

GROWING HOPE HIGH WYCOMBE

England & Wales · Charity number 1195290

Details

Status Registered

Legal form CIO

Registered 2021-07-26

Register [View on the Charity Commission register](#)

Contact

Address St James' Church
Plomer Hill
Downley
High Wycombe
Bucks
HP13 5NB

Phone 07496528506

Email highwycombe@growinghope.org.uk

Website www.growinghope.org.uk

Activities

Objects: THE ADVANCEMENT OF HEALTH AND WELLBEING FOR THE PUBLIC BENEFIT BY THE PROVISION OF A THERAPY CLINIC RUN IN ACCORDANCE WITH CHRISTIAN PRINCIPLES FOR CHILDREN AND YOUNG PEOPLE [0-18] WITH ADDITIONAL NEEDS AND THEIR FAMILIES LIVING IN THE HIGH WYCOMBE AREA. IN PARTICULAR, BUT NOT EXCLUSIVELY, BY: A) REGISTERED HEALTH CARE PROFESSIONALS PROVIDING ASSESSMENT, ADVICE AND INTERVENTION AND OTHER SERVICES AS THE TRUSTEES OF THE CHARITY FROM TIME TO TIME THINK FIT. B) PROVISION OF SIBLING, PARENT AND CARER SUPPORT GROUPS AND COURSES AND OTHER SERVICES AS THE TRUSTEES OF THE CHARITY FROM TIME TO TIME THINK FIT. C) THE ADVANCEMENT OF THE CHRISTIAN FAITH THROUGH THE OPPORTUNITY TO ENGAGE IN CONVERSATION ABOUT FAITH AND SPIRITUAL WELLBEING AND TO RECEIVE PRAYER AND OTHER SUCH ACTIVITIES AS THE TRUSTEES MAY FROM TIME TO TIME THINK FIT.

Activities: The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people [0-18] with additional needs and their families living in the High Wycombe area.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities
- **Who:** Children/young People, People With Disabilities

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£119,245	£125,260	-	-
2024-12-31	£94,908	£108,179	-	-
2023-12-31	£77,044	£83,310	-	-
2022-12-31	£103,908	£38,026	-	-

Trustees

Name	Role	Appointed
Janet Elizabeth Fishwick	Chair	2021-07-08
Amy Elizabeth Dixon		2023-07-24
Heather Edith Morley		2021-07-08
Heather Karen Graham		2021-07-08
Jacqueline Anne Sackville		2023-07-24

Accounts



Growing
HOPE
High Wycombe

ANNUAL REPORT 2025



ANNUAL REPORT 2025

Contents

- 04** | The Past Year
- 06** | Statistics
- 07** | Aims and Objectives
- 08** | Hope for Children, Hope for Families, Hope in Jesus
 - 11** | Demographics
 - 12** | Financial Review
 - 13** | Supporter Engagement and Fundraising
 - 14** | Structure and Governance
 - 15** | Financial Report



The Past Year

Clinic Manager's Letter

This year has been one of exciting growth and development for the Growing Hope High Wycombe team. To help sustain and build on this momentum, we welcomed Kirsty as our new fundraiser. Kirsty is working hard to increase funding opportunities, helping to ensure the future growth and impact of the clinic. Our volunteer team has also grown! Jeannie and Mollie have joined us to run parent drop-in sessions, offering a welcoming space for support and connection and Bethanne has been providing hands-on help within clinic sessions.

We said a fond farewell to Dani, and in her place, we welcomed Ruth, who provides vital administrative support and helps to keep everything running smoothly.

We are incredibly grateful to every single person who volunteers their time and energy. Your commitment, alongside the dedication of our therapy team, is what makes our work possible and impactful. Thank you for being part of our journey as we continue to grow hope for children and families in High Wycombe.



Rosalyn Baskett, Clinic Manager, Growing Hope High Wycombe

Chair of Trustees' Letter

2025 has been another encouraging year where children and families have benefited from therapy and support. The year began with the opening of our bespoke playground providing an additional safe space for children to play and parents to relax. Fundraising remains a focus and a challenge, and money given by many individuals and through various fun events reminds us of God's provision.

All paid and volunteer members of the team, ably led by Rosalyn, achieve wonderful results through their skills, gifts and knowledge. Most of all, they never cease to offer hope to children and families as they succeed in making progress, however small and hard-won. There is much to thank God for.



Jan Fishwick, Chair of Trustees, Growing Hope High Wycombe

Growing Hope National's CEO Letter

At the start of 2025, we aimed for consolidation with steady growth, however, I am amazed to look back and see a year defined by unprecedented growth and unexpected momentum. We didn't just sustain our services - we doubled them. I'm deeply grateful for a team that embraced significant change with faith, creativity, and determination.

We opened four new clinics in Redbridge, Solent, York, and Farnham, bringing life-changing therapy to families who had been struggling alone. With plans for clinics in Ipswich and Tunbridge Wells progressing for 2026, we are firmly on track toward our goal of 20 clinics by 2030.

At the heart of everything are the families we serve. We provided free therapy for 440 children and supported 445 families through groups and training, continuing to share hope in Jesus through prayer and community.

None of this would be possible without the incredible generosity of many along with the dedication of our staff and volunteers. Together, we are not just providing therapy and support - we are bringing new hope to families across the UK.



Vicki Smith, CEO, Growing Hope National

Trustees' Report

The Board of Trustees presents its report and financial statements for the year 1 January 2025 - 31 December 2025 together with the Independent Examiner's Report. Growing Hope High Wycombe was registered with the charity commission as a CIO on 26 July 2021, charity number 1195290; 2025 was the fourth financial period of the charity. Our current trustees are Jan Fishwick (Chair), Heather Graham, Amy Dixon, Heather Morley and Jacky Sackville. In January, Lydia Cook stepped down as a trustee. We would like to thank Lydia for her service and dedication to Growing Hope High Wycombe.

We are confident that Growing Hope High Wycombe has carried out its charitable objectives in 2025 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report.



children in England have an additional need¹

28% of parent carers

of children with additional needs report probable clinical depression due to the challenges²

74% of siblings

of children with additional needs do not receive any help from school³

14 parents and carers

supported through behaviour workshops

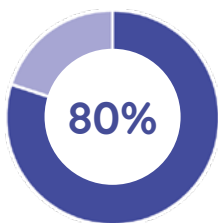
140 children

supported through direct therapy at Growing Hope High Wycombe

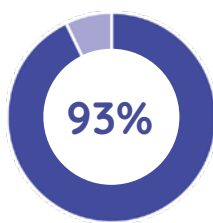
1 Circle of Security course run for parents and carers

1 When Dreams Change course run for parents and carers

1 Siblings Group course run for brothers and sisters of children with additional needs



of GAS goals achieved by children and young people



of GAS goals achieved by parents, carers and siblings

We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS). GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services. GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist.

Aims and Objectives

We are Growing Hope High Wycombe. We champion accessibility and provide free therapy for children and young people with additional needs living in High Wycombe, in partnership with St James' Church Downley.



HOPE FOR CHILDREN

We bring hope to children through offering free therapy services.



HOPE FOR FAMILIES

We grow hope for families where hope has been lost due to isolation or rejection.



HOPE IN JESUS

We share hope in Jesus because He brings hope even in the most difficult situations.

In accordance with its charity constitution, Growing Hope High Wycombe has sought to achieve the following aims and objectives in the year dated 1 January 2025 to 31 December 2025.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the High Wycombe area. In particular, but not exclusively by:

- registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
- provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
- the advancement of the Christian faith for the public benefit through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.

This year the Growing Hope High Wycombe team has grown to seven staff members, and across the year we have been joined by one regular volunteer who has supported our work through administrative tasks.

Hope for Children

- 🌀 We have provided free occupational therapy, speech and language therapy, art therapy, and music therapy in the St James' Downley church building. We have provided therapy for **140 children and young people**.
- 🌀 We have worked on individualised goals to support children and families in the areas of greatest need. Examples of goals have been emotional regulation, attention and listening, social skills, toileting, dressing and eating.
- 🌀 **80% of therapy goals** have been achieved.

Kolbie-Jaxx's Story

"Growing Hope really helped Kolbie-Jaxx with his vocabulary helping him understand and use new words and explore new games to help build his vocabulary. His general speech is slowly becoming more clear which helps us to understand what Kolbie-Jaxx wants which means less frustration and upset for him. I have also learned loads of new techniques which I can use at home and teach family too. Family have also noticed a difference in Kolbie-Jaxx's speech on how much clearer his words are becoming. Rosalyn has been amazing with Kolbie-Jaxx and understanding his sensory issues as well and always taking those into consideration when planning the sessions." - Mum Jess



Hope for Families

We have run:

1 **When Dreams Change** course, for a total of **6 parents and carers**. When Dreams Change is a four-week course that aims to help parents and carers reflect on their experience of having a child with additional needs, and to become more of the person they have been created to be.

WHEN
DREAMS
CHANGE

1 **Siblings Group** course, for a total of **3 siblings**. The Siblings Group is a seven-week course that aims to enable brothers and sisters of children with additional needs to share their experiences of being a sibling and connect with other children with similar experiences.

PRIMARY
SIBLINGS
GROUP

22 **online training sessions for parents and carers**, fortnightly sessions on a variety of topics, hosted by our therapists in partnership with Growing Hope King's Cross, Brockley, Maidstone, Redbridge, Farnham, Solent and York. **294 parents and carers attended these sessions**.

3 **behaviour workshops**, for a total of 14 parents and carers, providing information and strategies to support challenging behaviour.

1 **Circle of Security** course, for a total of 1 parent/carer.

93% of **goals** have been met within our courses.

Accessible Playground

Our playground has been open for families to access with feedback from one family saying "It was such a lovely experience for my son to enjoy a quiet, clean, and peaceful space. Usually, parks during the holidays are busy and noisy, which can be overwhelming for him as he has ASD, ADHD, sensory processing disorder, and is non-verbal. This time, he was able to truly relax and have fun." This space is available for families known to Growing Hope High Wycombe to use throughout the year.



Hope in Jesus

We believe Jesus brings hope even in the most difficult situations. We always offer to pray for families at the end of each therapy session, several families have taken up this offer and it has been a privilege to see answers to prayer.

Our Clinic Manager also works on a Sunday to support families to access church with the help of Growing Hope champions and running Messy Church making this accessible for all. We have had four clinic families come along and been able to access the crafts and activities and make connections with other local families.

Frankie's Story

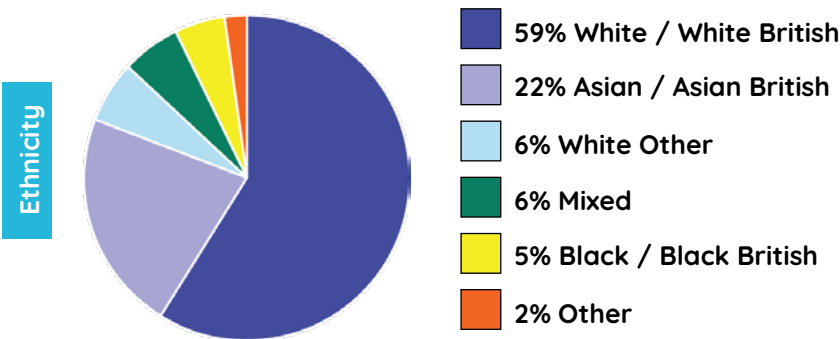
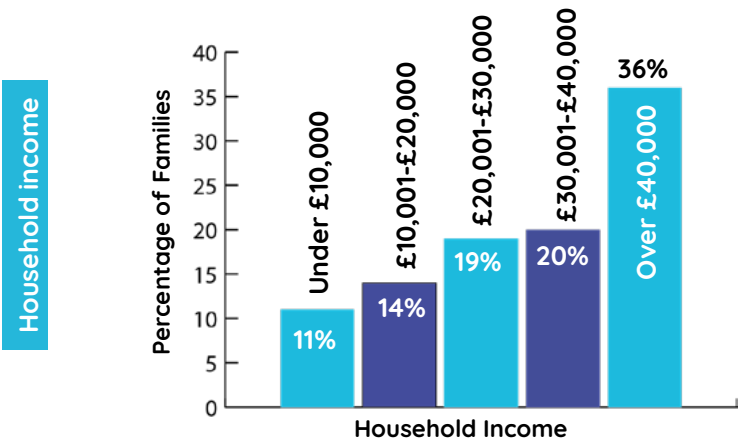
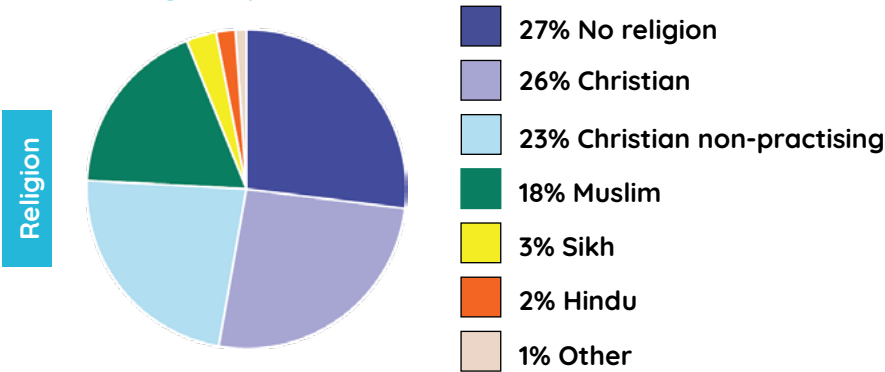
Frankie came to Growing Hope High Wycombe for speech therapy after he was struggling to find the words to express himself. Frankie's mum Rosie described how "He gets quite upset, and a lot of times he'll give up; it's really difficult as a parent to see your child just accept that they can't make themselves known". Rosie longed for Frankie to be able to share his needs and personality with those around him. She and her husband were feeling emotionally defeated. "You start to think 'is it something that we've done wrong? Maybe. Could we do more?' It's been really difficult."

