

# AMIS SINCERES OF MANCHESTER

England & Wales · Charity number 1194935

## Details

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**Other names** AMIS SINCERES MANCHESTER

**Status** Registered

**Legal form** CIO

**Registered** 2021-06-24

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 5 Shilton Walk  
Manchester  
M40 0EG

**Phone** 07886989693

**Email** [rosineflor@yahoo.fr](mailto:rosineflor@yahoo.fr)

## Activities

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**Objects:** TO PRESERVE AND PROTECT THE HEALTH OF THOSE IN MANCHESTER AND THE SURROUNDING AREAS THROUGH THE PROVISION OF WORKSHOPS, COURSES AND SEMINARS IN PARTICULAR, BUT NOT EXCLUSIVELY ON HEALTHY EATING, WEIGHT MANAGEMENT AND STRESS AND PAIN MANAGEMENT.

**Activities:** Our main role is to motivate women in all aspect of life include social support, setting goal for their future and recap their achievements, physical support, emotional support, psychology, and financial support. We also support women with family issue included children education advise and orientation.

## Classification

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- **How:** Provides Other Finance, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	-	-	-	-
2024-02-29	-	-	-	-
2023-02-28	-	-	-	-
2022-02-28	£0	£0	-	-

## Trustees

Name	Role	Appointed
<b>Rosine Flore Djoumbissie</b>	Chair	2021-02-09
Ide Flore Tchogue		2021-02-09
Luc Ngeuleu		2021-02-09

**AMIS SINCERES OF MANCHESTER**

England & Wales - Charity number 1194935

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# Accounts

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# **AMIS SINCERES OF MANCHESTER**

**ANNUAL REPORT & FINANCIAL STATEMENTS**

**YEAR ENDING 28 FEBRUARY 2022**

**Charity registration Number :1194935**

**AMIS SINCERES OF MANCHESTER**  
**FINANCIAL STATEMENTS**  
**YEAR ENDING 28 FEBRUARY 2022**

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# **AMIS SINCERES OF MANCHESTER**

## **OFFICERS AND PROFESSIONAL ADVISERS**

### **The Board of Trustees**

R. F. Djoumbissie  
I. F. Tchogoue  
L. Ngueuleu

### **Registered Office**

51 Shilton Walk  
New Moston  
M40 0EG

### **Independent Examiner**

Edwige Fomo CGMA  
EFK & CO CONSULTING LTD  
132-134 Great Ancoats Street  
Manchester  
M4 6ED

# **AMIS SINCERES OF MANCHESTER**

## **REPORT OF THE TRUSTEES**

### **YEAR ENDING 28 FEBRUARY 2022**

The Trustees present their report together with the financial statements of the charity for the year ended 28 February 2022. The financial statements have been prepared in accordance with the accounting policies set out on page 12 and comply with the Charity's constitution and applicable law.

These financial statements comply with the Charities Act 2011, the Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) (Charities SORP (FRS102) and the Charities Act 2011).

#### **OBJECTIVES AND ACTIVITIES**

AMIS SINCERES OF MANCHESTER exists to preserve and protect the health of those in Manchester and the surrounding areas through the provision of workshops, courses and seminars in particular, but not exclusively on healthy eating, weight management and stress and pain management.

We encourage women to celebrate and recognise their achievements without regard to division in society. we generate equality in community which help women to know their rights and build up their self-esteem.

Our main role is to motivate women in all aspect of life include social support, setting goal for their future and recap their achievements, physical support, emotional support, psychology, and financial support. We also support women with family issue included children education advise and orientation.

All these will help women to feel more confident in community and this will help to reduce the level of domestic abuse, anxiety, stress, depressed, sickness, worries and suicide in the community.

The aim is to boost their confidence, increase the level of happiness they have within themselves.

# **AMIS SINCERES OF MANCHESTER**

## **REPORT OF THE TRUSTEES**

### **YEAR ENDING 28 FEBRUARY 2022**

#### **ACHIEVEMENTS AND PERFORMANCE**

We set up the charity

The trustees also met to think and plan for the year 2023 and 2024

#### **Staff and volunteers**

All areas of the church/charity are essentially filled by volunteers without whom the charity could not function.

#### **PUBLIC BENEFIT**

The Trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding the activities undertaken by the Charity in the period ending 28 February 2022. The Trustees are satisfied that the information provided in the report and accounts meets the public benefit reporting requirements.

#### **RISK ASSESSMENT**

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the review of controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charities type of governing document is a constitution. The charity is registered as a Charitable Incorporated Organisation, whose only voting members are its trustees.

The board of trustees is made up of men & women of integrity who are committed to the objectives of the charity and run by a management team coordinated by Ms R. F. Djoumbissie

The Board meets at least quarterly to oversee the vision, strategies and management of the charity. Trustee selection method is by appointment by the current trustees, of any person meeting the requirements set down in the constitution. Trustees are selected on basis of their experience, expertise, and specific skills which are reasonably expected to in furthering the mission and vision of the charity.

