

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

England & Wales · Charity number 1195058

## Details

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**Other names** NORTH BRISTOL AND SOUTH GLOS FOODBANK

**Status** Registered

**Legal form** CIO

**Registered** 2021-07-05

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 286 Filton Avenue  
Horfield  
Bristol  
BS7 0BA

**Phone** 0117 472 5172

**Email** [info@nbsg.foodbank.org.uk](mailto:info@nbsg.foodbank.org.uk)

**Website** <https://nbsg.foodbank.org.uk/>

## Activities

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**Objects:** THE RELIEF AND PREVENTION OF POVERTY IN THE NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE AREA FOR THE PUBLIC BENEFIT BY WORKING WITH A NETWORK OF CARE PROFESSIONALS TO PROVIDE FOOD PARCELS, ITEMS AND RELATED SERVICES INCLUDING SUPPORT AND ADVICE TO ANY IN NEED, AND DELIVERING SUCH SERVICES WITHIN A CHRISTIAN ETHOS.

**Activities:** THE RELIEF AND PREVENTION OF POVERTY IN THE NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE AREAS FOR THE BENEFIT OF THE PUBLIC BY WORKING WITH A NETWORK OF CARE PROFESSIONALS TO PROVIDE FOOD PARCELS, ITEMS AND RELATED SERVICES INCLUDING SUPPORT AND ADVICE TO ANY IN NEED, AND DELIVERING SUCH SERVICES WITHIN A CHRISTIAN ETHOS.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

- Bristol City
- South Gloucestershire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£855,477	£833,351	£854,499	10
2024-03-31	£876,116	£857,368	£832,373	9
2023-03-31	£784,214	£747,643	£813,625	9
2022-03-31	£0	£0	-	-

## Trustees

Name	Role	Appointed
<b>Stewart North</b>	Chair	2021-02-24
Christopher Edward Popkin		2025-10-09
Christopher Mark Richardson		2021-08-25
Jessica Higgins		2026-03-19
Rev ANTHONY JOHN MATTHEWS		2021-02-24
Ruth Beatrice Pitter		2026-01-21
Sally Elaine Tate		2021-08-25
Suzanne Louise Wilson		2025-07-09

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

England & Wales - Charity number 1195058

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# Accounts

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# North Bristol and South Gloucestershire Foodbank CIO

Report of the Board of Trustees  
Year Ended 31 March 2025

Charity Registration Number 1195058



**15,227**

individuals received  
emergency food parcels

**9**

food bank outlets  
across the region

**36%**

of recipients  
were children

**20**

member households of  
The Bridge Food Project

**142**

tonnes of food  
distributed

**£419,453**

income gained or saved  
by clients through Citizens  
Advice partnership

**18%**

of distributed food  
was purchased to  
meet demand

**3,475**

underlying issues  
managed through our  
advice partnership

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# Reference & Administrative Information

**Charity name** North Bristol and South Gloucestershire Foodbank CIO

**Registered charity number** 1195058

**Principle office** 286 Filton Avenue  
Horfield  
Bristol  
BS7 0BA

**Trustees** Stewart North  
Alistair Jenkins (*appointed 27th June 2024, resigned 1st February 2025*)  
Rev Anthony Matthews  
Christopher Popkin (*appointed 9th October 2025*)  
Christopher Richardson  
Jonathan Ford (*resigned 7th October 2025*)  
Sally Tate  
Suzanne Louise Wilson (*appointed 9th July 2025*)

**Bankers** The Co-operative Bank

**Independent Examiner** Joshua Kingston BSc, FCA  
Burton Sweet Limited  
The Clock Tower  
5 Farleigh Court  
Old Weston Road  
Flax Bourton  
Bristol  
BS48 1UR

# Overview

## Charity Document

The North Bristol and South Gloucestershire Foodbank CIO was registered on 5 July 2021. The activities and assets of the CIO were initially transferred to it by the predecessor charity North Bristol Foodbank (charity number 1157499, now dissolved). The objectives have been widened slightly in the CIO, the activities are considered to be continuous between the two organisations.

## Charity Objectives

The relief and prevention of poverty in the North Bristol and South Gloucestershire area for the benefit of the public by working with a network of care professionals to provide food parcels, items and related services including support and advice to any in need and delivering such services within a Christian ethos.

## Method of Appointment or Election of Trustees

The management of the charity is the responsibility of the Trustees who are appointed by resolution passed at a properly convened meeting of the charity trustees, as described in the CIO constitution. The charity trustees will make available to each new charity trustee, on or before his or her first appointment: (a) a copy of the current version of this constitution; and (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

## Organisational Structure and Decision Making

The organisation and running of North Bristol and South Gloucestershire Foodbank CIO is the responsibility of the Trustees. The Trustees employ a Food Bank Manager (line managed by the Chair of Trustees), Food Logistics Manager, Operations Coordinator, Warehouse Supervisor, Fresh Food Coordinator, Senior Administrator, Administrators and Volunteer Coordinator (all line managed by the Food Bank Manager) on a part-time basis. The charity is heavily reliant on a large number of volunteers who assist with running different aspects of the food bank.

## Aims of the Charity

Our food bank is part of The Trussell Trust's network, dedicated to addressing food poverty and hunger within our local communities and across the UK. Our mission is to provide emergency food parcels to individuals and families in crisis, referred to us by care professionals offering ongoing support. We are also committed to guiding food bank clients toward additional resources and services that can provide immediate relief or support longer-term solutions. Access to our food bank is available to anyone in need through a referral process.

# Charitable Activities

North Bristol and South Gloucestershire Foodbank is committed to providing nutritionally balanced emergency food parcels to individuals and families facing crisis. Through collaboration with a network of care professionals and in partnership with Citizens Advice, we aim to empower people to overcome immediate challenges and work toward reducing long-term reliance on food banks.

Our food bank operations are sustained by generous donations of in-date, non-perishable food from schools, churches, businesses, and individuals. Key events, such as Harvest Festival collections, alongside supermarket donation points, play a vital role in maintaining our stock. Volunteers are the backbone of our work, dedicating their time to sorting, checking, and distributing food parcels across our nine food bank outlets in the region.

We collaborate with frontline professionals, including health visitors, social workers, and housing officers, who securely refer clients through the Trussell Trust's system. Each client receives three days' worth of emergency food alongside a warm welcome, refreshments, and guidance to services that can help address underlying issues.

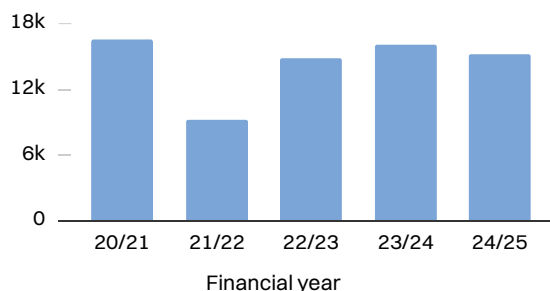
Our partnership with Citizens Advice Bristol and South Gloucestershire enables us to offer additional support, including benefits advice, debt management services, and access to resources that promote financial stability and independence.

To ensure inclusivity, we accommodate dietary needs, provide culturally appropriate food, and offer multilingual support. With nine distribution points operating at various times and locations, we strive to meet the diverse needs of our community. For clients unable to access our outlets, we aim to arrange food parcel deliveries in collaboration with partner organisations.

We are committed to safeguarding the well-being of all those we serve. Robust policies and procedures are in place, overseen by designated safeguarding officers, ensuring a safe and supportive environment for everyone who engages with our services.

**“We serve our community with nutritionally balanced food parcels, warm welcomes, and practical support**

**Emergency Food Parcels**



# Achievements & Performance

## Core Service Provision

In the last financial year, we provided emergency food parcels to 15,227 individuals, a decrease of 6% from the previous year. Of those we served, 36% were children, highlighting the sustained high need among young families and the pressures that the cost-of-living crisis is placing on parents and caregivers. This shift underscores the increasing complexity of food insecurity, with many families relying on food banks as a necessary lifeline.

demand and supply has continued to widen with a greater fall in donations than the fall in food parcels.

We remain committed to ensuring that all who need support can access it, with no one turned away due to a lack of food. Through strategic partnerships and a focus on efficient distribution, we continue to adapt and evolve to meet the challenges of today's economy.



**Our advisors enabled clients to secure £419,453 in additional income and savings**

### Food Distributed

We distributed over 141 tonnes of food, sourced both through generous community donations and purchases.

While community donations remain vital to our operations, the gap between the food we receive and the needs we serve has widened, making it essential to purchase additional stock. This year, 18% of the food distributed was purchased, reflecting the ongoing pressures faced by our service users and the proactive measures we have taken to ensure that no one goes without.

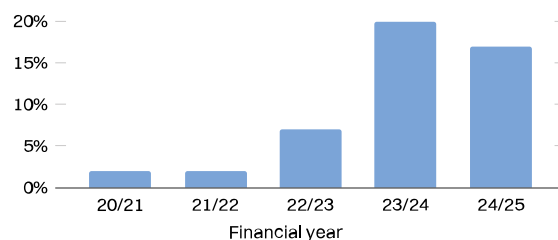
## Financial Inclusion

We fund advisors trained and supported by Citizens Advice who work specifically with our clients. Our collaboration with Citizens Advice South Gloucestershire and Citizens Advice Bristol has enabled our clients to access £419,453 in additional income through benefits, grants, and financial support, and savings made through advice this year. These financial interventions, combined with emergency food support, helped to address the root causes of their crises and provide a foundation for long-term stability.

## Responding to Growing Demand

The ongoing cost-of-living crisis continues to exacerbate food insecurity across our region. While donations from schools, churches, businesses, and individuals remain a crucial part of our food supply, the gap between

Percent stock purchased



## Fresh Food

This year, we expanded our commitment to providing fresh, nutritious, and culturally appropriate food for our clients. We introduced fresh food items such as onions, garlic, and cheese into our food parcels at two food bank outlets, with plans to roll this out to all nine outlets in the near future. These additions built upon our existing provision of bread and spread, enhancing the nutritional quality and variety of the food parcels.

To support clients in making the most of their food parcels, we developed recipe cards featuring simple, cost-effective meal ideas tailored to the ingredients typically included. These cards provided practical guidance for preparing nutritious meals, even with limited cooking facilities and budgets.

Looking ahead, we aim to build on this work by offering cooking courses that provide hands-on training and meal preparation techniques. These courses will empower clients with the skills and confidence to make the most of their food parcels, reduce waste, and embrace healthier eating habits.

The Fresh Food project has made a meaningful impact, and we look forward to expanding its reach and scope to continue addressing food insecurity in our community.

## Seasonal Events

Throughout the year, we ran several successful seasonal events to support individuals and families in need, while also engaging with the wider community raising awareness about food insecurity.

### Easter

To make Easter a special time for families, we distributed Easter eggs for children, providing families with the opportunity to enjoy the celebration together, while also easing the financial burden that holidays can bring.

### Harvest

During Harvest, we partnered with local primary schools to deliver 30 educational assemblies on food poverty. These sessions informed and inspired the younger generation about the importance of supporting those in need. The schools also organised food collections, contributing to an impressive

8,823kg of donations, including non-perishable food and essential items, which were vital in replenishing our stocks.

### Christmas

Christmas was a particularly busy season. Our in-store collections at Tesco were exceptional, with Golden Hill gathering 2,711kg and Thornbury collecting 1,312kg of food. Combined with other Christmas period donations, we received an incredible 32 tonnes of food over two months.

Thanks to this generosity and our volunteers' dedication, we distributed 400 Christmas treat bags to individuals and families referred by our partner agencies. These treat bags included festive treats, toys that families could select, and essential items to ensure everyone could experience the joy of the holiday season, even in challenging circumstances. Toys came from Dunelm customers through their store collection and from Avon Fire and Rescue Service, who put out an appeal and delivered a big batch to us.

Alongside our standard food provision we gave out £8,000 of vouchers in the week leading up to Christmas, partly funded by a grant, helping 403 households. Many support services and referrers reduce operations and energy costs during this time, creating additional pressures for families. We matched gift cards to recipients' nearest supermarkets and prioritised gift cards with built-in restrictions on certain non-food items to ensure funds are directed towards essential needs.

These seasonal initiatives not only provided immediate relief to those facing food insecurity but also strengthened our connections with schools, businesses, and the wider community, fostering a shared commitment to addressing food insecurity.



**Our Christmas appeal brought in 32 tonnes of food, helping 241 families celebrate the season**

## Staffing

As we developed our strategic plan, we hired two key roles to focus on longer-term poverty reduction. We recruited a Campaign Coordinator in June to help us campaign during the run-up to the general election, with their salary covered by a grant from Trussell. In July, we hired our Advice First Project Coordinator to ensure everyone who uses the food bank receives appropriate support and advice alongside emergency food. The Advice First Project Coordinator started work improving the sustainability and extent of advice services with partner agencies. In November, we hired a new full-time administrator to provide maternity cover for our full-time administrator.

## Volunteers

We are powered by the dedication and hard work of over 320 volunteers who play a vital role in everything we do. They keep our food bank running and create a real difference for people facing food insecurity in our community.

**Van teams are essential** to our logistics. They transport food from our warehouse to outlets and collect donations from supermarkets, schools, and churches across the area. These teams include drivers and driver's buddies who work together to keep food moving exactly where it's needed most.



## Our strategic plan shifts from emergency food to addressing root causes of poverty

**Outlet volunteers work directly with clients** at our nine outlets, distributing food parcels and providing a friendly, understanding presence during what can be incredibly difficult times. They also help signpost people to other resources and services that might

support them. Bridge volunteers do similar vital work, supporting members at Bridge sessions to ensure they get both the food and help they need. Our dedicated Signposting Volunteer works alongside these teams to make sure we provide the best possible support.

**Warehouse volunteers sort, organise and pack** all donations so they're ready to go out where needed. **Allotment volunteers** tend our wonderful allotment where we grow fresh produce that goes directly to clients and members.

**Trustees work behind the scenes** to run the organisation and keep us compliant and on track. They oversee our strategic direction, ensuring we always meet our community's needs as effectively as possible.

This year we've improved our procedures for policies and important documents, improving volunteer access to the information they need. This structured approach helps volunteers feel confident and supported in their roles.

