

STARLIGHT OASIS OF HOPE HOSPICE

England & Wales · Charity number 1195548

Details

Other names SOHH

Status Registered

Legal form CIO

Registered 2021-08-18

Register [View on the Charity Commission register](#)

Contact

Address 11 Ash Mews
Birmingham
B27 6TB

Phone 07385870793

Email info@sohhospice.org.ls

Activities

Objects: THE OBJECTS OF THE CIO ARE THE ADVANCEMENT OF HEALTH IN THE KINGDOM OF LESOTHO FOR THE PUBLIC BENEFIT AND THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE AT THE DISCRETION OF THE CHARITY TRUSTEES AND IN PARTICULAR BUT NOT EXCLUSIVELY: 1 ADVANCING THE UNDERSTANDING IN THE GENERAL POPULATION OF THE NEED FOR AND BENEFITS PROVIDED BY PALLIATIVE CARE2 ADVANCING THE TRAINING OF THOSE PROVIDING CARE FOR INDIVIDUALS WITH LIFE LIMITING ILLNESS3 RELIEVING THE PHYSICAL, MENTAL AND SOCIAL DISTRESS OF THOSE WITH LIFE LIMITING ILLNESS AND THOSE WHO CARE FOR THEM

Activities: SOHH provides awareness raising about palliative care through meetings and media. We train front-line health professionals in Lesotho about palliative care. We support individuals with life limiting illness to improve their wellbeing and alleviation of symptoms where possible. We will be building a hospice in Lesotho

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Lesotho

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£59,894	£59,292	-	-
2024-03-31	£26,005	£26,453	-	-
2022-10-31	£24,244	£11,850	-	-

Trustees

Name	Role	Appointed
Dr Miles Paul Myres	Chair	2020-10-06
Andrew Donald Wardrop		2020-10-06
Pamhidzai Harriet Vera		2023-03-23
Tebello Anastacia Malichaba Lepheane		2020-10-06
Veronica Kathleen German		2022-09-14

STARLIGHT OASIS OF HOPE HOSPICE

England & Wales - Charity number 1195548

Accounts

**Starlight Oasis of Hope Hospice (SOHH)
Annual Report and Accounts
April 2024 - March 2025**

Charity Commission Registration 1195548

1 **Summary**

Day Centre

In October HM Queen Masenate Mohlomi Seiso climbed onto a large digger and turned over the first sod for the construction of our Day Centre at our beautiful site in Maqhaka, a few kilometres outside Maseru. At the same time we were presented with a cheque 1.860,000 LSL (equivalent to £80,870) raised by a business consortium lead by the Standard Lesotho Bank. Ground preparation and construction began in earnest in January 25. Despite significant setbacks from problems with the terrain, a firm level platform of ground was made, foundations laid and the first few levels of bricks for the whole building were in place by the end of March.

Training

We have had the generous support of Palliative Care Works (a UK charity experienced in training in a variety of resource poor settings) to deliver three face to face courses of one week to health and care professionals working in Maseru and Berea and from nurse training colleges. This has included nurses, pharmacists, doctors, social workers and pastors. Many have become champions for holistic palliative care and are already reporting increased use of morphine, one of our initial targets for improvement.

Advocacy

Our founder Me' Malichaba Tebello Lepheane has been regularly promoting the need for and value of palliative care on radio and TV. We continue to hear many sad stories of avoidable suffering and distress in those with life limiting conditions and so many Basotho are excited about our plans for improved palliative care in the mountain kingdom. The Minister of Health has publicly stated the importance of including palliative care in the forthcoming health plan and his support for Starlight.

2 **Objects**

The objects of SOHH are the advancement of health in the kingdom of Lesotho for the public benefit and the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage at the discretion of the charity trustees and in particular but not exclusively:

Advancing the understanding in the general population of the need for and benefits provided by palliative care

Advancing the training of those providing care for individuals with life limiting illness

Relieving the physical, mental and social distress of those with life limiting illness and those who care for them

3. Trustees during 24-25

Chair: Paul Myres

Founder: Tebello Lepheane

Andrew Wardrop

Veronica German

Harriet Vera

4. Activities

April 2024. Ongoing advocacy using different radio stations and newspapers in Lesotho as well as the social media pages.

