

FRESH YOUTH MILTON KEYNES

England & Wales · Charity number 1195348

Details

Other names	FRESH YOUTH MK
Status	Registered
Legal form	CIO
Registered	2021-07-29
Register	View on the Charity Commission register

Contact

Address Suite 6
3rd Floor
Margaret Powell House
Midsummer Boulevard
Milton Keynes

Phone 07535624081

Email fymk@freshyouthmk.org

Website www.freshyouthmk.org

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 LIVING IN MILTON KEYNES BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:A. ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B. ADVANCING EDUCATION;C. RELIEVING UNEMPLOYMENT NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008

Activities: One to one mentoring for young people ages 16 - 25 years old from ethnically diverse background.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£47,240	£52,663	-	-
2024-07-31	£49,473	£63,303	-	-
2023-07-31	£63,292	£48,170	-	-
2022-07-28	£21,000	£2,000	-	-

Trustees

Name	Role	Appointed
Alexander Pinheiro	Chair	2021-04-01
AKINOLA OMOTESHO		2024-02-01
Folashade Komolafe		2021-04-01
Kerion Komolafe		2024-02-01
Uzochikwa Nwuga		2021-04-01

FRESH YOUTH MILTON KEYNES

England & Wales - Charity number 1195348

Accounts

REGISTERED CHARITY NUMBER: 1195348

**Report of the Trustees and
Unaudited Financial Statements
for the Year ended 31 July 2025
for
FRESH YOUTH MILTON KEYNES**

FRESH YOUTH MILTON KEYNES

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for the Year ended 31 July 2025**

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FRESH YOUTH MILTON KEYNES
Report of the Trustees
for the Year ended 31 July 2025

The trustees presents their report with the financial statements of the charity for the year 1 August 2024 to 31 July 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1195348

Registered office

Suite 6, 3rd Floor
Margaret Powell House
Midsummer Boulevard
Milton Keynes
MK9 3BN

Trustees

Alexander Pinheiro
Folashade Komolafe
Uzochikwa Nwuga
Akinola Omotesho
Kerion Komolafe

Secretary

A Komolafe

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Fresh Youth Milton Keynes is a Charitable Incorporated Organisation. It is governed by its charitable objective and controlled by the Trustees for the purpose of the law.

Principal Activity

The principal activity of the Charity in the year under review was to act as a resource to young people up to the age of 25 living in Milton Keynes providing advice, assistance and organising educational programmes/activities.

Risk management

The trustees have addressed the major risks to which the charity is exposed, in particular those relating to specific operational areas of the charity and its finances. The trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity has one main objective:

To act as a resource for young people up to the age of 25 in Milton Keynes.

It pursues this objective through the provision of advice, assistance, and educational training that supports developing life and other skills, capacities and capabilities to enable them participate and contribute in society.

Plans for the future

The charity will continue to grow its resources, educational and skills, training programmes and experiences in in any other way necessary to help the youths that comes through its doors in the Milton Keynes area.

The charity will use its resources in an effective manner adopting locally, nationally and internationally tested ideas and methods, existing activities and initiating new programmes and activities that will benefits the youths.

FRESH YOUTH MILTON KEYNES

Report of the Trustees for the Year ended 31 July 2025

Overview

The organisation reached 257 young people through its core programmes, bringing the last three-year total to 853 beneficiaries. Despite rising operational costs, FYMK delivered its full programme within budget and continued to exceed targets in its strongest areas. The year reinforced FYMK's position as a trusted early-intervention provider for minority and disadvantaged young people across Milton Keynes.

Mentoring

Mentoring remain the heart of FYMK's work. 201 young people received personalised support through fortnightly small group sessions in schools and one-to-one community sessions. Volunteer mentors from local businesses and higher education delivered 1,809 hours in schools and a further 135 hours in the community. Mentees consistently reported improvements in confidence, focus and sense of direction.

Workshops and Empowerment Sessions:

Seven empowerment sessions were delivered for young people aged 12-18, reaching 140 attendees. Topics covered stress management, time management, study techniques, leadership, identity, resilience, communication, and conflict resolution. Three sessions were co-facilitated by professionals from local businesses and education. Participants received practical tools including habit trackers and planners. Feedback highlighted improvements in confidence, career clarity, and a stronger sense of purpose.

E3 Exchange and Youth Hangouts

The E3 Exchange, FYMK's flagship Education, Emploability and Entrepreneurship networking evening continued to provide young people with honest, practical exposure to the world of work through mock interviews, business pitching, and direct engagement with professionals. Attendees praised its candid, welcoming atmosphere and left with clear action points and renewed motivation.

Work Experience and Employability

33 young adults participated in employability workshops. All developed CVs and completed interview preparation. Six gained work experience placements with partners, and six progressed into employment, internship or further training. FYMK also supported a young person through university admissions; they are now studying Real Estate Management, an outcome described as "almost impossible before."

Community and Business Engagement

FYMK maintained active multi-agency partnerships with Milton Keynes City Council's Ethnic Minority Achievement Network, the Youth Offending Team, Thames Valley Police, MK Family Service, Social Services, schools, faith groups, and local charities.

Outcomes and Looking Ahead

Across the three years, 80% of young people reported increased confidence, 70% progressed into education employment or training, and 100% planned to complete secondary education. The cumulative programme total of 10,020 contacts exceeded the three-year target of 8,815. Looking ahead, FYMK will deepen its model through accessible NEET re-engagement pathways, Digital youth hubs, and early intervention on crime prevention, by building a joined-up ecosystem of care for the young people of Milton Keynes.

