

# Starlight Oasis of Hope Hospice (SOHH) Annual Report and Accounts October 2022- March 2024

## 1 Objects

The objects of SOHH are the advancement of health in the kingdom of Lesotho for the public benefit and the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage at the discretion of the charity trustees and in particular but not exclusively:

Advancing the understanding in the general population of the need for and benefits provided by palliative care

Advancing the training of those providing care for individuals with life limiting illness

Relieving the physical, mental and social distress of those with life limiting illness and those who care for them

## 2. Trustees

Chair: Dr Paul Myres


Founder: Me' Tebello Lepheane

Andrew Wardrop

Veronica German



Harriet Vera




## 3. Activities

OCT 2022	<p>1. Officially launched SOHH website</p> <p>2. Wales Africa Health Conference 2022- "Empathy; From Interpersonal to Global" SOHH represented and delivered Key note speech</p> <p>3. Continued having meetings with Ministry of Health regarding availability and access to Morphine for cancer</p>	<p><a href="https://sohhospice.org.ls/">https://sohhospice.org.ls/</a></p> 
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	<p>patients experiencing moderate to severe pains.</p> <p>4. Joined the global palliative care fraternity to advocate for improved care services during annual commemoration for World Hospice and Palliative Care Day-(WHPCA)</p>	
NOV 2022	<p>1. SOHH trustees visited Lesotho and the hospice land and handed over the electrified water system gifted to the community as they have donated some of the land to initiative. The trustees met the local Chief and Councillor</p> <p>2. Our Chairman Dr Paul Myres and CEO &amp; Founder Mrs <b>Tebello Malichaba Lepheane</b> had series of meetings with different stakeholders - Nursing colleges and National University of Lesotho-faculty of health regarding palliative integration into their curricula. Met Ministry of Health Lesotho regarding palliative care development nationally in the district hospitals.</p> <p>3. Met British High Commissioner in Lesotho and shared our vision with his office.</p>	    

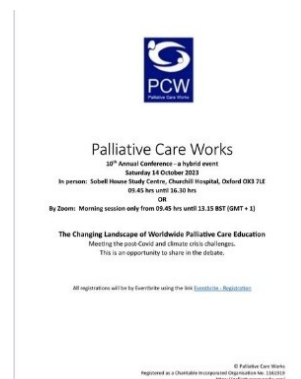
	<p>4. Advocacy and awareness raising meeting the new Hon Prime Minister of the Kingdom of Lesotho -Hon Minister of Health -Mr Selibe Mochoboroane</p> <p>5.Fundraising campaign held at Pioneer Mall in Maseru Lesotho, raising awareness about palliative care and hospice care for patients with cancer and other life limiting conditions.</p> <p>6.SOHH worked in collaboration with Royal College of GPs Wales - Dr Ian Happs, LEBOHA (Lesotho Boston Health Alliance) Dr Gill Saunders to deliver palliative care training for Family Medicine Specialist Trainee Doctors at Leribe hospital, Lesotho</p>	  
Febr uary 202 3	Awareness raising on various radio stations and newspapers in Lesotho - World Cancer Day-	
June 202 3	<p>1.Continued advocacy; articles by Informative Newspaper -National Cancer Survivor Month</p> <p><a href="https://informativenews.co.ls/2023/06/07/starlight-oasis-of-hope-marks-national-cancer-survivor-month/?fbclid=IwY2xjawFs20JleHRuA2FlbQIxMAABHQ8fUnRNrK6eWXLtMFPajgVSWx-2ScDB05RD1MDETWTDXxMIMc6ka82Aw_aem_3GrHcMR2Y4N_8eHIY6RfUQ">https://informativenews.co.ls/2023/06/07/starlight-oasis-of-hope-marks-national-cancer-survivor-month/?fbclid=IwY2xjawFs20JleHRuA2FlbQIxMAABHQ8fUnRNrK6eWXLtMFPajgVSWx-2ScDB05RD1MDETWTDXxMIMc6ka82Aw_aem_3GrHcMR2Y4N_8eHIY6RfUQ</a></p> <p>2. Virtual training for the multiprofessional palliative care for health professional in Lesotho was delivered as two courses 1st Batch: July 11th to Aug 29th- ( 8 weeks)</p>	