May 2024. Fundraising efforts, reaching out to the corporate community for support with building materials. Attended an event hosted by Welsh government in collaboration with Dolen Cymru Wales Lesotho Link to commemorate Lesotho 200 years as a nation. Our charity was recognized as one of the services which continues to form bonds and show solidarity between these nations. Three members of our Board met His Majesty the King of Lesotho at the same event. We continued to build networks and relationships with likeminded individuals and organisations aiming at bridging care gaps in the communities.

June 2024. Shipped donated breast prostheses from UK to Lesotho for breast cancer survivors.

July 2024. Continued to join the global movement in making palliative care accessible to children and adults by joining webinars hosted by St Christopher's Hospice.

August 2024. Advocating for the palliative care needs of children in Lesotho; visiting children's wards and maternity wards in Berea Hospital as we highlighted paediatric and perinatal palliative care. We were joined by Sophie Kieffer from USA, PallCHASE member.

Met Jan Jeffrey -founder of Physiotherapy and Outreach Program (POP) Lesotho and her team, to establish a collaborative approach in improving the quality of lives for children with disabilities especially those with cerebral palsy by incorporating palliative care principles in their services.

Met the technical team-Volunteers who have assisted with the design of our hospice facility, plans how to execute the construction project.

Provided teaching session for Queen Mamohato Memorial Hospital staff on palliative care and visited different wards to raise more awareness and support patients and families with palliative care needs.

Met the management of Baylor Children Medicine Foundation to explore how palliative care can be integrated in the wonderful work, they already do to deliver the comprehensive care for children with HIV/AIDS as well as supporting their caregivers. This collaboration will enable us to ensure 'No one is left behind' when it comes to palliative care as part of universal health coverage.

Met Christian Council of Lesotho to partner with us as we incorporate palliative care into the work with pastors and spiritual leaders across the Kingdom of Lesotho.

September 2024.
Continued awareness raising about palliative care as part of the campaign preparing for breast cancer month in October as well as World Hospice and Palliative Care day.

October 2024.
Sod turning event at our hospice site in Maqhaka, with local and national dignitaries lead by Her Majesty Queen Masenate Mohato Seeiso as our Patron. event attended by the WHO Country rep, British High Commissioner, H.E. Harry MacDonald, Chiefs and senior health staff
Raised awareness on radio stations about World Hospice and Palliative care day.
Attended the annual conference hosted by Palliative Care Works in Oxford; we had an opportunity to share our education and training efforts in Lesotho.

November 2024. 1 week of palliative care training for 1 cohort of hospital teams (Doctors, nurses, counsellors, chaplains, social workers and pharmacists) from hospitals in Maseru and Berea.

December 2024. Reached agreement for final building plans. Mobilisation of building materials and signing of contract with the construction company in preparation for the building project of the hospice facility in Maqhaka, Lesotho.

January 2025.
Ground excavation and site preparation. Construction of Phase 1 commenced.

February 2025. 2 weeks of palliative care training for 1 cohort of hospital teams (Doctors, nurses, counsellors, chaplains, social workers and pharmacists) from various hospitals in Lesotho and 1 cohort of academics from health training colleges.
Foundations laid for Day Centre.

March 2025-Ongoing advocacy and awareness raising using different media houses, received donated medical equipment from Action Ireland Trust charities with the assistance of RISE International (Lesotho office)
Construction of walls and drainage of site.

5. Financial report

We have bank accounts in UK with Charity Aid Foundation Bank and in Lesotho with Standard Lesotho Bank. Money is transferred from UK to Lesotho by international bank transfers.

We had an income of **£9,907** in the UK from public donations, including fundraising activity and online donations. We had an income of **LSL36,500** Lesotho from personal donations and received **LSL 1,000,000** in corporate donations following a golf tournament in December 2023

Our expenditure was **£12,147** in the UK, largely spent on travel costs to Lesotho by the PCW training team and our founder for meetings and planning. Costs also include fundraising and publicity. In Lesotho our expenditure was LSL**1,103,213** (equivalent to about £47,900). Our main expenses (LSL905,572) were associated with ground preparation at our site in Maqhaka and the start of construction of our Day Centre.

