



**Carrie's
Outreach**

**Aspirations
Program**

**Family
Support**

breaking the chains of addiction

Annual Report 2021-22



Contents

Founders Report	6
Report from Chair	8
Why is our work important?	12
Carries Outreach	14
Day Program	20
Family Program	26
Other Achievements	30
Fundraising	32





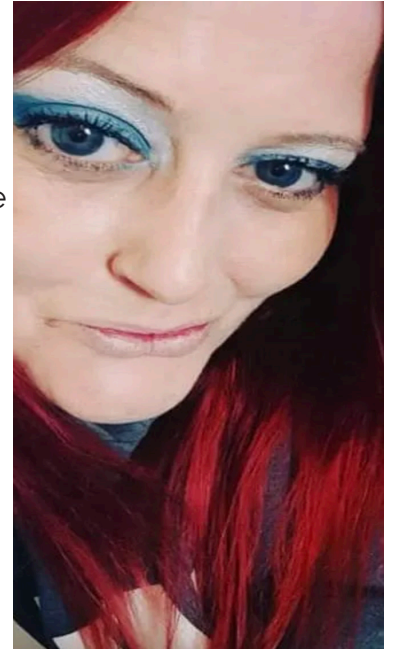
Our mission is to see people free from addiction and the damaging impact it has on all aspects of life

Founders Report

Thank You

I would like to start by thanking our volunteers, staff, and trustees for all their hard work, commitment and dedication to Aspirations Program over the last year. It's the compassion and empathy of the team that makes this project work. And the biggest heartfelt thank you goes out to our funders, without whom Aspirations would not be at the level it is at now.

But the BIGGEST thank you goes to the people we serve, the vulnerable adults who inspire me daily with their bravery and courage to fight to live another day, who show kindness in a world that at times hasn't been very kind to them, but they choose to carry on after facing such adversity. These people are the real heroes here. It's an absolute honour and a privilege that they allow us to be a very small part of their journey.



Our Main Program's

Our Day Program has gone from strength to strength. Watching people get clean and stay clean, turning their lives around is one of my favourite things. We see people in college fulfilling their own hopes, dreams, and aspirations, and people returning to work and repairing their relationships with family and children. Some go on to volunteer in the community while others have returned to peer mentor with us, showing new referrals there is a way out of the darkness. The light the mentors shine is very bright indeed.

So much has happened this year. Because of the growth and continued demand, we have moved our Day Program to a larger venue. We have increased our numbers and have an ever-growing waiting list.

We enjoyed a day trip to Portsmouth to a mutual aid groups convention, and we've had days out in the park and at the beach. All these activities support people to build trustworthy relationships which supports them in their recovery.

Overall, the program is growing and thriving day by day.

We are continuing to see a rise in the number of women accessing our service. We have extended who we support to include not just women who sell sex, but any women living with multiple disadvantages and complex needs. This can be mental health, addiction, homelessness, domestic abuse, and women who are separated from their children.

We are now delivering meaningful activity groups and are incredibly pleased that we have been able to extend our drop-in days to three times per week. We have Meaningful Monday's, Wonderful Wednesday's, and Therapeutic Thursday's. Each day is designed around the women's care plans, so we cover all aspects of the women's lives. From self-care, to responsibilities, to managing mental and addictions, life skills, and confidence.

We continue to collaborate with partner organisations to safeguard the women. We have built wonderful trustworthy relationships with some of the most entrenched and



marginalised women in our society who at one point were not engaging with any local services. Our safe non-judgmental environment gives women a space to come where they feel seen and heard. We encourage them to make healthy choices and collaborate with the women on what their unique needs are. We are delighted that we have been able to open for longer hours and for another two days for the women.

We are excited to be collaborating with Southend City Council and The Store House in October 2022 on our first conference which has been born from The Street Prostitution Strategy. Our aim is to educate and reach third sector and strategic organisations on the importance of trauma informed approaches and to ensure faster exit pathways for the women who sell sex.

