

THE TRIFOCAL TRUST

England & Wales · Charity number 1195228

Details

Status Registered

Legal form CIO

Registered 2021-07-20

Register [View on the Charity Commission register](#)

Contact

Address 20 Portway
Bisley
Woking
Surrey
GU24 9AJ

Phone 07899916915

Email info@thetrifocaltrust.org

Website thetrifocaltrust.org

Activities

Objects: A) TO PROVIDE RELIEF OF PERSONS SUFFERING FROM EYE DEFECTS IN SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES IN PARTICULAR BUT NOT EXCLUSIVELY MALAWI, THROUGH PROVISION OF OPHTHALMIC AND OPTOMETRIC TREATMENTS, CARE, TRAINING AND EDUCATION FOR THE BENEFIT OF THE PUBLIC) TO PRESERVE AND PROTECT THE HEALTH OF PATIENTS OF MEDICAL ESTABLISHMENTS IN SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES IN PARTICULAR BUT NOT EXCLUSIVELY MALAWI BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES, SUPPORT SERVICES AND EQUIPMENT NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES FOR THE PURPOSE OF ADVANCING THE QUALITY AND PROVISION OF EYECARE FOR THE PUBLIC ATTENDING THOSE ESTABLISHMENTS.

Activities: To provide relief of persons suffering from eye defects in socially and economically disadvantaged communities in particular but not exclusively Malawi, through provision of ophthalmic and optometric treatments, care, training and education for the benefit of the public

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Malawi

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-03-31 | £12,412 | £6,529 | - | - |
| 2024-03-31 | £62 | £25 | - | - |
| 2023-03-31 | £155 | £25 | - | - |
| 2022-03-31 | £673 | £19 | - | - |

Trustees

| Name | Role | Appointed |
|------------------|------|------------|
| Chloe Tribe | | 2021-04-15 |
| Felix Golding | | 2021-04-15 |
| Harpreet Bhattal | | 2024-11-05 |
| Nichola Cathrow | | 2021-04-15 |
| Nicola Denby | | 2021-04-15 |

THE TRIFOCAL TRUST

England & Wales - Charity number 1195228

Accounts

| Trustees' annual report for the period | | | | | | | |
|--|-------------------|-------|------|----|-----------------|-------|------|
| From | Period start date | | | To | Period end date | | |
| | Day | Month | Year | | Day | Month | Year |
| | 01 | 04 | 2024 | | 31 | 03 | 2025 |

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee |
|---|------------------------|-----------------|-----------------------------------|--|
| 1 | Nicky Cathrow | Chair | | |
| 2 | Felix Golding | Trustee | | |
| 3 | Nicola Denby | Trustee | | |
| 4 | Chloe Tribe | Trustee | | |
| 5 | Harpreet Battal | Trustee | Appointed 05.11.24 | Trustees |
| 6 | Amit Patel | Trustee | Term ended 16.07.24 | Trustees |
| 7 | Gobikrishna Sivalingam | Trustee | Term ended 16.07.24 | Trustees |

Names and addresses of advisors

| Type of advisor | Name | Address |
|-----------------|-----------|---------------------------------------|
| Bank | Metrobank | One Southampton Row, London, WC1B 5HA |
| | | |
| | | |

Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution adopted 20 th July 2021 |
| How the charity is constituted (eg. trust, association, company) | CIO - Foundation |
| Trustee selection methods (eg. appointed by, elected by) | Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. |

Additional governance issues (Optional information)

N/A

Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are:

To provide relief of persons suffering from eye defects in socially and economically disadvantaged communities in particular but not exclusively Malawi, through provision of ophthalmic and optometric treatments, care, training and education for the benefit of the public

To preserve and protect the health of patients of medical establishments in socially and economically disadvantaged communities in particular but not exclusively Malawi by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities for the purpose of advancing the quality and provision of eyecare for the public attending those establishments.