Our volunteers don't just keep the food bank functioning - they foster a genuinely welcoming and supportive environment. Their efforts make a meaningful impact on individuals and families throughout our community, and we're incredibly grateful for all they do.

## Partnership

Over the past year, we have continued our collaborations with several food and community groups across the city to ensure we are working together effectively to tackle food insecurity. This includes close partnerships with the two other Trussell Trust food banks in the city - Bristol North West Foodbank and South and East Bristol Foodbank, and the wider regional network. By coordinating our efforts, we aim to prevent duplication of services, share resources, and ensure we are meeting the increasing demand for food support.

Our involvement with Feeding Bristol has enabled us to be part of a broader network of organisations dedicated to alleviating food poverty in the city. Feeding Bristol's One City Food Equality Strategy focuses on addressing food inequality in the city through collaborative efforts with over 120 groups, including food banks like ours, and we're committed to supporting the goal of a food-secure city.

Our partnership with local churches where our food bank outlets are based is essential to delivering services to those in need. These churches provide vital support by offering space, volunteers, and fostering community connections. They play a key role in ensuring that food parcels reach people facing food insecurity while creating a welcoming environment. By working together, we align our goals with the mission of local churches to support and uplift vulnerable members of the community, building stronger networks of care across the region.

## Sustainability

In response to the ongoing rise in demand and a decline in food donations, we have focused on building a sustainable strategy to ensure the continuity of our services. This has involved intensifying both fundraising and food-raising efforts to maintain sufficient stock for our food bank outlets and address the growing needs of our community.

To achieve this, we have engaged with local businesses, schools, and community groups to foster partnerships that support regular food contributions and financial donations. Innovative campaigns and events, such as supermarket collection drives and seasonal appeals, have also been key to keeping our shelves stocked.

Beyond food provision, we are committed to securing the financial resources necessary to sustain our wider services. This includes the financial inclusion support offered through our partnership with Citizens Advice, which provides clients with guidance on benefits, debt management, and other critical resources to promote long-term stability. By diversifying funding streams and focusing on both immediate needs and preventative measures, we aim to build resilience into our operations and provide effective, compassionate support to those in crisis.

## Strategic Planning

This year, North Bristol and South Gloucestershire Foodbank continued to put into action our 2024-2027 strategic plan focused on ending the need for food banks. Recognising that providing emergency food is a temporary solution, the plan shifts toward addressing the root causes of food poverty, while continuing to provide high-quality emergency food services for those in immediate crisis.

The plan was shaped through extensive consultations with key stakeholders, including referral agencies, church partners, clients, staff, volunteers, and trustees. Guided by the Trussell Trust's goals of "Changing Minds, Changing Policies, and Changing Communities," the process combined feedback with data analysis to identify priority needs and foster partnerships with other organisations and community groups.

From this work, our three year strategic plan emerged: To transform NBSG Foodbank into a compassionate Advice First model, guiding individuals toward lasting solutions, fostering community hubs that extend beyond emergency food, and changing perceptions to create empathy about poverty. Our commitment to efficiency, financial stability, and strategic planning ensures that every action brings us closer to a future without the need for food banks.

To expand on this we created **six Strategic Goals**, as described opposite.

This plan aligns with the vision of ending the need for food banks in our region, underpinned by our Christian ethos and values of compassion, justice, community, and dignity.

## 1 Transitioning to an “Advice First” model to make food bank use a last resort

We progressed towards making food bank use a last resort by running regular advice sessions at our outlets, including NHS Talking Therapies and Bristol City Council Skills Connect. We delivered signposting training to outlet volunteers and held a referral agency forum with partners to help them support clients earlier.

## 2 Preventing over-reliance by providing pathways to long-term solutions

We opened The Bridge Food Club at The Vench in Lockleaze, our membership-based food support programme helping people move toward longer-term stability. We now support 20 member households (71 individuals) with £530 worth of food weekly. We developed support work through a Bridge Guide and monthly one-to-ones, creating dignity, consistency, and connection for members navigating complex challenges.

## 3 Transforming food bank outlets into community hubs

We progressed towards transforming outlets into community hubs by partnering with outlet churches to embed two outlets into publicly open community cafés, creating inclusive spaces beyond food distribution.

## 4 Ensuring the provision of appropriate food and essentials

We ensured appropriate food and essentials by purchasing food to fill gaps and adding suppliers to meet demand. We also expanded nutritious fresh food provision to every outlet, better aligning assistance with service users' specific needs and circumstances.

## 5 Changing perceptions and policies to foster empathy about poverty

We challenged views on poverty by hiring a campaign coordinator who organised hustings with parliamentary candidates in Bristol East and Bristol North West. We created two community activist groups who engaged with MPs around the Guarantee Our Essentials campaign.

## 6 Operating efficiently and effectively

We operated efficiently by upgrading our accounting system for improved financial monitoring and control. We amended food parcels to ensure sustainability and continued improving operational efficiencies, including tighter health and safety procedures and better relationships between volunteers and central staff.

# Financial Review

In the year the charity received total income of £855,477, including the value of food received totalling £369,999. Expenditure for the year totalled £833,351, including food and essential items, vouchers and hampers distributed of £454,088.

At the year-end cash at bank and in hand was £756,547. Total funds were £854,499 of which £788,650 were unrestricted funds and £65,849 relates to restricted funds.

## Reserves Policy

Our trustees have approved a reserves policy, which states NBSG Foodbank shall maintain accessible reserves equivalent to six months' worth of operating expenses. This would be £416,675 for this financial year. We have £773,850 in reserves, so we are in excess of this amount.

## Related Party Disclosures

Mr Stewart North is also a trustee of EbeTrust and is a key management member of that charity. NBSGFB paid EbeTrust £12,548 in office rent during the period (2024: £12,348), and received a donation from EbeTrust of £172.50.

Mr Stewart North is also a trustee of Bristol Noise. NBSGFB paid £1,437.50 to Bristol Noise for Community Hub partnership project consultancy work during the period.

# A Message From Our Trustees

The trustees would like to thank all those who have supported the food bank over the past year, including our dedicated staff, volunteers, donors, churches, schools, businesses, and local organisations.

Your collective contributions have been vital in helping us meet the growing demand for our services and provide crucial support to individuals and families.

Looking ahead, we are excited for the opportunities the next year brings as we continue to work together towards our shared goal of alleviating food poverty and fostering a compassionate, supportive community.

# Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on 6th January 2026

*Stewart North*

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Stewart North  
Chair of Trustees

# Independent Examiners Report to the Trustees

I report to the trustees on my examination of the accounts of North Bristol and South Gloucestershire Foodbank CIO (the Charity) for the year ended 31st March 2025.

## Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Joshua Kingston*

Joshua Kingston BSc, FCA  
Burton Sweet Ltd, Chartered Accountants  
The Clock Tower  
5 Farleigh Court  
Old Weston Road  
Flax Bourton  
Bristol BS48 1UR

Date: 6th January 2026

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**YEAR ENDED 31 MARCH 2025**

	<b>Note</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2025 £</b>	<b>Total Funds 2024 £</b>
<b>Income from:</b>					
Donations and legacies	<b>2</b>	657,086	190,944	848,030	873,340
Other trading activities		307	-	307	-
Investments		7,140	-	7,140	2,776
<b>Total income</b>		<u>664,533</u>	<u>190,944</u>	<u>855,477</u>	<u>876,116</u>
<b>Expenditure on:</b>					
Charitable activities	<b>3</b>	647,993	185,358	833,351	857,368
<b>Total expenditure</b>		<u>647,993</u>	<u>185,358</u>	<u>833,351</u>	<u>857,368</u>
<b>Net income/(expenditure)</b>	<b>4</b>	16,540	5,586	22,126	18,748
<b>Net movement in funds</b>		<u>12,041</u>	<u>10,085</u>	<u>22,126</u>	<u>18,748</u>
<b>Total funds at start of year</b>	<b>12</b>	776,609	55,764	832,373	813,625
<b>Total funds at end of year</b>	<b>12</b>	<u>788,650</u>	<u>65,849</u>	<u>854,499</u>	<u>832,373</u>

The Charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

**The notes on pages 16 to 26 form part of these financial statements**  
**See note 7 for fund-accounting comparative figures**

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## BALANCE SHEET

AS AT 31 MARCH 2025

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	8	14,800	21,393
		<u>14,800</u>	<u>21,393</u>
<b>Current assets</b>			
Stock	9	84,962	95,366
Debtors	10	5,988	7,977
Cash at bank and in hand		756,547	711,402
		<u>847,497</u>	<u>814,745</u>
<b>Liabilities</b>			
Creditors: amounts falling due within one year	11	(7,798)	(3,765)
		<u>839,699</u>	<u>810,980</u>
<b>Net current assets</b>			
		<u>854,499</u>	<u>832,373</u>
<b>Net assets</b>			
		<u>854,499</u>	<u>832,373</u>
<b>FUNDS</b>			
<b>Unrestricted funds</b>			
General funds	13	773,850	755,216
Designated funds	13	14,800	21,393
<b>Restricted funds</b>			
	13	65,849	55,764
		<u>854,499</u>	<u>832,373</u>

These financial statements were approved by the Trustees on <sup>6th January</sup>..... and are signed on their behalf by:  
2026

*Stewart North*

Stewart North  
Chair of Trustees

The notes on pages 16 to 26 form part of these financial statements

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## CASH FLOW STATEMENT

YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
<b>Net cash (outflow)/inflow from operating activities</b>	<b>A</b>	48,120	51,598
<b>Non-operational cash flows:</b>			
<b>Investing activities</b>			
Payments for tangible fixed assets		(2,975)	-
		<u>(2,975)</u>	<u>-</u>
<b>Net cash inflow/(outflow) for the year</b>	<b>B</b>	<u>45,145</u>	<u>51,598</u>

### Cashflow Restrictions

Charity law prohibits the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own objects, except on special authority. In practice, this restriction has not had any effect on cash flows for the year.

### A Reconciliation of net movement in funds to net cash inflow from operating activities

	2025 £	2024 £
Statement of Financial Activities: Net movement in funds	22,126	18,748
Depreciation	9,568	9,100
Decrease in creditors: current liabilities	4,033	(76)
Decrease / (Increase) in debtors	1,989	41,982
(Increase) / Decrease in stock	10,404	(18,156)
<b>Net cash (outflow)/inflow from operating activities</b>	<u>48,120</u>	<u>51,598</u>

### B Analysis of changes in cash during the year

	2025 £	2024 £	Change £
Cash at bank and in hand	<u>756,547</u>	<u>711,402</u>	<u>45,145</u>
	2024 £	2023 £	Change £
Cash at bank and in hand	<u>711,402</u>	<u>659,804</u>	<u>51,598</u>

The notes on pages 16 to 26 form part of these financial statements

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

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### 1 Accounting policies

#### **Accounting convention**

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The charity is a public benefit entity as defined under FRS102. The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

#### **Income**

Income from donations is included in income when these are receivable, except as follows:

- I. When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods;
- II. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Legacies are included on a receivable basis where charity is entitled to the income, it can be measured reliably and receipt is probable. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is not included in income but is treated as a contingent asset and disclosed if material.

Investment income is included on a receivable basis.

Donations in kind comprise donated services where the costs are measurable and the services would otherwise have to be paid for to maintain operational effectiveness.

Donations of goods are recognised on a receivable basis as donation and stock at fair value. This fair value is set at the price per kg recommended by The Trussell Trust.

#### **Expenditure**

Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

Food distributed to beneficiaries is recognised as expenditure on distribution and is valued on the same basis at the stock is recognised when received.

#### **Raising funds**

Raising funds expenditure include those costs incurred in seeking voluntary contributions, costs of goods sold and other costs which include the costs of running and participating in fundraising events and collections and cost of goods purchased for resale.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

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### 1 Accounting policies (*continued*)

#### **Charitable Activities**

Grants awarded are allocated to charitable activities.

Grants awarded are treated as expenditure and a liability in the accounts as soon as they become legal or constructive obligations. In the case of multi-year grant awards, the funding for all years is immediately recognised unless there are conditions which need to be met by the recipient to enable the release of subsequent years' funding.

#### **Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. Governance costs are included within support costs.

#### **Pension costs and other post-retirement benefits**

The charity contributes to defined contribution pension schemes. Contributions payable to the charity's pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

#### **Tangible fixed assets**

Fixed assets are held at cost less accumulated depreciation. Assets costing less than £1,000 are not capitalised.

Depreciation is calculated so as to write off the cost of an asset, less its estimated ultimate residual value, over the useful life of that asset as follows:

Office Equipment - 25%; straight line
Computer Equipment - 5%; straight line
Motor Vehicles - 25%; straight line
Plant & Machinery - 25%; straight line

#### **Stock**

Stocks of food are valued by weight at average retail cost per kilogram, unless this is greater than net realisable value. Cost is determined using the first-in, first-out (FIFO).

#### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **Bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### **Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

---

### 1 Accounting policies (*continued*)

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds form part of unrestricted funds and have been identified as being for particular purposes by the Trustees. They are not restricted and can be transferred to general funds at any time at the discretion of the Trustees.

Further explanation of the nature and purpose of each fund is included in note 12 of the financial statements.

### 2 Income from: Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations	206,340	-	206,340
Grants	50,556	190,944	241,500
Gift aid reclaimed	30,191	-	30,191
Value of food received	369,999	-	369,999
	<u>657,086</u>	<u>190,944</u>	<u>848,030</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations	195,770	-	195,770
Grants	27,447	184,493	211,940
Gift aid reclaimed	38,066	-	38,066
Value of food received	427,564	-	427,564
	<u>688,847</u>	<u>184,493</u>	<u>873,340</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

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### 3 Expenditure on: Charitable activities

	<b>Total Funds 2025 £</b>	Total Funds 2024 £
<i>Foodbank Activities</i>		
Value of food given out	454,088	542,755
Christmas Hampers	-	864
Wages	219,357	151,817
<i>Support costs</i>		
Accountancy fees	1,337	2,396
Advertising & Marketing	791	911
Printing, Postage and Stationery	2,936	1,375
General Expenses	10,707	12,912
Cleaning	2,548	4,224
Consultancy	42,617	-
Gardening	782	538
Insurance	2,902	1,685
Light, Power, Heating	347	284
Motor expenses	4,364	3,028
IT Software and Consumables	2,314	1,672
Rent	48,348	51,977
Repairs & Maintenance	9,512	1,272
Staff Training	2,503	72
Pensions Costs	3,421	2,617
Subcontractor costs	7,312	63,017
Subscriptions	1,729	1,081
Telephone & Internet	1,664	1,003
Travel - National	1,144	(58)
<i>Governance costs</i>		
Depreciation Expense	9,568	9,100
Accounts preparation fees	2,040	1,884
Independent examination fee	1,020	942
	<u>833,351</u>	<u>857,368</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

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### 4 Net income/(expenditure) for the year

This is stated after charging:		2025	2024
		£	£
Independent examiners' remuneration	- for examination services	1,020	942
	- for other services	2,040	1,884
Depreciation		9,568	9,100
		<u>12,628</u>	<u>11,926</u>

No Trustees have been reimbursed for their out of pocket travel expenses (2024: Nil). No Trustee received any remuneration during the year.

