

THE HEALTHY LIVING PLATFORM

England & Wales · Charity number 1195487

Details

Other names	HEALTHY LIVING PLATFORM
Status	Registered
Legal form	CIO
Registered	2021-08-11
Register	View on the Charity Commission register

Contact

Address	Healthy Living Platform 336 Brixton Road London SW9 7AA
Phone	07701365551
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Website	www.healthylivingplatform.org

Activities

Objects: THE OBJECTS OF THE CIO, TO BE CARRIED OUT IN LONDON AND SUCH OTHER PARTS OF ENGLAND AS THE TRUSTEES SHALL FROM TIME TO TIME DETERMINE, ARE:1) THE PREVENTION OR RELIEF OF POVERTY FOR THE PUBLIC BENEFIT BY PROVIDING FOOD, BABY CLOTHING AND BABY ESSENTIALS TO INDIVIDUALS IN NEED AND CHARITIES AND VOLUNTARY ORGANISATION WORKING TO PREVENT OR RELIEVE POVERTY, AND BY PROVIDING SUCH ORGANISATIONS WITH FACILITIES FOR THE PREPARATION AND DISTRIBUTION OF FOOD. 2) TO PRESERVE AND PROTECT GOOD HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING OR ASSISTING IN THE PROVISION OF EDUCATION ON HEALTH AWARENESS, HEALTHY EATING, TRAINING AND OTHER APPROPRIATE PROJECTS THAT ENABLE INDIVIDUALS TO BE SELF-SUFFICIENT IN GAINING ACCESS TO, GROWING AND PREPARING NUTRITIOUS FOOD.

Activities: The prevention or relief of poverty for the public benefit by providing food, baby clothing and baby essentials to individuals in need and charities and voluntary organisations working to prevent or relieve poverty.To preserve and protect good health for the public benefit by providing or assisting in the provision of education on health awareness, healthy eating, training and other projects

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£385,987	£320,900	-	-
2024-09-30	£466,000	£576,000	-	-
2023-09-30	£717,553	£627,250	£199,733	11
2022-09-30	£498,452	£389,022	-	-

Trustees

Name	Role	Appointed
Tanya Spence	Chair	2024-07-09
Bel-Olivia Osas		2023-08-01
David Wood		2024-05-13
Giles Gibson		2021-08-11
Janet Baker		2021-08-11

Accounts

Charity registration number: 1195487

Company number: CE026427

The Healthy Living Platform

Annual Report and Financial Statements

for the Year Ended 30 September 2025

The Healthy Living Platform

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The Healthy Living Platform

Reference and Administrative Details

Chairman

Mrs Tanya Spence

Trustees

Mrs J Baker

Mr G Gibson

Mrs Bel-Olivia Osas

Mr David Wood

Mrs Davina Jane Belcher

Mrs Tanya Spence

Charity Registration Number

1195487

Principal Office

336 Brixton Road
London
SW9 7AA

Independent Examiner

Mr Keith Powers
13 Ambleside
Botley
Southampton
Hampshire
SO30 2NS

The Healthy Living Platform

Trustees' Report

Executive Summary

2024/25 has been a year of resilience, progress and impact for Healthy Living Platform (HLP) and the communities we serve. While demand for our services continued to rise amid the ongoing cost-of-living crisis and a challenging funding environment, our response has been strong and proactive. We have built on our strengths, deepened our reach and further strengthened our role as a multi-purpose charity empowering communities and improving access to healthy, affordable food. With new initiatives, growing partnerships and increasing recognition of our model, this is an exciting time for HLP.

Over the year, we distributed an impressive 264,225 kg of food to 60 community groups, providing the equivalent of 629,107 meals, and significantly bolstering access to healthy and affordable food. Our Pantries also became self-sufficient for the first time, thanks to the fantastic work of our Hub and Pantry teams, ensuring an efficient and measured allocation of resources. We launched our Community Lunch at 336, which has been a success in feeding the community and providing a developmental pathway for Food Ambassadors.

We expanded our community education programmes, launching a new series of Food Ambassador courses with funding from Lambeth Council's Community Connections, which will deliver five rounds of training over this year and the next. This course continues to inspire hope and equip the residents of Lambeth with the skills and confidence to drive change in their communities. Another milestone for this year has been in HLP fiscally hosting the projects of two of our volunteers under the Lambeth Food Partnership's Small Grants Programme.

Our Food Hub continues to develop as a community distribution point, and our Pantries and Kitchen as community focal points, both facilitating the provision of wrap-around services and local information. Interest in our Food Hub model has also continued to increase, with several neighbouring boroughs interested in learning from our model.

A special thank you to our incredible funders who support our work and partner with us.

It is an honour to present this report and financial statements for the year ended 30th September 2025 on behalf of the Board of Trustees.

Tanya Spence

Chair of Trustees
Chief Executive Officer

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Trustees' Report (continued)

1. Summary of the Purposes of the Charity as Set Out in its Governing Document

At Healthy Living Platform we make it easier for local communities to lead healthier and more sustainable lives. Our focus is on connecting communities through food across neighbourhoods, focusing on the following strategic aims:

- Access: increased access to affordable nutritious food
- Education: increased knowledge and skills to support healthy eating
- Community: increased community connectivity and capacity
- Advocacy: improved food policy and decision making in Lambeth

The objectives of the CIO, to be carried out in London and such other parts of England as the Trustees shall from time to time determine, are:

- 1) The prevention or relief of poverty for the public benefit by providing food, baby clothing and baby essentials to individuals in need and charities and voluntary organisations working to prevent or relieve poverty, and by providing such organisations with facilities for the preparation and distribution of food
- 2) To preserve and protect good health for the public benefit by providing or assisting in the provision of education on health awareness, healthy eating, training and other appropriate projects that enable individuals to be self-sufficient in gaining access to, growing and preparing nutritious food.

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Trustees' Report (continued)

2. Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts

Access

Increasing access to affordable nutritious food

Access to affordable, nutritious and culturally appropriate food remains at the heart of Healthy Living Platform's work. In a year marked by funding cuts and rising demand, we have continued to strengthen our local food infrastructure to ensure communities can reliably access good food with dignity. Through our Surplus Food Hub, pantries and distribution partnerships, we are not only responding to immediate need but building a more resilient and sustainable local food system, one that reduces waste, supports community groups and ensures healthy food reaches those who need it most.

Surplus Food Hub

HLP has continued to showcase the Hub, its 3 pantries and Community Kitchen as examples of best practice in working at-scale in the coordination of surplus food. We have welcomed visits from other projects and London councils, who view us as a model of best practice and a valuable community resource.

The Hub has continued to increase in capacity and efficiency as a hub-and-spoke model, delivering the last-mile distribution of surplus food. Thanks to the donation of *Eva the E-Van* in February, we have been better able to collect food offsite directly, including from the Felix Project's Deptford depot, Greenford Multibank and donations across London. This has proven a boon in helping us to further reduce UK food waste and increase our intake of surplus food and essential items. In conjunction with this, and in pursuit of closing the local food cycle, we have begun composting locally, donating suitable food waste as animal feed to Ebony Horse Club and Slade Gardens. Conversations are also on-going around the set-up of an anaerobic digestion system with our local partners.

Disappointingly, Lambeth council made the decision to cut their funding of the Food Hub at the end of March 2025, following this, Impact on Urban Health (IoUH) stepped in and awarded us a grant to cover the costs of the Food Hub for nine months. This enabled the Food Hub to remain open while we explore longer-term funding opportunities. Impact on Urban health has offered robust support during this transition, and we are exploring the possibility of a future partnership moving forward, which we welcome.

Lambeth Council also cut the Household Support Fund at the end of March 2025. This fund enabled us to supplement what we receive in surplus, ensuring that we have a good stock of essential and cultural items during periods of low surplus food in-take. Losing this fund will negatively affect both the quantity and diversity of food we can provide to community groups. We have begun work to mitigate these cuts by incorporating multibank items alongside our food provision. Further plans include exploring partnership bids, cooperate purchasing and bulk-buying models, as well as supporting community groups to identify sustainable local alternatives for food provision. Nevertheless, we unfortunately will no longer be able to accept direct referrals from Lambeth Council's Cost of Living Support Team for the provision of emergency food crates.

Looking ahead, we launched our *Secure the Hub* campaign on 22nd September 2025. With MPs, councillors, community partners, surplus suppliers and community activists in attendance, the campaign has generated momentum across partnerships, fundraising and advocacy. This campaign aims to raise awareness of the Hub's far-reaching benefits, the risk of its closure, and its role in the surplus food supply chain. Overall, the campaign

The Healthy Living Platform

Trustees' Report (continued)

is a collective stimulus to build a sustainable funding base that will protect the Surplus Food Hub, allowing it to grow to meet increasing community need.

Figure 1: Breakdown of food provided and received

2024/2025	Q1 Oct-Dec 24	Q2 Jan-Mar 25	Q3 Apr-Jun 25	Q4 Jul-Sep 25	Annual TOTAL
ALL FOOD PROVIDED (kg)	59,987	66,115	67,373	70,750	264,225
Surplus donated Food (kg)	56,167	62,184	64,036	64,389	246,776
Bought Food (Essential Items, kg)	4,754	2,296	2,956	5,272	15,278
Emergency Crates Requested	31+	25+	26+	20+	102+

2024/2025	Q1 Oct-Dec 24	Q2 Jan-Mar 25	Q3 Apr-Jun 25	Q4 Jul-Sep 25	Annual TOTAL
Groups supported	45	49	52	48	60
Avg. wk households supported	1,941	2,244	2,401	2,460	2,162
Avg. wk individuals supported	7,765	8,976	9,602	9,841	9046

Pantries

Our Pantries continue to supply essential low-cost food to residents and provide a focal point for community-building and the delivery of wrap-around services.

Amid Local Authority cuts to our food budget, efficiency and cost-saving measures have been a key focus this year. Thanks to a strong, system-led approach by the Food Hub team, our Pantries became self-sufficient for the first time. The introduction of a new pantry pricing model in October 2024 has helped to mitigate rising food demand by offering more flexibility and choice for customers, as well as improved access to fresh fruit and vegetables, contributing directly to our health outcomes – a key aim for the charity.

In support of these changes, we have strengthened ties with the housing associations whose residents we support. Through our partnership with Metropolitan Thames Valley Housing (MTVH) we have gained access to the resource and micro-funding platform – Match My Project. This enabled us to successfully appeal for support with our distribution costs. This led to Nourish Care donating £500 for the purchase of a specialist trolley and equipment for our Food Hub team. In addition, thanks to Morgan Sindall we continue to access free, certified training for all volunteers and staff at HLP, helping to expand their skills and personal development. To date we

The Healthy Living Platform

Trustees' Report (continued)

have supported 19 volunteers and staff to access 61 courses. We look forward to continuing these collaborations and greatly appreciate their support to date.

Education

increasing knowledge and skills to support healthy eating

We believe that long-term food security is strengthened when people have the knowledge, confidence and opportunity to make the most of the food available to them. Our education programmes are designed to build practical skills, strengthen peer networks and create pathways into volunteering and employment within the food system. By investing in residents as Food Ambassadors and community leaders, we are supporting a shift from food provision alone towards food empowerment, enabling communities to grow their own capacity and share learning more widely.

Community Connections Food Ambassadors

Following our successful bid with Lambeth Council's Community Connections Fund we have begun delivering a new series of Food Ambassadors courses, building on nutritional knowledge, strengthening social bonds, encouraging peer-to-peer learning and supporting onward development. These courses have been re-designed to build capacity within the community groups receiving surplus food from the Food Hub, helping them do more with their food and inspire new food programmes at each group. Beginning in June 2025 and led by a nutritional therapist, we have delivered 2 out of 5 courses to a total of 16 individuals with a 100% completion rate. Interestingly, one-third were male, our highest percentage of men participating since starting delivery of our Food Ambassadors programme in 2018. The course includes a Level 2 Food Hygiene certificate and access to mentoring across our community events, providing a clear pathway to both community action through volunteering opportunities and paid work that can lead to a career in the food system.

A milestone for our Food Ambassador course this year was that HLP were able to act as a fiscal host for a community food programme led by a Food Ambassador, who was awarded £500 through the Lambeth Food Partnership's Small Grants Programme. This project was developed and delivered by the Food Ambassador themselves, demonstrating progression from training into autonomous community-led activity.

Food Ambassadors Pro

In November 2024, we piloted a programme to provide structured support to Food Ambassador graduates who are interested in further upskilling themselves, potentially pursuing a future in food. This 4-week course supported Food Ambassadors to develop their skills and plan a food workshop, while offering tailored business development sessions and mentoring, helping them to achieve their goals. This programme was deemed a success, and will be continued with a further 3 courses through our Community Connections funding.

Community Café at 336

This year saw the relaunch of our weekly Community Café, now located at 336 Brixton Road. Joint funded by Lambeth Council's *Changing Lives* and Brixton North Big Local, this café provides a hot lunch on a 'pay what you can' basis for the community, as well as an opportunity for Food Ambassadors to gain first-hand experience cooking at scale in a professional kitchen. Notably, the diversity within our Food Ambassador team allowed for

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Trustees' Report (continued)

a huge variety of cuisines on offer, including North African, Latin American, Mediterranean and South Asian. By popular demand, our Windrush week became a monthly special featuring delicious Caribbean dishes.

We value this community space as another venue for residents and wrap-around services to connect, including Disability Lambeth, Carers Hub and the Health & Wellbeing Bus. Notably, in April luxury event caterer Blue Strawberry visited for a Community Café takeover, a collaboration we greatly enjoyed and hope to expand upon in the future.

Community

Increasing community connectivity and capacity

Food continues to act as a powerful entry point for connection across our neighbourhoods. Our Hub, pantries and Community Kitchen operate not only as food access points, but as trusted spaces where residents, community groups and service providers can meet, share information and collaborate. By strengthening relationships and creating opportunities for partnership, we are helping to build a more connected and resilient Lambeth, one where local organisations are better equipped to support their communities and where residents feel part of something collective.

HLP's Surplus Food Hub as an Information Distribution Point

This year has seen HLP continue to be a showcase in the power of food to bring people together. The Surplus Food Hub continues to be an information distribution point, distributing leaflets and sharing key information about community events and council updates, while also facilitating communication among the community groups it supports. This year we have distributed information regarding:

- First5Lambeth's Measles & Pertussis Awareness Campaign.
- SE5 Forum's Feel-Good Festival.
- Brixton Chamber Estates winter and summer tours.
- Winter & Summer Holiday and Activities Fund (HAF) programmes.
- Brixton Advice's The Wiser Adviser project.
- 'HEAT' programme providing 1:1 energy saving support.
- Lambeth Larder Directory.
- Back-catalogue National Geographic magazines ('Kid's editions').
- The Story Corner (a quarterly story magazine for children).
- Rapport Film Festival flyers.
- Police community meeting information.

Just to name a few...

HLP's Pantries & Community Kitchen as a Community Focal Point

Our Pantries & Community Kitchen continue to be community access-points for residents and wrap-around service partners to commune. They demonstrate the power of food as a facilitator of social and community support. This year we have welcomed:

- Lambeth Council's Health & Wellbeing Bus.
- Brixton Advice's The Wiser Adviser Project.
- Age UK's Information & Advice Sessions.
- Lambeth Together: *Live Longer Better* - Health and Wellness Events.

