

2022

Growing Hope High Wycombe **FIRST ANNUAL REPORT**

Report & Financial Statements
26 July 2021 - 31 December 2022



Growing
HOPE
High Wycombe

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4 CEO's Letter

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“I’m filled with joy reflecting on the impact we’ve had for families this year and I’m excited for our continued growth in the year ahead.”

We have seen another year of encouraging growth at Growing Hope this year. I had the privilege recently to talk about all that we’ve been doing with His Majesty King Charles III, the Archbishop of Canterbury Justin Welby and The Rt Revd and Rt Hon Dame Sarah Mullally DBE, Bishop of London, at a community reception at King’s Cross Church. It was great to celebrate Growing Hope King’s Cross and all that we’ve seen happen across the charity nationally.



Over this year we have continued to work with many more children, young people and families who have additional needs. A couple of weeks ago I was in clinic with a family who have seen an amazing breakthrough with their ten-year-old son who, through occupational therapy, is now able to sleep in his own bed on his own at night. Having sleep is making a big difference to the whole family and it’s encouraging to see similar stories repeated across our clinics. We have excitingly applied for charity status for our next Growing Hope clinic in Gateshead and we hope to open this early in the new year. We are also in a number of encouraging conversations with churches across the country who may set up a Growing Hope clinic in 2023.

I am so encouraged by God’s faithfulness to Growing Hope and the provision for each of the local clinics. Over the course of this year we have excitingly added five new individuals to our Growing Hope national team and it is brilliant to have Vicki, Jade, Naz, Anna and Jennie on board. The increased capacity at a national level means that we can better support and grow our local Growing Hope clinics.

We have also taken big steps nationally in the development of resources which support children and young people with additional needs and their families across the UK. We have been rolling out our When Dreams Change course for parents and carers of children with additional needs and our Siblings Group courses. We have also launched our accessibility award for churches to receive a kitemark about their accessibility. We are looking forward to continuing to impact families through partnering with local churches, communities and schools alongside our Growing Hope clinics.

I’m filled with joy reflecting on the impact we’ve had for families this year and I’m excited for our continued growth in the year ahead.

Yours sincerely,

Dr Naomi Graham
Founder & CEO of Growing Hope National



Growing Hope Values



Hope



Community



Generosity



Innovation



Courage

6 Chairman's Letter

Growing Hope High Wycombe was granted charitable status in July 2021 in a record turnaround of less than four working days! The newly formed group of trustees were drawn from several churches in High Wycombe as were the Champions who have played a significant role in creating a Wycombe-wide venture. We have been greatly encouraged to have donations from individuals, churches, the Deanery, the Diocese, and the local community.

“

“Enthusiastic fundraising continues enabling confidence in the work of Growing Hope High Wycombe. There is much to thank God for.”

We were made aware of the needs of children and families in our community as soon as we began to promote Growing Hope High Wycombe. We met with local school headteachers who immediately saw how we could support some of their children with additional needs or their siblings or parents.

Estelle Van der Linde, our Clinic Manager from February until September 2022, set up the clinic from scratch and provided speech and language therapy to many on our waiting list, all of whom were delighted as their children made visible progress. She also contributed to our first Gala Dinner in the spring, ran a Siblings Group in a local school and offered flexible sessions for families on Saturday mornings with volunteers with different professional skills. Parents and children just loved her!

After establishing many positives, Estelle returned to her home in South Africa in September 2022. We are pleased to say we have a new Clinic Manager, Rosalyn Baskett, starting in January 2023 who will continue to build and develop the work of the clinic and the children's work at St James' Church.

In the meantime, enthusiastic fundraising continues enabling confidence in the work of Growing Hope High Wycombe. There is much to thank God for.

I would like to say a huge thank you to our clinic manager, trustees, champions, volunteers, and supporters who pray for Growing Hope High Wycombe and generously give of their time and talents. The real stars are the children and families who never cease to inspire and encourage us.

Yours sincerely,

Jan Fishwick

Jan Fishwick
Chair of Trustees



Trustees' Report

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This is the first annual report for Growing Hope High Wycombe. The Board of Trustees presents its report and financial statements for the year 26 July 2021 - 31 December 2022 together with the Independent Examiner's Report. Growing Hope High Wycombe was registered with the charity commission as a CIO on 26 July 2021, charity number 1195290. The current trustees are Jan Fishwick, Elizabeth Evans, Heather Graham, Angela McInerney, Heather Morley and Lydia Cook.