In sessions, Frankie explored playful activities - using signs, symbols, puppets, lolly sticks, and looking closely at how our tongues make different sounds. Frankie began to try new sounds with growing confidence. Rosie noticed the change: "He is getting a lot better with his pronunciation of words, thanks to our sessions here and a lot of hard work from everyone."

The practical strategies, gentle encouragement, and prayer support from Growing Hope have made a real difference. Now, Rosie looks ahead with hope: "a future where Frankie is confident in making himself known."



Demographics*



*Demographic data for individuals referred to our service, from anonymous forms completed by parents and carers, and some may have completed more than one form if they have attended multiple events.

Financial Review

The trustees present an overview of the charity's finances for the period: 1 January 2025 - 31 December 2025. Growing Hope High Wycombe currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £40,330.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report (p.17).

Income and Expenditure

We received an income of **£119,245**

- £48,934 from grants
- £22,982 from fundraising
- £13,193 from regular giving
- £3,227 from one-off gifts
- £5,412 from Gift Aid
- £9,380 from campaigns
- £16,117 donations from other organisations

We had an expenditure of **£125,260**

- £107,836 on salaries and HR
- £5,300 on fundraising
- £6,124 on clinic expenses, office and admin costs
- £6,000 Giving to Growing Hope National

Supporter Engagement and Fundraising

We raise money at key points in the year through the Big Give Christmas Challenge, community fundraising, a fundraising dinner and grants. We're grateful for all the support we have received from our generous supporters. More details are in the accounts.

We would like to say a huge thank you to our fundraising champions for taking on challenge events in 2025 for Growing Hope High Wycombe.

Grants received:

- £4,600, Benefact Trust
- £16,668, Oxford Diocese
- £6,667, Red Kite Community Housing
- £5,000, Bouttell Bequest
- £10,000 Heart of Bucks
- £16,916, Community Boards
- £375, Groundwork UK
- £2,500, Champion matched funding from an anonymous trust for the Big Give Christmas Challenge 2025



Structure and Governance

Growing Hope High Wycombe is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope High Wycombe works in collaboration with St James' Downley and Growing Hope National. As a CIO, if Growing Hope High Wycombe is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Rosalyn Baskett attends Growing Hope High Wycombe trustee meetings but is not party to any decisions regarding her salary or employment.

Growing Hope High Wycombe trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope, ensuring it is meeting its charitable purposes.

Risk Management

The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them. We have policies in place to mitigate any risks in the following areas: financial risk, IT security and protection, safeguarding, health and safety and comprising Christian identity and values. All of these can be accessed on our website.

The Year Ahead

We look forward to be able to continue providing therapy sessions to children with additional needs in our local area and increased support to families with our parent drop in sessions.

References

1. Gov.UK. 2025. Special educational needs in England. [Online]. [09 March 2026]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england/2024-25>
2. Family Fund, *The Cost of Caring*, 2025. [Online]. [09 March 2026]. Available from: https://www.familyfund.org.uk/wp-content/uploads/2025/04/FF_Cost_of_Caring_Report_Eng_Apr25_1221_3.pdf
3. *If Only You Knew*, 2024, Sibs. [Online]. [09 March 2026]. Available from: <https://www.sibs.org.uk/supporting-young-siblings/ifonly?>

Financial Report

Growing Hope High Wycombe

Reference and administrative details

For the year 1 January 2025 – 31 December 2025

Trustees:

Janet Fishwick, Chair, appointed 8 July 2021
Amy Dixon appointed 24 July 2023
Jacqueline Sackville appointed 24 July 2023
Heather Morley appointed 8 July 2021
Heather Graham appointed 8 July 2021
Lydia Cook appointed 8 July 2021, resignation date 20 January 2025

Key Management Personnel:

Rosalyn Baskett, Clinic Manager

Registered Principal office:

St James' Church, Plomer Hill, High Wycombe, HP13 5NB

Charitable Incorporated Organisation (CIO) number:

1195290

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Kwabena Appeagyei-Sarpong ACCA Part-Qualified

**Growing Hope High Wycombe
Independent Examiner's Report to the Trustees
For the year 1 January 2025 to 31 December 2025**

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2025 to 31 December 2025 which are set out on pages 17-29.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed

A handwritten signature in black ink, appearing to be 'Kwabena Appeagyei-Sarpong', written over a large, loopy oval scribble.

Kwabena Appeagyei-Sarpong
ACCA Part-Qualified

1 April 2026

Growing Hope High Wycombe
Statement of Financial Activity
For the year ended 31 December 2025

	Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
		2025	2025		2024
		£	£	£	£
INCOME FROM:					
Voluntary Income		37,949	-	37,949	52,236
Grant Income		350	48,584	48,934	22,052
Activities for Generating Funds		32,362	-	32,362	20,620
TOTAL INCOME:	2	70,661	48,584	119,245	94,908
EXPENDITURE ON:					
Raising Funds		5,300	-	5,300	1,244
Charitable Activities		74,458	45,501	119,960	106,936
TOTAL EXPENDITURE	3	79,759	45,501	125,260	108,179
NET INCOME / (EXPENDITURE) BEFORE TRANSFER OF FUNDS		(9,097)	3,083	(6,015)	(13,271)
NET MOVEMENT IN FUNDS		(9,097)	3,083	(6,015)	(13,271)
Balances brought forward at 1 January 2025		29,786	16,559	46,345	59,616
BALANCES CARRIED FORWARD AT 31 DECEMBER 2025		20,689	19,642	40,330	46,345

Balance Sheet as at 31 December 2025

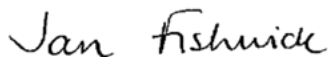
		2025	2024
	Note	£	£
FIXED ASSETS			
Play Ground Equipment		14,683	-
Clinic and IT Equipment		436	1,016
	4	15,120	1,016
CURRENT ASSETS			
Bank Account		26,199	29,421
Other Debtors & Stock	5	-	593
Work In Progress	13	-	15,388
		26,199	45,401
LIABILITIES - Creditors due within one year			
Creditors due within one year	6a	(988)	(72)
Creditors due more than one year	6b	-	-
Total Creditors		(988)	(72)
NET CURRENT ASSETS			
		25,210	45,329
NET ASSETS			
		40,330	46,345
RESERVES			
Deficit for the year		(6,015)	(13,271)
Balance brought forward as at 1 January		46,345	59,616
Balance as at 31 December		40,330	46,345
FUNDS			
Unrestricted		20,687	29,785
Restricted		19,642	16,559
		40,330	46,345

Balance Sheet as at 31 December 2025

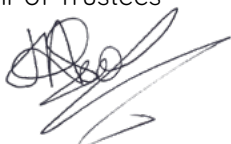
Continued

The financial statements were approved by the Board of Trustees on:
22 April 2026

Approved by and signed on its behalf by:



Janet Fishwick
Chair of Trustees



Jacqueline Sackville
Treasurer

The notes on pages 20 to 29 form part of these financial statements.

Growing Hope High Wycombe
Notes to the Financial Statements
For the year 1 January 2025 to 31 December 2025

1. Accounting Policies

Incorporation

Growing Hope High Wycombe was registered in England and Wales with the Charity Commission as a CIO Foundation on 26 July 2021. These financial statements are for the period 1 January 2025 to 31 December 2025.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to

continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid. Grants are accounted for in the charity under the accruals model as permitted by FRS 102. The deferred element of the grant is included in creditors as deferred income. Grants of a revenue nature are recognised in the SOFA in the same period as the related expenditure.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period 1 January 2025 to 31 December 2025 are shown in note 11 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Play Ground Equipment:	15 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Growing Hope High Wycombe
Annual accounts 1 January 2025 - 31 December 2025

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2025			2024		
	£	£	£	£	£	£
Voluntary Income	37,949	0	37,949	35,726	16,510	52,236
Regular giving	13,193		13,193	11,842		11,842
One off giving	3,227		3,227	3,102		3,102
Gift Aid	5,412		5,412	2,807		2,807
Donations from other Organisations	16,117	0	16,117	17,976	16,510	34,486
Grants	350	48,584	48,934	1,500	20,552	22,052
Grants	350	48,584	48,934	1,500	20,552	22,052
Fundraising Income	32,362	0	32,362	20,620	0	20,620
Growing Hope Fundraising Night	12,882		12,882	5,027		5,027
Campaigns	9,380	0	9,380	5,921	0	5,921
Sponsored Events	8,685		8,685	7,137		7,137
Other Fundraising	1,416		1,416	2,534		2,534
TOTAL INCOME	70,661	48,584	119,245	57,846	37,062	94,908

3. Expenditure

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2025			2024		
	£	£	£	£	£	£
Office and Administration Costs	4,057	231	4,288	3,212	0	3,212
Advertising/ Promotion/ Recruitment	136	0	136	170		170
Postage, Printing, Stationery	313		313	303		303
Travel	230		230	285		285
Phone	286		286	315		315
Depreciation	1,628		1,628	579		579
Office Expenses	1,464		1,464	1,440		1,440
Computer Equipment Not Capitalised	-	231	231	120		120
Clinic Expenses	1,654	182	1,836	1,830	0	1,830
Assessment Tools/Clinic Equipment	1,504	182	1,686	1,811		1,811
DBS	120		120	-		-
Volunteer Hospitality	30		30	19		19
Fundraising Costs	5,300	0	5,300	1,244	0	1,244
Cost of Fundraising	5,300	0	5,300	1,244	0	1,244

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2025			2024		
	£	£	£	£	£	£
Contribution to Other charities	6,000	-	6,000	6,000	0	6,000
Donation to Growing Hope	6,000	-	6,000	6,000	0	6,000
Salaries and HR	62,748	45,088	107,836	66,190	29,703	95,893
Wages and Salaries	44,410	36,525	80,935	45,983	29,129	75,113
Employer costs	3,639	2,213	5,852	4,309	574	4,882
Freelance	13,446	6,350	19,796	11,603	0	11,603
Finance and HR	1,253	-	1,253	1,200	0	1,200
Staff Training	-		0	3,096		3,096
Total Expenditure	79,759	45,501	125,260	78,476	29,703	108,179

Growing Hope High Wycombe
Annual accounts 1 January 2025 - 31 December 2025

4. Fixed Assets		Playground Equipment	Clinic and Office Equipment	
		2025	2025	2024
			£	£
Actual cost	At 1 January 2025	-	2,315	2,315
	Additions	15,732	-	-
	At 31 December 2025	15,732	2,315	2,315
Depreciation	At 1 January 2025	-	(1,300)	(721)
	Charge for the year	(1,049)	(579)	(579)
	At 31 December 2025	(1,049)	(1,879)	(1,300)
Net Book Value	At 1 January 2025	-	1,015	1,594
	At 31 December 2025	14,683	436	1,015
5. Debtors & Work in Progress		2025	2024	
		£	£	
Work in Progress		-	15,388	
Other Debtors		-	593	
Total		-	15,981	
6a. Creditors (amounts falling due less than one year)		2025	2024	
		£	£	
Total Creditors due within one year		988	72	
Total Current Liabilities		988	72	

6b. Creditors (amounts falling more than one year)

	2025	2024
	£	£
	-	-

7. Analysis of assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Cash and Deposit Balances	6,556	19,642	26,199
Fixed Assets	15,120	0	15,120
Other Assets	0	0	-
Total Assets	21,676	19,642	41,318
Current Liabilities	(988)		(988)
	20,687	19,642	40,330

8. Staff

Key Management Personnel	Total	Total
	2025	2024
	£	£
Salaries and Wages	45,833	44,000
Employer's NI	5,862	4,817
Employer's Pension contributions	2,292	2,200
	53,987	51,017

No employee was paid at the rate of more than £60,000

	2025	2024
Average employees during the period	3.0	3.0

9. Restricted Funds

Funder	Item Funded	Balance as at 01 Jan 2025	Income	Expenditure	Balance as at 31 Dec 2025
		£	£	£	£
Benefact Trust	Project cost	4600	0	4600	0
Oxford Diocese	Music and Occupational Therapist	-	16,668	16,668	0
The Lancaster Foundation	Speech & Language Therapist	4,167	-	4,167	0
Redkite Housing	Speech & Language Therapist	6,667	-	6,667	0
TESCO	GroundWork	1,125	-	1,125	0
Bouttell Bequest	Art Therapy	-	5,000	5,000	0
Heart of Bucks	Occupational Therapy	-	10,000	5,000	5,000
Community Boards	Speech & Language Therapist	-	16,916	2,274	14,642
		16,559.00	48,584.00	45,500.95	19,642.05

10. Related Parties

Heather Graham, who is a Trustee of Growing Hope High Wycombe is the parent of Dr Naomi Fox, the Founder of Growing Hope. Growing Hope provides support services to Growing Hope High Wycombe including Policies, Book-keeping, Governance Support, Training, Recruitment Advice. Growing Hope does not have any voting rights in Growing Hope High Wycombe.

Growing Hope High Wycombe received a total of £330 unrestricted donations from its trustees in 2025 (£300 in 2024).

11. Trustee Expenses

None of the Trustees of the charity received any remuneration during the period. No travel and subsistence expenses were paid to trustees in the course of carrying out their duties; no reimbursements were made in the period.

12. Fees payable to Independent Examiner

The independent examiner did not charge for their services.

13. Work in Progress

Work-in-progress represented the cost of work that was being carried out towards the accessible playground project. Since completed, the asset has been capitalised in accordance with existing policy and depreciated over its useful life.