All payments require receipts and dual authorisation.

The average exchange rate during the year was between £1 = LSL23 and 24

The balance at year end showed a deficit of **£7,095** in the UK (following transfer of money to our Lesotho account) and a surplus of LSL173,407 in Lesotho

860,000LSL was due to us from fundraising in Lesotho and was being held by the Lesotho Standard Bank. This is specified by the bank to be used for capital expenditure and was made available in summer 2025.

6. Plans for next year

In 2025 -26 we will complete the construction of Phase 1 of our Palliative Care Centre. This will provide a base for our community outreach team and be a centre for daycare services.

We will continue our awareness raising and advocacy work.

We will train one or two cohorts of care professionals.

We will agree a Memorandum of understanding with the Ministry of Health and continue to request direct support for our salary costs in 26/27.

We will produce new plans for Phase 2 - training and therapy space plus an inpatient unit.

7. Starlight Oasis of Hope Hospice Annual Statement of Accounts
2024-25
UK Accounts

Opening Balance
£11,946

Income

Personal Donations	£7,844	
Reg donations	£1,980	
Corporate Donations	£0	
Fundraising	£0	
Online fundraising	£83	
Grants from other bodies	£0	
Bank Interest	£23	
Gift Aid Reclaimed	£5,122	
		TOTAL

£15,052

Expenditure

Bank charges	£85
Publicity	£0
Travel	£2,781
Meeting costs	£49
Shipping/ Transport	£120
Training	£8,632
Accounting	£480
Transfer to Lesotho Standard Bank	£10,000

Labour	LSL89,848
Equipment	LSL13,465
Other construction costs	LSL11,190

TOTAL
LSL 1,103,213

Balance (Surplus)
LSL 173,407

Balance carried forward from 23-24	LSL
569,053	

Total funds at end of Mar 25
LSL 742,460

Represented by	Current Account	LSL
132,094		
	Savings Account	LSL
610,298		
	Cash	
LSL 68		

ASSETS		
Site at Maqhaka	Est value	LSL
800,000		

Equipment	Est value	LSL
10,000		

Total Physical Assets in Lesotho
LSL 810,000

TOTAL Assets in Lesotho
LSL1,552,460

On 31 3 25 1 LSL = £0.042 . Total assets equiv to
£65,203

Cash in CAF Bank
£4,852

Unrestricted	£ 4,852
Restricted Building	£0

Total Assets of charity at 31 March 2025 equiv to
£70,055

Paul Myres, Hon Treasurer for 2024/25 18
September 2025

Independently reviewed by accredited Accountant December
2025

Approved by Board of Trustees on
.....

Signed by Chair of Board

Signed by Current Treasurer

8.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees

Starlight Oasis of Hope Hospice

On accounts for the year
ended

30th April 25

Charity no
(if any)

1195548

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Institute of Management Accountants (CIMA)

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Adrian Bryan

Date:

22/12/2025

Name:

Adrian Bryan

9. Starlight Oasis of Hope Hospice.

Annual Financial Report October 22 - March 2024

The Trustees decided to change SOHH's accounting year to fit in with the Lesotho Govt financial year for ease of financial planning in Lesotho. This period of accounts covering 18 months for one time only was approved by the England & Wales Charity Commission

UK Accounts

Income

Personal Donations	£22,745.00
Corporate Donations.	£200.00
Fundraising.	£225.00
On line fundraising.	£1,307.39
Grants from other bodies.	£0.00
Bank Interest	£39.57
Gift Aid Reclaimed	£1,488.27

TOTAL

£26,005.23

Expenditure

Bank charges	£140.00
Publicity	£58.82
Travel	£1205.68
Meeting costs	£48.39
Transfer to Lesotho Standard Bank	£25,000.00

TOTAL

£26,452.89

	Balance	(deficit)
- £447.66		
£12,394.27	Opening balance at 1 October 2022	
£11,946.67	Closing balance at 31 March 2024	

Lesotho Accounts

Income

Donations	LSL 900.00
Transfers	LSL 578,500.00 (Average
exchange rate £1 = LSL23.14)	
Interest	LSL 100.00
TOTAL	
LSL 579,500.00	