Since launching in February 2022, Growing Hope High Wycombe has continued to provide free therapy services for children and young people with additional needs and their families living in High Wycombe. Between September and November, the clinic temporarily closed to referrals whilst we recruited for a new Clinic Manager, after Estelle stepped down in September. We re-opened our doors in November when Louise Stone started as a music therapist. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives (page 8) and impact and outcomes (page 10 onwards) are found in greater depth within this report.

We are confident that Growing Hope High Wycombe has carried out its charitable objectives in 2022 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report. There has been no change in our trustee board since we received charity status in 2021, and the trustee board was set up on 8 July 2021 and includes the following trustees: Jan Fishwick (Chair), Elizabeth Evans, Heather Graham, Angela McInerney, Heather Morley, Lydia Cook.

Growing Hope High Wycombe provides intervention and support to children and families in need, regardless of income. These services will be provided by two

members of staff (registered healthcare professionals). In the future, services may also be provided by further volunteers and freelancers where necessary, in accordance with charity policy and standards of good practice. We have many non-clinical volunteers without whom we would not have been able to run Growing Hope High Wycombe in 2022, and we are extremely grateful for their support. In particular we would like to thank Sarah Couch, our finance volunteer; Joe Cook, our administrative volunteer, and several members of the St James' family who have given time to enable Growing Hope to be a success.

Yours sincerely,

*Jan Fishwick, Elizabeth Evans,
Heather Graham, Angela McInerney,
Heather Morley and Lydia Cook.*

This year we have:

- supported 94 children, siblings, parents and carers through therapy and training.
- raised £89,276 to grow hope in the lives of people in High Wycombe.

8 Objectives and Values

In accordance with its charity constitution, Growing Hope High Wycombe has sought to achieve the following aims and objectives in the period dated 26 July 2021 to 31 December 2022.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the High Wycombe area. In particular, but not exclusively, by:

 registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.

 provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.

 the advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Hope for Children:

We have provided free occupational therapy and integrative therapy in the St James' Downley church building. We have worked on individualised goals to support children and families in the areas of greatest need.



Hope for Families:

We have provided two When Dreams Change groups for parents processing the experience of having a child with additional needs, and one Siblings Group to support siblings of children with additional needs.



Hope in Jesus:

We have supported families of children with additional needs to access church services and feel a part of the St James' Downley community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

We've provided direct therapy for 41 children.



87% of therapy goals set with children were achieved.



94 children, siblings, parents and carers supported through therapy sessions and courses.





16.6%
of children in
England have an
additional need¹

54%
of parents are
experiencing a
delay in accessing
therapy²

46%
of disabled children's
siblings are socially
isolated³

10 Hope for Children

In 2022 we worked with 41 children on a one-to-one or group basis.

Each child received an assessment and then a four to six week block of weekly intervention sessions to support them in reaching their therapy goals. Various therapy services have been provided in the year by our therapists:

 **Estelle Van der Linde** (Speech and Language Therapist and Audiologist) our former Clinic Manager up until September 2022.

