

TIDY BUTT

England & Wales · Charity number 1195392

Details

Status Registered

Legal form CIO

Registered 2021-08-04

Register [View on the Charity Commission register](#)

Contact

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100 Greenhill Road
Sebastopol
Torfaen
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Activities

Objects: TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF SUFFERERS IN BLAENAU GWENT THROUGH THE PROVISION OF, PEER AND GROUP SUPPORT, EDUCATION, PRACTICAL ADVICE AND THROUGH THE PROVISION OF RECREATIONAL ACTIVITIES TO REDUCE SOCIAL ISOLATION CAUSED BY MENTAL HEALTH ILLNESS.

Activities: Mental health and well-being charity

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£111,464	£111,222	-	-
2024-03-31	£104,231	£90,668	-	-
2023-03-31	£145,710	£81,452	-	-
2022-03-31	£25,603	£13,491	-	-

Trustees

Name	Role	Appointed
Bethan Penn		2021-08-04
Michael Copeman		2021-08-04
Natalie Lewis Creel		2021-08-04

TIDY BUTT

England & Wales - Charity number 1195392

Accounts

Charity Number: 1195392

Tidy Butt
Annual Report and Audited Financial Statements
for the financial year ended 31 March 2025

Debrief Accounting
Hartland
Church Road
St. Brides, Newport
NP10 8SQ
GB

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Tidy Butt
TRUSTEES' AND OTHER INFORMATION

Trustees	Mrs Natalie Creel Mr Michael Coperman Mrs Bethan Penn
Charity Number in England and Wales	1195392
Principal Address	4 Presteigne Walk Cwmbran NP44 7JY
Auditors	Debrief Accounting Hartland Church Road St. Brides, Newport NP10 8SQ GB
Principal Bankers	National Westminster Bank PLC Ground Floor Offices 53 High Street Arundel West Sussex

Tidy Butt TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 March 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Tidy Butt present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2025.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Financial Review

The results for the financial year are set out on page 9 and additional notes are provided showing income and expenditure in greater detail.

Results and Dividends

At the end of the financial year the charity has assets of £90,175 (2024 - £90,923) and liabilities of £0.00 (2024 - £990). The net assets of the charity have increased by £242.

Trustees

The trustees who served throughout the financial year, except as noted, were as follows:

Mrs Natalie Creel
Mr Michael Coperman
Mrs Bethan Penn

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Tidy Butt subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

The Auditors

The auditors, Debrief Accounting have indicated their willingness to continue in office in accordance with the provisions of Section 485 of the Companies Act 2006.

Approved by the Board of Trustees on _____ and signed on its behalf by:

Tidy Butt
STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2025

The trustees, who are also directors of Tidy Butt for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A (Small Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information (information needed by the charity's auditor in connection with preparing the auditor's report) of which the charity's auditor is unaware, and
- the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Approved by the Board of Trustees on _____ and signed on its behalf by:

INDEPENDENT AUDITOR'S REPORT to the Members of Tidy Butt

Report on the audit of the financial statements

Opinion

We have audited the charity financial statements of Tidy Butt ('the charity') for the financial year ended 31 March 2025 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion, when reporting in accordance with a fair presentation framework the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Annual Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

INDEPENDENT AUDITOR'S REPORT to the Members of Tidy Butt

Responsibilities of trustees for the financial statements

As explained more fully in the Statement of Trustees' Responsibilities set out on page 5, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the charity or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

[CLICK HERE TO MODIFY TEXT, IF NOT REQUIRED PLEASE GO TO COMPLIANCE DATABASE, AUDITOR'S REPORT, AUDITOR'S RESPONSIBILITIES.](#)

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

INDEPENDENT AUDITOR'S REPORT to the Members of Tidy Butt

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

DEBRIEF ACCOUNTING

Hartland
Church Road
St. Brides, Newport
NP10 8SQ
GB

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Tidy Butt

STATEMENT OF FINANCIAL ACTIVITIES

for the financial year ended 31 March 2025

	Notes	Unrestricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Total Funds 2024 £
Income					
Donations and legacies	3.1	58,794	58,794	30,296	30,296
Charitable activities					
- Grants from governments and other co-funders	3.2	52,670	52,670	73,935	73,935
Total income		111,464	111,464	104,231	104,231
Expenditure					
Charitable activities	4.1	111,222	111,222	90,669	90,669
Net income/(expenditure)		242	242	13,562	13,562
Transfers between funds		-	-	-	-
Net movement in funds for the financial year		242	242	13,562	13,562
Reconciliation of funds:					
Total funds beginning of the year	11	89,933	89,933	76,371	76,371
Total funds at the end of the year		90,175	90,175	89,933	89,933

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Tidy Butt
SUMMARY INCOME AND EXPENDITURE ACCOUNT
 for the financial year ended 31 March 2025

	Statement of Financial Activities	2025 £	2024 £
Gross income	Unrestricted funds	<u>111,464</u>	
		111,464	<u>104,231</u>
Total income		111,464	104,231
Total expenditure		(111,222)	(90,669)
Net income/(expenditure)		242	13,562

The charity has no recognised gains or losses other than the surplus for the financial year. The results for the financial year have been calculated on the historical cost basis.