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Trustees' Report (continued)

- 'HEAT' programme providing 1:1 energy-saving support.
- Upper Norwood Library Trust's free energy advice outreach sessions.
- Community Tech Aid's digital support sessions.
- RootnBranch's save water, energy and money giveaways.
- We Are 336's community hub for disability organisations, including Breaking out the Bubble and Disability Advice Service Lambeth (DASL).

Just to name a few....

Volunteer Celebration

As a thank you to all the fantastic contributions that HLP's volunteers, past and present, have made over the past year, we held our annual Volunteer Celebration. Taking place this year at the local Dwaynamics Community Centre in Loughborough Park, activities included a Live DJ, facepainting, drumming, crafts, a BBQ buffet. Certificates were also given out to recognise and thank volunteers for their support and collaboration across all our community food projects.

First 5 Lambeth – Measles & Pertussis Awareness Campaign

We collaborate as a First 5 Lambeth partner, a consortium of nine community groups supporting early years children, launched officially to the public in November 2023.

In 2025, Healthy Living Platform led a First 5 Lambeth consortium project, funded by Lambeth Council's Public Health to raise awareness of the continued prevalence of measles and pertussis, and encourage vaccine uptake across Lambeth. The campaign was delivered through 6 community events and activities led by different consortium partners, with over 100 families recorded as engaged. Public Health colleagues were present on the day to provide expert guidance on recognising risks, preventing infection, and supporting parents to make informed vaccination decisions during pregnancy and their child's early years.

Advocacy

improving food policy and decision making in Lambeth

Alongside direct service delivery, we remain committed to contributing to wider conversations about food justice and local food systems. Through hosting visits, speaking at events and engaging in learning exchanges, we share our hub-and-spoke model and frontline experience to inform policy and practice. In a challenging funding climate, this advocacy work is increasingly important. By demonstrating what works and amplifying community-led solutions, we aim to influence decision-making and strengthen the long-term sustainability of food support across Lambeth.

Hosting Visits – Advocacy Through Example and Learning Exchanges

During a period of uncertainty within the charity sector, with multiple major donors pausing their usual grant applications, we are encouraged by a growth in the number of high-profile visits over the last year. These visits provide us with optimism for the potential of future partnerships.

Much of HLP's advocacy occurs through both hosting visits and organising learning exchanges with funders and other community organisations. This allows us to promote our hub-and-spoke model, and enable them to

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Trustees' Report (continued)

learn from us as a model of best practice. In particular, we hosted Kingston upon Thames and Southwark Councils this year, both keen to learn from our model.

Noteworthy Visits to HLP

- The National Lottery Reaching Communities Fund
- Southwark Council Public Health & Southwark Food Action Alliance
- Women's Environmental Network (WEN) learning exchange with Food Fiveways,
- Impact on Urban Health Hub and Pantry visit to understand our work
- The Caerlow Trust – intro visit pre-invitation for funding
- Community Connectors – Project Smith

Noteworthy Visits to:

- Felix Project Catering, Poplar – learning from a surplus kitchen working at scale
- Cooperation Town, Gospel Oak – learning about other food systems and cooperative models.
- Farm Urban sharing hydroponic vertical farming with Lambeth and Southwark (funded by Impact on Urban Health)

Noteworthy Public Engagements

Another core part of HLP's advocacy is in attending and speaking at public events throughout the year. With Interim Managing Director Carla Thomas as our predominant speaker for this year's events, we are glad to have seen a growth in our speaking engagements. These public engagements reflect HLP's growing prominence within London's surplus food ecosystem, as both a model of best practice and thought leader for our hub-and-spoke model. Moving forward, with the appointment of our new Chief Executive Officer, Davina Belcher, we aim to strengthen these connections further, advocating for both our model and strategic aims in the pursuit of ending hunger.

A) Nomination for Voices to End Hunger Award – Partnerships Category, April 2025

The Voices to End Hunger awards spotlight unsung heroes tackling hunger in the UK and globally. It elevates community organisations, providing visibility and connections to expand their impact. With two billion people lacking safe, nutritious food, the fight is urgent. Aligned with SDG 2 – Zero Hunger by 2030, these awards amplify those turning this vision into reality.

This year we were honoured to be nominated by the Felix Project in the Partnerships category for Voices to End Hunger, alongside two other Lambeth organisations: Ace of Clubs and Maureen's Kitchen (Community category). The awards ceremony was held at the Institute for Contemporary Arts (ICA), with other leading organisations in surplus food distribution, including community category winner Surplus to Supper, who previously visited us along with other councils to learn from our Hub model and HLP's work.

B) Speaking at 'There Are Many Alternatives' series with the Brixton Project, September 2025

Launched in 2024, this event series explores alternative ways of living and being, and invites local organisations working towards social, food and climate justice.

Carla Thomas presented on a panel highlighting how our practices and efforts could be collectivised, co-operatised and scaled for impact through shared governance models. She also discussed HLP's role as vital

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Trustees' Report (continued)

infrastructure, a resource hub and community asset for Lambeth. Topics also included doughnut economies, community commons and how the Hub could become a protected & community-owned asset.

C) BBC Breakfast appearance at The Felix Project Deptford Depot Launch, November 2024

In celebration of the King's birthday, a new Depot was opened at the Felix Project Deptford.

With Dame Louise Casey, Dame Martina Milburn and Sadiq Khan in attendance alongside King Charles, Carla Thomas was invited to speak live on BBC Breakfast and Channel 5 for the launch of the Felix Project's new Deptford Depot. The interview focused on the need for more donated food in the community and highlighted our strong ties within London's surplus food supply chain.

D) Lord Mayor's Coffee Colloquy – SDG 2 Zero Hunger, October 2024

For World Food Day 2024, Carla Thomas and our Office Manager Brodie Neilson attended the Lord Mayor's Coffee Colloquy, organised by City Harvest. For this event, City Harvest invited food industry experts to tackle the challenge of how the world can work to end hunger and ensure access to food for all people, and in particular the poor and vulnerable, to safe, nutritious and sufficient food all year round.

E) Brixton North Big Local – Mayor's Parlour, Lambeth Town Hall, February 2025

At Brixton North Big Local's launch surrounding support for community and youth projects, Carla Thomas presented our Community Lunch and Community Café projects. This presentation discussed how food can act as a mechanism for connection, engagement and support.

F) Livery Visit to City Harvest at New Covent Garden Market, April 2025

HLP joined Livery Food Initiative's tour of City Harvest at New Covent Garden Market. At this event, Carla Thomas presented how the food they donate impacts communities, emphasising the need for more food hubs like ours.

Evaluation

Coproduced Evaluation Project Launch

In September 2025, we began a co-designed independent evaluation project with local social impact evaluator PatchWorks, designed to build a robust evidence base for HLP's work and to strengthen accountability to the communities we serve. The project uses a mixed-methods approach, including surveys with community group partners, volunteers and residents, alongside in-depth interviews at Moorlands Community Pantry and with key partners including HLP's surplus food suppliers.

This work represents an important step in strengthening how we understand, evidence and communicate our impact. By involving residents, volunteers and partners directly in shaping the evaluation, the project ensures that our learning is grounded in lived experience and reflective of what matters most to the people we support.

We intend to learn from this process and to strengthen and embed robust, sustained monitoring and evaluation across our work. This has coincided with the piloting of a dedicated Monitoring and Impact Officer role, allowing us to test and develop internal capacity for impact measurement, learning and continuous

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Trustees' Report (continued)

improvement. We will review the effectiveness of this role over the coming months and use the learning to inform future organisational development.

Data collection began positively, with strong engagement from partners and community members. We anticipate publishing the full evaluation report later in 2025 and look forward to using the findings to inform service development, partnership working and strategic planning across the organisation.

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Trustees' Report (continued)

3. Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

The trustees have had regard to Charity Commission guidance on public benefit and consider that the objectives, aims and achievements of the charity described in the report enable it to meet its duty to the Charity Commission as per section 17 of the Charities Act 2011, and to the benefit of the public.

Additional Information

Building Relations via Corporate Volunteering Days

Over the past year, we have begun hosting corporate volunteering day packages to build mutually beneficial relationships with interested businesses and help diversify our funding. This involves a team of corporate colleagues joining us for a day of hands-on support. Split between the Food Hub and Kitchen, participants typically assist with food deliveries, visit one of our pantries, portion bulk supplies and prepare a family-style lunch using surplus ingredients.

This is an opportunity for corporates to gain a direct connection and understanding of HLP and our mission, beyond what is available digitally. This initiative has proven successful, with Intermediate Capital Group (ICG) notably donating £20,000 in addition to their volunteering day package, covering the running costs of our pantries for a full year. We look forward to hosting more corporate volunteering days, and further strengthening the connections established.

Corporate Volunteering Days Hosted:

- ICG
- AtkinsRealis
- Quilter

With more on the way...

Contribution made by volunteers

Volunteers remain pivotal to the work we do, and we are forever grateful for the generosity and care demonstrated by our community for one and other. Across the year we were supported with a total of 5,424 hours across 118 volunteers, through volunteer shifts at our surplus Food Hub, Community Kitchen and pantries.

Despite working with a smaller group of volunteers when compared with 2023-24, this year has seen a 39% increase in the number of hours given per volunteer. At £13.85/hr, this represents £75,112.40 (in kind) based on the London Living Wage.

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Trustees' Report (continued)

4. Financial Review

Review of the charity's financial position at the end of the period.

Statement explaining the policy for holding reserves stating why they are held

HLP's Reserves Policy is not static and can be subject to change annually. HLP's reserves policy considers designated funds that are allocated to specific projects. HLP's current Reserves Policy is to keep sufficient funds in reserves to cover 3 months of salaries, any leases HLP is liable to pay and money to support legal costs. HLP agrees that if it receives more funding that can be allocated to Reserves as an extra contingency then this will be done at the Board's discretion.

Explanation of any uncertainties about the charity continuing as an on-going concern

The Trustees have assessed the charity's ability to continue as a going concern. This assessment involved reviewing the charity's financial position, cash flow forecasts, and future funding commitments. Based on this review, the Trustees have a reasonable expectation that the charity has adequate resources to continue operating for the foreseeable future. Therefore, the financial statements have been prepared on a going concern basis.

Additional Information

The charity's principal sources of funds as of September 2025 (including any fundraising)

1. Lambeth Council
2. Impact on Urban Health
3. Feeding Britain
4. Changing Lives
5. Lambeth Made
6. Community Connections
7. North Brixton Big Local
8. ICG
9. Awards for All
10. The Caerlow Trust
11. Donations
12. National Lottery, Awards for All

A description of the principal risks facing the charity

The principal risk currently facing HLP is securing sustained funding for the Food Hub following the Lambeth Council's cuts and the conclusion of Impact on Urban Health's funding. In response, we have pivoted our income strategy towards building a broader, more diversified funding base, reducing reliance on any single funder and strengthening long-term resilience.

We have developed a robust and dynamic funding pipeline and have actively pursued a portfolio of smaller grants as part of a more sustainable income model. While future funding has been secured in part, including confirmed support from The Draper's Hall Company from December 2025, a number of funding applications remain pending and there remains a risk that long-term financial sustainability is not yet fully assured.

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Trustees' Report (continued)

Alongside this, we have taken deliberate steps to strengthen organisational foundations. Our 2024/25 accounts indicate that reserves have increased by £65k, with a projected year-end balance of £155k. Governance has been strengthened through the appointment of new trustees, enhancing financial oversight and internal controls. We have also developed a full cost-recovery model to support longer-term sustainability and the rebuilding of reserves following a challenging 2023/24.

The appointment of a Chief Executive Officer in September 2024 has further strengthened organisational leadership, with a clear focus on income diversification, strategic development and long-term stability.

Despite these positive steps, the external environment remains challenging. The financial climate for London's charity sector continues to tighten, with several long-standing funders pausing programmes for review and ongoing under-funding of local authorities placing additional pressure on community services. In this context, fundraising, advocacy and raising awareness of the Hub's unique and high-impact model within Lambeth remain strategic priorities.

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Trustees' Report (continued)

5. Structure, Governance and Management

Description of charity's trusts: Not applicable

Type of governing document (trust deed, royal charter): Constitution

How is the charity constituted? (e.g. unincorporated association, CIO): CIO

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees:

Trustees are voted in by existing Trustees following an application process.

6. Reference and administrative Details

Charity Name: Healthy Living Platform

Other name the charity uses: HLP

Registered charity number: 1195487

Charity's principal address: 336 Brixton Road, SW9 7AA

7. Names of the charity trustees who manage the charity as of 30th September 2025

1. Tanya Spence (Chair as of 01/09/2025)
2. Michele Marotta (08/11/21 to 1/2/25)
3. Giles Gibson
4. Alexis Martinowsky (08/11/21 to 1/2/25)
5. Janet Baker
6. Bel-Olivia Osas
7. Hubert James (25/03/2024 to 22/1/25)
8. David Wood (Treasurer)
9. Davina Jane Belcher (Chair until 31/08/2025)

At the end of 2024, with a new Chair and Treasurer in post along with one other new Trustee, some of the longer serving Trustees stepped down. Their ongoing support for HLP through the pandemic and the setting up of the Food Hub was hugely beneficial, but they felt ready to move on, confident in the new appointments to continue their legacy. This did mean a reduction in Board members that HLP is still trying to resolve, although finding new recruits can be a challenge in itself, and one that the Board is prioritising.

8. Corporate Trustees - names of the directors at the date the report was approved

No Corporate Trustees

9. Name of Trustees holding title to property belonging to the charity

Not applicable – no property owned by the charity

10. Funds held as custodian trustees on behalf of others

No funds or assets held on behalf of others

11. Additional Information (optional)

No advisors involved

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Trustees' Report (continued)

12. Name of chief executive or names of senior staff members (optional)

Davina Belcher, Chief Executive Officer (01/09/25 – present)

Carla Thomas

Co-Managing Director (Feb 24 – 31/08/2025)

Food Hub Director (01/09/25 – present)

14. Exemptions from disclosure

No exemptions

Additional detail required in submission

Noteworthy Donors:

Including financial, food and service donations

- The Felix Project
- City Harvest
- Lambeth and Croydon Food Bank (Trussell)
- Morrisons
- Anonymous Donor
- Britain Loves Baking
- New Covent Garden Market
- Kings Coronations Food Project M&S
- Atkins Realis
- ICG

Staff

During the past year, the charity experienced a higher-than-usual level of staff turnover. This reflected a period of organisational transition following an intensive programme of work, which saw the conclusion of several projects. In addition, we had the unexpected departure of a team member due to immigration circumstances. Altogether, this placed additional pressure on staff capacity. While challenging, this period also created an opportunity to strengthen organisational structures, clarify strategic priorities, and build a more resilient and stable team. These changes have helped establish a strong foundation for the charity's continued development and future growth.

- 1) Davina Belcher - Chief Executive Officer (joined September 2025)
- 2) Carla Thomas – Interim Managing Director -> Food Hub Director (from September 2025).
- 3) Yasmin Latif - Food Ambassador Lead (left November 2024)
- 4) Charlotte Gordon - Kitchen and Catering Coordinator (left May 2025)
- 5) Anna Sjovorr-Packham – Community Programmes and Partnerships Coordinator (re-joined July 2025)
- 6) Brodie Neilson - Office Manager
- 7) Bruno Goncalves - Hub Supervisor
- 8) Guy Stevenson - Warehouse Assistant (joined November 2024)
- 9) Joshua Ajayi Oluwashola - Warehouse Assistant (left August 2025)
- 10) Andre Faggin – Warehouse Assistant (Joined July 2025, left September 2025).

