

Trustees' Annual Report 2023/24							
From		Period start date			To	Period end date	
		6th	April	2023		5 th	April

Section A

Reference and administration details



**YOUTH
FOR CHRIST**

Charity name	Plymouth Youth for Christ
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Other names charity is known by	PYFC
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Registered charity number (if any)	1195442
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Charity's principal address	c/o Christ Church Estover	
	Leypark Walk	
	Plymouth	
	<table><tr><td>Postcode</td><td>PL6 8UE</td></tr></table>	Postcode
Postcode	PL6 8UE	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chris Routledge	Chair of Trustees		
2	David Noble	Treasurer		
3	Simon Applebee			
4	Rebekah Merriman	Safeguarding lead		
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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

(A) TO ADVANCE THE CHRISTIAN FAITH FOR THE BENEFIT OF YOUNG PEOPLE IN ACCORDANCE WITH THE STATEMENT OF FAITH APPEARING IN APPENDIX 1 THROUGHOUT THE WORLD AND IN PARTICULAR (BUT WITHOUT PREJUDICE TO THE GENERALITY OF THE FOREGOING) IN PLYMOUTH AND ITS ENVIRONS;

(B) THE ADVANCEMENT OF THE CHRISTIAN FAITH MAINLY, BUT NOT EXCLUSIVELY BY MEANS OF PROCLAIMING CHRISTIAN MESSAGES OF AN EVANGELISTIC AND TEACHING NATURE THROUGHOUT THE WORLD AND IN PARTICULAR (BUT WITHOUT PREJUDICE TO THE GENERALITY OF THE FOREGOING) IN PLYMOUTH AND ITS ENVIRONS;

(C) TO DEMONSTRATE, PROMOTE AND ENCOURAGE CHRISTIAN VALUES, INCLUDING DIGNITY, EMPOWERMENT AND PARTNERSHIP TO ALL YOUNG PEOPLE THROUGHOUT PLYMOUTH AND ITS ENVIRONS;

(D) THE ADVANCEMENT OF THE EDUCATION OF CHILDREN AND YOUNG PEOPLE THROUGH SUPPORT AND MENTORING IN SCHOOLS, COLLEGES AND OTHER EDUCATIONAL ESTABLISHMENTS, THROUGH LUNCHTIME AND AFTER SCHOOL CLUBS, STREET BASED YOUTH WORK AND OTHER YOUTH PROVISION TO DEVELOP THEIR PHYSICAL, MENTAL AND SPIRITUAL CAPACITIES, THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS, AND THAT THEIR CONDITION OF LIFE MAY BE IMPROVED;

(E) TO RELIEVE POVERTY AND SICKNESS THEREBY DEMONSTRATING THE CHRISTIAN FAITH BY PROMOTING OVERSEAS SERVICE, EDUCATION, PRACTICAL ACTION AND WORKING WITH THOSE AFFECTED, EITHER DIRECTLY OR THROUGH RELEVANT RELIEF AGENCIES.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity

Plymouth Youth for Christ raises awareness of religious beliefs and practices through providing young people with opportunities to explore the Christian faith through youth clubs, groups, events, meetings and opportunities to participate in worship.

The organisation generally advances the religion through providing opportunities for young people to explore the Christian

Commission on public benefit)

faith. Young people attending groups, clubs and meetings will be invited to participate in activities and discussions that explore Christian beliefs and values such as dignity, empowerment and partnership.

Facilitating education about the Christian faith takes place in church buildings, community facilities, schools and through online/social media content.

Young people who already attend groups or clubs are encouraged to invite their friends. Activities are also advertised through local churches and schools. Activities/services may be promoted at community events and venues.

All young people aged between 7 and 25 can attend youth work activities. Most groups are specifically for different age groups, for example a youth club for young people aged 11-14 or a primary school assembly.

The Trustees have reviewed the activities of the charity in the light of the guidance published by the Charity Commission on public benefit. The Trustees are satisfied that the charity's activities during the past year continue to be for the public benefit, relating as they do to benefit the community in the City of Plymouth and beyond.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

In 2023-24 the trustees and team continued to prioritise setting the groundwork for ongoing youth and schools work by implementing policies and procedures and raising awareness/support for the charity. In order to build financial support, grow volunteer numbers and increase prayer support the team visited several local church services to share the vision of the charity and to invite support from the congregations.