#### **Trustee Induction and Training**

There are no specific policies and procedures for induction/training of trustees. However they are inducted according to individual requirements.

# **AMIS SINCERES OF MANCHESTER**

## **REPORT OF THE TRUSTEES**

### **YEAR ENDING 28 FEBRUARY 2022**

A copy of the Charity's constitution is supplied, along with the charity's policies and procedures and copies of recent board meeting minutes. Individual Trustees roles/responsibilities are negotiated with all the trustees so that their roles complement each other. The Trustees make strategic decisions based on the financial position of the church.

#### **FINANCIAL REVIEW**

The Trustees have prepared the accounting policies for AMIS SINCERES OF MANCHESTER in accordance with the requirements of the SORP and of best accounting practice.

#### **Review of the year**

There were not activities this year.

#### **Reserves policy**

The Trustees have adopted a reserve policy which they consider appropriate, to ensure the continuing ability of AMIS SINCERES OF MANCHESTER to meet its objectives and obligations. The policy also seeks to maintain an acceptable ratio between the free reserves and the level of unrestricted cash expenditure.

'Free reserves' are represented by the unrestricted funds less the tangible fixed assets. 'Unrestricted cash expenditure' represents the operating costs for the year less the charge for depreciation.

The Charity does not intend to accumulate significant reserves but depends upon the ongoing support of its donors to meet future costs. In order to be prudent the aim over the next 2 to 3 years to accumulate in general reserves an amount equivalent to 3 events costs".

#### **PLANS FOR FUTURE PERIODS**

##### **Looking ahead**

In 2023 AMIS SINCERES OF MANCHESTER plans to work in the following areas:

Organise some conferences with women in leadership

Continue with Trustees quarterly meetings

Hold an event for women international day.

#### **RELATED PARTIES**

There was no related parties transactions during the year ending 28 February 2022.

# AMIS SINCERES OF MANCHESTER

## REPORT OF THE TRUSTEES

### YEAR ENDING 28 FEBRUARY 2022

#### TRUSTEES' RESPONSIBILITIES

Charity Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its financial activities for that year together with its assets and liabilities at the end of the year, adequately distinguishing any material, special trust or other restricted fund of the charity.

In preparing those financial statements, the directors are required to:

- a) select suitable accounting policies and then apply them consistently;
- b) make judgments and estimates that are reasonable and prudent;
- c) state whether the policies adopted are in accordance with the appropriate SORP on accounting by Charities and the Accounting Regulations and with applicable accounting standards subject to any material departures disclosed and explained in the financial statements; and
- d) prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Statements of Recommended Practice and the regulations made under section of the Charities Act 2011.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and irregularities. The trustees have the power to invest in such Assets as they see fit

Signed on behalf of the charity's Trustees

*R. F. DJOUMBISSIE*

Signed by MS R. F. Djoumbissie

Date : 28<sup>th</sup> November 2022

# **AMIS SINCERES OF MANCHESTER**

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ETERNITY MINISTRIES UK LTD YEAR ENDING 28 FEBRUARY 2022**

I report on the accounts of the charity for the period ending 28<sup>th</sup> February 2022 which are set out on pages 8 to 17

### **RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND THE EXAMINER**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

### **BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below

### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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Edwige Fomo CGMA  
EFK & CO CONSULTING LTD  
132-134 Great Ancoats Street  
Manchester  
M4 6ED

Date : 29<sup>th</sup> November 2022

# AMIS SINCERES OF MANCHESTER

## STATEMENT OF FINANCIAL ACTIVITIES

### YEAR ENDING 28 FEBRUARY 2022

	Notes	Unrestricted Funds £	Total 2022 £	Total 2021 £
<b>INCOMING RESOURCES</b>				
Incoming resources from generating funds:				
Donations and legacies	2a	0	0	0
Other income from Charitable activities	2b	0	0	0
Other Trading income	2c	0	0	0
Investment income	2d	0	0	0
<b>TOTAL INCOMING RESOURCES</b>		0	0	0
<b>RESOURCES EXPENDED</b>				
Charitable activities	3	0	0	0
Governance costs	5	0	0	0
<b>TOTAL RESOURCES EXPENDED</b>		0	0	0
<b>NET(OUTGOING)/INCOMING RESOURCES BEFORE TRANSFERS</b>				
		0	0	0
<b>TRANSFERS</b>				
Transfer between Funds		0	0	0
<b>NET MOVEMENT IN FUNDS</b>		0	0	0
<b>RECONCILIATION OF FUNDS</b>				
Total Funds Brought Forward		0	0	0
<b>TOTAL FUNDS CARRIED FORWARD</b>		0	0	0

The charity has no recognised gains or losses other than the results for the year as set out above.