© Growing Hope® High Wycombe

Registered charity number 1195290 (England & Wales)

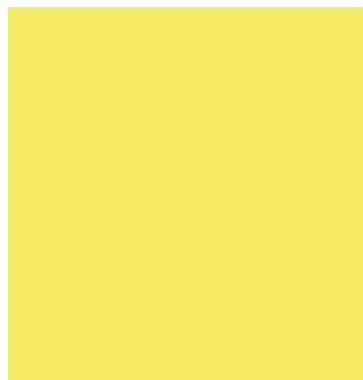
growinghope.org.uk/high-wycombe

Growing Hope High Wycombe, St James' Church Downley,
Plomer Hill, High Wycombe HP13 5NB

Email: highwycombe@growinghope.org.uk

Phone: 07759 988901

Accounts



Growing HOPE

High Wycombe

ANNUAL REPORT 2024



Contents

- 03** | The Past Year
- 05** | Statistics
- 06** | Aims and Objectives
- 07** | Who's Who
- 09** | Hope for Children, Hope for Families, Hope in Jesus
- 10** | Demographics
- 11** | Financial Review
- 12** | Supporter Engagement and Fundraising
- 13** | Structure and Governance
- 15** | Financial Report



The Past Year

CLINIC MANAGER'S LETTER

2024 has been an exciting year of change at Growing Hope High Wycombe. Rachel Shin joined our team in September providing occupational therapy as Sophie Lewis moved onto a new role. Louise Stone is now providing two days a week of music therapy. Anna Deane stepped down from providing admin support and we are in the process of employing a new administrator and an additional speech and language therapist.

We have welcomed a new volunteer to our team, Tony Sackville, supporting with fundraising, and we continue to have the support of Joe Cook, volunteering her time in clinic and liaising with parents and carers. Thank you all for your hard work and support. The clinic space has also grown, we have an additional room we can use for therapy sessions. Our accessible playground is due to be finished and ready for clinic families to use by the end of 2024.



Rosalyn Baskett, Clinic Manager, Growing Hope High Wycombe

CHAIR OF TRUSTEES' LETTER

Our team, led so well by Rosalyn, is well-established and runs as a cohesive and supportive group. Despite being occupied to full capacity, they enjoy a lot of fun working together! Their valuable work is enhanced greatly by the work of many volunteers, and many children and families feedback how much they appreciate the lifeline of services offered to them. Nevertheless, the needs are great, and the waiting list remains. Churches, schools, individuals and companies in High Wycombe bolster fundraising, all of which offer encouragement to keep going as well as raising awareness of the clinic's work in the community. Trustees play a central role in adding their skills to a wide range of opportunities which endorse all that is achieved. Thanks go to everyone for their significant faith in action.



Jan Fishwick, Chair of Trustees, Growing Hope High Wycombe

CEO'S LETTER

2024 has been a year of tremendous growth for Growing Hope and it brings me such joy to see our impact in the lives of so many children with additional needs and their families. Our national team has expanded to 13 members, and I'm deeply inspired by the team and by the way that God has brought everyone together. And I'm so proud of the therapists, whose hard work, care and passion bring hope to families through our free services.

In June we launched our accessibility award for schools, which champions schools to create communities of welcome where all students can thrive. We're delighted to have opened Growing Hope Maidstone in November and look forward to launching our next clinics in Redbridge, Solent, York and Farnham in 2025.

We have seen another year of miraculous provision and incredible generosity from our supporters and donors. I want to extend our heartfelt thanks to all those who have given their time, talents and finances, which makes it possible for us to continue our mission of setting up 20 clinics by 2030, so more families can access free, life-changing therapy across the UK.



Dr Naomi Fox, Founder and CEO, Growing Hope

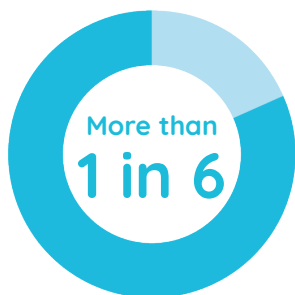
TRUSTEES' REPORT

The Board of Trustees presents its report and financial statements for the year 1 January 2024 - 31 December 2024 together with the Independent Examiner's Report. Growing Hope High Wycombe was registered with the charity commission as a CIO on 26 July 2021, charity number 1195290; 2024 was the third financial period of the charity. Our current trustees are Jan Fishwick (Chair), Lydia Cook, Heather Graham, Amy Dixon, Heather Morley and Jacky Sackville.

We are confident that Growing Hope High Wycombe has carried out its charitable objectives in 2024 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report.

In 2024...

6



children in England have an additional need¹



parent carers have to give up employment due to lack of support available²

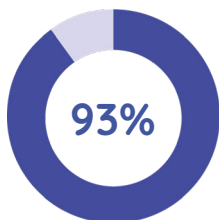


siblings of children with additional needs face difficulties with their own mental health³

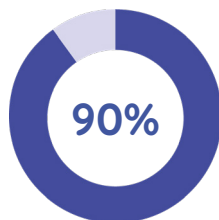
34 parents and carers supported through courses and workshops

136 children supported through direct therapy at Growing Hope High Wycombe

4 When Dreams Change courses run for parents and carers



of GAS goals achieved by children and young people



of GAS goals achieved by parents, carers and siblings

We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS). GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services. GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist.

7 Aims and Objectives

We are Growing Hope High Wycombe. We champion accessibility and provide free therapy for children and young people with additional needs living in High Wycombe, in partnership with St James' Church Downley.



HOPE FOR CHILDREN

We bring hope to children through offering free therapy services.



HOPE FOR FAMILIES

We grow hope for families where hope has been lost due to isolation or rejection.



HOPE IN JESUS

We share hope in Jesus because He brings hope even in the most difficult situations.

In accordance with its charity constitution, Growing Hope High Wycombe has sought to achieve the following aims and objectives in the year dated 1 January 2024 to 31 December 2024.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the High Wycombe area. In particular, but not exclusively by:

- registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
- provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
- the advancement of the Christian faith for the public benefit through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.

Who's Who

8

This year the Growing Hope High Wycombe team has grown to six staff members, and across the year we have been joined by one regular volunteer who has supported our work through administrative tasks.

- 🍃 **Rosalyn Baskett**, Clinic Manager and Speech and Language Therapist
- 🍃 **Louise Stone**, Music Therapist
- 🍃 **Alley Akoh**, Freelance Art Therapist
- 🍃 **Rachel Shin**, Occupational Therapist
- 🍃 **Nicola Rayner**, Child Behaviour Specialist
- 🍃 **Danielle Spence**, Freelance Administrator
- 🍃 **Joe Cook**, Volunteer Parent Liaison

JOE COOK, CLINIC CHAMPION

In November, the High Wycombe team attended the Proud of Bucks Awards, where Joe Cook was awarded the Highly Commended Good Neighbour Award for all the hard work and care that she pours into her role as Volunteer Parent Liaison with Growing Hope High Wycombe.



"Joe is such a valuable member of our team, from supporting parents through phoning to find out how they are getting on, signposting to other services or groups where they can access support and praying with families to tidying out cupboards and supporting in therapy sessions, we would be lost without the support of Joe." - Rosalyn, Clinic Manager

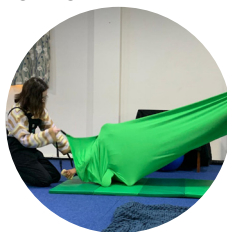
9

Hope for Children

- ✧ We have provided free occupational therapy, speech and language therapy, art therapy, and music therapy in the St James' Downley church building. We have provided therapy for **136 children and young people**.
- ✧ We have worked on individualised goals to support children and families in the areas of greatest need. Examples of goals have been emotional regulation, attention and listening, social skills, toileting, dressing and eating.
- ✧ **93% of therapy goals** have been achieved.

DANIEL'S STORY

Daniel and his mum came to joint speech and language and occupational therapy sessions. He started with regulation activities like swinging on the swing which supported him to sit and engage with an adult while completing an activity. Daniel really enjoyed following the visual timetable, and he was also able to request more of an activity such as playing in the Lycra tunnel.



Hope for Families

We have run:

- ✧ **4 When Dreams Change courses**, for a total of **18 parents and carers**. **WHEN DREAMS CHANGE** When Dreams Change is a four-week course that aims to help parents and carers reflect on their experience of having a child with additional needs, and to become more of the person they have been created to be.
- ✧ **27 fortnightly training sessions** for parents and carers on a variety of topics, hosted by our therapists in partnership with Growing Hope, King's Cross and Brockley. **375 parents and carers have signed up to these sessions.**
- ✧ **3 behaviour workshops**, providing information and strategies to support challenging behaviour.
- ✧ **90% of goals** have been met within our courses.

We believe Jesus brings hope even in the most difficult situations. We always offer to pray for families at the end of each therapy session, several families have taken up this offer and it has been a privilege to see answers to prayer. Our Clinic Manager Rosalyn also works on a Sunday to support families to access church with the help of Growing Hope champions.

In High Wycombe we have set up and run Messy Church for families to come along to. We have had five clinic families come along and been able to access the crafts and activities and make connections with other local families.

This year we have had six regular Growing Hope champions serving alongside children and youth ministry to help families feel welcome. Growing Hope is open to individuals of all faiths and backgrounds and there is no pressure to participate in the faith aspects of our service.

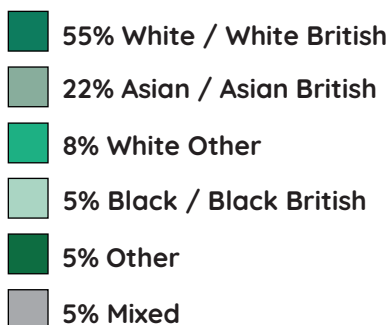
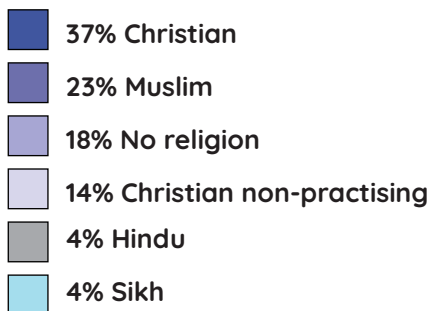
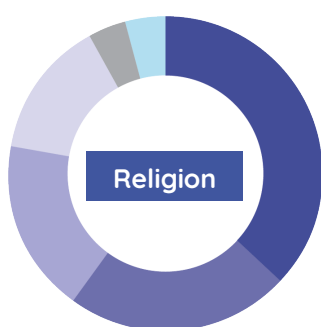
CONNOR'S STORY

Connor came to Growing Hope High Wycombe for music therapy sessions with our therapist Louise. He worked so hard towards his goals in therapy, finding new ways to express his big feelings through music and art and sharing them with his parents so that they can understand and support him more.

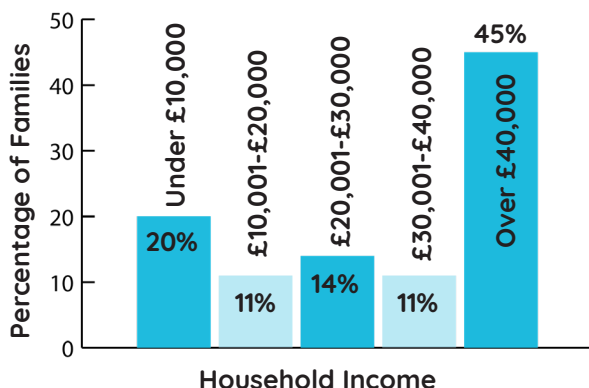
Connor has also shown courage and resilience in being able to speak to other Growing Hope staff, which is usually a very big worry for him. We celebrated his end of therapy with hot chocolate, playing celebratory music and drawing what therapy has been like. Connor's mum said, "Our music therapy sessions have been life changing for our family. The work that Connor has done with Louise has enabled him to understand that his big feelings are okay and have given us strategies to support him. The time he has had at Growing Hope has seen him flourish in confidence with an adult outside of our family unit."



11 Demographics*



Household income



*Demographic data for individuals referred to our service, from anonymous forms completed by parents and carers, and some may have completed more than one form if they have attended multiple events.

Financial Review

The trustees present an overview of the charity’s finances for the period: 1 January 2024 - 31 December 2024. Growing Hope High Wycombe currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £46,345.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity’s governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report (p.14).

Income and Expenditure

We received an income of £94,908

- £22,052 from grants
- £14,698 from fundraising
- £11,842 from regular giving
- £3,102 from one-off gifts
- £2,807 from Gift Aid
- £5,921 from campaigns
- £34,486 donations from other organisations

We had an expenditure of £108,179

- £95,893 on salaries and HR
- £1,244 on fundraising
- £1,830 on clinic expenses, office and admin costs
- £6,000 Giving to Growing Hope National

13 Supporter Engagement and Fundraising

We raise money at key points in the year through the Big Give Christmas Challenge, community fundraising, a fundraising dinner and grants. We're grateful for all the support we have received from our generous supporters. More details are in the accounts.

In July we hosted our Caribbean Evening Fundraiser, where we raised a net amount of £5,027. We would like to say a huge thank you to our fundraising champions for taking on challenge events in 2024 for Growing Hope High Wycombe.

Grants received:

- £1,000, Shanly Foundation
- £2,000, Champion matched funding from The Together Fund for the Big Give Christmas Challenge 2024
- £5,000, The Lancaster Foundation
- £5,556, Oxford Diocese
- £10,000, Red Kite Community Housing



THE LANCASTER
FOUNDATION



Red Kite
Community Housing



In October, we began breaking ground on the accessible playground project with the help of the team at NatWest. We're so thankful for all of their efforts and time. This playground will be a fully inclusive space for children of all abilities to enjoy outdoor play.

FUNDRAISING CHAMPION

"Growing Hope has helped me and my family immensely. They provided therapies for my son and sessions for me and my wife to help us navigate the world of ASD. In a time when assistance is extremely hard to come by in the world of neurodivergence, Growing Hope offered us a beacon of light and asked for nothing in return." - Ashaan



Structure and Governance

14

Growing Hope High Wycombe is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope High Wycombe works in collaboration with St James' Downley and Growing Hope National. As a CIO, if Growing Hope High Wycombe is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Rosalyn Baskett attends Growing Hope High Wycombe trustee meetings but is not party to any decisions regarding her salary or employment.

Growing Hope High Wycombe trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope, ensuring it is meeting its charitable purposes.

