BLACK LIVES MENTORED

England & Wales · Charity number 1194905

Details

Status	Registered
Legal form	CIO
Registered	2021-06-22
Register	View on the Charity Commission register

Contact

Address	8 New Chestnut Place Derby DE23 1JT
Phone	07837215194
Email	support@Blacklivesmentored.com
Website	Blacklivesmentored.com

Activities

Objects: FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF GOOD MENTAL HEALTH, TO RELIEVE AND PREVENT SUFFERING CAUSED BY MENTAL HEALTH ISSUES, THROUGH THE PROVISION OF SUPPORT, ADVICE, INFORMATION AND GUIDANCE FOR MEMBERS OF THE BAME COMMUNITY, IN PARTICULAR PEOPLE OF AFRO-CARIBBEAN ORIGIN IN ENGLAND.

Activities: For the public benefit, the for the preservation and protection of good mental health to relieve and prevent suffering caused by mental health issues for the provision of support, advice, information and guidance for members of the BME community; in particular people of Afro Caribbean origin in England.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Throughout England

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Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£2,371	£329	-	-
2024-04-01	£550	£179	-	-
2023-04-01	£2,300	£145	-	-
2022-04-01	£628	£80	-	-

Trustees

Name	Role	Appointed
Ade Kinoshi		2021-06-22
Earl Douse		2024-05-07
Eythan Bell		2024-03-04
Whitney Douse		2021-06-22

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BLACK LIVES MENTORED

England & Wales - Charity number 1194905

Accounts

Personal data the Commission collects through the service

Information about the service: | Categories of personal data | Automatically published on website

Black Lives Mentored is a charity dedicated to improving the mental health of individuals in the Black Minority Ethnic (BME) community both in the UK. Our goal is to counteract the negative effects of disadvantage due to ethnic background by fostering meaningful, honest, and reflective conversations through "learning circles."

Founded on Christian principles, Black Lives Mentored offers a holistic mentoring service with over 50 years of combined experience from the founding directors and executive board in mental health. Our aim is for clients to emerge from their mentoring sessions as well-adjusted and whole individuals. We provide a nurturing environment where vulnerable individuals can reflect on their challenging past experiences and current issues. Through this process, clients are encouraged to develop a true sense of purpose and perspective in their lives. We hope that, following their sessions, individuals will become positive, responsible, and responsive contributors to society. The stories of hope we see every day are truly compelling.

By leveraging a network of high-calibre psychiatrists, psychologists, teachers, nurses, social workers, and influential mentors from various sectors of civic society, Black Lives Mentored creates a robust ecosystem of support. We are committed to providing first-class mentorship and support to individuals within the BME community.

Person submitting annual return

Name **Earl Douse**

Role within/relationship to charity: **Trustee and administrator of the charity and the individual submitting the annual return on behalf of the charity**

Telephone number **(07837) 215194**

Email address **earl101 me.com**

Charity Trustees

Name **Whitney Douse** as part of AR18 service Yes

Ade Kinoshi

Eythan Bell

Earl Douse

Trustee benefits **None**

Trustee details may indicate special category personal data such as religious belief depending on the charity and its governance

Employees	Name
employee in the charity	**None**

Trustee's Annual Report 2024 – 2025

This report is compiled from information from a board meeting:

Date of Meeting: 27/03/2025

Meeting Chaired by: Earl Douse, Trustees of the Charity

Report Compiled by: Trustees of the Charity

Welcome and Agenda:

- Update on members' meeting and report

Purpose:

The trustees of Black Lives Mentored aim to provide an update on our current status, the setbacks we have faced recently, and our plans for the future.

Matters Arising from Last Meeting (Dated 19/05/24):

Summary of Main Activities Undertaken:

1. Keisha sought clarity on her role within the charity.
2. Applied for a bank account with the Cooperative Bank Society; the process will take approximately 12 weeks for a response.
3. Received 5 referrals in the last month; assessments have been completed, and clients have been allocated mentors.
4. One referral was received from CAMHS.
5. Welcomed 7 new mentors: Keisha, Daniel, Rutendo, Van Henry, Whitney, Eythan, and Phoebe.

Many others have expressed interest in becoming mentors.