Tidy Butt
 Company Number:
BALANCE SHEET
 as at 31 March 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible assets	7	<u>6,075</u>	<u>-</u>
Current Assets			
Debtors	8	250	2,000
Cash at bank and in hand		<u>83,850</u>	<u>88,923</u>
		<u>84,100</u>	<u>90,923</u>
Creditors: Amounts falling due within one year	9	<u>-</u>	<u>(990)</u>
Net Current Assets		<u>84,100</u>	<u>89,933</u>
Total Assets less Current Liabilities		<u>90,175</u>	<u>89,933</u>
Funds			
General fund (unrestricted)		<u>90,175</u>	<u>89,933</u>
Total funds	11	<u>90,175</u>	<u>89,933</u>

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees and authorised for issue on _____ and signed on its behalf by

Tidy Butt

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

1. GENERAL INFORMATION

Tidy Butt is a company limited by shares incorporated in the Wales. The registered office of the charity is which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 31 March 2025 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

continued

Tidy Butt

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	15% Straight line
Motor vehicles	25% Straight line
	10% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the charity's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME				
3.1 DONATIONS AND LEGACIES	Unrestricted Funds	Restricted Funds	2025	2024
	£	£	£	£
Donations and legacies	<u>58,794</u>	<u>-</u>	<u>58,794</u>	<u>30,296</u>
3.2 CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	2025	2024
	£	£	£	£
Grants from governments and other co-funders:				
Income from charitable activities	<u>52,670</u>	<u>-</u>	<u>52,670</u>	<u>73,935</u>

continued

Tidy Butt
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2025

4. EXPENDITURE					
4.1 CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2025	2024
	£	£	£	£	£
Expenditure on charitable activities	<u>111,222</u>	<u>-</u>	<u>-</u>	<u>111,222</u>	<u>90,669</u>
5. NET INCOME				2025	2024
				£	£
Net Income is stated after charging/(crediting):					
Auditor's remuneration:					
- audit services				<u>2,416</u>	<u>1,180</u>
6. INVESTMENT AND OTHER INCOME				2025	2024
				£	£
Bank interest				<u>143</u>	<u>-</u>
7. TANGIBLE FIXED ASSETS					
		Fixtures, fittings and equipment	Motor vehicles		Total
		£	£	£	£
Cost					
Additions		<u>2,725</u>	<u>2,250</u>	<u>1,100</u>	<u>6,075</u>
At 31 March 2025		<u>2,725</u>	<u>2,250</u>	<u>1,100</u>	<u>6,075</u>
Net book value					
At 31 March 2025		<u>2,725</u>	<u>2,250</u>	<u>1,100</u>	<u>6,075</u>
8. DEBTORS				2025	2024
				£	£
Other debtors				<u>250</u>	<u>2,000</u>
				<u>250</u>	<u>2,000</u>
9. CREDITORS				2025	2024
Amounts falling due within one year				£	£
Other creditors				<u>-</u>	<u>990</u>
10. RESERVES				2025	2024
				£	£
At the beginning of the year				<u>89,933</u>	<u>76,371</u>
Surplus for the financial year				<u>242</u>	<u>13,562</u>
At the end of the year				<u>90,175</u>	<u>89,933</u>

continued

Tidy Butt

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

11. FUNDS

11.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds £	Total Funds £
At 1 April 2023	76,371	76,371
Movement during the financial year	13,562	13,562
At 31 March 2024	89,933	89,933
Movement during the financial year	242	242
At 31 March 2025	90,175	90,175

11.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2024 £	Income £	Expenditure £	Transfers between funds £	Balance 31 March 2025 £
Unrestricted funds					
Unrestricted General	89,933	111,464	111,222	-	90,175
Total funds	89,933	111,464	111,222	-	90,175

11.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Total £
Unrestricted general funds	6,075	84,100	90,175
	6,075	84,100	90,175

12. LEGAL STATUS

Charitable Incorporated Organisation

13. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

TIDY BUTT

England & Wales - Charity number 1195392

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024**

TIDY BUTT

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1195392

Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ

TIDY BUTT
(Charitable Incorporated Organisation)

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TIDY BUTT

(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1195392
DATE OF REGISTRATION	4th August 2021
START OF FINANCIAL YEAR	1st April 2023
END OF FINANCIAL YEAR	31st March 2024
TRUSTEES AT 31ST MARCH 2024	Natalie Lewis Creel Bethan Penn Michael Copeman
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 4th August 2021

OBJECTS

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

CORRESPONDENCE ADDRESS	4 Presteigne Walk Cwmbran NP44 7JY
PRIMARY BANKERS	National Westminster Bank Plc 250 Bishopgate London EC2M 4AA
INDEPENDENT EXAMINERS	Castle View Accounting Ltd Ground Floor Offices 53 High Street Arundel West Sussex BN18 9AJ

TIDY BUTT

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

Objectives and Activities

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of, peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

Our charity's primary goal is to enhance mental health and wellbeing for individuals and groups within the community. Over the past year, we have conducted a variety of activities, projects, and services aimed at fulfilling this purpose. These include:

1. Wellbeing Activities for Schools: We provided tailored mental health and wellbeing sessions for schools, focusing on stress management, emotional regulation, and resilience building. These activities benefited both students and teachers, promoting a positive learning environment.

2. Wellbeing Programs for Businesses: Our corporate wellbeing programs helped businesses prioritize employee mental health. We offered workshops on managing workplace stress, improving communication, and creating a more supportive work culture. Feedback from participating businesses reflected improved staff morale and mental health awareness.

3. Mental Health Presentations: We delivered educational presentations to various community groups, schools, and organizations, aimed at raising awareness around mental health issues and reducing the stigma associated with seeking help.

4. Men's and Women's Circles Our gender-specific support circles created safe spaces for men and women to share experiences and challenges. These circles focused on fostering connection, emotional expression, and personal growth, which contributed to participants' overall wellbeing.

5. 1-to-1 Counselling Services: We continued to provide individual counselling services for those seeking personal mental health support. Our trained counsellors offered a range of therapeutic interventions, helping clients navigate personal challenges and improve their mental health.