We have continued to support families remotely and in our monthly group meetings. While also providing family members with children food parcels and electricity vouchers, it is important for us at Aspirations to recognise children and family members who have loved ones with addiction problem. From my own experience, I am fully aware of the effect that addiction has over family members. I call it the children that don't have a choice.

Fundraising

We have held various fundraising events over the year, but I really enjoyed the afternoon tea at the mayor's house with the Mayor and High Sheriff of Essex when I was presented with an award for valuable contributions to the



community. I never set out to found Aspirations to receive awards or for any kind of applause, but to have the work we do recognised is important for our team. The award is for us all. The people we serve is the most rewarding opportunity I can be given.

The fundraising events that I felt the most pride in was watching three of our peer mentors raising funds through planning their own events. One ran the Southend Triathlon, and two others did a sponsored walk. Between them they raised over £3,000. To initially meet people at their darkest, then witness them shining bright, really is testament to our whole team, and an even bigger testimony to the guys who show up and work hard for their recovery.

I'm extremely grateful to everyone past and present who have played a role in to making Aspirations the wonderful charity it is. I'm looking forward to seeing what the next year will bring.

Thank you
Marie Edmonds

Report from the Chair



I became a trustee of Aspirations Program in January 2020 when it was a CIC. At this time the Day Program was in the early planning stages. Aspirations Program became a registered charity August 2020, and by then the Day Program was running very successfully, as was Carrie's outreach and the Family Support Program. Aspirations has grown exponentially, transforming the lives of many.

Aspirations fundraising has been outstanding. The accounts are now on an electronic system and always up to date. Aspirations outgrew the venue and has moved into a bigger venue. The finances have always been very healthy with funding coming in on a regular basis. National Lottery funding has recently been secured. Aspirations had always grown within its means and is on track with the 5 year business plan.

Aspirations now has a fast track route for ladies needing residential rehabilitation which is an incredible achievement.

With the growth of Aspirations, staff numbers have been increased in close consultation with trustees, as has all decision making, thus ensuring Aspirations grows on a firm foundation.

Aspirations is now a leading voice that commissioners and other services in the sector listen to.

Warm regards

Duncan Smith





Our
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for,
our

Our venues provide safe, secure and welcoming spaces for people to come and receive the support and help they need. People are cared for, valued, loved and treated as individuals by our team.

Why is our work important

"There is a desperate need for a service locally which is survivor led and trauma informed. Local third sector and statutory agencies and the Council do not have a sound understanding of the specific needs of women in prostitution and there is a lack of will to change this. At present, the voice of women who were in prostitution or who are currently selling sex are not being heard by these groups.

Aspirations have already made incredible progress in engaging women in prostitution through their in-depth appreciation of the unique difficulties of exiting the sex trade. I fully support Aspirations as the organisation who have the knowledge, understanding and expertise to give a voice to the women exploited in prostitution in Southend-on-Sea and to make a change for women who have been ignored and not listened to for too long."

Cllr Helen McDonald on our service

Southend-on-Sea is in the highest 50% most deprived areas in the country and many parts are within the highest 15% most deprived. There are pockets of extreme poverty, which includes a vast amount of unemployment, child poverty, homelessness, lack of opportunities and social challenges. People here face particularly high levels of deprivation in health and crime, all contributing factors in addiction, and trauma and selling sex.

Street prostitution rates are high in Southend. Various police operations have succeeded in moving the women selling sex from one road to another, but no intervention has had a significant impact and today there are high levels of women at high risk of all forms of harm, be that physical violence, sexual violence or the psychological impacts of trauma.

The impact of the sex trade on women ranges from serious sexual assaults of women in prostitution, to women who live nearby or use the train station being

propositioned and kerb-crawled by sex buyers, to general and street harassment and women feeling generally unsafe. It is important something is done to make it safer for all women and girls here.

Historically, prostituted women have been seen as disposable and less important. The psychological impacts of selling sex are immense and multiply the longer a woman remains in prostitution. Trauma responses make managing everyday life more difficult, so accessing services and agencies is more challenging which, in turn, leads to increased vulnerability and further exploitation. Being in prostitution becomes a cycle that is incredibly difficult to break.

