



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 02/06/2022 To 01/06/2023

Charity name: HRIDAYAM FOUNDATION

Charity registration number: 1195240

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<i>The relief of sickness and preservation of health of persons living in Southern Asia, by the provision of healthcare and equipment, particularly for those unable to afford such help, primarily, but not exclusively to prevent and treat heart disease. To advance the education of the public, in the UK and Southern Asia, primarily, but not exclusively, in the subject of heart disease.</i>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<i>Provides services for:</i> <ol style="list-style-type: none"><i>1. Advancing health or the saving of lives</i><i>2. Health or treatment centre</i><i>3. Professional training</i> <i>Makes grants to individuals and organisations</i>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<i>It is to confirm that the trustees have had regard to the guidance issued by the Charity Commission on public benefit.</i>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<i>The trustees adhered to and followed the grant making policy of the charity, where applicable.</i>
Policy on social investment including program related investment	Para 1.38	<i>Not applicable</i>
Contribution made by volunteers	Para 1.38	<i>The volunteers worked very hard to get the charity's activities on track to recovery from the pandemic, following on from phase 1 in March 2022 to phase 2,</i>

		3 and finally 4 by March 2023.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><i>In 2022-2023, the key focus of the charity was to restart activities and ongoing recovery from the pandemic, besides establishing connection with patients who had lost contact.</i></p> <p><i>The weekly online and ad hoc face to face activities, along with large programmes helped establish the performance levels almost to pre-pandemic levels, including educational / CPD events.</i></p> <p><i>Our main achievements during 2022-23 are:</i></p> <ol style="list-style-type: none"> <i>1. Enhanced level of contact with patients with continued reassurance about our commitment and services towards them.</i> <i>2. Enhanced provision of free monthly medications to adopted patients.</i> <i>3. Establishment of weekly ad hoc and programmed large events, including outreach into rural areas, with careful emphasis on COVID protocols where necessary.</i> <i>4. Expansion of online services.</i> <i>5. Better medicines management.</i> <i>6. Organising accredited Webinars and meetings for healthcare professionals, across UK and India.</i> <i>7. Providing free evidence-based opinion and advice to other heart disease patients.</i> <i>8. Flu vaccination campaign January 2023.</i> <i>9. Making plans for 2023-24, including expanding teaching/training and visiting volunteers' programme.</i> <i>10. Reviewing our policies on working with service providers in the region and India for services like investigations and treatment, especially complex/advanced procedures.</i>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	As above.
Performance of fundraising activities against objectives set		<i>We did a small amount of fundraising during this year, amounting to £300. This was in line with our policies and procedures and</i>

	Para 1.41	<i>charity commission and UK fundraising regulator guidelines.</i>
Investment performance against objectives	Para 1.41	<i>The charity did not make any major investments during the year, with emphasis on key objectives, especially continued recovery from the pandemic and safe restarting of services, medicines provision, online services and educational activities.</i>
Other		<i>None.</i>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<i>The Charity is in a stable financial position at the end of FY 2022-23, with a gross bank balance of £9906.20 as on 01/06/2023.</i> <i>With expanding scope of activities, the expenses are likely to go up in the coming year and this is under constant review.</i>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<i>The Charity have a policy for holding reserves based on 12 months expenditure. This is held as (£3000) in the Charity bank account as part (approx 30%) of overall balance and is reviewed every year.</i>
Amount of reserves held	Para 1.22	<i>£2500</i>
Reasons for holding zero reserves	Para 1.22	<i>NA</i>
Details of fund materially in deficit	Para 1.24	<i>NA</i>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<i>No concerns.</i>

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<i>CIO Foundation Constitution</i>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<i>CIO, registered 21/07/2021</i>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<i>As per Charity constitution clauses 9-13: (1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</i>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<i>As per Constitution.</i>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<i>As per Constitution.</i>
Relationship with any related parties	Para 1.51	<i>MOU with Hridayam Foundation, India.</i>
Other		<i>None.</i>

Reference and Administrative details

Charity name	<i>Hridayam Foundation</i>
Other name the charity uses	<i>x</i>
Registered charity number	<i>1195240</i>
Charity's principal address	<i>4 The Oval Wakefield West Yorkshire WF1 3QB, UK</i>

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashish Kumar Thakur	4 The Oval, Wakefield. WF1 3QB. UK	NA	As per CIO Foundation Constitution clause 10 (New Trustee Appointment): Meeting of Charity Trustees
2	Smita Thakur	4 The Oval, Wakefield. WF1 3QB. UK	NA	As per CIO Foundation Constitution clause 10 (New Trustee Appointment): Meeting of Charity Trustees
3	Mehala Kumar	X	NA	As per CIO Foundation Constitution clause 10 (New Trustee Appointment): Meeting of Charity Trustees
4	Sugandh Sarvpriya	X	NA	As per CIO Foundation Constitution clause 10 (New Trustee Appointment): Meeting of Charity Trustees
5				
6				
7				
8				
9				
10				

Corporate trustees – names of the directors at the date the report was approved

Director name		
Ashish Kumar Thakur	28/03/2024	Chair/CEO
Smita Thakur	28/03/2024	Trustee/Director

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
NA		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets	NA

from the charity's own assets	
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Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Ashish Kumar Thakur

Exemptions from disclosure

Reason for non-disclosure of key personnel details

NA

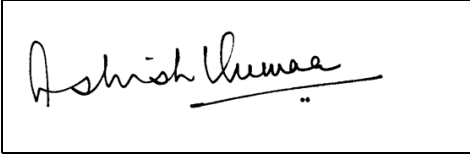

Other optional information

None

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)	Ashish Kumar Thakur	Smita Thakur
Position (eg Secretary, Chair, etc)	Chair / CEO	Trustee/Director
Date	28/03/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

VIDAYAM FOUNDATION

1195240

Receipts and payments accounts

CC16a

For the period
from

6/2/2022

To

6/1/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations to Bank Account	2,400	-	-	2,400	-
Charitable activities	500	-	-	500	-
Fundraising	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,200	-	-	3,200	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,200	-	-	3,200	-
A3 Payments					
IT Upgrades	250	-	-	250	-
Flu vaccination campaign Grant	300	-	-	300	-
Medicines Grant	1,200	-	-	1,200	-
Tests	250	-	-	250	-
Stationery	150	-	-	150	-
Telephone	100	-	-	100	-
Medical Meetings	250	-	-	250	-
Miscellaneous	140	-	-	140	-
	-	-	-	-	-
Sub total	2,640	-	-	2,640	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,640	-	-	2,640	-
Net of receipts/(payments)	560	-	-	560	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	560	-	-	560	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance	6,906	3,000	-
		-	-	-
		-	-	-
	Total cash funds	6,906	3,000	-
	(agree balances with receipts and payments account(s))	ok	ok	OK

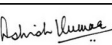

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	None		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Ashish Kumar Thakur	3/28/2024
	Smita Thakur	3/28/2024