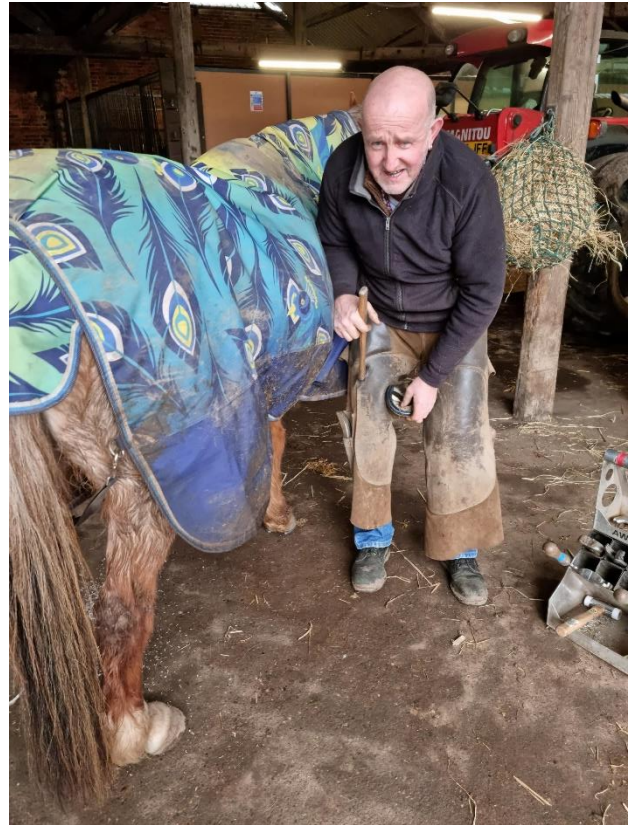
Find us on
JustGiving
<https://www.justgiving.com/greenwood-rda>

Support comes in all shapes and sizes – not only from direct fundraising We could not function without the unstinting commitment of our regular Volunteers who turn up in all weathers to help look after the horses. The core team of Volunteers continues to commit to a phenomenal number of hours each week, over and above what is expected. As one volunteer said: "If I didn't enjoy it, I wouldn't be here".

Reclaimed Gift Aid remains a significant part of our income - £901.16 during the financial year under report and has already reached £800 to be claimed this year. So, if you do pay tax to HMRC and have not assigned your Gift Aid elsewhere, please remember us by completing a declaration for your donations. The money is "reclaimed" from the amount of tax you already pay and will cost you nothing extra. We appreciate that not everyone can sign up for this but THANK YOU to those who do. [form available from Winifred on request]

A huge THANK-YOU to all our long-term supporters for standing by us in troubled times:

- Anonymous individuals who have not only donated significant amounts but also have Gift-Aided those donations.
- Andy Welch, our Farrier, for his continued support in shoeing the horses.
- And not forgetting long-term supporter Glynn and others who have accumulated their small change – it all adds up.
- And to EVERYONE who worked so hard to make our Summer Fair such a huge success (proceeds of £1045.08 will show in the next financial year).



We are recruiting new volunteers and not just for horse-related tasks. If you would like to help, enjoy fresh air and exercise and you have some free time please phone Winifred on 01623 627974 for an informal chat to find out more. Or email greenwoodrda@gmail.com

It helps if you know something about horses, but we will introduce you if not. If you are inspired to help with Charity management tasks, horse knowledge does not matter, and time can be flexed to suit. All ages are welcome, but you must be at least 14 years of age to help with the horses and riders: at least 16 years of age to become a Trustee of the new CIO. There is no upper age limit !

www.greenwoodrda.org.uk

FINANCIAL PLANNING

RESERVES POLICY: The Charity TRUSTEES have a duty of care to the ponies, who are regarded as part of the overall family and not just work-horses. Once they reach that certain age and either retire or take on lighter work, they still need as much care as when in full work, until inevitable decisions must be made. Horses are living assets and deserve our consideration and compassion. Our Reserves Policy towards this end has proved its worth over the years and especially throughout the Coronavirus crisis.

Reserves must be in place to care for all our horses should funding fail. The amount is calculated on 1 year's costs to give a breathing space for alternative arrangements to be made for the horses, or for additional funding to be secured. Planning to ensure that all our essential costs towards the health and wellbeing of our horses can be met means that we can continue to sponsor the disabled young people who ride with us each week. The Trustees are also responsible for ensuring that any restrictions placed on the funds donated to us are fully observed. We prioritise horse care. If we have a vision for progress but no supporting funding, then we wait to implement plans until enough resources are in place. These responsibilities are reflected in the figures for the ALLOCATION OF RESERVES which Trustees review annually, and which are set out below.

STATEMENT ON RESERVES - Bank and Cash

We are always working towards having sufficient funds in reserve to ensure the feed and keep of our horses; replacing ponies due to retire; and setting aside sufficient care funds for ponies no longer working, so have no free reserves.

RDA Membership & Insurance	480	
Restricted Contingency Reserves		
Horses' keep @ £1647 p.c.m. x 12	19,764	
Farrier for the year ahead	1,000	
Worm Count Programme	500	
Emergency Veterinary contingency	2,600	24,344
Restricted Grant money for specifics		
New Horse RDA/PPL	3,500	3,500
TOTAL BUDGETED FOR PURPOSE		27,844
SHORTFALL	-8744	
Free Reserves	0.00	
TOTAL	£19,100	

Further support from the Sir John Eastwood Foundation is promised

GENERAL DONATIONS are accepted by this Charity always on the strict understanding that the money will be used solely for the benefit of the Charity as designated by the Trustees. We are registered for Gift Aid with HMRC. Our Grant Funders expect that any residual amounts not spent for purpose shall be returned and our accounting processes reflect that requirement. We have no FREE RESERVES.

The Charity in its new format continues to be committed to clear integrity in all its activities, particularly in how we use the money you donate.

In support of this declaration of intent the Charity has retained registration with the FUNDRAISING REGULATOR and is guided by the Code of Fundraising Practice which can be viewed in full on the FR website.

<https://www.fundraisingregulator.org.uk/code/new-code-october-2019>



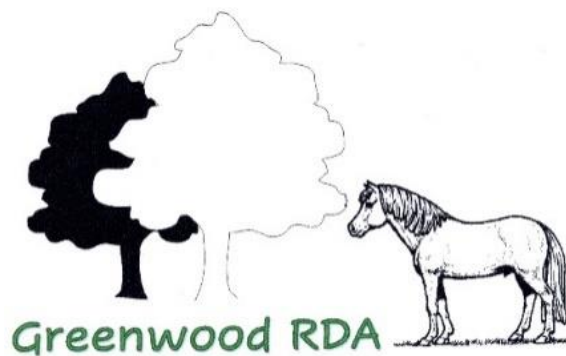
POLICIES and NETWORKING

In addition to the above Reserves Policy, the Charity has operating policies on a comprehensive range of topics, including Equal Opportunities, and Safeguarding, and an ongoing programme to ensure all are reviewed regularly.

This Charity has networking links with local Councils for Voluntary Services and the wider Voluntary Sector in Nottinghamshire. We are members of the NCVO; and are also registered for Gift Aid.