Risk Management

The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them. We have policies in place to mitigate any risks in the following areas: financial risk, IT security and protection, safeguarding, health and safety and comprising Christian identity and values. All of these can be accessed on our website.

The Year Ahead

We look forward to having an accessible play area that clinic families can access and use and for our team to continue to grow so we can offer more support for local families in 2025.

References

1. Gov.UK. 2024. Special educational needs in England. [Online]. [30 January 2025]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Learning Hub, *Failed and Forgotten*, 2023, Disabled Children's Partnership. Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2023/03/Failed-and-Forgotten-DCP-report-2023.pdf>
3. *Raising Kids Research*, 2022, Family Fund, Available at: <https://www.familyfund.org.uk/impact/research-reports/raising-kids/>

15 Financial Report

Growing Hope High Wycombe Reference and administrative details For the year 1 January 2024 - 31 December 2024

Trustees:

Janet Fishwick, Chair, appointed 8 July 2021
Amy Dixon appointed 24 July 2023
Jacqueline Sackville appointed 24 July 2023
Heather Morley appointed 8 July 2021
Lydia Cook appointed 8 July 2021
Heather Graham appointed 8 July 2021

Key Management Personnel:

Rosalyn Baskett, Clinic Manager

Registered Principal office:

St James' Church, Plomer Hill, High Wycombe, HP13 5NB

Charitable Incorporated Organisation (CIO) number:

1195290

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Kwabena Appeageyi-Sarpong ACCA Part-Qualified

**Growing Hope High Wycombe
Independent Examiner's Report to the Trustees
For the year 1 January 2024 to 31 December 2024**

16

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2024 to 31 December 2024 which are set out on pages 16-30.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Kwabena Appeageyi-Sarpong
ACCA Part-Qualified

31 March 2025

**Growing Hope High Wycombe
Statement of Financial Activity
For the year ended 31 December 2024**

	Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
		2024			2023
		£	£	£	£
INCOME FROM:					
Voluntary Income		35,726	16,510	52,236	24,689
Grant Income		1,500	20,552	22,052	13,800
Activities for Generating Funds		20,620	-	20,620	38,555
TOTAL INCOME:	2	57,846	37,062	94,908	77,044
EXPENDITURE ON:					
Raising Funds		1,244	-	1,244	3,004
Charitable Activities		77,233	29,703	106,936	80,306
TOTAL EXPENDITURE	3	78,476	29,703	108,179	83,310
NET INCOME / (EXPENDITURE) BEFORE TRANSFER OF FUNDS		(20,630)	7,359	(13,271)	(6,266)
NET MOVEMENT IN FUNDS		(20,630)	7,359	(13,271)	(6,266)
Balances brought forward at 1 January 2024		50,416	9,200	59,616	65,882
BALANCES CARRIED FORWARD AT 31 DECEMBER 2024		29,786	16,559	46,345	59,616

Balance Sheet as at 31st December 2024

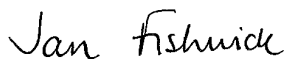
18

	Note	2024 £	2023 £
FIXED ASSETS			
Clinic and IT Equipment		1,016	1,594
	4	1,016	1,594
CURRENT ASSETS			
Bank Account		29,421	63,118
Other Debtors & Stock	5	593	592
Work In Progress	13	15,388	1,619
		45,401	65,329
LIABILITIES - Creditors due within one year			
Creditors due within one year	6a	(72)	(72)
Creditors due more than one year	6b	-	(7,235)
Total Creditors		(72)	(7,307)
NET CURRENT ASSETS			
		45,329	58,022
NET ASSETS			
		46,345	59,616
RESERVES			
Surplus for the year		(13,271)	59,616
Balance brought forward as at 1 January		59,616	-
Balance as at 31 December		46,345	59,616
FUNDS			
Unrestricted		29,785	50,416
Restricted		16,559	9,200
		46,345	59,616

Balance Sheet as at 31st December 2024 Continued

The financial statements were approved by the Board of Trustees on:
25 March 2025

Approved by and signed on its behalf by:



Janet Fishwick
Chair of Trustees



Jacqueline Sackville
Treasurer

The notes on pages 20 to 30 form part of these financial statements.

Growing Hope High Wycombe
Notes to the Financial Statements
For the year 1 January 2024 to 31 December 2024

20

1. Accounting Policies

Incorporation

Growing Hope High Wycombe was registered in England and Wales with the Charity Commission as a CIO Foundation on 26 July 2021. These financial statements are for the period 1 January 2024 to 31 December 2024.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there

is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid. Grants are accounted for in the charity under the accruals model as permitted by FRS 102. The deferred element of the grant is included in creditors as deferred income. Grants of a revenue nature are recognised in the SOFA in the same period as the related expenditure.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period 1 January 2024 to 31 December 2024 are shown in note 11 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and

any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2024			2023		
	£	£	£	£	£	£
Voluntary Income	35,726	16,510	52,236	24,689	-	24,689
Regular giving	11,842	-	11,842	9,862	-	9,862
One off giving	3,102	-	3,102	3,137	-	3,137
Gift Aid	2,807	-	2,807	4,074	-	4,074
Donations from other Organisations	17,976	16,510	34,486	7,616	-	7,616
Grants	1,500	20,552	22,052	-	13,800	13,800
Grants	1,500	20,552	22,052	-	13,800	13,800
Fundraising Income	20,620	-	20,620	38,555	-	38,555
Growing Hope Fundraising Night	5,027	-	5,027	12,565	-	12,565
Campaigns	5,921	-	5,921	7,323	-	7,323
Marathon	7,137	-	7,137	1,347	-	1,347
Other Fundraising	2,534	-	2,534	17,321	-	17,321
TOTAL INCOME	57,846	37,062	94,908	63,244	13,800	77,044

3. Expenditure

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2024			2023		
	£	£	£	£	£	£
Office and Administration Costs	3,212	-	3,212	2,382	-	2,382
Advertising/ Promotion/ Recruitment	170	-	170	193	-	193
Postage, Printing, Stationery	303	-	303	184	-	184
Travel	285	-	285	314	-	314
Phone	315	-	315	315	-	315
Depreciation	579	-	579	579	-	579
Office Expenses	1,440	-	1,440	431	-	431
Computer Equipment Not Capitalised	120	-	120	365	-	365
Clinic Expenses	1,830	-	1,830	1,851	-	1,851
Assessment Tools/Clinic Equipment	1,811	-	1,811	1,699	-	1,699
DBS	-	-	-	123	-	123
Volunteer Hospitality	19	-	19	29	-	29
Fundraising Costs	1,244	-	1,244	3,004	-	3,004
Cost of Fundraising	1,244	-	1,244	3,004	-	3,004

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2024			2023		
	£	£	£	£	£	£
Contribution to Other charities	6,000	-	6,000	6,000	-	6,000
Donation to Growing Hope	6,000	-	6,000	6,000	-	6,000
Salaries and HR	66,190	29,703	95,893	53,997	16,077	70,074
Wages and Salaries	45,983	29,129	75,113	43,490	16,077	59,567
Employer costs	4,309	574	4,882	2,645	-	2,645
Freelance	11,603	-	11,603	5,435	-	5,435
Finance and HR	1,200	-	1,200	1,200	-	1,200
Staff Training	3,096	-	3,096	1,228	-	1,228
Total Expenditure	78,476	29,703	108,179	67,233	16,077	83,310

Growing Hope High Wycombe
Annual accounts 1 Jan 2024 - 31 Dec 2024

4. Fixed Assets		Clinic and Office Equipment	
		2024	2023
		£	£
Actual cost	At 1 January 2024	2,315	568
	Additions	-	1,747
	At 31 December 2024	2,315	2,315
Depreciation	At 1 January 2024	(721)	(142)
	Charge for the year	(579)	(579)
	At 31 December 2024	(1,300)	(721)
Net Book Value	At 1 January 2024	1,594	426
	At 31 December 2024	1,016	1,594
5. Debtors & Work in Progress		2024	2023
		£	£
Work in Progress		15,388	1,619
Other Debtors		593	593
Total		15,981	2,211
6a. Creditors (amounts falling due less than one year)		2024	2023
		£	£
Total Creditors due within one year		72	72
Total Current Liabilities		72	72

6b. Creditors (amounts falling more than one year)

	2024	2023
	£	£
King Baudouin Foundation Capital Grant	-	5,386
St Mary and St George Church (SMG), High Wycombe	-	1,549
Blue Sky Intermodal	-	300
	-	7,235

7. Analysis of assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Cash and Deposit Balances	12,861	16,559	29,421
Fixed Assets	1,016	-	1,016
Other Assets	15,981	-	15,981
Total Assets	29,857	16,559	46,417
Current Liabilities	(72)	-	(72)
	29,785	16,559	46,345

8. Staff

Key Management Personnel	Total	Total
	2024	2023
	£	£
Salaries and Wages	44,000	41,451
Employer's NI	4,817	4,465
Employer's Pension contributions	2,200	2,073
	<u>51,017</u>	<u>47,988</u>

No employee was paid at the rate of more than £60,000

	2024	2023
Average employees during the period	3.0	0.4

9. Restricted Funds

Funder	Item Funded	Balance as at 01 Jan 2024	Income	Expenditure	Balance as at 31 Dec 2024
		£	£	£	£
Benefact Trust	Project cost	9,200	-	4,600	4,600
Oxford Diocese	Music and Occupational Therapist	-	5,552	5,552	-
The Lancaster Foundation	Speech & Language Therapist	-	5,000	833	4,167
Red Kite Community Housing	Speech & Language Therapist	-	10,000	3,333	6,667
St.Mary & St George Church SMG	Play Ground	-	1,549	1,549	-
TESCO	Sibling and Parent Groups	-	1,125	-	1,125
King Baudouin Foundation	Play Ground	-	5,386	5,386	-
Blue Sky International	Play Ground	-	300	300	-
Individuals	Play Ground	-	750	750	-
Anonymous Trust	Play Ground	-	5,400	5,400	-
Up Downley Festival	Play Ground	-	1,000	1,000	-
Star Board Hotel	Play Ground	-	1,000	1,000	-

10. Related Parties

Heather Graham, who is a Trustee of Growing Hope High Wycombe is the parent of Dr Naomi Fox, the CEO of Growing Hope. Growing Hope provides support services to Growing Hope High Wycombe including Policies, Book-keeping, Governance Support, Training, Recruitment Advice. Growing Hope does not have any voting rights in Growing Hope High Wycombe.

Growing Hope High Wycombe received a total of £300 unrestricted donations from its trustees in 2024 (£5,090 in 2023).

11. Trustee Expenses

None of the Trustees of the charity received any remuneration during the period. No travel and subsistence expenses were paid to trustees in the course of carrying out their duties; no reimbursements were made in the period.

12. Fees payable to Independent Examiner

The independent examiner did not charge for their services.

13. Work in Progress

Work-in-progress represents the cost of work that has been carried out so far towards the accessible playground project. Once complete, the asset will be capitalised in accordance with existing policy and depreciated over its useful life. The grant received for this project in note 5 will be released to the income and expenditure account, from the deferred income account, in proportion to each year's depreciation.



© Growing Hope® High Wycombe

Registered charity number 1195290 (England & Wales)

growinghope.org.uk/high-wycombe

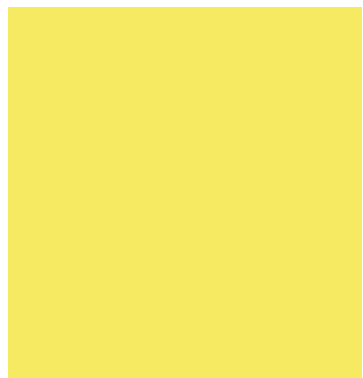
Growing Hope High Wycombe, St James' Church Downley,
Plomer Hill, High Wycombe HP13 5NB

Email: highwycombe@growinghope.org.uk

Phone: 07759 988901

Photographs: Naomi Wilde

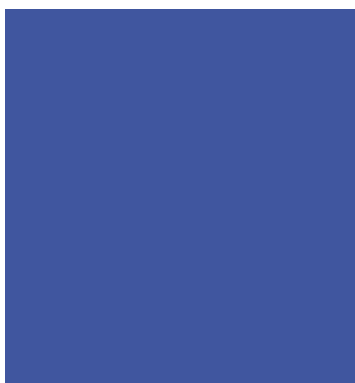
Accounts



Growing HOPE

High Wycombe

ANNUAL REPORT 2023



Contents

03	The Past Year
05	Statistics
06	Aims and Objectives
07	Who's Who
09	Hope for Children, Hope for Families, Hope in Jesus
10	Demographics
11	Financial Review
12	Supporter Engagement and Fundraising
13	Structure and Governance
15	Financial Report

The Past Year

Rosalyn Baskett, Clinic Manager

Over the past year our clinic in High Wycombe has grown significantly. I took over as Clinic Manager and Speech and Language Therapist in January 2023. Since then, Sophie Lewis joined the team as an Occupational Therapist in July, and Alley Akoh joined as a freelance Art Therapist in September. Louise Stone continues to offer Music Therapy and we have a regular volunteer, Joe Cook, who contacts parents and helps with the running of the clinic. Anna Deane has also joined the team as a freelance administrator, supporting the therapists and enabling them to work with more families. Thank you all for your hard work and support. The clinic space has also grown, we have an additional two rooms we now use for therapy sessions, and we are in the process of building an accessible playground for clinic families to use. Our therapists have achieved 74% of all goals set in clinic.



Jan Fishwick, Chair of Trustees

Our new Clinic Manager joined us at the beginning of the year and has led with vision and energy. A range of new therapists have joined the team, all supported by an administrator and a parent liaison volunteer. More children and families are being provided with much needed services, although a waiting list still builds reflecting the unmet needs of many. Messy Church began in September which is enjoyed by families and also raises more awareness of Growing Hope High Wycombe in the community. To support this growth in services, very encouragingly, our budget is balanced thanks to a mix of donations, grants and fundraising. There is much to thank God for!