Approved by order of the board of trustees on 25 May 2026 and signed on its behalf by

A Pinheiro - Trustee

FRESH YOUTH MILTON KEYNES

**Statements of Financial Activities
for the Year ended 31 July 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, Gifts, Grants and legacies	2	21140	26100	47240	49473
Investment Income		-	-	-	-
Total		21140	26100	47240	49473
EXPENDITURE ON					
Raising funds	4	9900	26100	36000	28140
Charitable activities		16663	0	16663	35163
Total		26563	26100	52663	63303
NET (EXPENDITURE)/INCOME		(5423)	0	(5423)	(13830)
RECONCILIATION OF FUNDS					
Total funds brought forward		20292	0	20292	34122
TOTAL FUNDS CARRIED FORWARD		14869	0	14869	20292

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities

The notes form part of these financial statements

FRESH YOUTH MILTON KEYNES

**Balance Sheet
At 31 July 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	7	1460	-	1460	1740
CURRENT ASSETS					
Debtors	8	5861	-	5861	5861
Cash at bank		2686	-	2686	7629
Prepayments		5462	-	5462	5462
		15469	-	15469	20692
CREDITORS					
Amounts falling due within one year	9	(600)	-	(600)	(400)
NET CURRENT ASSETS					
		14869	-	14869	20292
TOTAL ASSETS LESS CURRENT LIABILITIES					
		14869	-	14869	20292
NET ASSETS					
		14869	-	14869	20292
FUNDS					
Unrestricted funds	10			14869	20292
Restricted funds				-	-
TOTAL FUNDS					
				14869	20292

The financial statements were approved by the board of Trustees on 25 May 2026 and were signed on its behalf by

A Pinhneiro - Trustee

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements for the Year ended 31 July 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where cost cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment 20% on cost- straight line

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restriction arises when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. ACTIVITIES FOR GENERATING FUNDS

	2025	2024
	£	£
National Lottery	23100	41850
ForMK	0	0
MK Community Foundation	3000	0
Grants - [Somali community fund]	0	0
Grants - [Benevity]	2640	4623
Other Income	18500	3000
	<u>47240</u>	<u>49473</u>

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements
for the Year ended 31 July 2025

3. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	-	-

4. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Management charges	36000	28140
Support costs	16663	35163

5. TRUSTEE'S REMUNERATION AND BENEFITS

2025	2024
£	£
-	-

There were no trustee's expenses paid for the year ended 31 July 2025.

6. STAFF COSTS

	2025	2024
	£	£
Administration	8466	17352

The average monthly number of employees during the year was as follows:

2	2
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7. TANGIBLE FIXED ASSETS

	Equipment	Fixtures & Fittings	Totals
	£	£	£
Cost			
At 1 August 2024	2738	-	2738
Additions	334		334
At 31 July 2025	3072		3072
Depreciation			
At 1 August 2024	998	-	998
Charge for year	614	-	614
At 31 July 2025	1612	-	1612
NET BOOK VALUE			
At 31 July 2025	1460	-	1460
At 31 July 2024	1740	-	1740

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other debtors	5861	5861

FRESH YOUTH MILTON KEYNES

**Notes to the Financial Statements
for the Year ended 31 July 2025**

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Taxation and Social security	0	0
Accruals and deferred income	600	400
	<u>600</u>	<u>400</u>

10. MOVEMENT IN FUNDS

	At 01.08.24	Net movement in funds	Transfers between funds	At 31.07.25
	£	£	£	£
Unrestricted funds				
General fund	20292	(5423)	-	14869
Restricted fund				
Restricted fund	-	-	-	-
TOTAL FUNDS	<u>20292</u>	<u>(5423)</u>	<u>-</u>	<u>14869</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	21140	(26563)	(5423)
Restricted funds			
Grants	26100	(26100)	-
TOTAL FUNDS	<u>47240</u>	<u>(52663)</u>	<u>(5423)</u>

11. RELATED PARTY DISCLOSURES

There are no related party transactions for the year ended 31 July 2025

FRESH YOUTH MILTON KEYNES
Detailed Statement of Financial Activities
for the Year ended 31 July 2025

	2025	2024
	£	£
INCOME AND ENDOWMENTS		
National Lottery	23100	41850
ForMK	0	0
MK Community Foundation	3000	0
Grants - [Somali community fund]	0	0
Grants - [Benevity]	2640	4623
Other Income	18500	3000
	<u>47240</u>	<u>49473</u>
EXPENDITURE		
Raising donations and legacies		
Management charges	36000	28140
	<u>36000</u>	<u>28140</u>
Charitable activities		
Charitable giving	3052	4100
Hall hire	326	683
IT & consumables	1516	5186
Printing, postage & stationery	482	1497
Books & other resources	180	322
Staff Training	800	2500
Advert	0	522
Telephone	81	199
Travel	479	740
Insurance	28	(58)
Repairs	0	119
	<u>6944</u>	<u>15810</u>
Support costs		
Management		
Bank charges	0	0
Depreciation	614	547
	<u>614</u>	<u>547</u>
Human Resources		
Wages	8466	17352
Social security	0	0
	<u>8466</u>	<u>17352</u>
Others		
Entertainment	221	754
	<u>221</u>	<u>754</u>
Governance costs		
Legal & professional fees	418	700
	<u>418</u>	<u>700</u>
Total Resources expended	<u>52663</u>	<u>63303</u>
Net (expenditure)/income	<u>(5423)</u>	<u>(13830)</u>

FRESH YOUTH MILTON KEYNES

Independent Examiner's Report to the Trustees

I report on the accounts for the year from 1 August 2024 to 31 July 2025 set out four to nine.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedure laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act) ; and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosure in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts presents a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 130 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