Greenwood is affiliated to the Riding for the Disabled Association incorporating Carriage Driving, which is registered under Charity No. 244108 and a Company Limited by Guarantee No. 5010395. Their current President is H.R.H. The Princess Royal, KG, KT, GCVO, QSO

Some news items in the report have been included because of their topicality. They may have breached the year-end date-line but are considered more relevant to this report than the next one. The resulting income or expenditure may well appear in next year's accounts having been received or spent after the end of the accounting period.



THANK-YOU to all our SUPPORTERS
To everyone who has applied
GiftAid to their donations
And to our amazing team of
committed VOLUNTEERS

Find us on
JustGiving
<https://www.justgiving.com/greenwood-rda>

www.greenwoodrda.org.uk

Sir John Eastwood
Foundation



The Children's Charity Shop
Outram Street
Sutton-in-Ashfield
Sales of books; bric-a-brac;
toys; clothing; accessories;
homewares; music

J. N. Derbyshire Trust

Amy's Fund

The Thomas Farr Charity

ANDY WELCH
Blacksmith and Registered Farrier
112 Annesley Road, Hucknall, Notts
NG15 7DD
☎ 0115 964 0412
Mobile: 07850 789832

Debbie Richardson
Master Saddler & Qualified Saddle Fitter
07787 532601
<https://www.djrichardson.net/>



NOTTINGHAMSHIRE
FREEMASONS

 Mobile yard visits and Postal services
EQUINEENDO
• Faecal Worm Egg Counts
• Weigh Bridge
• Prescription Wormers
• Equisal Saliva Kits
Tel: 07967660655
Email: info@equineendo.co.uk
www.equineendo.co.uk
Sandy Robertson
Registered SQP





Keen on sport & exercise?
Can't cope with noise or
excitement?
Side-lined by your disability?

Exercise, Therapy, Fun through horse-
riding
Riding for the Disabled offers another
way...



NEW FREEDOM OF MOVEMENT

1000 movements every 10 minutes on a
walking horse
It's the HORSE that makes the difference

Independent exercise in 3 dimensions:
Balance; Co-ordination; Movement

A PHYSICAL, SENSORY, SOCIAL
EXPERIENCE



GREENWOOD RIDING FOR THE DISABLED
a CIO - Charity 1195708

Based at Eastfield Farm, King's Clipstone,
Nottinghamshire NG21 9JJ

We offer sessions in small groups or individual 1:1
Please contact the Secretary for availability

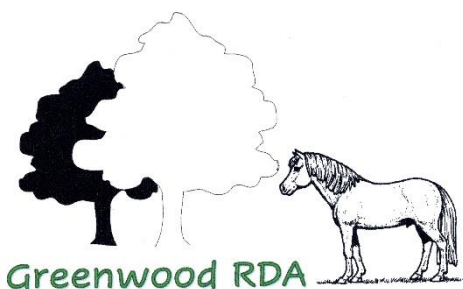
www.greenwoodrda.org.uk

Want to help? Volunteers needed

To find out more, please phone 01623 627974

or email: greenwoodrda@gmail.com

www.greenwoodrda.org.uk



Signed on behalf of the Charity Trustees

W. A. Pritchett

W. A. Pritchett, Trustee/Treasurer/Secretary 13/12/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Greenwood Riding for the Disabled Association incorporating Carriage Driving (a CIO) Registered Charity No. 1195708 – for the year ended 31st March 2023.

I report to the trustees on my examination of the accounts of Greenwood Riding for The Disabled Association for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 05/01/2024

John O'Brien MSc, FCCA, FCIE
Employee of Community Accounting Plus

**GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving
(CIO) Registered Charity 1195708**

Receipts & payments accounts for the year ended 31st March 2023

7 Months - 1st Sept 2021 to 31st March 2022		Notes	TOTAL RESTRICTED
	Receipts		
0	Bank Interest		0
18	Fundraising: raffles; boxes; change; easyfundraising		1712
0	Gift Aid: HMRC reclaimed		901
<u>8057</u>	Grants & donations	2	<u>26487</u>
<u>8075</u>	Total receipts		<u>29100</u>
	Payments		
287	Equipment		1596
635	Farrier		900
0	Fundraising costs		60
15	Health Safety Hygiene		0
95	Horse Hire/ Transport costs		107
9880	Livery Eastfield 7 months (inclusive charge)		15731
238	Printing, Postage, Stationery, Computer Supplies		307
85	Repairs & Maintenance (saddles)		61
96	Subscriptions, Web Site, Localgiving		230
48	Supplementary Feed		29
0	Training Costs (First Aid)		110
795	Veterinary, Dentist, Physio, Wormers, Clipping		2123
144	Volunteer Travel Expenses		620
74	Volunteer Support (inc. DBS Checks)		155
0	RDA Membership Fees		230
<u>0</u>	RDA Insurance		<u>230</u>
<u>12392</u>	Total payments		<u>22490</u>
(4316)	NET receipts/ (payments)		6610
<u>16807</u>	Cash funds at the start of this period		<u>12490</u>
<u>12490</u>	Cash funds at the end of this period		<u>19100</u>

GREENWOOD RIDING FOR THE DISABLED ASSOCIATION incorporating Carriage Driving (CIO)
Registered Charity 1195708

Statement of assets and liabilities at 31st March 2023

7 months - 1st Sept 2021 to 31st March 2022		Note	2023
£	Cash Assets		£
12490	Total bank and cash balances		19100
12490			19100
Assets			
No assets were purchased during the year costing more than £500			
Liabilities			
0	Creditor	4	(420)
0			(420)

These financial statements are accepted on behalf of the charity by:

Signed *W. A. Pritchett*

Date 05/01/2024

Greenwood RDA Trustee/Treasurer/Secretary

Notes to the Accounts

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Restricted Total £
Anonymous/General/Farrier disc. (inc. Gift Aided)	3,008
Sir John Eastwood Foundation	5,000
Together Fund: Sport England/RDA	9,699
J. N. Derbyshire Trust	2,000
Amy's Fund	3,705
Children's Charity Shop	1,000
Riding Donations	2,075
	26,487

3. Fund analysis

	Opening balance £	Receipts £	(Payments) £	Closing balance £
Restricted funds				
Greenwood Riding for the Disabled	8,990	29,100	22,490	15,600
Purchase of a horse	3,500	-	-	3,500
	12,490	29,100	22,490	19,100
Unrestricted funds				
General	-	-	-	-
	-	-	-	-

The specific purposes for which the funds are to be applied are as follows:

Greenwood Riding for the Disabled - All funds received are to fund the running costs of Greenwood Riding for the Disabled in Nottinghamshire.

Purchase of a horse - Funds received to purchase a horse before the end of 2024.

4. Creditors

£
 Independent examination fee (420)

5. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period

6. Premises and staff

The Charity is a Livery client at Eastfield Farm (a family-owned working farm). Currently responsible for 4 equines. All Volunteers deployed with no paid employees.

7. Previous Financial Year

Greenwood RDA was inaugurated with the Charity Commission as at 3rd September 2021. The accounts commenced from the beginning of that month. No financial activity between the 1st and 3rd September. The Charity had transitioned to a CIO from Woodside Farm Stables RDA Charity 1074298. There was a period of overlap with actual banks, since Covid prevented Barclays from setting up new accounts. The Charity changed banks to the Co-op, all on-line but Greenwood bank accounts could not be opened until March 2022. Those in the name of Woodside are now closed.

