



## Section A

## Reference and administration details

Charity name Plymouth Youth for Christ

Other names charity is known by PYFC

Registered charity number (if any) 1195442

Charity's principal address c/o Christ Church Estover

Leypark Walk

Plymouth

Postcode

PL6 8UE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted If not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chris Routledge	Chair of Trustees		
2	David Noble	Treasurer		
3	Simon Applebee			
4	Rebekah Merriman	Safeguarding lead		
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## Section B

## Structure, governance and management

### Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Charitable Incorporated Organisation (CIO)
Trustee selection methods	Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.

## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

- (A) TO ADVANCE THE CHRISTIAN FAITH FOR THE BENEFIT OF YOUNG PEOPLE IN ACCORDANCE WITH THE STATEMENT OF FAITH APPEARING IN APPENDIX 1 THROUGHOUT THE WORLD AND IN PARTICULAR (BUT WITHOUT PREJUDICE TO THE GENERALITY OF THE FOREGOING) IN PLYMOUTH AND ITS ENVIRONS;
- (B) THE ADVANCEMENT OF THE CHRISTIAN FAITH MAINLY, BUT NOT EXCLUSIVELY BY MEANS OF PROCLAIMING CHRISTIAN MESSAGES OF AN EVANGELISTIC AND TEACHING NATURE THROUGHOUT THE WORLD AND IN PARTICULAR (BUT WITHOUT PREJUDICE TO THE GENERALITY OF THE FOREGOING) IN PLYMOUTH AND ITS ENVIRONS;
- (C) TO DEMONSTRATE, PROMOTE AND ENCOURAGE CHRISTIAN VALUES, INCLUDING DIGNITY, EMPOWERMENT AND PARTNERSHIP TO ALL YOUNG PEOPLE THROUGHOUT PLYMOUTH AND ITS ENVIRONS;
- (D) THE ADVANCEMENT OF THE EDUCATION OF CHILDREN AND YOUNG PEOPLE THROUGH SUPPORT AND MENTORING IN SCHOOLS, COLLEGES AND OTHER EDUCATIONAL ESTABLISHMENTS, THROUGH LUNCHTIME AND AFTER SCHOOL CLUBS, STREET BASED YOUTH WORK AND OTHER YOUTH PROVISION TO DEVELOP THEIR PHYSICAL, MENTAL AND SPIRITUAL CAPACITIES, THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS, AND THAT THEIR CONDITION OF LIFE MAY BE IMPROVED;
- (E) TO RELIEVE POVERTY AND SICKNESS THEREBY DEMONSTRATING THE CHRISTIAN FAITH BY PROMOTING OVERSEAS SERVICE, EDUCATION, PRACTICAL ACTION AND WORKING WITH THOSE AFFECTED, EITHER DIRECTLY OR THROUGH RELEVANT RELIEF AGENCIES.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Plymouth Youth for Christ raises awareness of religious beliefs and practices through providing young people with opportunities to explore the Christian faith through youth clubs, groups, events, meetings and opportunities to participate in worship.

The organisation generally advances the religion through providing opportunities for young people to explore the Christian faith. Young people attending groups, clubs and meetings will be invited to participate in activities and discussions that explore Christian beliefs and values such as dignity, empowerment and partnership.

Facilitating education about the Christian faith takes place in church buildings, community facilities, schools and through online/social media content.

Young people who already attend groups or clubs are encouraged to invite their friends. Activities are also advertised through local churches and schools. Activities/services may be promoted at community events and venues.

All young people aged between 7 and 25 can attend youth work activities. Most groups are specifically for different age groups, for example a youth club for young people aged 11-14 or a primary school assembly.

The Trustees have reviewed the activities of the charity in the light of the guidance published by the Charity Commission on public benefit. The Trustees are satisfied that the charity's activities during the past year continue to be for the public benefit, relating as they do to benefit the community in the City of Plymouth and beyond.



**Summary of the main achievements of the charity during the year**

In 2022-23 the trustees and team continued to prioritise setting the groundwork for ongoing youth and schools work by implementing policies and procedures and raising awareness/support for the charity. In order to build financial support, grow volunteer numbers and increase prayer support the team visited several local church services to share the vision of the charity and to invite support from the congregations.

The vision of Plymouth Youth for Christ is to invite every young person in the city of Plymouth to explore the Christian faith and enable them to thrive in all areas of life.

Plymouth Youth for Christ volunteers had over 400 interactions with young people during this period through events, clubs and sessions.