Aggregate donations from Trustees, key management personnel, and other related parties was £Nil (2024: £Nil).

### 5 Staff costs and numbers

The aggregate payroll costs were:		2025	2024
		£	£
Wages & salaries		209,832	147,924
Social security costs		9,525	3,266
Pension contributions		3,421	2,617
		<u>222,778</u>	<u>153,807</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 10 (2024: 9), calculated on the basis of average headcount. The total employment benefits received by key management personnel, which consists of the Trustees and Foodbank managers, including employer national insurance and employer pension were £38,269 (2024: £34,517).

### 6 Taxation

The charity is exempt from corporation tax on its charitable activities.

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

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**7 Statement of Financial Activities comparative figures**

<b>For the year ended 31 March 2024</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>
<b>Income from:</b>			
Donations and legacies	688,847	184,493	873,340
Investments	2,776	-	2,776
<b>Total income</b>	<u>691,623</u>	<u>184,493</u>	<u>876,116</u>
<b>Expenditure on:</b>			
Charitable activities	688,540	168,828	857,368
<b>Total expenditure</b>	<u>688,540</u>	<u>168,828</u>	<u>857,368</u>
<b>Net income/(expenditure) and net movement in funds</b>	3,083	15,665	18,748
<b>Total funds at start of year</b>	789,384	24,241	813,625
<b>Total funds at end of year</b>	<u>776,609</u>	<u>55,764</u>	<u>832,373</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

### 8 Tangible fixed assets

	Office Equipment £	Computer Equipment £	Motor Vehicles £	Plant & Machinery £	Total £
<b>Cost or valuation</b>					
At 1 April 2024	5,309	6,183	28,075	4,427	43,994
Additions	-	-	-	2,975	2,975
At 31 March 2025	5,309	6,183	28,075	7,402	46,969
<b>Depreciation</b>					
At 1 April 2024	4,230	800	15,040	2,531	22,601
Charge for the year	890	309	6,520	1,849	9,568
At 31 March 2025	5,120	1,109	21,560	4,380	32,169
<b>Net book value</b>					
At 31 March 2025	189	5,074	6,515	3,022	14,800
At 31 March 2024	1,079	5,383	13,035	1,896	21,393

### 9 Stock

	2025 £	2024 £
Food stocks on hand	84,962	95,366
	84,962	95,366

### 10 Debtors

	2025 £	2024 £
<b>Due in less than one year:</b>		
Prepayments and accrued income	-	7,873
Tax reclaimable under gift aid	5,988	104
	5,988	7,977

### 11 Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	4,579	3,160
Pension scheme creditor	-	605
Other creditors	3,219	-
	7,798	3,765

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

### 12 Movement in funds

For the year ended 31 March 2025

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 Mar 2025 £
<b>Restricted funds</b>					
Foodbank CA Bristol Advisor	-	39,475	(35,663)	-	3,812
Strategic Resources Fund	4,344	-	(4,344)	-	-
Feeding Bristol - Bristol Household Support Fund	1,119	23,190	(13,108)	-	11,201
Neighbourly - Southern Co-op Winter Fund	-	1,500	(1,500)	-	-
South Glos Council - Household Support Fund	-	81,000	(42,318)	-	38,682
Foodbank CA South Glos Advisor	44,991	-	(49,490)	4,499	-
Volunteer & Trustee Development	5,310	1,464	(1,755)	-	5,019
OLM Grant for campaigning	-	44,315	(37,180)	-	7,135
	<u>55,764</u>	<u>190,944</u>	<u>(185,358)</u>	<u>4,499</u>	<u>65,849</u>
<b>Unrestricted funds</b>					
Tangible fixed assets	21,393	-	(9,568)	2,975	14,800
General funds	755,216	664,533	(638,425)	(7,474)	773,850
	<u>776,609</u>	<u>664,533</u>	<u>(647,993)</u>	<u>(4,499)</u>	<u>788,650</u>
<b>Total funds</b>	<u>832,373</u>	<u>855,477</u>	<u>(833,351)</u>	<u>-</u>	<u>854,499</u>

#### Restricted funds

##### Foodbank CA Bristol Advisor - The Trussell Trust Financial Inclusion Grant

Funding for the provision of an advice service by Citizen's Advice Bristol, covering full time salary and other costs related to having a food bank designated advice worker.

A transfer from general funds has been included to cover the overspend in the year.

##### Strategic Resources Fund - The Trussell Trust Together for Change Strategic Resources/ Planning Grant

Funding to enable NBSG Foodbank to create a strategic plan, including staff time to plan and carry out consultations with all main stakeholders in order to create a plan that is suitable, relevant and needed.

##### Feeding Bristol - Bristol Household Support Fund

Funding for expanding the provision of fresh food to all food bank users of all outlets of NBSG food bank, including purchasing food, buying fridges, staff employment, creation of recipe cards and cooking courses.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

---

### 12 Movement in funds (*continued*)

#### **Big Give Campaign - Big Give Trust, Thornbury Baptist & Resound Trust**

Pledges for match funding for the Big Give campaign and additional funding receiving from the Big Give campaign to match fund the pledges given by partner churches.

#### **Community Organisations Cost of Living Fund - The National Lottery Community Fund**

Funding to help towards the cost of buying food for food bank, including rent for premises and staff time, and also the cost of a CA advisor salary for a Financial Inclusion project within food bank outlets.

#### **Foodbank CA South Glos Advisor - The Trussell Trust**

Funding for the provision of an advice service by Citizen's Advice South Glos, covering full time salary and other costs related to having a food bank designated advice worker and part time debt advisor.

#### **Volunteer & Trustee Development - The Trussell Trust Together for Change**

Funding to enable NBSG Foodbank to better look after and support our team of volunteers by developing a volunteer wellbeing role and required training and staff supervision, as well as enrol teams on first aid and food hygiene training to ensure all outlets are trained and compliant in these areas.

#### **OLM Grant for campaigning**

Salary for a campaign co-ordinator and campaign budget for "Guarantee our Essentials".

#### **South Gloucestershire Council - Household Support Fund**

Food stock for South Gloucestershire outlets.

#### **Neighbourly Southern Cooperative Winter Fund**

To cover costs for wrap around client support for The Bridge, e.g. non-food costs, salary and resources.

#### **Designated funds**

Tangible fixed assets - these funds represent the value of tangible fixed assets held in the Balance Sheet and are included within a separate designated fund to indicate that these funds are not available to be spent within general funds or free reserves without the sale of the assets.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

### 12 Movement in funds *(continued)*

For the year ended 31 March 2024

	At 1 April		At 31 Mar		
	2023	Income	Expenditure	Transfers	2024
	£	£	£	£	£
<b>Restricted funds</b>					
Foodbank CA Advisor	24,241	-	(40,099)	15,858	-
Strategic Resources Fund	-	13,033	(8,689)	-	4,344
Feeding Bristol - Bristol Household Support Fund	-	25,854	(24,735)	-	1,119
Foodbank CA South Glos Advisor	-	44,991	-	-	44,991
Volunteer & Trustee Development	-	6,861	(1,551)	-	5,310
	<u>24,241</u>	<u>184,493</u>	<u>(168,828)</u>	<u>15,858</u>	<u>55,764</u>
<b>Unrestricted funds</b>					
Tangible fixed assets	30,493	-	(9,100)	-	21,393
General funds	758,891	691,623	(679,440)	(15,858)	755,216
	<u>789,384</u>	<u>691,623</u>	<u>(688,540)</u>	<u>(15,858)</u>	<u>776,609</u>
<b>Total funds</b>	<u>813,625</u>	<u>876,116</u>	<u>(857,368)</u>	<u>-</u>	<u>832,373</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

### 13 Analysis of net assets between funds

<b>As at 31 March 2025</b>	<b>Restricted Funds £</b>	<b>Unrestricted Designated Funds £</b>	<b>Unrestricted General Funds £</b>	<b>Total £</b>
Tangible fixed assets	-	14,800	-	14,800
Other net assets	65,849	-	773,850	839,699
	<u>65,849</u>	<u>14,800</u>	<u>773,850</u>	<u>854,499</u>

<b>As at 31 March 2024</b>	<b>Restricted Funds £</b>	<b>Unrestricted Designated Funds £</b>	<b>Unrestricted General Funds £</b>	<b>Total £</b>
Tangible fixed assets	-	21,393	-	21,393
Other net assets	55,764	-	755,216	810,980
	<u>55,764</u>	<u>21,393</u>	<u>755,216</u>	<u>832,373</u>


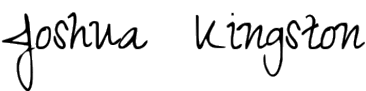
### 14 Related party transactions

There are no transactions with trustees or other related parties other than those disclosed as required by the SORP elsewhere in the financial statements and disclosed on page 9 of the Trustees Annual Report.

## Document Details

<b>Title</b>	NBSG Foodbank CIO YE 2025 TAR and accounts.pdf
<b>File Name</b>	NBSG Foodbank CIO YE 2025 TAR and accounts.pdf
<b>Document ID</b>	ec6ab744396046e794b5bd6062432f0c
<b>Fingerprint</b>	15d4d09ceda542630e7989379a40c32a
<b>Status</b>	<span>Completed</span>

## Document History

<b>Document Created</b>	Document Created by Burton Sweet (accounts@burton-sweet.co.uk) Fingerprint: 86fd0a834aaf2e4d207e2c5ce826f309	Jan 06 2026 02:02PM UTC
<b>Document Sent</b>	Document Sent to Stewart North (stewart@nbsg.foodbank.org.uk)	Jan 06 2026 02:02PM UTC
<b>Document Viewed</b>	Document Viewed by Stewart North (stewart@nbsg.foodbank.org.uk) IP: 81.154.189.87	Jan 06 2026 02:58PM UTC
<b>Document Signed</b>	Document Signed by Stewart North (stewart@nbsg.foodbank.org.uk) IP: 81.154.189.87 	Jan 06 2026 02:59PM UTC
<b>Document Sent</b>	Document Sent to Joshua Kingston (josh.kingston@burton-sweet.co.uk)	Jan 06 2026 02:59PM UTC
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<b>Document Completed</b>	This document has been completed. Fingerprint: 15d4d09ceda542630e7989379a40c32a	Jan 06 2026 05:23PM UTC

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

England & Wales - Charity number 1195058

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# Accounts

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# North Bristol and South Gloucestershire Foodbank CIO

Report of the Board of Trustees  
Year Ended 31 March 2024

Charity Registration Number 1195058



**16,125**

individuals received  
emergency food parcels

**£139,200**

secured in additional income  
for clients through Citizens  
Advice partnership

**38%**

of recipients  
were children

**241**

Christmas hampers  
distributed

**155**

tons of food  
distributed

**9**

food bank outlets  
across the region

**32**

tonnes of food collected  
during Christmas period

**20%**

of distributed food was  
purchased to meet demand

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# Reference & Administrative Information

**Charity name** North Bristol and South Gloucestershire Foodbank CIO

**Registered charity number** 1195058

**Principle office** 286 Filton Avenue  
Horfield  
Bristol  
BS7 0BA

**Trustees** Stewart North  
Christopher Richardson  
Sally Tate  
Rev Anthony Matthews  
Jonathan Ford  
Alistair Jenkins- Appointed 27th June 2024

**Bankers** The Co-operative Bank

**Independent Examiner** Joshua Kingston BSc, ACA  
Burton Sweet Limited  
The Clock Tower  
5 Farleigh Court  
Old Weston Road  
Flax Bourton  
Bristol  
BS48 1UR

# Overview

## Charity Document

The North Bristol and South Gloucestershire Foodbank CIO was registered on 5 July 2021. The activities and assets of the CIO were initially transferred to it by the predecessor charity North Bristol Foodbank (charity number 1157499, now dissolved). The objectives have been widened slightly in the CIO, the activities are considered to be continuous between the two organisations.

## Charity Objectives

The relief and prevention of poverty in the North Bristol and South Gloucestershire area for the benefit of the public by working with a network of care professionals to provide food parcels, items and related services including support and advice to any in need and delivering such services within a Christian ethos.

## Method of Appointment or Election of Trustees

The management of the charity is the responsibility of the Trustees who are appointed by resolution passed at a properly convened meeting of the charity trustees, as described in the CIO constitution. The charity trustees will make available to each new charity trustee, on or before his or her first appointment: (a) a copy of the current version of this constitution; and (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

## Organisational Structure and Decision Making

The organisation and running of North Bristol and South Gloucestershire Foodbank CIO is the responsibility of the Trustees. The Trustees employ a Food Bank Manager (line managed by the Chair of Trustees), Food Logistics Manager, Operations Coordinator, Warehouse Supervisor, Fresh Food Coordinator, Senior Administrator, Administrators and Volunteer Coordinator (all line managed by the Food Bank Manager) on a part-time basis. The charity is heavily reliant on a large number of volunteers who assist with running different aspects of the food bank.

## Aims of the Charity

Our food bank is part of The Trussell Trust's network, dedicated to addressing food poverty and hunger within our local communities and across the UK. Our mission is to provide emergency food parcels to individuals and families in crisis, referred to us by care professionals offering ongoing support. We are also committed to guiding food bank clients toward additional resources and services that can provide immediate relief or support longer-term solutions. Access to our food bank is available to anyone in need through a referral process.