8. Related party transactions

There were no related party transactions in the year.

9. Glossary of Terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.

Accounts

WOODSIDE FARM STABLES RIDING FOR THE DISABLED

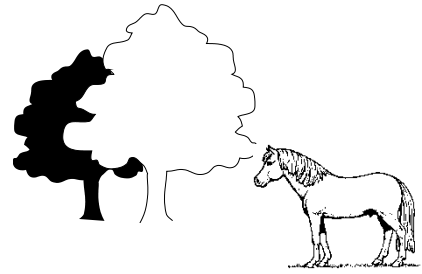
Registered Charity No. 1074298

Transitioned to GREENWOOD RIDING FOR THE DISABLED

(a CIO) Registered Charity No. 1195708

based at EASTFIELD FARM - King's Clipstone

Exercise, Therapy, Fun, through Horse-Riding



Report & Year-End Accounts

- April 2020 to March 2021
- April to August 2021 (final Woodside RDA)
- September to March 2022 (initial Greenwood RDA)

*A time of change
and new
challenges*

*In September 2021 we
converted to a Charitable
Incorporated Organisation
under the name:
GREENWOOD RDA*

Presented to the 2021/2022 AGM and
Transition Meeting

www.rda.org.uk

www.northmidlandsrda.org.uk

As an independent registered Charity No. 1074298 WOODSIDE FARM STABLES RIDING FOR THE DISABLED is responsible for its own management and for raising its own finances as is the newly formed **GREENWOOD RIDING FOR THE DISABLED (CIO) Registered with the Charity Commission No. 1195708**. The Charities operate through the goodwill of our wonderful volunteers. All will be under the management of the new Charity once all legalities have been processed and Woodside RDA closed. We apply good management practice in our operations in following our aims and objectives: *Exercise, Therapy, Fun through Horse-Riding*

AIMS AND OBJECTIVES

To promote the objectives of Riding for the Disabled Association, incorporating carriage driving, by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and well-being in the North Midlands.

We aim to make horse riding available to children and young people whatever their physical, sensory, or learning impairment and whatever their financial circumstances. The charitable need thus addressed encompasses each individual rider’s family; social circle; and extends to their peer groups. We address and meet the public benefit requirement of our charitable status

WHERE?

EASTFIELD FARM, KING’S CLIPSTONE
NG21 9JJ since 2nd November 2019

ADMIN: TREASURER/SECRETARY

Mrs. W. A. Pritchett, 7 Robin Down Lane,
Mansfield, Notts. NG18 4SP

☎01623 627974 ✉studley@waitrose.com

WHEN? Initially Wednesday mornings
and Saturday mornings

Volunteer Helpers are always needed, either to help with riding sessions; farm tasks; looking after the horses; or as part of the management team. Please contact the Secretary if you would like more information about joining us.

CONTENTS	Page
History	3
How Does Riding Help	4
A Review of Activities	5
Client Comments	8
Plans for the Future	9
Photo Gallery	10 -11
Financial Report	12 - 13
Fundraising & Support	13
Reserves Policy	14
Year-End Accounts	14 - 17
Notes to the Accounts & Networking	18
Our supporters	19

Your Charity Team – all Volunteers

Chair of Trustees	Christine Bagguley
Vice-Chair of Trustees: Woodside	Debbie Colledge (retiring)
Vice-Chair of Trustees: Greenwood	Elaine Pearson (joined Sept.2021)
Trustee/Treasurer/Secretary	Winifred Pritchett
RDA Group Coaches	Winifred Pritchett Tammy Bevan
Coach in Training	Ayla Johnson

Supported by our trained and dedicated team of Volunteer helpers

ON THE FARM
Farm Proprietor: Mr Philip Wilson
Livery Yard Manager: Miss Ayla Johnson
Farmer: Stef Burton

COVER PICTURE: Hollie on Pride, supported by Maddy and Patty – playing quoits in competition with Livery Yard Manager, Ayla Johnson riding her own horse Tilly



HISTORY

1971 → the start of it all

Having been involved with promoting riding for disabled young people for several years, Jack and Anita Parker had the opportunity to set up their own member group of [Riding for the Disabled Association](#) at Woodside Farm Stables, Rainworth. With good access to Forestry Commission land, there was a safe and attractive environment for driving the pony and trap as well as for riding. The stables were developed and became a licensed riding school for the purpose of supporting disabled riding. The Mansfield & District RDA group evolved into the Woodside Farm Stables RDA and was accepted into full RDA membership in [June 1986](#).

[1998 → Charity Changes: Riding for the Disabled Association](#) formed a Federation of individual Charities. Each of the new charities had autonomy over its own activities and became responsible for raising funds to continue operating. Woodside Farm Stables Riding for the Disabled Charity 1074298 held its inaugural meeting on [28th November 1998](#) Running costs were supported through the Riding School and through grant aid and fundraising.

[May 2009 → A special anniversary:](#) Mrs Anita Parker celebrated her 80th birthday. She decided to relinquish the licence for the riding school. Woodside Farm Stables RDA continued but the charity needed to meet the full cost of feeding and caring for the horses used by disabled clients. Planning, combined with a prudent Reserves Policy ensured we achieved our then eventual target of £1000 per month. [During 2013-2015](#) substantial support from the [Freemasons John F. Mortimer Fund](#) assured financial stability. Since then, Woodside RDA has been fortunate in support from generous donors across the business and community sectors who have been inspired by what we achieve.

[August 2019 → Start of a New and Exciting Era:](#) [August](#) saw a suspension of riding at Woodside Farm and the search for new premises commenced in earnest.

[November 2019 →](#) the Charity relocated to Eastfield Farm at King's Clipstone where the future and potential for development looks bright. All set to re-start activities on 1st April 2020, plans were halted by the coronavirus lockdown. A huge disappointment for riders and a consequent loss of



revenue from riding donations. The Charity has been particularly grateful for support from Sir John Eastwood Foundation towards relocation and development costs, and the Thomas Farr Charity to help us through the crisis. Losses due to Covid-19 were mitigated by a grant from the Community Emergency Fund facilitated by Sport England.

[APRIL 2020 and Beyond →](#) Being secure financially is not all. We have an ongoing recruitment and training programme for volunteers willing to commit to Charity management roles as well as being involved with the horses and riders. Success in attracting committed people is vital in ensuring operational viability long-term.

HOW DOES HORSE-RIDING HELP?

Exercise is important for the development and maintenance of a healthy body and mind. An inability to move muscles and joints impaired through disability or trauma has consequences for otherwise healthy body parts. The impact of many disabilities or remedial medication may mean that individuals cannot cope with the noise or excitement associated with most competitive sports. Horse riding offers an alternative

Horse riding provides exercise in 3 ways:

- Balance
- Co-ordination
- Movement

Riders can be independent and in charge for a change – thus decision-making skills are developed

Social and communication skills are developed, with both horse and helpers

The rhythmic movement of the horse is soothing for riders with otherwise hyperactive conditions

Those who are wheelchair bound can for once rise head and shoulders above everyone else → it is liberating

It is a physical, sensory and social experience

Develops confidence

Promotes self-discipline

Improves self-image

Riders benefit from the opportunity to distribute care [to the horse] rather than always receiving it.