 **Louise Stone** (Music Therapist) who has been providing music therapy since November 2022.

Outcome Measures

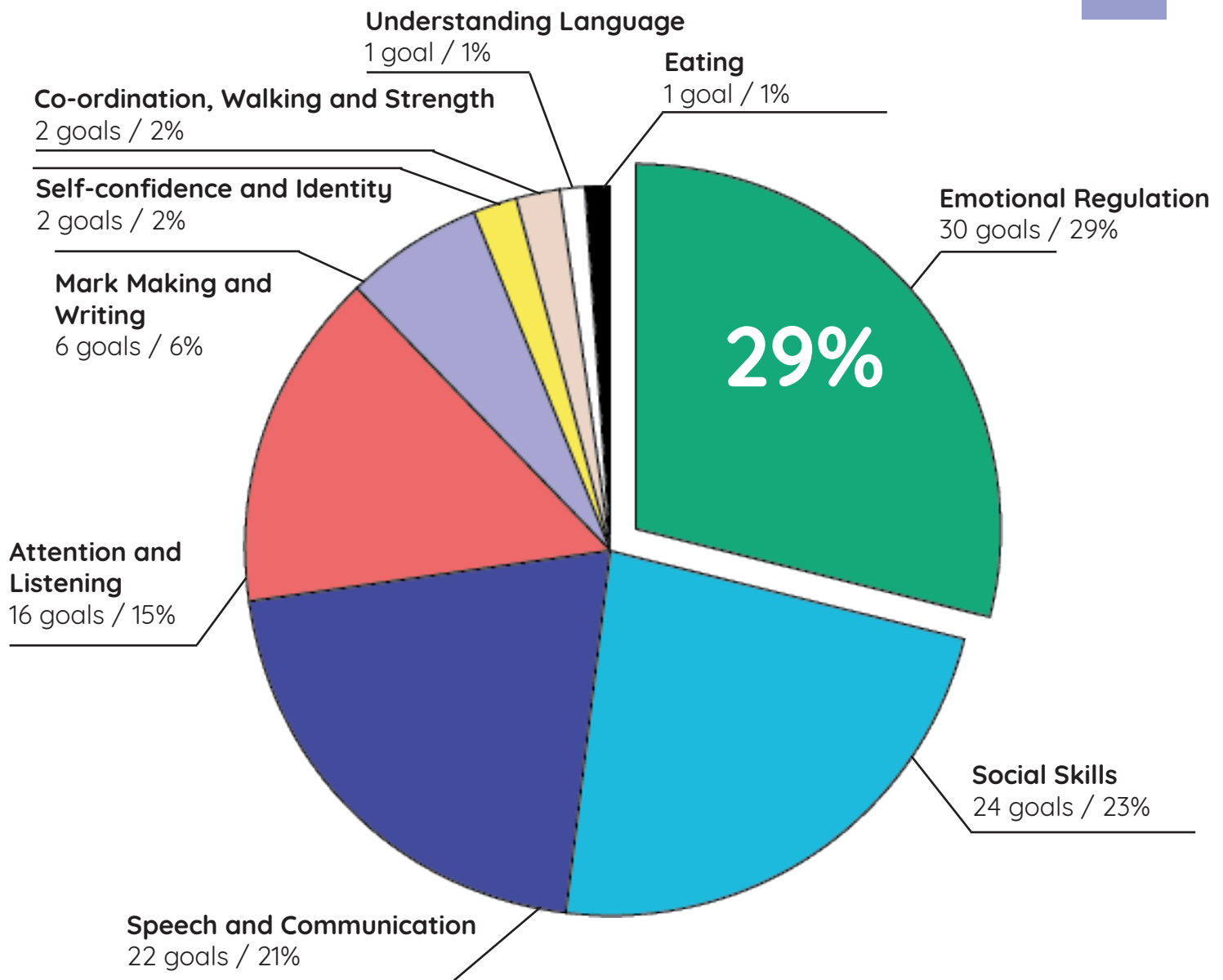
At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).⁴ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.⁵ GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow 'SMART' goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.

Outcomes

Every child was seen to make improvements over the course of their therapy sessions. Of 104 goals set within the clinic and across our groups with children and young people, 87% of therapy goals were met. Where goals weren't met, the primary reasons were parents facing challenges that prevented them from carrying out activities with the child at home, or that the family were unable to attend clinic on several occasions. A core value of Growing Hope is equipping parents to incorporate their child's goals into their everyday life; this often leads to high success in therapy.



Types of goals children worked on in clinic



87%
of the 104 goals
were achieved
by children

Elijah's Story and Music Therapy

It was a joy for Elijah to join Music Therapy and have the chance to explore the instruments and find a way to connect with a new person. His attention is very fleeting, and he struggles to engage in anything for more than a few seconds. He was intrigued by the bells, so we made a game together to focus his attention for 2 minutes. During the game, his eye contact was wonderful and the shared attention between him, his mum and me was just so encouraging.

He has been out of school since September, having only just started reception; sadly, the school couldn't manage his high level of needs and there was nowhere else for him to go this term. Mum is hearing from SEN panel next week about a SEN school placement from January but is very worried that still they will not come to a decision.

Elijah is at home for most of his time – his mum is struggling to cope and with such a lack of support, the lifeline of Growing Hope has provided a glimmer of hope in some very challenging times.



We believe that the families of children with additional needs require support and care too so we provide a range of support groups and courses.

