

# JUST TEEN SUPPORT LTD

England & Wales · Charity number 1195377

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [12336514](#)

**Registered** 2021-08-03

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 119-121 Brent Street  
London  
NW4 2DX

**Phone** 02080905094

**Email** [abarr@jteen.co.uk](mailto:abarr@jteen.co.uk)

**Website** [www.jteen.co.uk](http://www.jteen.co.uk)

## Activities

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**Objects:** 1. THE RELIEF OF EMOTIONAL DISTRESS AMONGST YOUNG PEOPLE BY PROVIDING AN SMS (TEXT) BASED MONITORED SERVICE WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS, SO THAT THEY CAN OVERCOME THE EMOTIONAL CHALLENGES THEY FACE'. 2. TO ADVANCE IN LIFE AND RELIEVE THE NEEDS OF YOUNG PERSONS WHOSE WELFARE IS AT RISK OR IMPAIRED BY ABUSE OR NEGLECT OR SOCIAL DISADVANTAGE BY PROVIDING SUPPORT ADVICE AND ASSISTANCE TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS'. 3. THE PROMOTION OF GOOD MENTAL HEALTH AMONG YOUNG PEOPLE BY RAISING AWARENESS OF MENTAL HEALTH ISSUES THAT AFFECT YOUNG PEOPLE'.

**Activities:** Just Teen Support (Jteen) is a non-profit, volunteer led organisation committed to helping Jewish teens get the emotional wellbeing support they need. Our counsellors and professional therapists are ready to provide non-judgemental support and empowerment for Jewish adolescents going through any emotional challenges and if necessary, refer them on to the appropriate organisations.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-11-30	£475,761	£304,434	-	-
2023-11-30	£191,753	£192,959	-	-
2022-11-30	£77,218	£135,558	-	-
2021-11-30	£56,264	£29,934	-	-

## Trustees

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Name	Role	Appointed
Abraham Barr	Chair	2019-11-27
Binah Netzer		2023-09-01
Riki Greenberg		2019-11-27
Saul Kelly		2023-09-01

**JUST TEEN SUPPORT LTD**

England & Wales - Charity number 1195377

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# Accounts

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**REGISTERED COMPANY NUMBER: 12336514 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1195377**

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**FOR THE YEAR ENDED**  
**30 November 2024**

**for**

**JUST TEEN SUPPORT LTD**

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

**JUST TEEN SUPPORT LTD**  
**Contents of the Financial Statements**  
**FOR THE YEAR ENDED 30 NOVEMBER 2024**

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**Report of the Trustees  
FOR THE YEAR ENDED 30 NOVEMBER 2024**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Just Teen Support (Jteen) is a non-profit, volunteer led organisation committed to helping Jewish teens get the emotional wellbeing support they need. There are often situations when a young person has no one to turn to or just doesn't want anyone to know what they are going through. Our counsellors and professional therapists are ready to provide non-judgemental support and empowerment for Jewish adolescents going through any emotional challenges and if necessary, refer them on to the appropriate organisations.

The objects of the charity are as follows:

- 1 The relief of emotional distress amongst young people by providing an SMS (text) based monitored service with the object of improving the conditions of life of such persons, so that they can overcome the emotional challenges they face.
- 2 To advance in life and relieve the needs of young persons whose welfare is at risk or impaired by abuse or neglect or social disadvantage by providing support advice and assistance to enable them to participate in society as independent, mature and responsible individuals.
- 3 The promotion of good mental health among young people by raising awareness of mental health issues that affect young people.

**Public benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grantmaking policy.

**Volunteers**

The charity has 80 volunteers.

**FINANCIAL REVIEW**

**Financial position**

During the year Just Teen Support raised £475,761 in donations (2023: £191,753) and spent £304,434 on fundraising and on its charitable activities (2023: £192,959). The charity had a net surplus in the year of £171,327 (2023: £1,206 deficit).

