



Registered Charity Number: 1195299

Annual Report 1/07/23 – 30/06/24

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Executive Summary

As written in the constitution Tia's Crown was established, as a Charitable Incorporated Organisation (CIO), for the following purpose:

1. To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life, in particular but not exclusively through the provision of workshops and classes in dance.
2. For the public benefit, the promotion and protection of good mental and physical health of individuals with poor physical and mental health in particular but not exclusively through the provision of grants to registered charities.

This report covers the last year for the charity, in which it has continued to build itself as a name to support mental and physical wellbeing. The charity is slowly extending its recognition within the local community and the wider area.

Our free Let's dance sessions are slowly evolving and we have begun to extend these sessions into local care homes, these have been greatly received by both the residents and staff.

We are currently assessing local interest in a vital network, where people will be able to share their expertise regarding mental health support.

This report contains the financial accounts for the period as stated in this report.

Chair Statement

We are now into the third year of the charity. We have appointed one new trustee, a mental health consultant and also have a number of volunteers who are willing to help at our events.

We have continued to develop our links with the local college and once again their students were involved in our main fundraising event, Dance Floor Heroes.

Our 'Let's Dance' sessions are evolving to cover the needs of our local community. In addition to holding sessions with local community groups we are now working with two different residential homes where we have witnessed an increased boost in the residents' physical and mental wellbeing. We have continued to hold our outdoor sessions at Stanley Park and at the Mirror Ball on Blackpool Promenade. We are promoting dance for well-being with employers and employees and our creative director travelled to Pineapple studios in London to run a session.

To accommodate these extra sessions we are now looking to bring more dance teachers in to help with the workload.

We obviously cannot do a lot of the work or extend our dance sessions without raising vital funds. As well as raffles we have held a psychic night, a crystal healing night and an Easter fun day.

The trustees are happy to have received grants from seven different sources that total £5,970 as these have helped us to continue our work. We are also very grateful to one supporter who donates £30 a month to the charity.

Fundraising is constant and continues to be difficult in the present economic climate. However, we now have a committed team who are determined to continue to raise funds in any way possible and we will continue to apply for grants to help us with our work.

We are proud to have been nominated for and in some cases to have received several different awards this year. All of these were awarded for the free dance sessions Tia's Crown has undertaken in the community.

We are very excited about a new venture that Tia's Crown is about to embark on, The Vital Network

An Overview

As written in the constitution Tia's Crown was established, as a Charitable Incorporated Organisation (CIO), for the following purpose:

3. To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life, in particular but not exclusively through the provision of workshops and classes in dance.
4. For the public benefit, the promotion and protection of good mental and physical health of individuals with poor physical and mental health in particular but not exclusively through the provision of grants to registered charities.

Mission Statement

Our Mission:

Tia's Crown mission is to empower people to enhance their mental and physical wellbeing through the medium of dance.

Our Vision:

- Tia's Crown envisions a world where people will have;
- the feeling of safety and stability,
 - the ability to cope and thrive, and
 - a sense of connection with other people, local communities and the wider environment

Our Core Values:

Integrity	Accountability	Respect	Creativity
Tia's Crown maintains the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions	We hold ourselves accountable for the quality and lasting results of our work and for the commitments we make to our participants, partners, donors, and each other	We value and celebrate the unique and diverse talents, experiences and perspectives of everyone, and treat our participants, partners, donors and each other with sensitivity and respect	We go beyond conventional ideas and approaches so new possibilities and innovation can flourish to ensure real and lasting positive change

About Tia's Crown

Background

From our inception in lockdown, Tia's Crown has strived to maintain the concept of free dance sessions to support mental health and well being. We are still in our infancy but are now becoming well known not only in our local community, but across the country, as more people have engaged with Dance Floor Heroes heats in different localities.

Tia's Crown was founded to help support mental & physical wellbeing through dance and reaching out to the local community and further afield. We know how dance can affect people's mental well-being, releasing endorphins and giving a boost. But it's also about being around others and being made to feel welcome and allowing ourselves to feel enjoyment without being judged.

There is now much more dance on our mental health Cool Facts Hot Feet by promotion to employers.



evidence available on the power of and well being. The publication of Department of Health has helped in

Achievement

Dance Floor Heroes

As part of our charity programme our main fundraising event continues to be Dance Floor Heroes which this year was held on 14th June 2024 in the Empress Ballroom, The Winter Gardens, Blackpool.