“

“I have done a LOT of parenting courses and this course is the one that stands out as really guiding me and helping me, and truly focussing on parents' wellbeing. So, thank you!” When Dreams Change Attendee

When Dreams Change

When Dreams Change enables parents to have the opportunity to reflect on their experience of their hopes and dreams having to change because of their child's additional needs. We ran the course once this year for a total of 7 parents and carers. The course was developed by Heather Graham (counsellor) and Naomi Graham (occupational therapist) in 2019. The course was met with extremely positive feedback, with several parents reporting how valuable they had found it to be able to process some of their emotions and share their feelings.

The Goal Attainment Scale^{4&5} is used to measure outcomes of the When Dreams Change course. Across all the courses run this year, 100% of the goals set were met. The course aimed to enable parents to achieve the following:

- reflect on their own experience and map out and share with the group the core emotions they are experiencing at the moment.
- reflect on their own support network and share with the group one way in which they can draw upon this.
- reflect on their own dreams and share with the group one small step they may take towards these.



“The course has changed my perspective on my present circumstances and helped shape my dreams for the future.”

“It was all so helpful in finding again myself and helped me to start thinking about my feelings”

“The course was very helpful. I'm pleased that there's something to help parents to focus on their own needs and desires.”

“What Growing Hope is doing for families is truly amazing. We have learnt so much in the last month. So much progress has been made.”

Siblings Group

The Siblings Group consists of seven 40 minute sessions with the goal of enabling children to explore and share some of their experiences and feelings of being a sibling of a child with additional needs. The group uses puppet, art and movement activities to help children think through scenarios and relay their own experiences. Through speaking about, writing or drawing their experiences, siblings have the opportunity to process their emotions and connect with others who have had similar experiences.

The siblings group was reviewed using the Goal Attainment Scale^{4&5} as an outcome measure. The goals of the group were:

- ☞ to be able to share a story of a positive experience with their sibling with an emotion attached by the end of the 7 week group.
- ☞ to be able to share a story of a challenging experience with their sibling with an emotion attached by the end of the 7 week group.
- ☞ to be able to recall within the group a strategy for letting go of feelings e.g. writing down, telling someone, deep breaths, hand massage, by the end of the 7 week group.

We ran the course once this year for a total of 5 siblings. We found that across the group 100% of the goals were met. The following Growing Hope High Wycombe staff and volunteers were trained as facilitators in 2022: Estelle Van der Linde (former Clinic Manager), Lucy Browning (volunteer) and Liz Webber (volunteer). Frances Stocks (volunteer) was trained as a co-facilitator.



At Growing Hope High Wycombe we believe that Jesus brings hope into everyone's lives, that God has created every individual fearfully and wonderfully and that they are of value to him. Our Christian values have underpinned the work we have done both in the clinic and in schools over the past year.

We welcome all individuals to the clinic, whatever their faith or background. Parents and carers are given the opportunity to complete demographic information to help us to understand more about individuals who are using our services. During this year 42% of the families we have supported have no faith, 17% are from a Catholic background and 41% are from a Christian background. These statistics demonstrate the characteristics that individuals have ticked when completing the forms.

Each week within therapy sessions, we offer to pray for people if this is something they would like to do. Some families have declined the offer of prayer, but many have accepted it. Across the year we have had conversations with families who have asked questions about faith and the hope that Jesus can bring. We've also been able to pray for families along the therapy journey, and this appears to have helped families to stay hopeful and confident. It has been a privilege to be able to extend the hope that Jesus can bring to the families who have come to the clinic. On several occasions we have been able to pray with both children and parents facing challenging times, to walk alongside them and speak hope into their challenges.



“One of my favourite verses from the Bible is according to Jeremiah 29:11 which has the word hope in it - ‘For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope for a future.’ I think that is what Growing Hope is helping me and Ranan with. It’s giving us a hope for the future because it’s quite overwhelming for a parent when a child receives their diagnosis.”

Growing Hope Parent

16 Volunteers

Volunteers play a big part in enabling Growing Hope High Wycombe to operate. The trustees would like to say a big thank you to each and every individual who has supported Growing Hope High Wycombe in the past year.