Most of the women who selling sex are dependent on drugs, are homeless and/or living in highly vulnerable and dangerous situations. They have been subjected to violence, abuse and judgement and are trapped feeling scared and alone with no access to help.

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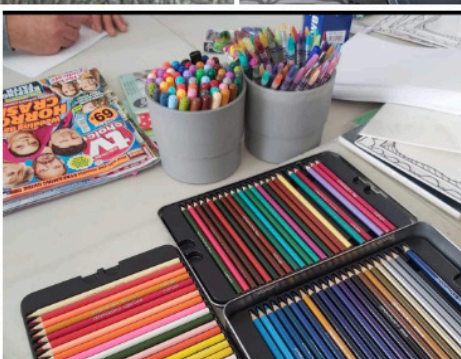
We help people become clean and stay clean so they can rebuild their lives. We help people rebuild broken family relationships, improve mental and physical health, find employment, re-enter education, and secure accommodation so people can learn to thrive rather than just survive.

The right treatment at the right time can be lifesaving. Our aim is to see people abstain from drug / alcohol use, but we want to see life-long recovery beyond that. To see people making the necessary steps to improve their lives so that they can stay substance free and start to thrive.

Addiction has a negative impact on society as well as individual lives

£15.4 billion	This is the annual cost of drug abuse costs
£21 billion	This is the annual cost of alcohol abuse costs
£488 million	This is the annual cost of drug misuse to the NHS in England
£960 million	This is the estimated saving to the public, businesses, criminal justice and the NHS from drug treatment

Carrie's Outreach



There is so much I love about this service that all you lovely ladies do for us girls. Most importantly is that you're always here for me whenever I need a shoulder to cry on, hear my worries. Thanks for everything, clothes, food etc.

But most important thanks for being you.

But most important thanks for being you.

Carrie's Outreach is a support service for women who sell sex and other vulnerable women living with multiple disadvantage and need. For many women, selling sex is a way to fund active addiction and substances are a way to block out the reality of selling sex. We work with other local organisations to provide routes out of selling sex.

Outreach

Twice a week, our volunteers go into the community to speak to women who sell sex on the street.

The women are offered hygiene essentials, snacks and little luxuries in 'bags of love'. The purpose of our outreach is to show the women that we are thinking about them and we care about their safety.

By building positive relationships built on trust we hope to enable women to feel secure enough to visit the drop-in and to engage with support services.

Care Plans

Each woman who works is regularly risk assessed and has an individual care plan to ensure that she is kept safe from harm and has her needs met. Care plans might include support with physical and sexual health needs, mental health and emotional wellbeing, housing, contact with children and substance misuse.

Women's Only Drop-in

Three times a week, volunteers run a trauma-informed drop-in service, initially for women who sell sex, but now open to any women who feels they need our support.

The women can collect 'bags of love', have access to free toiletries and clothes, and are helped to engage with a range of support services to provide services in a way that the women can access.

Collaborative Working

We are instrumental in the safeguarding forum and other multi-agency meetings for women who sell sex in Southend.

We work collaboratively to ensure that women get the support in a way that is suitable to their needs.

We raise awareness of the realities of selling sex and make sure the women's voices are heard and listened to.

Training

Carrie's Outreach delivers high quality, trauma-informed training for volunteers and others organisations who work with women who sell sex.

Carrie's Outreach impact t

“

It's really lovely to know that people care enough to bring me food and even better to have toiletries and be clean. I'm still amazed at how well my daughter was cared for, housed and provided for when she was pregnant. Even her mental health issues were addressed (As far as she would allow). I had no idea there were such wonderful people that would help ladies such as myself. Thank you

I enjoy volunteering at Aspirations because of the trusting relationships you build with the girls. Having each and every one of them come down and feeling comfortable enough to open up to you about their day to day life is extremely rewarding, especially when you can help assist and support them where needed.