**Reserves policy**

The charity aims to maintain reserves in order that it is in a position to achieve grant making activities at a consistent level and to cover contingencies of additional calls being made upon the charity for support of organisations, institutions or individuals in times of need.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

12336514 (England and Wales)

**Registered Charity number**

1195377

**Registered office**

119/121 Brent Street  
London  
NW4 2DX

**Report of the Trustees  
FOR THE YEAR ENDED 30 NOVEMBER 2024**

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**Trustees**

Mr A Barr  
Ms R Greenberg  
Mr E Seliger  
Mr S S Kelly  
Mrs B Netzer

**Company Secretary**

Mr A Barr

**Independent Examiner**

Mr Daniel Fine, FCA  
Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

Approved by order of the board of trustees on 13 May 2025 and signed on its behalf by:

Mr A Barr - Trustee

**Independent Examiner's Report to the Trustees of  
Just Teen Support Ltd (Registered number: 12336514)**

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**Independent examiner's report to the trustees of Just Teen Support Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel Fine, FCA

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

14 May 2025

**JUST TEEN SUPPORT LTD**

**Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
FOR THE YEAR ENDED 30 NOVEMBER 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		435,260	40,501	475,761	188,953
Other trading activities	2	-	-	-	2,800
<b>Total</b>		<u>435,260</u>	<u>40,501</u>	<u>475,761</u>	<u>191,753</u>
<b>EXPENDITURE ON</b>					
Raising funds		33,409	-	33,409	3,677
<b>Charitable activities</b>					
Charitable activities		<u>257,625</u>	<u>13,400</u>	<u>271,025</u>	<u>189,282</u>
<b>Total</b>		<u>291,034</u>	<u>13,400</u>	<u>304,434</u>	<u>192,959</u>
<b>NET INCOME/(EXPENDITURE)</b>		144,226	27,101	171,327	(1,206)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		(46,616)	13,400	(33,216)	(32,010)
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>97,610</u>	<u>40,501</u>	<u>138,111</u>	<u>(33,216)</u>

The notes form part of these financial statements

**JUST TEEN SUPPORT LTD (REGISTERED NUMBER: 12336514)**

**Balance Sheet  
30 NOVEMBER 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	6	1,472	-	1,472	979
<b>CURRENT ASSETS</b>					
Debtors	7	600	-	600	600
Cash at bank		<u>142,449</u>	<u>40,501</u>	<u>182,950</u>	<u>17,453</u>
		143,049	40,501	183,550	18,053
<b>CREDITORS</b>					
Amounts falling due within one year	8	(46,911)	-	(46,911)	(52,248)
<b>NET CURRENT ASSETS/(LIABILITIES)</b>					
		<u>96,138</u>	<u>40,501</u>	<u>136,639</u>	<u>(34,195)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>97,610</u>	<u>40,501</u>	<u>138,111</u>	<u>(33,216)</u>
<b>NET ASSETS/(LIABILITIES)</b>					
		<u>97,610</u>	<u>40,501</u>	<u>138,111</u>	<u>(33,216)</u>
<b>FUNDS</b>					
Unrestricted funds	9			97,610	(46,616)
Restricted funds				<u>40,501</u>	<u>13,400</u>
<b>TOTAL FUNDS</b>					
				<u>138,111</u>	<u>(33,216)</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13 May 2025 and were signed on its behalf by:

Mr A Barr - Trustee

The notes form part of these financial statements

## JUST TEEN SUPPORT LTD

### Notes to the Financial Statements FOR THE YEAR ENDED 30 NOVEMBER 2024

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2024	2023
Services	£ - <u>          </u>	£ 2,800 <u>          </u>

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2024**

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>600</u>	<u>326</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 November 2024 nor for the year ended 30 November 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 November 2024 nor for the year ended 30 November 2023.