# Charitable Activities

North Bristol and South Gloucestershire Foodbank is committed to providing nutritionally balanced emergency food parcels to individuals and families facing crisis. Through collaboration with a network of care professionals and in partnership with Citizens Advice, we aim to empower people to overcome immediate challenges and work toward reducing long-term reliance on food banks.

Our food bank operations are sustained by generous donations of in-date, non-perishable food from schools, churches, businesses, and individuals. Key events, such as Harvest Festival collections, alongside supermarket donation points, play a vital role in maintaining our stock. Volunteers are the backbone of our work, dedicating their time to sorting, checking, and distributing food parcels across our nine food bank outlets in the region.

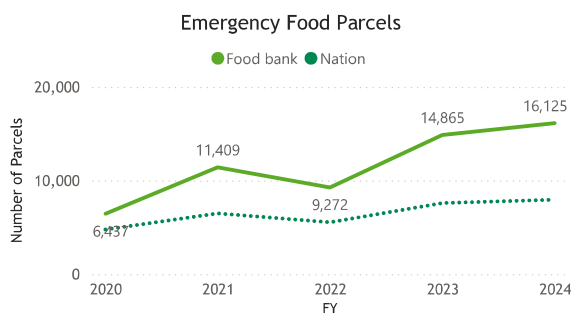
We collaborate with frontline professionals, including health visitors, social workers, and housing officers, who securely refer clients through the Trussell Trust's system. Each client receives three days' worth of emergency food alongside a warm welcome, refreshments, and guidance to services that can help address underlying issues.

Our partnership with Citizens Advice Bristol and South Gloucestershire enables us to offer additional support, including benefits advice, debt management services, and access to resources that promote financial stability and independence.

To ensure inclusivity, we accommodate dietary needs, provide culturally appropriate food, and offer multilingual support. With nine distribution points operating at various times and locations, we strive to meet the diverse needs of our community. For clients unable to access our outlets, we aim to arrange food parcel deliveries in collaboration with partner organisations.

We are committed to safeguarding the well-being of all those we serve. Robust policies and procedures are in place, overseen by designated safeguarding officers, ensuring a safe and supportive environment for everyone who engages with our services.

**“**  
**We serve our community with nutritionally balanced food parcels, warm welcomes, and practical support**



# Achievements & Performance

## Core Service Provision

In the last financial year, we provided emergency food parcels to 16,125 individuals, an increase of 8% from the previous year. Of those we served, 38% were children, highlighting the growing need among young families and the pressures that the cost-of-living crisis is placing on parents and caregivers. This shift underscores the increasing complexity of food insecurity, with many families relying on food banks as a necessary lifeline.



**Our advisors enabled clients to secure £139,268 in additional income**

## Food Distributed

We distributed over 155 tons of food, sourced both through generous community donations and increased purchases to meet rising demand. While community donations

remain vital to our operations, the gap between the food we receive and the needs we serve has widened, making it essential to purchase additional stock. This year, 20% of the food distributed was purchased, reflecting the ongoing pressures faced by our service users and the proactive measures we have taken to ensure that no one goes without.

## Responding to Growing Demand

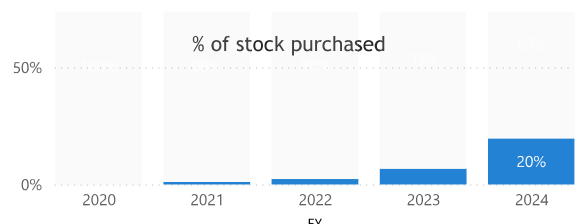
The ongoing cost-of-living crisis continues to exacerbate food insecurity across our region. While donations from schools, churches, businesses, and individuals remain a crucial part of our food supply, the gap between

demand and supply has continued to widen. To fill this gap, we have adjusted our operations to ensure the availability of enough nutritious food for our clients. Our decision to purchase an increased percentage of stock is a direct response to the increasing needs of individuals and families facing difficult circumstances.

We remain committed to ensuring that all who need support can access it, with no one turned away due to a lack of food. Through strategic partnerships and a focus on efficient distribution, we continue to adapt and evolve to meet the challenges of today's economic environment.

## Financial Inclusion

We fund advisors trained and supported by Citizens Advice whose role is to work specifically with our clients. Our collaboration with Citizens Advice South Gloucestershire and Citizens Advice Bristol has enabled our clients to access £139,268.40 in additional income through benefits, grants, and financial support this year. These financial interventions, combined with emergency food support, helped to address the root causes of their crises and provide a foundation for long-term stability.



## Fresh Food

This year, we expanded our commitment to providing fresh, nutritious, and culturally appropriate food for our clients. We introduced fresh food items such as onions, garlic, and cheese into our food parcels at two food bank outlets, with plans to roll this out to all nine outlets in the near future. These additions built upon our existing provision of bread and spread, enhancing the nutritional quality and variety of the food parcels.

To support clients in making the most of their food parcels, we developed recipe cards featuring simple, cost-effective meal ideas tailored to the ingredients typically included. These cards provided practical guidance for preparing nutritious meals, even with limited cooking facilities and budgets.

Looking ahead, we aim to build on this work by offering cooking courses that provide hands-on training and meal preparation techniques. These courses will empower clients with the skills and confidence to make the most of their food parcels, reduce waste, and embrace healthier eating habits.

The Fresh Food project has made a meaningful impact, and we look forward to expanding its reach and scope to continue addressing food insecurity in our community.

## Seasonal Events

Throughout the year, we ran several successful seasonal events to support individuals and families in need, while also engaging with the wider community raising awareness about food insecurity.

### Easter

To make Easter a special time for families, we distributed Easter bags containing extra food items, activities for children, and other treats. These bags provided families with the opportunity to enjoy the celebration together, while also easing the financial burden that holidays can bring.

### Harvest

During Harvest, we partnered with local primary schools to deliver 23 educational assemblies on food poverty. These sessions informed and inspired the younger generation about the importance of supporting those

in need. The schools also organised food collections, contributing to an impressive 6,950kg of donations, including non-perishable food and essential items, which were vital in replenishing our stocks.

### Christmas

Christmas was a particularly busy season. Our in-store collections at Tesco were exceptional, with Thornbury collecting 1,550.95kg and Golden Hill gathering 3,185.5kg of food. Combined with other Christmas period donations, we received an incredible 32 tonnes of food

over two months. Thanks to this generosity and our volunteers' dedication, we distributed 241 Christmas hampers to individuals and families referred by our partner agencies. These hampers included festive treats and essential items to ensure everyone could experience the joy of the holiday season, even in challenging circumstances.

These seasonal initiatives not only provided immediate relief to those facing food insecurity but also strengthened our connections with schools, businesses, and the wider community, fostering a shared commitment to addressing food insecurity.

## Staffing

Over the past year, we streamlined our staffing structure, moving from three part-time admin staff to one full-time and one part-time role, improving efficiency. As we developed our strategic plan, we identified the need to expand our team with a Campaign Coordinator and an Advice First Project Coordinator to focus on longer-term poverty reduction. These roles are planned to be filled in the next financial year. We also hired a part-time Communications and Fundraising Coordinator towards the end of the year to support our growing fundraising needs. Additionally, we maintained and expanded our partnerships with Citizens Advice Bristol and South Gloucestershire, with plans to improve the sustainability of our services by providing more consistent advice workers.



**Our Christmas appeal brought in 32 tonnes of food, helping 241 families celebrate the season**

## Volunteers

We are powered by the dedication and hard work of over 250 volunteers who play a vital role in our operations. Their responsibilities include sorting and organising food donations, managing stock, and preparing parcels, ensuring everything runs efficiently and effectively.

Our volunteer van teams are essential to the logistics of our foodbank. They transport food from our warehouse to outlets and collect donations from key points such as supermarkets, schools, and churches. These teams comprise drivers and driver's buddies, who work together to keep food moving where it's needed most.

Additionally, volunteers support our foodbank outlets directly. They assist clients by distributing food parcels, providing a friendly and understanding presence, and signposting them to further resources and services that can help address their needs.



## Our strategic plan shifts from emergency food to addressing root causes of poverty

This year, we have introduced a more robust induction and training process for all our volunteers to ensure they are fully equipped to deliver the best service. The enhanced training includes understanding safeguarding procedures,

learning about food safety standards, and developing skills in client engagement. This structured approach aims to increase the effectiveness of our volunteers while ensuring they feel confident in their roles.

Our volunteers not only keep the foodbank functioning but also foster a welcoming and supportive environment. Their efforts make a meaningful impact on individuals and families experiencing food insecurity in our community and we are so grateful for all they do!

## Partnership

Over the past year, we have continued our collaborations with several food and community groups across the city to ensure we are working together effectively to tackle food insecurity. This includes close partnerships with the two other Trussell Trust food banks in the city. Bristol North West Foodbank and

South and East Bristol Foodbank, and the wider regional network. By coordinating our efforts, we aim to prevent duplication of services, share resources, and ensure we are meeting the increasing demand for food support.

Our involvement with Feeding Bristol has enabled us to be part of a broader network of organisations dedicated to alleviating food poverty in the city. Feeding Bristol's One City Food Equality Strategy focuses on addressing food inequality in the city through collaborative efforts with over 80 groups, including food banks like ours, and we're committed to supporting the goal of a food-secure city.

Our partnership with local churches where our food bank outlets are based is essential to delivering services to those in need. These churches provide vital support by offering space, volunteers, and fostering community connections. They play a key role in ensuring that food parcels reach people facing food insecurity while creating a welcoming environment. By working together, we align our goals with the mission of local churches to support and uplift vulnerable members of the community, building stronger networks of care across the region.

## Sustainability

In response to the ongoing rise in demand and a decline in food donations, we have focused on building a sustainable strategy to ensure the continuity of our services. This has involved intensifying both fundraising and food-raising efforts to maintain sufficient stock for our food bank outlets and address the growing needs of our community.

To achieve this, we have engaged with local businesses, schools, and community groups to foster partnerships that support regular food contributions and financial donations. Innovative campaigns and events, such as supermarket collection drives and seasonal appeals, have also been key to keeping our shelves stocked.

Beyond food provision, we are committed to securing the financial resources necessary to sustain our wider services. This includes the financial inclusion support offered through our partnership with Citizens Advice, which provides clients with guidance on benefits, debt management, and other critical resources

to promote long-term stability. By diversifying funding streams and focusing on both immediate needs and preventative measures, we aim to build resilience into our operations and provide effective, compassionate support to those in crisis.

At the end of this financial year, we employed a Communications and Fundraising Coordinator to further strengthen our sustainability efforts. The primary remit of this role is to develop and implement strategic communications and fundraising campaigns, raise awareness of our mission, and build lasting relationships with donors and partners. This role also includes managing our online presence, creating compelling fundraising materials, and exploring new fundraising opportunities to ensure a consistent flow of support for our work. The addition of this position enhances our ability to reach a broader audience and secure the resources necessary to sustain our operations in the long term.

## Strategic Planning

This year, North Bristol and South Gloucestershire Foodbank developed a strategic plan focused on ending the need for food banks. Recognising that providing emergency food is a temporary solution, the plan shifts toward addressing the root causes of food poverty, while continuing to provide high-quality emergency food services for those in immediate crisis.

The plan was shaped through extensive consultations with key stakeholders, including referral agencies, church partners, clients, staff, volunteers, and trustees. Guided by the Trussell Trust's goals of "Changing Minds, Changing Policies, and Changing Communities," the process combined feedback with data analysis to identify priority needs and foster partnerships with other organisations and community groups.

From this work, our three year strategic plan emerged: To transform NBSG Foodbank into a compassionate Advice First model, guiding individuals toward lasting solutions, fostering community hubs that extend beyond emergency food, and changing perceptions to create empathy about poverty. Our commitment to efficiency, financial stability, and strategic planning ensures that every action brings us closer to a future without the need for food banks.

To expand on this we created 6 Strategic Goals:

### 1 Transitioning to an "Advice First" model to make food bank use a last resort

Make food bank use a last resort by prioritising advice and support-based approaches through collaboration with referral agencies and by using community signposting, ensuring individuals seek sustainable solutions beyond immediate food aid.

### 2 Preventing over-reliance by providing pathways to long-term solutions

Focus on minimising dependency on the food bank by establishing pathways to long-term solutions and affordable food. This involves incorporating signposting within food banks, guiding individuals toward resources that address underlying challenges. It also includes establishing move-on food provision to give people food support for a longer time while they find solutions to the challenges causing food insecurity.

### 3 Transforming food bank outlets into community hubs

Work towards food bank outlets becoming community hubs, a place not only where food is distributed, but where people can come to an inclusive space with activities and services to help foster well-being and a sense of local community.

### 4 Ensuring the provision of appropriate food and essentials

Ensure that we are consistently providing suitable food and essential items to meet the specific needs of service users, aligning assistance with their requirements and circumstances.

### 5 Changing perceptions and policies to foster empathy about poverty

Join the Trussell Trust network in challenging government and societal views on poverty by actively working to change minds and instil empathy. This involves outreach, campaigns, and educational initiatives to foster a more compassionate understanding of the challenges faced by those in need.

### 6 Operating efficiently and effectively

Operate as an organisation in the most efficient way possible in all areas of our work, to ensure our operations are sustainable and to maximise our impact in the community. This includes a focus on financial stability, minimising risks, streamlined processes, correct staffing infrastructure and succession planning.

This plan aligns with the vision of ending the need for food banks in our region, underpinned by our Christian ethos and values of compassion, justice, community, and dignity.

# Financial Review

In the year the charity received total income of £876,116, including the value of food received totalling £427,564. Expenditure for the year totalled £857,368, including food, vouchers and hampers distributed of £543,619.

At the year-end cash at bank and in hand was £711,402. Total funds were £832,373 of which £776,609 were unrestricted funds and £55,764 relates to restricted funds.

## Reserves Policy

The free reserves of the charity amount to £755,216, which represents the general funds as detailed in note 13. The trustees are assessing an appropriate reserve policy, in order to match reserves to the developing strategy of client support and pathway out of food poverty, as explained in the trustees report.

The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

## Related Party Disclosures

Mr Stewart North is also a trustee of EbeTrust and is a key management member of that charity. NBSGFB paid Ebetrust £12,348 in office rent during the period (2023: £10,058) and received a grant of £1,495 from them (2023: £750).