Lessons can be designed to deliver most areas of the National Curriculum

It teaches new skills and requires active involvement

Riding stimulates the parts other forms of exercise cannot reach – a majority of our riders cannot take exercise in any other way

Physiotherapists have demonstrated that a walking horse delivers 1000 movements every 10 minutes. The rider absorbs and responds to those movements

Riding is a recognised competitive sport but can be enjoyed at many levels

But most of all it is FUN - IT'S THE HORSE THAT MAKES THE DIFFERENCE

A REVIEW OF OUR ACTIVITIES

The primary goal of this Charity is the therapeutic benefit of horse riding, much of which may not be apparent even to those who are familiar with horses. Therapy is delivered using the horse, without the rider (or spectators) being aware that this is happening. This is a huge bonus especially for those disabled individuals who have become accustomed to attending clinical appointments where procedures are done to them requiring only passive participation. We have ambitious long-term plans aimed at expanding the experiences we can offer with younger volunteers embarking on the RDA Coaching Pathway.

We have a strong self-help element in our operation. We are serious about safeguarding. Volunteers are DBS checked to enhanced and barred level. Parents/carers of riding clients enrol and are trained as volunteers, to ensure we have sufficient people involved with activities to meet robust health and safety standards.

Statistics compiled each year determine our membership fee paid to RDA UK and for insurance which is usually based on rides delivered. The census period covers 1st September to 31st August. We operate throughout the year, weather and sufficient volunteers permitting. Our newer volunteers rapidly learn that thermals and waterproofs should form the mainstay of their wardrobes. Eastfield Farm was officially approved as our new venue in March 2020 ready for an April start. The first Coronavirus lockdown then took its toll. The impact of Covid-19 and lockdown means riding sessions have been sporadic. But being so much in the fresh air with plenty of room for distancing has meant we could be Covid compliant and operate more frequently than other charities in the RDA family. Latterly, sessions have been impacted by veterinary time-outs for the horses and personal caring commitments which have diverted the participation of our main Coach. Normally, numbers do fluctuate throughout the year and with the seasons, but during the period of this report there have been unforeseen challenges beyond the control of the Charity. In unprecedented times the commitment of our core volunteers and the loyalty of our riders has been impressive.



Social Distancing really means keeping a Physical distance of 2 meters between you and other people. It does involve strict rules of avoiding touching other people.

(One of the posters designed by James Tulloch-Knight to help our young participants understand)

Keeping their distance, Chris, Anne, and Patty point out one of the new posters



THANK-YOU to friend James Tulloch-Knight who designed some very eye-catching posters explaining the meaning of "Social Distancing" and the need to keep a Physical Distance. We displayed these at key points around the farm and they helped our riders to understand.

With recruitment bringing a very encouraging response, 19 delegates attended a Pre-Start Introductory training held over two days at the end March/April 2021 which was managed between lockdowns. Coach Winifred supplemented the practical training with Power Points prepared for distribution electronically to new recruits. All elements were covered, albeit not in the usual sequence. All rounded off with a Pizza celebration and accreditation certificates. All is reinforced through practical experience and several of our Volunteers have since used their time with us to augment their CVs in preparation for employment or further/higher education and for Duke of Edinburgh awards.



COACHING QUALIFICATIONS Winifred Pritchett has completed her review process and is all set until 2023. Ayla Johnson overcame all the challenges of lockdown with its impact on the practical modules which form a compulsory element of the Coaching Pathway and officially received her Coach in Training passport on 13th August 2021. Tragically all the delays meant that Ayla's window of opportunity to progress the Pathway had closed, but opportunities to resume may well emerge in future. We had two more promising candidates in the pipeline – Tammy Bevan and Mandy Losinski. The problems with lockdown have been somewhat overcome and we are delighted to report that both have already achieved Coach in Training Status. Tammy (pictured) was officially assessed as a fully qualified RDA Group Coach in

March 2022. Mandy has since decided not to progress her training.

We are keen to encourage yet more volunteers to embark on this very worthwhile way of helping disabled young people to achieve, especially important for succession planning.

EXTRA HELP to keep us safe. In October 2021 the team at Eastfield Farm – Volunteers and Riders – were delighted to open an early Christmas present





A big yellow box arrived, courtesy of www.farmstable.com containing a very welcome supply of donated bottles of hand sanitizer gel AND a big yellow bucket! All helps us to maintain hygiene supplies and keep everyone that much safer whilst they enjoy their riding. Farm & Stable UK (01730 815800) has been trading for over 45 years in the commercial equine market. The company holds the Royal Warrant for the supply of veterinary products and stable equipment to H.M. The Queen. Do have a look at their website for inspiration on how their products can help you.

So, a BIG THANK-YOU to Farm & Stable from everyone involved with RDA at the farm



Although sessions were repeatedly interrupted by lockdown, work behind the scenes carried on. In the hot weather the ponies were able to enjoy cooling off with a paddle in the river which runs through the farm.

In May we dealt with a very novel risk assessment: RDA Coaches are always alert for risk assessment before, during, and after riding sessions. But in



May 2021 no-one could have imagined the episode which distracted RDA riders – Dotty the farm’s pet sheep gave birth near the outdoor school – to triplets no less. Two were named Heidi and Winnie (Winifred is still not sure whether this was a compliment or not!) and we ran a competition to name the third – Twinkle.

And Congratulations go to Winifred Pritchett

Trustee/Treasurer/Secretary and long-term RDA Group Coach. Winifred was nominated for the Captain Tom e-Wall of Fame and as a candidate for RDA Brilliant Person of the Year Award 2020. Winifred has had to curtail her Coaching involvement so far in 2022 to concentrate on family caring commitments but she continues to work behind the scenes on all that paperwork essential for keeping a Charity running.






Our sincere THANKS go to Pat Steven from Ruddington RDA who fitted us into a very busy schedule and stepped in as substitute Coach and Coach Training Mentor during Winifred's absence. Pat is pictured here, with Volunteer Anne riding Legend.


A full information pack about Volunteering or Riding with Greenwood RDA can be obtained by contacting our Secretary, Winifred Pritchett (contact details on page 2)

OUR CLIENTS COMMENT and VOLUNTEERS SHARE THEIR VIEWS

 My 7-year-old son was diagnosed with ASD/ADHD and we knew about RDA charity while attending parenting workshop. The first few riding lessons were quite challenging for him as it was all new to him. He had difficulty dealing with the horse and he was quite anxious. However, all those challenges were met with great understanding and support of the team who showed true patience and genuine kindness to him.

We've witnessed impressive progress on so many levels and now horse-riding lessons become an essential part of his weekly routine thanks to the highly skilled volunteers who help him. They are supportive, friendly, and kind and for that we are eternally grateful.

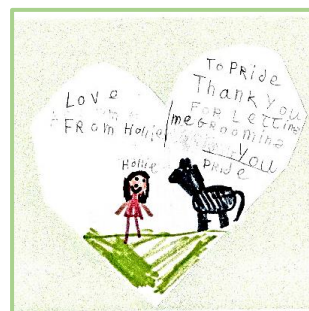
We'd love for this activity to continue and thrive through ongoing fundraising and donations to help other children with similar needs.