O Obidipe
Independent Examiner
26 May 2026

FRESH YOUTH MILTON KEYNES

England & Wales - Charity number 1195348

Accounts

REGISTERED CHARITY NUMBER: 1195348

**Report of the Trustees and
Unaudited Financial Statements
for the Year ended 31 July 2024
for
FRESH YOUTH MILTON KEYNES**

FRESH YOUTH MILTON KEYNES

**Contents of the Financial Statements
for the Year ended 31 July 2024**

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FRESH YOUTH MILTON KEYNES
Report of the Trustees
for the Year ended 31 July 2024

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REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1195348

Registered office

Suite 6, 3rd Floor
Margaret Powell House
Midsummer Boulevard
Milton Keynes
MK9 3BN

Trustees

Alexander Pinheiro
Folashade Komolafe
Uzochikwa Nwuga
Akinola Omotesho Appointed 01/02/2024
Kerion Komolafe Appointed 01/02/2024

Secretary

A Komolafe

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Fresh Youth Milton Keynes is a Charitable Incorporated Organisation. It is governed by its charitable objective and controlled by the Trustees for the purpose of the law.

Principal Activity

The principal activity of the Charity in the year under review was to act as a resource to young people up to the age of 25 living in Milton Keynes providing advice, assistance and organising educational programmes/activities.

Risk management

The trustees have addressed the major risks to which the charity is exposed, in particular those relating to specific operational areas of the charity and its finances. The trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity has one main objective:

To act as a resource for young people up to the age of 25 in Milton Keynes.

It pursues this objective through the provision of advice, assistance, and educational training that supports developing life and other skills, capacities and capabilities to enable them participate and contribute in society.

Plans for the future

The charity will continue to grow its resources, educational and skills, training programmes and experiences in in any other way necessary to help the youths that comes through its doors in the Milton Keynes area. The charity will use its resources in an effective manner adopting locally, nationally and internationally tested ideas and methods, existing activities and initiating new programmes and activities that will benefits the youths.

FRESH YOUTH MILTON KEYNES

Report of the Trustees for the Year ended 31 July 2024

The last year has been challenging with the UK social and economic climate of which Milton Keynes is not exempt. There is a huge fall in volunteering and charity support due to the high cost of living and the drive for employees to go back to office-based working, away from the post-pandemic flexible home-based working. The number of volunteers reduced by 40%, and the availability to volunteer was not very aligned to the youth-friendly hours.

We made changes to our service in the last year to ensure we deliver value to the beneficiaries of our service. The school mentoring programme was revised to group workshops with an opportunity for those who want one-to-one mentoring to have that in between fortnightly workshops. We continue to serve the mentees who are not in school, through skills training support, while community mentoring remains one-to-one for social intervention and behavioural change and empowerment.

FYMK's sessions in the last year equated to 1,575 mentoring hours over the nine months in schools and 115 mentoring hours in the community.

Workshops and Group Sessions:

The workshops have been very powerful with the incorporation of entertainment and gaming competition. This allows some of the quiet, reserved mentees and young people to engage. This has really improved the social interaction and confidence building of the young people.

We delivered six sessions for young people aged 12-16. The workshop covered the following themes of the youth development framework:

- Leadership and Participation - Project planning,
- Economic and financial wellbeing - Further education, work placement
- Creativity and Fun -Activities that challenge and critical thinking
- Skills Development -Web site updates, audio editing
- Identity and Belonging - Self-awareness and equality and diversity

120 young people count, with 44 unique attendees. The sessions were designed and delivered by young professionals, local businesses, education and youth workers

Community Partnerships

The mentoring programme for young people at risk continues to engage local agencies involved with youth welfare. As we continue serving the young people, we seek opportunities to support their parents as well. A stable family will always create a good environment for a young person to develop.

We engage other professionals by signposting to experts, which ensures we provide the service possible for young people to cultivate good habits and the right decision-making, embed the behaviours and continue to improve.

Thanks And Appreciation

We are particularly thankful to our donors, funders, management and the operations team and volunteers who have been so generous in their sacrificial contributions of time, efforts and finances to the ongoing work of FYMK to see young peoples' lives transformed for the better.

Approved by order of the board of trustees on 24 April 2025 and signed on its behalf by

A Pinheiro - Trustee

FRESH YOUTH MILTON KEYNES

**Statements of Financial Activities
for the Year ended 31 July 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, Gifts, Grants and legacies	2	7623	41850	49473	63292
Investment Income		-	-	-	-
Total		7623	41850	49473	63292
EXPENDITURE ON					
Raising funds	4	0	28140	28140	24883
Charitable activities		21453	13710	35163	23287
Total		21453	41850	63303	48170
NET (EXPENDITURE)/INCOME		(13830)	0	(13830)	15122
RECONCILIATION OF FUNDS					
Total funds brought forward		34122	0	34122	19000
TOTAL FUNDS CARRIED FORWARD		20292	0	20292	34122

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities

The notes form part of these financial statements

FRESH YOUTH MILTON KEYNES

**Balance Sheet
At 31 August 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	7	1740	-	1740	1806
CURRENT ASSETS					
Debtors	8	5861	-	5861	4899
Cash at bank		7629	-	7629	27721
Prepayments		5462		5462	
		<u>20692</u>	<u>-</u>	<u>20692</u>	<u>34426</u>
CREDITORS					
Amounts falling due within one year	9	(400)	-	(400)	(304)
NET CURRENT ASSETS		<u>20292</u>	<u>-</u>	<u>20292</u>	<u>34122</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>20292</u>	<u>-</u>	<u>20292</u>	<u>34122</u>
NET ASSETS					
		<u><u>20292</u></u>	<u><u>-</u></u>	<u><u>20292</u></u>	<u><u>34122</u></u>
FUNDS					
	10				
Unrestricted funds				20292	34122
Restricted funds				-	-
TOTAL FUNDS				<u><u>20292</u></u>	<u><u>34122</u></u>

