



Advocates and Angels

Report and Financial Statements

For the Year Ended 31 March 2022

Charity number 1195239

CIO - FOUNDATION Registered 21 Jul 2021

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Objectives and activities

SORP reference Para 1.17: *Summary of the purposes of the charity as set out in its governing document*

The object of the cio is: for the public benefit, to relieve the needs of sick or disabled children and by extension their families and carers and any other individual involved in the provision of caregiving without remuneration, including those suffering from bereavement by the death of a person they care for, in particular but not exclusively by the provision of appropriate information, resources, advice and support.

Our main objectives are

- Provide dignity during emergency hospital admissions
- Building a community to introduce families to others in the same or similar situation
- Provide resources to organise and navigate the complex care and support at home
- Show the bereaved that their child is not forgotten

Identifying Charitable Need

SORP reference Para 1.17 and 1.19 *Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.*

We welcome those in the SEND community to become a beneficiary, we are not exclusive and do not turn anyone away. We explain what we can offer and the individuals can decide if our support groups are for them. Some families self-refer, and others are referred by friends and families. The beneficiaries have a conversation with me to see how we can help and we go from there. The hospitals we provide the 'Chrysalis Care Packages' to have high dependency children ward which in turn identifies that they are families/individuals that we can help.

We aim to support families at all stages so that we are there every step of the way. Advocates and Angels began as the symbolic life of a butterfly to illustrate the different stages that families are at and the different levels and types of support that they need.

- Chrysalis – Diagnosis, Pregnancy
- Caterpillar - Disability, SEN, PICU and Tube Feeding
- Butterfly - Child loss and Bereavement

Our beneficiaries are the families we support, this includes, parents, carers, advocates, children and siblings. They are at the forefront of what we do any why we do it. Our purpose is to support them step by step and help them to navigate the world of disabilities and palliative care, long term hospital admissions and child loss. Our purpose is to make sure that nobody goes through this alone and we can provide guidance and support to empower the beneficiaries to be the best advocates for their children that they can be whilst feeling a sense of belonging in a community of likeminded people.

We apply the Charity Ethical Principles in everything we do. We constantly ask for feedback from our beneficiaries and this has enabled us to develop the support and resources that we offer.

Achievements and performance

SORP reference Para 1.20: Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Advocates and Angels engage with the public on a daily basis via social media, Providing charity updates and news. Useful information and recognition of others who are advocating equality and inclusion in the world of SEND are sent out daily. We do not solely rely on Social Media, we also have the following methods of engagement;

We have 251 members signed up to our website mailing list

Currently support 259 members in our online support groups

Social Media – analytics present our current reach of 71k for 2021

300 Chrysalis Care Packages have been given to families during emergency hospital admissions

50 Bereavement acknowledgement and resource packs have been sent out

Sent out 250 printed resource packs including Advocates and Angels Medical Binder

A quarterly magazine is produced for the community; in accessible formats

We have a Live chat box on our Website to offer quick responses to questions, queries and support required

Hold weekly online social activities for 20 families

By doing this we are able to deliver and carry out Advocate and Angels purpose. Putting this into practice for the public benefit and continuously developing and improving what we do.

The scope of what we provide

Following is a list of current deliverables

Deliverable	
Chrysalis Care Packages	<p>During a hospital admission it is easy to forget the essentials and when on a high dependency ward to during an emergency admission it is not as simple as popping to the shop to get things.</p> <p>The packages offer an essential collection of items that provide dignity in a time of distress.</p> <p>They can include, flannel, sanitary products, deodorant, toothpaste, toothbrush, comb, shower gel, hair band and pin.</p>
Support Groups	<p>The three groups offer open conversation for the communities to talk and discuss concerns, hot topics, and provide peer support</p> <p>Family social activities</p> <p>Online, so can be accessible to people all over the country / world</p> <p>Increase confidence when stepping into a medical setting</p> <p>Empowered to make decisions</p>