Expenditure

Bank Fees.	LSL 2,979.07
Site Costs	LSL 4,550.00
Land Fees	LSL 6,103.00
Training	LSL 1,000.00
Travel	LSL 834.15
Meetings	LSL 412.00
Admin	LSL 2,000.00
Expenses	LSL 4,220.00
Website	LSL 1,140.00
Publicity / Event	LSL 6,550.00
TOTAL	
LSL 30,522.08	

Balance (Surplus)

LSL 548,977.92

Opening bank balance 1.10.22	LSL 20,306.80
Closing bank balance 31.3.24	LSL 569,053.72
(1Maluti = £0.042).	(Equiv to
£23,900.26)	

ASSETS

Site at Maqhaka.	Est value.	LSL 275,000
Cash in Lesotho Bank		
Restricted Building Costs.		LSL 500,000
Unrestricted		LSL 69,053.72
Total Assets in Lesotho.		LSL 844,053.72 (Equiv to £35,450.26)

Cash in CAF Bank	£12,394.27
Restricted Building	£5,000.00
Unrestricted	£7,394.27

Total Assets of charity at 31 March 2024 equivalent to
£47,844.53

Paul Myres, Hon Treasurer
24 4 24

Approved by Board of Trustees on 4th September 2024

Independently reviewed by accredited Accountant

STARLIGHT OASIS OF HOPE HOSPICE

England & Wales - Charity number 1195548

Accounts

Starlight Oasis of Hope Hospice (SOHH) Annual Report and Accounts October 2022- March 2024

1 Objects

The objects of SOHH are the advancement of health in the kingdom of Lesotho for the public benefit and the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage at the discretion of the charity trustees and in particular but not exclusively:

Advancing the understanding in the general population of the need for and benefits provided by palliative care

Advancing the training of those providing care for individuals with life limiting illness

Relieving the physical, mental and social distress of those with life limiting illness and those who care for them

2. Trustees

Chair: Dr Paul Myres


Founder: Me' Tebello Lepheane

Andrew Wardrop

Veronica German

Harriet Vera

3. Activities

OCT 202 2	<p>1. Officially launched SOHH website</p> <p>2. Wales Africa Health Conference 2022- “Empathy; From Interpersonal to Global” SOHH represented and delivered Key note speech</p> <p>3. Continued having meetings with Ministry of Health regarding availability and access to Morphine for cancer</p>	<p>https://sohhospice.org.ls/</p> 
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	<p>patients experiencing moderate to severe pains.</p> <p>4. Joined the global palliative care fraternity to advocate for improved care services during annual commemoration for World Hospice and Palliative Care Day-(WHPCA)</p>	
<p>NOV 2022</p>	<p>1. SOHH trustees visited Lesotho and the hospice land and handed over the electrified water system gifted to the community as they have donated some of the land to initiative. The trustees met the local Chief and Councillor</p> <p>2. Our Chairman Dr Paul Myres and CEO & Founder Mrs Tebello Malichaba Lepheane had series of meetings with different stakeholders - Nursing colleges and National University of Lesotho-faculty of health regarding palliative integration into their curricula. Met Ministry of Health Lesotho regarding palliative care development nationally in the district hospitals.</p> <p>3. Met British High Commissioner in Lesotho and shared our vision with his office.</p>	    

4. Advocacy and awareness raising meeting the new Hon Prime Minister of the Kingdom of Lesotho -Hon Minister of Health -Mr Selibe Mochoboroane



5. Fundraising campaign held at Pioneer Mall in Maseru Lesotho, raising awareness about palliative care and hospice care for patients with cancer and other life limiting conditions.