The Healthy Living Platform

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 9 June 2026 and signed on its behalf by:

.....
Mrs Tanya Spence
Chairman and trustee

The Healthy Living Platform

Independent Examiner's Report to the trustees of The Healthy Living Platform

I report to the trustees on my examination of the accounts of The Healthy Living Platform for the year ended 30 September 2025.

Responsibilities and basis of report

As the charity trustees of The Healthy Living Platform you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Healthy Living Platform's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since The Healthy Living Platform's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Healthy Living Platform as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

In their assessment of the going concern basis of preparation of the accounts, the trustees have concluded that a material uncertainty exists which could cast significant doubt on the charity's ability to continue beyond April 2027; nevertheless, they remain confident that adequate funding will be obtained to support the charity's continued operations for the foreseeable future.

I have no other concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Mr Keith Powers
13 Ambleside
Botley
Southampton
Hampshire
SO30 2NS

9 June 2026

The Healthy Living Platform

Statement of Financial Activities for the Year Ended 30 September 2025

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies		4,086	-	4,086
Charitable activities		67,106	313,471	380,577
Other income		1,324	-	1,324
Total income		72,516	313,471	385,987
Expenditure on:				
Charitable activities		(26,513)	(294,387)	(320,900)
Total expenditure		(26,513)	(294,387)	(320,900)
Net income		46,003	19,084	65,087
Net movement in funds		46,003	19,084	65,087
Reconciliation of funds				
Total funds brought forward		115,202	(24,698)	90,504
Total funds carried forward	9	161,205	(5,614)	155,591

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies		5,694	5,025	10,719
Charitable activities		51,757	390,983	442,740
Other income		12,824	-	12,824
Total income		70,275	396,008	466,283
Expenditure on:				
Charitable activities		(105,171)	(470,342)	(575,513)
Total expenditure		(105,171)	(470,342)	(575,513)
Net expenditure		(34,896)	(74,334)	(109,230)
Net movement in funds		(34,896)	(74,334)	(109,230)
Reconciliation of funds				
Total funds brought forward		150,098	49,635	199,733
Total funds carried forward	9	115,202	(24,699)	90,503

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 9.

The notes on pages 22 to 28 form an integral part of these financial statements.

The Healthy Living Platform
(Registration number: 1195487)
Balance Sheet as at 30 September 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	6	47,797	64,932
Debtors	7		
- due within one year		8,877	92,888
Cash at bank and in hand		209,417	46,527
		218,294	139,415
Creditors: Amounts falling due within one year	8	(110,500)	(113,844)
Net current assets		107,794	25,571
Net assets		155,591	90,503
Funds of the charity:			
Restricted income funds			
Restricted funds		(5,614)	(24,699)
Unrestricted income funds			
Unrestricted funds		161,205	115,202
Total funds	9	155,591	90,503

The financial statements on pages 19 to 28 were approved by the trustees, and authorised for issue on 9 June 2026 and signed on their behalf by:

.....
Mrs Tanya Spence
Chairman and trustee

The Healthy Living Platform

Cash Flow Statement for the Year Ended 30 September 2025

	Note	2025 £	2024 £
Cash flows from operating activities			
Net cash income/(expenditure)		65,087	(109,229)
Adjustments to cash flows from non-cash items			
Depreciation		17,135	18,456
		82,222	(90,773)
Working capital adjustments			
Decrease in debtors	7	84,011	41,804
(Decrease)/increase in creditors	8	(3,343)	5,624
Net cash flows from operating activities		162,890	(43,345)
Cash flows from financing activities			
Repayment of bank borrowings		-	(32,061)
Net increase/(decrease) in cash and cash equivalents		162,890	(75,406)
Cash and cash equivalents at 1 October		46,527	121,933
Cash and cash equivalents at 30 September		209,417	46,527

All of the cash flows are derived from continuing operations during the above two periods.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Healthy Living Platform meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees have reviewed the charity's forecasts covering a period of at least 12 months from the date of approval of these financial statements (to April 2027). These forecasts have been prepared taking into account current funding commitments, planned income generation, and ongoing cost management.

The financial statements cover the period to 30 September 2025, and therefore the going concern assessment extends approximately 18 months beyond the reporting date.

The forecasts indicate that, while the charity is able to meet its obligations in the short term, there is currently no funding formally secured beyond October 2026. In the absence of additional funding, this would create pressure on cashflow and, in a downside scenario, would require the trustees to begin a managed wind-down of operations from that point.

However, the trustees consider it appropriate to prepare the financial statements on a going concern basis. This is based on a credible and active funding pipeline, including grant applications in progress, the development of corporate partnerships and fundraising activity, and the ability to take mitigating action on costs and delivery if required.

As a result, a material uncertainty exists which may cast significant doubt on the charity's ability to continue as a going concern beyond April 2027; however, the trustees have a reasonable expectation that sufficient funding can be secured to enable the charity to continue in operational existence for the foreseeable future.

Accordingly, the financial statements have been prepared on a going concern basis and do not include any adjustments that would result if the charity were unable to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025 (continued)

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures and fittings	20% on reducing balance
Leasehold Improvements	Straight-line through lease term ending Dec 2027

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025 (continued)

2 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Grants	26,925	210,525	237,450	199,473
Service income	40,181	102,946	143,127	243,266
	67,106	313,471	380,577	442,739

3 Expenditure on charitable activities

Note	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Staff costs	5,290	155,970	161,260	282,757
Allocated support costs	21,223	138,417	159,640	292,756
	26,513	294,387	320,900	575,513

	Activity undertaken directly £	Activity support costs £	2025 £
Support costs	-	1,504	1,504
General	319,396	-	319,396
	319,396	1,504	320,900

	Activity undertaken directly £	Activity support costs £	2024 £
Support costs	-	1,500	1,500
General	574,012	-	574,012
	574,012	1,500	575,512

4 Staff costs

The aggregate payroll costs were as follows:

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025 (continued)

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	149,545	257,405
Employer's national insurance	6,439	18,201
Pension costs	2,992	5,097
Other staff costs	2,284	2,054
	161,260	282,757

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025 No	2024 No
Staff	6	9

5 Taxation

The charity is a registered charity and is therefore exempt from taxation.

6 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Total £
Cost			
At 1 October 2024	67,196	41,676	108,872
At 30 September 2025	67,196	41,676	108,872
Depreciation			
At 1 October 2024	28,657	15,283	43,940
Charge for the year	11,856	5,279	17,135
At 30 September 2025	40,513	20,562	61,075
Net book value			
At 30 September 2025	26,683	21,114	47,797
At 30 September 2024	38,539	26,393	64,932

Included within the net book value of land and buildings above is £Nil (2024 - £Nil) in respect of freehold land and buildings and £26,683 (2024 - £38,539) in respect of leaseholds.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025 (continued)

7 Debtors

	2025 £	2024 £
Trade debtors	1,419	71,199
Accrued income	-	14,468
Other debtors	7,458	7,221
	<u>8,877</u>	<u>92,888</u>

8 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	1,966	254
Other creditors	3,993	4,033
Accruals	4,950	1,500
Deferred income	99,591	108,057
	<u>110,500</u>	<u>113,844</u>

9 Funds

	Balance at 1 October 2024 £	Incoming resources £	Resources expended £	Balance at 30 September 2025 £
Unrestricted funds				
<i>General</i>				
Pantries	12,994	31,180	(4,154)	40,020
General Fund	102,207	41,340	(22,362)	121,185
	<u>115,201</u>	<u>72,520</u>	<u>(26,516)</u>	<u>161,205</u>
Restricted funds				
The Hub	(24,698)	193,481	(168,783)	-
Lambeth Household & Winter Fund	-	54,914	(54,914)	-
Pantries	-	12,856	(12,856)	-
Community Kitchen	-	40,920	(46,534)	(5,614)
Food Ambassadors	-	5,648	(5,648)	-
First 5 Lambeth	-	2,640	(2,640)	-
NCB	-	3,000	(3,000)	-
Total restricted funds	<u>(24,698)</u>	<u>313,459</u>	<u>(294,375)</u>	<u>(5,614)</u>
Total funds	<u>90,503</u>	<u>385,979</u>	<u>(320,891)</u>	<u>155,591</u>

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025 (continued)

The negative fund balance of (£5,614) for Community Kitchen is a short-term timing difference which reversed in the next financial year with receipt of funding to match the costs incurred.

Programs related to the following Restricted Funds ended during the year to September 30, 2025: First 5 Lambeth, Food Ambassadors (Awards for All, Changing Lives, Lambeth Made), NCB, Household Fund, Hub (Brixton Hub). Funding received for each of these Restricted Funds was fully expended on program related activities.

At September 30, 2025, grant funding received for the following programs was recorded as deferred income on the balance sheet: Community Kitchen - Awards for All £19,771, Community Kitchen - North Brixton Big Local £4,182, Food Ambassadors - Community Connections £2,057, Restricted Pantries - ICG £9,760, Restricted Pantries - MTVH £2,500, Hub - Impact on Urban Health £59,658, Hub - Arnold Clark £1,000. These programs were on-going at September 30, 2025 with funding conditional on the Charity meeting certain objectives which had not been fully met by that date.

	Balance at 1 October 2023 £	Incoming resources £	Resources expended £	Balance at 30 September 2024 £
Unrestricted funds				
<i>General</i>				
Pantries	8,748	40,128	(35,882)	12,994
General Fund	141,349	30,146	(69,288)	102,207
	<u>150,097</u>	<u>70,274</u>	<u>(105,170)</u>	<u>115,201</u>
Restricted				
The Hub	-	193,013	(217,711)	(24,698)
Lambeth Household & Winter Fund	10,923	85,086	(96,009)	-
LEAP	6,451	51,414	(57,865)	-
Pantries	7,195	35,350	(42,545)	-
Community Kitchen	18	25,386	(25,404)	-
Food Ambassadors	18,000	3,399	(21,399)	-
Co-Create	7,049	-	(7,049)	-
First 5 Lambeth	-	2,360	(2,360)	-
Total restricted funds	<u>49,636</u>	<u>396,008</u>	<u>(470,342)</u>	<u>(24,698)</u>
Total funds	<u>199,733</u>	<u>466,282</u>	<u>(575,512)</u>	<u>90,503</u>

10 Analysis of net assets between funds

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2025 (continued)

	Unrestricted funds General £	Restricted funds £	Total funds at 30 September 2025 £
Tangible fixed assets	47,798	-	47,798
Current assets	121,257	97,032	218,289
Current liabilities	(7,851)	(102,645)	(110,496)
Total net assets	161,204	(5,613)	155,591
	Unrestricted funds General £	Restricted funds £	Total funds at 30 September 2024 £
Tangible fixed assets	64,932	-	64,932
Current assets	56,452	82,962	139,414
Current liabilities	(6,182)	(107,660)	(113,842)
Total net assets	115,202	(24,698)	90,504

11 Related party transactions

There were no related party transactions in the year.

The Healthy Living Platform

Detailed Statement of Financial Activities for the Year Ended 30 September 2025

	Total 2025 £	Total 2024 £
Income and Endowments from:		
Donations and legacies (analysed below)	4,086	10,719
Charitable activities (analysed below)	380,577	442,740
Other income (analysed below)	1,324	12,824
Total income	<u>385,987</u>	<u>466,283</u>
Expenditure on:		
Charitable activities (analysed below)	<u>(320,900)</u>	<u>(575,513)</u>
Total expenditure	<u>(320,900)</u>	<u>(575,513)</u>
Net income/(expenditure)	<u>65,087</u>	<u>(109,230)</u>
Net movement in funds	65,087	(109,230)
Reconciliation of funds		
Total funds brought forward	<u>90,504</u>	<u>199,733</u>
Total funds carried forward	<u>155,591</u>	<u>90,503</u>

The Healthy Living Platform

Detailed Statement of Financial Activities for the Year Ended 30 September 2025 (continued)

	Total 2025 £	Total 2024 £
<i>Donations and legacies</i>		
Donations and legacies	4,086	10,719
	<u>4,086</u>	<u>10,719</u>
<i>Charitable activities</i>		
Grants	237,450	199,473
Service income	143,127	243,267
	<u>380,577</u>	<u>442,740</u>
<i>Other income</i>		
Other income	1,324	12,824
	<u>1,324</u>	<u>12,824</u>
<i>Charitable activities</i>		
Purchases	(45,543)	(145,874)
Wages and salaries	(149,545)	(257,405)
Social security costs	(6,439)	(18,201)
Pension costs	(2,992)	(5,097)
Other staff costs	(2,284)	(2,054)
Sundry expenses	(4,836)	(346)
Contractors	(11,447)	(27,028)
Utilities	(12,226)	(131)
Rent	(43,532)	(50,296)
Insurance	(3,013)	(2,257)
IT and communications	(1,054)	(3,410)
Print and stationary	-	(3,918)
Travel and motor	(5,046)	(18,705)
Accountancy and legal fees	(11,181)	(14,497)
Recruitment costs	(276)	(1,175)
Bank charges	(839)	(1,113)
Depreciation	(17,135)	(18,456)
Cleaning	(2,375)	(1,824)
Marketing	(1,137)	(1,574)
Bad debt expense	-	(2,152)
	<u>(320,900)</u>	<u>(575,513)</u>

THE HEALTHY LIVING PLATFORM

England & Wales - Charity number 1195487

Accounts

Charity registration number: 1195487

Company number: CE026427

The Healthy Living Platform

Annual Report and Financial Statements

for the Year Ended 30 September 2024

The Healthy Living Platform

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The Healthy Living Platform

Reference and Administrative Details

Chairman	Mr M Marotta
Trustees	Mr M Marotta Mrs J Baker Mr G Gibson Mr A Martinowsky Mrs Bel-Olivia Osas Mr David Wood Mr Hubert James Mrs Davina Jane Belcher Mrs Tanya Spence
Charity Registration Number	1195487
Principal Office	336 Brixton Road London SW9 7AA
Independent Examiner	Mr Keith Powers 13 Ambleside Botley Southampton Hampshire SO30 2NS

The Healthy Living Platform

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 30 September 2024.

Objectives and activities

Objects and aims

1. Summary of the purposes of the charity as set out in its governing document

At Healthy Living Platform we make it easier for local communities to lead healthier and more sustainable lives. Our focus is on connecting communities through food across neighbourhoods, focusing on the following strategic aims:

- Access: increased access to affordable nutritious food
- Education: increased knowledge and skills to support healthy eating
- Community: increased community connectivity and capacity
- Advocacy: improved food policy and decision making in Lambeth

The objects of the CIO, to be carried out in London and such other parts of England as the Trustees shall from time to time determine, are:

- 1)The prevention or relief of poverty for the public benefit by providing food, baby clothing and baby essentials to individuals in need and charities and voluntary organisations working to prevent or relieve poverty, and by providing such organisations with facilities for the preparation and distribution of food
- 2)To preserve and protect good health for the public benefit by providing or assisting in the provision of education on health awareness, healthy eating, training and other appropriate projects that enable individuals to be self-sufficient in gaining access to, growing and preparing nutritious food.