The financial statements were approved by the board of Trustees on 24 April 2025 and were signed on its behalf by

A Pinhneiro - Trustee

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements for the Year ended 31 July 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where cost cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment 20% on cost- straight line

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restriction arises when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. ACTIVITIES FOR GENERATING FUNDS

	2024	2023
	£	£
National Lottery	41850	44250
ForMK	0	4500
MK Community Foundation	0	10000
Grants - [Somali community fund]	0	3000
Grants - [Benevity]	4623	1191
Other Income	3000	351
	<u>49473</u>	<u>63292</u>

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements for the Year ended 31 July 2024

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	-	-

4. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Management charges	28140	24883
Support costs	35163	23287

5. TRUSTEE'S REMUNERATION AND BENEFITS

2024	2023
£	£
-	-

There were no trustee's expenses paid for the year ended 31 July 2024.

6. STAFF COSTS

	2024	2023
	£	£
Administration	17352	11932

The average monthly number of employees during the year was as follows:

2	2
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7. TANGIBLE FIXED ASSETS

	Equipment	Fixtures & Fittings	Totals
	£	£	£
Cost			
At 1 August 2023	2257	-	2257
Additions	481		481
At 31 July 2024	2738		2738
Depreciation			
At 1 August 2023	451	-	451
Charge for year	547	-	547
At 31 July 2024	998	-	998
NET BOOK VALUE			
At 31 July 2024	1740	-	1740
At 31 July 2023	1806	-	1806

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Other debtors	5861	4899

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements
for the Year ended 31 July 2024

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Taxation and Social security	0	104
Accruals and deferred income	400	200
	<u>400</u>	<u>304</u>

10. MOVEMENT IN FUNDS

	At 01.08.23	Net movement in funds	Transfers between funds	At 31.07.24
	£	£	£	£
Unrestricted funds				
General fund	34122	(13830)	-	20292
Restricted fund				
Restricted fund	-	-	-	-
TOTAL FUNDS	<u>34122</u>	<u>(13830)</u>	<u>-</u>	<u>20292</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	7623	(21453)	(13830)
Restricted funds			
Grants	41850	(41850)	-
TOTAL FUNDS	<u>49473</u>	<u>(63303)</u>	<u>(13830)</u>

11. RELATED PARTY DISCLOSURES

There are no related party transactions for the year ended 31 July 2024

FRESH YOUTH MILTON KEYNES
Detailed Statement of Financial Activities
for the Year ended 31 July 2024

	2024	2023
	£	£
INCOME AND ENDOWMENTS		
National Lottery	41850	44250
ForMK	0	4500
MK Community Foundation	0	10000
Grants - [Somali community fund]	0	3000
Grants - [Benevity]	4623	1191
Other Income	3000	351
	<u>49473</u>	<u>63292</u>
EXPENDITURE		
Raising donations and legacies		
Management charges	28140	24883
	<u>28140</u>	<u>24883</u>
Charitable activities		
Charitable giving	4100	1400
Hall hire	683	244
IT & consumables	5186	2340
Printing, postage & stationery	1497	457
Books & other resources	322	395
Staff Training	2500	2926
Advert	522	397
Telephone	199	0
Travel	740	832
Insurance	(58)	254
Repairs	119	269
	<u>15810</u>	<u>9514</u>
Support costs		
Management		
Bank charges	0	0
Depreciation	547	451
	<u>547</u>	<u>451</u>
Human Resources		
Wages	17352	11828
Social security	0	104
	<u>17352</u>	<u>11932</u>
Others		
Entertainment	754	1190
	<u>754</u>	<u>1190</u>
Governance costs		
Legal & professional fees	700	200
	<u>700</u>	<u>200</u>
Total Resources expended	<u>63303</u>	<u>48170</u>
Net (expenditure)/income	<u>(13830)</u>	<u>15122</u>

FRESH YOUTH MILTON KEYNES

Independent Examiner's Report to the Trustees

I report on the accounts for the year from 1 August 2023 to 31 July 2024 set out four to nine.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedure laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act) ; and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosure in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts presents a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 130 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

O Obidipe
Independent Examiner
25 April 2025

FRESH YOUTH MILTON KEYNES

England & Wales - Charity number 1195348

Accounts

REGISTERED CHARITY NUMBER: 1195348

**Report of the Trustees and
Unaudited Financial Statements
for the Year ended 31 July 2023
for
FRESH YOUTH MILTON KEYNES**

FRESH YOUTH MILTON KEYNES

**Contents of the Financial Statements
for the Year ended 31 July 2023**

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FRESH YOUTH MILTON KEYNES

Report of the Trustees for the Year ended 31 July 2023

The trustees presents their report with the financial statements of the charity for the year 29 July 2022 to 31 July 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1195348

Registered office

Suite 6, 3rd Floor
Margaret Powell House
Midsummer Boulevard
Milton Keynes
MK9 3BN

Trustees

Alexander Pinheiro
Folashade Komolafe
Uzochikwa Nwuga

Secretary

A Komolafe

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Fresh Youth Milton Keynes is a Charitable Incorporated Organisation. It is governed by its charitable objective and controlled by the Trustees for the purpose of the law.

