

**REPORTS AND FINANCIAL STATEMENTS
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022**

TIDY BUTT

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1195392

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

TIDY BUTT
(Charitable Incorporated Organisation)

CONTENTS

Page 3	Legal and Administrative Information
Pages 4 to 5	Trustees' Report
Page 6	Statement of Financial Activities
Page 7	Balance Sheet
Pages 8 to 13	Notes to the Financial Statements
Page 14	Independent Examiner's Report

TIDY BUTT
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1195392
DATE OF REGISTRATION	4th August 2021
START OF FINANCIAL PERIOD	4th August 2021
END OF FINANCIAL PERIOD	31st March 2022
TRUSTEES AT 31ST MARCH 2022	Natalie Lewis Creel Bethan Penn Michael Copeman
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 4th August 2021

OBJECTS

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

CORRESPONDENCE ADDRESS	18 Bournville Road Blaina Abertillery NP13 3ER
PRIMARY BANKERS	National Westminster Bank Plc 250 Bishopgate London EC2M 4AA
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

TIDY BUTT
(Charitable Incorporated Organisation)

TRUSTEES' REPORT
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

Objectives and Activities

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of, peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

Tidy Butt is committed to delivering activities, projects, and services that directly contribute to the public benefit and align with the purposes outlined in its accounts. The charity's activities are designed to address mental health challenges, promote well-being, and support individuals and communities affected by mental health conditions. Here is a summary of the main activities undertaken by the charity

Mental Health Support

The charity operates various support programs that provide direct assistance to individuals experiencing mental health challenges. These programs include counselling services, helplines, support groups, and online resources. The aim is to offer a safe and accessible space for individuals to seek guidance, share experiences, and receive the support they need.

Community Outreach and Education

The charity actively engages with local communities through outreach initiatives. These initiatives include organizing workshops, seminars, and community events to raise awareness about mental health, reduce stigma, and promote mental well-being. By partnering with schools, community organizations, and sport clubs, the charity reaches a wider audience and creates a supportive environment for mental health discussions.

Tidy Butt confirms that its trustees have had full regard to the guidance issued by the Charity Commission on public benefit. The trustees are committed to upholding the highest standards of governance and ensuring that the charity's activities, projects, and services are conducted in the best interest of the public and for the advancement of its charitable purposes.

The trustees have carefully reviewed and considered the Charity Commission's guidance on public benefit, which provides valuable insights and recommendations for charities to demonstrate and deliver their public benefit effectively. They have taken these guidelines into account when planning, implementing, and assessing the charity's initiatives and operations.

Achievements and Performance

Since its inception, our charity has made significant strides in transforming lives and fostering positive change in both the circumstances of our beneficiaries and society. Through our various initiatives, including wellness walks, cold water dips, well-being talks, and well-being days, we have witnessed profound impacts and tangible benefits.

Achievements Against Objectives Set

Objective 1: Increase Awareness and Understanding of Mental Health:

- i) Conducted successful awareness campaigns through social media, community events, and partnerships, reaching thousands of individuals:
 - Developed informative resources and educational materials on various mental health topics, including common disorders, coping strategies, and self-care practices.
 - Collaborated with schools, workplaces, and community organizations to deliver presentations and workshops, promoting mental health.

Objective 2: Provide Support and Guidance to Individuals in Need:

- i) • Established online support via social media platform, offering a confidential space for individuals to seek guidance, share their experiences, and access resources.

Objective 3: Empower Individuals to Enhance Their Well-being:

- Organised wellness walks, offering opportunities for physical activity, connection with nature, and social support, leading to improved overall well-being for participants.
- Implemented well-being talks and workshops, equipping individuals with practical tools and strategies for self-care, stress management, and building resilience.
- Introduced mindfulness and meditation programs, enabling individuals to cultivate greater self-awareness, reduce anxiety, and enhance their mental well-being.

TIDY BUTT
(Charitable Incorporated Organisation)

TRUSTEES' REPORT
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

Financial Review

Overall, the Tidy butt financial position at the end of the year is strong and reflective of sound financial management practices. The combination of steady revenue growth, prudent expense management, reserves, and strategic investments has positioned the charity for continued success in fulfilling its mission to support and advocate for mental health.

At Tidy Butt, we recognise the importance of maintaining reserves to ensure the long-term financial sustainability and operational effectiveness of our organisation. Reserves serve as a crucial financial safety net that allows us to navigate unforeseen circumstances, sustain essential programs and services, and invest in the future growth and impact of our initiatives. This reserve policy statement outlines our approach to holding reserves and the reasons behind their significance.

Structure, Governance and Management

Tidy Butt manages several trusts that play a crucial role in supporting the organization's mission and activities in the field of mental health. These trusts are dedicated funds with specific purposes and objectives, providing targeted support and resources. Here is a description of the trusts operated by the charity:

- Purpose: The Mental Health Support Trust focuses on providing direct assistance and support to individuals affected by mental health challenges.
- Objectives: This trust aims to fund programs and initiatives that offer counselling services, support groups, and outreach activities. It also supports the development of resources and materials to raise awareness and reduce stigma surrounding mental health.
- Impact: The Mental Health Support Trust enables the charity to directly reach and empower individuals, providing them with the necessary support to navigate their mental health journeys and improve their overall well-being.