	<p>2nd Batch: Sept 5th to Oct 24th-(8 weeks) The training was delivered in collaboration with various organizations and colleagues from 12 countries. Batch 1 had 100registrations and Batch 120r egistrations The training took place every Tuesday evening till October 24th 2023.</p> <p>Zoom recordings were shared on Starlight YouTube Channel- <a href="https://www.youtube.com/@starlightoasisofhopehospic620">https://www.youtube.com/@starlightoasisofhopehospic620</a></p> <p>How a group in Lesotho enacted palliative care training despite lack of funds. IAHPC Newsletter special report: <a href="https://hospicecare.com/.../2023/08/special-advocacy-report/">https://hospicecare.com/.../2023/08/special-advocacy-report/</a></p>	<div data-bbox="986 226 1426 723"> <p><b>Faculty Members</b></p>  <p>We are honored to have individual Faculty Members from a variety of International and National organizations, facilities, and universities including our Partners:</p> <p>Starlight Oasis of Hope Hospice (<a href="https://sohhospice.org.ls/">https://sohhospice.org.ls/</a>) PallCHASE (<a href="https://www.pallchase.org/">https://www.pallchase.org/</a>) African Palliative Care Association (<a href="https://www.africanpalliativecare.org/">https://www.africanpalliativecare.org/</a>) Palliative Care Works (<a href="https://palliativecareworks.org/">https://palliativecareworks.org/</a>)</p>  </div>
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<p>Oct 2023</p>	<p>1. At Wales and Africa Health Links Network Conference Starlight raised awareness about the palliative care needs of cancer patients in Lesotho and also highlighted the general distress and economic burden of patients and their families. At the same event Baroness Ilora Finlay of Llandaff (House of Commons) became Starlight's UK based Patron.</p> <div data-bbox="338 1364 708 1621">  </div> <p>2. In collaboration with global organizations, Starlight joined in to raise awareness about palliative care needs of children worldwide</p>	<div data-bbox="986 992 1283 1408">  </div> <div data-bbox="986 1516 1276 1805">  </div>
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3.Starlight presented a talk at the Palliative Care Works conference themed “The changing landscape of Worldwide Palliative Care Education “. Starlight highlighted how palliative care provision can leverage on technology as evidenced by Lesotho Project ECHO program-16 weeks virtual training which was successfully delivered despite lack of funds.



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1.Commemorating the first World Hospice and Palliative Care Day in Kingdom of Lesotho-Venue-Ministry of Health. Health and social care professionals as well as the academia, student nurses and members of the public and the army attended the event. The poem by Nursing students  
<https://youtu.be/DT9NfrH5QyY?si=w18E6nVPgp13Scs3>



2.Starlight raised awareness in the Lesotho National Assembly about the need to improve cancer care by ensuring palliative and hospice care is accessible to children and adults with palliative care needs, ensure morphine regulations are reviewed.



3. British High Commissioner in Lesotho in support of improving healthcare services in Lesotho and visited Starlight hospice plot and held a reception for corporate organisations at the high Commission to enable Starlight to share our vision and plans for hospice development



4. We met the volunteer Lead Engineer - Mrs Lineo Lerotholi Mosoeunyane who designed the Starlight building plan. She is also leading the WhatsApp group of Friends of Starlight-volunteering arm of Starlight.



5. We met South African healthcare professionals who usually attend to cancer patients from Lesotho as they expressed the challenges, they experience in taking care of patients, difficulties in referring them back to Lesotho due to lack of established palliative care services in Lesotho. Starlight was gifted palliative care textbooks by Sunflower Children' Hospice -Bloemfontein