I couldn't ask for a better team to work alongside. Each of us brings a special little something to ensure we provide the best support from all areas to support their needs. The way our team comes together as a whole determines our success and I value each and everyone of them. Together we will continue to make a difference.

I like you guys so much.

”

through 2021-22

90

Women reached
through Carrie's
Outreach

60

Women
given free
clothes and
toiletries

40

Women
felt safer

20

Women referred
to specialist
services

9

Women
found safe and
secure housing

1

Woman exited
street
prostitution





LIGHTHOUSES DON'T GO
RUNNING ALL OVER AN
ISLAND LOOKING FOR
BOATS TO SAVE.
THEY JUST STAND
THERE SHINING.

I'M SORRY
FOR HOW I SAID
WHEN I WAS
HANGRY

ING
K INTO
R TRAINING

PRACTICAL HELP
If you're struggling to get your head around the world of work, this is the book for you. It's a practical guide to help you understand the world of work and how to get on in it. It's a book that will help you to understand the world of work and how to get on in it. It's a book that will help you to understand the world of work and how to get on in it.

BOOST YOUR CONFIDENCE
If you're struggling to get your head around the world of work, this is the book for you. It's a practical guide to help you understand the world of work and how to get on in it. It's a book that will help you to understand the world of work and how to get on in it. It's a book that will help you to understand the world of work and how to get on in it.

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Day Program



No time limit

The Day Program is at least 12 weeks long and there is no time limit on support.



No cost

The Day Program is free to those who meet the referral criteria.



Identify & Address

The Day Program supports people to identify and address the reasons they misuse substances.



Therapeutic Support

Therapy will be available for those who wish to access it.

The Aspirations Day Program is a abstinence-based drug recovery program that is structured, non-residential, non-religious and led by trauma-informed, trained counsellors and group facilitators. The Day Program moved into its own venue in May 2022.

We run each recovery program course over a 12 week period and people can join us at any point. People are also able to stay on the program for as long as they need as addiction recovery cannot be limited to a one size fits all. Some people find 12 weeks is enough to start their journey, but for others they need longer and we have also had people on the program for six months.



Day Program impact throu

In October 2022 we were extremely proud to offer our first Peer Mentor a paid job as a Recovery Support Worker.

This person has been with us since day one of the Day Program journey and started with us by painting walls. They've put thier heart and soul into this project. They're shown up and taken part in every peice of training we've sent thier way. They're listened, they're asked questions and they've learnt.

I meet this person when they were just a few days clean. They're now over 3 years clean and a productive member of society.

This has been achieved by joint up working with First Place Housing CIC. Give someone a nice home, recovery support and tell them they can achieve anything they want to achieve & the miracles happen.

igh 2021-22



People
attended the
Day Program



People
graduated the
Day Program



Graduates have
enrolled in
college courses



Graduates are
in paid
employment



Graduate is at
university



Life changing, for me and everyone around me. Supportive and inspiring

I love the Aspirations Program. It gave me hope when I got clean and gave me routine and the opportunity to socialise with peers. I feel really supported. The staff are kind and encouraging

All staff are friendly and helpful .I.E good at their job. Anything I need help with is actually put into motion and sorted. This service benefits people with various issues including mental health, general wellbeing and overall recovery. Not just with regards to past or present substance misuse.

**Compliments and facts about this service.
Helps a huge variety of people in crisis and recovery.
Covers group work helps with community and supports a wide range of individuals on all levels. For example have multiple diagnoses with past substance issues.
With this service i have managed to completely stop sex work and have managed to abstain from drugs.**

Sense of self worth self esteem. Feeling valued and appreciated support

Family Support



When someone suffers in addiction, their family and friends suffer too. The Family Support service is a group for those who wish to learn more about addiction so they can support someone close to them.

Our Family Support service is peer led by people with personal experience of caring for someone through active addiction, relapse and recovery.

We understand that recovery is a life long process, that trauma is felt across families and that professional and compassionate support is needed for the whole family, which is why this program exists. Our addiction specialist teaches the family the science of addiction with a listening ear to support over the phone or over a coffee.

