



Trustees' annual report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2023		31	03	2024

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Nicky Cathrow	Chair		
2	Felix Golding	Trustee		
3	Nicola Denby	Trustee		
4	Chloe Tribe	Trustee		
5	Amit Patel	Trustee		
6	Gobikrishna Sivalingam	Trustee		

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisors (Optional information)

Type of advisor	Name	Address
Bank	Metrobank	One Southampton Row, London, WC1B 5HA

Name of chief executive or names of senior staff members (Optional information)

N/A

Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted 20 th July 2021
How the charity is constituted (eg. trust, association, company)	CIO - Foundation
Trustee selection methods (eg. appointed by, elected by)	Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

N/A

Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are:

To provide relief of persons suffering from eye defects in socially and economically disadvantaged communities in particular but not exclusively Malawi, through provision of ophthalmic and optometric treatments, care, training and education for the benefit of the public

To preserve and protect the health of patients of medical establishments in socially and economically disadvantaged communities in particular but not exclusively Malawi by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities for the purpose of advancing the quality and provision of eyecare for the public attending those establishments.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings. The main activities are as follows:

- Planned a medical camp to Blantyre and Chikwawa District in October 2024
- Conducted regular planning meetings with Blantyre hospital, Chikwawa District Hospital, our volunteer Ophthalmologist and relevant authorities to understand the needs, priorities and logistics to undergo the medical camp
- Prepared medical supplies to support the camp and create resources for the hospital
- Increasing website content to raise funds to support the medical camp

These activities have helped build towards our planned medical camp in October 2024.

Achievements and performance

Summary of the main achievements of the charity during the past year

Throughout 2023, the Trifocal Trust has stayed in close contact with Chikwawa District Hospital as well as Blantyre Hospital to form a plan for the medical camp in 2024.

We have confirmed 1 Ophthalmologist to perform eye surgery alongside the doctors at Blantyre as well as 2 other volunteers (one Optometrist). We have stayed in close contact with these volunteers and arrangements for the trip are progressing well.

A motorbike is still a top priority of Chikwawa Hospital and we are planning to explore how we can fund this while on the trip.

We have been working with doctors at the hospital to arrange a list of equipment and supplies which will be needed both for the duration of the trip and to support the hospital with ongoing eyecare.

We have applied to add gift aid to donations and are hopeful this will go live soon.

We have continued to collect donations via pub collection boxes and received fundraising through our donation page. We have increased the information and content on our website to continue to inform people of our mission and fundraising goals.

Financial review

Bank balance and reserves policy

Bank balance as of 31st March 2024 was***. Current ongoing and recurring costs to the charity are related to website and email domain subscriptions. We will look to reduce reserved policy when spending increase over £100.

Further financial review details:

The charity's main source of funds is from ad hoc donations through fundraising activities. This fundraising has supported our regular payments for the website and allowed us to better plan financially for the medical camp. We anticipate donations will increase in the future as we look to implement more regular fundraising initiatives.

Other optional information

Future plans

2024 will see the charity's first medical camp, taking place in Malawi. There will be an increase in fundraising activities throughout the next year to support this.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Chloe Tribe

Position (eg secretary, chair, etc)

Secretary and Trustee

Date

11.12.2024



Charity Name
The Trifocal Trust

No (if any)
1195228

CC16a

Receipts and payments accounts

For the period
from

Period start date
1 April 2023

To

Period end date
31 March 2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	£61.97	£0	£0	£61.97	£0.00
Interest	£0.00	£0	£0	£0.00	£0.00
Sub total (Gross Income for AR)	£61.97	£0	£0	£61.97	£0.00
A2 Asset and investment sales, (see table).					
	£0.00	£0	£0	£0.00	£0.00
Sub total	£0.00	£0	£0	£0.00	£0.00
Total receipts	£61.97	£0	£0	£61.97	£0.00
A3 Payments					
Website & Email Domain	£23.97	£0	£0	£23.97	£0.00
Fee - Non-Sterling Transaction	£0.72	£0	£0	£0.72	£0.00
Sub total	£24.69	£0	£0	£24.69	£0.00
A4 Asset and investment purchases, (see table)					
	£0.00	£0	£0	£0.00	£0.00
Sub total	£0.00	£0	£0	£0.00	£0.00
Total payments	£24.69	£0	£0	£24.69	£0.00
Net of receipts/(payments)	£37.28	£0	£0	£37.28	£0.00
A5 Transfers between funds	0	0	0	£0.00	0
A6 Cash funds last year end	£783.17	0	0	£783.17	0
Cash funds this year end	£820.45	£0	£0	£820.45	£0.00

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Bank - Cash Balance	£820.45	£0.00	£0.00
		£0.00	£0.00	£0.00
		£0.00	£0.00	£0.00
	Total cash funds	£820.45	£0.00	£0.00
(agree balances with receipts and payments account(s))		OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		£0.00	£0.00	£0.00
		£0.00	£0.00	£0.00
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		£0.00	£0.00	£0.00
		£0.00	£0.00	£0.00
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		£0.00	£0.00	£0.00
		£0.00	£0.00	£0.00
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		£0.00	£0.00	£0.00
		£0.00	£0.00	£0.00

Signed by one or two trustees
on behalf of all the trustees

Signature

CR
N

Print Name

CHLOE TRIBE
NICKY CATHROW

Date of approval

11.12.2024
11-12-2024