 Hollie has multiple challenges: Her Mum says:


Hollie really looks forward to her weekly riding sessions; they really are a highlight of her week. Hollie is always ready early on the day of her lesson, eagerly waiting to go.


Hollie loves to talk to family and friends about the horses, telling them their names, colour and what they like, which is excellent as she struggles with her communication skills – this really helps her in developing her skills. On the days Hollie has been riding she comes home very content, happy and relaxed.

With Hollie being happy and relaxed after riding this means the rest of our family have a good day too! If Hollie is happy – the rest of us are!!




 From my perspective volunteering has been good for me, due to COVID and being furloughed it has helped me to get in touch with people again, feel useful, and also part of a "community", otherwise I just sit and do nothing!

 RDA is my lifeline. It's somewhere where I'm not defined as my husband's carer and have the support of my co-volunteers and the added benefit of working with horses (therapy in itself) - not to mention seeing the joy and excitement it brings to the children.

 So, what do I get out of RDA?

- Exercise and Fresh Air
- The unspoken therapy of the horses' presence
- The support and counselling of my co-volunteers
- Seeing the results of my work in the happiness of the riders and the help it gives parent(s) when the rider is calmer and happier after their ride.

 I suffer from anxiety and have done for many years. Bereavement made things worse for me, and my anxiety heightened. I also started to get depression. A year later I looked into volunteering for the RDA and to my delight I was accepted. It changed things dramatically for me, not only giving me back my confidence but it also suppressed my anxiety whilst in that environment. Meeting the other volunteers has also helped me and I have made new friends who I can relate to as their circumstances are similar to mine. We work as a team and assist each other as and when. Having had little experience with disabled children, witnessing them develop and benefit from horse riding is so heart-warming and rewarding.



PLANS FOR THE FUTURE

The Coronavirus crisis has inevitably proved disruptive, not only from the perspective of riding sessions, which have impacted income through riding donations, but there have been extended consequences involving banking and charity management. We are finally and formally Greenwood Riding for the Disabled (CIO) registered with the Charity Commission under number 1195708. Over the course of the period under report mandatory training was delayed until providers recognised the need for flexibility and acknowledged Zoom meetings as acceptable substitutes for face-to-face requirements. All this seriously affected our ability to drive through our vision for the future. But the Charity has risen to the challenge.

Our core team of Volunteers and our ponies are reaching a certain age. We have plans for succession, both for suitable new horses and to attract Volunteers who can commit longer term. We need volunteers who can commit on a regular basis and not just at weekends. Retired individuals who are not in full-time employment tend to dominate the profile of an RDA volunteer. But for future-proofing we must attract a mix of age groups and perhaps need to review the times when sessions can be offered during the week. Attendance of sufficient volunteers to maintain safety standards is key to our operation. Retention of volunteers depends on being able to maintain their interest. Covid regulations and suspension of sessions undermined our capacity to do that, and several potentially promising recruits found outlets for their altruism elsewhere whilst waiting for RDA riding to resume.

With new Coaches on stream and the search for an additional horse starting in earnest, we are hoping that the enforced inertia can be turned around to address the potential for growth. We may feel somewhat frustrated that our vision has been delayed in the planning but looking back we can be proud of just how far we have come.

As the newly qualified Coach, Tammy Bevan, gains experience and can deliver extra or extended sessions, we can offer hope to those on our waiting list. With additional arena equipment made possible by the grant from Yorkshire Building Society, we can provide diversity with the sessions, introducing a fun maths element which we hope our riders will enjoy. We are hoping to find the right horse, strong enough to carry riders as they mature thus providing an opportunity for them to continue riding and to cater for those with asymmetrical balance challenges. Such a horse will solve the current problem of having to turn away riders who exceed our horse-welfare weights. We have already secured a small grant towards the overall cost via RDA UK with another sum pledged. But before we can purchase that ideal equine, we need to have sufficient funds in the kitty to be able to feed it. That is a work in progress. We also have ideas to create opportunities for Parents to socialise.

We want to actively encourage new Trustees to take on the responsibility for managing the Charity and driving the vision, whilst there is still time for the incumbent Trustees to mentor and support any new candidates.

We have commissioned a new banner. Thank-you to S.L.E. Sign & Graphics for going that extra mile to ensure it was ready to use for our Jubilee fundraising event on 4th June and to our Volunteer Grace for creating the design.

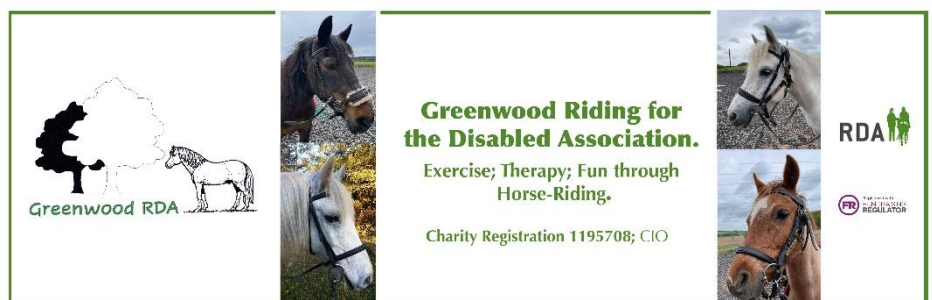
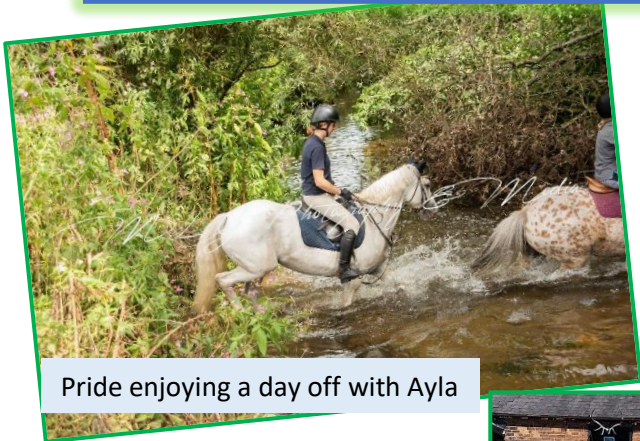