# A Message From Our Trustees

The trustees would like to thank all those who have supported the food bank over the past year, including our dedicated staff, volunteers, donors, churches, schools, businesses, and local organizations.

Your collective contributions have been vital in helping us meet the growing demand for our services and provide crucial support to individuals and families.

Looking ahead, we are excited for the opportunities the next year brings as we continue to work together towards our shared goal of alleviating food poverty and fostering a compassionate, supportive community.

# Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on Jan 23 2025

*Stewart North*

.....

Stewart North  
Chair of Trustees

# Independent Examiners Report to the Trustees

I report to the trustees on my examination of the accounts of North Bristol and South Gloucestershire Foodbank CIO (the Charity) for the year ended 31st March 2024.

## Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Joshua Kingston*

Joshua Kingston BSc, ACA  
Burton Sweet Ltd, Chartered Accountants  
The Clock Tower  
5 Farleigh Court  
Old Weston Road  
Flax Bourton  
Bristol BS48 1UR

Date: Jan 23 2025

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income from:</b>					
Donations and legacies	2	688,847	184,493	873,340	784,026
Investments		2,776	-	2,776	188
<b>Total income</b>		<u>691,623</u>	<u>184,493</u>	<u>876,116</u>	<u>784,214</u>
<b>Expenditure on:</b>					
Charitable activities	3	688,540	168,828	857,368	747,643
<b>Total expenditure</b>		<u>688,540</u>	<u>168,828</u>	<u>857,368</u>	<u>747,643</u>
<b>Net income/(expenditure)</b>	4	3,083	15,665	18,748	36,571
Transfers between funds	12	(15,858)	15,858	-	-
<b>Net movement in funds</b>		<u>(12,775)</u>	<u>31,523</u>	<u>18,748</u>	<u>36,571</u>
<b>Total funds at start of year</b>	12	789,384	24,241	813,625	777,054
<b>Total funds at end of year</b>	12	<u>776,609</u>	<u>55,764</u>	<u>832,373</u>	<u>813,625</u>

The Charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

**The notes on pages 16 to 25 form part of these financial statements**  
**See note 7 for fund-accounting comparative figures**

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## BALANCE SHEET

AS AT 31 MARCH 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	8	21,393	30,493
		<u>21,393</u>	<u>30,493</u>
<b>Current assets</b>			
Stock	9	95,366	77,210
Debtors	10	7,977	49,959
Cash at bank and in hand		711,402	659,804
		<u>814,745</u>	<u>786,973</u>
<b>Liabilities</b>			
Creditors: amounts falling due within one year	11	(3,765)	(3,841)
		<u>810,980</u>	<u>783,132</u>
<b>Net current assets</b>			
		<u>810,980</u>	<u>783,132</u>
<b>Net assets</b>			
		<u>832,373</u>	<u>813,625</u>
<b>FUNDS</b>			
<b>Unrestricted funds</b>			
General funds	13	755,216	758,891
Designated funds	13	21,393	30,493
<b>Restricted funds</b>			
	13	55,764	24,241
		<u>832,373</u>	<u>813,625</u>

These financial statements were approved by the Trustees on Jan 23 2025 and are signed on their behalf by:

*Stewart North*

Stewart North  
Chair of Trustees

The notes on pages 16 to 25 form part of these financial statements

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## CASH FLOW STATEMENT

YEAR ENDED 31 MARCH 2024

	Note	2024 £	2023 £
<b>Net cash (outflow)/inflow from operating activities</b>	<b>A</b>	51,598	(7,108)
<b>Non-operational cash flows:</b>			
<b>Investing activities</b>			
Payments for tangible fixed assets		-	(33,337)
		<u>-</u>	<u>(33,337)</u>
<b>Net cash inflow/(outflow) for the year</b>	<b>B</b>	<u>51,598</u>	<u>(40,445)</u>

### Cashflow Restrictions

Charity law prohibits the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own objects, except on special authority. In practice, this restriction has not had any effect on cash flows for the year.

### A Reconciliation of net movement in funds to net cash inflow from operating activities

	2024 £	2023 £
Statement of Financial Activities: Net movement in funds	18,748	36,571
Depreciation	9,100	9,183
Decrease in creditors: current liabilities	(76)	(20,273)
Decrease / (Increase) in debtors	41,982	(40,263)
(Increase) / Decrease in stock	(18,156)	7,674
<b>Net cash (outflow)/inflow from operating activities</b>	<u>51,598</u>	<u>(7,108)</u>

### B Analysis of changes in cash during the year

	2024 £	2023 £	Change £
Cash at bank and in hand	<u>711,402</u>	<u>659,804</u>	<u>51,598</u>
	<b>2023 £</b>	<b>2022 £</b>	<b>Change £</b>
Cash at bank and in hand	<u>659,804</u>	<u>700,249</u>	<u>(40,445)</u>

The notes on pages 16 to 25 form part of these financial statements

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 1 Accounting policies

#### **Accounting convention**

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The charity is a public benefit entity as defined under FRS102. The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

#### **Income**

Income from donations is included in income when these are receivable, except as follows:

- I. When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods;
- II. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Legacies are included on a receivable basis where charity is entitled to the income, it can be measured reliably and receipt is probable. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is not included in income but is treated as a contingent asset and disclosed if material.

Investment income is included on a receivable basis.

Donations in kind comprise donated services where the costs are measurable and the services would otherwise have to be paid for to maintain operational effectiveness.

Donations of goods are recognised on a receivable basis as donation and stock at fair value. This fair value is set at the price per kg recommended by The Trussell Trust.

#### **Expenditure**

Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

Food distributed to beneficiaries is recognised as expenditure on distribution and is valued on the same basis at the stock is recognised when received.

#### **Raising funds**

Raising funds expenditure include those costs incurred in seeking voluntary contributions, costs of goods sold and other costs which include the costs of running and participating in fundraising events and collections and cost of goods purchased for resale.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 1 Accounting policies (*continued*)

#### **Charitable Activities**

Grants awarded are allocated to charitable activities.

Grants awarded are treated as expenditure and a liability in the accounts as soon as they become legal or constructive obligations. In the case of multi-year grant awards, the funding for all years is immediately recognised unless there are conditions which need to be met by the recipient to enable the release of subsequent years' funding.

#### **Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. Governance costs are included within support costs.

#### **Pension costs and other post-retirement benefits**

The charity contributes to defined contribution pension schemes. Contributions payable to the charity's pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

#### **Tangible fixed assets**

Fixed assets are held at cost less accumulated depreciation. Assets costing less than £1,000 are not capitalised.

Depreciation is calculated so as to write off the cost of an asset, less its estimated ultimate residual value, over the useful life of that asset as follows:

Office Equipment - 25%; straight line
Computer Equipment - 5%; straight line
Motor Vehicles - 25%; straight line
Plant & Machinery - 25%; straight line

#### **Stock**

Stocks of food are valued by weight at average retail cost per kilogram, unless this is greater than net realisable value. Cost is determined using the first-in, first-out (FIFO).

#### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **Bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### **Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 1 Accounting policies (*continued*)

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds form part of unrestricted funds and have been identified as being for particular purposes by the Trustees. They are not restricted and can be transferred to general funds at any time at the discretion of the Trustees.

Further explanation of the nature and purpose of each fund is included in note 12 of the financial statements.

### 2 Income from: Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations	195,770	-	195,770
Grants	27,447	184,493	211,940
Gift aid reclaimed	38,066	-	38,066
Value of food received	427,564	-	427,564
	<u>688,847</u>	<u>184,493</u>	<u>873,340</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations	283,979	-	283,979
Grants	12,579	41,120	53,699
Gift aid reclaimed	36,892	-	36,892
Value of food received	409,456	-	409,456
	<u>742,906</u>	<u>41,120</u>	<u>784,026</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 3 Expenditure on: Charitable activities

	<b>Total Funds 2024 £</b>	Total Funds 2023 £
<i>Foodbank Activities</i>		
Value of food given out	542,755	445,751
Christmas Hampers	864	10,500
Wages	151,817	132,100
<i>Support costs</i>		
Accountancy fees	2,396	1,135
Advertising & Marketing	911	-
Bank Charges	-	2
Printing, Postage and Stationery	1,375	3,289
General Expenses	12,912	2,059
Cleaning	4,224	4,108
Gardening	538	574
Insurance	1,685	373
Light, Power, Heating	284	510
Outlet Winter Payment Grants	-	40,000
Motor expenses	3,028	8,719
IT Software and Consumables	1,672	3,761
Rent	51,977	37,258
Repairs & Maintenance	1,272	940
Staff Training	72	2,034
Pensions Costs	2,617	6,671
Subcontractor costs	63,017	32,702
Subscriptions	1,081	391
Telephone & Internet	1,003	2,911
Travel - National	(58)	32
<i>Governance costs</i>		
Depreciation Expense	9,100	9,183
Accounts preparation fees	1,884	1,760
Independent examination fee	942	880
	<u>857,368</u>	<u>747,643</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 4 Net income/(expenditure) for the year

This is stated after charging:		2024	2023
		£	£
Independent examiners' remuneration	- for examination services	942	880
	- for other services	1,884	1,760
Depreciation		9,100	9,183
		<u>9,926</u>	<u>11,823</u>

No Trustees have been reimbursed for their out of pocket travel expenses (2023: Nil). No Trustee received any remuneration during the year.

Aggregate donations from Trustees, key management personnel, and other related parties was £Nil (2023: £Nil).

### 5 Staff costs and numbers

The aggregate payroll costs were:		2024	2023
		£	£
Wages & salaries		147,924	129,295
Social security costs		3,266	2,805
Pension contributions		2,617	6,671
		<u>153,807</u>	<u>138,771</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 9 (2023: 9), calculated on the basis of average headcount. The total employment benefits received by key management personnel, which consists of the Trustees and Foodbank managers, including employer national insurance and employer pension were £34,517 (2023: £38,415).

### 6 Taxation

The charity is exempt from corporation tax on its charitable activities.

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

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**7 Statement of Financial Activities comparative figures**

<b>For the year ended 31 March 2023</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2023 £</b>
<b>Income from:</b>			
Donations and legacies	742,906	41,120	784,026
Investments	188	-	188
<b>Total income</b>	<u>743,094</u>	<u>41,120</u>	<u>784,214</u>
<b>Expenditure on:</b>			
Charitable activities	714,941	32,702	747,643
<b>Total expenditure</b>	<u>714,941</u>	<u>32,702</u>	<u>747,643</u>
<b>Net income/(expenditure) and net movement in funds</b>	28,153	8,418	36,571
<b>Total funds at start of year</b>	761,231	15,823	777,054
<b>Total funds at end of year</b>	<u>789,384</u>	<u>24,241</u>	<u>813,625</u>

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

**8 Tangible fixed assets**

	<b>Office Equipment £</b>	<b>Computer Equipment £</b>	<b>Motor Vehicles £</b>	<b>Plant &amp; Machinery £</b>	<b>Total £</b>
<b>Cost or valuation</b>					
At 1 April 2023	5,309	6,183	28,075	4,427	43,994
At 31 March 2024	<u>5,309</u>	<u>6,183</u>	<u>28,075</u>	<u>4,427</u>	<u>43,994</u>
<b>Depreciation</b>					
At 1 April 2023	3,066	491	8,520	1,424	13,501
Charge for the year	1,164	309	6,520	1,107	9,100
At 31 March 2024	<u>4,230</u>	<u>800</u>	<u>15,040</u>	<u>2,531</u>	<u>22,601</u>
<b>Net book value</b>					
At 31 March 2024	<u>1,079</u>	<u>5,383</u>	<u>13,035</u>	<u>1,896</u>	<u>21,393</u>
At 31 March 2023	<u>2,243</u>	<u>5,692</u>	<u>19,555</u>	<u>3,003</u>	<u>30,493</u>

**9 Stock**

	<b>2024 £</b>	<b>2023 £</b>
Food stocks on hand	95,366	77,210
	<u>95,366</u>	<u>77,210</u>

**10 Debtors**

	<b>2024 £</b>	<b>2023 £</b>
<b>Due in less than one year:</b>		
Prepayments and accrued income	7,873	46,505
Tax reclaimable under gift aid	104	3,454
	<u>7,977</u>	<u>49,959</u>

**11 Creditors: amounts falling due within one year**

	<b>2024 £</b>	<b>2023 £</b>
Accruals and deferred income	3,160	3,841
Pension scheme creditor	605	-
	<u>3,765</u>	<u>3,841</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

### 12 Movement in funds

For the year ended 31 March 2024

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 Mar 2024 £
<b>Restricted funds</b>					
Foodbank CA Bristol Advisor	24,241	-	(40,099)	15,858	-
Strategic Resources Fund	-	13,033	(8,689)	-	4,344
Feeding Bristol - Bristol Household Support Fund	-	25,854	(24,735)	-	1,119
Big Give Campaign	-	29,466	(29,466)	-	-
Community Organisations Cost of Living Fund	-	64,288	(64,288)	-	-
Foodbank CA South Glos Advisor	-	44,991	-	-	44,991
Volunteer & Trustee Development	-	6,861	(1,551)	-	5,310
	<u>24,241</u>	<u>184,493</u>	<u>(168,828)</u>	<u>15,858</u>	<u>55,764</u>
<b>Unrestricted funds</b>					
Tangible fixed assets	30,493	-	(9,100)	-	21,393
General funds	758,891	691,623	(679,440)	(15,858)	755,216
	<u>789,384</u>	<u>691,623</u>	<u>(688,540)</u>	<u>(15,858)</u>	<u>776,609</u>
<b>Total funds</b>	<u>813,625</u>	<u>876,116</u>	<u>(857,368)</u>	<u>-</u>	<u>832,373</u>

#### Restricted funds

##### Foodbank CA Bristol Advisor - The Trussell Trust Financial Inclusion Grant

Funding for the provision of an advice service by Citizen's Advice Bristol, covering full time salary and other costs related to having a food bank designated advice worker.

A transfer from general funds has been included to cover the overspend in the year.

##### Strategic Resources Fund - The Trussell Trust Together for Change Strategic Resources/ Planning Grant

Funding to enable NBSG Foodbank to create a strategic plan, including staff time to plan and carry out consultations with all main stakeholders in order to create a plan that is suitable, relevant and needed.