In September 2022 the following goals were agreed for the 2022-23 academic year:

- Volunteers regularly connecting with young people
- Build team of volunteers.
- Appoint a charity secretary.
- Strengthen and embed the board of trustees.
- Grow city wide support.

**Silent Disco event (Spring 2022 & 2023)**

During this year Plymouth Youth for Christ volunteers were involved in planning and delivering two silent disco events for young people ages 11-18. Youth leaders from different churches and organisations in Plymouth collaborated to run the events which involved food, fun and a message helping the young people to explore questions of life and the Christian faith.

**Secondary school transition work**

Plymouth Youth for Christ volunteers had the opportunity to work in a local Plymouth primary school during the summer term (2021-22) and the spring term (2022-23). The team ran 4 classroom sessions with 60 year six children at the school which utilised some practical 'Emotional Logic' tools and frameworks (<https://www.emotionallogiccentre.org.uk/>).

The sessions helped the young people to become more aware of their emotions and equipped them with some practical tools to help them thrive in times of setback or disappointment. The aim of these sessions are to help prepare and equip young people to better manage the transition between primary and secondary school.

**Work in secondary schools**

In November 2022 two Plymouth Youth for Christ volunteers joined the newly formed chaplaincy team at a local Anglican secondary school. In collaboration with youth leaders from three other local churches they set up the lunchtime club 'Faith Fridays'. During the club the team facilitate a discussion about life issues and the Christian faith.

**Work in Barne Barton**

In spring 2023 Youth for Christ volunteers ran outreach/detached work on the Barne Barton estate in partnership with a local church & community organisation. The team set up a weekly drop in youth café which helped to create a safe place for young people to go to after school.

## Section E

### Financial review

#### Brief statement of the charity's policy on reserves

The trustees will aim to maintain sufficient unrestricted funds to meet PYFC expenditure over a 3 to 6 month period. These reserves will be held in a deposit account with an ethical bank, earning the highest rate of interest possible.

If there is a significant reserve it will be held in low risk and ethical investment funds to provide reserves for future developments and the highest return possible by way of interest or growth in value of the funds.

The trustees will regularly review the performance of investments and ensure that all interest payments due are received.

As of 5<sup>th</sup> April 2023, our account balance is £2400 of which £750 is restricted funds. There is no significant monthly expenditure that needs to be covered by a set reserve at this moment and so £1650 acts as an unrestricted reserve while Plymouth Youth For Christ continues to grow.

#### Details of any funds materially in deficit

None

#### Further financial review details (Optional Information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our regular supporters increased by 50% throughout 2022/23 but our principal source of funding remains one off donations, including a £500 gift from one of our principal supporters.

In November 2022 the trustees agreed to move 43% of the total income to date (£750) into a restricted fund in response to a disclosure about the manner of the donors intent. This fund has been set aside to employ a fundraiser on a time limited capacity to grow regular income.

Expenditure has continued to have minimal admin costs, but increased youthwork has tripled our ministry costs. Youth work and ministry expenses are now our largest outgoings.

## Section F

### Other optional information

The Annual Return and Accounts & TAR for 2021/22 is listed as being late. This was due to a combination of misunderstanding the first-year reporting requirements and a bereavement within the team that restricted the trustees from being able to complete the reports on time.


This has been a learning opportunity for the Trustees in the infancy of Plymouth Youth For Christ and actions have been taken to ensure future reporting is done on time.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Rebekah Merriman	
Full name(s)	REBEKAH MERRIMAN	DAVID NOBLE
Position (eg Secretary, Chair, etc)	safe guarding lead	TREASURER
Date	29/1/24	

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

CHRISTOPHER JOSEPH ROULEDGE

Position (eg Secretary,  
Chair, etc)

CHAIR.

Date

29/01/24

**Plymouth Youth For Christ Financial Report - 2022/23**  
(6 April 2022 - 5 April 2023)

**Income**

£ 784.18	One off donations from financial supporters
£ 445.00	Regular donations from financial supporters
£ 49.44	Funds raised by fundraising events

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**£ 1,278.62 Total Income 2022/23**

**Expenses**

£ 153.20	Public Liability Insurance
£ 472.33	Ministry Costs
£ 22.81	Administration Expenses

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**£ 648.34 Total Expenses 2022/23**

*Balance at 5 Apr 2022* £ 1,769.89  
**Balance at 5 Apr 2023** £ 2,400.17