

REGISTERED COMPANY NUMBER: 12012249 (England and Wales)
REGISTERED CHARITY NUMBER: 1195683

Report of the Trustees
and

Unaudited Financial Statements for the Year Ended 31 May 2025

Salute Her UK

Salute Her UK

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Statements for the Year
Ended 31 May 2025**

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Report of the Trustees **for the Year Ended 31** **May 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INCORPORATION

The charitable company was incorporated on 22 May 2019.

Salute Her UK works to improve the lives of UK female serving personnel, women veterans and women who work at sea by addressing the distinct and intersectional needs of women veterans. We develop the provision of national services for victims and survivors of sexual violence, bullying, harassment, and gender discrimination.

Charitable Activities

During 2024–2025, Salute Her UK continued to expand its specialist support for women veterans, military women, and Women at Sea, responding to rising levels of trauma, isolation, and complex mental health needs. Our work this year reflects significant growth in both demand and impact.

Service Delivery and Reach

- We received 788 new referrals, reflecting continued national demand for our Trauma informed services.
- We delivered 212 specialist information, advice, and guidance sessions, supporting women with complex trauma, PTSD, MST, and moral injury.
- Our Military Sexual Trauma Therapeutic Support Group continued to grow, with an increased number of women's sessions.
- We expanded our therapeutic capacity by welcoming additional trauma therapists, enabling us to reduce waiting times and offer more consistent 11 support.
- We delivered 4 women-only residential retreats, providing intensive therapeutic and peer support environments for survivors.
- 20 women completed our Dialectical Behaviour Therapy (DBT) programme, improving emotional regulation, distress tolerance, and interpersonal effectiveness.
- 55 Women attended our healing from sexual trauma specialist course.

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Service User Feedback

Women continued to share powerful reflections on the impact of our work:

- "Thank you for helping me when I felt like my world was ending."
- "The kindness, insight, and validation I received was amazing. I'd be lost without your service."
- "For the first time, I felt completely seen and heard."
- "Salute Her is helping me put myself back together."

These voices remain central to shaping our services and ensuring our work remains Survivor led.

Co Production and Needs Led Development

We continued to consult closely with survivors to understand emerging needs, barriers, and priorities. This insight directly informed the development of new programmes, resources, and therapeutic approaches, ensuring our services remain responsive, accessible, and trauma informed.

Digital and Resource Development

- We expanded our Salute Her UK website, adding new downloadable resources for survivors, families, and professionals.
- Our Instagram and social media presence grew significantly, strengthening our ability to reach isolated women and raise awareness of MST and women's experiences in service.

Advocacy, Media, and Policy Influence

We continued to champion the rights and needs of women survivors at local, regional, and national levels. This included:

- Providing expert evidence to inquiries and research projects
- Participating in multiagency safeguarding and strategic meetings
- Responding to Government consultations
- Engaging with press and media to highlight systemic issues affecting women in the Armed Forces and maritime sectors

Our advocacy work remains a core pillar of our mission, ensuring survivors' voices influence policy and practice.

Partnership Acknowledgement

We are delighted to be working in partnership with Turn to Starboard and Tom Harrison House. Their commitment to supporting veterans and their families aligns closely with our mission, and together we are strengthening the network of Trauma informed, specialist support available to women who have served. These collaborations allow us to share expertise, enhance pathways of care, and ensure that survivors receive the holistic, compassionate support they deserve.

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FUTURE PLANS (2025–2026)

Over the next financial year, Salute Her UK will continue to strengthen and expand its impact through:

1. Service Expansion and Capacity Building

- Increasing the capacity of our therapeutic team
- Developing tailored support packages and new trauma informed resources
- Enhancing our digital offer to reach women in rural and isolated areas

2. Regional Growth

- Expanding services across the North East and rural Northumberland
- Strengthening partnerships with local authorities, VCSE organisations, and Armed Forces networks

3. Workforce Development

- Continued training, supervision, and wellbeing support for staff and volunteers
- Developing specialist training for external agencies on MST, traumainformed practice, and women's experiences in service

4. National Advocacy and Policy Work

- Ongoing engagement with Government consultations
- Contributing to research and national inquiries
- Strengthening our role as a leading voice for women survivors of military and maritime sexual trauma

5. Partnership and Collaboration

- Deepening relationships with specialist sexual violence organisations
- Codesigning programmes with survivors and partner agencies
- Developing a specialist training package for professionals working with women veterans and Women at Sea

Special Thanks to Our Funders

We extend our sincere thanks to the funders who made our work possible throughout 2024–2025. Their support has enabled us to deliver trauma informed therapy, specialist programmes, and vital advocacy for women veterans, military women, and Women at Sea.

- The NHS – for supporting our therapeutic capacity and enabling us to meet the growing mental health needs of women experiencing complex trauma, PTSD, and Military Sexual Trauma.
- The Armed Forces Covenant Fund Trust – for investing in our specialist support for women veterans and helping us strengthen our national reach and impact.
- The UK Shared Prosperity Fund (UKSPF) – for supporting our Community based wellbeing programmes and enabling us to reach women in

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rural and isolated areas.