4

Dr Naomi Graham, Founder and CEO

This year we celebrated Growing Hope turning five years old and as I reflect back on the past five years, I'm so encouraged by the growth we have seen and the ways in which our clinics and therapists have made a difference in the lives of so many families.



This year saw some particularly exciting growth within our national team which is enabling us to reach and support more families of children with additional needs across the UK. We launched our accessibility award which enables churches to receive an audit and a bronze, silver or gold award for their provision for individuals with a wide range of additional needs. We also have seen our fourth clinic set up in Gateshead and look forward to seeing this open in 2024.

I'm so encouraged by the many conversations we are having with churches nationwide, around forming partnerships and setting up clinics within the coming years. I'm delighted that we're collaborating with All Saints Woodford Wells to set up our next clinic in Redbridge next year. I am so proud of all of the hard work of the Growing Hope team as we continue to grow hope across the UK and draw nearer to our vision of 20 clinics by 2030.

Trustees' Report

The Board of Trustees presents its report and financial statements for the year 1 January 2023 - 31 December 2023 together with the Independent Examiner's Report. Growing Hope High Wycombe was registered with the charity commission as a CIO on 26 July 2021, charity number 1195290. Our current trustees are Jan Fishwick (Chair), Lydia Cook, Heather Graham, Amy Dixon, Heather Morley and Jacky Sackville. In May Angela McInerney stepped down as a trustee, and in July Elizabeth Evans stepped down, and we would like to thank Angela and Elizabeth for their service and dedication to Growing Hope High Wycombe. In July, Jacky Sackville and Amy Dixon were appointed as additional trustees to support the work of the board.

We are confident that Growing Hope High Wycombe has carried out its charitable objectives in 2023 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report.

In 2023...



children in England have an additional need¹

8/10 parent carers have poor mental wellbeing²



5/10 siblings of children with additional needs are socially isolated³



9 parents, carers and siblings

supported through training and courses

98 children

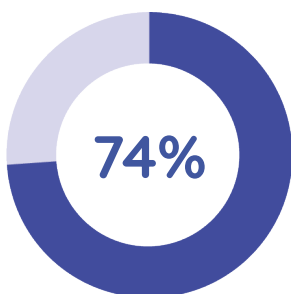
supported through direct therapy at Growing Hope High Wycombe

2

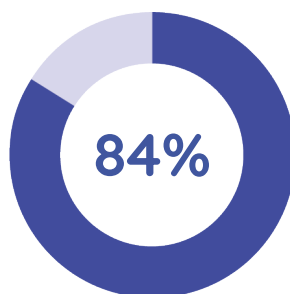
When Dreams Change courses run for parents and carers

1

Siblings Group course run for brothers and sisters



of GAS goals achieved by children and young people



of GAS goals achieved by parents, carers and siblings

6

Aims and Objectives

- ✧ We bring hope to children through free therapy services.
- ✧ We grow hope for families where hope has been lost due to isolation or rejection.
- ✧ We share hope in Jesus because he brings hope even in the most difficult situations

In accordance with its charity constitution, Growing Hope High Wycombe has sought to achieve the following aims and objectives in the year dated 1 January 2023 to 31 December 2023.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the High Wycombe area. In particular, but not exclusively by:

- registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
- provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
- the advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Emily's Story

Emily has found music therapy really helpful to express lots of her difficult feelings through music and creative arts and to know that these feelings are okay. She has learnt new strategies to use throughout her week that her mum says has added to her emotional toolbox.

This year the Growing Hope High Wycombe team has grown to four staff members, and across the year we have been joined by one regular volunteer who has supported our work through administrative tasks.

- 🍃 **Rosalyn Basket**, Clinic Manager and Speech and Language Therapist
- 🍃 **Louise Stone**, Music Therapist
- 🍃 **Sophie Lewis**, Occupational Therapist
- 🍃 **Alley Akoh**, Freelance Art Therapist
- 🍃 **Anna Deane**, Freelance Administrator
- 🍃 **Joe Cook**, Volunteer Parent Liaison

Freddie and Jeremiah's Stories

Jeremiah and Freddie enjoyed their music therapy sessions at Growing Hope High Wycombe, where they focused on musical communication.

Turntaking, talking and concentrating are challenging activities for Jeremiah and Freddie, but through their sessions with our music therapist Louise, they progressed each week through attention-grabbing activities and musical action songs.



Hope for Children

We have provided therapy for **98 children and young people**.

Examples of goals have been emotional regulation, attention and listening, social skills, toileting dressing and eating. **74% of therapy goals** have been achieved.

We have provided free occupational therapy, speech and language therapy, art therapy, and music therapy in the St James' Downley church building. We have worked on individualised goals to support children and families in the areas of greatest need.

Hope For Families

We have run:

 **Two When Dreams Change courses**, a four-week course that aims to help parents and carers reflect on their experience of having a child with additional needs, and to become more of the person they have been created to be. **WHEN DREAMS CHANGE**

 **One Siblings Group course**, a seven-week course that aims to enable brothers and sisters of children with additional needs to share their experiences of being a sibling and connect with other children with similar experiences. **SIBLINGS GROUP**

 **21 training sessions for parents and carers**, fortnightly sessions on a variety of topics, hosted by our therapists in partnership with Growing Hope National, King's Cross and Brockley.

 Feedback has been that **84% of goals have been met** within our courses.

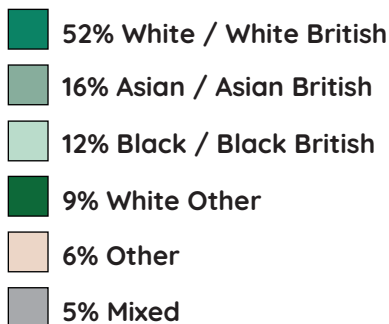
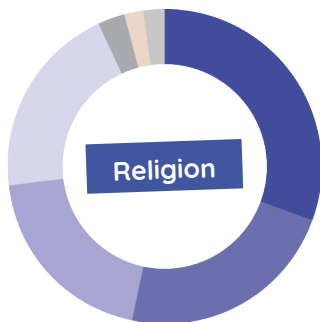
Hope in Jesus

We believe Jesus brings hope even in the most difficult situations. We always offer to pray for families at the end of each therapy session, several families have taken up this offer and it has been a privilege to see answers to prayer. Our Clinic Manager Rosalyn also works on a Sunday to support families to access church with the help of Growing Hope champions.

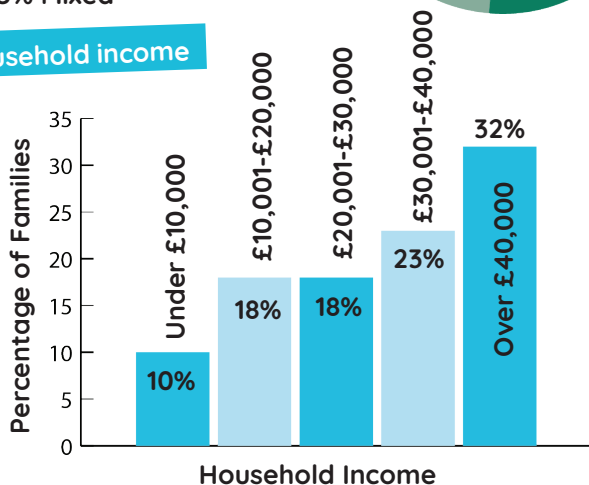
This year we have had eight volunteers serving alongside children and youth ministry to help families feel welcome. We also have nine champions who advocate and support Growing Hope High Wycombe across different churches in Wycombe. We are now offering children's work every Sunday at St James's Downley and are setting up a Messy Church. One family who have come along to St James' said "it was great for us as a family to come along to a church where our children were accepted without the need to explain, apologise or justify ourselves. Having resources that our children could access helped them to settle easily. It gave me and my husband the freedom to worship in a place where our children felt loved and seen". Growing Hope is open to individuals of all faiths and backgrounds and there is no pressure to participate in the faith aspects of our service.



Demographics*



Household income



*Demographic data for individuals referred to our service, from anonymous forms completed by parents and carers, and some may have completed more than one form if they have attended multiple events.

Financial Review

The trustees present an overview of the charity's finances for the period: 1 January 2023 - 31 December 2023. We are grateful to Sarah Couch, who runs our Gift Aid claims as a volunteer. Growing Hope High Wycombe currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £59,616.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report (p.14).

We received an income of **£77,044**

- £13,800 from grants
- £31,233 from fundraising
- £9,862 from regular giving
- £3,137 from one-off gifts
- £4,074 from Gift Aid
- £7,323 from campaigns
- £7,616 donations from other organisations

We had an expenditure of **£83,310**

- £70,074 on salaries and HR
- £3,004 on fundraising
- £4,232 on clinic rent, office and admin costs
- £6,000 Giving to Growing Hope National



We raise money at key points in the year through a summer campaign, Big Give, community fundraising, Gala dinner and grants. We're grateful for all the support we have received from our generous supporters. More details are in the accounts.

In May we hosted our Gala Dinner, where we raised a net amount of £12,565. We would like to say a huge thank you to Rosalyn Baskett and Jess Kirton for raising over £1,500 by running the Vitality London 10,000 in September 2023. We would also like to thank Marlow FC, Top Notes Choir, Warren Wood Residents Association for their generous donations and fundraising efforts this year.

Fundraising Champion



"I ran 10km for Growing Hope High Wycombe because I believe that the therapy services they offer provide families of children with disabilities with the support they need and deserve but have not been able to access. The therapies offered can help children develop their skills and have the tools necessary to reach their full potential." - Jess

Grants received:

- £13,800, Benefact Trust
- £5,386.31, King Baudouin Foundation
- £2,000 Champion matched funding from The Together Fund for the Big Give Christmas Challenge 2023



BENEFACT
TRUST

| B | King Baudouin
Foundation
Working together for a better society



THE TOGETHER FUND

Risk Management

The trustees take risk management seriously, have identified the following risks and put in place processes to mitigate them. We have policies in place to mitigate any risks in the following areas: financial risk, IT security and protection, safeguarding, health and safety and comprising Christian identity and values. All of these can be accessed on our website.

Structure and Governance

Growing Hope High Wycombe is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope High Wycombe works in collaboration with St James' Downley and Growing Hope National. As a CIO, if Growing Hope High Wycombe is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Rosalyn Baskett attends Growing Hope High Wycombe Trustee meetings but is not party to any decisions regarding her salary or employment.

The Year Ahead

We look forward to being able to provide more families with the therapy and support they require as we develop our clinic and therapy provision in High Wycombe. We continue to grow hope for children, hope for families and hope in Jesus.

Trustees

Growing Hope High Wycombe trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope, ensuring it is meeting its charitable purposes.

Adam's Story

Adam came to Growing Hope High Wycombe for speech and language therapy with our therapist Rosalyn. In their sessions together, Adam worked on saying the last sound in a word. He took part in listening activities to make sure he can hear the sounds and he was able to find the tails for animals on the cards and able to say all the words correctly including the last sound. His speech is getting clearer and his vocabulary is developing.



References

1. Gov.UK. 2023. Special educational needs in England. [Online]. [22 June 2023]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Lunt, *Left Behind – Six Months On*, 2022, Disabled Children's Partnership. Available at: <https://disabledchildrenspartnership.org.uk/left-behind-six-months-on/>
3. Lunt, *Left Behind – Six Months On*, 2022, Disabled Children's Partnership

**Growing Hope High Wycombe
Reference and administrative details
For the year 1 January 2023 – 31 December 2023**

Trustees:

Janet Fishwick appointed 8 July 2021
Elizabeth Evans appointed 8 July 2021, resigned
24 July 2023
Heather Graham appointed 8 July 2021
Angela McInerney appointed 8 July 2021, resigned
9 May 2023
Heather Morley appointed 8 July 2021
Lydia Cook appointed 8 July 2021
Jacqueline Sackville appointed 24 July 2023
Amy Dixon appointed 24 July 2023

Key Management Personnel:

Rosalyn Baskett, Clinic Manager

Registered Principal office:

St James' Church, Plomer Hill, High Wycombe, HP13 5NB

Charitable Incorporated Organisation (CIO) number:

1195290

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Alan Lotinga, BCom (Acc) (Hons), CPFA

**Growing Hope High Wycombe
Independent Examiner's Report to the Trustees
For the year 1 January 2023 to 31 December 2023**

15

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2023 to 31 December 2023 which are set out on pages 16-30.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Alan Loting BCom (Acc) (Hons), CPFA

14 March 2024

Growing Hope High Wycombe
Statement of Financial Activity
For the year ended 31 December 2023

	Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
		2023	2023	2023	2022
		£	£	£	£
				2023	2022
					26 July 2021 - 31 Dec 2022
INCOME FROM:					
Voluntary Income		24,689	0	24,689	41,314
Grant Income		-	13,800	13,800	40,240
Activities for Generating Funds		38,555	0	38,555	22,354
TOTAL INCOME:	2	63,244	13,800	77,044	103,908
EXPENDITURE ON:					
Raising Funds		3,004	0	3,004	3,140
Charitable Activities		64,229	16,077	80,306	34,886
TOTAL EXPENDITURE	3	67,233	16,077	83,310	38,026
NET INCOME / (EXPENDITURE) BEFORE TRANSFER OF FUNDS		(3,989)	(2,277)	(6,266)	65,882
NET MOVEMENT IN FUNDS		(3,989)	(2,277)	(6,266)	65,882

**Growing Hope High Wycombe
Statement of Financial Activity Continued
For the year ended 31 December 2023**

17

Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
		2023		2022
	£	£	£	£
			2023	2022
Balances brought forward at 1 January 2023	54,405	11,477	65,882	0
BALANCES CARRIED FORWARD AT 31 DECEMBER 2023	50,416	9,200	59,616	65,882

Balance Sheet as at 31st December 2023

		2023	2022
	Note	£	£
FIXED ASSETS			
Clinic and IT Equipment		1,594	426
	4	1,594	426
CURRENT ASSETS			
Bank Account		63,118	65,528
Other Debtors & Stock	5	592	0
Work In Progress	13	1,619	0
		65,329	65,528
LIABILITIES - Creditors due within one year			
Creditors due within one year	6a	(72)	(72)
Creditors due more than one year	6b	(7,235)	
Total Creditors		(7,307)	(72)
NET CURRENT ASSETS			
		58,022	65,456
NET ASSETS			
		59,616	65,882
RESERVES			
Surplus for the year		59,616	65,882
		59,616	65,882
FUNDS			
Unrestricted		50,416	54,405
Restricted		9,200	11,477
		59,616	65,882

Balance Sheet as at 31st December 2023 Continued

19

The financial statements were approved by the Board of Trustees on:
25 April 2024

Approved by and signed on its behalf by:

Jan Fishwick

Janet Fishwick
Chair of Trustees

A handwritten signature in black ink, appearing to read 'Jacqueline Sackville', with a long, sweeping horizontal stroke extending to the right.

