

Helping Hands Work Trustee Annual Report 2021 - 2022

Helping Hands exists to benefit the residents of the London Borough of Newham (particularly the Plaistow area). Our aims are the protection of health, advancement of education, relief of the elderly in need, and relief of poverty, sickness and distress.

In April 2021 Newham, along with other parts of the country, had endured many impacts from the Covid pandemic. People with multiple health issues (physical and mental), people suffering bereavement, and people experiencing social isolation all turned to Helping Hands for support and understanding.

Whenever possible we opened the house and garden for people to find peace, friendship and sanctuary.

Activities

We were blessed by the presence of three full time volunteers from Germany who visited many people in their own homes, offering practical help, and regular social contact. This was a significant boost to our outreach complimenting the regular team of local volunteers.

Our local children were struggling with home learning, and we assisted in the provision of electronic devices.

From October we were able to restart work experience placements for local school and college students.

Up to 100 people come by Helping Hands every day, looking for food. We have supplied provisions on a daily basis. Food is given to us for distribution, from various supermarkets, food outlets, and many well wishers. The value of this food, and other gifts in kind, is the main part of what we give.

Other Information

[We receive voluntary financial donations.

We are aware of our rental lease, for use of premises, lasting until mid 2025. We are exploring options, and have engaged professional services regarding properties. There is no practical outcome at this stage.

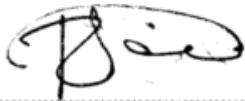
REPORT OF THE INDEPENDENT EXAMINER

TO THE MEMBERS OF HELPING HANDS

ACCOUNT CONVENTION

The accounts have been prepared under the historical convention

We have independently examined the books of the Helping Hands Organisation and certify that these accounts show a true and fair view of the state of the group's affairs as of 31st March 2022



PHYLLIS DIKE

(INDEPENDENT EXAMINER)

6th January 2023

Helping Hand
Balance Sheet
As at 31 March 2022

			2022 £		2021 £
Debtors	Anita	-		1,214	
			-		1,214
Bank accounts	Current account	578,295		448,612	
	Deposit account	83,198		203,198	
	Pettycash	110		180	
			661,603		651,991
Net assets			<u>661,603</u>		<u>653,205</u>
			£		£
Beneficiaries	Capital account	397,896		397,896	
	Income account	255,309		237,353	
	Net profit	8,399		17,956	
			661,603		653,205
Total funds			<u>661,603</u>		<u>653,205</u>

Helping Hand
Profit And Loss Account
For the year ended 31 March 2022

			2022 £		2021 £
Income	Donations	19,025		26,563	
	Interest	505		-	
			19,530		26,563
Expenses	Bank charges	(24)		-	
	Donation	(1,120)		-	
	Household	(629)		(47)	
	Insurance	(332)		(312)	
	Office	(70)		-	
	Other professional fees	(2,320)		(2,160)	
	Rent	(6,000)		(4,500)	
	Telephones & Internet	(637)		(1,588)	
			(11,131)		(8,607)
			8,399		17,956
Net profit			<u>8,399</u>		<u>17,956</u>