# AMIS SINCERES OF MANCHESTER

## INCOME AND EXPENDITURE ACCOUNT

### YEAR ENDING 28 FEBRUARY 2022

	Note	Unrestricted Funds £	Total 2022 £	Total 2021 £
<b>INCOMING RESOURCES</b>		0	0	0
<b>TOTAL RESOURCES EXPENDED</b>		0	0	0
<b>OPERATING SURPLUS</b>		0	0	0
<b>OTHER INCOME</b>				
Investment Income	2d	0	0	0
<b>SURPLUS FOR THE FINANCIAL YEAR</b>		0	0	0

The charity has no recognised gains or losses other than the results for the year as set out above.

# AMIS SINCERES OF MANCHESTER

## BALANCE SHEET

As at 28 FEBRUARY 2022

		AMIS SINCERES OF MANCHESTER 2022	AMIS SINCERES OF MANCHESTER 2021
	Note	£	£
<b>CURRENT ASSETS</b>			
Cash at bank and in hand	8	0	0
		<u>0</u>	<u>0</u>
<b>CREDITORS: Amounts falling due within one year</b>	9	0	0
		<u>0</u>	<u>0</u>
<b>NET CURRENT ASSETS</b>		<u>0</u>	<u>0</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		0	0
		<u>0</u>	<u>0</u>
<b>NET ASSETS</b>		<u>0</u>	<u>0</u>
<b>FUNDS OF THE CHARITY</b>			
Unrestricted Income Funds	10b	0	0
		<u>0</u>	<u>0</u>

These financial statements were approved by the trustees on 28<sup>th</sup> November 2022 and signed on their behalf by:

*R. F. Djoumbissie*

Ms R. F. Djoumbissie

Trustee

*I. F. Tchougoue*

Ms I. F. Tchougoue

Trustee

# AMIS SINCERES OF MANCHESTER

## STATEMENT OF CASH FLOWS

### YEAR ENDING 28 FEBRUARY 2022

	Note	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Net cash income		0	0
<b>Adjustments to cash from non-cash items</b>			
Depreciation		0	0
		<u>0</u>	<u>0</u>
<b>Working capital adjustments</b>			
Decrease/(increase) in stocks		0	0
Decrease/(increase) in debtors		0	0
Decrease/(increase) in creditors	9	0	0
		<u>0</u>	<u>0</u>
Net cash flows from operating activities		<u>0</u>	<u>0</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed Assets		0	0
Net cash flows from investing activities		<u>0</u>	<u>0</u>
<b>Cash flows from financing activities</b>			
Interest received from savings		0	0
Net cash flows from financing activities		<u>0</u>	<u>0</u>
Net increase/(decrease) in cash and cash equivalents		0	0
Cash and cash equivalents at 1 March		<u>0</u>	<u>0</u>
Cash and cash equivalents at 28 February		<u>0</u>	<u>0</u>

# AMIS SINCERES OF MANCHESTER

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDING 28 FEBRUARY 2022

#### 1. ACCOUNTING POLICIES

##### **Statement of Compliance**

The financial statements have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and the Republic of Ireland", the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

##### **Incoming Resources**

###### *Donations & gifts*

Donations and gifts are generally only recognised when received by or on behalf of the charity. In exceptional cases where an amount is significant, gifts are recognised as income when the charity is notified of a commitment to make a donation and the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

###### *Income tax*

Income tax recoverable on gift aid donations is recognised on a receivable basis.

###### *Grants*

Grants to the charity are accounted for as soon as charity is notified of its legal entitlement and the amount due.

###### *Income from charitable activities*

All income from events and activities is recognised when due.

###### *Income from fund generating activities*

Income raised by special fund raising events, and trading activities are accounted for in the period in which the charity is entitled to receipt.

##### **Resources Expended**

Resources expended are included in the Statement of Financial Activities on an accruals basis.

###### *Direct Charitable Expenditure*

Directly attributable expenditure has been allocated to the appropriate fund. Where costs have been shared the expenditure has been allocated to funds on the basis of their estimated consumption of expenses.

###### *Governance*

These costs include the costs of governance arrangements which relate to the general running of the charity as opposed to the direct management functions inherent in generating funds and in charitable activities. This includes such items as external audit, legal advice for trustees and costs associated with constitutional and statutory requirements, including trustee's meetings.

##### **Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements.

##### **Fixed Assets**

Tangible fixed assets for use by the charity are capitalised if they can be used for more than one year, and cost at least £300. They are valued at cost, or if gifted, at the value to the charity on receipt.