6. Activity Days: We continued to provide meaningful, memorable experiences for young people in alternative education by providing them with, gorge walking, bush craft, martial arts, beat boxing, creative arts, paintballing and assault course days out. Each activity was delivered in response to Education provider needs.

These activities align directly with our charitable purposes by offering public benefit, improving mental health outcomes, and providing accessible, meaningful support to diverse populations. Each service was delivered in response to community needs and made a positive impact on the individuals and groups we engaged with.

The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit when exercising their duties. In particular, the trustees have ensured that all the charity's activities, projects, and services align with our charitable purposes and are accessible to the public.

Our focus remains on delivering programs that promote mental health and wellbeing, ensuring that these benefits are available to all sections of the community regardless of their background or ability to pay.

The trustees regularly review the charity's activities to ensure that they continue to meet the public benefit requirement as outlined in the guidance provided by the Charity Commission.

Achievements and Performance

Over the past year, our charity has made significant strides in enhancing mental health and wellbeing within the community. The following are key achievements that highlight the difference our work has made to the lives of our beneficiaries and the wider community:

TIDY BUTT

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

1. Improved Mental Health for Young People in Alternative Education: Through our partnership with an alternative education provider, we continued to work with young people to improve their mental health and wellbeing by engaging them in nature-based activities. These included bushcraft sessions, mindfulness practices in nature, gorge walking, assault courses, and bushcraft cooking. These activities have helped participants develop resilience, emotional regulation, and a sense of accomplishment. Feedback from the young people shows an increase in self-confidence and improved emotional wellbeing, with many expressing a newfound connection to nature and a reduction in stress.

2. Workplace Wellbeing: Our corporate wellbeing programs have been delivered to multiple businesses, impacting over 1000 employees. Feedback from these businesses indicates a reduction in workplace stress, improved employee morale, and a shift toward a culture that prioritizes mental health. The increased productivity and reduced absenteeism are examples of the wider benefits to both the businesses and society.

3. Community-Wide Awareness of Mental Health (presentation): Our mental health and wellbeing presentations have reached over 2000 people across various schools, businesses, and local groups. These presentations have increased awareness of mental health issues and have inspired many attendees to seek further support through our community events and 1-to-1 counselling services. By reducing stigma and encouraging open conversations around mental health, we have empowered individuals to take proactive steps toward improving their wellbeing.

4. Peer Support, Men's and Women's Circles: Our men's and women's circles have provided safe spaces for many participants to share their experiences and build emotional support networks and are continuing to grow. Many participants have reported feeling more connected, less isolated, and more empowered to manage their mental health challenges. The circles have fostered a sense of community, reduced loneliness and contributing to personal growth and emotional wellbeing.

5. Community-Wide Awareness of Mental Health (presentation): Our mental health and wellbeing presentations have reached over 2000 people across various schools, businesses, and local groups. These presentations have increased awareness of mental health issues and have inspired many attendees to seek further support through our community events and 1-to-1 counselling services. By reducing stigma and encouraging open conversations around mental health, we have empowered individuals to take proactive steps toward improving their wellbeing.

Wider Benefits to Society

The charity's work not only impacts individual beneficiaries but also provides wider benefits to society. By promoting mental health and reducing stigma, we are contributing to a healthier, more resilient community. Our efforts have helped to reduce social isolation, increase awareness of mental health, and support a culture where mental wellbeing is prioritized. These outcomes have broader societal implications, including reducing the burden on healthcare services and fostering a more compassionate, connected society.

Financial Review

At the end of the financial period, the charity's financial position remains stable, allowing us to continue delivering our core services and supporting the community's mental health and wellbeing needs.

1. Income Generation: During the year, the charity generated income from a mix of sources, including grants and donations, and income from services such as workshops delivery, mental health talks and community events.

2. Expenditure: Our primary expenditures were related to delivering wellbeing activities, counselling services, community events, and administrative costs. This includes costs for staffing, program delivery, venue hire and rent, marketing, and the necessary resources to facilitate our services.

3. Reserves: The charity maintains a policy of holding reserves sufficient to cover 3 months operational costs.

4. Future Outlook Looking ahead: The charity will continue to explore new funding opportunities, including expanding corporate partnerships and seeking additional grants. Our financial strategy aims to ensure long-term sustainability, allowing us to continue providing much-needed mental health services to the community.

TIDY BUTT

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

Reserves Policy

The trustees have established a reserves policy to ensure the financial stability of the charity and to provide a safeguard against unforeseen financial challenges. Our reserves are held for the following reasons:

1. Continuity of Services: The primary reason for holding reserves is to ensure the uninterrupted delivery of our mental health and wellbeing services, even in times of financial uncertainty. Having reserves allows us to continue providing support to beneficiaries during periods where there may be delays in income or unexpected costs arise.

2. Protection Against Risk: Reserves act as a buffer against potential risks, such as unexpected drops in income, emergency repairs, or unforeseen expenses. By holding reserves, the charity is better equipped to manage financial shocks without compromising the quality of our programs.

3. Investment in Growth: Our reserves also allow us to invest in the future development of the charity. This may include expanding our services, taking advantage of new opportunities, or responding to emerging community needs without relying solely on external funding.

4. Level of Reserves Held: The trustees regularly review the reserves policy to ensure it remains appropriate for the charity's needs and that the level of reserves held is justified based on current and anticipated financial conditions.

Explanation of any Uncertainties about the Charity Continuing as a Going Concern

At present, there are no significant uncertainties that would raise doubt about the charity's ability to continue operating. The charity has a stable financial foundation, supported by a mix of income from grants, donations, and service fees, as well as sufficient reserves to cover any short-term financial challenges. The trustees continue to monitor the financial situation closely to ensure sustainability.