Summary of the main activities undertaken for the public benefit in relation to these objects

In October 2024, The Trifocal Trust delivered its first overseas medical camp in Malawi. Two trustees and three volunteers travelled to Blantyre Eye Hospital to support the delivery of eyecare surgery and treatments alongside local staff. The visit also provided an opportunity to train hospital staff, carry out maintenance on ophthalmic equipment and deliver essential consumables for ongoing patient care.

As part of the visit, the team assessed the wider needs of the surrounding region, including a visit to Chikwawa District. This scoping work helped inform future plans for regular medical camps and longer-term support.

Achievements and performance

Summary of the main achievements of the charity during the past year

The successful delivery of the October 2024 medical camp represented a major milestone for the charity.

During the camp, much-needed eyecare treatments and surgical procedures were delivered to members of the local community, many of whom had been on long waiting lists for care. Treatment was provided in partnership with staff at Blantyre Eye Hospital, helping to reduce pressure on existing services.

A strong focus was placed on training and skills development, enabling local clinicians to carry out these procedures independently and reach more patients in the future.

The charity also provided consumables to support the continuation of eyecare services beyond the camp and undertook vital maintenance on ophthalmic machinery and equipment, including updates and replacements.

As a result of the camp, the charity has established strong working relationships with partner hospitals and developed a growing network of volunteers, providing a solid foundation for future medical camps and sustainable ongoing support.

Financial review

Bank balance and reserves policy

Bank balance as of 31st March 2024 was £6,703.44. Current ongoing and recurring costs to the charity are related to website and email domain subscriptions. We will look to reduce reserved policy when spending increase over £100.

Further financial review details:

The charity's income for the year was generated primarily through donations and increased fundraising activity, including sponsored events, exhibitions and local fundraising partnerships.

Expenditure reflected the costs of delivering the medical camp and ongoing operational expenses. The trustees continue to review reserves to ensure sustainability while maximising funds available for charitable activities.

Fundraising activity increased during the year in support of the charity's first medical camp. The charity also secured a new charity partnership with a company connected to a trustee, which is expected to generate further events and funding in the next reporting period.

Other optional information


Future plans

In the coming year, the charity plans to run a further medical camp in partnership with Blantyre Eye Hospital, providing additional surgical training, consumables and eyecare to the community. Fundraising activity is expected to grow through planned events and the new charity partnership.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---|--|
| Signature(s) |  | |
| Full name(s) | Chloe Tribe | |
| Position (eg secretary, chair, etc) | Secretary and Trustee | |
| Date | 12.01.2026 | |



| | | | |
|--------------------------------|-------------------|-------------|-----------------|
| Charity Name | | No (if any) | |
| The Trifocal Trust | | 1195228 | |
| Receipts and payments accounts | | | |
| CC16a | | | |
| For the period from | Period start date | To | Period end date |
| | 1 April 2024 | | 31 March 2025 |

| Section A Receipts and payments | | | | | |
|---|-------------------------------------|-----------------------------------|----------------------------------|------------------------------|----------------------------|
| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
| A1 Receipts | | | | | |
| Donations | £10,408.26 | £0 | £0 | £10,408.26 | £0.00 |
| Gift Aid | £2,003.75 | £0 | £0 | £2,003.75 | £0.00 |
| Sub total (Gross income for AR) | £12,412.01 | £0 | £0 | £12,412.01 | £0.00 |
| A2 Asset and investment sales, (see table). | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total receipts | £12,412.01 | £0 | £0 | £12,412.01 | £0.00 |
| A3 Payments | | | | | |
| Charity Expenses | £106.25 | £0 | £0 | £106.25 | £0.00 |
| Fees and Charges | £411.71 | £0 | £0 | £411.71 | £0.00 |
| Camp Expenses | £2,098.94 | £0 | £0 | £2,098.94 | £0.00 |
| Mission Related Spending | £3,912.12 | £0 | £0 | £3,912.12 | £0.00 |
| Sub total | £6,529.02 | £0 | £0 | £6,529.02 | £0.00 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total payments | £6,529.02 | £0 | £0 | £6,529.02 | £0.00 |
| Net of receipts/(payments) | £5,882.99 | £0 | £0 | £5,882.99 | £0.00 |
| A5 Transfers between funds | 0 | 0 | 0 | £0.00 | 0 |
| A6 Cash funds last year end | £820.45 | 0 | 0 | £820.45 | 0 |
| Cash funds this year end | £6,703.44 | £0 | £0 | £6,703.44 | £0.00 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|---------------------------|---------------------------------|-------------------------------|------------------------------|
| B1 Cash funds | Metro Bank - Cash Balance | £6,703.44 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | Total cash funds | £6,703.44 | £0.00 | £0.00 |