Principal Activity

The principal activity of the Charity in the year under review was to act as a resource to young people up to the age of 25 living in Milton Keynes providing advice, assistance and organising educational programmes/activities.

Risk management

The trustees have addressed the major risks to which the charity is exposed, in particular those relating to specific operational areas of the charity and its finances. The trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity has one main objective:

To act as a resource for young people up to the age of 25 in Milton Keynes.

It pursues this objective through the provision of advice, assistance, and educational training that supports developing life and other skills, capacities and capabilities to enable them participate and contribute in society.

Plans for the future

The charity will continue to grow its resources, educational and skills, training programmes and experiences in in any other way necessary to help the youths that comes through its doors in the Milton Keynes area.

The charity will use its resources in an effective manner adopting locally, nationally and internationally tested ideas and methods, existing activities and initiating new programmes and activities that will benefits the youths.

FRESH YOUTH MILTON KEYNES

Report of the Trustees for the Year ended 31 July 2023

We continue with two formats of mentoring, one-to-one and group sessions in the school we service, while the mentees that are not in school, community mentoring remains one-to-one. The group sessions are a maximum of three students to one mentor. All sessions are fortnightly during school hours and term time, now with the added option of out-of-school contacts in between sessions with parental consent. FYMK's mentoring sessions in the last year equated to 1,048 mentoring hours over the six months in schools and 250 mentoring hours in the community.

Group Mentoring Session:

The group sessions have been beneficial for some of the mentees, it allows peer-to-peer learning to take place in the group. As we identify some mentees who will benefit more from one-to-one mentoring, we make arrangement for that. This may be due to the challenges they need support with and confidentiality or other situations and circumstances, one-to-one mentoring is still available.

Empowerment Sessions:

We delivered four sessions for young people aged 12-16. The empowerment sessions covered the following themes of the youth development framework:

- Leadership and Relationships
- Goal Setting and Confidence Building
- Resilience and Determination

88 young people attended the sessions, with 32 unique attendees. Professionals and experts from local business businesses and education and youth workers delivered and facilitated the sessions.

Community Partnerships

The mentoring programme for young people at risk in Milton Keynes continues to engage local agencies involved with youth welfare. We engage to establish the best approach to serving and supporting young people to cultivate good habits and the right decision-making, embed the behaviours and continue to improve.

We have established relationships with these local agencies, Youth Offending Team(YOT), MK Family Service, Thames Valley Police and Crime Prevention Squad, The Social Services and we continue to work with them.

Business Engagements

Our engagement with local businesses is improving but not yet at the level, we would like it to be, which is a broader base with tangible partnerships established. More businesses are aware of Fresh Youth MK and recognise and appreciate what we do for young people in MK. We continue to engage with existing organisations and we can add 2 more to the list.

Thanks And Appreciation

We are particularly thankful to our donors, funders, management and the operations team and volunteers who have been so generous in their sacrificial contributions of time, efforts and finances to the ongoing work to see young peoples' lives touched and changed for the better in the year.

Approved by order of the board of trustees on 30 May 2024 and signed on its behalf by

U Nwuga - Trustee

FRESH YOUTH MILTON KEYNES

Statements of Financial Activities
for the Year ended 31 July 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, Gifts, Grants and legacies	2	60292	3000	63292	21000
Investment Income		-	-	-	-
Total		60292	3000	63292	21000
EXPENDITURE ON					
Raising funds	4	24883	0	24883	2000
Charitable activities		20287	3000	23287	0
Total		45170	3000	48170	2000
NET (EXPENDITURE)/INCOME		15122	0	15122	19000
RECONCILIATION OF FUNDS					
Total funds brought forward		19000	0	19000	0
TOTAL FUNDS CARRIED FORWARD		34122	0	34122	19000

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities

The notes form part of these financial statements

FRESH YOUTH MILTON KEYNES

**Balance Sheet
At 31 August 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	7	1806	-	1806	0
CURRENT ASSETS					
Debtors	8	4899	-	4899	-
Cash at bank		27721	-	27721	19000
		34426	-	34426	19000
CREDITORS					
Amounts falling due within one year	9	(304)	-	(304)	0
NET CURRENT ASSETS		34122	-	34122	19000
TOTAL ASSETS LESS CURRENT LIABILITIES					
		34122	-	34122	19000
NET ASSETS					
		34122	-	34122	19000
FUNDS					
	10				
Unrestricted funds				34122	19000
Restricted funds				-	-
TOTAL FUNDS				34122	19000

The financial statements were approved by the board of Trustees on 30 May 2024 and were signed on its behalf by

U Nwuga - Trustee

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements for the Year ended 31 July 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where cost cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment 20% on cost- straight line

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restriction arises when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. ACTIVITIES FOR GENERATING FUNDS

	2023	2022
	£	£
National Lottery	44250	21000
ForMK	4500	0
MK Community Foundation	10000	0
Grants - [Somali community fund]	3000	0
Grants - [Benevity]	1191	0
Other Income	351	0
	<u>63292</u>	<u>21000</u>

FRESH YOUTH MILTON KEYNES

**Notes to the Financial Statements
for the Year ended 31 July 2023**

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	-	-

4. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Management charges	24883	2000
Support costs	23287	0

5. TRUSTEE'S REMUNERATION AND BENEFITS

2023	2022
£	£
-	-

There were no trustee's expenses paid for the year ended 31 July 2023.