Including the trustees, we have 13 regular volunteers who give up hours of their time on a monthly or periodic basis. We also have 5 volunteers who have supported us at one-off events or through providing childcare in order for us to run our groups for families. The trustees also want to recognise the role of our partnership church, St James' Downley, in facilitating this level of support and volunteering. Without the church community, Growing Hope High Wycombe would be unable to continue to support children, young people and families.

Event Volunteers

Our one-off volunteers for our events have been so valuable in enabling these initiatives to be as successful as they have been. We are extremely grateful to everyone who offers up their time to serve at these events.

Due Diligence

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is in no way legally binding, but helps Growing Hope High Wycombe and the volunteer to agree the role in which they volunteer.



This is the first annual report of Growing Hope High Wycombe; the income from 2021 is found in the accounts pages 25-32. A summary of 2022 is provided here. The trustees present an overview of the charity's finances for the period: 1 January 2022 - 31 December 2022. Growing Hope High Wycombe currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £65,882.

In 2021, before the clinic opened, we generated a net income of £13,763.

In 2022, after opening, we received an income of £89,276:

- £7,627 regular giving
- £6,615 one-off gifts
- £3,895 gift aid
- £10,283 donations from other organisations
- £40,240 grants
- £20,616 fundraising, campaigns and events

We had an expenditure of £37,157:

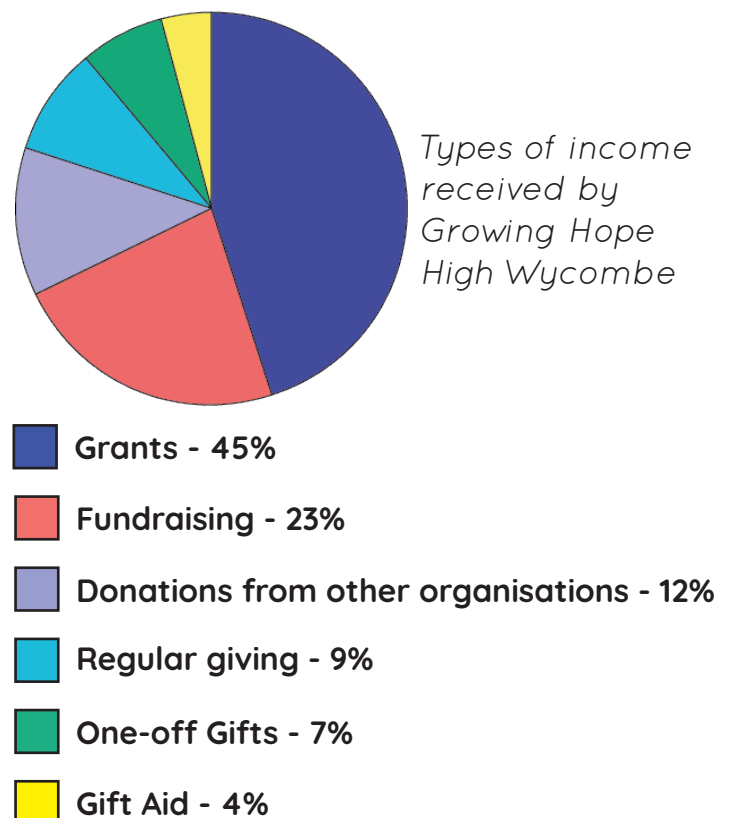
- £3,969 office and admin costs
- £1,198 clinic expenses
- £3,113 fundraising costs
- £27,877 salaries and HR
- £1,000 Giving to Growing Hope National

This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. Throughout the year Growing Hope High Wycombe has run several small-scale fundraising events such as being part of the Mayor's charity of the year. We also participated in the Big Give campaign and have raised significant funds through trusts and grants. The trustees are confident that there is going concern to continue the charity for the year ahead.

Management of Financial Risk

We aim to hold at least three months

of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report.



The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them.

Financial Risk:

- Hold three months' finances in reserves.
- Organise monthly fundraising meetings and plans.
- Regular finance updates for local clinics prepared by our Finance Officer.
- Follow policies and procedures outlined by Growing Hope National charity.

IT Security and Protection:

- Follow data protection policy provided by Growing Hope National charity.
- Files accessed on a needs basis within Google Drive.
- Encrypted clinic software (Canopy) for all clinical notes.
- All computers password protected.
- All reports and appointment letters sent to families are password protected.