6. SOHH worked in collaboration with Royal College of GPs Wales - Dr Ian Happs, LEBOHA (Lesotho Boston Health Alliance) Dr Gill Saunders to deliver palliative care training for Family Medicine Specialist Trainee Doctors at Leribe hospital, Lesotho



February 2023 Awareness raising on various radio stations and newspapers in Lesotho - World Cancer Day-

June 2023 1. Continued advocacy; articles by Informative Newspaper -National Cancer Survivor Month

https://informativenews.co.ls/2023/06/07/starlight-oasis-of-hope-marks-national-cancer-survivor-month/?fbclid=IwY2xjawFs20JleHRuA2FibQIxMAABHQ8fUnRNrK6eWXLLeTMFPAjgVSWx-2ScDB05RD1MDETWTDXxMIMc6ka82Aw_aem_3GrHcMR2Y4N_8eHIY6RfUQ

2. Virtual training for the multiprofessional palliative care for health professional in Lesotho was delivered as two courses
1st Batch: July 11th to Aug 29th- (8 weeks)

Project ECHO
Certificate Course

Introduction to Palliative Care in Limited Resource Settings

Join us for 7 weekly Sessions via Zoom

Register NOW!
Click on this link

<https://forms.gle/BxrnCPwE3ne9G5o6>

STARTING TUESDAY, JULY 11TH 7PM - 8:30PM (SAST) MASERU, THE KINGDOM OF LESOTHO

Logos for various partner organizations including the University of Botswana, the Ministry of Health, and the Lesotho Council of Health Professions are displayed at the bottom.

2nd Batch: Sept 5th to Oct 24th-(8 weeks)
 The training was delivered in collaboration with various organizations and colleagues from 12 countries. Batch 1 had 100registrations and Batch 120r egistrations The training took place every Tuesday evening till October 24th 2023.

Zoom recordings were shared on Starlight YouTube Channel-
<https://www.youtube.com/@starlightoasisofhopehospic620>

How a group in Lesotho enacted palliative care training despite lack of funds.

IAHPC Newsletter special report:
<https://hospicecare.com/.../2023/08/special-advocacy-report/>

Faculty Members



We are honored to have individual Faculty Members from a variety of International and National organizations, facilities, and universities including our Partners:

Starlight Oasis of Hope Hospice (<https://sohhospice.org/ls/>)
 PallCHASE (<https://www.pallchase.org/>)
 African Palliative Care Association (<https://www.africanpalliativecare.org/>)
 Palliative Care Works (<https://palliativecareworks.org/>)



Oct 2023

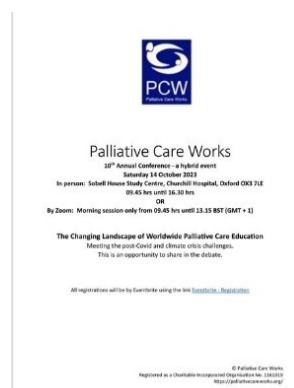
1. At Wales and Africa Health Links Network Conference Starlight raised awareness about the palliative care needs of cancer patients in Lesotho and also highlighted the general distress and economic burden of patients and their families. At the same event Baroness Ilora Finlay of Llandaff (House of Commons) became Starlight's UK based Patron.



2. In collaboration with global organizations, Starlight joined in to raise awareness about palliative care needs of children worldwide



3. Starlight presented a talk at the Palliative Care Works conference themed “The changing landscape of Worldwide Palliative Care Education “. Starlight highlighted how palliative care provision can leverage on technology as evidenced by Lesotho Project ECHO program-16 weeks virtual training which was successfully delivered despite lack of funds.



Nov 2023

1. Commemorating the first World Hospice and Palliative Care Day in Kingdom of Lesotho-Venue-Ministry of Health. Health and social care professionals as well as the academia, student nurses and members of the public and the army attended the event. The poem by Nursing students <https://youtu.be/DT9NfrH5QyY?si=w18E6nVPgp13Scs3>



2. Starlight raised awareness in the Lesotho National Assembly about the need to improve cancer care by ensuring palliative and hospice care is accessible to children and adults with palliative care needs, ensure morphine regulations are reviewed.



3. British High Commissioner in Lesotho in support of improving healthcare services in Lesotho and visited Starlight hospice plot and held a reception for corporate organisations at the high Commission to enable Starlight to share our vision and plans for hospice development



4. We met the volunteer Lead Engineer - Mrs Lineo Lerotholi Mosoeunyane who designed the Starlight building plan. She is also leading the WhatsApp group of Friends of Starlight-volunteering arm of Starlight.