Family Support impact through 2021-22

A large orange circle with a thick border, containing the number 10 in bold black text.

10

Families have
been supported

A large orange circle with a thick border, containing the number 300 in bold black text.

300

Families
received food
parcels

I don't feel so alone, I appreciate this group

Thanks to you my children ate last night



I love being able to help these women by giving them toiletries and clothing when they need it and being able to support them with phone calls and appointments. Our team is wonderful and all have many strengths and we all look out for each other





Other achievements in 202

As well as providing direct support to men and women in need, we have also established and sit on several community forums with other groups to address problems of addiction, homelessness, and street prostitution in Southend.

This includes creating a wraparound service for women only. It is a once-a-week service attended by the National Probation Service, HARP, Sexual Health, and CGL, and is the first trauma informed women's only service of its kind in Southend.

Our founder Marie, has worked in various drug and alcohol rehabilitation centres, has volunteered with CGL, HARP and has taken part in extensive research and training in trauma informed approaches. Marie also sits on a Thriving Communities Panel for SAVS Southend as the voice of lived experience. She also supports SVP as the voice of lived experience.

A major achievement this year was seeing the production of The Street Prostitution Strategy for Southend, a document Aspirations assisted the council in writing. This document acknowledges the importance of providing support for this group of people, recognises key challenges and how they might be overcome.

As we have grown, we have seen our work recognised across Southend and wider Essex. This summer, Marie was awarded for services to the community by the High Sheriff.

21-22

1,000

Outreach bags
distributed to
vulnerable women

1

Conference on
trauma informed
approaches
delivered

750

Food parcels
delivered

6

Training courses
delivered

6

Peer Mentors

1

New venue

Fundraising

As the work we do grows and the demand for our services increases, so do the costs of running our projects. We have been able to continue to expand within our means and secure the funding needed to grow, particularly to be able to appoint new staff to work with people.

We are hugely thankful to everyone who supports us financially, whether than be a small or large gift, it all makes a difference. We are especially thankful to people who continue to support us, even through the cost of living crisis.

Fundraising Events

From charity football matches, walking challenges, triathlons, to cake sales, quizzes, meals, and car boot sales we run many different fundraising events.

We massively appreciate the time and effort our staff, volunteers and clients go to to make these happen, especially those who have been helped by our programs and want to give back by undertaking their own fundraising activity.

We have had success running pop-up charity shops over the course of this year. It is our vision to one day run a permanent charity shop and cafe so watch this space!

Donations

A significant part of our income comes from individual donations and gifts and we are so thankful to everyone who contributed to our work. There are too many people to name but we value you all. Your money really does make a massive difference.

Grant Making Trusts and Foundations

We are very thankful to have received grants from various trusts and foundations. We would like to thank you all for your support. We are supported by:

The Albert Hunt Trust
The Archer Trust
Cooperative Local Community Fund
Essex Community Foundation
The Fore
Fowler Smith and Jones Trust
Garfield Weston Foundation
Grocers Charity
Hilden Charitable Fund
Martin Geddes Trust
National Lottery Community Fund
Rosca Trust
Southend Community Investment Board
Southend Emergency Fund
Trusthouse Charitable Foundation
Tudor Trust



Management Report- (Detailed)