# AMIS SINCERES OF MANCHESTER

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDING 28 FEBRUARY 2022

#### 1. ACCOUNTING POLICIES (*Continued*)

Depreciation is calculated on the costs or valuation of the assets at the rate of 25% (2021: 25%) using the straight line method.

#### **Current Assets**

Amounts owing to the charity at 28 February 2022 in respect of income are shown as debtors less provision for amounts that may prove uncollectable.

#### **Funds**

Funds held by the charity are either:

##### *Unrestricted general funds*

These are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

##### *Restricted funds*

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

# AMIS SINCERES OF MANCHESTER

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDING 28 FEBRUARY 2022

#### 2. INCOMING RESOURCES

	Unrestricted Funds	<b>TOTAL</b>	TOTAL
<b>2a Donations and legacies</b>	Total	<b>2022</b>	2021
	£	£	£
Gifts Individuals	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>
	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

	Unrestricted Funds	<b>TOTAL</b>	TOTAL
<b>2b Incoming Resources from Charitable Activities</b>	Total	<b>2022</b>	2021
	£	£	£
Event Income	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>
	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

	Unrestricted Funds	<b>TOTAL</b>	TOTAL
<b>2c Income from other trading activities</b>	Total	<b>2022</b>	2021
	£	£	£
Trading Sales	0	0	0
Fundraising Events	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>
	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

	Unrestricted Funds	<b>TOTAL</b>	TOTAL
<b>2d Investment Income</b>	Total	<b>2022</b>	2021
Bank Interest Received	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>
	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>
<b>TOTAL INCOMING RESOURCES</b>	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

Many volunteers give freely of their time in the service of our Lord for the charity, the value of which is unquantifiable.

# AMIS SINCERES OF MANCHESTER

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDING 28 FEBRUARY 2022

#### 3. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds Total £	<b>TOTAL</b> <b>2022</b> £	<b>TOTAL</b> 2021 £
Costs of Direct Charitable Activities	0	0	0
Support Costs	0	0	0
	0	0	0

#### 4. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	undertaken directly Total £	Support costs Total £	<b>TOTAL</b> <b>2022</b> £	<b>TOTAL</b> 2021 £
Costs of Generating Voluntary Income	0	0	0	0
Costs of Fund Generating Activities	0	0	0	0
Costs of Charitable Activities	0	0	0	0
Governance costs	0	0	0	0
	0	0	0	0

#### 5. GOVERNANCE COSTS

	Unrestricted Funds Total £	<b>TOTAL</b> <b>2022</b> £	<b>TOTAL</b> 2021 £
Independent examiner's fee	0	0	0
	0	0	0

#### 6. NET OUTGOING RESOURCES FOR THE YEAR

	<b>2022</b> £	2021 £
This is stated after charging		
Independent examiner's fee	0	0
Depreciation of owned assets	0	0

# AMIS SINCERES OF MANCHESTER

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDING 28 FEBRUARY 2022

#### 7. INFORMATION REGARDING TRUSTEES AND EMPLOYEES

ETERNITY MINISTRY UK LTD did not have employee during the year ending 28 February 2022 (2021: Nil)

The charity Trustees were not paid or received any other benefits from the employment with the charity in the year (2021: £Nil) neither were they reimbursed expenses during the year (2021: £ Nil). The Key management personnel of the charity comprise the Trustees and Senior management Team. The total benefit of the senior management team of the charity were £nil, (2021: £nil)

#### 8. CASH AT BANK & IN HAND

	AMIS SINCERES OF MANCHESTER	AMIS SINCERES OF MANCHESTER
	2022	2021
	£	£
Current Account	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

#### 9. CREDITORS: Amounts falling due within one year

	AMIS SINCERES OF MANCHESTER	AMIS SINCERES OF MANCHESTER
	2022	2021
	£	£
Accruals and deferred income	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>

The bank loan, Credit Cards & Overdrafts are secured by a fixed and floating charge over all the assets of the charity.

# AMIS SINCERES OF MANCHESTER

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDING 28 FEBRUARY 2022

#### 10. RECONCILIATION OF MOVEMENTS IN FUNDS

	Balance at 28-Feb-21 £	Movement in Resources		Transfers Between Funds £	Balance at 28-Feb-22 £
		Incoming £	Outgoing £		
<b>10a. Restricted Funds</b>	0	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>10b. Unrestricted Funds Funds</b>					
General Fund	0	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

#### 11. ANALYSIS OF NET ASSETS BY FUND

	Tangible Fixed Assets £	Net Current Assets / (Liabilities) £	Creditors Due after One Year £	TOTAL £
<b>Restricted Funds</b>	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Unrestricted Funds</b>	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

#### 12. RELATED PARTY TRANSACTIONS

During the period there was no related party transactions (2021: £nil).

#### 13. CONTINGENCIES

The Trustees have confirmed that there were no contingencies liabilities which should be disclosed at 28 February 2022.