Jacqueline Sackville
Treasurer

The notes on pages 20 to 22 form part of these financial statements.

Growing Hope High Wycombe
Notes to the Financial Statements
For the year 1 January 2023 to 31 December 2023

1. Accounting Policies

Incorporation

Growing Hope High Wycombe was registered in England and Wales with the Charity Commission as a CIO Foundation on 26 July 2021. These financial statements are for the period 01 January 2023 to 31 December 2023.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there

is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period are shown in note 9 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Growing Hope High Wycombe
Annual accounts 1 Jan 2023- 31 Dec 2023

2. Income

	2023		2022		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds
	£	£	£	£	£
Voluntary Income	24,689	0	24,689	41,314	0
Regular giving	9,862		9,862	7,722	0
One off giving	3,137		3,137	7,299	0
Gift Aid	4,074		4,074	4,160	0
Donations from other Organisations	7,616		7,616	22,133	0
Grants	-	13,800	13,800	4,000	36,240
Grants	-	13,800	13,800	4,000	36,240
Fundraising Income	38,555	0	38,555	22,354	0
Growing Hope Fundraising Night	12,565		12,565	10,754	0
Campaigns	7,323		7,323	5,630	0
Marathon	1,347		1,347	4,266	0
Other Fundraising	17,321		17,321	1,704	0
TOTAL INCOME	63,244	13,800	77,044	67,668	36,240
					103,908

3. Expenditure

	2023		2022		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds
	£	£	£	£	£
Office and Administration Costs	2,073	0	2,073	4,748	0
Advertising/Promotion/Recruitment	193		193	4,166	0
Postage, Printing , Stationery	172		172	224	0
Travel	279		279	99	0
Phone	257		257	100	0
Depreciation	579		579	142	0
Office Expenses	228		228	17	0
Computer Equipment Not Capitalised	365		365	0	0
Clinic Expenses	1,851	0	1,851	193	1,068
Assesment Tools/Clinic Equipment	1,699		1,699	54	1,068
					1,122

DBS	123	123	110	0	110
Volunteer Hospitality	29	29	29	0	29
Fundraising Costs	3,004	0 3,004	3,140	0	3,140
Cost of Fundraising	3,004	0 3,004	3,140	0	3,140
Contribution to Other charities	6,000	0 6,000	1,000	0	1,000
Donation to Growing Hope	6,000	0 6,000	1,000	0	1,000
Salaries and HR	53,997	16,077	4,182	23,695	27,877
Wages and Salaries	43,490	16,077 70,074	1,946	21,859	23,805
Employer costs	2,645	2,645	98	1,025	1,123
Freelance	5,435	5,435	0	0	0
Finance and HR	1,200	1,200	1,740	0	1,740
Staff Training	1,228	1,228	398	811	1,209
Total Expenditure	67,233	16,077 83,310	13,263	24,763	38,026

4. Fixed Assets

Clinic and IT
Equipment
£

Actual cost	At 1 January 2023	568
	Additions	1,747
	At 31 December 2023	2,315
Depreciation	At 1 January 2023	(142)
	Charge for the year	(579)
	At 31 December 2023	(721)
Net Book Value	At 1 January 2023	426
	At 31 December 2023	1,594

5. Debtors & Work in Progress	2023	2022
	£	£
Work in Progress	1,619	0
Other Debtors	593	0
Total	2,211	0

6a. Creditors (amounts falling due less than one year)	2023	2022
	£	£
Other creditors	72	72
Total Current Liabilities	72	72

6b. Creditors (amounts falling more than one year)

	2023	2022
	£	£
King Baudouin Foundation Capital Grant	5,386	0
St Mary and St George Church (SMG), High Wycombe	1,549	0
Blue Sky Intermodal	300	0
	7,235	0

7. Analysis of assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Cash and Deposit Balances	53,918	9,200	63,118
Fixed Assets	1,594	0	1,594
Other Assets	2,211	0	2,211
Total Assets	57,724	9,200	66,924
Current Liabilities	(7,307)		(7,307)
	50,416	9,200	59,616

8. Staff

Key Management Personnel	Total	Total
	2023	2022
	£	£
Salaries and Wages	41,451	22,451
Employer's NI	4,465	2,435
Employer's Pension contributions	2,073	1,123
	47,988	26,009
No employee was paid at the rate of more than £60,000		
	2023	2022
Average employees during the period	3.0	0.4

9. Restricted Funds

Funder	Item Funded	Balance as at 01 Jan 2023	Income	Expenditure	Balance as at 31 December 2023
		£	£	£	£
Buckinghamshire Council - High Wycombe Community Board	Project Costs	11,477	-	11,477	0
Benefact Trust	Project Costs	0	13,800		13,800

10. Related Parties

Heather Graham, who is a Trustee of Growing Hope High Wycombe is the parent of Dr Naomi Graham, the CEO of Growing Hope. Growing Hope provides support services to Growing Hope High Wycombe including Policies, Book-keeping, Governance Support, Training, Recruitment Advice. Growing Hope does not have any voting rights in Growing Hope High Wycombe.

Growing Hope High Wycombe received a total of £5,090 unrestricted donations from its trustees in 2023 (£2,851 in 2022).

11. Trustee Expenses

None of the Trustees of the charity received any remuneration during the period. No travel and subsistence expenses were paid to trustees in the course of carrying out their duties, no reimbursements were made in the period.

12. Fees payable to Independent Examiner

The independent examiner did not charge for their services.

13. Work in Progress

Work-in-progress represents the cost of work that has been carried out so far towards the accessible playground project. Once complete, the asset will be capitalised in accordance with existing policy and depreciated over its useful life. The grant received for this project in note 6 will be released to the income and expenditure account, from the deferred income account, in proportion to each year's depreciation.



© Growing Hope® High Wycombe

Registered charity number 1195290 (England & Wales)

growinghope.org.uk

Growing Hope High Wycombe, St James' Church Downley,
Plomer Hill, High Wycombe HP13 5NB

Email: highwycombe@growinghope.org.uk

Phone: 07759 988901

Photographs: Naomi Wilde Photography

Accounts

2022

Growing Hope High Wycombe **FIRST ANNUAL REPORT**

Report & Financial Statements
26 July 2021 - 31 December 2022



Growing
HOPE
High Wycombe

2 Contents

4	CEO's Letter
6	Chairman's Letter
7	Trustees' Report
8	Objectives and Values
10	Hope for Children
12	Elijah's Story
13	Hope for Families
15	Hope in Jesus
16	Volunteers
17	Financial Review
18	Risk Management
19	Supporter Engagement and Fundraising
20	Structure, Governance and Management
22	The Year Ahead and References
24	Financial Report





Elijah's Story

Page 12



Hope for Families

Page 13



Hope in Jesus

Page 15



Financial Report

Page 24

4 CEO's Letter

“

“I’m filled with joy reflecting on the impact we’ve had for families this year and I’m excited for our continued growth in the year ahead.”

We have seen another year of encouraging growth at Growing Hope this year. I had the privilege recently to talk about all that we’ve been doing with His Majesty King Charles III, the Archbishop of Canterbury Justin Welby and The Rt Revd and Rt Hon Dame Sarah Mullally DBE, Bishop of London, at a community reception at King’s Cross Church. It was great to celebrate Growing Hope King’s Cross and all that we’ve seen happen across the charity nationally.



Over this year we have continued to work with many more children, young people and families who have additional needs. A couple of weeks ago I was in clinic with a family who have seen an amazing breakthrough with their ten-year-old son who, through occupational therapy, is now able to sleep in his own bed on his own at night. Having sleep is making a big difference to the whole family and it’s encouraging to see similar stories repeated across our clinics. We have excitingly applied for charity status for our next Growing Hope clinic in Gateshead and we hope to open this early in the new year. We are also in a number of encouraging conversations with churches across the country who may set up a Growing Hope clinic in 2023.

I am so encouraged by God’s faithfulness to Growing Hope and the provision for each of the local clinics. Over the course of this year we have excitingly added five new individuals to our Growing Hope national team and it is brilliant to have Vicki, Jade, Naz, Anna and Jennie on board. The increased capacity at a national level means that we can better support and grow our local Growing Hope clinics.

We have also taken big steps nationally in the development of resources which support children and young people with additional needs and their families across the UK. We have been rolling out our When Dreams Change course for parents and carers of children with additional needs and our Siblings Group courses. We have also launched our accessibility award for churches to receive a kitemark about their accessibility. We are looking forward to continuing to impact families through partnering with local churches, communities and schools alongside our Growing Hope clinics.

I’m filled with joy reflecting on the impact we’ve had for families this year and I’m excited for our continued growth in the year ahead.

Yours sincerely,

Dr Naomi Graham
Founder & CEO of Growing Hope National



Growing Hope Values



Hope



Community



Generosity



Innovation



Courage

6 Chairman's Letter

Growing Hope High Wycombe was granted charitable status in July 2021 in a record turnaround of less than four working days! The newly formed group of trustees were drawn from several churches in High Wycombe as were the Champions who have played a significant role in creating a Wycombe-wide venture. We have been greatly encouraged to have donations from individuals, churches, the Deanery, the Diocese, and the local community.

“

“Enthusiastic fundraising continues enabling confidence in the work of Growing Hope High Wycombe. There is much to thank God for.”

We were made aware of the needs of children and families in our community as soon as we began to promote Growing Hope High Wycombe. We met with local school headteachers who immediately saw how we could support some of their children with additional needs or their siblings or parents.

Estelle Van der Linde, our Clinic Manager from February until September 2022, set up the clinic from scratch and provided speech and language therapy to many on our waiting list, all of whom were delighted as their children made visible progress. She also contributed to our first Gala Dinner in the spring, ran a Siblings Group in a local school and offered flexible sessions for families on Saturday mornings with volunteers with different professional skills. Parents and children just loved her!

After establishing many positives, Estelle returned to her home in South Africa in September 2022. We are pleased to say we have a new Clinic Manager, Rosalyn Baskett, starting in January 2023 who will continue to build and develop the work of the clinic and the children's work at St James' Church.

In the meantime, enthusiastic fundraising continues enabling confidence in the work of Growing Hope High Wycombe. There is much to thank God for.

I would like to say a huge thank you to our clinic manager, trustees, champions, volunteers, and supporters who pray for Growing Hope High Wycombe and generously give of their time and talents. The real stars are the children and families who never cease to inspire and encourage us.

Yours sincerely,

Jan Fishwick

Jan Fishwick
Chair of Trustees



Trustees' Report

7

This is the first annual report for Growing Hope High Wycombe. The Board of Trustees presents its report and financial statements for the year 26 July 2021 - 31 December 2022 together with the Independent Examiner's Report. Growing Hope High Wycombe was registered with the charity commission as a CIO on 26 July 2021, charity number 1195290. The current trustees are Jan Fishwick, Elizabeth Evans, Heather Graham, Angela McInerney, Heather Morley and Lydia Cook.

Since launching in February 2022, Growing Hope High Wycombe has continued to provide free therapy services for children and young people with additional needs and their families living in High Wycombe. Between September and November, the clinic temporarily closed to referrals whilst we recruited for a new Clinic Manager, after Estelle stepped down in September. We re-opened our doors in November when Louise Stone started as a music therapist. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives (page 8) and impact and outcomes (page 10 onwards) are found in greater depth within this report.

We are confident that Growing Hope High Wycombe has carried out its charitable objectives in 2022 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report. There has been no change in our trustee board since we received charity status in 2021, and the trustee board was set up on 8 July 2021 and includes the following trustees: Jan Fishwick (Chair), Elizabeth Evans, Heather Graham, Angela McInerney, Heather Morley, Lydia Cook.

Growing Hope High Wycombe provides intervention and support to children and families in need, regardless of income. These services will be provided by two

members of staff (registered healthcare professionals). In the future, services may also be provided by further volunteers and freelancers where necessary, in accordance with charity policy and standards of good practice. We have many non-clinical volunteers without whom we would not have been able to run Growing Hope High Wycombe in 2022, and we are extremely grateful for their support. In particular we would like to thank Sarah Couch, our finance volunteer; Joe Cook, our administrative volunteer, and several members of the St James' family who have given time to enable Growing Hope to be a success.

Yours sincerely,

*Jan Fishwick, Elizabeth Evans,
Heather Graham, Angela McInerney,
Heather Morley and Lydia Cook.*

This year we have:

- supported 94 children, siblings, parents and carers through therapy and training.
- raised £89,276 to grow hope in the lives of people in High Wycombe.

8 Objectives and Values

In accordance with its charity constitution, Growing Hope High Wycombe has sought to achieve the following aims and objectives in the period dated 26 July 2021 to 31 December 2022.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the High Wycombe area. In particular, but not exclusively, by:

 registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.

 provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.

 the advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Hope for Children:

We have provided free occupational therapy and integrative therapy in the St James' Downley church building. We have worked on individualised goals to support children and families in the areas of greatest need.