6. STAFF COSTS

	2023	2022
	£	£
Administration	11932	0

The average monthly number of employees during the year was as follows:

2	0
---	---

7. TANGIBLE FIXED ASSETS

	Equipment	Fixtures & Fittings	Totals
	£	£	£
Cost			
At 1 August 2022	-	-	-
Additions	2257		2257
At 31 July 2023	2257		2257
Depreciation			
At 1 August 2022	0	-	0
Charge for year	451	-	451
At 31 July 2023	451	-	451
NET BOOK VALUE			
At 31 July 2023	1806	-	1806
At 31 July 2022	-	-	-

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Other debtors	4899	-

FRESH YOUTH MILTON KEYNES

Notes to the Financial Statements
for the Year ended 31 July 2023

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Taxation and Social security	104	0
Accruals and deferred income	200	0
	<u>304</u>	<u>0</u>

10. MOVEMENT IN FUNDS

	At 01.08.22	Net movement in funds	Transfers between funds	At 31.07.23
	£	£	£	£
Unrestricted funds				
General fund	19000	15122	-	34122
Restricted fund				
Restricted fund	-	-	-	-
TOTAL FUNDS	<u>19000</u>	<u>15122</u>	<u>-</u>	<u>34122</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	63292	(48170)	15122
Restricted funds			
Grants	-	-	-
TOTAL FUNDS	<u>63292</u>	<u>(48170)</u>	<u>15122</u>

11. RELATED PARTY DISCLOSURES

There are no related party transactions for the year ended 31 July 2023

FRESH YOUTH MILTON KEYNES

**Detailed Statement of Financial Activities
for the Year ended 31 July 2023**

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
National Lottery	44250	21000
ForMK	4500	0
MK Community Foundation	10000	0
Grants - [Somali community fund]	3000	0
Grants - [Benevity]	1191	0
Other Income	351	0
	<u>63292</u>	<u>21000</u>
 EXPENDITURE		
Raising donations and legacies		
Management charges	24883	2000
	<u>24883</u>	<u>2000</u>
 Charitable activities		
Charitable giving	1400	0
Hall hire	244	0
IT & consumables	2340	0
Printing, postage & stationery	457	0
Books & other resources	395	0
Staff Training	2926	0
Advert	397	0
Travel	832	0
Insurance	254	0
Repairs	269	0
	<u>9514</u>	<u>0</u>
 Support costs		
Management		
Bank charges	0	0
Depreciation	451	0
	<u>451</u>	<u>0</u>
 Human Resources		
Wages	11828	0
Social security	104	0
	<u>11932</u>	<u>0</u>
 Others		
Entertainment	1190	0
	<u>1190</u>	<u>0</u>
 Governance costs		
Legal & professional fees	200	0
	<u>200</u>	<u>0</u>
 Total Resources expended	 <u>48170</u>	 <u>2000</u>
 Net (expenditure)/income	 <u>15122</u>	 <u>19000</u>

FRESH YOUTH MILTON KEYNES

Independent Examiner's Report to the Trustees

I report on the accounts for the year from 29 July 2022 to 31 July 2023 set out four to nine.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

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Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosure in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts presents a 'true and fair view' and the report is limited to those matters set out in the statements below.

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 - to keep accounting records in accordance with Section 130 of the Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

O Obidipe
Independent Examiner
7 June 2024

FRESH YOUTH MILTON KEYNES

England & Wales - Charity number 1195348

Accounts



Annual Report 2022

Fresh Youth Milton Keynes

DATE PREPARED

19/10/2022

CONTACT

Kayode Komolafe

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Margaret Powell
House
Midsummer
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Milton Keynes
MK9 3BN

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2. Community engagement	5
3. Changes and impacts made (both big and small)	8
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5. Continuous improvement.....	12

1. FYMK Story so far

The funding from the National lottery community fund has helped us achieve the following in a short space of time. FYMK has been recognised as a mainstay in the youth service forum in Milton Keynes. We have been able to provide the following:

- **One-to-one mentoring:** We have provided mentoring sessions to 59 young people with volunteer mentors from different businesses and organisations in Milton Keynes. We had 70 young people registered for mentoring this year.
- Total Number of unique participants both volunteers and beneficiaries: 137
 - Children / Young People (up to 18 years old): 46
 - Young People 18 to 25 years old – 13
 - Older People (60 or over): 5
 - Non-White: 93
 - People with Disabilities (Learning or Physical): 4
- Empowerment sessions: We delivered three sessions for young people aged 13 – 18. The empowerment covered the following themes of youth development
 - Identity, self-awareness and managing emotions.
 - Communication, Resilience, and determination
 - Career Guidance, Pathways and making the right choices.

The sessions were attended by count of 73 young people, 25 unique attendees. We had professionals from businesses, Education and the Police delivering and facilitating the sessions.



All the feedback comments from the empowerment session were positive. Here are some feedback comments

“It was very welcoming. I had an informative debating session and enjoyed engaging with other youth” - MC

“The communication session was inclusive; it was fun, and I received a lot of advice on how to deal with different life-scenarios” - DA

“I learnt about myself and how to interact with new people” - TD

“The awareness session helped me to think of topics that I would normally haven’t thought of. I got a deeper understanding of my identity” – AO

“I had opportunity to talk and be listened to and to express my feelings opportunity to share ideas.” - DC

- Youth Achievement recognition in School:
 - FYMK contributed to the recognition of student end of year achievement award at Lord grey Academy. It was a good experience for the students, they are happy to be celebrated.

- Awareness of FYMK work in the community:
 - Africa Diaspora Community event-
 - Afro Caribbean event
 - MK College Freshers Fair
 - Newton Leys Local Business exhibition

- School Engagement and Assemblies:
 - Lord Grey Academy
 - Stantonbury School
 - St Paul’s School

2. Community engagement

- **Minority ethnic community and police dialogue:**

Fresh Youth MK is very conscious of collaborative approach to community engagement. We have worked with various organisations in Milton Keynes to further the objective of youth development, crime prevention and community cohesion. We worked with the Thames Valley Police, African Diaspora and forMK to promote collaborative working between the local community organisations (parents of young people at risk) and the police and increase awareness of the issues and challenges the minority ethnic communities face in Milton Keynes.