Aspirations Program CIO
As at 31 August 2022

Prepared by Bronze Oak Accountancy Ltd

Contents

- 3 Summary of Affairs
- 4 Income Statement
- 5 Aged Payables Summary

Summary of Affairs

Aspirations Program CIO

As at 31 August 2022

	31 AUG 2022	31 AUG 2021
Assets		
Bank		
Aspirations Day Program	84,072	53,429
Total Bank	84,072	53,429
Fixed Assets		
Accummulated Deprec On Fix, Furn & Fittings	(581)	-
Computer Equipment	477	-
Fixtures, Furniture & Fittings	4,539	2,860
Intangibles	781	-
Less Accumulated Amortisation on Intangibles	(59)	-
Less Accumulated Depreciation on Computer Equipment	(295)	-
Less Accumulated Depreciation on Office Equipment	(50)	-
Office Equipment	1,698	804
Total Fixed Assets	6,511	3,664
Total Assets	90,583	57,093
Liabilities		
Current Liabilities		
Accounts Payable	444	-
Income in Advance	51,177	53,780
NIC Payable	(46)	-
PAYE Payable	(26)	-
Pensions Payable	110	-
Provision for Corporation Tax	823	823
Total Current Liabilities	52,482	54,603
Total Liabilities	52,482	54,603
Net Assets	38,101	2,490
Equity		
Current Year Earnings	35,611	(4,834)
Retained Surplus/ (Deficit)	2,490	7,324
Total Equity	38,101	2,490

Income Statement

Aspirations Program CIO

For the year ended 31 August 2022

	2022	2021
Trading Income		
Income - R/Revenue (Core Cost)	105,809	-
Income- Charity Shop & Ebay	6,287	238
Income- General Donations	12,392	1,895
Income- R/Revenue Restricted Funds	18,542	-
Income- Social/ Sporting Events	7,223	1,633
Income- Space Hire	6,136	60
Total Trading Income	156,389	3,825
Cost of Operations		
Direct Expenses	35,203	3,973
Direct Wages	19,794	1,636
Direct Wages- Counselling	5,397	930
Total Cost of Operations	60,394	6,539
Net Income	95,995	(2,714)
Operating Expenses		
Advertising & Marketing	796	125
Audit & Accountancy fees	1,925	-
Bank Fees	-	-
Charitable and Political Donations	171	52
Cleaning	185	-
Consulting	9,000	2,000
Depreciation Expense	984	-
Employers National Insurance	482	-
Insurance	2,088	51
Legal Expenses	195	30
Light, Power, Heating	1,919	126
Pensions Costs	185	-
Postage, Freight & Courier	3	-
Printing & Stationery	247	-
Rent	15,000	-
Repairs & Maintenance	4,433	-
Salaries	16,738	-
Staff Training	2,986	-
Subscriptions	56	-
Telephone & Internet	2,393	(628)
Travel - National	601	364
Total Operating Expenses	60,384	2,120
Surplus/(Deficit)	35,611	(4,834)

Aged Payables Summary

Aspirations Program CIO

As at 31 August 2022

Ageing by due date

CONTACT	CURRENT	< 1 MONTH	1 MONTH	2 MONTHS	3 MONTHS	OLDER	TOTAL
Karen Johnston	-	444.00	-	-	-	-	444.00
Total	-	444.00	-	-	-	-	444.00

Charity Reg: **1195424**

(England and Wales)

Aspirations Program Charitable Interest Organisation

Report of the Trustees and Unaudited Financial Statements

For the period ended 31 August 2022

Aspirations Program Charitable Interest Organisation

Contents of Financial Statement

For the period ended 31 August 2022

Contents	2
Charity Information	3
Report of the Trustees	4
Report of the accountants	5
Statement of Affairs	6
Income Statement	7
Notes to the Financial Statements	8
Detailed Income & Expenditure Report	9

Aspirations Program Charitable Interest Organisation

Company Information

For the period ended 31 August 2022

Trustee(s):	Catherine Emma Storey Duncan Harold Smith Helen MacDonald Maria Ayile Folivi Esther Rosenblatt Gareth Peter Evans
Registered Office:	573 Southchurch Road Southend-on Sea Essex SS1 2PN
Charity Registration No.	1195424 (England and Wales)
Accountants	Bronze Oak Accountancy Ltd Suite 101, 12 Bonner Walk Grays, Essex RM16 6PW

Aspirations Program Charitable Interest Organisation
Trustee's Report
For the period ended 31 August 2022

The Trustee present their report with the financial statements of the charity for the period ended 31st August 2022

Principal activities

The principal activity of the charity in the period under review was:
a community-based instrument created to address the need and the preservation and protection of physical and mental health of people in recovery from harmful addictions and other mental health issues.