6. Raising awareness on Lesotho Television about World Hospice and Palliative Care Day



7. Ministry of Water Affairs in Lesotho

	<p>pledged to support the Starlight initiative by proving and electrified underground water system and have surveyed the hospice land and discovered 2 areas of possible water sources.</p> <p>8. We met Consultant ntate Nelson Monyamane and his colleagues from USA Professor Richard Yoder and Mr Ken Heise as Starlight highlighted the need for palliative care positions in the public service establishment. These consultants are supporting ministry of health to restructure their services which will meet the 21<sup>st</sup> century health challenges of the nation.</p>	
Dec 2023	<p>1. Fundraising event by Standard Lesotho Bank to sponsor our building project for the Day Care Centre The Bank match funded. Overall LSL1.2million was raised.</p> <p>2. Together with other organizations, Starlight signed the morphine manifesto which was organised by Pallium India in collaboration with International Association of Hospice and Palliative Care (IAHPC), various civil societies across the globe are concerned that many children and adults are “Left in Pain” due to insufficient access to adequate pain relief.</p>	 <p><b>Standard Lesotho Bank</b> Corporate and Investment Banking</p> <p><b>STANDARD LESOTHO BANK RAISES OVER M1 MILLION WHILE SWINGING FOR A GOOD CAUSE</b></p> <p>The Annual Standard Lesotho Bank Corporate Golf Day was held on Friday, 10 November 2023, at the Standard Lesotho Bank Golf Course in Maseru, South Africa. The event was a resounding success, with over M1 million raised for the Cancer hospice under the auspices of Starlight Oasis of Hope. Out of total of M534 thousand which was raised at the event, Standard Lesotho Bank will match the figure, with construction commencing early next year.</p> <p><b>Lesotho Times</b> 1 d · G The Standard Lesotho Bank Corporate Golf Day was a resounding success.</p> <p>This was a fundraising initiative towards building the Cancer hospice under the auspices of Starlight Oasis of Hope. Out of total of M534 thousand which was raised at the event, Standard Lesotho Bank will match the figure, with construction commencing early next year.</p> 
February 2024	<p>1. At the British High Commission in the Kingdom of Lesotho, we met H.E Harry MacDonald and his team. Dr Annette Edwards volunteered her time to support the establishment of our services on the ground. She was sponsored by Welsh Government through its International Learning Opportunity programme; the process was supported by Dolen Cymru Wales Lesotho link to have made all things possible.</p>	 <p><b>National Health Training College</b></p>



	<p>2. Starlight met nursing colleges in Lesotho in pursue to integrate Palliative care into the existing healthcare curricula.</p>	 <p>Scott College of Nursing</p>  
	<p>3. Met Christian Healthcare Association of Lesotho(CHAL) to propose the collaborative approach towards closing care gaps in the care of patients with chronic and life limiting conditions.</p>	

We have been disappointed not to have provided face to face training as planned. This was as a result of organisational issues outwith the control of ourselves or our training partner. We have had pledges of support for some groundwork at our site for the day centre but there have been issues with machinery not functioning due to government budgetary problems. Our partnership with Palliative Care Works remains strong and they are still committed to provision of training to health and Social care staff.

## **Finance**

We have bank accounts in UK with Charity Aid Foundation Bank and in Lesotho with Lesotho Standard Bank. Money is transferred from UK to Lesotho by international bank transfers

We had an income of **£ 26,005** in the UK from public donations, including fundraising activity and on line donations. We had an income of **LSL 900** in Lesotho from personal donations.

Our expenditure was **£1,453** in the UK, largely spent on travel costs to Lesotho by our founder for meetings and planning. Costs also include fundraising and publicity. In Lesotho our expenditure was **LSL30,522** (equivalent to £1,319). Our main expenses were associated with land acquisition and registration, awareness raising and travel in country.



All payments require receipts and dual authorisation.

The average exchange rate during the year was £1 = LSL23.14.

The balance at year end showed a deficit of £448 in the UK (following transfer of money to our Lesotho account) and a surplus of LSL548,978 in Lesotho

LSL1,800,000 is due to us from fundraising in Lesotho and is being held by the Lesotho Standard Bank. This is specified by the bank to be used for capital expenditure.

### **Plans for next year**

We aim to train 40 front line staff face to face. We will continue to facilitate access to on line training and remote mentoring and case discussions.

We will commence the preparation of the land for construction of a Day Centre and seek tenders for the construction to commence in the last quarter of the financial year.

We will advise the colleges of nurse education on how to include palliative care in the curriculum.

We will continue to raise awareness of the value and need for palliative care.