Hope for Families:

We have provided two When Dreams Change groups for parents processing the experience of having a child with additional needs, and one Siblings Group to support siblings of children with additional needs.



Hope in Jesus:

We have supported families of children with additional needs to access church services and feel a part of the St James' Downley community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

We've provided direct therapy for 41 children.



87% of therapy goals set with children were achieved.



94 children, siblings, parents and carers supported through therapy sessions and courses.





16.6%
of children in
England have an
additional need¹

54%
of parents are
experiencing a
delay in accessing
therapy²

46%
of disabled children's
siblings are socially
isolated³

10 Hope for Children

In 2022 we worked with 41 children on a one-to-one or group basis.

Each child received an assessment and then a four to six week block of weekly intervention sessions to support them in reaching their therapy goals. Various therapy services have been provided in the year by our therapists:

 **Estelle Van der Linde** (Speech and Language Therapist and Audiologist) our former Clinic Manager up until September 2022.

 **Louise Stone** (Music Therapist) who has been providing music therapy since November 2022.

Outcome Measures

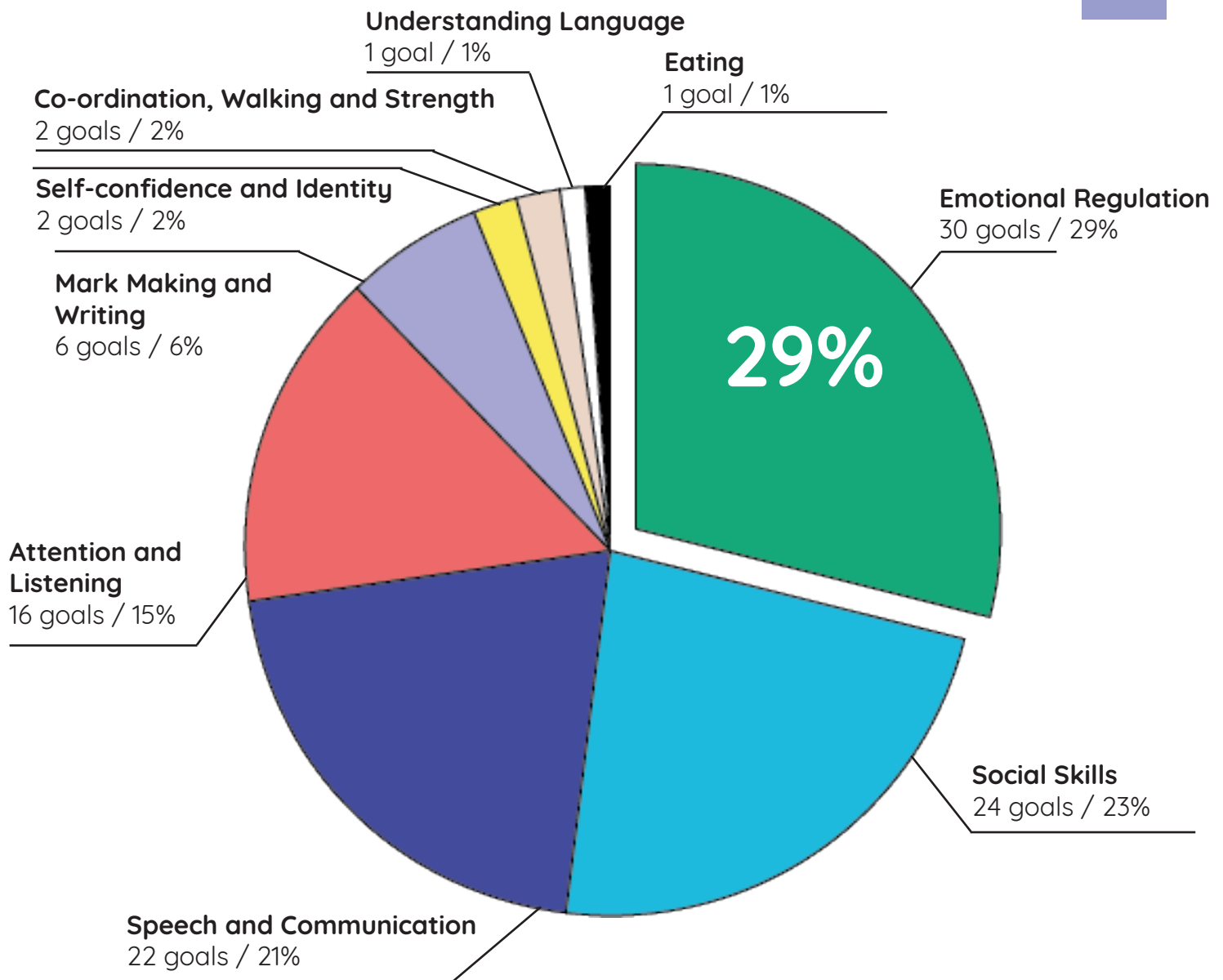
At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).⁴ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.⁵ GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow 'SMART' goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.

Outcomes

Every child was seen to make improvements over the course of their therapy sessions. Of 104 goals set within the clinic and across our groups with children and young people, 87% of therapy goals were met. Where goals weren't met, the primary reasons were parents facing challenges that prevented them from carrying out activities with the child at home, or that the family were unable to attend clinic on several occasions. A core value of Growing Hope is equipping parents to incorporate their child's goals into their everyday life; this often leads to high success in therapy.



Types of goals children worked on in clinic



87%
of the 104 goals
were achieved
by children

Elijah's Story and Music Therapy

It was a joy for Elijah to join Music Therapy and have the chance to explore the instruments and find a way to connect with a new person. His attention is very fleeting, and he struggles to engage in anything for more than a few seconds. He was intrigued by the bells, so we made a game together to focus his attention for 2 minutes. During the game, his eye contact was wonderful and the shared attention between him, his mum and me was just so encouraging.

He has been out of school since September, having only just started reception; sadly, the school couldn't manage his high level of needs and there was nowhere else for him to go this term. Mum is hearing from SEN panel next week about a SEN school placement from January but is very worried that still they will not come to a decision.

Elijah is at home for most of his time – his mum is struggling to cope and with such a lack of support, the lifeline of Growing Hope has provided a glimmer of hope in some very challenging times.



We believe that the families of children with additional needs require support and care too so we provide a range of support groups and courses.

“

“I have done a LOT of parenting courses and this course is the one that stands out as really guiding me and helping me, and truly focussing on parents' wellbeing. So, thank you!” When Dreams Change Attendee

When Dreams Change

When Dreams Change enables parents to have the opportunity to reflect on their experience of their hopes and dreams having to change because of their child's additional needs. We ran the course once this year for a total of 7 parents and carers. The course was developed by Heather Graham (counsellor) and Naomi Graham (occupational therapist) in 2019. The course was met with extremely positive feedback, with several parents reporting how valuable they had found it to be able to process some of their emotions and share their feelings.

The Goal Attainment Scale^{4&5} is used to measure outcomes of the When Dreams Change course. Across all the courses run this year, 100% of the goals set were met. The course aimed to enable parents to achieve the following:

- reflect on their own experience and map out and share with the group the core emotions they are experiencing at the moment.
- reflect on their own support network and share with the group one way in which they can draw upon this.
- reflect on their own dreams and share with the group one small step they may take towards these.



“The course has changed my perspective on my present circumstances and helped shape my dreams for the future.”

“It was all so helpful in finding again myself and helped me to start thinking about my feelings”

“The course was very helpful. I'm pleased that there's something to help parents to focus on their own needs and desires.”

“What Growing Hope is doing for families is truly amazing. We have learnt so much in the last month. So much progress has been made.”

Siblings Group

The Siblings Group consists of seven 40 minute sessions with the goal of enabling children to explore and share some of their experiences and feelings of being a sibling of a child with additional needs. The group uses puppet, art and movement activities to help children think through scenarios and relay their own experiences. Through speaking about, writing or drawing their experiences, siblings have the opportunity to process their emotions and connect with others who have had similar experiences.

The siblings group was reviewed using the Goal Attainment Scale^{4&5} as an outcome measure. The goals of the group were:

- ☞ to be able to share a story of a positive experience with their sibling with an emotion attached by the end of the 7 week group.
- ☞ to be able to share a story of a challenging experience with their sibling with an emotion attached by the end of the 7 week group.
- ☞ to be able to recall within the group a strategy for letting go of feelings e.g. writing down, telling someone, deep breaths, hand massage, by the end of the 7 week group.

We ran the course once this year for a total of 5 siblings. We found that across the group 100% of the goals were met. The following Growing Hope High Wycombe staff and volunteers were trained as facilitators in 2022: Estelle Van der Linde (former Clinic Manager), Lucy Browning (volunteer) and Liz Webber (volunteer). Frances Stocks (volunteer) was trained as a co-facilitator.



At Growing Hope High Wycombe we believe that Jesus brings hope into everyone's lives, that God has created every individual fearfully and wonderfully and that they are of value to him. Our Christian values have underpinned the work we have done both in the clinic and in schools over the past year.

We welcome all individuals to the clinic, whatever their faith or background. Parents and carers are given the opportunity to complete demographic information to help us to understand more about individuals who are using our services. During this year 42% of the families we have supported have no faith, 17% are from a Catholic background and 41% are from a Christian background. These statistics demonstrate the characteristics that individuals have ticked when completing the forms.

Each week within therapy sessions, we offer to pray for people if this is something they would like to do. Some families have declined the offer of prayer, but many have accepted it. Across the year we have had conversations with families who have asked questions about faith and the hope that Jesus can bring. We've also been able to pray for families along the therapy journey, and this appears to have helped families to stay hopeful and confident. It has been a privilege to be able to extend the hope that Jesus can bring to the families who have come to the clinic. On several occasions we have been able to pray with both children and parents facing challenging times, to walk alongside them and speak hope into their challenges.



“One of my favourite verses from the Bible is according to Jeremiah 29:11 which has the word hope in it - ‘For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope for a future.’ I think that is what Growing Hope is helping me and Ranan with. It’s giving us a hope for the future because it’s quite overwhelming for a parent when a child receives their diagnosis.”

Growing Hope Parent

16 Volunteers

Volunteers play a big part in enabling Growing Hope High Wycombe to operate. The trustees would like to say a big thank you to each and every individual who has supported Growing Hope High Wycombe in the past year.

Including the trustees, we have 13 regular volunteers who give up hours of their time on a monthly or periodic basis. We also have 5 volunteers who have supported us at one-off events or through providing childcare in order for us to run our groups for families. The trustees also want to recognise the role of our partnership church, St James' Downley, in facilitating this level of support and volunteering. Without the church community, Growing Hope High Wycombe would be unable to continue to support children, young people and families.



Event Volunteers

Our one-off volunteers for our events have been so valuable in enabling these initiatives to be as successful as they have been. We are extremely grateful to everyone who offers up their time to serve at these events.



Due Diligence

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is in no way legally binding, but helps Growing Hope High Wycombe and the volunteer to agree the role in which they volunteer.

This is the first annual report of Growing Hope High Wycombe; the income from 2021 is found in the accounts pages 25-32. A summary of 2022 is provided here. The trustees present an overview of the charity's finances for the period: 1 January 2022 - 31 December 2022. Growing Hope High Wycombe currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £65,882.

In 2021, before the clinic opened, we generated a net income of £13,763.

In 2022, after opening, we received an income of £89,276:

- £7,627 regular giving
- £6,615 one-off gifts
- £3,895 gift aid
- £10,283 donations from other organisations
- £40,240 grants
- £20,616 fundraising, campaigns and events

We had an expenditure of £37,157:

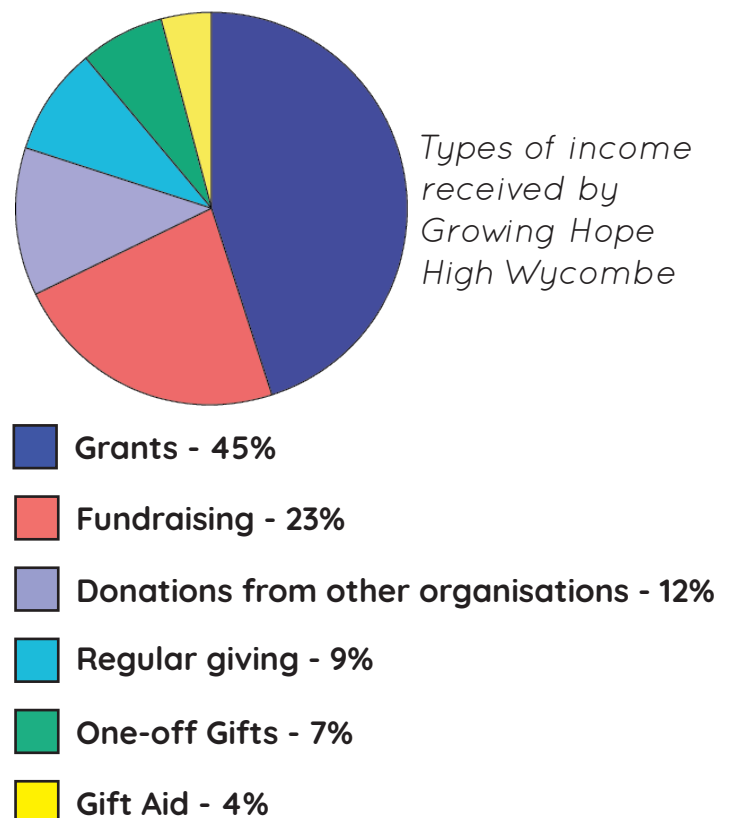
- £3,969 office and admin costs
- £1,198 clinic expenses
- £3,113 fundraising costs
- £27,877 salaries and HR
- £1,000 Giving to Growing Hope National

This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. Throughout the year Growing Hope High Wycombe has run several small-scale fundraising events such as being part of the Mayor's charity of the year. We also participated in the Big Give campaign and have raised significant funds through trusts and grants. The trustees are confident that there is going concern to continue the charity for the year ahead.