5. We met South African healthcare professionals who usually attend to cancer patients from Lesotho as they expressed the challenges, they experience in taking care of patients, difficulties in referring them back to Lesotho due to lack of established palliative care services in Lesotho. Starlight was gifted palliative care textbooks by Sunflower Children' Hospice -Bloemfontein



6. Raising awareness on Lesotho Television about World Hospice and Palliative Care Day



7. Ministry of Water Affairs in Lesotho

	<p>pledged to support the Starlight initiative by proving and electrified underground water system and have surveyed the hospice land and discovered 2 areas of possible water sources.</p> <p>8. We met Consultant nstate Nelson Monyamane and his colleagues from USA Professor Richard Yoder and Mr Ken Heise as Starlight highlighted the need for palliative care positions in the public service establishment. These consultants are supporting ministry of health to restructure their services which will meet the 21st century health challenges of the nation.</p>	
<p>Dec 2023</p>	<p>1. Fundraising event by Standard Lesotho Bank to sponsor our building project for the Day Care Centre The Bank match funded. Overall LSL1.2million was raised.</p> <p>2. Together with other organizations, Starlight signed the morphine manifesto which was organised by Pallium India in collaboration with International Association of Hospice and Palliative Care (IAHPC), various civil societies across the globe are concerned that many children and adults are “Left in Pain” due to insufficient access to adequate pain relief.</p>	
<p>February 2024</p>	<p>1. At the British High Commission in the Kingdom of Lesotho, we met H.E Harry MacDonald and his team. Dr Annette Edwards volunteered her time to support the establishment of our services on the ground. She was sponsored by Welsh Government through its International Learning Opportunity programme; the process was supported by Dolen Cymru Wales Lesotho link to have made all things possible.</p>	 <p>National Health Training College</p>

2. Starlight met nursing colleges in Lesotho in pursue to integrate Palliative care into the existing healthcare curricula.



Scott College of Nursing



3. Met Christian Healthcare Association of Lesotho(CHAL) to propose the collaborative approach towards closing care gaps in the care of patients with chronic and life limiting conditions.



We have been disappointed not to have provided face to face training as planned. This was as a result of organisational issues outwith the control of ourselves or our training partner. We have had pledges of support for some groundwork at our site for the day centre but there have been issues with machinery not functioning due to government budgetary problems. Our partnership with Palliative Care Works remains strong and they are still committed to provision of training to health and Social care staff.

Finance

We have bank accounts in UK with Charity Aid Foundation Bank and in Lesotho with Lesotho Standard Bank. Money is transferred from UK to Lesotho by international bank transfers

We had an income of **£ 26,005** in the UK from public donations, including fundraising activity and on line donations. We had an income of **LSL 900** in Lesotho from personal donations.

Our expenditure was **£1,453** in the UK, largely spent on travel costs to Lesotho by our founder for meetings and planning. Costs also include fundraising and publicity. In Lesotho our expenditure was **LSL30,522** (equivalent to £1,319). Our main expenses were associated with land acquisition and registration, awareness raising and travel in country.

All payments require receipts and dual authorisation.

The average exchange rate during the year was £1 = LSL23.14.

The balance at year end showed a deficit of £448 in the UK (following transfer of money to our Lesotho account) and a surplus of LSL548,978 in Lesotho

LSL1,800,000 is due to us from fundraising in Lesotho and is being held by the Lesotho Standard Bank. This is specified by the bank to be used for capital expenditure.

Plans for next year

We aim to train 40 front line staff face to face. We will continue to facilitate access to on line training and remote mentoring and case discussions.

We will commence the preparation of the land for construction of a Day Centre and seek tenders for the construction to commence in the last quarter of the financial year.

We will advise the colleges of nurse education on how to include palliative care in the curriculum.

We will continue to raise awareness of the value and need for palliative care.