Going Concern

The charity will continue to adopt the going concern basis in preparing the annual financial statement

Trustee

The Trustee shown below have held office during the whole of the period from
5th August 2021 to 31st August 2022

Catherine Emma Storey

The Trustee(s) shown below joined the charity during the period

Duncan Harold Smith
Maria Ayile Folivi
Esther Rosenblatt
Gareth Peter Evans
Helen MacDonald

The Trustee(s) shown below resigned during the period

Nil

This report was approved by the board of Trustee on

And Signed On Behalf Of The Board By:

Trustee

Name/ Signature

Date

Aspirations Program Charitable Interest Organisation
Accountants' Report
For the period ended 31 August 2022

Report of the Accountant to the trustees of Aspirations Program Charitable Interest Organisation (the charity)

These financial statements have been prepared in accordance with our terms of engagement and in order to assist you to fulfil your duties under the Charities Commission and Companies Acts that relate to preparing the financial statements of the charity for the year ended 31 August 2022.

We have prepared these finance statements, which include the Income Statement, the Statement of Affairs, and the related notes, based on the accounting records, information and explanations provided by you. We do not express any opinion on the financial statements.

On the Statement of Affairs, you have acknowledged your duties under the prevailing Charities Commission and Companies Acts to ensure that the charity keeps adequate accounting records and prepares financial statements that give "a true and fair view".

You have determined that the company is exempt from the statutory requirement for an audit for this accounting period. Therefore, the financial statements are unaudited.

The financial statements are provided exclusively to the trustees of the charity for the limited purpose mentioned above and may not be used or relied upon for any other purpose or by any other person, and we shall not be liable for any other usage or reliance.

Bronze Oak Accountancy Ltd
Suite 101, 12 Bonner Walk
GRAYS
RM16 6PW
Date: 6 August 2022

This page does not form part of the statutory financial statements

Aspirations Program Charitable Interest Organisation
Statement of Affairs
For the period ended 31 August 2022

		12 mths 2022 £	1 mth 2021 £
FIXED ASSETS			
Total Fixed Assets:	[8]	6,511	3,664
CURRENT ASSETS			
Cash at bank & at hand		84,072	53,429
Total Current Assets:		84,072	53,429
CREDITORS			
Amounts falling due within one year	[6]	52,482	54,603
NET CURRENT ASSETS/(LIABILITIES)		31,590	(1,174)
TOTAL NET ASSETS (LIABILITIES):		38,101	2,490
RESERVES			
Retained Surplus		35,611	(4,834)
Retained Surplus/ (Deficit) B/fwd		2,490	7,324
TOTAL RESERVES:		38,101	2,490

The notes form part of the financial statements

Aspirations Program Charitable Interest Organisation

Income Statement

For the period ended 31 August 2022

		12 mths 2022 £	1 mth 2021 £
INCOME			
	Income [5]	156,389.38	3,825.48
	Total Income:	<u>156,389.38</u>	<u>3,825.48</u>
COST OF OPERATIONS			
		60,394.04	6,539.42
	Total Cost of Operations:	<u>60,394.04</u>	<u>6,539.42</u>
	Income less Cost of Operations:	<u>95,995.34</u>	<u>(2,713.94)</u>
OPERATING EXPENDITURE			
	Facilities Cost	27,306.27	(450.60)
	Operating Staff Cost	20,991.53	364.00
	Legal & Professional Expenses	12,086.44	2,207.01
	Total Expenses:	<u>60,384.24</u>	<u>2,120.41</u>
SURPLUS (DEFICIT)			
	Net Surplus (Deficit):	<u><u>35,611.10</u></u>	<u><u>(4,834.35)</u></u>

The notes form part of the financial statements

Aspirations Program Charitable Interest Organisation

Notes to the accounts

For the period ended 31 August 2022

1 Charity Purpose

Aspirations Program Charity Interest Organisation is a community-based instrument created to address the need and the preservation and protection of physical and mental health of people in recovery from harmful addictions and other mental health issues.