The charity put on 3 free dance days across the country. Heats took place in Blackpool, Birmingham and Andover. Attendees experienced a fun team building dance event. It gave the opportunity for participants to meet new people, to develop their confidence and learn new dance skills.

From these days 12 participants were chosen to dance with 12 professional dancers at The Winter Gardens Blackpool. Each participant raised sponsorship for the charity. The show is self-financing from ticket sales and local companies support it by sponsoring, e.g. programmes sponsored by the local leaflet distributing company.

The event was an extravaganza and was well received. £27000 was raised by the participants via Just Giving. This was double from the previous year with increased ticket sales and a lot of hard work from the contestants. Once again we were extremely lucky to have judges and presenters who are or were involved with Strictly Come Dancing.

We have decided to change the way we hold our auditions for Dance Floor Heroes for the next show and this time we will be inviting the contestants to Blackpool to take part in a mass audition day. This will be more cost effective for the charity.

It is hoped that monies raised will support the charity's free dance sessions for the next 12 months.

Let's Dance

Having assessed the impact of our Let's Dance sessions at The Crown Ballroom it was agreed to move out into the community to meet the needs of differing local groups.

We also held free dance session in a local library, the local park and on the promenade in Blackpool. We continue to work with local councilors regarding Let's Dance in different settings.



FREE DANCE SESSIONS
find next available dates

Let's Dance Sessions 2023/2024					
Date	Time	Venue	Event organiser	Teacher	Event Contact Details
04/07/23	14:00 – 15:00	Glitterball	Stacey Bonnell	Alison Slinger	The Crown Ballroom Fleetwood
25/07/23	14:00 -15:00	Glitterball	Stacey Bonnell	Alison Slinger	The Crown Ballroom Fleetwood
15/08/23	14:00 – 15:00	Stanley Park	Stacey Bonnell	Alison Slinger	Chris Pope Blackpool council
14/12/23	19:00 – 20:00	Monarchy studio	Stacey Bonnell	Elizabeth Jones	The Crown Ballroom Fleetwood
12/04/24	1:00 – 2:00	Wintergardens	Stacey Bonnell	Alison Slinger	The Crown Ballroom Fleetwood
09/05/24	19:00 – 20:00	Monarchy Studio	Stacey Bonnell	Elizabeth Jones	The Crown Ballroom Fleetwood
15/05/24	13:30 – 14:30	Hollins Bank Care Home	Stacey Bonnell	Elizabeth Jones	Hollins Bank Care Home
16/05/24	14:00 – 15:00	Pineapple Studio	Alison Slinger	Alison Slinger	The Crown Ballroom Fleetwood

Awards

Over the last year the charity has achieved the following awards for the work in the community.

Date	Award	Category	Result
15/09/23	National Diversity Awards	Community Organisation Award for Age	Certificate of achievement
29/09/23	Active Blackpool	Active Lives Community Award	Winner
17/10/23	Active Wyre	Activating Communities Award	Winner
17/10/83	Active Wyre	Active Wyre Health and Wellbeing Award	Highly commended
17/11/23	Active Lancashire	Activating Communities Award	Finalist

Governance

Tia's Crown is a Charitable Incorporated Organisation (CIO) who's only voting members are its charity trustees.

Charity trustees

Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:

any special knowledge or experience that he or she has or holds himself or herself out as having; and,

- (ii) if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for trusteeship

Every charity trustee must be a natural person.

No individual may be appointed as a charity trustee of the CIO:

- if he or she is under the age of 16 years; or
- if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).

No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.

At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Number of charity trustees

Option 1

- (a) There must be at least five charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.