Safeguarding:

- All trustees have an up-to-date DBS.
- Any volunteers and or staff and freelancers are recruited via safer recruitment and have undergone referencing and DBS checks.
- All volunteers and staff are aware of safeguarding policy and procedures.

Health and Safety:

- Follow health and safety policy outlined by Growing Hope National charity.
- Public liability insurance is in place.
- Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

Compromising Christian Identity and Values:

- Hope in Jesus continues to be core to the charity's messaging.
- Everyone is welcome regardless of their background.
- Each family who attends the clinic has the opportunity to choose to participate in prayer.

Supporter Engagement and Fundraising

This year generous individuals and organisations gave a total of £89,276 to grow hope in the lives of people in High Wycombe.

Trustees and members of the Growing Hope High Wycombe team spent time applying for grant funding, thanking regular givers and continuing to create opportunities for individuals to give regularly.

Big Give

We were also able to raise significant funds through our Big Give campaign which we ran in partnership with Growing Hope National. We received several generous donations from individuals who have committed to pray and support Growing Hope High Wycombe - you know who you are and we are so grateful for your gifts which enable us to support children and young people and their families.

Other Fundraising

In April we hosted our Gala Dinner, where we raised £7,614 and saw an increase in regular giving thanks to our generous guests and supporters. Also, we would like to say a huge thank you to Wendy Bull for raising over £2,000 by running the London Big Half Marathon in September, and trustee Heather Graham for raising over £2,000 by running the Virtual London Marathon in October 2022.



Grants and Trusts

We have also received several generous donations from trusts and grant providers. We would like to thank North West Chilterns Community Board for supporting us by funding our therapy services. With their support, we have been able to continue to provide therapy for children with additional needs in High Wycombe.

Grants received:

- North West Chilterns Community Board - £36,240



Community Boards

Community Boards:
High Wycombe
North West Chilterns

Structure, Governance and Management

Growing Hope High Wycombe is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope High Wycombe works in partnership with St James' Downley and Growing Hope National.

As a CIO, if Growing Hope High Wycombe is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Employees

Estelle Van der Linde provided therapy for Growing Hope High Wycombe until September 2022, when she stepped down as Clinic Manager and moved back to South Africa. Estelle attended Growing Hope High Wycombe Trustee meetings but was not party to any decisions regarding her salary or employment. We look forward to welcoming Rosalyn Baskett to the clinic in January 2023 as the new Clinic Manager. Rosalyn will attend Growing Hope High Wycombe Trustee meetings but will not be party to any decisions.

Freelancers and Volunteers

During 2022, Growing Hope High Wycombe have been able to offer occasional occupational therapy training and workshops with Sanna Brown, occupational therapist. Sanna volunteered her time with Growing Hope and we're grateful to her for her support. We have also recently appointed Louise Stone,

music therapist, onto our staff team. Louise has been starting to provide music therapy for families since November 2022. All staff and volunteers have undergone safer recruitment checks.

Governance and Partnerships

Growing Hope High Wycombe is a CIO that runs in partnership with Growing Hope National. It is Growing Hope's second clinic and launched in February 2022. Growing Hope High Wycombe receives governance, policy, insurance, clinical supervision and training from the National charity. It provides financial reports to the National charity and, with parental consent, shares stories from the clinic. Growing Hope High Wycombe also partners closely with its local partnership church, St James' Downley, where the Clinic Manager Rosalyn Baskett will be part of the staff team. St James' provides pastoral care for the Clinic Manager.

Trustees

Growing Hope High Wycombe's trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope High Wycombe, ensuring it is meeting its charitable purposes.

“

“Our speech therapist has just been amazing. Our son has developed in her care and as a parent I feel as though I have learnt a lot from the sessions. She also has given me more confidence and reassurance that there are professionals out there that are willing and wanting to help.”

- Growing Hope High Wycombe Clinic Parent



22 The Year Ahead

We loved seeing the charity continue to grow and reach children and families in 2022. We are looking forward to continuing to grow our services and see the positive impact of our work on the lives of children, young people and their families.

A key aim of the trustees is to maintain our fundraising income through grant applications, events and campaigns. We look forward to fully opening up our services again once our new Clinic Manager, Rosalyn Baskett, starts in the new year, so that we can meet the needs of local families and decrease the length of our waiting list.