6. New mentors will be approached once a potential client match is identified.

Promotion of the Charity:

1. Offering services to social and community networks, including churches, food banks, social care, healthcare, family, and friends.
2. Printed and distributed business cards; members can request a small supply.
3. Producing bookmarks for distribution.
4. Earl and Cherry will be the face of the charity, featured on the business card.

Setbacks:

1. Discontinued use of the bank 'Tide' due to no longer being a registered company.
2. Inability to receive funding from major agencies without appropriate charity banking status.

Challenges Facing the Charity in 2024-2025 and Beyond:

1. Updating the website with videos and more success stories from our ongoing work.
2. Promoting the work of the charity more effectively.
3. Approaching numerous funding bodies for financial support.

Targets to be Achieved by February 2025:

1. Successfully apply for funding.
2. Generate a regular income for the charity.
3. Employ a coordinator on a part-time salary.
4. Completely update the website's look.
5. Launch a recruitment drive to appoint new volunteer mentors.
6. Provide ongoing online training for mentors.
7. Arrange and conduct a mentors' meeting.

Conclusion:

The trustees are committed to overcoming these challenges and achieving our set targets to continue supporting the BME community through mentorship and mental health services. Thank you for your continued support and dedication.

Black Lives Mentored

Trustees' Annual Report for the Period

Period Start: 1st April 2024

Period End: 31st March 2025

Reference and Administration Details:

Charity Name: Black Lives Mentored

Address: 8 New Chestnut Place, Derby, DE23 1JT

Registered Charity Number: 1194905

Trustees Managing the Charity:

Trustee Name	Office	Date Acting	Name of Person Administering the Charity
Whitney Douse	Secretary	22/06/2021	Earl Douse
Ade Kinoshi		22/06/2021	
Eythan Bell		22/06/2021	
Earl Douse	Founder	07/05/2024	

Bank Account Details:	
Bank Name: **Cooperative Bank**	Address: **East Street, City Centre, Derby**
Account Details: Sort Code: **08-92-99**	Account Number: **67353240**

Senior Staff Members:

- **Earl Douse, Founder and Director**
- **Cherry Douse, Charity Coordinator**

Accounts:

Source of Donation/Funding	**Date**	**Amount (£)**	**Deductions (£)**	**Outgoing Funds**	**Balance (£)**
S Douse	**2024**	**250**			
W Douse	**2024**	**150**			
B McBrida	**2024**	**15**			
Regina	**2024**	**150**			
Reeta	**2024**	**101**			
E. Douse	**2025**	**200**			
Sue and Andy	**2024**	**20**			
Memory of Ruth	**2024**	**50**			
Supporting people				380	
Stationery				110	
Website				229.00	
Total Balance	**2155.00**	**3091.00**	0	**719**	**2751**

This table provides a clear and professional presentation of the charity's accounts, including detailed information on trustees, banking details, senior staff, and financial transactions.

BLACK LIVES MENTORED

England & Wales - Charity number 1194905

Accounts

Trustees' Annual Report and Accounts (2024-2025)

Charity Name: Black Lives Mentored
Registered Charity Number: 1194905
Address: 8 New Chestnut Place, Derby, DE23 1JT
Reporting Period: 1st April 2024 to 31st March 2025

Introduction and Objectives

Black Lives Mentored is a registered charity established to provide specialist mentoring and mental health support primarily to members of Black Minority Ethnic (BME) communities, not excluding LGBTQ+ (Lesbian, Gay, Bisexual, Transgender) individuals. Our mission is rooted in providing holistic mentorship services, empowering people to overcome barriers, enhancing social mobility, improving emotional wellbeing, and fostering a strong sense of community and belonging.

Main Activities and Achievements

During this reporting period, Black Lives Mentored has made significant progress. The charity received ongoing referrals from diverse sectors, including educational institutions, healthcare providers, community groups, and self-referrals. These referrals reflect the charity’s growing positive reputation and recognition within the community.

Our mentors have successfully provided targeted support, helping individuals manage challenges such as identity issues, workplace discrimination, mental health concerns, social isolation, and issues arising from socio-economic pressures, notably exacerbated by the ongoing cost-of-living crisis. We have actively engaged the community by holding on-line meetings. These engagements have ensured our project aligns closely with community needs and aspirations, with ongoing feedback influencing the charity’s direction and practice.