The Healthy Living Platform

Trustees' Report (continued)

Objectives, strategies and activities

Access: Surplus Food Hub

The Hub has continued to increase in capacity and efficiency as a 'hub-spoke' model operating the 'last mile delivery' of surplus food. In October '23 we installed 2 large walk-ins - fridge and freezer, doubling our capacity supporting our suppliers in the huge backlog of frozen surplus that can now make its way into more homes and community kitchens. As Felix extended their bulk offer, we have continued to receive larger, outsized donations and used the kitchen to safely portion down for practical distribution.

Essential Items purchased with the Household Fund have continued to balance the range of food available supporting different diets, cultural needs and the variety of challenges residents face over the cost-of-living crisis and cooking facilities or lack thereof.

HLP has continued to showcase the Hub, Pantry and Kitchen as part of best practice in working at-scale in the coordination of surplus food with visits from other projects and London Councils seeing us as a model of best practice.

The Healthy Living Platform

Trustees' Report (continued)

Access: Pantries

Jubilee Pantry relocation

Jubilee Pantry was relocated from Jubilee Primary School to Jubilee Community Halls due to the growing need for a larger space, as our fastest growing pantry. We identified a suitable space on the Tulse Hill Estate and made arrangements with the TRA for a trial. Following a successful pop-up pantry in early November, we were able to make the service permanent after the initial week. This pantry has grown from strength to strength, with a committed group of 7 regular volunteers leading the delivery of the project and an ever-growing number of Tulse Hill residents attending the pantry, averaging 38 per week

Pantry Remodel

Despite our best efforts to avoid an increase of pantry pricing for customers, the costs of produce inflated more than we were able to continue absorbing. Therefore, we began by consulting with families through the LEAP network in April, discussing different pricing models and how various options may impact households. Our research showed that families were interested in retaining low costs whilst gaining wider freedom of choice regarding the amount of fresh vs. long life proceed allowed in each shop. A new model was comprised and proposed to our community before launching officially in October.

Customers can now choose their items more flexibly across the range of long life and fresh items and now have more choice of the total number of items. The price structure is now £2 for every 5 items:

£2 = 5 items

£4 = 10 items

£6 = 15 items

£8 = 20 items

Pantry Closures

Due to the lack of acquired funding to support with pantry provisions within our partnered Children's Centres, we were forced to close our weekly services for families in Liz Atkinson Children's Centre and St Stephen's Children's Centre. Whilst the spaces themselves were not entirely practical for delivery of the pantry service, we recognise that we were able to create strong relationships with parents who saw the Children's Centres as safe spaces. For many, this was particularly the case during the pandemic, and thus we've been able to support on average 65 families a week since 2021 and 2022. We will continue to work with the Children's Centres and hope to secure future funding to provide food support once again. We worked closely with the Children's Centres to ensure that these closures were communicated sensitively with families and that families were supported moving forwards to either through signposting to our other pantries or other ways to access food locally.

Household Fund Extension

In March, it was announced in the budget that the Household Fund would be extended for a further 6 months. Despite this greatly appreciated news, funding was reduced by 50% compared with the previous year and not received until September, which caused cashflow problems for us in purchasing food for the interim 6 months. We look forward to hearing about long-term options from the government beyond September 2024 to provide continual provision of the "essential items" range in including culturally appropriate food for the diverse communities of Lambeth.

The Healthy Living Platform

Trustees' Report (continued)

Access: Felix Multi-Bank

HLP has been accessing regular non-food donations from the Felix Multi-bank – a new service which launched in July 2024 distributing a wide range of household items including baby items, nappies, toiletries and other useful homeware, stationery and other items to support activities which are valuable to community groups working with scarce resources.

These items are distributed to community groups to help reduce the impact of the cost-of-living crisis further. The diverse range of community groups, children's centres and specialist support organisations means we can distribute these valuable items to those really in need helping to ease the cost of living further, alongside the food provisions.

HLP attended the launch alongside Ex-Prime Minister Gordon Brown, London Mayor Sadiq Khan and were featured in the press release as an example of how donations were making a difference in the community.

Education

Youth Food Ambassadors

Delivery of our first Youth Food Ambassadors programme took place in October, funded by Changing Lives and SJP Foundation. The programme hosted 8 young people, aged 12-17 years old, for 5 days during the October half term. During the course, the participants took part in nutrition, budgeting and culinary skills workshops before designing their own product complete with branding which was showcased at a Food Fair held for their friends, family and local community. Participants gained certificates for their completion of the course including Food Safety & Hygiene certification.

Lambeth Catering Careers Programme

We received a small fund from Lambeth Made to deliver a course through the Summer for 16-19 year olds (up to 25 for individuals with SEND or care leavers) who were not currently in education, employment or training. The course followed a similar model to our Youth Food Ambassador pilot project, though was targeted specifically at young people interested in a future with food. This included an additional work experience placement for all participants, who were partnered with food vendors at Pop for work experience. Additionally, participants completed a Level 2 Food Hygiene & Safety Certificate and received employment coaching from Spiral Skills to support in their future job hunting. This course was the first time Healthy Living Platform have worked with NEET young people, and whilst we faced a number of difficulties including recruitment and engagement, we have gained insight and contacts that will support us to continue developing our offering.

Gut & Mental Health Food Ambassadors

Following successful delivery of our Food Ambassadors programme for 5 years with LEAP, we developed the programme with a focus on nutrition relating to gut and mental health. We delivered 2 courses over 4 months, through funding from The National Lottery Awards for All.

Food Ambassadors Pro

We undertook feedback sessions with Food Ambassadors to learn about how we could support their continual development. Many of our most engaged individuals requested additional skills and training to progress within the food industry, particularly regarding self-employed opportunities. Using funding from Lambeth Council's Changing Lives Fund, we were able to develop our Food Ambassadors Pro course - a series of workshops and sessions including business development, cooking at-scale, project design and a presentation with an industry professional.

The Healthy Living Platform

Trustees' Report (continued)

Community

Community Christmas Lunch

In December, we partnered with SER Contractors and Myatt's Field Centre to host a Community Christmas Lunch. We served a full hot roast dinner, with mince pies and crackers. Attendees were also able to make their own Christmas cards and decorations. One volunteer kindly gifted handmade Christmas table-runners for residents too.

Pancake Day

On Pancake Day/Shrove Tuesday, our Myatt's Field Pantry and Jubilee Pantry offered all pantry attendees and community members free pancakes. This was made possible by our Food Ambassadors who supported in making healthy toppings including fresh berry compote and flipping pancakes all morning and afternoon.

Spring Celebration

We hosted a Spring Celebration in March for local families to welcome the new season. The day featured flower arranging workshops, healthy chocolate birds nest making, a treasure hunt, fresh herb planting and craft activities, alongside a full buffet lunch. This event brought in over 100 attendees, 90% of whom were new to engaging in our service.

First 5 Lambeth Launch

Our collaboration as a First 5 Lambeth partner, a consortium of 10 community groups for early years children, was officially launched to the public in November. To celebrate the launch of the consortium, a fun day was held at Brockwell Park for children and their parents to attend. Healthy Living Platform held a 'Fruit Pizza' making class and were able to discuss our services available for families.

The Healthy Living Platform

Trustees' Report (continued)

Advocacy

Parliamentary Round Table

The Co-Directors attended a government round table in May focusing on the proposal for a sugar-levy on formulated foods alongside national charities. The team participated in the discussions to help suggest solutions to some challenges, for example, around supporting the lack of skills in the children's services workforce and access to fresh healthy food for parents.

Feeding Britain's parliamentary reception at the House of Lords. 17th June 2024

Bringing together a wide variety of regional and local partners of the Feeding Britain network, likeminded national organisations, academics, and politicians. The focus was the future of community food provision, how we can help end the need for food banks, to recognise and learn from the immense and ever evolving work by frontline projects, food networks and partners. Academic researchers presented about their findings on the wider social value of affordable food clubs like our pantries.

Food Ladders

The team attended the launch of the Food Ladder Toolkit at the Community Shop in West Norwood, alongside the author and other key stakeholders. This has become the model that HLP identifies with most in the way it operates and supports communities at a hyper local level.

Call for government to continue the Household Fund.

In January 2024, HLP joined Lambeth Council in calling the government to extend the Household Fund support which HLP has received since 2021 to provide the range of "essential items" and culturally appropriate food. Health charity Impact on Urban Health, Brixton & Norwood Foodbank (Trussell Trust) also signed the letter alongside Cllr David Amos, Lambeth's Cabinet Member for Finance and Cost of Living and Cllr Jim Dickson, Lambeth's Cabinet Member for Healthier Communities. In March 2024 it was announced the fund would be extended a further 6 months. HLP was granted £70k (though the fund was not received until September 2024) after an application process under the title the Cost of Living Community Support Grant.

Hosting Visits

The Hub Team hosted a range of visits over the year to share its approach to achieving the NHS Healthy Food Plate at scale to its distribution partners. The Hub is seen as an exemplar of good practice by its key partners (The Felix Project and City Harvest), and the team are keen to share their knowledge to ensure other areas can replicate the model.

Spaces of Hope

One of the Co-Directors was invited to present on HLP's work, looking at how community driven re-localisation efforts in health and food systems are crucial for justice and the environment, from the local to the global, and vice versa.

Evaluation

LEAP

After 5 years of funding and a hugely successful partnership, our contract with Lambeth Early Action Partnership (LEAP) came to an end in March. This was expected in line with the end of the 10-year LEAP programme. Over the project's final 6 months, we spent a great deal of time working with LEAP's research and evaluation team to collect impact data from families, the community, volunteers and staff. The full written evaluation can be found here:

<https://story-of-leap.leaplambeth.org.uk/reports/building-community-capacity-through-a-healthy-food-programme-an-evaluation-of-leap-into-healthy-living/>

The Healthy Living Platform

Trustees' Report (continued)

2023/2024	Q1 Oct-Dec 23 (kg)	Q2 Jan-Mar 24 (kg)	Q3 Apr-Jun 24 (kg)	Q4 Jul-Sep 24 (kg)	Annual TOTAL (kg)
ALL FOOD RECEIVED	69,252 kg	61,598 kg	67,136 kg	74,108 kg	272,094 kg
ALL FOOD PROVIDED	73,584 kg	66,551 kg	63,152 kg	70,640 kg	273,927 kg
Surplus donated	56,263 kg	53,156 kg	58, 842 kg	68,513 kg	236,774 kg
Essential items - Household Fund	12,989 kg	8,442 kg	8,294 kg	5,595 kg	35,320 kg

The Healthy Living Platform

Trustees' Report (continued)

2023/2024	Q1 Oct-Dec (kg)	Q2 Jan-Mar (kg)	Q3 Apr-Jun (kg)	Q4 Jul-Sep (kg)	Annual TOTAL (kg)
Avg. wk groups supported	49	44	48	44	49
Avg. wk households supported	1,895	2,156	2,223	2,004	2,070
Avg. wk individuals supported	7,582	7,582	8,892	8,016	8,018

The Healthy Living Platform

Trustees' Report (continued)

Use of volunteers

Contribution made by volunteers

Volunteers remain crucial to the work we do, and we are forever astounded by the generosity and care demonstrated by our community for one and other. Across the year we have engaged with a total of 200 volunteers, through training and on volunteer shifts at our surplus food hub and food pantries.

Despite working with a smaller pool of volunteers compared with 2022-2023, the number of hours given by volunteers has increased by over 36%.

As our Food Ambassador opportunities grew, so did the amount of training opportunities available for individuals to attend. With a Volunteer Coordinator in post, we were also able to offer bespoke training for all pantry teams. This included tools for dealing with difficult situations, specifically requested by teams, alongside broader customer service skills and pantry processes. Certificated safeguarding training was also offered to all volunteers working within the community.

With a yearly total of 6,613 hours volunteered with us, this equates to £79,025.35 (in-kind) based on the London Living Wage equivalent.

2023/2024	Q1 Oct-Dec	Q2 Jan-Mar	Q3 Apr-Jun	Q4 Jul-Sep	Annual TOTALS
Total training sessions delivered	17	6	4	19	46 Sessions
Total attendees at training sessions	25	9	5	46	85 Attendees
Total volunteers supporting HLP	70	50	43	59	115 Volunteers Supporting HLP
Total volunteer hours (based on 4h per shift)	1,745	1,746	1,603	1,519	6,613 x 4h shifts

The Healthy Living Platform

Trustees' Report (continued)

New Offices

After a prolonged period without any fixed office space and a growing team, we were able to secure desk space within 3Space, International House in Brixton. Placed on their charitable community floor with many other like-minded organisations, this desk space has been offered in-kind and has enabled us to retain valuable core funds otherwise needed for rent. We're extremely appreciative of this space as it also offers us a central location in the Lambeth community.

Public Benefit

The trustees have had regard to Charity Commission guidance on public benefit and consider that the objectives, aims and achievements of the charity described in the report enable it to meet its duty to the Charity Commission as per section 17 of the Charities Act 2011, and to the benefit of the public.

Achievements and performance

Key statistics from LEAP's evaluation report on Healthy Living Platform

85.3% of participants were from most deprived neighbourhoods

At least £599.20 a year saved by families attending 4 food pantries a month

7,088 attendances to one of our food pantries during 2023-2024

Ethnicities among HLP participants:

White (36.0%)

Black (35.9%)

Mixed (14.2%)

Other (8.5%)

Asian (5.4%)

Quotes from participants in the LEAP evaluation:

"Thank you so much for all the hard work you do, it has helped me so much. I paid off gas debt & got back into cooking from scratch to eat lots of healthy fruit & veggies. (I've not done this for years- so I'm so grateful!) All the efforts you make every week help people stay healthy & brings us peace of mind, knowing we can come anytime we need - no questions asked." — Pantry customer

"I am a single mother and my son 15 months old. I don't work and it's hard to keep up with the bills and high cost of living. The pantry helps me survive." — Participant

"We get a lot of healthy foods from the pantry which leads us to cook more healthy recipes." — Participant

"I just want to say thank you, thank you for giving us the opportunity to enjoy the community to take part, to feel supported, helped." — Participant

"Through volunteering, it really helped me with my depression. And I came out of it ... And it's just like, my body, in my mind has just naturally healed coming out through volunteering and joining HLP is the best thing I ever did." — Volunteer

The Healthy Living Platform

Trustees' Report (continued)

Financial review

HLP's Reserves Policy is not static and can be subject to change annually. HLP's reserves policy considers designated funds that are allocated to specific projects. HLP's current Reserves Policy is to keep sufficient funds in Reserves to cover 3 months of salaries, any leases HLP is liable to pay and money to support legal costs. HLP agrees that if it receives more funding that can be allocated to Reserves as an extra contingency then this will be done at the Board's discretion.

Principal funding sources

The charity's principal sources of funds (including any fundraising)

1. Feeding Britain
2. Household Support Fund
3. Changing Lives
4. Lambeth Made
5. North Brixton Big Local
6. Lambeth Council (Food Hub and Pantries)
7. Kings Fridge Fund
8. LEAP
9. CoCreate
10. Awards for All
11. Donations

Going concern

The Trustees have assessed the charity's ability to continue as a going concern. This assessment involved reviewing the charity's financial position, cash flow forecasts, and future funding commitments. Based on this review, the Trustees have a reasonable expectation that the charity has adequate resources to continue operating for the foreseeable future. Therefore, the financial statements have been prepared on a going concern basis.