Advocates and Angels Medical Binder	<p>One place to keep all the relevant information required for hospital admissions, medical appointments and daily care tasks at home</p> <p>Downloadable and printable inserts available</p> <p>Ever-growing library of contents</p>
Bereavement acknowledgement and Support	<p>Packs include a card, personalised bear and butterfly to remind loved ones that their child is not forgotten</p> <p>Feeling heard and recognised</p>
Quarterly Magazine	<p>A chance for siblings to and family members to take part in activities</p> <p>Useful information for the SEND world</p> <p>Stories and articles about current affairs</p> <p>Signposting to agencies, businesses and projects that could offer additional support</p>
Online family events	<p>Weekly quizzes</p> <p>Online competitions</p> <p>Raffles</p> <p>Sibling cooking activities</p>

SORP reference Para 1.38: Contribution made by volunteers

What we have done so far has been as a result of our volunteers and donations. No profit has been made from the activities that we have carried out and we do not intend to make profit. We want to provide our resources, support and packages for free and will be exclusively charitable. All donations raised are allocated to charitable activities and the running costs of the charity.

Donations have been supplied by a number of different businesses for this charity. For Advocates and Angels to succeed we rely on donations as well as grants. We like to work collaboratively with others and have been lucky enough to received donations from the following companies

Companies who have donated so far	
Morrisons	Tubie Doodles
Tubie Cheeks	Welsh Brew
Farmfoods	Caru Bach
Rivers Boutique	Joxie Studios
Not Everyone's Cup of Tea	Snap Wax Melt
Name a Star	Candy Free Kids
Whizzknits	Amazing Grace Brows
Mary Margaret Mix	

SORP reference Para 1.18: Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

All of the Advocates and Angels trustees have had regard to and have read and understood the guidance issued by the charity commission on public benefit.

Financial review

SORP Reference Para 1.21: Review of the charity's financial position at the end of the period

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Income					
Income and endowments from:					
Donations and legacies	2,924	10,000		14,769	2,445
Charitable activities					7,633
Other trading activities	1844				
Investments					
Separate material item of income					
Other					
Total	4,768	10,000		14,769	10,078
Expenditure					
Expenditure on:					
Raising funds	1,623	1,740		3,363	-
Charitable activities	2,343	8,000		10,343	-
Separate material expense item	543			543	
Other					-
Total	4,509	9,740		14,249	-
Net income/(expenditure) before tax for the reporting period	259	260		520	10,078
Tax payable					-
Net income/(expenditure) after tax before investment gains/(losses)	259	260		520	10,078
Net gains/(losses) on investments					-
Net income/(expenditure)	259	260		520	10,078
Extraordinary items					
Transfers between funds					-

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use

Other gains/(losses)

Net movement in funds

Reconciliation of funds:

Total funds brought forward

Total funds carried forward

				-
				-
-	-	-	-	-
259	260	-	520	10,078
-	-	-	10,078	-
259	260	-	10,598	

Balance sheet

	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
	£	£	£	£	£
Fixed assets					
Intangible assets	-	-	-	-	-
Tangible assets	-	-	-	569	778
Heritage assets	-	-	-	-	-
Investments	-	-	-	-	-
Total fixed assets	-	-	-	569	778
Current assets					
Stocks	-	-	-	-	-
Debtors	-	-	-	-	-
Investments	-	-	-	-	-
Cash at bank and in hand	-	-	-	520	10,078
Total current assets	-	-	-	520	10,078
Creditors: amounts falling due within one year					
	-	-	-	-	-
Net current assets/(liabilities)	-	-	-	520	10,078
Total assets less current liabilities	-	-	-	1,089	10,856

Creditors: amounts falling due after one year	-	-	-	-	-
Provisions for liabilities	-	-	-	2,000	-

Total net assets or liabilities	-	-	-	3,089	10,856
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Funds of the Charity

Endowment funds	-				-
Restricted income funds		-		-	10,078
Unrestricted funds			-	520	
Revaluation reserve				-	
Fair value reserve					
Total funds	-	-	-	520	10,078

SORP reference Para 1.22: Statement explaining the policy for holding reserves stating why they are held

Trustees have decided that the £2,000 will be held back this financial year to support the payment of rent in the following financial year to secure 4 months of office space. No other funds will be held in reserve for any other reason.