- **Promotion events with African Diaspora** to engage the minority ethnic community in the Youth mentoring programme, engage prospective mentors and mentees from the community.
- **Presence at community events and festivals** to promote awareness of FYMK and our work. We had an audience with the High Sheriff of Buckinghamshire at one of the festivals and they were really impressed with our work and the opportunities and difference our work is making.



- **County Line awareness and prevention:** In collaboration with forMK we organised county line awareness seminar and workshop. The programme informed parents and young people on the signs of grooming and prevention approaches. The programme was attended by over 120 people.
- **Multi-Agency Relationship** - As part of the mentoring programme for young people at risk, we are engaged by local agencies involved with youth welfare in Milton Keynes. We are involved the strategy meetings for best approach in serving and supporting young people to cultivate, improve and attain. Some of the agencies that we work with are
 - Youth Offending team (YOT)
 - MK Family Service
 - Thames Valley Police and Crime Prevention Squad
 - The Social Services
 - Pupil referral Unit

Other local organisations we work with are, schools, faith groups, youth groups, businesses and sporting clubs.

- **Changes to the way we work**

Our collaboration with other organisations in the community has opened up opportunities and in order to seize the opportunity to make an impact and influence the narrative, the way we worked in some areas changed from the original plan.

- **Out of School to In School** – The original mentoring programme was designed to take place outside of school with parental consent to avoid disruption to pupil's lessons. After engaging the schools and discussing the programme, we are faced with realisation of diversity in requirements of different schools due to contexts and the safeguarding policies of the school. We adapted as required to kick off and start making impact.
- **Multi-Agency Engagement** – With several referrals of young people at risk to FYMK programme, we had to engage all agencies that are working with the young person, attend the strategy meetings. The demand was not anticipated, but we adapted.
- **Face to Face to Virtual and Hybrid mentoring** – The blueprint for the programme did not anticipate virtual or hybrid mode of mentoring. Due to changes in mentoring times and physical availability of some mentors, we had to adapt and include virtual / hybrid video mentoring into our delivery model.
- **More dependency on agency partnerships** – Some of our beneficiaries need other levels of support that our mentors are not equipped to offer. In such cases we had to signpost to complementing service providers and start

forming partnerships. Some of the services required are

- Counselling
 - Extra tuition
 - Parental / family support
 - Mental health care
- **Making most of the strengths of Milton Keynes** – In delivering the empowerment sessions, we engaged the professionals and specialists in key industries that we need to deliver the empowerment sessions. We got professionals from
 - The Police
 - Speech and Language expert
 - MK College
 - MK Ethnic Business Community

In collaborating and bringing experts and professionals together, we leveraged the strengths of other organisations in MK. As the only ethnic minority youth mentoring organisation in MK, our work is now integral to the strategic plan for ethnicity and diversity in MK. We are part of the Race Action Plan panel for MK.

FYMK is part of the Youth Forum planning in MK for Career, Aspirations and Attainment.

FYMK's work is highlighted in Milton Keynes' successful bid for City status as one of MK's strength of community engagement and investment in the next generation of leaders.

3. Changes and impacts made (both big and small)

The changes and impact of the programme is attested to by stories of our beneficiaries, the volunteers and other voices that have been touched by our work.

In numbers:

	Year 1	
Programmes	Target	Actual
Mentoring	60	70
Education and Career Guidance	50	35
Exposure to Business Environment	15	3
Life, Leadership and Employability Skills	70	73
Sub Total (Number of Young People)	195	181

Other Mentor-related Activities	Target	Actual
Number of Assemblies	2	4
Number of Students & Young People Attending	250	175
Total Number of Young People attending	500	700
Overall Total	695	881

Because this is the first set of data, the impact assessment and journey reflection cannot be conclusive at this point. Evaluation and outcome/impact reports will be developed as more data are gathered.

Volunteers' stories:

BO's story

"I was attracted to becoming a mentor because I like to help the younger generation achieve their goals and to help them find their motivation. I have a young daughter and am therefore fully aware of the issues facing young people today.

I discovered that in order to help young people, the young person has to want to be mentored because it won't work if they are not interested, they have to want to improve their life and situation.

My journey so far has been fulfilling and eye-opening and has helped me see that my daughter could benefit from something like this- so I have got a mentor for her. I hope that my mentee will take what she has learnt from my mentoring into her future life as she goes to college, university, or work. So far, her grades have improved, she is working harder, her confidence has improved and she has changed mindset about studies

The training I have received have been beneficial, I have learnt to listen more attentively and have learnt more about the struggle of young people.

LR's story

Since connecting with my mentee there has been changes along the way to say the least but with my guiding and steering and mentee away from any negative behavioural patterns and

gently encouraging this young man to understand that his decisions can carry a heavy weight of responsibility and consequence.

I was able to find a sporting activity for my mentee which he attends every Saturday morning on a weekly basis of which he takes personal responsibility of making sure he attends which i am glad to say that he thoroughly enjoys and looks forward to it. I also attend regular monthly zoom meetings with my mentee’s social worker, his father and his school headteacher for progress report.