(agree balances with receipts and payments account(s)) OK OK OK

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|---------------------------------|-------------------------------|------------------------------|
| B2 Other monetary assets | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | | | |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | | | |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | | | |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | | | |

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

NICKY CATHRON 17/12/25
CHLOE TRIBE 19.12.25

THE TRIFOCAL TRUST

England & Wales - Charity number 1195228

Accounts



Trustees' annual report for the period

| | | | | | | | |
|-------------|-------------------|-------------|--------------|-----------|-----------------|-------------|--------------|
| From | Period start date | | | To | Period end date | | |
| | Day 01 | Month 04 | Year 2023 | | Day 31 | Month 03 | Year 2024 |

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|------------------------|-----------------|-----------------------------------|---|
| 1 | Nicky Cathrow | Chair | | |
| 2 | Felix Golding | Trustee | | |
| 3 | Nicola Denby | Trustee | | |
| 4 | Chloe Tribe | Trustee | | |
| 5 | Amit Patel | Trustee | | |
| 6 | Gobikrishna Sivalingam | Trustee | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisors (Optional information)

| Type of advisor | Name | Address |
|-----------------|-----------|---------------------------------------|
| Bank | Metrobank | One Southampton Row, London, WC1B 5HA |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

N/A

Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution adopted 20 th July 2021 |
| How the charity is constituted (eg. trust, association, company) | CIO - Foundation |
| Trustee selection methods (eg. appointed by, elected by) | Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. |

Additional governance issues (Optional information)

N/A

Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are:

To provide relief of persons suffering from eye defects in socially and economically disadvantaged communities in particular but not exclusively Malawi, through provision of ophthalmic and optometric treatments, care, training and education for the benefit of the public

To preserve and protect the health of patients of medical establishments in socially and economically disadvantaged communities in particular but not exclusively Malawi by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities for the purpose of advancing the quality and provision of eyecare for the public attending those establishments.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings. The main activities are as follows:

- Planned a medical camp to Blantyre and Chikwawa District in October 2024
- Conducted regular planning meetings with Blantyre hospital, Chikwawa District Hospital, our volunteer Ophthalmologist and relevant authorities to understand the needs, priorities and logistics to undergo the medical camp
- Prepared medical supplies to support the camp and create resources for the hospital
- Increasing website content to raise funds to support the medical camp

These activities have helped build towards our planned medical camp in October 2024.

Achievements and performance

Summary of the main achievements of the charity during the past year

Throughout 2023, the Trifocal Trust has stayed in close contact with Chikwawa District Hospital as well as Blantyre Hospital to form a plan for the medical camp in 2024.

We have confirmed 1 Ophthalmologist to perform eye surgery alongside the doctors at Blantyre as well as 2 other volunteers (one Optometrist). We have stayed in close contact with these volunteers and arrangements for the trip are progressing well.

A motorbike is still a top priority of Chikwawa Hospital and we are planning to explore how we can fund this while on the trip.

We have been working with doctors at the hospital to arrange a list of equipment and supplies which will be needed both for the duration of the trip and to support the hospital with ongoing eyecare.

We have applied to add gift aid to donations and are hopeful this will go live soon.

We have continued to collect donations via pub collection boxes and received fundraising through our donation page. We have increased the information and content on our website to continue to inform people of our mission and fundraising goals.

Financial review

Bank balance and reserves policy

Bank balance as of 31st March 2024 was***. Current ongoing and recurring costs to the charity are related to website and email domain subscriptions. We will look to reduce reserved policy when spending increase over £100.