PHOTO GALLERY years ending 2021 / 2022



Pride enjoying a day off with Ayla



Learning to plait



Chris tries out Ollies Trolley bought with some of YBS grant

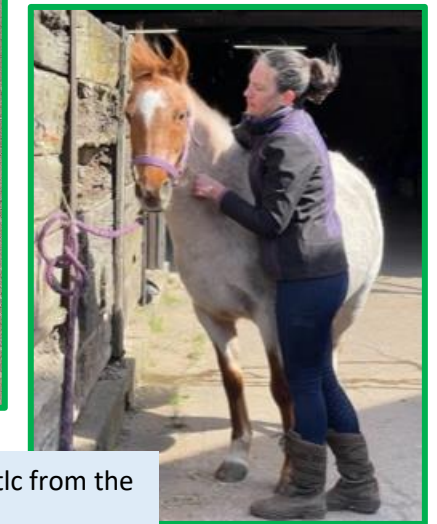


Division with quoits

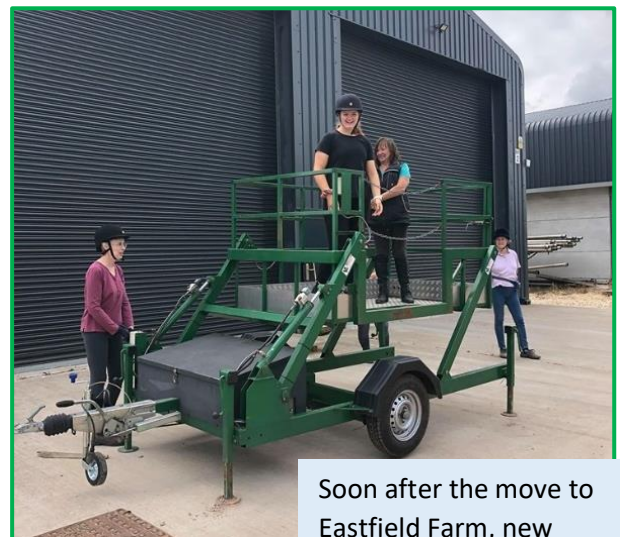




2022: Heidi; Twinkle and Winnie have grown. They like the look of Darkie's dinner



Tizzy gets some tlc from the Equine Physio



Soon after the move to Eastfield Farm, new volunteers were taught how to use the hydraulic lift



Sandy Robertson from Equine Endo in her mobile lab

FINANCIAL REPORT – about Money and other Resources

Yet again we have survived a challenging period with situations beyond our direct control that have stretched our resources. We weathered the Covid crisis through a determination to deliver; the loyal support of our Volunteers; and the patience, understanding and flexibility of our riding families. THANK-YOU ONE AND ALL

To bring all together this report covers the full year to end March 2021 together with the split year between the old and new charities culminating in March 2022, which I hope will give clarity for comparison.

The prime challenge over the period under report was the transition from unincorporated but registered Charity 1074298 to the Charitable Incorporated Organisation 1195708. We set everything in motion in August 2021. The Charity Commission took only a few days to process our application and Greenwood was inaugurated on 3rd September 2021. But the banking situation was more complex since we wished to change the name as well as the status and had a minor change in the Trustees. Mandatory face-to-face interviews for setting up a new bank account were not on offer from Barclays because of Covid restrictions, so we changed banks. Even so the process was protracted and for quite some months Greenwood RDA officially existed, but the only bank account was in the name of Woodside RDA. This presented barriers to grant aid funding applications, since the two needed to match. We ran the two charities in tandem until the change could be finally resolved and Greenwood RDA Community Plus Account with the Co-op Bank went live in March 2022.

For obvious reasons donations from riding income fell dramatically. At the same time, we had unforeseen expenses associated with Veterinary visits when one of our mares injured herself in the field and had to go to Veterinary hospital. Over the period under report our total Vet bills amounted to £4,512.29, with a further £1,116 anticipated in April 2022 for laser treatment and Vet care for our mare diagnosed with cancer. No NHS for horses and affordable insurance is not an option. Each year more than 90% of our expenditure goes directly on horse care.



We have, however, received some significant support through Made by Sport; Sport England Community Emergency Fund; Sir John Eastwood Foundation; the Thomas Farr Charity yet again; Sutton Freemasons Non-Masonic Charity; and latterly from the Yorkshire Building Society Charitable

Foundation, not forgetting the amazing collection of small change and those donors who wish to remain anonymous. We remain profoundly grateful for such faith in our integrity and responsible money-management. Thank-you as always for the help and advice from the Nottinghamshire Community Foundation during an especially stressful couple of years.

Winifred Pritchett
Charity Trustee/Treasurer/Secretary

SUPPORT comes in all shapes and guises – not only direct fundraising. We could not function without the unstinting commitment of our regular Volunteers who turn up in all weathers to help look after the horses. The core team of Volunteers collectively average 70 hours each week – a phenomenal achievement, and that does not include additional Saturday volunteers and input from the newly qualified Coach.

Reclaimed Gift Aid remains a significant part of our income – in spite of sporadic activities the figure for year ended March 2020 was £455.50 (received in April) and a huge £889.03 for year ending March 2021. So, if you do pay tax to HMRC and have not assigned your Gift Aid elsewhere, please remember us by completing a declaration for your donations. The money is “reclaimed” from the amount of tax you already pay and will cost you nothing extra. We appreciate that not everyone can sign up for this but THANK YOU to those who do. [form available from Winifred on request]

THANK-YOU to all our long-term supporters and welcome new ones:

- Anonymous individuals who have not only donated significant amounts but have also Gift-Aided those donations – you know who you are.
- Andy Welch, our Farrier, for his continued support in shoeing the horses.
- To Emma (Emma’s Sweet Shack) for the very welcome proceeds of her raffle.
- To Rai for raising funds through auctioning a selection of her creative accessories
- Rivelli Capelli for hosting one of our collecting boxes (and to Lucy for gathering it in)
- And to Maddy from Blondie Brownie Bakes for the offer of raffle prizes for that yet to be organised fundraising event
- And not forgetting those who have accumulated their small change – it all adds up – and we can add Gift-Aid under a special arrangement with HMRC to those donations as well.

RESERVES POLICY: The Charity TRUSTEES have a duty of care to the ponies, who are regarded as part of the overall team and not just work-horses. Once they reach that certain age and either retire or take on lighter work, they still need as much care as when in full work, until inevitable decisions must be made. Horses are living assets and deserve our consideration and compassion. Our Reserves Policy towards this end has proved its value over the years and especially throughout the Coronavirus crisis.

Reserves must be in place to care for all our horses should funding fail. The amount is calculated on 1 year’s costs to give a breathing space for alternative arrangements to be made for the horses, or for additional funding to be secured. Planning to ensure that all our essential costs towards the health and wellbeing of our horses can be met means that we can continue to sponsor the disabled young people who ride with us each week. The Trustees are also responsible for ensuring that any restrictions placed on the funds donated to us are fully observed. We prioritise horse care. If we have a vision for progress but no supporting funding, then we wait to implement plans until enough resources are in place. These responsibilities are reflected in the figures for the ALLOCATION OF RESERVES which Trustees review annually, and which are set out in the accounts.

In addition to the above Reserves Policy, the Charity has operating policies on a comprehensive range of topics, and an ongoing rotation of reviews to ensure these are kept up to date.

We are recruiting new volunteers and not just for horse-related tasks. If you would like to help, enjoy fresh air and exercise and you have some free time please phone Winifred on 01623 627974 for an informal chat to find out more. Or email studley@waitrose.com

It helps if you know something about horses, but we will introduce you if not. If you are inspired to help with Charity management tasks, horse knowledge does not matter, and time can be flexed to suit. All ages are welcome, but you must be at least 14 years of age to help with the horses and riders: at least 16 years of age to become a Trustee of the new CIO. There is no upper age limit !