**5. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2024	2023
Employees	<u>3</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

**6. TANGIBLE FIXED ASSETS**

		Computer equipment £
<b>COST</b>		
At 1 December 2023		1,305
Additions		<u>1,093</u>
At 30 November 2024		<u>2,398</u>
<b>DEPRECIATION</b>		
At 1 December 2023		326
Charge for year		<u>600</u>
At 30 November 2024		<u>926</u>
<b>NET BOOK VALUE</b>		
At 30 November 2024		<u>1,472</u>
At 30 November 2023		<u>979</u>

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2024**

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Other debtors	<u>600</u>	<u>600</u>

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade creditors	16,260	3,022
Social security and other taxes	6,052	1,400
Pensions	236	155
Other creditors	18,199	40,000
Net wages	5,024	-
Accruals and deferred income	<u>1,140</u>	<u>7,671</u>
	<u>46,911</u>	<u>52,248</u>

**9. MOVEMENT IN FUNDS**

	At 1.12.23 £	Net movement in funds £	At 30.11.24 £
<b>Unrestricted funds</b>			
General fund	(46,616)	144,226	97,610
<b>Restricted funds</b>			
Restricted funds	13,400	27,101	40,501
	<u>(33,216)</u>	<u>171,327</u>	<u>138,111</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	435,260	(291,034)	144,226
<b>Restricted funds</b>			
Restricted funds	40,501	(13,400)	27,101
	<u>475,761</u>	<u>(304,434)</u>	<u>171,327</u>

JUST TEEN SUPPORT LTD

Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2024

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.12.22 £	Net movement in funds £	At 30.11.23 £
<b>Unrestricted funds</b>			
General fund	(32,010)	(14,606)	(46,616)
<b>Restricted funds</b>			
Restricted funds	-	13,400	13,400
<b>TOTAL FUNDS</b>	<u>(32,010)</u>	<u>(1,206)</u>	<u>(33,216)</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	178,353	(192,959)	(14,606)
<b>Restricted funds</b>			
Restricted funds	13,400	-	13,400
<b>TOTAL FUNDS</b>	<u>191,753</u>	<u>(192,959)</u>	<u>(1,206)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.22 £	Net movement in funds £	At 30.11.24 £
<b>Unrestricted funds</b>			
General fund	(32,010)	129,620	97,610
<b>Restricted funds</b>			
Restricted funds	-	40,501	40,501
<b>TOTAL FUNDS</b>	<u>(32,010)</u>	<u>170,121</u>	<u>138,111</u>

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2024**

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**9. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	613,613	(483,993)	129,620
<b>Restricted funds</b>			
Restricted funds	53,901	(13,400)	40,501
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>667,514</u>	<u>(497,393)</u>	<u>170,121</u>

**10. RELATED PARTY DISCLOSURES**

Included in other creditors is £30,000 (2023: £40,000) from companies under the control of one of the trustees of the charity.

**11. COMPANY LIMITED BY GUARANTEE**

The charity company is limited by guarantee and does not have share capital. The articles of association of the company preclude the distribution of assets to the members of the company and accordingly a reconciliation of shareholders' funds is inappropriate. The liability of each member in the event of a winding up is limited to £10.

**JUST TEEN SUPPORT LTD**

England & Wales - Charity number 1195377

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# Accounts

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**REGISTERED COMPANY NUMBER: 12336514 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1195377**

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**FOR THE YEAR ENDED**  
**30 November 2023**

**for**

**JUST TEEN SUPPORT LTD**

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

**JUST TEEN SUPPORT LTD**  
**Contents of the Financial Statements**  
**FOR THE YEAR ENDED 30 NOVEMBER 2023**

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**Report of the Trustees  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

---

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Just Teen Support (Jteen) is a non-profit, volunteer led organisation committed to helping Jewish teens get the emotional wellbeing support they need. There are often situations when a young person has no one to turn to or just doesn't want anyone to know what they are going through. Our counsellors and professional therapists are ready to provide non-judgemental support and empowerment for Jewish adolescents going through any emotional challenges and if necessary, refer them on to the appropriate organisations.

The objects of the charity are as follows:

- 1 The relief of emotional distress amongst young people by providing an SMS (text) based monitored service with the object of improving the conditions of life of such persons, so that they can overcome the emotional challenges they face.
- 2 To advance in life and relieve the needs of young persons whose welfare is at risk or impaired by abuse or neglect or social disadvantage by providing support advice and assistance to enable them to participate in society as independent, mature and responsible individuals.
- 3 The promotion of good mental health among young people by raising awareness of mental health issues that affect young people.