However, the charity is mindful of potential external factors, such as economic fluctuations or changes in grant availability, which could impact future income. The trustees are proactively seeking to diversify income streams and explore new funding opportunities to mitigate any potential risks.

Should any significant uncertainties arise, the trustees will take appropriate measures to protect the charity's financial health and ensure the continued delivery of its services.

Structure, Governance and Management

Trustee Selection Methods

1) Apart from the first charity trustees, every trustee must be appointed for a term of three by resolution passed at a properly convened meeting of a charity trustee. 2) In selecting individuals for appointment as charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

TIDY BUTT
(Charitable Incorporated Organisation)

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31ST MARCH 2024**

Trustees' Responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice GAAP).

The Law applicable to Charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations and the provisions of the Governing Document requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charity for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Jan 22, 2025

Approved by the Trustees on

Signed on their behalf by Trustee 
Natalie Creel [Jan 22, 2025 16:17 GMT]

Printed Name: Natalie Lewis-Creel

TIDY BUTT
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	30,296	-	30,296	9,977
Charitable Activities	3b	73,935	-	73,935	135,733
TOTAL INCOMING RESOURCES		104,231	-	104,231	145,710
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	89,488	-	89,488	80,492
Governance Costs	4b	1,180	-	1,180	960
TOTAL RESOURCES EXPENDED		90,668	-	90,668	81,452
NET INCOMING (OUTGOING) RESOURCES		13,563	-	13,563	64,258
Funds Brought Forward		76,370	-	76,370	12,112
TOTAL FUNDS CARRIED FORWARD		89,933	-	89,933	76,370

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 10 to 15 form part of these financial statements.

TIDY BUTT
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-24 £	Total 31-Mar-23 £
Fixed Assets					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	8	2,000	-	2,000	20,305
Cash at Bank and in Hand	7	88,923	-	88,923	57,025
Total Current Assets		90,923	-	90,923	77,330
Creditors: Amounts falling due within one year	9	990	-	990	960
NET CURRENT ASSETS		89,933	-	89,933	76,370
TOTAL ASSETS less current liabilities		89,933	-	89,933	76,370
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		89,933	-	89,933	76,370
Funds of the Charity					
General Funds		89,933	-	89,933	76,370
Restricted Funds	5	-	-	-	-
Total Funds		89,933	-	89,933	76,370

Jan 22, 2025

Approved by the Trustees on

Signed on their behalf by Trustee 

Natalie Creel (Jan 22, 2025 16:17 GMT)

Printed Name: Natalie Lewis-Creel

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1st January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable. Perishable and non perishable food items donated to the Charity for onward distribution to beneficiaries are not valued in the Statement of Financial Activity.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2024

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
----------------------------------	------------------------------

2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this or the previous financial year.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2024 : None

31st March 2023 : None

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2024

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
a) Donations, Grants & Legacies				
Gifts & Donations	18,269	-	18,269	1,127
Grants Received	12,027	-	12,027	8,850
	30,296	-	30,296	9,977
b) Charitable Activities				
Wellbeing Activities & Events	73,935	-	73,935	135,733
	73,935	-	73,935	135,733

4. RESOURCES EXPENDED

	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
a) Cost of Charitable Activities				
Advertising & Publicity	1,183	-	1,183	175
Consultancy Fees	30,975	-	30,975	12,622
Equipment Costs	1,132	-	1,132	898
Gifts & Donations	250	-	250	240
Insurance Costs	202	-	202	-
Office Costs	661	-	661	60
Printing, Postage & Stationery	180	-	180	1,333
Staff Costs	39,974	-	39,974	44,242
Sundry Expenses	2,786	-	2,786	65
Training Costs	333	-	333	1,485
Travel & Subsistence	8,960	-	8,960	11,471
Venue Hire	2,853	-	2,853	3,550
Website Costs	-	-	-	1,600
Wellbeing Activities & Events	-	-	-	2,750
	89,488	-	89,488	80,492
b) Governance Costs				
Independent Examiners Fees	990	-	990	960
Legal & Professional Fees	190	-	190	-
	1,180	-	1,180	960

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2024

5. RESTRICTED FUNDS

The CIO held no restricted funds during this or the previous financial year.

6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial year.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Cash at Bank & in Hand	88,923	-	88,923	57,025
	88,923	-	88,923	57,025

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Sundry Debtors	2,000	-	2,000	20,305
	2,000	-	2,000	20,305

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Independent Examiners Fees	990	-	990	960
	990	-	990	960

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial year.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-24 £	Total 31-Mar-23 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	89,933	-	89,933	76,370
Long Term Liabilities	-	-	-	-
	89,933	-	89,933	76,370

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2024

12. STAFF COSTS AND NUMBERS

	TOTAL 2023/24 £	TOTAL 2022/23 £
Gross Wages, Salaries & Fees	39,974	44,242
Employer's National Insurance Costs	-	-
Pension Contributions	-	-
	<u>39,974</u>	<u>44,242</u>

Employees who were engaged in each of the following activities:

	TOTAL 2023/24	TOTAL 2022/23
Charitable Activities	3	3

The Charity employed staff on a Self-Employed Basis during the financial period and is therefore not liable for their National Insurance and Pension Costs. No employees received emoluments in excess of £60,000.