During this year the trustees also recruited a fundraiser on a zero hours contract to help build regular financial donations to the charity.

The vision of Plymouth Youth for Christ is to invite every young person in the city of Plymouth to explore the Christian faith and enable them to thrive in all areas of life.

Plymouth Youth for Christ volunteers had over 750 interactions with young people during this period through events, clubs and sessions.

Work in secondary schools

Plymouth Youth for Christ volunteers continued to serve on the chaplaincy team at a local Anglican secondary school. In collaboration with youth leaders from three other local churches they set up the lunchtime club 'Faith Fridays'. During the club the team facilitate a discussion about life issues and the Christian faith.

Volunteers also helped to facilitate pastoral conversations with young people struggling with bereavement and anxiety as well as helping to run a Kintsugi Hope mental health course in the school.

Secondary school transition work

Plymouth Youth for Christ volunteers had the opportunity again to work in a local primary school. The team ran several classroom sessions with 60 year six children which utilised some practical 'Emotional Logic' tools and frameworks (<https://www.emotionallogiccentre.org.uk/>).

The sessions helped the young people to become more aware of their emotions and equipped them with some practical tools to help them thrive in times of setback or disappointment. The aim of these sessions are to help prepare and equip young people to better manage the transition between primary and secondary school.

Work in Barne Barton

Outreach and detached work on the Barne Barton estate in partnership with a local community organisation continued. The team set up a weekly drop in youth café which helped to create a safe place for young people to go to after school. In Sept 2023 the team of volunteers developed this work to launch 'Barne Barton Rock Solid' a more structured youth club aimed at young people in school years 5-8.

Developing work in St Budeaux

In March 2024 the team ran an easter event for young people in collaboration with two local churches. This was the catalyst for a new partnership with a local Baptist church involving helping to support their families worker to develop the church's youth work provision.

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees will aim to maintain sufficient unrestricted funds to meet PYFC expenditure over a 3 to 6 month period. These reserves will be held in a deposit account with an ethical bank, earning the highest rate of interest possible.

If there is a significant reserve it will be held in low risk and ethical investment funds to provide reserves for future developments and the highest return possible by way of interest or growth in value of the funds.

The trustees will regularly review the performance of investments and ensure that all interest payments due are received.

As of 5th April 2024, our account balance is £6400 of which £1550 is restricted funds. There is no significant monthly expenditure that needs to be covered by a set reserve at this moment and so £4850 acts as an unrestricted reserve while Plymouth Youth For Christ continues to grow.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Due to increased awareness of PYFC and increased ministry, our regular supporters continue to increase with a 700% increase in donations throughout 2023/24. Regular monthly donations is now our principal source of funding making PYFC sustainable for long term growth of the charity, while still receiving one off donations and grant funding to support some of our larger event costs.

Expenditure has continued to have minimal admin costs, but increased youthwork has increased our ministry costs by a further 30%. Youth work and ministry expenses continue to be our largest outgoings.

In February 2024 we employed a fundraiser with salary payments being made from a restricted fund put aside for this purpose in November 2022. Part of this fund has been utilised and salary payments will continue into 2024/25 with the remaining £430 restricted fund.

Section F



Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
		
Full name(s)	David Noble	Chris Routledge
Position (eg Secretary, Chair, etc)	Treasurer	Chair
Date	24 / 01 / 2025	31/01/2025

Plymouth Youth For Christ Financial Report - 2023/24
(6 April 2023 - 5 April 2024)

Income

£ 1,210.00	One off donations from financial supporters
£ 3,205.96	Regular donations from financial supporters
£ 1,330.50	Grant Funding
£ 169.90	Funds raised by fundraising events
£ 85.86	Refunded Expenditure

<u>£ 6,002.22</u>	Total Income 2023/24
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Expenses

£ 158.20	Public Liability Insurance
£ 966.71	Ministry Costs
£ 175.28	Administration Expenses
£ 51.75	Hospitality Expenses
£ 186.76	Promotional Materials
£ 305.09	Payroll / Salary Expenses

<u>£ 1,843.79</u>	Total Expenses 2023/24
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Balance at 5 Apr 2023 £ 2,307.63
Balance at 5 Apr 2024 £ 6,466.06