For the next year we have set ourselves these goals:

-  **SERVICES** to continue to expand our services as finances allow.
-  **LOCALITY** to reach more families living in High Wycombe.
-  **FUNDRAISING** to increase fundraising income through regular giving, grants and supporter engagement.
-  **CONNECTIONS** to continue to build relationships with other local services and schools.
-  **CHURCH** to see more families that come through the clinic find home in church community.

Annual Report References:

1. Gov.UK. 2022. Special educational needs in England. [Online]. [16 June 2022]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
3. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
4. Ruble, L., McGrew, J.H., Toland, M.D. (2012) Goal Attainment Scaling as an Outcome Measure in Randomized Controlled Trials of Psychosocial Interventions in Autism. *Journal of Autism and Developmental Disorders* 42(9): 1974-1983.
5. Cox, R., Amsters, D. (2002) Goal Attainment Scaling: An Effective Outcome Measure for Rural And Remote Health Services. *Australian Journal of Rural Health*. 10(5): 256-261.

**Growing Hope High Wycombe
Reference and Administrative Details
For the period 26 July 2021 - 31 December 2022**

Trustees:

Janet Fishwick appointed 8 July 2021
Elizabeth Evans appointed 8 July 2021
Heather Graham appointed 8 July 2021
Angela McInerney appointed 8 July 2021
Heather Morley appointed 8 July 2021
Lydia Cook appointed 8 July 2021

Key Management Personnel:

Estelle Van der Linde – Clinic Manager from February to September 2022
Rosalyn Baskett, Clinic Manager from January 2023

Registered Principal office:

St James' Church, Plomer Hill, High Wycombe HP13 5NB

Charitable Incorporated Organisation (CIO) number:

1195290

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Jacky Sackville BSc (Hons) ACMA

Growing Hope High Wycombe Independent Examiner's Report to the Trustees

For the period 26 July 2021 to 31 December 2022

I report to the charity trustees on my examination of the accounts of the charity for the period 26 July 2021 to 31 December 2022 which are set out on pages 27-32.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Jacky Sackville BSc (Hons) ACMA

16 February 2023

**Statement of Financial Activity
for the period ended 31 December 2022**

	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
Note	£	£	£
INCOME FROM:			
Voluntary Income	41,314	0	41,314
Grant Income	4,000	36,240	40,240
Activites for Generating funds	22,354	0	22,354
TOTAL INCOME	67,668	36,240	103,908
2			
EXPENDITURE ON:			
Raising Funds	3,140	0	3,140
Charitable Activities	10,123	24,763	34,886
TOTAL EXPENDITURE	13,263	24,763	38,026
3			
NET INCOME/(EXPENDITURE) BEFORE TRANSFER OF FUNDS	54,405	11,477	65,882
NET MOVEMENT IN FUNDS	54,405	11,477	65,882
BALANCES CARRIED FORWARD AT 31 DECEMBER 2022	54,405	11,477	65,882

Note: Period is 26 July 2021 to 31 December 2022

Balance Sheet as at 31 December 2022

	Note	2,022 £
FIXED ASSETS		
Clinic and Office Equipment		426
		426
CURRENT ASSETS		
Bank Account		65,528
Other Debtors	5	0
		65,528
LIABILITIES - Creditors due within one year		
Creditors due within one year		(72)
Total Creditors due within one year	6	(72)
NET CURRENT ASSETS		65,456
NET ASSETS		65,882
RESERVES		
Surplus for the year		65,882
		65,882
FUNDS		
Unrestricted		54,405
Restricted		11,477
		65,882

The financial statements were approved by the Board of Trustees on: 16 February 2023

Approved by and signed on its behalf by:

Jan Fishwick

Janet Fishwick
Chair of Trustees

Growing Hope High Wycombe
Notes to the Financial Statements
For the year period to 31 December 2022