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Mr Matthew Creel (Spouse of Trustee Natalie Lewis Creel) received £12,582 (2022/23:£19,286) in Staff Costs in his capacity as Project Lead in furthering the Charity's objects.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

TIDY BUTT

(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of Tidy Butt on the accounts for the year ended 31st March 2024 set out on pages 8 to 14.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ



Date: 27th January 2025

TIDY BUTT

England & Wales - Charity number 1195392

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023**

TIDY BUTT

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1195392

Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ

TIDY BUTT
(Charitable Incorporated Organisation)

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TIDY BUTT
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1195392
DATE OF REGISTRATION	4th August 2021
START OF FINANCIAL YEAR	1st April 2023
END OF FINANCIAL YEAR	31st March 2023
TRUSTEES AT 31ST MARCH 2023	Natalie Lewis Creel Bethan Penn Michael Copeman
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 4th August 2021

OBJECTS

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

CORRESPONDENCE ADDRESS	18 Bournville Road Blaina Abertillery NP13 3ER
PRIMARY BANKERS	National Westminster Bank Plc 250 Bishopgate London EC2M 4AA
INDEPENDENT EXAMINERS	Castle View Accounting Ltd Ground Floor Offices 53 High Street Arundel West Sussex BN18 9AJ

TIDY BUTT

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Objectives and Activities

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of, peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

Our charity's primary goal is to enhance mental health and wellbeing for individuals and groups within the community. Over the past year, we have conducted a variety of activities, projects, and services aimed at fulfilling this purpose. These include:

1. Wellbeing Activities for Schools: We provided tailored mental health and wellbeing sessions for schools, focusing on stress management, emotional regulation, and resilience building. These activities benefited both students and teachers, promoting a positive learning environment.
2. Wellbeing Programs for Businesses: Our corporate wellbeing programs helped businesses prioritize employee mental health. We offered workshops on managing workplace stress, improving communication, and creating a more supportive work culture. Feedback from participating businesses reflected improved staff morale and mental health awareness.
3. Mental Health Presentations: We delivered educational presentations to various community groups, schools, and organizations, aimed at raising awareness around mental health issues and reducing the stigma associated with seeking help.

These activities align directly with our charitable purposes by offering public benefit, improving mental health outcomes, and providing accessible, meaningful support to diverse populations. Each service was delivered in response to community needs and made a positive impact on the individuals and groups we engaged with.

The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit when exercising their duties. In particular, the trustees have ensured that all of the charity's activities, projects, and services align with our charitable purposes and are accessible to the public. Our focus remains on delivering programs that promote mental health and wellbeing, ensuring that these benefits are available to all sections of the community regardless of their

The trustees regularly review the charity's activities to ensure that they continue to meet the public benefit requirement as outlined in the guidance provided by the Charity Commission.

Achievements and Performance

Over the past year, our charity has made significant strides in enhancing mental health and wellbeing within the community. The following are key achievements that highlight the difference our work has made to the lives of our beneficiaries and the wider community:

1. Improved Mental Health for Young People in Alternative Education Through our partnership with an alternative education provider, we worked with young people to improve their mental health and wellbeing by engaging them in nature-based activities. These included bushcraft sessions, mindfulness practices in nature, gorge walking, assault courses, and bushcraft cooking. These activities have helped participants develop resilience, emotional regulation, and a sense of accomplishment. Feedback from the young people shows an increase in self-confidence and improved emotional wellbeing, with many expressing a newfound connection to nature and a reduction in stress.
2. Workplace Wellbeing Our corporate wellbeing programs have been delivered to multiple businesses, impacting over 500 employees. Feedback from these businesses indicates a reduction in workplace stress, improved employee morale, and a shift toward a culture that prioritizes mental health. The increased productivity and reduced absenteeism are examples of the wider benefits to both the businesses and society as a whole.
3. Community-Wide Awareness of Mental Health (presentation) Our mental health and wellbeing presentations have reached over 1500 people across various schools, businesses, and local groups. These presentations have increased awareness of mental health issues and have inspired many attendees to seek further support through our community events and 1-to-1 counselling services. By reducing stigma and encouraging open conversations around mental health, we have empowered individuals to take proactive steps toward improving their wellbeing.

TIDY BUTT

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Wider Benefits to Society

The charity's work not only impacts individual beneficiaries but also provides wider benefits to society. By promoting mental health and reducing stigma, we are contributing to a healthier, more resilient community. Our efforts have helped to reduce social isolation, increase awareness of mental health, and support a culture where mental wellbeing is prioritized. These outcomes have broader societal implications, including reducing the burden on healthcare services and fostering a more compassionate, connected society.

Financial Review

At the end of the financial period, the charity's financial position remains stable, allowing us to continue delivering our core services and supporting the community's mental health and wellbeing needs. The key financial highlights include:

1. Income Generation During the year, the charity generated income from a mix of sources, including grants and donations, and income from services such as workshops delivery, mental health talks and community events.

2. Expenditure Our primary expenditures were related to delivering wellbeing activities, counselling services, community events, and administrative costs. This includes costs for staffing, program delivery, venue hire, marketing, and the necessary resources to facilitate our services.

3. Reserves The charity maintains a policy of holding reserves sufficient to cover 3 months operational costs. At the end of the period, our reserves stood at £57,025.48. (£44,071 was paid in advance for 2023 activities from alternative education provider) which leaves reserves at £12,954 end of this period.

4. Future Outlook Looking ahead, the charity will continue to explore new funding opportunities, including expanding corporate partnerships and seeking additional grants. Our financial strategy aims to ensure long-term sustainability, allowing us to continue providing much-needed mental health services to the community.

Reserves Policy

The trustees have established a reserves policy to ensure the financial stability of the charity and to provide a safeguard against unforeseen financial challenges. Our reserves are held for the following reasons:

1. Continuity of Services The primary reason for holding reserves is to ensure the uninterrupted delivery of our mental health and wellbeing services, even in times of financial uncertainty. Having reserves allows us to continue providing support to beneficiaries during periods where there may be delays in income or unexpected costs arise.