Further financial review details:

The charity's main source of funds is from ad hoc donations through fundraising activities. This fundraising has supported our regular payments for the website and allowed us to better plan financially for the medical camp. We anticipate donations will increase in the future as we look to implement more regular fundraising initiatives.

Other optional information


Future plans

2024 will see the charity's first medical camp, taking place in Malawi. There will be an increase in fundraising activities throughout the next year to support this.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---|--|
| Signature(s) |  | |
| Full name(s) | Chloe Tribe | |
| Position (eg secretary, chair, etc) | Secretary and Trustee | |
| Date | 11.12.2024 | |



Charity Name

The Trifocal Trust

No (if any)

1195228

Receipts and payments accounts

CC16a

For the period from

Period start date

1 April 2023

To

Period end date

31 March 2024

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|--|------------------------------------|----------------------------------|
| A1 Receipts | | | | | |
| Donations | £61.97 | £0 | £0 | £61.97 | £0.00 |
| Interest | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total (Gross Income for AR) | £61.97 | £0 | £0 | £61.97 | £0.00 |
| A2 Asset and investment sales, (see table). | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total receipts | £61.97 | £0 | £0 | £61.97 | £0.00 |
| A3 Payments | | | | | |
| Website & Email Domain | £23.97 | £0 | £0 | £23.97 | £0.00 |
| Fee - Non-Sterling Transaction | £0.72 | £0 | £0 | £0.72 | £0.00 |
| Sub total | £24.69 | £0 | £0 | £24.69 | £0.00 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total payments | £24.69 | £0 | £0 | £24.69 | £0.00 |
| Net of receipts/(payments) | £37.28 | £0 | £0 | £37.28 | £0.00 |
| A5 Transfers between funds | 0 | 0 | 0 | £0.00 | 0 |
| A6 Cash funds last year end | £783.17 | 0 | 0 | £783.17 | 0 |
| Cash funds this year end | £820.45 | £0 | £0 | £820.45 | £0.00 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---------------------------|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Metro Bank - Cash Balance | £820.45 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | Total cash funds | £820.45 | £0.00 | £0.00 |
| <i>(agree balances with receipts and payments account(s))</i> | | OK | OK | OK |
| B2 Other monetary assets | Details | to nearest £ | to nearest £ | to nearest £ |
| | | £0.00 | £0.00 | £0.00 |
| B3 Investment assets | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | £0.00 | £0.00 | £0.00 |
| B4 Assets retained for the charity's own use | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | £0.00 | £0.00 | £0.00 |
| B5 Liabilities | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
| | | £0.00 | £0.00 | £0.00 |

Signed by one or two trustees on behalf of all the trustees

Signature

CR
Ny

Print Name

CHLOE TRIBE
NICKY CATHROW

Date of approval

11.12.2024
11-12-2024

THE TRIFOCAL TRUST

England & Wales - Charity number 1195228

Accounts



Trustees' annual report for the period

| | | | | | | | |
|-------------|-------------------|-------------|--------------|-----------|-----------------|-------------|--------------|
| From | Period start date | | | To | Period end date | | |
| | Day 01 | Month 04 | Year 2022 | | Day 31 | Month 03 | Year 2023 |

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|------------------------|-----------------|-----------------------------------|---|
| 1 | Nicky Cathrow | Chair | | |
| 2 | Felix Golding | Trustee | | |
| 3 | Nicola Denby | Trustee | | |
| 4 | Chloe Tribe | Trustee | | |
| 5 | Amit Patel | Trustee | | |
| 6 | Gobikrishna Sivalingam | Trustee | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisors (Optional information)

| Type of advisor | Name | Address |
|-----------------|-----------|---------------------------------------|
| Bank | Metrobank | One Southampton Row, London, WC1B 5HA |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

N/A

Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution adopted 20 th July 2021 |
| How the charity is constituted (eg. trust, association, company) | CIO - Foundation |
| Trustee selection methods (eg. appointed by, elected by) | Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. |