- The Seafarers' Charity – for funding our dedicated support for Women at Sea, ensuring maritime survivors have access to trauma informed care and advocacy.

We are deeply grateful for the trust and partnership of these organisations. Their commitment has allowed us to expand our services, innovate our programmes, and ensure that women who have experienced trauma are met with safety, dignity, and specialist support.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

12012249 (England and Wales)

Registered Charity number

1195683

Registered office

Town Hall Chambers
High Street East
Wallsend
NE28 7AT

Trustees

Mrs E Driver Military
Mrs D E Gill Self Employed
Mrs A M Lee Head of Property & Maintenance
Mrs D R Emberson

Approved by order of the board of trustees on 24th February 2026 and signed on its behalf by:



E Driver
Elizabeth Driver, Director

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Statement of Financial Activities for the Year Ended 31 May 2025

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and Legacies	3,367	-	3,367
Grant	20,000	188,750	208,750
Contract Income	<u>20,840</u>	<u>-</u>	<u>20,840</u>
TOTAL	44,207	188,750	232,957
 EXPENDITURE ON			
Charitable Activities			
Staff Costs	22,951	96,311	118,902
Rent	1,535	6,544	8,079
Publicity	912	-	912
1-2-1 Therapeutic Support	-	13,460	13,460
Clinical Supervision		2,516	2,516
Travel	889	3,790	4,679
Expenses	1,462	6,233	4,954
Admin costs	941	4,013	2,381
Holistic Support	6,527	63,868	70,395
Insurance	309	1,320	1,629
Professional Fees	4,092	-	4,092
Training	<u>-</u>	<u>1,076</u>	<u>1,076</u>
TOTAL	39,258	199,131	238,383
 NET INCOME	4,949	(10,381)	(5,432)
 Funds Brought Forward	9,369	96,231	105,600
TOTAL FUNDS CARRIED FORWARD	14,318	85,850	100,168

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The notes form part of these financial statements

	<u>Balance Sheet</u> <u>31 May 2025</u>		
	Unrestricted funds £	Restricted funds £	Total funds £
FIXED ASSETS			
Motor vehicle	8,400	-	8,400
CURRENT ASSETS			
Cash At Bank	14,318	88,569	102,887
CREDITORS			
Amounts falling due within one year	-	(2,719)	(2,719)
NET CURRENT ASSETS	14,318	<u>85,850</u>	<u>100,168</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>14,318</u>	<u>85,850</u>	<u>100,168</u>
NET ASSETS	<u>14,318</u>	<u>85,850</u>	<u>100,168</u>
FUNDS			
Unrestricted Funds			14,318
Restricted Funds			85,580
TOTAL FUNDS			100,168

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

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- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorized for issue on 24th February 2025 and were signed on its behalf by:

E Driver
Elizabeth Driver, Director.

A handwritten signature in black ink, appearing to read 'E Driver', written over a large, faint, stylized letter 'D' that serves as a guide.

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 May 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued for the Year Ended 31 May 2025

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2025.

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

Executive Officer		1
Project Leader	1	<u>1</u>
		<u>2</u>

No employees received emoluments in excess of £60,000.

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Social security and other taxes	2,079

5. MOVEMENT IN FUNDS

Net movement in funds is as follows:

Unrestricted Funds

Fund	Brought Forward	Incoming Resources	Resources Expended	Movement In Funds
	£	£	£	£
General Fund	9,369	24,207	(19,258)	14,318
Bolt Burdon Kemp		10,000	(10,000)	-
Rose Paterson	<u>-----</u>	<u>10,000</u>	<u>(10,000)</u>	<u>-----</u>
	(39,258)	14,318		

Restricted Funds

Armed Forces Covenant	26,282	38,750	(65,032)	-
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Seafarers Association	44,369	60,000	(51,389)	53,250
NHS	-	90,000	(57,400)	32,600
North Tyneside Council	25,310	<u>-</u>	<u>(25,310)</u>	<u>-</u>

TOTAL FUNDS **85,850**

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st May 2025

Detailed Statement of Financial Activities for the year ended 31 May 2025

INCOME AND ENDOWMENTS	£
Donations and Legacies	
Donations	3367
Charitable Activities	
Grants	208750
Contract Income	20840
Total Incoming Resources	232957
EXPENDITURE	
Staff Costs	118902
Rent	8079
1-2-1 Therapeutic Support	13460
Publicity	912
Clinical Supervision	2516
Travel	4679
Expenses	7695
Admin costs	4954
Holistic Support	70395
Insurance	1629
Training	<u>1076</u>
	234297
Support costs	
Professional Fees	<u>4092</u>
Total Resources Expended	238389
Net Income	(5432)

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This page does not form part of the statutory financial statements