2. Protection Against Risk Reserves act as a buffer against potential risks, such as unexpected drops in income, emergency repairs, or unforeseen expenses. By holding reserves, the charity is better equipped to manage financial shocks without compromising the quality of our programs.

3. Investment in Growth Our reserves also allow us to invest in the future development of the charity. This may include expanding our services, taking advantage of new opportunities, or responding to emerging community needs without relying solely on external funding.

Level of Reserves Held At the end of the financial period, the charity held reserves of £12,954, which equates to 3 months of operating costs. This level of reserves is in line with our policy. The trustees regularly review the reserves policy to ensure it remains appropriate for the charity's needs and that the level of reserves held is justified based on current and anticipated financial conditions.

Explanation of any Uncertainties about the Charity Continuing as a Going Concern

At present, there are no significant uncertainties that would raise doubt about the charity's ability to continue operating. The charity has a stable financial foundation, supported by a mix of income from grants, donations, and service fees, as well as sufficient reserves to cover any short-term financial challenges. The trustees continue to monitor the financial situation closely to ensure sustainability.

However, the charity is mindful of potential external factors, such as economic fluctuations or changes in grant availability, which could impact future income. The trustees are proactively seeking to diversify income streams and explore new funding opportunities to mitigate any potential risks.

TIDY BUTT
(Charitable Incorporated Organisation)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31ST MARCH 2023

Should any significant uncertainties arise, the trustees will take appropriate measures to protect the charity's financial health and ensure the continued delivery of its services.

Structure, Governance and Management

Trustee Selection Methods

1) Apart from the first charity trustees, every trustee must be appointed for a term of three by resolution passed at a properly convened meeting of a charity trustee. 2) in selecting individuals for appointment as charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO

Trustees' Responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice GAAP).

The Law applicable to Charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations and the provisions of the Governing Document requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charity for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Dec 4, 2024

Approved by the Trustees on


Natalie Creel (Dec 4, 2024 13:26 GMT)

Signed on their behalf by Trustee

Printed Name: **Natalie Lewis-Creel**

TIDY BUTT

(Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	9,977	-	9,977	11,151
Charitable Activities	3b	135,733	-	135,733	14,000
Investment Income	3c	-	-	-	-
Other Incoming Resources	3d	-	-	-	452
TOTAL INCOMING RESOURCES		145,710	-	145,710	25,603
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	80,492	-	80,492	12,741
Governance Costs	4b	960	-	960	750
TOTAL RESOURCES EXPENDED		81,452	-	81,452	13,491
NET INCOMING (OUTGOING) RESOURCES		64,258	-	64,258	12,112
Funds Brought Forward		12,112	-	12,112	-
TOTAL FUNDS CARRIED FORWARD		76,370	-	76,370	12,112

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 9 to 14 form part of these financial statements.

TIDY BUTT
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-23 £	Total 31-Mar-22 £
Fixed Assets					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	8	20,305	-	20,305	-
Cash at Bank and in Hand	7	57,025	-	57,025	12,862
Total Current Assets		77,330	-	77,330	12,862
Creditors: Amounts falling due within one year	9	960	-	960	750
NET CURRENT ASSETS		76,370	-	76,370	12,112
TOTAL ASSETS less current liabilities		76,370	-	76,370	12,112
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		76,370	-	76,370	12,112
Funds of the Charity					
General Funds		76,370	-	76,370	12,112
Restricted Funds	5	-	-	-	-
Total Funds		76,370	-	76,370	12,112

Dec 4, 2024

Approved by the Trustees on

Signed on their behalf by Trustee Natalie Creel
Natalie Creel (Dec 4, 2024 13:26 GMT)

Printed Name: **Natalie Lewis-Creel**

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1st January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable. Perishable and non perishable food items donated to the Charity for onward distribution to beneficiaries are not valued in the Statement of Financial Activity.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
----------------------------------	------------------------------

2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2023 : None

31st March 2022 : None

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Donations, Grants & Legacies				
Gifts & Donations	1,127	-	1,127	1,206
Grants Received	8,850	-	8,850	9,945
	9,977	-	9,977	11,151
b) Charitable Activities				
Wellbeing Activities & Events	135,733	-	135,733	14,000
	135,733	-	135,733	14,000
c) Investment Income				
Interest	-	-	-	-
	-	-	-	-
d) Other Incoming Resources				
Sundry Income	-	-	-	452
	-	-	-	452

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

4. RESOURCES EXPENDED

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Cost of Charitable Activities					
Advertising & Publicity		175	-	175	26
Consultancy Fees		12,622	-	12,622	-
Equipment Costs		898	-	898	466
Gifts & Donations		240	-	240	-
Licenses & Subscriptions		60	-	60	-
Meeting Costs		-	-	-	404
Merchandise Costs		-	-	-	300
Printing, Postage & Stationery		1,333	-	1,333	-
Staff Costs	12	44,242	-	44,242	11,450
Sundry Expenses		65	-	65	-
Training Costs		1,485	-	1,485	-
Travel & Subsistence		11,471	-	11,471	70
Venue Hire		3,550	-	3,550	-
Website Costs		1,600	-	1,600	25
Wellbeing Activities & Events		2,750	-	2,750	-
		80,492	-	80,492	12,741
b) Governance Costs					
Independent Examiners Fees	9	960	-	960	750
		960	-	960	750

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

5. RESTRICTED FUNDS

The CIO held no Restricted Funds during this or the previous financial period.