During the year the charity restructured its operations as a result of the LEAP funded projects ending in April 2025.

Structure, governance and management

Nature of governing document

The charity is constituted as a Charitable Incorporated Organisation (CIO) and governed by its Constitution.

Recruitment and appointment of trustees

Trustees are voted in by existing Trustees following an application process.

The Healthy Living Platform

Trustees' Report (continued)

Noteworthy Donors

- The Felix Project
- City Harvest
- Trussell Trust
- Morrisons
- SER Contractors
- Department for Work and Pensions
- Anonymous Donor
- Britain Loves Baking
- Book Garden Pop-up
- Benevity
- Wandle Housing Association
- Healing Justice

Staff

- 1) Kate Bull (departed November 23): Chief Executive Officer
- 2) Alastair Smith-Agbaje (departed February 24): Chief Executive Officer
- 3) Anna Sjovorr-Packham (departed September 24): Co-Managing Director
- 4) Carla Thomas: Co-Managing Director
- 5) Jon Woodson (departed May): Catering & Hospitality Manager
- 6) Benji Keirle (departed April): Finance and Operations Administrator
- 7) Emma Cavallito (departed May): Community Programmes Assistant
- 8) Yasmin Latif: Food Ambassador Lead
- 9) Lena Matthews (departed August): Communications and Marketing Officer
- 10) Brodie Neilson (joined May): Operations Coordinator
- 11) Guy Stevenson (joined May, departed August): Pantries Coordinator
- 12) Charlotte Gordon (joined May): Kitchen and Catering Coordinator
- 13) Bruno Goncalves: Hub Supervisor
- 14) Joshua Ajayi Oluwashola (joined July 2024): Warehouse Assistant
- 15) Nicky Ochoa (departed August): Warehouse Assistant
- 16) Prince Gray-Mills (departed April 2024): Food Warehouse Assistant
- 17) Elizabeth Durham (departed January 2024): Pantry Assistant

The last 12 months saw a higher-than-average turnover of staff due to the redundancies that were made following the end of the LEAP contract. These redundancies were expected and carefully planned for. In addition, this year our former CEO Kate Bull retired, which led to subsequent interim Co-Director posts being created to assist in leading the organisation from February onwards.

The Healthy Living Platform

Trustees' Report (continued)

Major risks and management of those risks

Principal Risks

The principal risk currently facing the charity is sourcing sustained funding for the Food Hub following the service contract issued by Lambeth Council since its inception coming to an end in March 2024. Whilst Impact on Urban Health have agreed to continue funding in the short term, and funding bids are pending decisions, there is still a risk that the long-term sustainability is not currently guaranteed. Efforts around fundraising, promoting the good work undertaken at the hub, especially with its unique model, are a priority. Unfortunately, the current financial climate for the Voluntary and Community Sector is not in a great place with many funders that would traditionally support local organisations not providing many new opportunities or closing their doors to new bids. Coupled with the continued under-funding of Local Authorities, this has meant some real challenges for HLP going forward.

Audit exemption

The Trustees consider that The Healthy Living Platform is exempt from the statutory audit requirement for the year.

The annual report was approved by the trustees of the charity on 16 June 2025 and signed on its behalf by:

Handwritten signature of Mr M Marotta in black ink, consisting of stylized initials 'M' and 'M' followed by a surname.

Mr M Marotta
Chairman and trustee

The Healthy Living Platform

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 16 June 2025 and signed on its behalf by:



.....
Mr M Marotta
Chairman and trustee

The Healthy Living Platform

Independent Examiner's Report to the trustees of The Healthy Living Platform

I report to the trustees on my examination of the accounts of The Healthy Living Platform for the year ended 30 September 2024.

Responsibilities and basis of report

As the charity trustees of The Healthy Living Platform you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of The Healthy Living Platform accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since The Healthy Living Platform's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act, I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Healthy Living Platform as required by section 130 of the Act; or
2. the accounts do not accord with those records;
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Keith Powers FCA
Powers and Company (2000) Ltd
13 Ambleside
Botley
Southampton
SO30 2NS

16 June 2025

The Healthy Living Platform

Statement of Financial Activities for the Year Ended 30 September 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies		5,694	5,025	10,719
Charitable activities		51,757	390,983	442,740
Other income		12,824	-	12,824
Total income		<u>70,275</u>	<u>396,008</u>	<u>466,283</u>
Expenditure on:				
Charitable activities		<u>(105,172)</u>	<u>(470,341)</u>	<u>(575,513)</u>
Total expenditure		<u>(105,172)</u>	<u>(470,341)</u>	<u>(575,513)</u>
Net expenditure		<u>(34,897)</u>	<u>(74,333)</u>	<u>(109,230)</u>
Net movement in funds		(34,897)	(74,333)	(109,230)
Reconciliation of funds				
Total funds brought forward		<u>150,098</u>	<u>49,635</u>	<u>199,733</u>
Total funds carried forward	9	<u><u>115,201</u></u>	<u><u>(24,698)</u></u>	<u><u>90,503</u></u>

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies		5,288	-	5,288
Charitable activities		108,653	603,612	712,265
Total income		<u>113,941</u>	<u>603,612</u>	<u>717,553</u>
Expenditure on:				
Charitable activities		<u>(70,419)</u>	<u>(556,831)</u>	<u>(627,250)</u>
Total expenditure		<u>(70,419)</u>	<u>(556,831)</u>	<u>(627,250)</u>
Net income		43,522	46,781	90,303
Gross transfers between funds		<u>22,146</u>	<u>(22,146)</u>	<u>-</u>
Net movement in funds		65,668	24,635	90,303
Reconciliation of funds				
Total funds brought forward		<u>84,429</u>	<u>25,001</u>	<u>109,430</u>
Total funds carried forward	9	<u><u>150,097</u></u>	<u><u>49,636</u></u>	<u><u>199,733</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 9.

The notes on pages 20 to 26 form an integral part of these financial statements.

The Healthy Living Platform
(Registration number: 1195487)
Balance Sheet as at 30 September 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	6	64,932	83,388
Debtors	7		
- due within one year		92,888	117,091
Cash at bank and in hand		46,527	121,933
		139,415	239,024
Creditors: Amounts falling due within one year	8	(113,844)	(122,679)
Net current assets		25,571	116,345
Net assets		90,503	199,733
Funds of the charity:			
Restricted income funds			
Restricted funds		(24,698)	49,636
Unrestricted income funds			
Unrestricted funds		115,201	150,097
Total funds	9	90,503	199,733

The financial statements on pages 17 to 26 were approved by the trustees, and authorised for issue on 16 June 2025 and signed on their behalf by:



.....
Mr M Marotta
Chairman and trustee

The Healthy Living Platform

Cash Flow Statement for the Year Ended 30 September 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash (expenditure)/income		(109,229)	90,303
Adjustments to cash flows from non-cash items			
Depreciation		18,456	24,391
		(90,773)	114,694
Working capital adjustments			
Decrease/(increase) in debtors	7	41,804	(115,154)
Increase in creditors	8	5,624	18,711
Net cash flows from operating activities		(43,345)	18,251
Cash flows from investing activities			
Acquisitions of tangible assets		-	(104,500)
Cash flows from financing activities			
Proceeds from new bank borrowings during the period		-	32,061
Repayment of bank borrowings		(32,061)	-
Net cash flows from financing activities		(32,061)	32,061
Net decrease in cash and cash equivalents		(75,406)	(54,188)
Cash and cash equivalents at 1 October		121,933	176,121
Cash and cash equivalents at 30 September		46,527	121,933

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 20 to 26 form an integral part of these financial statements.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Healthy Living Platform meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees have reasonable expectation that the charity has adequate resources to continue for the foreseeable future. The charity therefore has adopted the going concern basis in preparing its financial statements.

Income

All income is recognised in the Statement of Financial Activities when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024 (continued)

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures and fittings	20% on reducing balance
Leasehold Improvements	Straight-line through lease term ending Dec 2027

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024 (continued)

2 Income from charitable activities

Grant income includes: Lambeth Made (for Food Ambassadors) £5,000, Lambeth Council (for Household Fund) £85,086, North Brixton Big Local (for Community Kitchen) £11,967, School for Social Entrepreneurs (for Community Kitchen) £8,372, LEAP £51,294, Feeding Britain (for Pantries) £22,440, and Lambeth Public Health (for Pantries) £10,000.

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Grants	-	199,473	199,473
Service income	51,757	191,510	243,267
	<u>51,757</u>	<u>390,983</u>	<u>442,740</u>

3 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total funds £
Staff costs	60,425	220,807	281,232
Allocated support costs	44,747	249,534	294,281
Total for 2024	<u>105,172</u>	<u>470,341</u>	<u>575,513</u>
Total for 2023	<u>70,419</u>	<u>556,831</u>	<u>627,250</u>

	Activity undertaken directly £	Activity support costs £	2024 £
Support costs	-	1,500	1,500
General	574,012	-	574,012
	<u>574,012</u>	<u>1,500</u>	<u>575,512</u>

	Activity undertaken directly £	Activity support costs £	2023 £
Support costs	-	4,500	4,500
General	622,750	-	622,750
	<u>622,750</u>	<u>4,500</u>	<u>627,250</u>

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024 (continued)

4 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	<u>281,232</u>	<u>292,267</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Staff	<u>9</u>	<u>11</u>

5 Taxation

The charity is a registered charity and is therefore exempt from taxation.

6 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Total £
Cost			
At 1 October 2023	<u>67,196</u>	<u>41,676</u>	<u>108,872</u>
At 30 September 2024	<u>67,196</u>	<u>41,676</u>	<u>108,872</u>
Depreciation			
At 1 October 2023	16,799	8,685	25,484
Charge for the year	<u>11,858</u>	<u>6,598</u>	<u>18,456</u>
At 30 September 2024	<u>28,657</u>	<u>15,283</u>	<u>43,940</u>
Net book value			
At 30 September 2024	<u>38,539</u>	<u>26,393</u>	<u>64,932</u>
At 30 September 2023	<u>50,397</u>	<u>32,991</u>	<u>83,388</u>

Included within the net book value of land and buildings above is £Nil (2023 - £Nil) in respect of freehold land and buildings and £38,539 (2023 - £54,769) in respect of leaseholds.

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024 (continued)

7 Debtors

	2024 £	2023 £
Trade debtors	71,199	85,407
Accrued income	14,468	29,748
Other debtors	7,221	1,936
	<u>92,888</u>	<u>117,091</u>

8 Creditors: amounts falling due within one year

	2024 £	2023 £
Bank loans	-	32,061
Other taxation and social security	254	7,195
Other creditors	4,033	83,423
Accruals	1,500	-
Deferred income	108,057	-
	<u>113,844</u>	<u>122,679</u>

9 Funds

	Balance at 1 October 2023 £	Incoming resources £	Resources expended £	Balance at 30 September 2024 £
Unrestricted funds				
<i>General</i>				
General Fund	141,349	30,146	(69,288)	102,207
Pantries	8,748	40,129	(35,882)	12,995
	<u>150,097</u>	<u>70,275</u>	<u>(105,170)</u>	<u>115,202</u>
Restricted funds				
The Hub	-	193,013	(217,711)	(24,698)
Lambeth Household & Winter Fund	10,923	85,086	(96,009)	-
LEAP	6,451	51,414	(57,865)	-
Pantries	7,195	35,350	(42,545)	-
Community Kitchen	18	25,386	(25,404)	-
Food Ambassadors	18,000	3,399	(21,399)	-
Co-Create	7,049	-	(7,049)	-
First 5 Lambeth	-	2,360	(2,360)	-
Total restricted funds	<u>49,636</u>	<u>396,008</u>	<u>(470,342)</u>	<u>(24,698)</u>
Total funds	<u>199,733</u>	<u>466,283</u>	<u>(575,512)</u>	<u>90,504</u>

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024 (continued)

The negative fund balance of £(24,698) for The Hub is a short-term timing difference which reversed in the next financial quarter. At September 30, 2024, £48,431 of funding for The Hub was recorded as deferred income on the balance sheet. This funding relates to activities which were performed between October and December 2024.

Programs related to the following Restricted Funds ended during the year to September 30, 2024: LEAP, Pantries (Equitix, Feeding Britain, Lambeth Public Health), Community Kitchen (HAF, School for Social Entrepreneurs), Food Ambassadors (Changing Lives, SJP), Co-Create (Turquoise). Funding received for each of these Restricted Funds was fully expended on program related activities.

At September 30, 2024, grant funding received for the following programs was recorded as deferred income on the balance sheet: First 5 Lambeth £2,640, Food Ambassadors (Awards for All £1,676), Lambeth Household Fund £54,914. These programs were on-going at September 30, 2024 with funding conditional on the Charity meeting certain objectives which had not been fully met by that date.

	Balance at 1 October 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 September 2023 £
Unrestricted funds					
<i>General</i>					
General Fund	47,386	13,513	(11,556)	92,006	141,349
Pantries	18,435	75,428	(33,863)	(51,252)	8,748
Garfield Weston Foundation	-	25,000	(25,000)	-	-
Lambeth Winter Fund	18,608	-	-	(18,608)	-
	<u>84,429</u>	<u>113,941</u>	<u>(70,419)</u>	<u>22,146</u>	<u>150,097</u>
Restricted					
The Hub	6,579	235,390	(245,215)	3,246	-
Lambeth Household & Winter Fund	-	153,000	(160,685)	18,608	10,923
LEAP	11,093	105,074	(109,716)	-	6,451
Pantries	-	33,648	(26,453)	-	7,195
Community Kitchen	-	5,000	(4,982)	-	18
Food Ambassadors	-	20,000	(2,000)	-	18,000
Co-Create	7,329	-	(280)	-	7,049
The Clothworkers' Foundation	-	44,000	-	(44,000)	-
Changing Lives	-	7,500	(7,500)	-	-
Total restricted funds	<u>25,001</u>	<u>603,612</u>	<u>(556,831)</u>	<u>(22,146)</u>	<u>49,636</u>
Total funds	<u>109,430</u>	<u>717,553</u>	<u>(627,250)</u>	<u>-</u>	<u>199,733</u>

The Healthy Living Platform

Notes to the Financial Statements for the Year Ended 30 September 2024 (continued)

10 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 30 September 2024 £
Tangible fixed assets	64,932	-	64,932
Current assets	56,452	82,962	139,414
Current liabilities	(6,182)	(107,660)	(113,842)
Total net assets	<u>115,202</u>	<u>(24,698)</u>	<u>90,504</u>

	Unrestricted funds General £	Restricted funds £	Total funds at 30 September 2023 £
Tangible fixed assets	83,388	-	83,388
Current assets	96,091	142,933	239,024
Current liabilities	(29,382)	(93,297)	(122,679)
Total net assets	<u>150,097</u>	<u>49,636</u>	<u>199,733</u>

11 Related party transactions

There were no related party transactions in the year.