**Public benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grantmaking policy.

**Volunteers**

The charity has 80 volunteers.

**FINANCIAL REVIEW**

**Financial position**

During the year the Just Teen Support raised £191,753 in donations (2022: £77,218) and spent £192,959 on its charitable activities (2022: £135,558). The charity had a net deficit in the year of £1,206 (2022: £58,340).

**Reserves policy**

The charity aims to maintain reserves in order that it is in a position to achieve grant making activities at a consistent level and to cover contingencies of additional calls being made upon the charity for support of organisations, institutions or individuals in times of need.

**Going concern**

At the balance sheet date the charity had funds in deficit of £33,216 (2022: £32,010). The trustees are satisfied that the charity has the support of its creditors and is able to raise sufficient funds to continue its charitable activities for the foreseeable future.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

12336514 (England and Wales)

**Registered Charity number**

1195377

**Report of the Trustees  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

---

**Registered office**

First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

**Trustees**

Mr A Barr  
Ms R Greenberg  
Mr E Seliger  
Mr S S Kelly (appointed 1.9.23)  
Mrs B Netzer (appointed 1.9.23)

**Company Secretary**

Mr A Barr

**Independent Examiner**

Mr Daniel Fine, FCA  
Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

Approved by order of the board of trustees on 24 September 2024 and signed on its behalf by:

Mr A Barr - Trustee

**Independent Examiner's Report to the Trustees of  
Just Teen Support Ltd (Registered number: 12336514)**

---

**Independent examiner's report to the trustees of Just Teen Support Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel Fine, FCA

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

24 September 2024

**JUST TEEN SUPPORT LTD****Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

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	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		175,553	13,400	188,953	77,218
Other trading activities	2	<u>2,800</u>	-	<u>2,800</u>	-
<b>Total</b>		<u>178,353</u>	<u>13,400</u>	<u>191,753</u>	<u>77,218</u>
<b>EXPENDITURE ON</b>					
Raising funds		3,677	-	3,677	-
<b>Charitable activities</b>					
Charitable activities		<u>189,282</u>	-	<u>189,282</u>	<u>135,558</u>
<b>Total</b>		<u>192,959</u>	-	<u>192,959</u>	<u>135,558</u>
<b>NET INCOME/(EXPENDITURE)</b>		(14,606)	13,400	(1,206)	(58,340)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		(32,010)	-	(32,010)	26,330
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>(46,616)</u>	<u>13,400</u>	<u>(33,216)</u>	<u>(32,010)</u>

The notes form part of these financial statements

**JUST TEEN SUPPORT LTD (REGISTERED NUMBER: 12336514)****Balance Sheet  
30 NOVEMBER 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	6	979	-	979	-
<b>CURRENT ASSETS</b>					
Debtors	7	600	-	600	600
Cash at bank		<u>4,053</u>	<u>13,400</u>	<u>17,453</u>	<u>11,552</u>
		4,653	13,400	18,053	12,152
<b>CREDITORS</b>					
Amounts falling due within one year	8	(52,248)	-	(52,248)	(44,162)
		<u>(47,595)</u>	<u>13,400</u>	<u>(34,195)</u>	<u>(32,010)</u>
<b>NET CURRENT ASSETS/(LIABILITIES)</b>					
		(46,616)	13,400	(33,216)	(32,010)
<b>NET ASSETS/(LIABILITIES)</b>					
		<u>(46,616)</u>	<u>13,400</u>	<u>(33,216)</u>	<u>(32,010)</u>
<b>FUNDS</b>					
	9			(46,616)	(32,010)
Unrestricted funds				<u>13,400</u>	-
Restricted funds					
<b>TOTAL FUNDS</b>					
				<u>(33,216)</u>	<u>(32,010)</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 September 2024 and were signed on its behalf by:

Mr A Barr - Trustee

The notes form part of these financial statements

## JUST TEEN SUPPORT LTD

### Notes to the Financial Statements FOR THE YEAR ENDED 30 NOVEMBER 2023

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Services	<u>2,800</u>	<u>-</u>

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	<u>326</u>	<u>-</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 November 2023 nor for the year ended 30 November 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 November 2023 nor for the year ended 30 November 2022.