SORP reference Para 1.22: Amount of reserves held

£2,000 from the donations received within this financial year.

SORP reference Para 1.47: The charity's principal sources of funds (including any fundraising)

Advocates and Angels main source of funds have come from a mixture of;

- Direct donations from individuals
- National Lottery Grants
- Raffles on Instagram & Facebook
- Selling donated items at a craft fair
- Sponsored events
- Bucket collections

SORP reference Para 1.46: A description of the principal risks facing the charity

As a charity we feel there is an extremely low risk of the charity facing any financial problems as we work on the basis of securing funds before spending anything.

Structure, governance and management

SORP reference Para 1.25: How is the charity constituted?

CIO registered

SORP reference Para 1.25: Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees

Eligibility for trusteeship

- a) Every charity trustee must be a natural person.
- b) No individual may be appointed as a charity trustee of the CIO:
 - if he or she is under the age of 16 years; or
 - if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).
- c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.
- d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Number of charity trustees

- a) There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee
- b) There is no maximum number of charity trustees that may be appointed to the CIO.

Appointment of charity trustees

- 1) Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.
- 2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

SORP reference Para 1.51: Policies and procedures adopted for the induction and training of trustees

Information for new charity trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a) a copy of the current version of this constitution; and
- b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts
- c) full induction of charity policy and procedures to be given
- d) all trustees to have a full DBS check

Reference and administrative details

Advocates and Angels, not known by any other names.

Registration number: 1195239

Registered address: Unit 1, 270 Cockett Road, Cockett, Swansea, SA2 0FN.

Key holder nominated trustee Bethan Germon

Board of Trustees

Bethan Germon

Janine Massey

Claire Baker (Resigned October 2021)

Advocates and Angels		Charity No	1195239		
		Company No			
Annual accounts for the period					
Period start date	21.7.2021	To	Period end date	31.03.2022	

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Income (Note 3)						
Income and endowments from:						
Donations and legacies	S01	2,924	10,000		14,769	2,445
Charitable activities	S02					7,633
Other trading activities	S03	1844				
Investments	S04					
Separate material item of income	S05					
Other	S06					
Total	S07	4,768	10,000		14,769	10,078
Expenditure (Notes 6)						
Expenditure on:						
Raising funds	S08	1,623	1,740		3,363	-
Charitable activities	S09	2,343	8,000		10,343	-
Separate material expense item	S10	543			543	
Other	S11					-
Total	S12	4,509	9,740		14,249	-
Net income/(expenditure) before tax for the reporting period	S13	259	260		520	10,078
Tax payable	S14					-
Net income/(expenditure) after tax before investment gains/(losses)	S15	259	260		520	10,078
Net gains/(losses) on investments	S16					-
Net income/(expenditure) Extraordinary items	S17	259	260		520	10,078
Transfers between funds	S18					
Other recognised gains/(losses):	S19					-
Gains and losses on revaluation of fixed assets for the charity's own use	S20					-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	259	260	-	520	10,078
Reconciliation of funds:						
Total funds brought forward	S23	-	-	-	10,078	-
Total funds carried forward	S24	259	260	-	10,598	

Section B Balance sheet

		Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	569	778
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	569	778
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	-	-	-	520	10,078
Total current assets		B10	-	-	-	520	10,078
Creditors: amounts falling due within one year	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	-	-	-	520	10,078
Total assets less current liabilities		B13	-	-	-	1,089	10,078
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	2,000	-
Total net assets or liabilities		B16	-	-	-	3,089	10,078
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	10,000
Unrestricted funds		B19	-	-	-	520	78
Revaluation reserve		B20	-	-	-	-	-
Fair value reserve		B21	-	-	-	-	-
Total funds		B22	-	-	-	520	10,078

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
Janine Massey	12/27/2022

Signature of director authenticating accounts being sent to
Companies House

Signature	Date dd/mm/yyyy
B.Germon	12/27/2022
Bethan Germon	Print name