**Starlight Oasis of Hope Hospice.
Annual Financial Report October 2022 - March
2024**

The Trustees decided to change SOHH's accounting year to fit in with the Lesotho Govt financial year for ease of financial planning in Lesotho. This period of accounts covering 18 months for one time only was approved by the England & Wales Charity Commission

UK Accounts

Income

Personal Donations	£22,745.00
Corporate Donations.	£200.00
Fundraising.	£225.00
On line fundraising.	£1,307.39
Grants from other bodies.	£0.00
Bank Interest	£39.57
Gift Aid Reclaimed	£1,488.27

£26,005.23 TOTAL

Expenditure

Bank charges	£140.00
Publicity	£58.82
Travel	£1205.68
Meeting costs	£48.39
Transfer to Lesotho Standard Bank	£25,000.00

£26,452.89 TOTAL

- £447.66 **Balance (deficit)**

£12,394.27	Opening balance at 1 October 2022
£11,946.67	Closing balance at 31 March 2024

Lesotho Accounts

Income

Donations	LSL 900.00
Transfers	LSL 578,500.00 (Average
exchange rate £1 = LSL23.14)	
Interest	LSL 100.00
TOTAL	
LSL 579,500.00	

Expenditure

Bank Fees.	LSL 2,979.07
Site Costs	LSL 4,550.00
Land Fees	LSL 6,103.00
Training	LSL 1,000.00
Travel	LSL 834.15

Meetings	LSL 412.00
Admin	LSL 2,000.00
Expenses	LSL 4,220.00
Website	LSL 1,140.00

Publicity / Event LSL 6,550.00
TOTAL

LSL 30,522.08

Balance (Surplus)

LSL 548,977.92

Opening bank balance 1.10.22 LSL 20,306.80

Closing bank balance 31.3.24 LSL 569,053.72
(1Maluti = £0.042). (Equiv to
£23,900.26)

ASSETS

Site at Maqhaka. Est value. LSL 275,000

Cash in Lesotho Bank

Restricted Building Costs. LSL 500,000

Unrestricted LSL 69,053.72

Total Assets in Lesotho. LSL 844,053.72 (Equiv to
£35,450.26)

Cash in CAF Bank £12,394.27

Restricted Building £5,000.00

Unrestricted £7,394.27

Total Assets of charity at 31 March 2024 equivalent to
£47,844.53

Paul Myres, Hon Treasurer
24 4 24

Approved by Board of Trustees on 4th September 2024

Independently reviewed by accredited Accountant

**Starlight Oasis of Hope Hospice.
Annual Financial Report October 2021 -
September 2022**

UK Accounts

Income

Personal Donations	£13,205.00
Fundraising.	£3665.00
On line fundraising.	£243.05
Grants from other bodies.	£6000.00
Bank Interest	£6.47
Gift Aid Reclaimed	£1125.00

TOTAL

£24,244.52

Expenditure

Bank charges	£50.00
Bank charges (international transfers)	£50.00
Land Acquisition.	£2593.75
Publicity	£376.83
Air Travel	£3,639.16
(including £1195.5 paid for travel in November 22)	
Launch	£640.51
Transfer to Lesotho Standard Bank.	£4500.00 ¹

TOTAL

£11,850.25

£12,394.27

Balance (surplus)

£12,394.27 Bank balance at 30 September 2022

Lesotho Accounts

Income

Donations	LSL 1,700.00
Transfers	LSL 87,097.45
TOTAL	
LSL88,797.45	

Expenditure

Monthly Bank Fee	720.00
Credit Card Fee	60.00
ATM Fees	475.38
On line transaction fees	87.40
International transfer fees.	296.00
Total Banking Fees	1638.78
Launch Costs – food, drink, Decorations, tables	30,629.50
Land Acquisition	25,000.00
Website	1,195.37
Publicity	9470.00
Telecom	957.00
TOTAL	
LSL68,890.65	

Balance (Surplus)

LSL19,906.80

Opening bank balance (from last year)	LSL400.00
Closing bank balance 30 9 22	
LSL20,306.80	

Exchange rate on 30.9.22. ZAR 20.21 to £1.
£1004.79

Paul Myres, Hon Treasurer
30 01 23

Approved by Board of Trustees
22 03 23

STARLIGHT OASIS OF HOPE HOSPICE

England & Wales - Charity number 1195548

Accounts

Starlight Oasis of Hope Hospice (SOHH)

Annual Report and Accounts

2021-22

1 Objects

The objects of SOHH are the advancement of health in the kingdom of Lesotho for the public benefit and the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage at the discretion of the charity trustees and in particular but not exclusively:

Advancing the understanding in the general population of the need for and benefits provided by palliative care

Advancing the training of those providing care for individuals with life limiting illness

Relieving the physical, mental and social distress of those with life limiting illness and those who care for them

2. Trustees

President ; Prof Walter Jones. (resigned Nov 2022)

Chair: Dr Paul Myres

Founder: Me' Tebello Lepheane

Andrew Wardrop

Veronica German (from September 2022)

3. Activities

This year saw our official launch in Lesotho at the Royal Palace in Maseru in the presence of Her Majesty Queen 'Masenate Mohato Seeiso who graciously agreed to be our patron. We feel very honoured.