**5. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2023	2022
Employees	<u>2</u>	<u>-</u>

No employees received emoluments in excess of £60,000.

**6. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
Additions	<u>1,305</u>
<b>DEPRECIATION</b>	
Charge for year	<u>326</u>
<b>NET BOOK VALUE</b>	
At 30 November 2023	<u>979</u>
At 30 November 2022	<u>-</u>

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Other debtors	<u>600</u>	<u>600</u>

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Trade creditors	3,022	3,022
Social security and other taxes	1,400	-
Pensions	155	-
Other creditors	40,000	40,000
Accruals and deferred income	<u>7,671</u>	<u>1,140</u>
	<u>52,248</u>	<u>44,162</u>

**9. MOVEMENT IN FUNDS**

	At 1.12.22 £	Net movement in funds £	At 30.11.23 £
<b>Unrestricted funds</b>			
General fund	(32,010)	(14,606)	(46,616)
<b>Restricted funds</b>			
Restricted funds	-	13,400	13,400
	<u>(32,010)</u>	<u>(1,206)</u>	<u>(33,216)</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	178,353	(192,959)	(14,606)
<b>Restricted funds</b>			
Restricted funds	13,400	-	13,400
	<u>191,753</u>	<u>(192,959)</u>	<u>(1,206)</u>

**Comparatives for movement in funds**

	At 1.12.21 £	Net movement in funds £	At 30.11.22 £
<b>Unrestricted funds</b>			
General fund	26,330	(58,340)	(32,010)
	<u>26,330</u>	<u>(58,340)</u>	<u>(32,010)</u>

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

**9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	77,218	(135,558)	(58,340)
	<u>77,218</u>	<u>(135,558)</u>	<u>(58,340)</u>
<b>TOTAL FUNDS</b>	<u>77,218</u>	<u>(135,558)</u>	<u>(58,340)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.21 £	Net movement in funds £	At 30.11.23 £
<b>Unrestricted funds</b>			
General fund	26,330	(72,946)	(46,616)
<b>Restricted funds</b>			
Restricted funds	-	13,400	13,400
	<u>26,330</u>	<u>(59,546)</u>	<u>(33,216)</u>
<b>TOTAL FUNDS</b>	<u>26,330</u>	<u>(59,546)</u>	<u>(33,216)</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	255,571	(328,517)	(72,946)
<b>Restricted funds</b>			
Restricted funds	13,400	-	13,400
	<u>268,971</u>	<u>(328,517)</u>	<u>(59,546)</u>
<b>TOTAL FUNDS</b>	<u>268,971</u>	<u>(328,517)</u>	<u>(59,546)</u>

**10. RELATED PARTY DISCLOSURES**

Included in other creditors is £40,000 (2022: £40,000) from companies under the control of one of the trustees of the charity.

**JUST TEEN SUPPORT LTD**

**Notes to the Financial Statements - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2023**

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**11. COMPANY LIMITED BY GUARANTEE**

The charity company is limited by guarantee and does not have share capital. The articles of association of the company preclude the distribution of assets to the members of the company and accordingly a reconciliation of shareholders' funds is inappropriate. The liability of each member in the event of a winding up is limited to £10.

**JUST TEEN SUPPORT LTD**

England & Wales - Charity number 1195377

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# Accounts

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**REGISTERED COMPANY NUMBER: 12336514 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1195377**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
30 NOVEMBER 2022**

**FOR**

**JUST TEEN SUPPORT LTD**

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

**JUST TEEN SUPPORT LTD**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2022**

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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30 NOVEMBER 2022**

---

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Just Teen Support (Jteen) is a non-profit, volunteer led organisation committed to helping Jewish teens get the emotional wellbeing support they need. There are often situations when a young person has no one to turn to or just doesn't want anyone to know what they are going through. Our counsellors and professional therapists are ready to provide non-judgemental support and empowerment for Jewish adolescents going through any emotional challenges and if necessary, refer them on to the appropriate organisations.