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

Policies and procedures adopted for the induction and training of trustees

The charity's organisational structure and any wider network with which the charity works

Relationship with any related parties

Trustees' consideration of major risks and the system and procedures to manage them

N/A

Objectives and activities

Summary of the objectives of the charity set out in its governing document

1. The Objects of the CIO are:

a. To provide relief to persons suffering from eye defects in socially and economically disadvantaged communities in particular, but not exclusively, Malawi through provision of ophthalmic and optometric treatments, care, training and education for the benefit of the public

b. To preserve and protect the health of patients of medical establishments in socially and economically disadvantaged communities in particular but not exclusively Malawi by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities for the purpose of advancing the quality and provision of eyecare for the public attending those establishments.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

The main activities are as follows:

- Planning a medical camp to Chikwawa District Hospital in 2024
- Conducting meetings with Chikwawa District Hospital and relevant authorities to understand the needs, priorities and logistics to undergo the medical camp
- Increasing website and social media presence to raise funds to support the medical camp

These activities have helped strengthen the framework for our activities in the coming year to allow us to successfully run a medical camp and provide support to Chikwawa District Hospital.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

Policy on grantmaking

Policy programme related investment

Contribution made by Volunteers

n/a

Achievements and performance

Summary of the main achievements of the charity during the year.

The charity has conducted regular meetings with the staff at Chikwawa Hospital to continue establishing their needs and priorities. A motorbike is one of the top ongoing priorities of the hospital to transport patients to receive treatment. Research into getting a motorbike is underway and the charity is working towards this as a fundraising goal.

The charity has been focusing on planning for the medical camp in 2024. This has involved meetings with Chikwawa District to establish the logistics of the camp. Medical professionals attending the camp from the UK have been selected and are now involved in the planning and equipment selection process.

CAF has been set up to enable easy donations to the charity. We have also registered with Amazon Smile to increase regular donations.

We have continued to collect donations via pub collection boxes.

We have increased the information and content on our website to continue to inform people of our mission and fundraising goals.

Additional social media channels have been set up to further promote the charity, the trustees, fundraising events and our mission and encourage the public to donate.

Financial review

Brief statement of the charity's policy on reserves

Bank balance as of 31st March 2022 was £783.17. Current ongoing and recurring costs for the charity are related to website and email domains, these amount to ~ £20 per year. We will look to reduce reserves policy when annual recurring costs are above £100.

Details of any funds materially in deficit

n/a

Further financial review details: (Optional information)

You **may choose** to include additional information, where relevant about:

The charity's principal sources of funds (including any fundraising).

How expenditure has supported the key objectives of the charity.

Investment policy and objectives including any ethical investment policy adopted.

The charity's main source of funds is from ad hoc donations through fundraising activities. This fundraising has supported our regular payments for the website and allowed us to better plan financially for the medical camp. We anticipate donations will increase in the future as we look to implement more regular fundraising initiatives.

Other optional information


Future Plans

The coming year will see the charity develop the relationship with Chiwawa Hospital staff, as well as medical professionals from the UK who will be attending the camp to fully prepare for 2024. There will also be an increase in fundraising to support the medical camp.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---|--|
| Signature(s) |  | |
| Full name(s) | Chloe Tribe | |
| Position (eg secretary, chair, etc) | Secretary | |
| Date | 30 th January 2024 | |



Charity Name
The Trifocal Trust
Receipts and payments accounts
No (if any)
1195228
Period start date
1 April 2022
To
Period end date
31 March 2023