Trustee Selection Methods

Tidy butt has implemented a robust trustee selection method to ensure the appointment of individuals who possess the necessary skills, expertise, and commitment to fulfil their roles effectively. The selection process is designed to be fair, transparent, and in line with the constitutional provisions outlined in the charity's governing document.

Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on N. D. X. Creal

Signed on their behalf by Trustee 30/06/2023

Printed Name: NATALIE LEWIS-CREAL

TIDY BUTT
(Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £
INCOMING RESOURCES				
Incoming Resources from Generated Funds				
Donations, Grants & Legacies	3a	11,151	-	11,151
Charitable Activities	3b	14,000	-	14,000
Investment Income	3c	-	-	-
Other Incoming Resources	3d	452	-	452
TOTAL INCOMING RESOURCES		25,603	-	25,603
RESOURCES EXPENDED				
Costs of Generating Funds				
Cost of Charitable Activities	4a	12,741	-	12,741
Governance Costs	4b	750	-	750
TOTAL RESOURCES EXPENDED		13,491	-	13,491
NET INCOMING (OUTGOING) RESOURCES		12,112	-	12,112
Funds Brought Forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		12,112	-	12,112

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 8 to 13 form part of these financial statements.

TIDY BUTT
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-22 £
Fixed Assets				
Tangible Assets	2	-	-	-
Investments	6	-	-	-
Total Fixed Assets		-	-	-
Current Assets				
Debtors & Prepayments	8	-	-	-
Cash at Bank and in Hand	7	12,862	-	12,862
Total Current Assets		12,862	-	12,862
Creditors: Amounts falling due within one year	9	750	-	750
NET CURRENT ASSETS		12,112	-	12,112
TOTAL ASSETS less current liabilities		12,112	-	12,112
Creditors: Amounts falling due in more than one year	10	-	-	-
NET ASSETS		12,112	-	12,112
Funds of the Charity				
General Funds		12,112	-	12,112
Restricted Funds	5	-	-	-
Total Funds		12,112	-	12,112

Approved by the Trustees on N. D. X. and

Signed on their behalf by Trustee 30/06/2023

Printed Name: NATALLIE LEWIS-CREE

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable. Perishable and non perishable food items donated to the Charity for onward distribution to beneficiaries are not valued in the Statement of Financial Activity.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

TIDY BUTT
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
----------------------------------	------------------------------

2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this initial financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2022 : None

TIDY BUTT
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £
a) Donations, Grants & Legacies			
Gifts & Donations	1,206	-	1,206
Grants Received	9,945	-	9,945
	11,151	-	11,151
b) Charitable Activities			
Wellbeing Activities & Events	14,000	-	14,000
	14,000	-	14,000
c) Investment Income			
Interest	-	-	-
	-	-	-
d) Other Incoming Resources			
Sundry Income	452	-	452
	452	-	452

TIDY BUTT
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2022

4. RESOURCES EXPENDED

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £
a) Cost of Charitable Activities				
Advertising & Publicity		26	-	26
Equipment Costs		466	-	466
Meeting Costs		404	-	404
Merchandise Costs		300	-	300
Staff Costs	12	11,450	-	11,450
Travel & Subsistence		70	-	70
Website Costs		25	-	25
		12,741	-	12,741
b) Governance Costs				
Independent Examiners Fees	9	750	-	750
		750	-	750

TIDY BUTT
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

5. RESTRICTED FUNDS

The CIO held no Restricted Funds during this initial financial period.

6. INVESTMENTS

The CIO held no fixed assets investments during this initial financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £
Cash at Bank & in Hand	12,862	-	12,862
	12,862	-	12,862

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £
Sundry Debtors	-	-	-
	-	-	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £
Independent Examiners Fees	750	-	750
	750	-	750

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this initial financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-22 £
Fixed Asset Investments	-	-	-
Net Current Assets	12,112	-	12,112
Long Term Liabilities	-	-	-
	12,112	-	12,112

TIDY BUTT
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

12. STAFF COSTS AND NUMBERS

	TOTAL 2021/22 £
Gross Wages, Salaries & Fees	11,450
Employer's National Insurance Costs	-
Pension Contributions	-
	11,450

Employees who were engaged in each of the following activities:

	TOTAL 2021/22
Charitable Activities	2

The Charity employed staff on a Self-Employed Basis during the financial period and is therefore not liable for their National Insurance and Pension Costs. No employees received emoluments in excess of £60,000.

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Mr Matthew Creel (Spouse of Trustee Natalie Lewis Creel) received £4,800.00 in Staff Costs in his capacity as Project Lead in furthering the Charity's objects.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

17. COMPARATIVE FIGURES

There are no comparative figures available as this is the initial period of registered Incorporated Charitable Activity.

TIDY BUTT
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of Tidy Butt on the accounts for the first period ended 31st March 2022 set out on pages 6 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS


Date: 7th July 2023