WOODSIDE FARM STABLES RIDING FOR THE DISABLED Charity 1074298
STATEMENT OF FINANCIAL ACTIVITY Year ended March, 2021

2020

		Restricted Specific	WOODSIDE General Restricted	TOTAL
	INCOME			
15	Bank Interest		2.42	2.42
	Grants & Donations			
0	Community Emergency Fund (Sport England)	5999.00		5999.00
2161	Anonymous/General/Farrier disc. (inc. Gift Aided)		2916.48	3516.48
5000	Sir John Eastwood Foundation		10000.00	10000.00
2945	Thomas Farr Charity	0.00		0.00
1500	Flowers and in memorium			0.00
0	RDA C & R Grant	1200.00		1200.00
200	Sutton Freemasons Non-Masonic Charity		200.00	200.00
17	Fundraising: Raffles; Boxes; Change		552.42	552.42
655	Gift Aid: HMRC reclaimed		455.50	455.50
1790	Riding Donations inc. Gift Aided		640.00	640.00
14284	TOTAL INCOME	7199.00	14766.82	22565.82
	EXPENDITURE			
450	Affiliation & Banded Insurance	450.00		450.00
324	Insurance (Lift all risk)	324.14		324.14
82	Achievement Awards/Badges/Certs/Trophies		0.00	0.00
15	Fundraising Costs		41.30	41.30
3195	Equipment		1005.09	1005.09
94	Equine Transport and Passport costs		287.50	287.50
811	Veterinary/Dentist/Physio/Wormers/Clipping	105.00	2395.41	2500.41
735	Farrier	180.00	980.00	1160.00
26	Volunteer Travel Expenses		0.00	0.00
82	Volunteer Support		114.40	114.40
5950	Woodside Farm Stables: Livery & Hire 7 months		0.00	0.00
6175	Eastfield Livery (5) 12 months (inclusive charge)	6139.86	8680.14	14820.00
203	Repairs & Maintenance		7.00	7.00
108	Room Hire		0.00	0.00
8	Miscellaneous		0.00	0.00
0	Health Safety Hygiene		234.68	234.68
317	Printing Postage Stationery Computer Supp		290.78	290.78
181	Subscriptions/Web Site/Localgiving		146.00	146.00
0	Training (inc. books & publications)* Covid10 cancelled		89.46	89.46
18755	TOTAL EXPENDITURE	7199.00	14271.76	21470.76
-4472	NET INCOME	0.00	495.06	1095.06
15272	FUNDS b/f		10799.60	10799.60
10800	TOTAL FUNDS c/f	0.00	11294.66	11894.66

Accounts have been prepared on a Receipts & Payments basis

BALANCES

Community Account	5748.76
Business Saver 492	148.14
Business Saver 044	5204.03
Cash	121.73
Petty Cash held at Eastfield	72
Unpresented cheques	600
TOTAL	11894.66

WOODSIDE FARM STABLES RIDING FOR THE DISABLED Charity 1074298

Final STATEMENT OF FINANCIAL ACTIVITY 5 Months April to August 2021

INCOME	Restricted Specific	WOODSIDE General Restricted	TOTAL
Bank Interest		0.13	0.13
Grants & Donations			
Made by Sport (Sport England)	2021		2021.00
Anonymous/General/Farrier disc. (inc. Gift Aided)		1565.94	1565.94
Sir John Eastwood Foundation		5000.00	5000.00
Thomas Farr Charity	2000		2000.00
Sutton Freemasons Non-Masonic Charity			0.00
Fundraising: Raffles; Boxes; Change		457.06	457.06
Gift Aid: HMRC reclaimed		889.03	889.03
Riding Donations inc. Gift Aided		1502.00	1502.00
TOTAL INCOME	4021.00	9414.16	13435.16
EXPENDITURE			
Affiliation & Banded Insurance		381.00	381.00
Insurance (Lift all risk)		280.00	280.00
Achievement Awards/Badges/Certs/Trophies			0.00
Fundraising Costs			0.00
Equipment		35.99	35.99
Equine Transport and Passport costs			0.00
Veterinary/Dentist/Physio/Wormers/Clipping		929.40	929.40
Farrier	615.00		615.00
Volunteer Travel Expenses			0.00
Volunteer Support DBS Checks		41.60	41.60
Eastfield Livery (5) 5 months (inclusive charge)	1000.00	5175.00	6175.00
Repairs & Maintenance			0.00
Room Hire			0.00
Miscellaneous			0.00
Health Safety Hygiene		14.99	14.99
Printing Postage Stationery Computer Supp			0.00
Subscriptions/Web Site/Localgiving		50.00	50.00
TOTAL EXPENDITURE	1615.00	6907.98	8522.98
NET INCOME	2406.00	2506.18	4912.18
FUNDS b/f		11894.66	11894.66
TOTAL FUNDS transferred to Greenwood RDA	2406.00	14400.84	16806.84
Accounts have been prepared on a Receipts & Payments basis			
BALANCES			
Community Account			11294.95
Cash			22.18
Petty Cash held at Eastfield			132.41
Business Saver 44			5204.16
Business Saver 492			153.14
Unpresented cheques			
TOTAL taken forward to the new CIO Greenwood RDA Charity 1195708			16806.84

GREENWOOD RIDING FOR THE DISABLED (CIO) Registered Charity 1195708

Initial STATEMENT OF FINANCIAL ACTIVITY 7 Months September to March 2022

INCOME	Restricted Specific	GREENWOOD General Restricted	TOTAL
Bank Interest		0.13	0.13
Grants & Donations			
Anonymous/General/Farrier disc. (inc. Gift Aided)		712.95	712.95
RDA UK (towards new horse) PPL	3,500		3500.00
Yorkshire Building Society Charitable Foundation	1,614		1614.00
Fundraising: Raffles; Boxes; Change; Easyfundraising		18.14	18.14
Gift Aid: HMRC reclaimed		0.00	0.00
Riding Donations inc. Gift Aided		2230.00	2230.00
TOTAL INCOME	5114.00	2961.22	8075.22
EXPENDITURE			
Affiliation & Banded Insurance (due April 2022)		0.00	0.00
Insurance (Lift all risk) due 2022		0.00	0.00
Fundraising Costs			0.00
Equipment		286.97	286.97
Veterinary/Dentist/Physio/Wormers/Clipping		794.98	794.98
Farrier		635.00	635.00
Volunteer Travel Expenses		144.00	144.00
Volunteer Support (inc. DBS Checks)		73.95	73.95
Eastfield Livery 7 months (inclusive charge)		9880.00	9880.00
Supplementary Feed		48.20	48.20
Repairs & Maintenance (saddles)		85.00	85.00
Health Safety Hygiene		14.99	14.99
Horse Hire costs		95.00	95.00
Printing Postage Stationery Computer Supp		237.60	237.60
Subscriptions/Web Site/Localgiving		96.00	96.00
TOTAL EXPENDITURE	0.00	12391.69	12391.69
NET INCOME	5114.00	-9430.47	-4316.47
FUNDS b/f		16806.84	16806.84
TOTAL FUNDS c/f	5114.00	7376.37	12490.37

Please Note: This report and the accounts cover the 12-month period ending March 2021. extended until August 2021 to cover the final 5 months under the banner of Woodside RDA. And until March 2022 showing the initial 7 months for the new Charity. Because of the problems experienced in establishing new bank accounts we retained the Woodside bank account beyond August 2021 to bridge the delay in establishing an account in the name of Greenwood. All was made clear to our supporters. The accounts will eventually be amalgamated into the one Greenwood account as soon as the Woodside RDA can be officially closed.