The site for our hospice care at Maqhaka, about ten kilometres north of Maseru (Capital of Lesotho) was approved for the provision of health care services and we acquired an adjoining piece of land. We will now have improved access. We have provided a water supply to the local community and will be extending that to the site next year.

We have had a lot of publicity on radio and in the press and our Founder has delivered regular radio slots about cancer and palliative care. Our launch was attended by dignitaries from Ministries and Health Care staff and the British High Commissioner, who baked us a celebration cake. The launch was featured not only by numerous national media outlets but also featured in the London based hospice newsletter called ehospice and the USA based newsletter of the International Association of Hospice and Palliative Care (IAHPC).

Following this our Founder was invited to attend the 7th Africa Palliative Care Association (APCA) conference in Uganda.

We have developed a phone app to ease the transfer of information when patients are referred between health professionals and this has been beta tested.

We had a presence in Maseru for World Cancer Day in February when Her Majesty the Queen also attended.

Our website went live in February and will receive regular updating.

SOHH has been contributing to the National Cancer Control Strategy Technical Working Group including the drafting of palliative care policy and guidelines, and Non-Communicable Disease indicators.

We have created a collaboration with UK based organization called Palliative Care Works (PCW) to deliver frontline palliative care training in the Mountain Kingdom (Lesotho). In time we plan to run a Train the Trainer programme so that further training can be undertaken by Basotho healthcare practitioners.

We have had constructive meetings with The Ministry of Health and the Ministry of Social Development to work together for the provision of support to those with life limiting illnesses and their carers.

We have pledges of support from several corporations in Lesotho for when we start to develop our site.

We continue to lobby when we can for the recognition of needs for those with life limiting illness and the provision of palliative care. We are grateful for the opportunities provided for us by Radio Maria, Ultimate Radio and Public Eye Newspaper.

Finance

We have bank accounts in UK with Charity Aid Foundation Bank and in Lesotho with Standard Lesotho Bank. Money is transferred from UK to Lesotho by international bank transfers.

We had an income of **£24,244.52** in the UK from public donations, including fundraising activity and online donations. We had an income of **LSL 1700.00** (£87.18) in Lesotho from personal donations.

Our expenditure was **£7,350.25** in the UK, largely spent on the acquisition of land in Lesotho to base our operations in the future and to pay for travel costs to Lesotho by our founder for meetings and planning. Costs also include fundraising and publicity. In Lesotho our expenditure was **LSL68,890.65** (equivalent to £7251.65). Our main expenses were associated with land acquisition and registration, awareness raising and our launch with 40 guests at the Royal Palace. The venue was graciously provided free of charge by our patron Her Majesty Queen Masenate Mohato Seeiso.

All payments require receipts and dual authorisation.

(average exchange rate during the year £1 = LSL 19.5).

This is our first year of operation although at this stage we are only delivering awareness raising. As such we have not yet agreed a Reserves policy. The balance at year end showed a surplus of £12,394.27 in the UK and LSL19,906.80 in Lesotho

Plans for next year

We will be running two training courses for frontline health and social care professionals.

We aim to agree a Memorandum of Understanding with the Ministry of Health and the Ministry of Social Development.

We will establish a small building on the land at Maqhaka, forging a relationship with the local community. The land will require levelling, provision of an improved access road and clearing of a donga (seasonal stream).

We will be advocating for improved access to morphine for those with life limiting illness in severe pain.

We will continue with community awareness raising and lobbying the administration for improved provision of palliative care services.

We will be meeting with key stakeholders, decision makers and commercial organisations to obtain support for the commencement of palliative care services initially in the districts of Maseru and Berea.

**Starlight Oasis of Hope Hospice.
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