The Healthy Living Platform

Detailed Statement of Financial Activities for the Year Ended 30 September 2024

	Total 2024 £	Total 2023 £
Income and Endowments from:		
Donations and legacies (analysed below)	10,719	5,288
Charitable activities (analysed below)	442,740	712,265
Other income (analysed below)	12,824	-
Total income	<u>466,283</u>	<u>717,553</u>
Expenditure on:		
Charitable activities (analysed below)	<u>(575,513)</u>	<u>(627,250)</u>
Total expenditure	<u>(575,513)</u>	<u>(627,250)</u>
Net (expenditure)/income	<u>(109,230)</u>	<u>90,303</u>
Net movement in funds	(109,230)	90,303
Reconciliation of funds		
Total funds brought forward	<u>199,733</u>	<u>109,430</u>
Total funds carried forward	<u><u>90,503</u></u>	<u><u>199,733</u></u>

This page does not form part of the statutory financial statements.

The Healthy Living Platform

Detailed Statement of Financial Activities for the Year Ended 30 September 2024 (continued)

	Total 2024 £	Total 2023 £
<i>Donations and legacies</i>		
Donations and legacies	10,719	5,288
	<u>10,719</u>	<u>5,288</u>
<i>Charitable activities</i>		
Grants	199,473	235,221
Service income	243,267	477,044
	<u>442,740</u>	<u>712,265</u>
<i>Other income</i>		
Other income	12,824	-
	<u>12,824</u>	<u>-</u>
<i>Charitable activities</i>		
Purchases	(145,874)	(171,069)
Wages and salaries	(281,232)	(292,267)
Sundry expenses	(234)	(1,784)
Contractors	(27,029)	(36,534)
Training costs	(1,637)	(4,221)
Rent	(50,427)	(37,261)
Insurance	(2,257)	(3,408)
IT and communications	(3,410)	(6,580)
Print and stationary	(3,918)	(4,903)
Travel and motor	(18,705)	(10,519)
Accountancy and legal fees	(14,497)	(25,169)
Recruitment costs	(1,174)	(2,760)
Bank charges	(1,113)	(560)
Depreciation	(18,456)	(24,391)
Cleaning	(1,824)	(5,478)
Marketing	(1,574)	(346)
Bad debt expense	(2,152)	-
	<u>(575,513)</u>	<u>(627,250)</u>

This page does not form part of the statutory financial statements.

THE HEALTHY LIVING PLATFORM

England & Wales - Charity number 1195487

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2023
FOR
THE HEALTHY LIVING PLATFORM**

Berringers LLP
Chartered Accountants
Lygon House
50 London Road
Bromley
Kent
BR1 3RA

THE HEALTHY LIVING PLATFORM

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THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

The trustees present their report with the financial statements of the charity for the year ended 30 September 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Chief Executive Reflection

I feel a mixture of pride, excitement and concern when I look back over the past year. Pride, at the amazing people working our team and especially at their unfaltering commitment to help people lead healthier and more sustainable lives. Our 200 volunteers gave back to their community 13,050 hours of support. Excitement regarding the transformation of the organisation from one that supported the local community to deal with the very real immediate needs of the COVID-19 pandemic, to one that is working on delivering long term change within communities. And concern that our emergency food provision service has almost doubled in size, reflecting the dire economic circumstances that many people in Lambeth find themselves.

We would not be making such an impact, if it was not for 3 key things. Firstly, the confidence our external stakeholders and funders have in what we do. Their support demonstrates that they believe we are best placed to deliver food and food-based initiatives at a hyper local level. Secondly, our approach of co-creation when working with communities which enables us to build trust and shape projects and activities to meet the needs of the locality and environment. And finally, through our volunteering and training programmes enabling people to learn new skills, gain qualifications and build resilience both at an individual and community level.

This report will cover in detail the achievements of the year across our 5 main activities: The Food Distribution Hub, Pantries, our partnership with LEAP (Lambeth Early Action Partnership), Food Ambassadors training and the Community Kitchen.

Looking forward to next year, Healthy Living Platform will face some different challenges. Our work with LEAP concludes in March 2024 and we are working with them on the formation of the First 5 Lambeth Consortium. The Community Kitchen is still proving difficult to reach a sustainable level of income and this will need to be addressed.

As the demand for food continues to grow, we will have installed an additional fridge and freezer space by November 2023, to help with storage. We just hope our surplus food suppliers can keep meeting our needs.

I would like to take this opportunity to thank the Board, the Team, our external stakeholders, volunteers, employees and communities for all their support, good will and patience over the past 18 months.

I have learnt a lot, laughed a lot and cried a little - but I have always been immensely proud to be part of the Healthy Living Platform family and wish it every success in the future.

Kate Bull
CEO

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

At Healthy Living Platform we make it easier for local communities to lead healthier and more sustainable lives. Our focus is on connecting people through food across neighbourhoods.

We do this by:

- Creating proactive partnerships centred around food
 - We work collaboratively and respectfully
 - Flexible and responsive to need
- Developing and delivering community food-based activities that promote the physical and mental health benefits of eating nutritious food
 - Engage directly with people and communities
 - We are focussed on delivering the best outcomes for the communities and people we interact with.
 - We seek understand and help resolve the barriers a community may have to accessing healthy food.
- Campaigning for better access to fresh food for the communities we serve.
 - Developing narratives that give a voice to people's lived experiences
 - Recognising the personal and human
- Using our expertise and knowledge to influence food policy
 - Providing insights and data
 - Operating at a grass roots, micro level
 - Developing models that can be replicated across a multiple locations and communities
- Providing pragmatic and easy ways for corporates, charities, communities and individuals to reduce waste and use food in more sustainable and economical ways.
 - Meeting our ambitions by keeping it real and relevant on a hyper local level.

Our Values

- Compassionate
- Non judgemental
- Open
- Innovative
- Energetic

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

OBJECTIVES AND ACTIVITIES

Significant activities

	Q1 Oct - Dec (kg)	Q2 Jan - Mar (kg)	Q3 Apr - Jun (kg)	Q4 Jul - Sep (kg)	Annual TOTALS
All Food IN	49,499	59,492	55,085	74,057	238,133
All Food OUT	54,463	59,164	62,318	75,166	251,111
Surplus Donated	40,016	44,094	45,022	64,612	225,674
Household Fund	7,715	15,389	10,063	23,103	56,270

	Q1 Oct - Dec (kg)	Q2 Jan - Mar (kg)	Q3 Apr - Jun (kg)	Q4 Jul - Sep (kg)	Avg/Quarter
Groups	43	41	44	48	48
Av/wk					
Households	1,562	1,959	1,866	1,842	1,802
Av/wk					
Individuals	6,248	7,7836	7,465	7,296	7,211
Public					
Donations Food	1,826 kg	480 kg	351 kg	280 kg	2,937 kg
Swim for Soap				21 kg	

	Total training sessions	Total attendees at training	Total volunteers supporting HLP	Total volunteer hours/wk (based on 4h per shift)
October - December	0	0	12	48
January - March	1	3	7	28
April - June	0	0	8	31
July - September	1	2	10	40
Total	2	5	37	148/wk x 52 = 7,696 h

Beneficiaries

Demographics

- 75% those in receipt of surplus food are over the age of 35
- A third of all beneficiaries are over 55yrs old
- 44% - Male / 54% - Female
- 51% of respondents have a disability or impairment.

Employment

- 40% Wholly retired from work
- 19% Unemployed and available for work

Housing

- 79% of respondents are renting in either council or social housing
- 48% are rental tenants of Lambeth Council
- 31% are rental tenants of a Housing Association

Ethnicity

- 3 largest ethnic groups identified in our sample are; Caribbean, African and Portuguese

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees have had regard to Charity Commission guidance on public benefit and consider that the objectives, aims and achievements of the charity described in the report enable it to meet its duty to the Charity Commission as per section 17 of the Charities Act 2011, and to the benefit of the public.

Volunteers

This Summer we held a Volunteer Summer Celebration for volunteers at Brockwell Greenhouses to thank them for their continued support and hard work. We recognise that without our large pool of volunteers, the vast amount of our work would not be possible. We celebrated with a hot buffet, massages for volunteers, outdoor games, live music and face painting for children in the sunshine on a warm August afternoon.

	Total training sessions	Total attendees at training	Total volunteers supporting HLP	Total volunteer hours
October - December	6	8	36	983
January - March	7	27	37	936
April - June	7	18	36	1,401
July - September	6	14	40	1,538
Total	26	67	149	4,858

A total of 4,858 hours of support committed by LEAP volunteers over the year across our pantries and community cooking projects. The London Living Wage for 2022/2023 is £11.95 which equates to a cash equivalent of £58,053.10 for hours that volunteers have contributed to Healthy Living Platform during this period.

	Weekly avg.	No. weeks open	Total visits
Jubilee School	32	25	812
Myatts Field North	44	49	2,141
St Stephens Children's Centre	30	39	1,194
Southwyck	79	48	3,757
Liz Atkinson Children's Centre	33	51	1,673
Total			9,577

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Relocation - December 2022

In December 2022 the building works for the new hub at 336 were completed transforming a disused carpark/loading bay into a functioning food warehouse complete with an insulated wall, electric shutter, new lighting, electrical sockets, a sink and a newly painted floor. The new, compact space with direct loading bay has enabled us to improve and increase our work efficiency, further improved with the arrival of a pallet stacker. This has enabled us to receive and store large bulk orders quickly and with less manual labour whilst gave us the opportunity to our warehouse team.

The experience for groups and suppliers has also been improved with better communication and rapport with a simplified collection process with less stress and chaos of the long distances and confusion experienced at Brixton Recreation Centre.

Equipment Donation February

We received a donation of 77 un-used domestic fridge freezers, from the Other Hotel Group for us to donate to Lambeth residents in need.

Doing the Lambeth Walk - June

We invited representatives from Hounslow Council, Spelthorne Council and Redhill Council to learn more about how we distribute and connect communities through food and the HLP model working in partnership with Lambeth Council. The group were especially impressed with the link-up between pantries and community organisations and public health services via the Lambeth Health and Wellbeing bus.

Swim for Soap Campaign - June to September

We heard via our pantries of the difficult decisions that community members were having to make during the cost-of-living crisis. Whilst access to affordable food is vital, not being able to afford basic self-care products was impacting further on people's dignity and well-being. So, we launched our Swim for Soap campaign to raise donations and awareness of hygiene poverty that many people are experiencing. This generated the donation of 21kg of items, plus £1,300 in cash. Lambeth Council also agreed to release some funds towards the purchasing of essential paper-based hygiene products.

New Team member - July

Prince first joined the team as a work placement student through Diverso Project - a GLA funded programme linking London colleges with local SMEs with the aim to give young people with SEND suitable work placements that could lead to meaningful work. In July we were delighted to offer Prince a paid role within the team, continuing his 2x 3h shifts.

Milk Float Launch - September 2023

Our mission is to help communities in Lambeth live sustainable and healthier lives, which is why we are committed to support Lambeth Council's Air Quality Action Plan. In September, we switched to an emission-free vehicle, a converted milk-float, which we officially launched "Huey".

Lambeth Early Action Partnership (LEAP)

LEAP funding has enabled us to deliver an incredible total of over 380 sessions for early years families to attend this year. This includes access to our Children's Centre and School based pantries, food growing sessions, physical activity sessions, Food Ambassador training and food-based activity sessions including mini-chef sessions and volunteering opportunities within our community kitchen spaces.

Our twice weekly gardening sessions for 0-3-year-olds continue to be a big hit with families at Liz Atkinson Children's Centre and Loughborough Children's Centre. The children love to get involved with the planting, watering and harvesting of produce with surplus offered to families to take home or for distribution via pantries.

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

During the Summer holidays, we offered 4 cookery sessions from the gardens with the children, facilitated by our Food Ambassadors. This included harvesting potatoes, cucumbers and lettuce for salads and tomatoes for pasta sauce.

"The gardening session gave my son the opportunity to dig freely. He was able to plant a bulb in the compost and also take one home in a pot. We also had the opportunity to taste and pick the produce, especially the beetroot and tomato."

To support local pregnant mothers, we offer weekly yoga sessions to support with physical activity and signposting to further opportunities. Each month we also offer a Story Stompers session, for 0-3-year-olds to explore the allotment space at Brockwell Greenhouses and participate in a nature-based storytelling and craft session. At the same venue, we also collaborate once a month to offer breastfeeding mothers an opportunity to come together and share lunch together prepared by our Food Ambassadors.

Our Mini-Chef sessions are always some of our most popular for families. Offering simple cookery sessions for toddlers to get involved in, parents say that the little ones love learning about their food. We ran a series of 4 sessions this March and a one-off blackberry crumble session at Brockwell Greenhouses, with children foraging their own berries. We hope to be able to develop our offering of these sessions, even as our LEAP funding comes to an end, as we see great engagement during them.

Food Ambassadors

We have recruited a dedicated Food Ambassador Lead who comes with a degree in Nutrition and has brought valuable skills and knowledge to the course. Our LEAP funded courses are now consistently over-subscribed and have a 100% completion rate of Level 2 Food Hygiene and Safety too.

The course has had a re-vamp and now includes the exciting addition of a celebratory lunch on the final week - with friends, family, funders, staff and external stakeholders being invited. It provides participants an opportunity to showcase their skills and congratulate them for their hard work. We trained 26 new Food Ambassadors this year, taking our total network of Food Ambassadors to well over 100.

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Lambeth Public Health

We are in year 3 of our 5-year contract with Lambeth Public Health, to manage and deliver services connected to the Surplus Food Distribution Hub.

Household fund

Over the past 24 months date we have been awarded £260,000 from the Government's Household Support fund via Lambeth Council. This funding runs until April 2024. With this money we have been able maintain stocks of 20 key essential food items ie. dried pasta, rice, cooking oil, tinned fruit and veg etc. which supplements the fresh surplus food we receive.

We also maintain a stock of emergency food parcels, which we distribute to those identified by Lambeth Social Care as in dire need.

Clothworkers

We received a grant of £44,000 from the Clothworkers Foundation as match funding for the building work and relocation of the Hub from Brixton Recreation Centre to 336 Brixton Road.

Kusuma Trust

We were awarded £10,000 from the Trustees at Kusuma Trust in December 2022 to support with core costs and day-to-day operations throughout 2023.

IDL

We received pro bono architecture, quantity surveying and project management support, from IDL Group Ltd, for the refurbishment of space and creation of the new Hub at 336 Brixton Road to the approximate value of £12,000.

Partners

We receive the majority of our surplus food donations from a number of companies, in descending order The Felix Project, City Harvest, Morrisons and Britain Loves Baking.

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

ACHIEVEMENT AND PERFORMANCE

Myatts Field North

Myatts Field North is in partnership with Lambeth Council and Pinnacle Housing, and has been running since February 2022. This year was made possible from a generous donation from Equitix Foundation. We were nominated as one of 3 charities to receive unrestricted funding of £32k. This meant we could stabilise the model and running of the pantry, employing a long-term pantry volunteer to lead the team and manage the day-to-day running.

This year we expanded the community services we partnered with, began a hot, affordable lunch service in the cafe and saw our attendance figures steadily increase.

Southwyck

Thanks to the dedicated pantry space offered as in-kind support from Metropolitan Housing, the pantry has a stable secure home. The team at Southwyck Pantry continue to offer a service every week of the year with free refreshments. From October, a group of residents joined forces to begin serving low-cost, affordable hot lunches alongside the pantry with a meat option every other week. Popular dishes include chicken, rice and peas and jollof rice and vegetable stew - serving on average 40 -50 portions a week with many taking extra portions home.