The objects of the charity are as follows:

- 1 The relief of emotional distress amongst young people by providing an SMS (text) based monitored service with the object of improving the conditions of life of such persons, so that they can overcome the emotional challenges they face.
- 2 To advance in life and relieve the needs of young persons whose welfare is at risk or impaired by abuse or neglect or social disadvantage by providing support advice and assistance to enable them to participate in society as independent, mature and responsible individuals.
- 3 The promotion of good mental health among young people by raising awareness of mental health issues that affect young people.

**Public benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grantmaking policy.

**Volunteers**

The charity has 60 volunteers.

**FINANCIAL REVIEW**

**Financial position**

During the year the Just Teen Support raised £77,218 in unrestricted donations (2021: £56,264) and spent £135,558 on its charitable activities (£2021: £29,934). The charity had a net deficit in the year of £58,340 (2021: £26,330 surplus).

**Reserves policy**

The charity aims to maintain reserves in order that it is in a position to achieve grant making activities at a consistent level and to cover contingencies of additional calls being made upon the charity for support of organisations, institutions or individuals in times of need.

**Going concern**

At the balance sheet date the charity had funds in deficit of £32,010 (2021: £26,330 surplus). The trustees are satisfied that the charity has the support of its creditors and is able to raise sufficient funds to continue its charitable activities for the foreseeable future.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

12336514 (England and Wales)

**Registered Charity number**

1195377

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30 NOVEMBER 2022**

---

**Registered office**

First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

**Trustees**

Mr A Barr  
Ms R Greenberg  
Mr E Seliger

**Company Secretary**

Mr A Barr

**Independent Examiner**

Mr Daniel Fine, FCA  
Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

Approved by order of the board of trustees on 31 August 2023 and signed on its behalf by:

Mr A Barr - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
JUST TEEN SUPPORT LTD (REGISTERED NUMBER: 12336514)**

---

**Independent examiner's report to the trustees of Just Teen Support Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel Fine, FCA

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

31 August 2023

JUST TEEN SUPPORT LTD

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 30 NOVEMBER 2022

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	Notes	2022 Unrestricted fund £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<u>77,218</u>	<u>56,264</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities		<u>135,558</u>	<u>29,934</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(58,340)</b>	26,330
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<u>26,330</u>	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><b>(32,010)</b></u>	<u>26,330</u>

The notes form part of these financial statements

**JUST TEEN SUPPORT LTD (REGISTERED NUMBER: 12336514)****BALANCE SHEET  
30 NOVEMBER 2022**

		<b>2022 Unrestricted fund £</b>	2021 Total funds £
<b>CURRENT ASSETS</b>	Notes		
Debtors	3	<b>600</b>	-
Cash at bank		<b><u>11,552</u></b>	<u>27,470</u>
		<b>12,152</b>	27,470
<b>CREDITORS</b>			
Amounts falling due within one year	4	<b>(44,162)</b>	(1,140)
		<b><u>(32,010)</u></b>	<u>26,330</u>
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		<b>(32,010)</b>	26,330
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>(32,010)</b>	26,330
<b>NET ASSETS</b>		<b><u>(32,010)</u></b>	<u>26,330</u>
<b>FUNDS</b>			
Unrestricted funds		<b><u>(32,010)</u></b>	<u>26,330</u>
<b>TOTAL FUNDS</b>		<b><u>(32,010)</u></b>	<u>26,330</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 August 2023 and were signed on its behalf by:

Mr A Barr - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 NOVEMBER 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 November 2022 nor for the year ended 30 November 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 November 2022 nor for the year ended 30 November 2021.

**3. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	<b>£</b>	£
Other debtors	<b><u>600</u></b>	<u>-</u>

JUST TEEN SUPPORT LTD

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2022

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**4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	<b>£</b>	£
Trade creditors	<b>3,022</b>	-
Other creditors	<b>40,000</b>	-
Accruals and deferred income	<b><u>1,140</u></b>	<u>1,140</u>
	<b><u>44,162</u></b>	<u>1,140</u>

**5. RELATED PARTY DISCLOSURES**

Included in other creditors is £30,000 from a company under the control of one of the trustees of the charity.