**Starlight Oasis of Hope Hospice.**  
**Annual Financial Report    October 2022 - March**  
**2024**

**The Trustees decided to change SOHH's accounting year to fit in with the Lesotho Govt financial year for ease of financial planning in Lesotho. This period of accounts covering 18 months for one time only was approved by the England & Wales Charity Commission**

**UK Accounts**

**Income**

Personal Donations	£22,745.00
Corporate Donations.	£200.00
Fundraising.	£225.00
On line fundraising.	£1,307.39
Grants from other bodies.	£0.00
Bank Interest	£39.57
Gift Aid Reclaimed	£1,488.27

<b>£26,005.23</b>	TOTAL
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### Expenditure

Bank charges	£140.00
Publicity	£58.82
Travel	£1205.68
Meeting costs	£48.39
Transfer to Lesotho Standard Bank	£25,000.00

<b>£26,452.89</b>	TOTAL
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<b>- £447.66</b>	<b>Balance (deficit)</b>
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£12,394.27	Opening balance at 1 October 2022
£11,946.67	Closing balance at 31 March 2024

### Lesotho Accounts

### Income

Donations	LSL 900.00
Transfers	LSL 578,500.00 (Average
exchange rate £1 = LSL23.14)	
Interest	LSL 100.00
TOTAL	
<b>LSL 579,500.00</b>	

### Expenditure

Bank Fees.	LSL 2,979.07
Site Costs	LSL 4,550.00
Land Fees	LSL 6,103.00
Training	LSL 1,000.00
Travel	LSL 834.15



Meetings	LSL 412.00
Admin	LSL 2,000.00
Expenses	LSL 4,220.00
Website	LSL 1,140.00

Publicity / Event	LSL 6,550.00
TOTAL	

**LSL 30,522.08**

### Balance (Surplus)

**LSL 548,977.92**

Opening bank balance 1.10.22	LSL 20,306.80
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Closing bank balance 31.3.24 LSL 569,053.72  
(1Maluti = £0.042). (Equiv to  
£23,900.26)

## ASSETS

Site at Maghaka. Est value. LSL 275,000

Cash in Lesotho Bank  
Restricted Building Costs. LSL 500,000

Unrestricted	LSL 69,053.72
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Total Assets in Lesotho. LSL 844,053.72 (Equiv to £35,450.26)

Cash in CAF Bank	£12,394.27
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Restricted Building	£5,000.00
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Unrestricted	£7,394.27
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Total Assets of charity at 31 March 2024 equivalent to £47,844.53

Paul Myres, Hon Treasurer  
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Approved by Board of Trustees on 4<sup>th</sup> September 2024

Independently reviewed by accredited Accountant





**Starlight Oasis of Hope Hospice.  
Annual Financial Report   October 2021 -  
September 2022**

**UK Accounts**

**Income**

Personal Donations	£13,205.00
Fundraising.	£3665.00
On line fundraising.	£243.05
Grants from other bodies.	£6000.00
Bank Interest	£6.47
Gift Aid Reclaimed	£1125.00

TOTAL

**£24,244.52**

**Expenditure**

Bank charges	£50.00
Bank charges (international transfers)	£50.00
Land Acquisition.	£2593.75
Publicity	£376.83
Air Travel	£3,639.16
(including £1195.5 paid for travel in November 22)	
Launch	£640.51
Transfer to Lesotho Standard Bank.	£4500.00 <sup>1</sup>

TOTAL

**£11,850.25**

**£12,394.27**

**Balance       (surplus)**

Bank balance at 30 September 2022  
£12,394.27

### **Lesotho Accounts**

#### **Income**

Donations	LSL 1,700.00
Transfers	LSL 87,097.45
TOTAL	
<b>LSL88,797.45</b>	

#### **Expenditure**

Monthly Bank Fee	720.00
Credit Card Fee	60.00
ATM Fees	475.38
On line transaction fees	87.40
International transfer fees.	296.00
 Total Banking Fees	 1638.78
 Launch Costs – food, drink, Decorations, tables	 30,629.50
 Land Acquisition	 25,000.00
 Website	 1,195.37
 Publicity	 9470.00
 Telecom	 957.00
TOTAL	
<b>LSL68,890.65</b>	

#### **Balance (Surplus)**

**LSL19,906.80**

Opening bank balance (from last year)	LSL400.00
Closing bank balance 30 9 22	
LSL20,306.80	

Exchange rate on 30.9.22. ZAR 20.21 to £1.  
£1004.79

Paul Myres, Hon Treasurer  
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Approved by Board of Trustees  
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