6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Cash at Bank & in Hand	57,025	-	57,025	12,862
	57,025	-	57,025	12,862

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Sundry Debtors	20,305	-	20,305	-
	20,305	-	20,305	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Independent Examiners Fees	960	-	960	750
	960	-	960	750

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-23 £	Total 31-Mar-22 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	76,370	-	76,370	12,112
Long Term Liabilities	-	-	-	-
	76,370	-	76,370	12,112

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

12. STAFF COSTS AND NUMBERS

	TOTAL 2022/23 £	TOTAL 2021/22 £
Gross Wages, Salaries & Fees	44,242	11,450
Employer's National Insurance Costs	-	-
Pension Contributions	-	-
	<u>44,242</u>	<u>11,450</u>

Employees who were engaged in each of the following activities:

	TOTAL 2022/23	TOTAL 2021/22
Charitable Activities	3	2

The Charity employed staff on a Self-Employed Basis during the financial period and is therefore not liable for their National Insurance and Pension Costs. No employees received emoluments in excess of £60,000.

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Mr Matthew Creel (Spouse of Trustee Natalie Lewis Creel) received £19,286 (2021/22:£4,800) in Staff Costs in his capacity as Project Lead in furthering the Charity's objects.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

TIDY BUTT

(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of Tidy Butt on the accounts for the year ended 31st March 2023 set out on pages 7 to 14.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ



Date: 6th December 2024

TIDY BUTT

England & Wales - Charity number 1195392

Accounts

**REPORTS AND FINANCIAL STATEMENTS
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022**

TIDY BUTT

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1195392

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

TIDY BUTT
(Charitable Incorporated Organisation)

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TIDY BUTT

(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1195392
DATE OF REGISTRATION	4th August 2021
START OF FINANCIAL PERIOD	4th August 2021
END OF FINANCIAL PERIOD	31st March 2022
TRUSTEES AT 31ST MARCH 2022	Natalie Lewis Creel Bethan Penn Michael Copeman
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 4th August 2021

OBJECTS

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

CORRESPONDENCE ADDRESS	18 Bournville Road Blaina Abertillery NP13 3ER
PRIMARY BANKERS	National Westminster Bank Plc 250 Bishopgate London EC2M 4AA
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

TIDY BUTT
(Charitable Incorporated Organisation)

TRUSTEES' REPORT
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

Objectives and Activities

To promote and protect the physical and mental health of sufferers in Blaenau Gwent through the provision of, peer and group support, education, practical advice and through the provision of recreational activities to reduce social isolation caused by mental health illness.

Tidy Butt is committed to delivering activities, projects, and services that directly contribute to the public benefit and align with the purposes outlined in its accounts. The charity's activities are designed to address mental health challenges, promote well-being, and support individuals and communities affected by mental health conditions. Here is a summary of the main activities undertaken by the charity

Mental Health Support

The charity operates various support programs that provide direct assistance to individuals experiencing mental health challenges. These programs include counselling services, helplines, support groups, and online resources. The aim is to offer a safe and accessible space for individuals to seek guidance, share experiences, and receive the support they need.

Community Outreach and Education

The charity actively engages with local communities through outreach initiatives. These initiatives include organizing workshops, seminars, and community events to raise awareness about mental health, reduce stigma, and promote mental well-being. By partnering with schools, community organizations, and sport clubs, the charity reaches a wider audience and creates a supportive environment for mental health discussions.

Tidy Butt confirms that its trustees have had full regard to the guidance issued by the Charity Commission on public benefit. The trustees are committed to upholding the highest standards of governance and ensuring that the charity's activities, projects, and services are conducted in the best interest of the public and for the advancement of its charitable purposes.

The trustees have carefully reviewed and considered the Charity Commission's guidance on public benefit, which provides valuable insights and recommendations for charities to demonstrate and deliver their public benefit effectively. They have taken these guidelines into account when planning, implementing, and assessing the charity's initiatives and operations.

Achievements and Performance

Since its inception, our charity has made significant strides in transforming lives and fostering positive change in both the circumstances of our beneficiaries and society. Through our various initiatives, including wellness walks, cold water dips, well-being talks, and well-being days, we have witnessed profound impacts and tangible benefits.

Achievements Against Objectives Set

Objective 1: Increase Awareness and Understanding of Mental Health:

- i) Conducted successful awareness campaigns through social media, community events, and partnerships, reaching thousands of individuals:
 - Developed informative resources and educational materials on various mental health topics, including common disorders, coping strategies, and self-care practices.
 - Collaborated with schools, workplaces, and community organizations to deliver presentations and workshops, promoting mental health.

Objective 2: Provide Support and Guidance to Individuals in Need:

- i) • Established online support via social media platform, offering a confidential space for individuals to seek guidance, share their experiences, and access resources.

Objective 3: Empower Individuals to Enhance Their Well-being:

- Organised wellness walks, offering opportunities for physical activity, connection with nature, and social support, leading to improved overall well-being for participants.
- Implemented well-being talks and workshops, equipping individuals with practical tools and strategies for self-care, stress management, and building resilience.
- Introduced mindfulness and meditation programs, enabling individuals to cultivate greater self-awareness, reduce anxiety, and enhance their mental well-being.

TIDY BUTT
(Charitable Incorporated Organisation)

TRUSTEES' REPORT
FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

Financial Review

Overall, the Tidy butt financial position at the end of the year is strong and reflective of sound financial management practices. The combination of steady revenue growth, prudent expense management, reserves, and strategic investments has positioned the charity for continued success in fulfilling its mission to support and advocate for mental health.

At Tidy Butt, we recognise the importance of maintaining reserves to ensure the long-term financial sustainability and operational effectiveness of our organisation. Reserves serve as a crucial financial safety net that allows us to navigate unforeseen circumstances, sustain essential programs and services, and invest in the future growth and impact of our initiatives. This reserve policy statement outlines our approach to holding reserves and the reasons behind their significance.