Management of Financial Risk

We aim to hold at least three months

of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report.



The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them.

Financial Risk:

- Hold three months' finances in reserves.
- Organise monthly fundraising meetings and plans.
- Regular finance updates for local clinics prepared by our Finance Officer.
- Follow policies and procedures outlined by Growing Hope National charity.

IT Security and Protection:

- Follow data protection policy provided by Growing Hope National charity.
- Files accessed on a needs basis within Google Drive.
- Encrypted clinic software (Canopy) for all clinical notes.
- All computers password protected.
- All reports and appointment letters sent to families are password protected.

Safeguarding:

- All trustees have an up-to-date DBS.
- Any volunteers and or staff and freelancers are recruited via safer recruitment and have undergone referencing and DBS checks.
- All volunteers and staff are aware of safeguarding policy and procedures.

Health and Safety:

- Follow health and safety policy outlined by Growing Hope National charity.
- Public liability insurance is in place.
- Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

Compromising Christian Identity and Values:

- Hope in Jesus continues to be core to the charity's messaging.
- Everyone is welcome regardless of their background.
- Each family who attends the clinic has the opportunity to choose to participate in prayer.

Supporter Engagement and Fundraising

This year generous individuals and organisations gave a total of £89,276 to grow hope in the lives of people in High Wycombe.

Trustees and members of the Growing Hope High Wycombe team spent time applying for grant funding, thanking regular givers and continuing to create opportunities for individuals to give regularly.

Big Give

We were also able to raise significant funds through our Big Give campaign which we ran in partnership with Growing Hope National. We received several generous donations from individuals who have committed to pray and support Growing Hope High Wycombe - you know who you are and we are so grateful for your gifts which enable us to support children and young people and their families.

Other Fundraising

In April we hosted our Gala Dinner, where we raised £7,614 and saw an increase in regular giving thanks to our generous guests and supporters. Also, we would like to say a huge thank you to Wendy Bull for raising over £2,000 by running the London Big Half Marathon in September, and trustee Heather Graham for raising over £2,000 by running the Virtual London Marathon in October 2022.



Grants and Trusts

We have also received several generous donations from trusts and grant providers. We would like to thank North West Chilterns Community Board for supporting us by funding our therapy services. With their support, we have been able to continue to provide therapy for children with additional needs in High Wycombe.

Grants received:

- North West Chilterns Community Board - £36,240



Community Boards

Community Boards:
High Wycombe
North West Chilterns

Structure, Governance and Management

Growing Hope High Wycombe is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope High Wycombe works in partnership with St James' Downley and Growing Hope National.

As a CIO, if Growing Hope High Wycombe is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Employees

Estelle Van der Linde provided therapy for Growing Hope High Wycombe until September 2022, when she stepped down as Clinic Manager and moved back to South Africa. Estelle attended Growing Hope High Wycombe Trustee meetings but was not party to any decisions regarding her salary or employment. We look forward to welcoming Rosalyn Baskett to the clinic in January 2023 as the new Clinic Manager. Rosalyn will attend Growing Hope High Wycombe Trustee meetings but will not be party to any decisions.

Freelancers and Volunteers

During 2022, Growing Hope High Wycombe have been able to offer occasional occupational therapy training and workshops with Sanna Brown, occupational therapist. Sanna volunteered her time with Growing Hope and we're grateful to her for her support. We have also recently appointed Louise Stone,

music therapist, onto our staff team. Louise has been starting to provide music therapy for families since November 2022. All staff and volunteers have undergone safer recruitment checks.

Governance and Partnerships

Growing Hope High Wycombe is a CIO that runs in partnership with Growing Hope National. It is Growing Hope's second clinic and launched in February 2022. Growing Hope High Wycombe receives governance, policy, insurance, clinical supervision and training from the National charity. It provides financial reports to the National charity and, with parental consent, shares stories from the clinic. Growing Hope High Wycombe also partners closely with its local partnership church, St James' Downley, where the Clinic Manager Rosalyn Baskett will be part of the staff team. St James' provides pastoral care for the Clinic Manager.

Trustees

Growing Hope High Wycombe's trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope High Wycombe, ensuring it is meeting its charitable purposes.

“

“Our speech therapist has just been amazing. Our son has developed in her care and as a parent I feel as though I have learnt a lot from the sessions. She also has given me more confidence and reassurance that there are professionals out there that are willing and wanting to help.”

- Growing Hope High Wycombe Clinic Parent



22 The Year Ahead

We loved seeing the charity continue to grow and reach children and families in 2022. We are looking forward to continuing to grow our services and see the positive impact of our work on the lives of children, young people and their families.

A key aim of the trustees is to maintain our fundraising income through grant applications, events and campaigns. We look forward to fully opening up our services again once our new Clinic Manager, Rosalyn Baskett, starts in the new year, so that we can meet the needs of local families and decrease the length of our waiting list.

For the next year we have set ourselves these goals:

-  **SERVICES** to continue to expand our services as finances allow.
-  **LOCALITY** to reach more families living in High Wycombe.
-  **FUNDRAISING** to increase fundraising income through regular giving, grants and supporter engagement.
-  **CONNECTIONS** to continue to build relationships with other local services and schools.
-  **CHURCH** to see more families that come through the clinic find home in church community.

Annual Report References:

1. Gov.UK. 2022. Special educational needs in England. [Online]. [16 June 2022]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
3. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
4. Ruble, L., McGrew, J.H., Toland, M.D. (2012) Goal Attainment Scaling as an Outcome Measure in Randomized Controlled Trials of Psychosocial Interventions in Autism. *Journal of Autism and Developmental Disorders* 42(9): 1974-1983.
5. Cox, R., Amsters, D. (2002) Goal Attainment Scaling: An Effective Outcome Measure for Rural And Remote Health Services. *Australian Journal of Rural Health*. 10(5): 256-261.

**Growing Hope High Wycombe
Reference and Administrative Details
For the period 26 July 2021 - 31 December 2022**

Trustees:

Janet Fishwick appointed 8 July 2021
Elizabeth Evans appointed 8 July 2021
Heather Graham appointed 8 July 2021
Angela McInerney appointed 8 July 2021
Heather Morley appointed 8 July 2021
Lydia Cook appointed 8 July 2021

Key Management Personnel:

Estelle Van der Linde – Clinic Manager from February to September 2022
Rosalyn Baskett, Clinic Manager from January 2023

Registered Principal office:

St James' Church, Plomer Hill, High Wycombe HP13 5NB

Charitable Incorporated Organisation (CIO) number:

1195290

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Jacky Sackville BSc (Hons) ACMA

Growing Hope High Wycombe Independent Examiner's Report to the Trustees

For the period 26 July 2021 to 31 December 2022

I report to the charity trustees on my examination of the accounts of the charity for the period 26 July 2021 to 31 December 2022 which are set out on pages 27-32.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Jacky Sackville BSc (Hons) ACMA

16 February 2023

**Statement of Financial Activity
for the period ended 31 December 2022**

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL FUNDS £
INCOME FROM:				
Voluntary Income		41,314	0	41,314
Grant Income		4,000	36,240	40,240
Activites for Generating funds		22,354	0	22,354
TOTAL INCOME	2	67,668	36,240	103,908
EXPENDITURE ON:				
Raising Funds		3,140	0	3,140
Charitable Activities		10,123	24,763	34,886
TOTAL EXPENDITURE	3	13,263	24,763	38,026
NET INCOME/(EXPENDITURE) BEFORE TRANSFER OF FUNDS		54,405	11,477	65,882
NET MOVEMENT IN FUNDS		54,405	11,477	65,882
BALANCES CARRIED FORWARD AT 31 DECEMBER 2022		54,405	11,477	65,882

Note: Period is 26 July 2021 to 31 December 2022

Balance Sheet as at 31 December 2022

	Note	2,022 £
FIXED ASSETS		
Clinic and Office Equipment		426
		426
CURRENT ASSETS		
Bank Account		65,528
Other Debtors	5	0
		65,528
LIABILITIES - Creditors due within one year		
Creditors due within one year		(72)
Total Creditors due within one year	6	(72)
NET CURRENT ASSETS		65,456
NET ASSETS		65,882
RESERVES		
Surplus for the year		65,882
		65,882
FUNDS		
Unrestricted		54,405
Restricted		11,477
		65,882

The financial statements were approved by the Board of Trustees on: 16 February 2023

Approved by and signed on its behalf by:

Jan Fishwick

Janet Fishwick
Chair of Trustees

Growing Hope High Wycombe
Notes to the Financial Statements
For the year period to 31 December 2022

1. Accounting Policies

Incorporation

Growing Hope High Wycombe was registered in England and Wales with the Charity Commission as a CIO Foundation on 26 July 2021. These financial statements are for the period 26 July 2021 to 31 December 2022. Operations began in February 2022.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity

therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period are shown in note 9 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written-off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Income

	Unrestricted Funds	Restricted Funds 2022	Total Funds	Unrestricted Funds	Restricted Funds 2021	Total Funds
	£	£	£	£	£	£
Voluntary Income	28,420	0	28,420	12,894	0	12,894
Regular Giving	7,627	0	7,627	95	0	95
One Off Giving	6,615	0	6,615	684	0	684
Gift Aid	3,895	0	3,895	265	0	265
Donations from other Organizations	10,283	0	10,283	11,850	0	11,850
Grant	4,000	36,240	40,240	0	0	0
Grants	4,000	36,240	40,240	0	0	0
Fundraising Income	20,616	0	20,616	1,738	0	1,738
Growing Hope Fundraising Night	10,754	0	10,754	0	0	0
Campaigns	3,892	0	3,892	1,738	0	1,738
Marathon	4,266	0	4,266	0	0	0
Other Fundraising	1,704	0	1,704	0	0	0
TOTAL INCOME	53,036	36,240	89,276	14,632	0	14,632

3. EXPENDITURE

	Unrestricted Funds	Restricted Funds 2022	Total Funds	Unrestricted Funds	Restricted Funds 2021	Total Funds
	£	£	£	£	£	£
Office and Administration Costs	3,969	0	3,969	779	0	779
Advertising/Promotion/Recruitment	3,546	0	3,546	620	0	620
Postage, Printing, Stationery	88	0	88	136	0	136
Travel	76	0	76	23	0	23
Phone	100	0	100	0	0	0
Depreciation	142	0	142	0	0	0
Office Expenses	17	0	17	0	0	0
Clinic Expenses	130	1,068	1,198	63	0	63
Assesment Tools/Clinic Equipment	54	1,068	1,122	0	0	0
DBS	47	0	47	63	0	63
Volunteer Hospitality	29	0	29	0	0	0
Fundraising Costs	3,113	0	3,113	27	0	27
Cost of Fundraising	3,113	0	3,113	27	0	27
Contribution to Other charities	1,000	0	1,000	0	0	0
Donation to Growing Hope	1,000	0	1,000	0	0	0
Salaries and HR	4,182	23,695	27,877	0	0	0
Wages and Salaries	1,946	21,859	23,805	0	0	0
Employer costs	98	1,025	1,123	0	0	0
Freelance	0	0	0	0	0	0
Finance and HR	1,740	0	1,740	0	0	0
Staff Training	398	811	1,209	0	0	0
Total Expenditure	12,394	24,763	37,157	869	0	869

Growing Hope High Wycombe
Annual accounts 26 July 2021- 31 Dec 2022

		Clinic and Office Equipment £
4. Fixed Assets		
Actual Cost	At 26 July 2021	0
	Additions	568
	At 31 December 2022	568
Depreciation	At 26 July 2021	0
	Charge for the year	(142)
	At 31 December 2022	(142)
Net Book Value	At 26 July 2021	0
	At 31 December 2022	426
5. Debtors		2022
		£
Other debtors and accrued income		253
Total		253
6. Creditors (amounts falling due less than one year)		2022
		£
Total Creditors due within one year		72
Total Current Liabilities		72

7. Analysis of assets by fund

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash and Deposit Balances	54,051	11,477	65,528
Fixed Assets	0	0	0
Other Assets	0	0	0
Total Assets	54,051	11,477	65,528
Current Liabilities	(72)		(72)
	53,979	11,477	65,456

8. Staff

No employee was paid at the rate of more than £60,000

Average employees during the period

2022
0.4

9. Restricted funds

Funder	Item Funded	Balance as at 26 July 2021	Income	Expenditure	Balance as at 31 December 2022
		£	£	£	£
Buckinghamshire Council - North West Chilterns Community Board	Project cost	0	18,240	18,240	0
Buckinghamshire Council - High Wycombe Community Board	Project cost	0	18,000	6,523	11,477

10. Related Parties

Heather Graham, who is a Trustee of Growing Hope High Wycombe is the parent of Dr Naomi Graham, the CEO of Growing Hope. Growing Hope provides support services to Growing Hope High Wycombe including Policies, Book-keeping, Governance Support, Training, Recruitment Advice. Growing Hope does not have any voting rights in Growing Hope High Wycombe

Growing Hope High Wycombe received a total of £2,851 unrestricted donations from its trustees in the period.

11 Trustee Expenses

None of the Trustees of the charity received any remuneration during the period

No travel and subsistence expenses were paid to trustees in the course of carrying out their duties; no

12. Fees payable to Independent Examiner

The independent examiner did not charge for their services.

13. Reserves

Our current policy is to have 3 months of expenditure in Reserves at any given time. As at December 2022 this would be £14,000. The additional reserves are due to the fact that £11,477 of Restricted Reserves are planned to be spent from January to March 2023 and due to a vacancy in the Clinic Manager position from September to December 2022.

Growing HOPE

High Wycombe

© Growing Hope®
Registered charity number 1195290 (England & Wales)

growinghope.org.uk

Growing Hope High Wycombe, St James' Church Downley, Plomer Hill, High Wycombe, HP13 5NB
Email: info@growinghope.org.uk
Phone: 07759 988901

Photographs: Naomi Wilde Photography, Richard Cozby, RodyCloud Photography, Rachel Orphan and Rebekah Rai