Some news items in the report have been included because of their topicality. They may have breached the year-end date-line but are considered more relevant to this report than the next one. The resulting income or expenditure may well appear in next year's accounts having been received or spent after the end of the accounting period.

GREENWOOD RIDING FOR THE DISABLED (CIO) Registered Charity 1195708**STATEMENT OF ASSETS AND LIABILITIES 7 months ended March, 2022****BANK AND CASH BALANCES**

Woodside Co-op Community Plus Account	8698.42
Greenwood Co-op Community Plus Account	3670
Cash	104.54
Eastfield Petty Cash	17.41
TOTAL BANK/CASH	£12,490.37

Less CURRENT LIABILITIES	0
Total Assets as at 31st March	£12,490.37

Notes to the Accounts: The Accounts across the closure of Woodside Farm Stables RDA accounts and the inauguration of Greenwood RDA in September 2021 have been prepared on a Receipts & Payments basis. Restricted Donations define those donations given on the strict understanding that the money will be used solely for the defined project or for the benefit of the Greenwood Charity as designated by the Trustees.

STATEMENT ON RESERVES - Bank and Cash – Based on predicted plans for the future and carried forward to financial year commencing 1st April 2022

We are always working towards having sufficient funds in reserve to ensure the feed and keep of our horses; replacing ponies due to retire; and setting aside sufficient care funds for ponies no longer working. In the table below we have estimated the amounts we need to implement our plans for another horse and defined those funds with specific restrictions. We have no free reserves and need to raise sufficient funds to meet the expected shortfall to be sure of achieving our goals.

RDA Membership & Insurance	460	
Lift Maintenance & Insurance	500	
Restricted Contingency Reserves		
Horses' keep x 12 (inc. provision for extra horse)	19,769	
Farrier for the year ahead	1,200	
Worm Count Programme	455	
Emergency Veterinary contingency	2,500	
Restricted Grant money for specifics	5,114	
TOTAL BUDGETED FOR PURPOSE		29,998
SHORTFALL	-17508	
Free Reserves	0	
TOTAL	£12,490	

Further support from the Sir John Eastwood Foundation is promised

Winifred Pritchett
Greenwood RDA Treasurer/Secretary

Independent Examiner

NOTES to the Accounts

The Accounts have been prepared on a **Receipts & Payments basis**. Receipts & Payment Accounts contain a summary of money received and money spent during the period and a list of assets and any liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand. **Restricted Donations** define those donations given to a Charity subject to specific restrictions set by the donor but still within the general objects of the charity.

In addition to funds with specific restrictions, **general donations** are accepted by this Charity always on the strict understanding that the money will be used solely for the benefit of the Charity as designated by the Trustees. Our Grant Funders expect that any residual amounts not spent for purpose shall be returned and our accounting processes reflect that requirement. We have no **FREE RESERVES**. The accounts continue to fall below the **benchmark levels** requiring a mandatory and **formal external scrutiny**. But in accordance with our ongoing commitment to good practice and financial management, an independent examination is carried out on a pro bono basis.

Trustees' or Related Party Remuneration:

During this period no expenses were incurred and reimbursed to Trustees or anyone perceived as having a related interest. Everyone involved with the Charity is a Volunteer – we have no employees.

Charity Management: The Charity applies a diverse range of operating policies in delivering its objectives and has an ongoing rotation of policy reviews by the Trustees.

The Charity in its new format continues to be committed to clear integrity in all its activities, particularly how we use the money you donate.

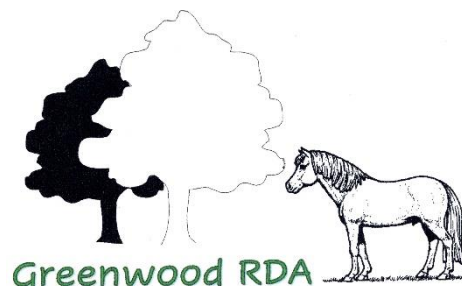
In support of this declaration of intent the Charity has retained registration with the **FUNDRAISING REGULATOR** and is guided by the Code of Fundraising Practice which can be viewed in full on the FR website.

<https://www.fundraisingregulator.org.uk/code/new-code-october-2019>



This Charity has networking links with local Councils for Voluntary Services and the wider Voluntary Sector in Nottinghamshire. We are members of the NCVO; and are also registered for Gift Aid.

Woodside now Greenwood is affiliated to the Riding for the Disabled Association incorporating Carriage Driving, which is registered under Charity No. 244108 and a Company Limited by Guarantee No. 5010395. Their current President is H.R.H. The Princess Royal, KG, KT, GCVO, QSO



THANK-YOU to all our **SUPPORTERS**
To everyone who has applied *Giftaid* to their donations
And to our amazing team of committed VOLUNTEERS

Sir John Eastwood Foundation


The Thomas Farr Charity



**NOTTINGHAMSHIRE
 FREEMASONS**

Debbie Richardson
 Master Saddler & Qualified Saddle Fitter
 07787 532601
<https://www.djrichardson.net/>

ANDY WELCH
 Blacksmith and Registered Farrier
 112 Annesley Road, Hucknall, Notts
 NG15 7DD
 ☎ 0115 964 0412
 Mobile: 07850 789832

 Mobile yard visits and Postal services

- EQUINEENDO**
- Faecal Worm Egg Counts
 - Weigh Bridge
 - Prescription Wormers
 - Equisal Saliva Kits

Tel: 07967660655
 Email: info@equineendo.co.uk
www.equineendo.co.uk

Sandy Robertson
 Registered SQP



Sweet chocolate or crisp bouquets made to order. Prices start at £15 so you choose how much you would like to spend, choose what you would like and leave the rest to me
 Emma's Sweet Shack | Facebook | 07456 572339



Artist UK based selling ears, tails & paws
 GB 🇬🇧

• www.instagram.com/neko.storm.store

neko.storm.store

Rai @ neko storm store

 linktr.ee/NekoStormStore



INDULGENT SWEET TREATS
 AVAILABLE RETAIL &
 WHOLESALE

www.blondiebrowniebakes.com



**BLONDIE BROWNIE
 BAKES**

- BLONDIES
- BROWNIES
- MIXED BOXES
- COOKIE DOUGH BOMBS
- STUFFED COOKIES



Blondie Brownie Bakes



[blondiebrowniebakes](https://www.instagram.com/blondiebrowniebakes)



Keen on sport & exercise?
 Can't cope with noise or excitement?
 Side-lined by your disability?

Exercise, Therapy, Fun through horse-riding
Riding for the Disabled offers another way...



NEW FREEDOM OF MOVEMENT

1000 movements every 10 minutes on a walking horse
It's the HORSE that makes the difference

Independent exercise in 3 dimensions:
 Balance; Co-ordination; Movement

A PHYSICAL, SENSORY, SOCIAL EXPERIENCE



GREENWOOD RIDING FOR THE DISABLED
 a CIO - Charity 1195708
 Based at Eastfield Farm, King's Clipstone,
 Nottinghamshire NG21 9JJ
 We offer sessions in small groups or individual 1:1
 Please contact the Secretary for availability
 (formerly Woodside Farm Stables RDA)

Want to help? Volunteers needed

To find out more, please phone 01623 627974
 or email: studley@waitrose.com