Option 1a

(b)The maximum number of charity trustees is 9. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

First Charity Trustees

The first charity trustees are as follows, and are appointed for the following terms –

Alison Slinger	4 years
Tina Boults	4 years
Catherine Middleton	3 years

Appointment of Charity Trustees

Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Current Trustees

Name		Date of First Appointment	Date when appointment expires
Alison Slinger	Creative Director & Co-Founder	20/01/2021	19/01/2025
Tina Boults	Chair & Co-Founder	20/01/2021	19/01/2025
Catherine Middleton	Finance	20/01/2021	19/01/2027
Chelsey Scargill	Trustee	04/07/2022	24/6/2025
Stacey Bonell	Trustee	28/03/2023	28/03/2026
Mark Bairstow	Trustee	23/3/2023	23/03/2026
John Westhead	Trustee	26/06/24	25/06/27

Volunteers

As well as dedicated Trustees the charity also have 7 ambassadors that support with events and promotion of the work of the charity:

Andrew Nichols- Clarke
Louise Pickin
Lauren Pickup
Kyle Passmore
Cassandra Gleeson
Joshua Fasuyi
Lydia Dickinson

There are also other volunteers that are not formally associated with the charity but regularly support all events and support promotion where they can.

The Trustees wish to thank all the volunteers that give their time to the work of this charity.

Reference and Administrative Details:

Registered name	Tia's Crown
Charity registration number	1195299
Address	C/O The Crown Ballroom Farmer Parrs Estate Wyrefield Farm Rossall Lane Fleetwood LANCS FY7 8SL

Financial Review

Consolidated Statement of Financial Activities for the year ended 30th June 2024

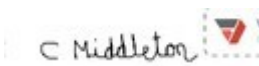
Tia's Crown-Charity Number 1195299							
		Note Ref:		Unrestricted funds	Restricted funds		Prior Year
Bank account				£23,625.00			£2,227.04
Petty cash				£203.62			£203.62
Income & endowments from		3					
Donations, legacies, grants and advances				£6,205.00	£0.00		£13,628.80
Charitable activities				£51,926.66	£0.00		£51,704.89
Investments				£0.00	£0.00		£0.00
				£58,131.66	£0.00		£65,333.69
Expenditure on		5					
Charitable activities				£35,394.25	£940.61		£66,564.24
Other				£398.84			
				£35,793.09	£940.61		£66,564.24
Income before gains & losses on investments							
unrealised gains/losses on investments				£0.00	£0.00		£0.00
				£0.00	£0.00		£0.00
Total funds							
(income-Expenditure)				£23,828.62	£0.00		£2430.66
Current Assets		6					
Fixed assests				£600.00			£600.00
Assets for sale				£1215.00			£200
Total current assets				£1815.00			£800

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes within pages 13 & 14 form part of these accounts.

Approved and authorised for issue by the Board and signed of behalf

Signed: 

Signed: 

Trustee... Tina Boults .

Trustee... Catherine Middleton

Date 30/6/2024

Date 30/6/2024

Notes to the Accounts

1. Basis of preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP (FRS 102)) and the Companies Act 2006.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The Trustees have considered the impact of the current financial climate and understand this may have an impact on income generation.

2 Structure of Funds

Due to the Charity having less than £10,000 income the accounts have been presented to demonstrate the Charity's third year accounts reflecting its income, expenditure and assets.

3. Income

All income is recognised in the Statement of Financial Activities when the charity has entitlement to the income, any performance conditions have been met, we can confirm that the income has been received and the amount can be quantified with reasonable accuracy.

4. **Donated Goods and Services - Role of Volunteers**

Due to the nature of the role of volunteers it is not possible to quantify the monetary value of their varied contributions but an outline of the activities they perform freely is explained below:-

It should be noted that all Trustees / Company Directors give their time and skills freely to run the Charity.

The delegated Trustee Authority make recommendations as to how the charity's designated funds are spent to benefit the charity's vision.

Fund Raisers -

The volunteers (as detailed within this Trustee Annual Report 30/06/2022 – 30/6//2023) actively support the fundraising for the charity by directly raising funds, using collection tins as well as volunteers who undertake sponsored activities and collect through online support pages (Just Giving).

5. **Expenditure and Irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

6. **Assets**

Assets are reported as fixed assets and assets for sale (Charity merchandise). The only fixed assets the charity holds at this time are the Advertising & Marketing banners.

Comments made in our Let's Dance Sessions

I really didn't feel like doing this after a day at work but now I feel energised.

We're so glad to see you again ladies, we don't do anything else like this.

Do you have to go? I could do with a lie down but I've had such fun.

Before the session No I don't like dancing and I don't like music. Following the session, Are you coming again soon, I loved it?

Tia's Crown

**“Changing the
world one cha cha
at a time ”**