We continue to maintain an inclusive approach, with representation from BME and other community members on our advisory board and committees. Our outreach, recruitment, and training processes are robust, ensuring our mentors reflect and understand the diverse community they serve. Mentor training and ongoing evaluation remain a key priority to maintain service quality and effectiveness.

Financial Review

This reporting year (1st April 2024 to 31st March 2025), the charity's total income was £550. Our income consisted solely of generous donations from members of the local community, provided as both one-off financial gifts and regular standing orders. No external grants or statutory funding was received during this period.

Expenditures for the same period totalled £179. Expenses were directed toward necessary operational costs, primarily website rental fees to facilitate community outreach and online mentorship, and donations supporting individuals in urgent need. Additionally, a small portion was allocated for modest gifts to acknowledge the valued contributions of volunteers and mentors.

At the close of the financial year, the charity’s account balance stood at £2,290. The trustees continue to manage finances carefully, ensuring sustainability and strategic planning for future charitable activities.

Future Plans

Looking forward, Black Lives Mentored aims to secure external funding from reputable grant-awarding bodies. We plan to appoint a paid, part-time coordinator to expand our reach and efficiency. Additional goals include enhancing our website functionality, producing promotional materials, increasing mentor recruitment and training, and continuing comprehensive evaluation processes to shape future work.

Declaration and Approval

The trustees would like to express heartfelt thanks to our dedicated mentors, volunteers, and supportive community donors. This continued generosity enables Black Lives Mentored to positively impact individuals and communities.

Signed on behalf of the trustees,

Earl Douse
Founder & Trustee
Date: 24/03/2025

BLACK LIVES MENTORED

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Name **Earl Douse**

Role within/relationship to charity: **Trustee and administrator of the charity and the individual submitting the annual return on behalf of the charity**

Telephone number **(07837) 215194**

Email address **earl101 me.com**

Charity Trustees

Name	as part of AR18 service
Whitney Douse	Yes
Ade Kinoshi	
Eythan Bell	
Earl Douse	

Trustee benefits **None**

Trustee details may indicate special category personal data such as religious belief depending on the charity and its governance

Employees	Name
employee in the charity	**None**

Trustee's Annual Report 2023 – 2024

This report is compiled from information from a board meeting:

Date of Meeting: 17/11/2023

Meeting Chaired by: Earl Douse, Trustees of the Charity

Report Compiled by: Trustees of the Charity

Welcome and Agenda:

- Update on members' meeting and report

Purpose:

The trustees of Black Lives Mentored aim to provide an update on our current status, the setbacks we have faced recently, and our plans for the future.

Matters Arising from Last Meeting (Dated 19/05/23):

Summary of Main Activities Undertaken:

1. Keisha sought clarity on her role within the charity.

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2. Generate a regular income for the charity.

3. Employ a coordinator on a part-time salary.

4. Completely update the website's look.

5. Launch a recruitment drive to appoint new volunteer mentors.

6. Produce a small advertisement video for YouTube.

7. Provide ongoing online training for mentors.

8. Arrange and conduct a mentors' meeting.

Conclusion:

The trustees are committed to overcoming these challenges and achieving our set targets to continue supporting the BME community through mentorship and mental health services. Thank you for your continued support and dedication.

Black Lives Mentored

Trustees' Annual Report for the Period

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Ade Kinoshi		22/06/2021	
Eythan Bell		22/06/2021	
Earl Douse	Founder	07/05/2024	

Bank Account Details:

Bank Name: **Cooperative Bank** Address: **East Street, City Centre, Derby**

Account Details: Sort Code: **08-92-99** Account Number: **67353240**

Senior Staff Members:

- **Earl Douse, Founder and Director**
- **Cherry Douse, Charity Coordinator**

Accounts:

Source of Donation/Funding	Date	Amount (£)	Deductions (£)	Outgoing Funds	Balance (£)
W Douse	2021	400			
Neil Bonner	2021	150			
J Cobb	2021	20			
Bell	2021	500			
Derby City Council	2022	100			
NHS	2022	100			
E. Douse	2022	300			
Members of the Public	2022	10			
Members of the Public	2022	50			
Members of the Public	2022	50			
Members of the Public	2023	500			
Presentation to the Council	2024	100			
Presentation to the NHS	2023	100			
Presentation to University	2024	50			
Presentation from Church Members	2024	100			
Supporting Social Needs				110	
Stationery				50	
Website				200	
Total Balance		2,230	360		1,870

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