##### Feeding Bristol - Bristol Household Support Fund

Funding for expanding the provision of fresh food to all food bank users of all outlets of NBSG food bank, including purchasing food, buying fridges, staff employment, creation of recipe cards and cooking courses.

##### Big Give Campaign - Big Give Trust, Thornbury Baptist & Resound Trust

Pledges for match funding for the Big Give campaign and additional funding receiving from the Big Give campaign to match fund the pledges given by partner churches.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 12 Movement in funds (*continued*)

#### **Community Organisations Cost of Living Fund - The National Lottery Community Fund**

Funding to help towards the cost of buying food for food bank, including rent for premises and staff time, and also the cost of a CA advisor salary for a Financial Inclusion project within food bank outlets.

#### **Foodbank CA South Glos Advisor - The Trussell Trust**

Funding for the provision of an advice service by Citizen's Advice South Glos, covering full time salary and other costs related to having a food bank designated advice worker and part time debt advisor.

#### **Volunteer & Trustee Development - The Trussell Trust Together for Change**

Funding to enable NBSG Foodbank to better look after and support our team of volunteers by developing a volunteer wellbeing role and required training and staff supervision, as well as enrol teams on first aid and food hygiene training to ensure all outlets are trained and compliant in these areas.

#### **Designated funds**

Tangible fixed assets - these funds represent the value of tangible fixed assets held in the Balance Sheet and are included within a separate designated fund to indicate that these funds are not available to be spent within general funds or free reserves without the sale of the assets.

#### **For the year ended 31 March 2023**

	<b>At 1 April 2022 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Transfers £</b>	<b>At 31 Mar 2023 £</b>
<b>Restricted funds</b>					
Foodbank CA Advisor	15,823	41,120	(32,702)	-	24,241
	<u>15,823</u>	<u>41,120</u>	<u>(32,702)</u>	<u>-</u>	<u>24,241</u>
<b>Unrestricted funds</b>					
Tangible fixed assets	6,339	-	(9,183)	33,337	30,493
General funds	754,892	743,094	(705,758)	(33,337)	758,891
	<u>761,231</u>	<u>743,094</u>	<u>(714,941)</u>	<u>-</u>	<u>789,384</u>
<b>Total funds</b>	<u>777,054</u>	<u>784,214</u>	<u>(747,643)</u>	<u>-</u>	<u>813,625</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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### 13 Analysis of net assets between funds

	<b>Restricted Funds</b>	<b>Unrestricted Designated Funds</b>	<b>Unrestricted General Funds</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>As at 31 March 2024</b>				
Tangible fixed assets	-	21,393	-	21,393
Other net assets	55,764	-	755,216	810,980
	<u>55,764</u>	<u>21,393</u>	<u>755,216</u>	<u>832,373</u>
	<b>Restricted Funds</b>	<b>Unrestricted Designated Funds</b>	<b>Unrestricted General Funds</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>As at 31 March 2023</b>				
Tangible fixed assets	-	30,493	-	30,493
Other net assets	24,241	-	758,891	783,132
	<u>24,241</u>	<u>30,493</u>	<u>758,891</u>	<u>813,625</u>

### 14 Related party transactions

There are no transactions with trustees or other related parties other than those disclosed as required by the SORP elsewhere in the financial statements and disclosed on page 9 of the Trustees Annual Report.

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

England & Wales - Charity number 1195058

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# Accounts

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**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

**Charity Registration Number 1195058**

# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

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**YEAR ENDED 31 MARCH 2023**

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# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **REFERENCE AND ADMINISTRATIVE INFORMATION**

**YEAR ENDED 31 MARCH 2023**

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**Charity name** North Bristol and South Gloucestershire Foodbank CIO

**Registered charity number** 1195058

**Principle office** 286 Filton Avenue  
Horfield  
Bristol  
BS7 0BA

**Trustees** Stewart North  
Christopher Richardson  
Sally Tate  
Rev Anthony Matthews  
Jonathan Ford

**Bankers** The co-operative bank

**Independent Examiner** Joshua Kingston BSc, ACA  
Burton Sweet Limited  
The Clock Tower  
5 Farleigh Court  
Old Weston Road  
Flax Bourton  
Bristol BS48 1UR

# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **REPORT OF THE BOARD OF TRUSTEES**

**YEAR ENDED 31 MARCH 2023**

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The trustees present their Annual Report and Financial Statements for the year ended 31 March 2023.

### **CHARITY DOCUMENT**

The North Bristol and South Gloucestershire Foodbank CIO was registered on 5 July 2021.

The activities and assets of the CIO were initially transferred to it by the predecessor charity North Bristol Foodbank (charity number 1157499, now dissolved). The objects have been widened slightly in the CIO, the activities are considered to be continuous between the two organisations.

### **CHARITY OBJECTIVES**

The relief and prevention of poverty in the North Bristol and South Gloucestershire area for the benefit of the public by working with a network of care professionals to provide food parcels, items and related services including support and advice to any in need and delivering such services within a Christian ethos.

### **METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES**

The management of the charity is the responsibility of the Trustees who are appointed by resolution passed at a properly convened meeting of the charity trustees, as described in the CIO constitution.

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

### **ORGANISATIONAL STRUCTURE AND DECISION MAKING**

The organisation and running of North Bristol and South Gloucestershire Foodbank CIO is the responsibility of the Trustees. The Trustees employ a foodbank manager (line managed by the chair of trustees), Food Logistics Manager, Operations Coordinator, Warehouse Supervisor, Fresh Food Coordinator, Senior Administrator, Administrators and Volunteer Coordinator (all line managed by foodbank manager) on a part-time basis.

The charity is heavily reliant on a large number of volunteers who assist with running different aspects of the foodbank.

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# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **REPORT OF THE BOARD OF TRUSTEES**

**YEAR ENDED 31 MARCH 2023**

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### **AIMS OF THE CHARITY**

Our foodbank is part of The Trussell Trust's network of 428 foodbanks, working to tackle food poverty and hunger in our local communities, as well as across the UK. Our aims are to alleviate poverty through the provision of foodbank parcels to those in crisis. All clients are referred to us by care professionals working longer term with them. We also aim to signpost foodbank clients to other support and services available to help with immediate resolutions or long term solutions. Anyone in need can be referred to the foodbank.

### **CHARITABLE ACTIVITIES**

At North Bristol and South Glos Foodbank, we provide nutritionally- balanced emergency food to people in crisis who have been referred to a food bank, and work with a network of care professionals and in partnership with Citizens Advice to provide signposting and support to services so that individuals no longer need to use a food bank.

Schools, churches, businesses and individuals donate non-perishable, in-date food to a food bank. Large collections often take place as part of Harvest Festival celebrations and food is also collected at local supermarkets where we have a collection point.

Volunteers sort food to check that it's in date in our warehouse space and then this is distributed to our food bank outlet locations where people in need are referred to collect food.

Our food bank partners with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a food bank voucher. This is done on a secure data system that we use, provided to us by Trussell Trust, who we are in partnership with.

Food bank clients have an appointment at one of our 9 food bank outlets where it can be redeemed for three days' emergency food and essential items. Volunteers meet clients over a warm drink and cake and are able to signpost people to agencies able to solve the longer-term problem.

We have developed partnerships with Citizens Advice Bristol and Citizens Advice South Gloucestershire where we employ advice workers who solely work to find extra support for food bank clients with the aim of them not needing to be referred to a food bank.

### **ACHIEVEMENTS AND PERFORMANCE**

#### **Overview**

We have been operating as a food bank for 11 years, successfully providing emergency food support to thousands of individuals and families in North Bristol and South Gloucestershire.

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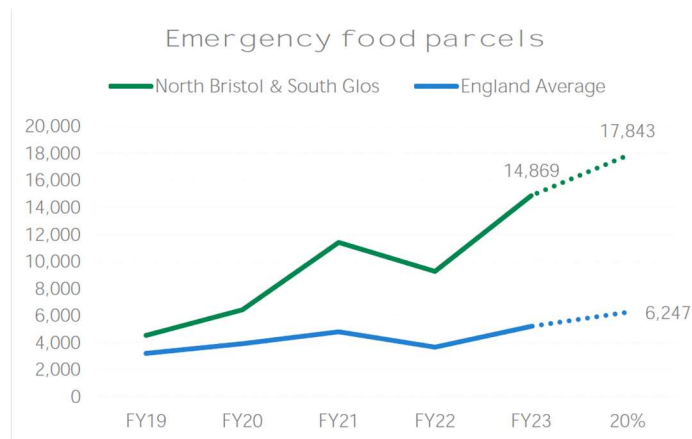
# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## REPORT OF THE BOARD OF TRUSTEES

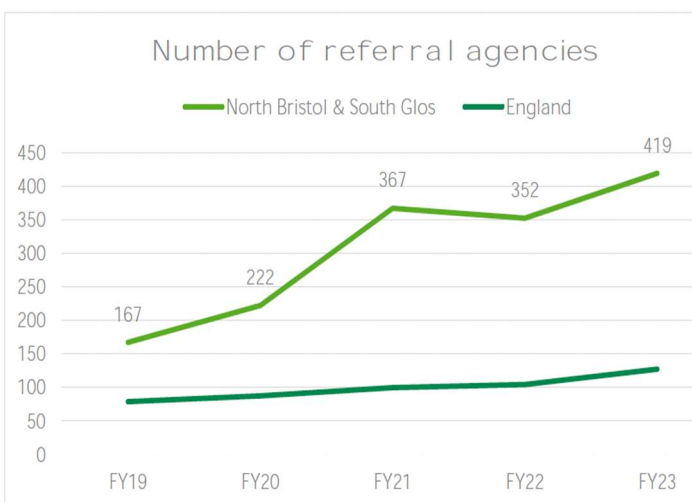
### YEAR ENDED 31 MARCH 2023

However, more people in our local communities are going hungry, and this shouldn't be the case. In the last financial year, we fed 14,869 people with over 190,000kg of food.

We provide essential support for lower socio-economic groups by addressing immediate food insecurity needs and offering additional services to help individuals and families overcome the challenges they face.



We take active measures to ensure that our services are accessible to all members of the community. This includes accommodating dietary restrictions, offering multilingual support, and providing culturally appropriate food. We have 9 food bank outlets running on different days and times across North Bristol and South Gloucestershire, and, when our capacity allows, provide delivery of food parcels where someone is unable to attend an outlet. We partner with a wide range of organisations in order that many demographics are able to hear about our services. We are continually seeking feedback from our community to identify and eliminate barriers to access, allowing us to better serve those who need us.



The food bank operates on a referral basis, where those in crisis can be referred by a frontline professional agency to receive a food parcel. During 2022/23, we had 419 referral agencies referring people to us.

Those referred include single people, couples and families of all ages. 40% of those referred are under 18 and this number is rising. Many come to us with complex needs such as low income, debt, addiction, long term physical and mental health issues etc. We're seeing increasing numbers of people in

employment needing to use the food bank.

Last year across Bristol & South Gloucestershire there was a 22% increase in the number of people receiving a food bank parcel from the previous year. As a result of the cost-of-living

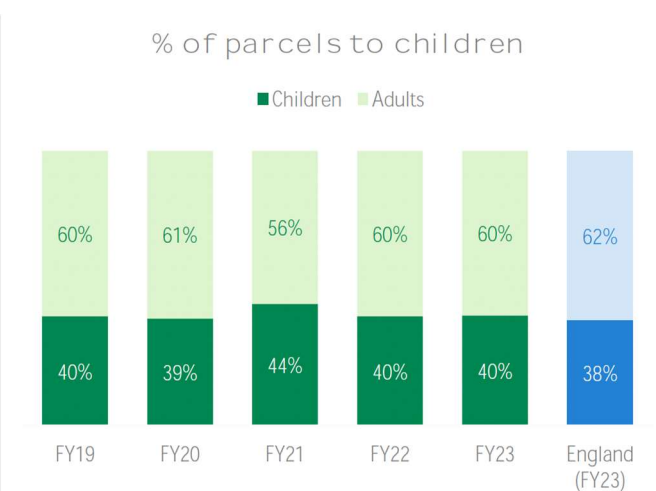
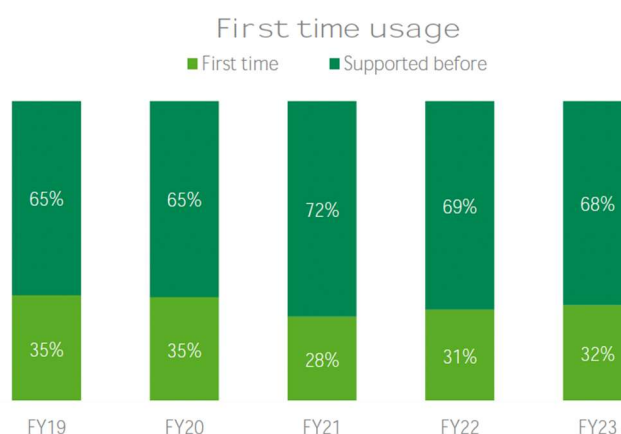
# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## REPORT OF THE BOARD OF TRUSTEES

### YEAR ENDED 31 MARCH 2023

crisis, we have seen a huge rise in demand for our services and also a significant decrease in the food donations we receive.

We have cultivated strong relationships and links within the community that enhance our ability to deliver impactful work: We actively collaborate with other local food banks, community organisations, and government agencies to ensure a coordinated approach to addressing food insecurity. This ensures that resources are allocated efficiently and avoids duplication of services. We collaborate with local places of worship and faith-based groups allowing us to reach a wider audience and extend our support network. Churches serve as food bank outlets and provide volunteer resources. Several of our food bank outlets run alongside community cafes. We engage with local businesses and corporations that share our commitment to community well-being. These partnerships provide opportunities for financial donations and volunteer involvement. Our work also addresses gaps in local services: While some organisations focus solely on food distribution, our collaboration with Citizens Advice fills a critical gap by providing comprehensive services, such as benefits advice and debt management. This integrated approach addresses the root causes of food insecurity and offers a pathway to long-term stability. Many local activities and services operate in silos. Our food bank seeks to bridge these gaps by coordinating efforts, sharing resources, and ensuring that individuals in crisis receive access to a range of support services, ultimately streamlining the process of seeking help.