Structure, Governance and Management

Tidy Butt manages several trusts that play a crucial role in supporting the organization's mission and activities in the field of mental health. These trusts are dedicated funds with specific purposes and objectives, providing targeted support and resources. Here is a description of the trusts operated by the charity:

- Purpose: The Mental Health Support Trust focuses on providing direct assistance and support to individuals affected by mental health challenges.
- Objectives: This trust aims to fund programs and initiatives that offer counselling services, support groups, and outreach activities. It also supports the development of resources and materials to raise awareness and reduce stigma surrounding mental health.
- Impact: The Mental Health Support Trust enables the charity to directly reach and empower individuals, providing them with the necessary support to navigate their mental health journeys and improve their overall well-being.

Trustee Selection Methods

Tidy butt has implemented a robust trustee selection method to ensure the appointment of individuals who possess the necessary skills, expertise, and commitment to fulfil their roles effectively. The selection process is designed to be fair, transparent, and in line with the constitutional provisions outlined in the charity's governing document.

Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on N. Lewis-Creel

Signed on their behalf by Trustee 30/06/2023

Printed Name: NATALIE LEWIS-CREEL

TIDY BUTT

(Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £
INCOMING RESOURCES				
Incoming Resources from Generated Funds				
Donations, Grants & Legacies	3a	11,151	-	11,151
Charitable Activities	3b	14,000	-	14,000
Investment Income	3c	-	-	-
Other Incoming Resources	3d	452	-	452
TOTAL INCOMING RESOURCES		25,603	-	25,603
RESOURCES EXPENDED				
Costs of Generating Funds				
Cost of Charitable Activities	4a	12,741	-	12,741
Governance Costs	4b	750	-	750
TOTAL RESOURCES EXPENDED		13,491	-	13,491
NET INCOMING (OUTGOING) RESOURCES		12,112	-	12,112
Funds Brought Forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		12,112	-	12,112

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 8 to 13 form part of these financial statements.

TIDY BUTT
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-22 £
Fixed Assets				
Tangible Assets	2	-	-	-
Investments	6	-	-	-
Total Fixed Assets		-	-	-
Current Assets				
Debtors & Prepayments	8	-	-	-
Cash at Bank and in Hand	7	12,862	-	12,862
Total Current Assets		12,862	-	12,862
Creditors: Amounts falling due within one year	9	750	-	750
NET CURRENT ASSETS		12,112	-	12,112
TOTAL ASSETS less current liabilities		12,112	-	12,112
Creditors: Amounts falling due in more than one year	10	-	-	-
NET ASSETS		12,112	-	12,112
Funds of the Charity				
General Funds		12,112	-	12,112
Restricted Funds	5	-	-	-
Total Funds		12,112	-	12,112

Approved by the Trustees on N. D. Creed

Signed on their behalf by Trustee 30/06/2023

Printed Name: NATALIE LEWIS-CREE

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable. Perishable and non perishable food items donated to the Charity for onward distribution to beneficiaries are not valued in the Statement of Financial Activity.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
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2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this initial financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2022 : None

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £
a) Donations, Grants & Legacies			
Gifts & Donations	1,206	-	1,206
Grants Received	9,945	-	9,945
	11,151	-	11,151
b) Charitable Activities			
Wellbeing Activities & Events	14,000	-	14,000
	14,000	-	14,000
c) Investment Income			
Interest	-	-	-
	-	-	-
d) Other Incoming Resources			
Sundry Income	452	-	452
	452	-	452

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST AUGUST 2022

4. RESOURCES EXPENDED

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £
a) Cost of Charitable Activities				
Advertising & Publicity		26	-	26
Equipment Costs		466	-	466
Meeting Costs		404	-	404
Merchandise Costs		300	-	300
Staff Costs	12	11,450	-	11,450
Travel & Subsistence		70	-	70
Website Costs		25	-	25
		12,741	-	12,741
b) Governance Costs				
Independent Examiners Fees	9	750	-	750
		750	-	750

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

5. RESTRICTED FUNDS

The CIO held no Restricted Funds during this initial financial period.

6. INVESTMENTS

The CIO held no fixed assets investments during this initial financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £
Cash at Bank & in Hand	12,862	-	12,862
	12,862	-	12,862

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £
Sundry Debtors	-	-	-
	-	-	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £
Independent Examiners Fees	750	-	750
	750	-	750

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this initial financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 31-Mar-22 £
Fixed Asset Investments	-	-	-
Net Current Assets	12,112	-	12,112
Long Term Liabilities	-	-	-
	12,112	-	12,112

TIDY BUTT

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MARCH 2022

12. STAFF COSTS AND NUMBERS

	TOTAL 2021/22 £
Gross Wages, Salaries & Fees	11,450
Employer's National Insurance Costs	-
Pension Contributions	-
	<u>11,450</u>

Employees who were engaged in each of the following activities:

	TOTAL 2021/22
Charitable Activities	2

The Charity employed staff on a Self-Employed Basis during the financial period and is therefore not liable for their National Insurance and Pension Costs. No employees received emoluments in excess of £60,000.

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Mr Matthew Creel (Spouse of Trustee Natalie Lewis Creel) received £4,800.00 in Staff Costs in his capacity as Project Lead in furthering the Charity's objects.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

17. COMPARATIVE FIGURES

There are no comparative figures available as this is the initial period of registered Incorporated Charitable Activity.

TIDY BUTT

(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of Tidy Butt on the accounts for the first period ended 31st March 2022 set out on pages 6 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS


Date: 7th July 2023