Mentees:

“Best part of mentoring is talking about changes I am facing and seeking guidance on how to solve the challenges and learning new things” BN (St Pauls)

“My Mentor was able to indicate to me which part of my education I needed to focus on and how to apply consistency in everything I do. Mentoring could be improved by holding more frequent sessions” VO (St Pauls)

Schools (Mentoring Champions/Teachers):



Thank you card from Lord Grey Academy

The major changes from original plan were the level of demand expected from 18 – 25 years old. The demand from 18-25 years old was much lower than expected but there was a lot higher increase in demand for the younger age group, which translates to early intervention, and it has indicated some positive changes in some of the beneficiaries and their relationship at home and better engagement at school.

Operations, Systems & Tools

We have been able to improve our operations with the implementation of MS SharePoint and MS Teams which enables secured data storage and improved data protection and GDPR compliance.

The mentors have also benefited from the programme in terms of personal development. We have monthly peer-to-peer sessions among the mentors. Coupled with peer-to-peer sessions, safeguarding training, fundamentals of mentoring and tools & techniques of mentoring training as well as online portal with continuous learning materials for effective and efficient mentoring.

4. What have we learnt?

We acknowledge that some things have gone well in the last 6 months while some areas need improvement and need to be changed.

Here are some of the things that have gone well:

- **Training and Development of the Mentors** – The training provided to the mentors were of good standard and the feedback from the mentors was 100% positive. The mentors received safeguarding, fundamentals of mentoring and Tools and Techniques of mentoring. The increase in youth crime in MK also influences the training development offered to the mentors.
- **Safer recruitment** - We have adopted a safer recruitment policy as our mentors deal with young people some of whom are vulnerable. We completed DBS checks on all our staff and volunteers, and they all go through Safeguarding training before matching with a mentee. We also ensure parental consent is obtained for any referrals under the age of 18.
- **Flexibility** – There have been a lot of changes from the original plan, but we have been able to review and make reasonable adjustments as required by the partners and beneficiaries. Changes required by the schools were challenging, especially for the mentors that work full-time.
- **Happy mentees** – Using the Save the Children Happy Childhood Index survey questionnaire, our mentees are happy, and we expect a follow-up survey to reflect an improvement.
- **Empowerment sessions** – The sessions were very and it gave the young people the opportunity to visit a work environment which they found inspiring. The session also created an environment to explore ideas and think open-mindedly. They also had the opportunity to ask questions from a young adult.

Learning points on things to improve

- **Level of Relationship** – To build partnerships with other organisations, we learnt that it must be at the senior level. Without the buy in at the senior level, the relationship is not sustainable or may not take off at all. This was our experience in one of the schools.
- **Managing expectations** – It is important to provide relevant information in timely manner to all our stakeholders. By so doing, we can manage the expectations of the beneficiaries and the mentors. It is important that the mentors understand the process timeline and manage timeline when they can be matched.
- **Workload** – The demand for the service has grown a lot faster than we projected. This has been influenced by the increase in youth crime in MK, this has also changed the profile of the mentees. The rapid growth in demand would have to be managed by redesigning the service process with a better understanding of demand curve and

the varied profiles of our mentees. We would need to build capacity for different beneficiary profile groups.

Future Plan

- **“Momentum” employability Training** - The major service that we planned to start but haven’t started is the “momentum”, an 8-week employability programme for 18 – 25-year-olds. We plan that within the next year, we would roll it out.
- **Youth Hub** – We have not been able to secure the hub space that we need for regular activities and the venue for our training programme. This is to be a safe space for young people. We will continue to liaise with the community foundation for a suitable space. The interim solution is venue hire, which is more costly than securing a permanent or long lease.
- **Commissioned Service** - Explore the options of developing commissioned services with the local authority for financial sustainability.

5. Continuous improvement

- **Service design** - From our learning, we will design mentoring service that fits various profile of the mentee that we serve. The services will take into account the age range, the context and environment and the time requirements.
- **Minimum Specialist Training** – We will seek to provide some specialist training for some mentors, so that we can provide first response to some special needs pending availability of specialists and signposting to specialists.
- **Parental Support** – We will source pool of specialists that can provide support and equip parents with tools and techniques in dealing with some of the issues faced by their children and young adults
- **Culture shift** - Our commitment is to build community cohesion and help Milton Keynes to thrive from generation to generation. We will continue to encourage, and motivate young people and promote a culture of aspiration. We will celebrate both little progress and big success.
- **Joined up thinking collaboration** - We will continue to liaise and work in collaboration with other organisations and businesses with the focus on leveraging each other's strengths to build a cohesive and thriving community.

Support

- **Financial support** - To continue to grow and achieve our objectives, we will need financial support, especially with the cost-of-living crisis. If we don't increase our base salary, it will be difficult to recruit staff with the right level of skills, experience, and competence.
- **Recommendations** – We would like to be recommended to other organisations in Milton Keynes that complement our services.

Profit and Loss

Fresh Youth Milton Keynes

For the period 29 July 2021 to 31 July 2022

Account	29 Jul 2021-31 Jul 2022
Turnover	
Grant Received	21,000.00
Total Turnover	21,000.00
Cost of Charity Activities	
Direct Costs	2,000.00
Total Cost of Charity Activities	2,000.00
Surplus	19,000.00
Reserve	19,000.00

Balance Sheet

Fresh Youth Milton Keynes

As at 31 July 2022

	Account	31 Jul 2022
Current Assets		
	Cash at bank and in hand	
	20574453360547	19,000.00
	Total Cash at bank and in hand	19,000.00
Total Current Assets		19,000.00
	Net Current Assets (Liabilities)	19,000.00
	Total Assets less Current Liabilities	19,000.00
	Net Assets	19,000.00
Capital and Reserves		
	Current Year Earnings	19,000.00
Total Capital and Reserves		19,000.00