We complement local advocacy efforts aimed at poverty reduction and social justice by actively participating in awareness campaigns put together by the Trussell Trust and advocating for policies that address the systemic issues contributing to food insecurity.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## REPORT OF THE BOARD OF TRUSTEES

### YEAR ENDED 31 MARCH 2023

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We actively involve clients in shaping our services. Client feedback and suggestions are used to help us ensure we are responsive to the community's needs. We involve community representatives in key decisions about resource allocation, project expansion, and service improvements; Most recently, we have been planning a series of consultations with key stakeholders to inform our strategic plan that we will be launching in early 2024. These consultations will take place during Summer/Autumn 2023.

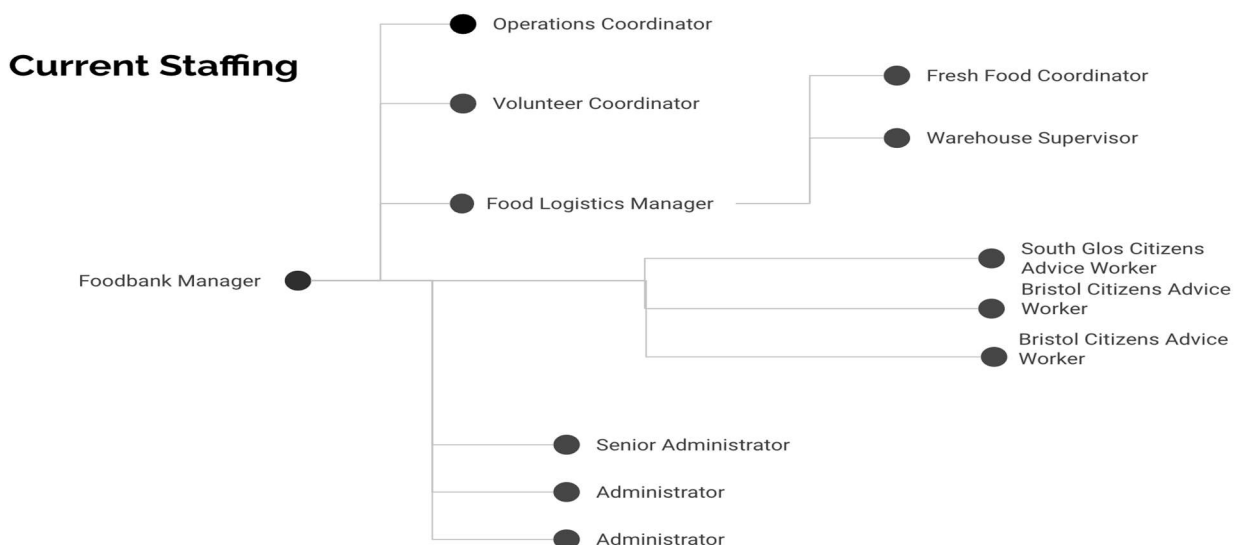
By actively involving the local community, we not only gain a deeper understanding of their needs but also ensure that our services are tailored to those needs. Our approach fosters a sense of ownership and shared responsibility among community members, making them partners with us in tackling food insecurity and ultimately building community resilience.

We have robust safeguarding policies and procedures in place and have designated safeguarding officers responsible for monitoring and responding to any safeguarding concerns. These measures ensure that our organisation is a safe and supportive environment for all those we serve.

This year has been a huge challenge following the covid-19 pandemic when we have seen even greater demand for our services as the cost of living has increased for all. Our long-term vision is to see an end to the need for this food bank. This is a huge vision which the trustees have started to discuss further in early 2023 and we are looking forward to formulating the strategy and understanding the resources we need to make this happen.

### Staffing

At the end of this financial year, we had nine members of staff (one full time and eight part time). This has been a significant growth to enhance our operational efficiency and enable us to meet rising demand for our services. This also gives us the capacity to put together a strategy for the future. Additionally, in our commitment to financial inclusion, we have 3 Citizen Advice workers, working solely for our food bank, with their salaries covered by us.



# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## REPORT OF THE BOARD OF TRUSTEES

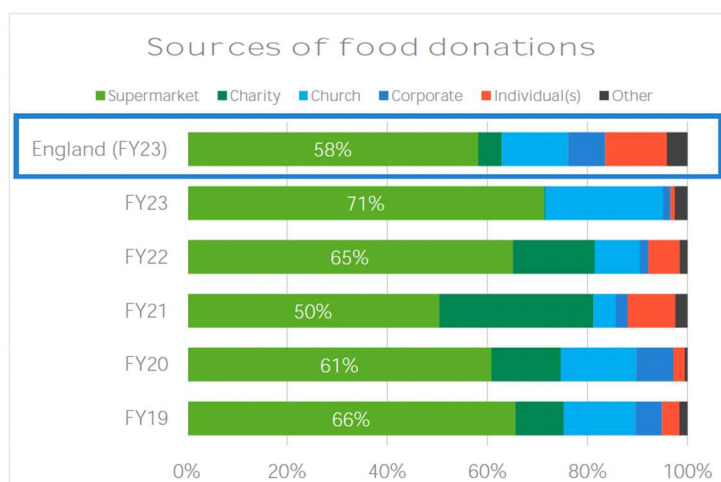
### YEAR ENDED 31 MARCH 2023

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Our staffing structure shows the line management of each member of staff, with our food bank manager being line-managed by our Chair of Trustees. All staff are encouraged to undergo training and professional development where necessary. We have also had dedicated team days aimed at enhancing collaboration. We prioritise the wellbeing of our staff by actively addressing mental health and providing appropriate support.

### Food Donations and Storage

This financial year, we received generous donations of food and essential items from the public, with our highest source coming from local supermarket collection points. Our total stock in was 172,766.05kg, while our total stock out amounted 190,119.77kg. Due to a decrease in food donations from the local community and a surge in demand for our services, we found ourselves beginning to rely on regular purchasing of food to close the gap. 8.68% (15 tonnes) of our incoming stock was acquired through purchases and we anticipate this percentage will continue to rise.



We have been renting the Horfield United Reformed Church buildings as our warehouse space. Our Food Logistics Manager has diligently implemented comprehensive policies and procedures, ensuring a safe and secure environment for staff and volunteers and proper storage of food and essential items.

### Volunteers

Our operations depend on approximately 250 dedicated volunteers from the local community who regularly contribute their time and expertise to support our work. Volunteers play a role in areas such as food sorting, van driving, distribution, client support, and advocacy efforts. Additionally, our board of trustees is comprised of volunteers. We provide training for all the roles within the food bank and are looking to establish more specialised training opportunities in the future. This initiative aims to empower volunteers, not only to fulfil their roles effectively, but also to gain an understanding of the broader issues related to food insecurity.

### Financial Inclusion and Signposting

We offer direct support to low-income households by providing emergency food assistance through our food bank. The parcels from our food bank provide essential items to individuals and families facing financial hardship.

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# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **REPORT OF THE BOARD OF TRUSTEES**

**YEAR ENDED 31 MARCH 2023**

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In partnership with Citizens Advice, we offer a range of services that benefit our community, such as benefits advice and debt management. These services address the root causes of an individual's financial challenges, helping them move toward greater self-sufficiency. We ensure that individuals receiving assistance from us are treated with dignity and respect, minimising stigma associated with food insecurity.

We actively conduct surveys to get client feedback, and consult with our network of care professionals, volunteers, and local agencies. This helps us understand the evolving needs of our community. We maintain strong relationships with frontline professionals including community partners, schools, local government agencies, and social service organisations, which provide valuable insights into the challenges faced by our clients.

Through our partnership with Citizens Advice South Gloucestershire (CASG), our advisor has achieved £27,418 of financial gains for users of our food bank outlets in South Gloucestershire.

One of our clients said about our CASG advisor: "She really helped me and made my anxiety a lot better with a grant to get a cooker and an appointment to help manage my debts. I cannot thank her enough. She is a credit to your organisation."

Finally, we will continue our mission to tackle food insecurity and promote financial inclusion, working collaboratively with the community to create a stronger and more resilient North Bristol and South Gloucestershire.

### **Financial Review**

In the year the charity received total income of £784,214, including the value of food received totalling £409,456.

Expenditure for the year totalled £747,643, including food, vouchers and hampers distributed of £456,251.

At the year-end cash at bank and in hand was £659,804. Total funds were £813,625 of which £758,891 were general funds and free reserves.

#### *Reserves Policy*

Due to the significant public support in the year, both in funds and donated food and other items, reserves have risen significantly in the year. The Charity has more than doubled the amount of foodbank activity to beneficiaries this year and has done so in a responsible, well managed way, in line with the principles of good governance. The board is currently assessing the charity's future strategy and an appropriate reserve policy.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## REPORT OF THE BOARD OF TRUSTEES

YEAR ENDED 31 MARCH 2023

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### STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on 14 February 2024.

*Stewart North*

.....  
Stewart North  
Chair of Trustees

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2021

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### Independent examiner's report to the trustees of North Bristol and South Gloucestershire Foodbank CIO

I report to the trustees on my examination of the accounts of North Bristol and South Gloucestershire Foodbank CIO (the Charity) for the year ended 31 March 2023.

#### Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Joshua Kingston*

Joshua Kingston BSc. ACA  
Burton Sweet Limited Chartered Accountants  
The Clock Tower  
5 Farleigh Court  
Old Weston Road  
Flax Bourton  
Bristol BS48 1UR

Date: 14 February 2024

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# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2023

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	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Income from:</b>					
Donations and legacies	2	742,906	41,120	784,026	616,354
Investments		188	-	188	-
<b>Total income</b>		<u>743,094</u>	<u>41,120</u>	<u>784,214</u>	<u>616,354</u>
<b>Expenditure on:</b>					
Charitable activities	3	714,941	32,702	747,643	482,042
<b>Total expenditure</b>		<u>714,941</u>	<u>32,702</u>	<u>747,643</u>	<u>482,042</u>
<b>Net income/(expenditure) and net movement in funds</b>	4	28,153	8,418	36,571	134,312
<b>Total funds at start of year</b>	14	761,231	15,823	777,054	642,742
<b>Total funds at end of year</b>	14	<u>789,384</u>	<u>24,241</u>	<u>813,625</u>	<u>777,054</u>

The Charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

Seen note 17 for information related to merger accounting.

**The notes on pages 14 to 24 form part of these financial statements  
See note 7 for fund-accounting comparative figures**

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## BALANCE SHEET

AS AT 31 MARCH 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	8	30,493	6,339
		<u>30,493</u>	<u>6,339</u>
<b>Current assets</b>			
Stock	9	77,210	84,884
Debtors	10	49,959	9,696
Cash at bank and in hand		659,804	700,249
		<u>786,973</u>	<u>794,829</u>
<b>Liabilities</b>			
Creditors: amounts falling due within one year	11	(3,841)	(24,114)
		<u>783,132</u>	<u>770,715</u>
<b>Net current assets</b>			
		<u>813,625</u>	<u>777,054</u>
<b>Net assets</b>			
<b>FUNDS</b>			
<b>Unrestricted funds</b>			
General funds	15	758,891	754,892
Designated funds	15	30,493	6,339
<b>Restricted funds</b>			
	15	24,241	15,823
		<u>813,625</u>	<u>777,054</u>
<b>Total funds</b>			

These financial statements were approved by the Trustees on 14 February 2024 and are signed on their behalf by:

*Stewart North*

Stewart North  
Chair of Trustees

The notes on pages 14 to 24 form part of these financial statements

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**CASH FLOW STATEMENT**  
**YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2022 £
Net cash (outflow)/inflow from operating activities	12	(7,108)	155,364
<b>Non-operational cash flows:</b>			
<b>Investing activities</b>			
Payments for tangible fixed assets		(33,337)	(6,227)
		<u>(33,337)</u>	<u>(6,227)</u>
<b>Net cash inflow/(outflow) for the year</b>	<b>13</b>	<u><u>(40,445)</u></u>	<u><u>149,137</u></u>

**Cashflow Restrictions**

Charity law prohibits the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own objects, except on special authority. In practice, this restriction has not had any effect on cash flows for the year.

**The notes on pages 14 to 24 form part of these financial statements**

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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### 1 Accounting policies

#### Accounting convention

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The charity is a public benefit entity as defined under FRS102. The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

#### Merger accounting

The transfer of trade and assets from North Bristol Foodbank (registration number 1157499) to North Bristol and South Gloucestershire Foodbank CIO meets the criteria for merger accounting and this treatment best represents the change and commencement of the CIO. Under merger accounting, the assets, liabilities and funds of the combining charities are presented as though they had always been part of the same reporting charity. The prior year figures in these accounts are therefore 'combined' figures. As the transfer date is sufficiently close to 31 March 2022, the 2022 year contains the activities of the original charity and the 2023 year contains the activity of the successor charity. The closing assets of the prior charity are considered the opening assets of the CIO under merger accounting. See note 17 for more details.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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### 1 Accounting policies (*continued*)

#### **Income**

Income from donations is included in income when these are receivable, except as follows:

I. When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods;

II. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Legacies are included on a receivable basis where charity is entitled to the income, it can be measured reliably and receipt is probable. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is not included in income but is treated as a contingent asset and disclosed if material.

Investment income is included on a receivable basis.

Donations in kind comprise donated services where the costs are measurable and the services would otherwise have to be paid for to maintain operational effectiveness.

Donations of good are recognised on a receivable basis as donation and stock at fair value. This fair value is set at the price per kg recommended by The Trussell Trust.

#### **Expenditure**

Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

Food distributed to beneficiaries is recognised as expenditure on distribution and is valued on the same basis as the stock is recognised when received.

#### **Raising funds**

Raising funds expenditure include those costs incurred in seeking voluntary contributions, costs of goods sold and other costs which include the costs of running and participating in fundraising events and collections and cost of goods purchased for resale.

#### **Charitable Activities**

Grants awarded are allocated to charitable activities.

Grants awarded are treated as expenditure and a liability in the accounts as soon as they become legal or constructive obligations. In the case of multi-year grant awards, the funding for all years is immediately recognised unless there are conditions which need to be met by the recipient to enable the release of subsequent years' funding.