CC16a

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|--|------------------------------------|----------------------------------|
| A1 Receipts | | | | | |
| Donations | £155.01 | £0 | £0 | £155.01 | £0.00 |
| Interest | £0.03 | £0 | £0 | £0.03 | £0.00 |
| Sub total (Gross income for AR) | £155.04 | £0 | £0 | £155.04 | £0.00 |
| A2 Asset and investment sales, (see table). | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total receipts | £155.04 | £0 | £0 | £155.04 | £0.00 |
| A3 Payments | | | | | |
| Website & Email Domain | £24.73 | £0 | £0 | £24.73 | £0.00 |
| Fee - Non-Sterling Transaction | £0.74 | £0 | £0 | £0.74 | £0.00 |
| Sub total | £25.47 | £0 | £0 | £25.47 | £0.00 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total payments | £25.47 | £0 | £0 | £25.47 | £0.00 |
| Net of receipts/(payments) | £129.57 | £0 | £0 | £129.57 | £0.00 |
| A5 Transfers between funds | 0 | 0 | 0 | £0.00 | 0 |
| A6 Cash funds last year end | £653.60 | 0 | 0 | £653.60 | 0 |
| Cash funds this year end | £783.17 | £0 | £0 | £783.17 | £0.00 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|--|---------------------------|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Metro Bank - Cash Balance | £783.17 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | Total cash funds | £783.17 | £0.00 | £0.00 |
| <i>(agree balances with receipts and payr. OK OK OK)</i> | | | | |
| B2 Other monetary assets | Details | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | | | |
| B3 Investment assets | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| B4 Assets retained for the charity's own use | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| B5 Liabilities | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of approval

Nicky Cathrow
Chloe Tribe

NICKY CATHROW 08-01-24
CHLOE TRIBE 28.01.24

THE TRIFOCAL TRUST

England & Wales - Charity number 1195228

Accounts



Trustees' annual report for the period

| | | | | | | | |
|-------------|-------------------|-------------|--------------|-----------|-----------------|-------------|--------------|
| From | Period start date | | | To | Period end date | | |
| | Day 20 | Month 07 | Year 2021 | | Day 31 | Month 03 | Year 2022 |

Reference and administration details

Charity name *The Trifocal Trust*

Other names charity is known by

Registered charity number (if any) *1195228*

Charity's principal address *19 Bailey Road*

Westcott

Surrey

Postcode *RH4 3QR*

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|------------------------|-----------------|-----------------------------------|---|
| 1 | Nicky Cathrow | Chair | | |
| 2 | Felix Golding | Trustee | | |
| 3 | Nicola Denby | Trustee | | |
| 4 | Chloe Tribe | Trustee | | |
| 5 | Amit Patel | Trustee | | |
| 6 | Gobikrishna Sivalingam | Trustee | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisors (Optional information)

| Type of advisor | Name | Address |
|-----------------|------------------|--|
| Bank | <i>Metrobank</i> | <i>One Southampton Row, London, WC1B 5HA</i> |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

N/A

Structure, governance and management

Description of the charity's trusts

| | |
|---|---|
| Type of governing document (eg. trust deed, constitution) | <i>Constitution adopted 20th July 2021</i> |
| How the charity is constituted (eg. trust, association, company) | <i>CIO - Foundation</i> |
| Trustee selection methods (eg. appointed by, elected by) | <i>Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.</i> |

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

Policies and procedures adopted for the induction and training of trustees

The charity's organisational structure and any wider network with which the charity works

Relationship with any related parties

Trustees' consideration of major risks and the system and procedures to manage them

N/A

Objectives and activities

Summary of the objects of the charity set out in its governing document

1. The Objects of the CIO are:

a. To provide relief of persons suffering from eye defects in socially and economically disadvantaged communities in particular but not exclusively Malawi, through provision of ophthalmic and optometric treatments, care, training and education for the benefit of the public

b. To preserve and protect the health of patients of medical establishments in socially and economically disadvantaged communities in particular but not exclusively Malawi by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities for the purpose of advancing the quality and provision of eyecare for the public attending those establishments.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

The main activities are as follows:

- Planning a medical camp to Chikwawa District Hospital in 2024
- Conducting meetings with Chikwawa District Hospital to better understand their needs and priorities
- Setting up a webpage and donation platform using Wix and CAF to allow easier donations to the charity.

These activities helped promote eyecare in disadvantaged communities by strengthening the framework for our activities in the coming year to allow us to successfully run a medical camp and provided targeted support to Chikwawa District Hospital in the future.