1. Accounting Policies

Incorporation

Growing Hope High Wycombe was registered in England and Wales with the Charity Commission as a CIO Foundation on 26 July 2021. These financial statements are for the period 26 July 2021 to 31 December 2022. Operations began in February 2022.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity

therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period are shown in note 9 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written-off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	2022 £	£	£	2021 £	£
Voluntary Income	28,420	0	28,420	12,894	0	12,894
Regular Giving	7,627	0	7,627	95	0	95
One Off Giving	6,615	0	6,615	684	0	684
Gift Aid	3,895	0	3,895	265	0	265
Donations from other Organizations	10,283	0	10,283	11,850	0	11,850
Grant	4,000	36,240	40,240	0	0	0
Grants	4,000	36,240	40,240	0	0	0
Fundraising Income	20,616	0	20,616	1,738	0	1,738
Growing Hope Fundraising Night	10,754	0	10,754	0	0	0
Campaigns	3,892	0	3,892	1,738	0	1,738
Marathon	4,266	0	4,266	0	0	0
Other Fundraising	1,704	0	1,704	0	0	0
TOTAL INCOME	53,036	36,240	89,276	14,632	0	14,632

3. EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	2022 £	£	£	2021 £	£
Office and Administration Costs	3,969	0	3,969	779	0	779
Advertising/Promotion/Recruitment	3,546	0	3,546	620	0	620
Postage, Printing, Stationery	88	0	88	136	0	136
Travel	76	0	76	23	0	23
Phone	100	0	100	0	0	0
Depreciation	142	0	142	0	0	0
Office Expenses	17	0	17	0	0	0
Clinic Expenses	130	1,068	1,198	63	0	63
Assesment Tools/Clinic Equipment	54	1,068	1,122	0	0	0
DBS	47	0	47	63	0	63
Volunteer Hospitality	29	0	29	0	0	0
Fundraising Costs	3,113	0	3,113	27	0	27
Cost of Fundraising	3,113	0	3,113	27	0	27
Contribution to Other charities	1,000	0	1,000	0	0	0
Donation to Growing Hope	1,000	0	1,000	0	0	0
Salaries and HR	4,182	23,695	27,877	0	0	0
Wages and Salaries	1,946	21,859	23,805	0	0	0
Employer costs	98	1,025	1,123	0	0	0
Freelance	0	0	0	0	0	0
Finance and HR	1,740	0	1,740	0	0	0
Staff Training	398	811	1,209	0	0	0
Total Expenditure	12,394	24,763	37,157	869	0	869

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		Clinic and Office Equipment £
4. Fixed Assets		
Actual Cost	At 26 July 2021	0
	Additions	568
	At 31 December 2022	568
Depreciation	At 26 July 2021	0
	Charge for the year	(142)
	At 31 December 2022	(142)
Net Book Value	At 26 July 2021	0
	At 31 December 2022	426
5. Debtors		2022
		£
Other debtors and accrued income		253
Total		253
6. Creditors (amounts falling due less than one year)		2022
		£
Total Creditors due within one year		72
Total Current Liabilities		72

7. Analysis of assets by fund

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash and Deposit Balances	54,051	11,477	65,528
Fixed Assets	0	0	0
Other Assets	0	0	0
Total Assets	54,051	11,477	65,528
Current Liabilities	(72)		(72)
	53,979	11,477	65,456

8. Staff

No employee was paid at the rate of more than £60,000

Average employees during the period

2022
0.4

9. Restricted funds

Funder	Item Funded	Balance as at 26 July 2021	Income	Expenditure	Balance as at 31 December 2022
		£	£	£	£
Buckinghamshire Council - North West Chilterns Community Board	Project cost	0	18,240	18,240	0
Buckinghamshire Council - High Wycombe Community Board	Project cost	0	18,000	6,523	11,477

10. Related Parties

Heather Graham, who is a Trustee of Growing Hope High Wycombe is the parent of Dr Naomi Graham, the CEO of Growing Hope. Growing Hope provides support services to Growing Hope High Wycombe including Policies, Book-keeping, Governance Support, Training, Recruitment Advice. Growing Hope does not have any voting rights in Growing Hope High Wycombe

Growing Hope High Wycombe received a total of £2,851 unrestricted donations from its trustees in the period.

11 Trustee Expenses

None of the Trustees of the charity received any remuneration during the period

No travel and subsistence expenses were paid to trustees in the course of carrying out their duties; no

12. Fees payable to Independent Examiner

The independent examiner did not charge for their services.

13. Reserves

Our current policy is to have 3 months of expenditure in Reserves at any given time. As at December 2022 this would be £14,000. The additional reserves are due to the fact that £11,477 of Restricted Reserves are planned to be spent from January to March 2023 and due to a vacancy in the Clinic Manager position from September to December 2022.

Growing HOPE

High Wycombe

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growinghope.org.uk

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