St Stephen's and Liz Atkinson Children's Centres - Supported by LEAP

We have seen a particular increase in Sanctuary Seekers attending our St Stephen's Pantry in Stockwell, due to the proximity to their residing hotel. This has sparked conversations with local support services and the individuals themselves about ways in which we can support them best.

Jubilee Pantry - Supported by LEAP

We launched at Jubilee Primary School in October 2022 and this has been our fastest growing pantry to date, which has demonstrated the want and need for the food provision service in Tulse Hill, one of Lambeth's most deprived wards. This was set up with funding from Co-Create and utilises our connections made through LEAP. However, we've had to close the pantry through the school holidays. Therefore, we have made the decision to relocate the pantry to further into the Tulse Hill Estate.

Community Kitchen

In September 2022, Healthy Living Platform (HLP), in collaboration with Lambeth Accord (now WeAre336), unveiled a vibrant community cooking space, marking a significant milestone in the organization's mission to foster healthier and more connected communities through food. The official launch event brought together individuals from diverse local organizations to savour delectable dishes prepared by HLP's talented food ambassadors.

With the establishment of the Community Kitchen, HLP reaffirmed its core objectives:

- Providing a well-equipped space for local community and faith organizations to prepare meals.
- Empowering individuals with the skills and knowledge to prepare balanced, sustainable meals.
- Bringing people in Lambeth together through shared learning and experiences centred on food and sustainability.

As interest in the Community Kitchen grew, HLP welcomed a diverse range of organizations with varying objectives:

- Waterloo community counselling organized a communal cooking session with their service users, an initiative that resonated deeply with the participants. Lucian Dee, one of the organizers, remarked, "It was an absolute highlight for the asylum-seekers (as well as me and the volunteers) who took part!"
- A local South London CIC, "Get rid of it and donate," utilized the kitchen to prepare fifty kilos of chicken wings for a communal barrel-smoked lunch in support of Jamaican schools.
- GMAS Community Kitchen, a CIC supporting sanctuary seekers, leveraged the Community Kitchen's facilities to prepare a buffet for their extensive network of over 150 individuals.

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

ACHIEVEMENT AND PERFORMANCE

- Melanin Health & Wellbeing harnessed the spacious Community Kitchen to host online cook-a-longs, resulting in rewatchable videos for their wider network.

Beyond providing support to community organisations, HLP provided support to Brixton-based food start-up, SolQuench. We offered use of our Community Kitchen facilities through heavily subsidised rent and 24h access to the Hub enabling him to operate his street vending business.

HLP takes immense pride in the progress made towards establishing a thriving and sought-after space at 336 Brixton Road. Recognizing that renting the space was just the beginning, HLP, equipped with the Community Kitchen's facilities, actively pursued catering opportunities within the community:

- HLP established itself as a core caterer for events organized by Lambeth Public Health.
- The Community Kitchen empowered HLP to support its partners at Lambeth Early Action Program (LEAP) in a variety of collaborative summer events.
- HLP partnered with Kings College London to provide healthy and sustainable buffet food for their workshops.
- HLP delivered culturally diverse packaged meals for Kings Health Partners' workshops and meetings.

Through these dedicated efforts and unwavering support from Lambeth Council and WeAre336, the Community Kitchen is well on its way to achieving financial self-sufficiency.

Cooking programs

In 2023, we were commissioned as caterers for Lambeth Council's Half-Term Activities and Food (HAF) initiative during the summer holidays.

To complement our pantry offerings at Myatts Field Community Centre and replicate our successes at Moorlands Community Centre, we initiated the Myatts Meals project - a volunteer-led initiative that provides healthy meals to our service users. Since its inception in January 2023, the project has delivered over a thousand meals to residents surrounding Myatts Field and has achieved financial self-sufficiency. The project has also provided volunteering opportunities for a diverse range of community members, including sanctuary seekers, totalling 500 hours to date.

Over the summer, we actively participated in numerous outdoor events hosted by community groups such as SE5Forum and Southern Housing Group.

Creating work for our community

Throughout 2023, our organization has actively pursued opportunities to deepen its engagement with the extensive and ever-expanding network of food ambassadors. Recognizing their pivotal role in shaping our future operations, we have embarked on a collaborative journey to integrate their expertise and passion into our endeavours.

During the year, our catering projects have generated a substantial 290 hours of paid employment for our food ambassadors. Their contributions have been instrumental in the success of our workshops, large-scale catering events, charitable initiatives, educational programs, and even cleaning services. Their unwavering dedication and culinary talents have not only enhanced the quality of our offerings but also fostered a spirit of camaraderie and shared purpose within our team.

Our cooking projects have exceeded our expectations for the first year of activity. We've been able to supply culturally diverse community lead catering to groups across Lambeth.

FINANCIAL REVIEW

Financial position

At the balance sheet the charity held reserves of £199,733. Income for the year was £717,553, with associated expenditure £627,250. Of the total reserves, £46,390 was held in restricted funds and £153,343 in unrestricted funds.

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2023

FINANCIAL REVIEW

Reserves policy

HLP's Reserves Policy is not static and can be subject to change annually. HLP's reserves policy considers designated funds that are allocated to specific projects. HLP's current Reserves Policy is to keep sufficient funds in Reserves to cover 3 months of salaries, any leases HLP is liable to pay and money to support legal costs.

HLP agrees that if it receives more funding that can be allocated to Reserves as an extra contingency then this will be done at the Board's discretion.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Induction and training of new trustees

Trustees are initially elected by email application. The applications are reviewed by the Chair and CEO. Following successful interviews, new appointments are decided and new Trustees are invited to join board meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1195487

Principal address

Southwyck House Community Hall
Southwyck House
Moorland Road
London
SW9 8UR

Trustees

Ms H J Ratcliffe (resigned 18.10.22)
Ms J A Baker
G Gibson
Mr M Marotta
Mrs J Marie (resigned 1.2.23)
Ms E M Lang de Gomez (appointed 15.11.22) (resigned 14.1.24)
G A Laylee (appointed 10.10.22) (resigned 25.9.23)
A Martinowsky
Ms B Osas

Independent Examiner

Paul Allan BSocSc FCA
Berringers LLP
Chartered Accountants
Lygon House
50 London Road
Bromley
Kent
BR1 3RA

THE HEALTHY LIVING PLATFORM

**REPORT OF THE TRUSTEES
for the year ended 30 September 2023**

Approved by order of the board of trustees on 01/08/2024 and signed on its behalf by:

Three handwritten signatures in black ink, appearing to be 'MS', 'AL', and 'SR', are written above a dotted line.

Mr M Marotta - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE HEALTHY LIVING PLATFORM

Independent examiner's report to the trustees of The Healthy Living Platform

I report to the charity trustees on my examination of the accounts of The Healthy Living Platform (the Trust) for the year ended 30 September 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Allan BSocSc FCA
The Institute of Chartered Accountants in England and Wales

Berringers LLP
Chartered Accountants
Lygon House
50 London Road
Bromley
Kent
BR1 3RA

Date: 01/08/2024

THE HEALTHY LIVING PLATFORM

**STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 30 September 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	5,288	-	5,288	126,672
Charitable activities	3				
General		<u>108,653</u>	<u>603,612</u>	<u>712,265</u>	<u>371,780</u>
Total		<u>113,941</u>	<u>603,612</u>	<u>717,553</u>	<u>498,452</u>
EXPENDITURE ON					
Charitable activities	4				
Support Costs		4,500	-	4,500	41,687
General		<u>65,919</u>	<u>556,831</u>	<u>622,750</u>	<u>347,335</u>
Total		<u>70,419</u>	<u>556,831</u>	<u>627,250</u>	<u>389,022</u>
NET INCOME		43,522	46,781	90,303	109,430
Transfers between funds	13	<u>22,146</u>	<u>(22,146)</u>	-	-
Net movement in funds		65,668	24,635	90,303	109,430
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>84,429</u>	<u>25,001</u>	<u>109,430</u>	-
TOTAL FUNDS CARRIED FORWARD		<u>150,097</u>	<u>49,636</u>	<u>199,733</u>	<u>109,430</u>

The notes form part of these financial statements

THE HEALTHY LIVING PLATFORM

**BALANCE SHEET
30 September 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	9	83,388	-	83,388	3,279
CURRENT ASSETS					
Debtors	10	87,343	29,748	117,091	1,937
Cash at bank		<u>8,748</u>	<u>113,185</u>	<u>121,933</u>	<u>176,121</u>
		96,091	142,933	239,024	178,058
CREDITORS					
Amounts falling due within one year	11	<u>(29,382)</u>	<u>(93,297)</u>	<u>(122,679)</u>	<u>(71,907)</u>
NET CURRENT ASSETS		<u>66,709</u>	<u>49,636</u>	<u>116,345</u>	<u>106,151</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>150,097</u>	<u>49,636</u>	<u>199,733</u>	<u>109,430</u>
NET ASSETS		<u><u>150,097</u></u>	<u><u>49,636</u></u>	<u><u>199,733</u></u>	<u><u>109,430</u></u>

The notes form part of these financial statements

THE HEALTHY LIVING PLATFORM

BALANCE SHEET - continued 30 September 2023

FUNDS	13		
Unrestricted funds:			
General fund		141,349	47,386
Pantries		8,748	18,435
Lambeth Winter Fund		-	18,608
		<u>150,097</u>	<u>84,429</u>
Restricted funds:			
LEAP		6,451	11,093
THE HUB		-	6,579
Co-Create		7,049	7,329
Community Kitchen (HAF)		18	-
Food Ambassadors		18,000	-
Pantries (Equitix)		7,195	-
Lambeth Winter Fund		10,923	-
		<u>49,636</u>	<u>25,001</u>
TOTAL FUNDS		<u>199,733</u>	<u>109,430</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 01/08/2024
and were signed on its behalf by:



M Marotta - Trustee

THE HEALTHY LIVING PLATFORM

**CASH FLOW STATEMENT
for the year ended 30 September 2023**

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>18,251</u>	<u>180,493</u>
Net cash provided by operating activities		<u>18,251</u>	<u>180,493</u>
 Cash flows from investing activities			
Purchase of tangible fixed assets		<u>(104,500)</u>	<u>(4,372)</u>
Net cash used in investing activities		<u>(104,500)</u>	<u>(4,372)</u>
Change in cash and cash equivalents in the reporting period		(86,249)	176,121
Cash and cash equivalents at the beginning of the reporting period	2	<u>176,121</u>	<u>-</u>
Cash and cash equivalents at the end of the reporting period	2	<u><u>89,872</u></u>	<u><u>176,121</u></u>

The notes form part of these financial statements

THE HEALTHY LIVING PLATFORM

NOTES TO THE CASH FLOW STATEMENT for the year ended 30 September 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income for the reporting period (as per the Statement of financial activities)	90,303	109,430
Adjustments for:		
Depreciation charges	24,391	1,093
Increase in debtors	(115,154)	(1,937)
Increase in creditors	<u>18,711</u>	<u>71,907</u>
Net cash provided by operations	<u>18,251</u>	<u>180,493</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2023 £	2022 £
Notice deposits (less than 3 months)	121,933	176,121
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(32,061)</u>	<u>-</u>
Total cash and cash equivalents	<u>89,872</u>	<u>176,121</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.10.22 £	Cash flow £	At 30.9.23 £
Net cash			
Cash at bank	176,121	(54,188)	121,933
Bank overdrafts	<u>-</u>	<u>(32,061)</u>	<u>(32,061)</u>
	<u>176,121</u>	<u>(86,249)</u>	<u>89,872</u>
Total	<u>176,121</u>	<u>(86,249)</u>	<u>89,872</u>

The notes form part of these financial statements

THE HEALTHY LIVING PLATFORM
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 30 September 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 25% on cost
Fixtures and fittings	- 25% on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Going concern

The trustees have reasonable expectation that the charity has adequate resources to continue for the foreseeable future. The charity therefore has adopted the going concern basis in preparing its financial statements.

THE HEALTHY LIVING PLATFORM

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2023**

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>5,288</u>	<u>126,672</u>

3. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
Grants	General	235,222	210,026
Service income	General	<u>477,043</u>	<u>161,754</u>
		<u>712,265</u>	<u>371,780</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
GENERAL	-	50
LEAP	105,074	130,309
PANTRIES	33,648	500
Co-Create	-	8,667
Lambeth Winter Fund	-	70,500
The Clothworkers' Foundation	44,000	-
Changing Lives	7,500	-
Food Ambassador	20,000	-
Garfield Weston Foundation	<u>25,000</u>	<u>-</u>
	<u>235,222</u>	<u>210,026</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Support Costs	-	4,500	4,500
General	<u>622,750</u>	<u>-</u>	<u>622,750</u>
	<u>622,750</u>	<u>4,500</u>	<u>627,250</u>

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2023

5. SUPPORT COSTS

	Governance costs
	£
Support Costs	<u><u>4,500</u></u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2023 nor for the year ended 30 September 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2023 nor for the year ended 30 September 2022.

7. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	<u><u>292,266</u></u>	<u><u>265,114</u></u>
	<u><u>292,266</u></u>	<u><u>265,114</u></u>

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	<u><u>11</u></u>	<u><u>13</u></u>

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	118,221	8,451	126,672
Charitable activities			
General	<u><u>113,494</u></u>	<u><u>258,286</u></u>	<u><u>371,780</u></u>
Total	<u><u>231,715</u></u>	<u><u>266,737</u></u>	<u><u>498,452</u></u>
EXPENDITURE ON			
Charitable activities			
Support Costs	13,473	28,214	41,687
General	<u><u>133,812</u></u>	<u><u>213,523</u></u>	<u><u>347,335</u></u>
Total	<u><u>147,285</u></u>	<u><u>241,737</u></u>	<u><u>389,022</u></u>

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2023

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME	84,430	25,000	109,430
TOTAL FUNDS CARRIED FORWARD	<u>84,430</u>	<u>25,000</u>	<u>109,430</u>

9. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Totals £
COST			
At 1 October 2022	-	4,372	4,372
Additions	<u>67,196</u>	<u>37,304</u>	<u>104,500</u>
At 30 September 2023	<u>67,196</u>	<u>41,676</u>	<u>108,872</u>
DEPRECIATION			
At 1 October 2022	-	1,093	1,093
Charge for year	<u>16,799</u>	<u>7,592</u>	<u>24,391</u>
At 30 September 2023	<u>16,799</u>	<u>8,685</u>	<u>25,484</u>
NET BOOK VALUE			
At 30 September 2023	<u>50,397</u>	<u>32,991</u>	<u>83,388</u>
At 30 September 2022	<u>-</u>	<u>3,279</u>	<u>3,279</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	85,407	-
Other debtors and prepayments	1,936	1,937
Prepayments and accrued income	<u>29,748</u>	<u>-</u>
	<u>117,091</u>	<u>1,937</u>

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2023

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 12)	32,061	-
Trade creditors	-	1
Taxation and social security	7,195	8,860
Other creditors	83,423	63,046
	<u>122,679</u>	<u>71,907</u>

12. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>32,061</u>	<u>-</u>

13. MOVEMENT IN FUNDS

	At 1.10.22 £	Net movement in funds £	Transfers between funds £	At 30.9.23 £
Unrestricted funds				
General fund	47,386	1,957	92,006	141,349
Pantries	18,435	41,565	(51,252)	8,748
Lambeth Winter Fund	<u>18,608</u>	<u>-</u>	<u>(18,608)</u>	<u>-</u>
	84,429	43,522	22,146	150,097
Restricted funds				
LEAP	11,093	(4,642)	-	6,451
THE HUB	6,579	(9,825)	3,246	-
Co-Create	7,329	(280)	-	7,049
Community Kitchen (HAF)	-	18	-	18
Food Ambassadors	-	18,000	-	18,000
Pantries (Equitix)	-	7,195	-	7,195
The Clothworkers' Foundation	-	44,000	(44,000)	-
Lambeth Winter Fund	<u>-</u>	<u>(7,685)</u>	<u>18,608</u>	<u>10,923</u>
	<u>25,001</u>	<u>46,781</u>	<u>(22,146)</u>	<u>49,636</u>
TOTAL FUNDS	<u>109,430</u>	<u>90,303</u>	<u>-</u>	<u>199,733</u>

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2023

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,513	(11,556)	1,957
Pantries	75,428	(33,863)	41,565
Garfield Weston Foundation	<u>25,000</u>	<u>(25,000)</u>	<u>-</u>
	113,941	(70,419)	43,522
Restricted funds			
LEAP	105,074	(109,716)	(4,642)
THE HUB	235,390	(245,215)	(9,825)
Co-Create	-	(280)	(280)
Community Kitchen (HAF)	5,000	(4,982)	18
Food Ambassadors	20,000	(2,000)	18,000
Pantries (Equitix)	33,648	(26,453)	7,195
The Clothworkers' Foundation	44,000	-	44,000
Changing Lives	7,500	(7,500)	-
Lambeth Winter Fund	<u>153,000</u>	<u>(160,685)</u>	<u>(7,685)</u>
	603,612	(556,831)	46,781
TOTAL FUNDS	<u>717,553</u>	<u>(627,250)</u>	<u>90,303</u>

Comparatives for movement in funds

	Net movement in funds £	Transfers between funds £	At 30.9.22 £
Unrestricted funds			
General fund	47,386	-	47,386
Pantries	8,435	10,000	18,435
Lambeth Winter Fund	<u>28,608</u>	<u>(10,000)</u>	<u>18,608</u>
	84,429	-	84,429
Restricted funds			
LEAP	11,093	-	11,093
THE HUB	6,579	-	6,579
Co-Create	<u>7,329</u>	<u>-</u>	<u>7,329</u>
	25,001	-	25,001
TOTAL FUNDS	<u>109,430</u>	<u>-</u>	<u>109,430</u>

THE HEALTHY LIVING PLATFORM

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2023**

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	118,292	(70,906)	47,386
Pantries	42,922	(34,487)	8,435
Lambeth Winter Fund	<u>70,500</u>	<u>(41,892)</u>	<u>28,608</u>
	231,714	(147,285)	84,429
Restricted funds			
LEAP	128,678	(117,585)	11,093
THE HUB	128,494	(121,915)	6,579
Co-Create	<u>9,566</u>	<u>(2,237)</u>	<u>7,329</u>
	<u>266,738</u>	<u>(241,737)</u>	<u>25,001</u>
TOTAL FUNDS	<u><u>498,452</u></u>	<u><u>(389,022)</u></u>	<u><u>109,430</u></u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2023.

THE HEALTHY LIVING PLATFORM

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 30 September 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	5,288	126,672
Charitable activities		
Grants	235,222	210,026
Service income	<u>477,043</u>	<u>161,754</u>
	<u>712,265</u>	<u>371,780</u>
Total incoming resources	717,553	498,452
EXPENDITURE		
Charitable activities		
Wages	292,266	265,114
Insurance	3,408	612
Purchases	171,068	55,334
Contractors	36,533	25,794
Rent	37,261	22,259
Cleaning	5,478	-
Travelling and motor expenses	10,518	7,339
Printing and stationery	4,902	975
Training costs	4,222	1,181
IT & communication	6,580	2,037
Recruitment costs	2,760	275
Sundry expenses	1,784	768
Bank charges	560	322
Accountancy and legal	21,019	1,419
Improvements to property	16,799	-
Fixtures and fittings	<u>7,592</u>	<u>1,093</u>
	622,750	384,522
Support costs		
Governance costs		
Accountancy and legal fees	<u>4,500</u>	<u>4,500</u>
Total resources expended	<u>627,250</u>	<u>389,022</u>
Net income	<u><u>90,303</u></u>	<u><u>109,430</u></u>

This page does not form part of the statutory financial statements

THE HEALTHY LIVING PLATFORM

England & Wales - Charity number 1195487

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2022
FOR
THE HEALTHY LIVING PLATFORM**

Berringers LLP
Chartered Accountants
Lygon House
50 London Road
Bromley
Kent
BR1 3RA

THE HEALTHY LIVING PLATFORM

CONTENTS OF THE FINANCIAL STATEMENTS for the year ended 30 September 2022

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THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2022

The trustees present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

1) The prevention or relief of poverty for the public benefit by providing food, baby clothing and baby essentials to individuals in need and charities and voluntary organisations working to prevent or relieve poverty, and by providing such organisations with facilities for the preparation and distribution of food.

2) To preserve and protect good health for the public benefit by providing or assisting in the provision of education on health awareness, healthy eating, training and other appropriate projects that enable individuals to be self-sufficient in gaining access to, growing and preparing nutritious food.

Significant activities

The significant activities of the charity are:

- Surplus Food Distribution to Community groups
- Community Food Pantries
- LEAP into Healthy Living project in partnership with Lambeth Early Action Partnership to support families with children 0-4 to lead healthier lifestyles.
- Community Kitchen providing opportunities for local organisations to cook food for Lambeth residents.

Public benefit

The trustees have had regard to Charity Commission guidance on public benefit and consider that the objectives, aims and achievements of the charity described in the report enable it to meet its duty to the Charity Commission as per section 17 of the Charities Act 2011, and to the benefit of the public.

Volunteers

The involvement of the community in our activities through the provision of volunteering opportunities is fundamental. We have seen a decline in numbers of volunteers as life returned to normal after lockdown. However, we have maintained, through proactive management and recruitment, a core of around 80 active volunteers and we receive new applications from volunteers on a weekly basis. We are proud that all of our activities and projects are 100% delivered on the ground by local volunteers.

For the year 21/22 our volunteers contributed 3,728 hours

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The main achievements of the charity are as follows:

Improving access to healthy food distribution of surplus and bought food including fresh fruit and vegetables to over 32 community organisations serving 1500 households with healthy food weekly. Saving on average 4 tonnes a week of surplus food being thrown away.

The LEAP Healthy Living programme: engaged with 260 families this year.

- Delivered 490 activities.
- Food Ambassador training: cooking healthy food in community settings. This programme has now been running for 4 years with over 100 local people trained. We have trained 40 local people this year.
- Food ambassadors lead 5 cook and eat events
- Provided lunch at 11 breast feeding support groups
- Catered for 114 LEAP events

Physical activities

- HLP supported 18 physical activity events including Story Stompers, Bump to Baby Yoga
- 80 family growing sessions, focusing on planting and harvesting food/herbs in a garden setting

Pantries

- 4 pantries. 2 based in children centres, 2 in Lambeth Community centres.

Long term outcomes:

- Local people moving into training and employment opportunities.
- Large proportions of participants reporting they feel more connected to their community as a result of volunteering or benefiting from services.
- More people reporting eating fruit and vegetables on a regular basis.
- Participants reporting that they eat more healthily being part of our programmes.

Achievements against objectives set:

- Maintained and developed a network of community pantries.
- Extended reach of distribution of surplus food to community, faith and education organisations.
- Reducing food waste and contributing to the sustainability of Lambeth

Fundraising activities

Grants Awarded:

- £40,000 from Clothworkers Association for the Community Surplus Food Hub relocation to 336 plus a 10% uplift awarded from Clothworkers to meet cost of living pressures £44,000 in total. (relates to 2023)
- £10,000 from Kusuma Trust (relates to 2023)

We are waiting on applications to:

- Changing Lives - to expand our Food Ambassadors course to a wider cohort;
- Groundwork-Comic Relief - to fund 2 x Garden Ambassadors courses and development of Liz Atkinson Garden;
- Tackling Financial Hardship - to fund the setup of a new pantry in partnership with Allen Edwards Primary School;
- Community Connectors fund - expand Food Ambassadors to a wider cohort.

In the next year, we will be developing an overview of our programmes and the potential funding avenues, considering that LEAP and the Surplus Food Hub contract with Lambeth Council are funded until 2024.

The aim will be to work with our existing data and gather new data and evaluation on our programmes.

We will also be working on evaluating our Theory of Change for HLP that more encompasses our overall activities and services.

FINANCIAL REVIEW

Financial position

At the balance sheet the charity held reserves of £109,430. Income for the year was £498,452, with associated expenditure £389,022. Of the total reserves, £25,000 was held in restricted funds and £84,430 in unrestricted funds.

THE HEALTHY LIVING PLATFORM

REPORT OF THE TRUSTEES for the year ended 30 September 2022

FINANCIAL REVIEW

Reserves policy

HLP's Reserves Policy is not static and can be subject to change annually. HLP's reserves policy considers designated funds that are allocated to specific projects. HLP's current Reserves Policy is to keep sufficient funds in Reserves to cover 3 months of salaries, any leases HLP is liable to pay and money to support legal costs.

HLP agrees that if it receives more funding that can be allocated to Reserves as an extra contingency then this will be done at the Board's discretion.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Induction and training of new trustees

Trustees are initially elected by email application. The applications is review by the Chair and CEO. Following successful interviews, new appointments are decided and new Trustees are invited to join board meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1195487

Principal address

Southwyck House Community Hall
Southwyck House
Moorland Road
London
SW9 8UR

Trustees

Ms H J Ratcliffe (resigned 18.10.22)

Ms J A Baker

V J O'Connell (resigned 20.7.22)

G Gibson

Mr M Marotta

N Anim (resigned 13.9.22)

Mrs J Marie (resigned 1.2.23)

Ms E M Lang de Gomez (appointed 15.11.22)

G A Laylee (appointed 10.10.22)

A Martinowsky

Ms B Osas (appointed 5.7.22)

Independent Examiner

Paul Allan BSocSc FCA

Berringers LLP

Chartered Accountants

Lygon House

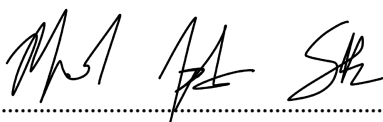
50 London Road

Bromley

Kent

BR1 3RA

Approved by order of the board of trustees on ...26/07/2023..... and signed on its behalf by:



Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE HEALTHY LIVING PLATFORM

Independent examiner's report to the trustees of The Healthy Living Platform

I report to the charity trustees on my examination of the accounts of The Healthy Living Platform (the Trust) for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Allan BSocSc FCA
The Institute of Chartered Accountants in England and Wales

Berringers LLP
Chartered Accountants
Lygon House
50 London Road
Bromley
Kent
BR1 3RA

Date:

THE HEALTHY LIVING PLATFORM

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 30 September 2022

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		118,221	8,451	126,672
Charitable activities				
General		113,494	258,286	371,780
Total		231,715	266,737	498,452
EXPENDITURE ON				
Charitable activities	2			
Support Costs		13,473	28,214	41,687
General		133,812	213,523	347,335
Total		147,285	241,737	389,022
NET INCOME		84,430	25,000	109,430
TOTAL FUNDS CARRIED FORWARD		84,430	25,000	109,430

The notes form part of these financial statements

THE HEALTHY LIVING PLATFORM

BALANCE SHEET 30 September 2022

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	4	3,279	-	3,279
CURRENT ASSETS				
Debtors	5	1,937	-	1,937
Cash at bank		151,120	25,001	176,121
		153,057	25,001	178,058
CREDITORS				
Amounts falling due within one year	6	(71,907)	-	(71,907)
NET CURRENT ASSETS		81,150	25,001	106,151
TOTAL ASSETS LESS CURRENT LIABILITIES		84,429	25,001	109,430
NET ASSETS		84,429	25,001	109,430
FUNDS	7			
Unrestricted funds:				
General fund				47,386
Pantries				18,435
Lambeth Winter Fund				18,608
				84,429
Restricted funds:				
LEAP				11,093
THE HUB				6,579
Co-Create				7,329
				25,001
TOTAL FUNDS				109,430

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
Trustee

The notes form part of these financial statements

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS for the year ended 30 September 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
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Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Going concern

The trustees have reasonable expectation that the charity has adequate resources to continue for the foreseeable future. The charity therefore has adopted the going concern basis in preparing its financial statements.

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 30 September 2022

2. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Support Costs	37,187	4,500	41,687
General	347,335	-	347,335
	<u>384,522</u>	<u>4,500</u>	<u>389,022</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2022.

4. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
Additions	4,372
DEPRECIATION	
Charge for year	1,093
NET BOOK VALUE	
At 30 September 2022	<u>3,279</u>

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other debtors and prepayments	<u>1,937</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Taxation and social security	8,860
Other creditors	63,047
	<u>71,907</u>

THE HEALTHY LIVING PLATFORM

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 30 September 2022

7. MOVEMENT IN FUNDS

	Net movement in funds £	Transfers between funds £	At 30.9.22 £
Unrestricted funds			
General fund	47,386	-	47,386
Pantries	8,435	10,000	18,435
Lambeth Winter Fund	28,608	(10,000)	18,608
	<u>84,429</u>	<u>-</u>	<u>84,429</u>
Restricted funds			
LEAP	11,093	-	11,093
THE HUB	6,579	-	6,579
Co-Create	7,329	-	7,329
	<u>25,001</u>	<u>-</u>	<u>25,001</u>
TOTAL FUNDS	<u><u>109,430</u></u>	<u><u>-</u></u>	<u><u>109,430</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	118,292	(70,906)	47,386
Pantries	42,922	(34,487)	8,435
Lambeth Winter Fund	70,500	(41,892)	28,608
	<u>231,714</u>	<u>(147,285)</u>	<u>84,429</u>
Restricted funds			
LEAP	128,678	(117,585)	11,093
THE HUB	128,494	(121,915)	6,579
Co-Create	9,566	(2,237)	7,329
	<u>266,738</u>	<u>(241,737)</u>	<u>25,001</u>
TOTAL FUNDS	<u><u>498,452</u></u>	<u><u>(389,022)</u></u>	<u><u>109,430</u></u>

Restricted funds comprise of; the LEAP Healthy Living programme , as part of the National Children's bureau, The HUB Surplus Food funding from Lambeth Council and Co-Create funding from the National Children's Bureau for expansion of the pantries.

THE HEALTHY LIVING PLATFORM

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 30 September 2022**

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2022.

THE HEALTHY LIVING PLATFORM

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 30 September 2022

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations	126,672
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Charitable activities

Grants	210,026
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Service income	161,754
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371,780

Total incoming resources

498,452

EXPENDITURE

Charitable activities

Wages	265,114
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Insurance	612
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Purchases	55,334
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Contractors	25,794
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Rent	22,259
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Travelling and motor expenses	7,339
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Printing and stationery	975
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Training costs	1,181
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IT & communication	2,037
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Recruitment costs	275
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Sundry expenses	768
-----------------	-----

Bank charges	322
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Accountancy and bookkeeping	1,419
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Fixtures and fittings	1,093
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384,522

Support costs

Governance costs

Accountancy and legal fees	4,500
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Total resources expended	389,022
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Net income	109,430
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This page does not form part of the statutory financial statements