**JUST TEEN SUPPORT LTD**

England & Wales - Charity number 1195377

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# Accounts

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**REGISTERED COMPANY NUMBER: 12336514 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1195377**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
30 NOVEMBER 2021  
FOR  
JUST TEEN SUPPORT LTD**

Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

**JUST TEEN SUPPORT LTD**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30 NOVEMBER 2021**

---

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Just Teen Support (Jteen) is a non-profit, volunteer led organisation committed to helping Jewish teens get the emotional wellbeing support they need. There are often situations when a young person has no one to turn to or just doesn't want anyone to know what they are going through. Our counsellors and professional therapists are ready to provide non-judgemental support and empowerment for Jewish adolescents going through any emotional challenges and if necessary, refer them on to the appropriate organisations.

The objects of the charity are as follows:

- 1 The relief of emotional distress amongst young people by providing an SMS (text) based monitored service with the object of improving the conditions of life of such persons, so that they can overcome the emotional challenges they face.
- 2 To advance in life and relieve the needs of young persons whose welfare is at risk or impaired by abuse or neglect or social disadvantage by providing support advice and assistance to enable them to participate in society as independent, mature and responsible individuals.
- 3 The promotion of good mental health among young people by raising awareness of mental health issues that affect young people.

**Public benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grantmaking policy.

**Volunteers**

The charity has 60 volunteers.

**FINANCIAL REVIEW**

**Reserves policy**

The charity aims to maintain reserves in order that it is in a position to achieve grant making activities at a consistent level and to cover contingencies of additional calls being made upon the charity for support of organisations, institutions or individuals in times of need.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

12336514 (England and Wales)

**Registered Charity number**

1195377

**Registered office**

240 Hendon Way  
London  
NW4 3NL

**Trustees**

Mr A Barr  
Ms R Greenberg  
Mr E Seliger

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30 NOVEMBER 2021**

---

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Company Secretary**

Mr A Barr

**Independent Examiner**

Mr Daniel Fine, FCA  
Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

Approved by order of the board of trustees on .....14.07.2022..... and signed on its behalf by:



.....  
Mr A Barr - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
JUST TEEN SUPPORT LTD (REGISTERED NUMBER: 12336514)**

---

**Independent examiner's report to the trustees of Just Teen Support Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Daniel Fine, FCA  
Melinek Fine LLP  
Chartered Accountants  
First Floor, Winston House  
349 Regents Park Road  
London  
N3 1DH

Date: .....17/07/2022.....

JUST TEEN SUPPORT LTD

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 30 NOVEMBER 2021

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	Notes	Year Ended 30.11.21 Unrestricted fund £	Period 27.11.19 to 30.11.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		56,264	-
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities		29,934	-
<b>NET INCOME</b>		<b>26,330</b>	-
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		-	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>26,330</u></b>	<b><u>-</u></b>

The notes form part of these financial statements

JUST TEEN SUPPORT LTD (REGISTERED NUMBER: 12336514)

BALANCE SHEET  
30 NOVEMBER 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
<b>CURRENT ASSETS</b>			
Cash at bank		27,470	-
<b>CREDITORS</b>			
Amounts falling due within one year	3	(1,140)	-
<b>NET CURRENT ASSETS</b>		<u>26,330</u>	-
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>26,330</u>	-
<b>NET ASSETS</b>		<u>26,330</u>	-
<b>FUNDS</b>			
Unrestricted funds		<u>26,330</u>	-
<b>TOTAL FUNDS</b>		<u>26,330</u>	-

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2021.


The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....14 July 2022..... and were signed on its behalf by:

  
.....  
Mr A Barr - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 NOVEMBER 2021**

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**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 November 2021 nor for the period ended 30 November 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 November 2021 nor for the period ended 30 November 2020.

JUST TEEN SUPPORT LTD

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30 NOVEMBER 2021

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**3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2021</b>	2020
	<b>£</b>	£
Accruals and deferred income	<b><u>1,140</u></b>	<u>-</u>

**4. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30 November 2021.