To fully support them with their recovery and re-integrate with society. Nothing in this constitution shall authorise an application of the property of the CIO For the Purposes which are not charitable in accordance with [Section 7 Of the Charities and Trustee Investment (Scotland) Act 2005] and [Section 2 Of the Charities Act (Northern Ireland) 2008].

2 Accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements, except as noted below

3 Basis of preparation

The financial statements have been prepared under the historical cost convention applicable in the United Kingdom and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008)

4 Going Concern

The trustees will continue to adopt the going concern basis of accounting in preparing the annual financial statements

5 Income Policy

The Income shown in the Income statement represents Funds deployed during the period, exclusive of Value Added Taxation and Trade discounts

6 Creditors: amounts falling due within one year

	2022	2021
	£	£
Accounts Payable & Taxes	444	-
Social Security & Taxation	861	-
Income in advance	51,177	53,780
	<u>52,482</u>	<u>53,780</u>

7 Employees

The average number of employees during the period was 5 (2021 nil)

The notes form part of the financial statements

Aspirations Program Charitable Interest Organisation

Notes to the accounts

For the period ended 31 August 2022 (Con'd)

8	Intangibles 10%	Computer Equipment 33.30%	Fixtures & Fittings 20%	Office Equipment 33.30%	Total
Cost					
As at 6th August 2021	-	2,449	2,827	-	5,276
Additions	781	477	280	894	2,431
Disposals	-	-	-	-	-
At 31st August 2022	<u>781</u>	<u>2,926</u>	<u>3,107</u>	<u>894</u>	<u>7,707</u>
Depreciation					
As at 06th August 2021	-	647	965	-	1,612
Change for period	59	295	581	50	984
As at 31st August 2022	<u>59</u>	<u>942</u>	<u>1,546</u>	<u>50</u>	<u>2,596</u>
NET BOOK VALUE					
At 31st August 2022	<u>722</u>	<u>1,985</u>	<u>1,560</u>	<u>844</u>	<u>5,111</u>
At 06th August 2021	<u>-</u>	<u>1,802</u>	<u>1,862</u>	<u>-</u>	<u>3,664</u>

- 9 The charity is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st August 2022.

The members have not required the company to obtain an audit of its financial statements for the period ended 5th August 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of trustees and authorised for issue on

_____ and were signed on its behalf by:

Trustee _____ Name/ Signature Date

Trustee _____ Name/ Signature Date

The notes form part of the financial statements

Aspirations Program Charitable Interest Organisation
Detailed Income Statement
For the period ended 31 August 2022

	12 mths 2022	1 mth 2021
Trading Income		
Income - R/Revenue (Core Cost)	105,809	0
Income- Charity Shop & Ebay	6,287	238
Income- General Donations	12,392	1,895
Income- R/Revenue Restricted Funds	18,542	0
Income- Social/ Sporting Events	7,223	1,633
Income- Space Hire	6,136	60
Total Trading Income	156,389	3,825
Cost of Operations		
Direct Expenses	35,203	3,973
Direct Wages	19,794	1,636
Direct Wages- Counselling	5,397	930
Total Cost of Operations	60,394	6,539
Net Income	95,995	(2,714)
Operating Expenses		
Advertising & Marketing	796	125
Audit & Accountancy fees	1,925	0
Bank Fees	0	0
Charitable and Political Donations	171	52
Cleaning	185	0
Consulting	9,000	2,000
Depreciation Expense	984	0
Employers National Insurance	482	0
Insurance	2,088	51
Legal Expenses	195	30
Light, Power, Heating	1,919	126
Pensions Costs	185	0
Postage, Freight & Courier	3	0
Printing & Stationery	247	0
Rent	15,000	0
Repairs & Maintenance	4,433	0
Salaries	16,738	0
Staff Training	2,986	0
Subscriptions	56	0
Telephone & Internet	2,393	(628)
Travel - National	601	364
Total Operating Expenses	60,384	2,120
Surplus/(Deficit)	35,611	(4,834)