#### **Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. Governance costs are included within support costs.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

---

### 1 Accounting policies (*continued*)

#### Pension costs and other post-retirement benefits

The charity contributes to defined contribution pension schemes. Contributions payable to the charity's pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

#### Tangible fixed assets

Fixed assets are held at cost less accumulated depreciation. Depreciation is calculated so as to write off the cost of an asset, less its estimated ultimate residual value, over the useful life of that asset as follows:

Office Equipment - 25%; straight line  
Computer Equipment - 5%; straight line  
Motor Vehicles - 25%; straight line

#### Stock

Stocks of food are valued by weight at average retail cost per kilogram, unless this is greater than net realisable value. Cost is determined using the first-in, first-out (FIFO).

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds form part of unrestricted funds and have been identified as being for particular purposes by the Trustees. They are not restricted and can be transferred to general funds at any time at the discretion of the Trustees.

Further explanation of the nature and purpose of each fund is included in note 14 of the financial statements.

### 2 Income from: Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Donations	283,979	-	283,979	239,854
Grants	12,579	41,120	53,699	53,182
Gift aid reclaimed	36,892	-	36,892	33,540
Value of food received	409,456	-	409,456	289,778
	<u>742,906</u>	<u>41,120</u>	<u>784,026</u>	<u>616,354</u>

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# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

### 2 Income from: Donations and legacies (*continued*)

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations	239,854	-	239,854
Grants	6,579	46,603	53,182
Gift aid reclaimed	33,540	-	33,540
Value of food received	289,778	-	289,778
	<u>569,751</u>	<u>46,603</u>	<u>616,354</u>

### 3 Expenditure on: Charitable activities

	<b>Total Funds 2023 £</b>	Total Funds 2022 £
<i>Foodbank Activities</i>		
Value of food given out	445,751	312,504
Christmas Supermarket Vouchers	-	25,300
Christmas Hampers	10,500	945
Wages	132,100	94,866
<i>Support costs</i>		
Accountancy fees	1,135	757
Bank Charges	2	25
Charitable Donations	-	3,105
Printing, Postage and Stationery	3,289	1,991
General Expenses	6,128	3,981
Cleaning	4,108	3,146
Gardening	574	550
Insurance	373	1,197
Light, Power, Heating	36,441	380
Motor expenses	8,719	2,262
IT Software and Consumables	3,761	-
Rates	-	103
Rent	37,258	25,775
Repairs & Maintenance	940	470
Staff Training	2,034	12
Pensions Costs	6,671	268
Subcontractor costs	32,702	921
Subscriptions	391	684
Telephone & Internet	2,911	67
Travel - National	32	26
Subtotal	<u>735,820</u>	<u>479,335</u>

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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### 3 Expenditure on: Charitable activities (continued)

As per subtotal	735,820	479,335
<i>Governance costs</i>		
Depreciation Expense	9,183	1,507
Accounts preparation fees	1,760	1,200
Independent examination fee	880	-
	<u>747,643</u>	<u>482,042</u>

### 4 Net income/(expenditure) for the year

This is stated after charging:	<b>2023</b>	<b>2022</b>
	£	£
Independent examiners' remuneration - for examination services	880	-
- for other services	1,760	1,200
Depreciation	9,183	1,507
	<u>9,183</u>	<u>1,507</u>

No Trustees have been reimbursed for their out of pocket travel expenses (2022: Nil). No Trustee received any remuneration during the year.

Aggregate donations from Trustees, key management personnel, and other related parties was £Nil (2022: £Nil).

### 5 Staff costs and numbers

The aggregate payroll costs were:	<b>2023</b>	<b>2022</b>
	£	£
Wages & salaries	132,100	66,013
Pension contributions	6,671	268
	<u>138,771</u>	<u>66,281</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 9 (2022: 7), calculated on the basis of average headcount. The total employment benefits received by key management personnel, which consists of the Trustees and Foodbank managers, including employer national insurance and employer pension were £38,415 (2022: £28,128).

### 6 Taxation

The charity is exempt from corporation tax on its charitable activities.

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# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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### 7 Statement of Financial Activities comparative figures

For the year ended 31 March 2022	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Income from:</b>			
Donations and legacies	569,751	46,603	616,354
<b>Total income</b>	<u>569,751</u>	<u>46,603</u>	<u>616,354</u>
<b>Expenditure on:</b>			
Charitable activities	451,100	30,942	482,042
<b>Total expenditure</b>	<u>451,100</u>	<u>30,942</u>	<u>482,042</u>
<b>Net income/(expenditure) for the year</b>	118,651	15,661	134,312
<b>Transfers between funds</b>	(162)	162	-
<b>Net movement in funds</b>	<u>118,489</u>	<u>15,823</u>	<u>134,312</u>
<b>Total funds at start of year</b>	642,742	-	642,742
<b>Total funds at end of year</b>	<u>761,231</u>	<u>15,823</u>	<u>777,054</u>

Please note that the 31 March 2022 comparative figures relate to the activity of North Bristol Foodbank, charity number 1157499. See note 17 for more details.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

### 8 Tangible fixed assets

	Office Equipment £	Computer Equipment £	Motor Vehicles £	Plant & Machinery £	Total £
<b>Cost or valuation</b>					
At 1 April 2022	4,541	2,875	2,000	1,241	10,657
Additions	768	3,308	26,075	3,186	33,337
At 31 March 2023	5,309	6,183	28,075	4,427	43,994
<b>Depreciation</b>					
At 1 April 2022	1,826	180	2,000	312	4,318
Charge for the year	1,240	311	6,520	1,112	9,183
At 31 March 2023	3,066	491	8,520	1,424	13,501
<b>Net book value</b>					
At 31 March 2023	2,243	5,692	19,555	3,003	30,493
At 31 March 2022	2,715	2,695	-	929	6,339

### 9 Stock

	2023 £	2022 £
Food stocks on hand	77,210	84,884
	77,210	84,884

### 10 Debtors

	2023 £	2022 £
<b>Due in less than one year:</b>		
Prepayments and accrued income	46,505	6,760
Tax reclaimable under gift aid	3,454	2,936
	49,959	9,696

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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### 11 Creditors: amounts falling due within one year

	<b>2023</b>	2022
	£	£
Taxes and social security	-	2,504
Accruals and deferred income	3,841	9,424
Pension scheme creditor	-	140
Other creditors	-	12,046
	<u>3,841</u>	<u>24,114</u>

### 12 Reconciliation of net movement in funds to net cash inflow from operating activities

	<b>2023</b>	2022
	£	£
Statement of Financial Activities: Net movement in funds	36,571	134,312
Depreciation	9,183	1,507
Decrease in creditors: current liabilities	(20,273)	(569)
Increase in debtors	(40,263)	(75)
Decrease in stock	7,674	20,189
<b>Net cash (outflow)/inflow from operating activities</b>	<u>(7,108)</u>	<u>155,364</u>

### 13 Analysis of changes in cash during the year

	<b>2023</b>	2022	<b>Change</b>
	£	£	£
Cash at bank and in hand	<u>659,804</u>	<u>700,249</u>	<u>(40,445)</u>
	<b>2022</b>	2021	<b>Change</b>
	£	£	£
Cash at bank and in hand	<u>700,249</u>	<u>551,112</u>	<u>149,137</u>

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# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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### 14 Movement in funds

For the year ended 31 March 2023

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 Mar 2023 £
<b>Restricted funds</b>					
Foodbank CA Advisor	15,823	41,120	(32,702)	-	24,241
	<u>15,823</u>	<u>41,120</u>	<u>(32,702)</u>	<u>-</u>	<u>24,241</u>
<b>Unrestricted funds</b>					
Tangible fixed assets	6,339	-	(9,183)	33,337	30,493
General funds	754,892	743,094	(705,758)	(33,337)	758,891
	<u>761,231</u>	<u>743,094</u>	<u>(714,941)</u>	<u>-</u>	<u>789,384</u>
<b>Total funds</b>	<u>777,054</u>	<u>784,214</u>	<u>(747,643)</u>	<u>-</u>	<u>813,625</u>

#### Restricted funds

##### Foodbank Support Worker

Funds received from Asda Coronavirus Recovery Grant (administered by Trussell Trust) for a Care Support Worker.

##### Foodbank CA Advisor

Funds received from Trussell Trust for a CA Advisor.

##### Designated funds

Tangible fixed assets - these funds represent the value of tangible fixed assets held in the Balance Sheet and are included within a separate designated fund to indicate that these funds are not available to be spent within general funds or free reserves without the sale of the assets.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

### 14 Movement in funds (continued)

For the year ended 31 March 2022

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 Mar 2022 £
<b>Restricted funds</b>					
Foodbank support worker	-	21,931	(22,093)	162	-
Foodbank CA Advisor	-	24,672	(8,849)	-	15,823
	<u>-</u>	<u>46,603</u>	<u>(30,942)</u>	<u>162</u>	<u>15,823</u>
<b>Unrestricted funds</b>					
Tangible fixed assets	1,619	-	(1,507)	6,227	6,339
General funds	641,123	569,751	(449,593)	(6,389)	754,892
	<u>642,742</u>	<u>569,751</u>	<u>(451,100)</u>	<u>(162)</u>	<u>761,231</u>
<b>Total funds</b>	<u><u>642,742</u></u>	<u><u>616,354</u></u>	<u><u>(482,042)</u></u>	<u><u>-</u></u>	<u><u>777,054</u></u>

### 15 Analysis of net assets between funds

	Restricted Funds £	Unrestricted Designated Funds £	Unrestricted General Funds £	Total £
<b>As at 31 March 2023</b>				
Tangible fixed assets	-	30,493	-	30,493
Other net assets	24,241	-	758,891	783,132
	<u>24,241</u>	<u>30,493</u>	<u>758,891</u>	<u>813,625</u>
<b>As at 31 March 2022</b>				
Tangible fixed assets	-	6,339	-	6,339
Other net assets	15,823	-	754,892	770,715
	<u>15,823</u>	<u>6,339</u>	<u>754,892</u>	<u>777,054</u>

# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2023**

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### **16 Related party transactions**

There are no transactions with trustees or other related parties other than those disclosed as required by the SORP elsewhere in the financial statements.

### **17 Donation of assets and liabilities**

On 5 July 2021 North Bristol and South Gloucestershire Foodbank CIO was registered with the Charity Commission (registration number 1195058). The CIO has significantly the same objectives as the previous unincorporated charity North Bristol Foodbank (registration number 1157499). On 20 April 2022, the Trustees of North Bristol Foodbank transferred the funds of the charity to the newly constituted CIO, £689,640 as at that date. Please see accounting policies for the description of how the activities of the two entities interact in these financial statements.

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

England & Wales - Charity number 1195058

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# Accounts

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**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO  
FINANCIAL STATEMENTS**

**FOR THE PERIOD ENDED 31 MARCH 2022**

**Charity Registration Number 1195058**

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

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PERIOD ENDED 31 MARCH 2022

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Statement of Assets and Liabilities	5

# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **REFERENCE AND ADMINISTRATIVE INFORMATION**

**PERIOD ENDED 31 MARCH 2022**

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### **REFERENCE AND ADMINISTRATIVE INFORMATION**

**Charity name** North Bristol and South Gloucestershire Foodbank CIO

**Registered charity number** 1195058

**Principle office** 286 Filton Avenue  
Horfield  
Bristol  
BS7 0BA

**Trustees** Stewart North  
Christopher Richardson  
Catherine Gilpin  
Sally Tate  
Antony Matthews  
Jonathan Ford

# **NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**

## **REPORT OF THE BOARD OF TRUSTEES**

### **PERIOD ENDED 31 MARCH 2022**

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The trustees present their annual report and financial statements for the period ended 31 March 2022.

#### **CHARITY DOCUMENT**

The North Bristol and South Gloucestershire Foodbank CIO was registered on 5 July 2021 and received funds from North Bristol Foodbank (charity number 1157499) on 20 April 2022.

#### **METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the governing document.

#### **ORGANISATIONAL STRUCTURE AND DECISION MAKING**

The organisation and running of North Bristol and South Gloucestershire Foodbank CIO is the responsibility of the Trustees. In the period of initial registration before the assets and activities were transferred to North Bristol and South Gloucestershire Foodbank CIO, the CIO was dormant.

#### **CHARITY OBJECTIVES**

The relief and prevention of poverty in the North Bristol and South Gloucestershire area for the benefit of the public by working with a network of care professionals to provide food parcels, items and related services including support and advice to any in need and delivering such services within a Christian ethos.

#### **AIMS OF THE CHARITY**

Our foodbank is part of The Trussell Trust's network of 428 foodbanks, working to tackle food poverty and hunger in our local communities, as well as across the UK. Our aims are to alleviate poverty through the provision of foodbank parcels to those in crisis. All clients are referred to us by care professionals working longer term with them. We also aim to signpost foodbank clients to other support and services available to help with immediate resolutions or long term solutions. Anyone in need can be referred to the foodbank.

#### **CHARITABLE ACTIVITIES**

In the period, the CIO was dormant.

#### **Financial Review**

In the year the charity received total income of £nil. Expenditure for the year totalled £nil. At the year-end cash at bank and in hand was £nil. Total funds were £nil.

# NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO

## REPORT OF THE BOARD OF TRUSTEES

PERIOD ENDED 31 MARCH 2022

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### STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on 20 January 2023

*Stewart North*

.....  
Stewart North  
Chair of Trustees

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**PERIOD ENDED 31 MARCH 2022**  
**RECEIPTS AND PAYMENTS ACCOUNTS**

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	<b>Total Funds 2022 £</b>
<b>RECEIPTS</b>	
Income	-
<b>TOTAL RECEIPTS</b>	<u>-</u>
<b>PAYMENTS</b>	
Payments	-
<b>TOTAL PAYMENTS</b>	<u>-</u>
<b>NET RECEIPTS/(PAYMENTS)</b>	-
Cash funds at 5 July 2021 (registration)	-
<b>Cash funds 31 March 2022</b>	<u>-</u>

**NORTH BRISTOL AND SOUTH GLOUCESTERSHIRE FOODBANK CIO**  
**PERIOD ENDED 31 MARCH 2022**  
**STATEMENT OF ASSETS AND LIABILITIES**

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	<b>Total Funds 2022 £</b>
<b>Cash funds</b>	
Current account	-
	<hr/> <hr/>
	<b>£</b>
<b>Total cash fund balances at 31 March 2022</b>	-
	<hr/> <hr/>

Signed on behalf of the trustees on 20 January 2023 by:

*Stewart North*

.....  
Stewart North  
Chair

**Charity number: 1195058**

## Document Details

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