We look forward to continuing our activities over next year to further the charities goals and promote our public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

Policy on grantmaking

Policy programme related investment

Contribution made by Volunteers

N/A

Achievements and performance

Summary of the main achievements of the charity during the year.

Summer 2021:

Nicky met with Chikwawa staff to discuss their needs and priorities. It was established that a motorbike would be their top priority and we started researching how we would help them to acquire that. Design commenced on website.

Autumn/Winter:

Initial basic website set up successfully so the charity has a web presence so potential donors can learn more about the charity. In addition, process to design a logo continued. Gobi started glasses collection at Specsavers to have these available to provide to Chikwawa Hospital at an appropriate time.

Spring 2022:

Began exploring CAF to enable online donations to be collected through the website. Amazon Smile also explored as an additional option to allow donations from Amazon purchases. Planning for a medical camp to Malawi commenced with a provisional date set in 2024.

Extras: Social media pages created to assist with fundraising.

Fundraising: Continue to receive donations from donation box in the Prince of Wales pub in Westcott. The local support continues to be appreciated.

Financial review

Brief statement of the charity's policy on reserves

Bank balance as of 31st March 2021 was £653.60. Current ongoing and recurring costs for the charity are related to website and email domains, these amount to ~£20 per year. We will look to produce a reserves policy when annual recurring costs are above £100.

Details of any funds materially in deficit

Not applicable

Further financial review details: (Optional information)

You **may choose** to include additional information, where relevant about:

The charity's principal sources of funds (including any fundraising).

How expenditure has supported the key objectives of the charity.

Investment policy and objectives including any ethical investment policy adopted.

The charity's main source of funds is from ad hoc donations, we anticipate this will change as we look to implement more fundraising initiatives.

Other optional information


Future Plans

The coming year will see the charity start to move beyond the setup phase and begin to develop our relationship with Chikwawa Hospital staff more fully as we continue to plan a medical camp to the country in future.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---|--|
| Signature(s) |  | |
| Full name(s) | Chloe Tribe | |
| Position (eg secretary, chair, etc) | <i>Secretary</i> | |
| Date | 30th January 2023 | |



Charity Name
The Trifocal Trust

No (if any)
1195228

Receipts and payments accounts

CC16a

For the period
from

Period start date
20 July 2021

To

Period end date
31 March 2022

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations | £672.36 | £0 | £0 | £672.36 | £0.00 |
| Interest | £0.26 | £0 | £0 | £0.26 | £0.00 |
| Sub total (Gross Income for AR) | £672.62 | £0 | £0 | £672.62 | £0.00 |
| A2 Asset and investment sales, (see table). | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total receipts | £672.62 | £0 | £0 | £672.62 | £0.00 |
| A3 Payments | | | | | |
| Website Domain | £19.02 | £0 | £0 | £19.02 | £0.00 |
| Sub total | £19.02 | £0 | £0 | £19.02 | £0.00 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Sub total | £0.00 | £0 | £0 | £0.00 | £0.00 |
| Total payments | £19.02 | £0 | £0 | £19.02 | £0.00 |
| Net of receipts/(payments) | £653.60 | £0 | £0 | £653.60 | £0.00 |
| A5 Transfers between funds | 0 | 0 | 0 | £0.00 | 0 |
| A6 Cash funds last year end | 0 | 0 | 0 | £0.00 | 0 |
| Cash funds this year end | £653.60 | £0 | £0 | £653.60 | £0.00 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Metro Bank - Cash Balance | £653.60 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| | Total cash funds | £653.60 | £0.00 | £0.00 |
| | <i>(agree balances with receipts and paym</i> OK | | | OK |
| | | OK | OK | OK |
| B2 Other monetary assets | Details | to nearest £ | to nearest £ | to nearest £ |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| B3 Investment assets | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| B4 Assets retained for the charity's own use | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |
| B5 Liabilities | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
| | | £0.00 | £0.00 | £0.00 |
| | | £0.00 | £0.00 | £0.00 |

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

NICKY CATHROW
CHLOE TRIBE

Date of approval

16/01/23
21/01/23