

LONDON ZEN GROUP

Report of Trustees for the year ending 31 December 2021

London Zen Group (LZG) was officially recognized as Charitable Incorporated Organisation (CIO) on 18 June 2021. This report covers the period from 18 June 2021 to 31 December 2021.

OUR AIMS

It is our aim to advance the Sōtō Zen Buddhism religion in London for the benefit of the public through the holding of

- regular classes and guided sessions of meditation,
- ceremonies for sick or bereaved individuals,
- open lectures and workshops on Buddhist ethics and doctrines,
- and other open communal activities related to Zen practices and culture.

REVIEW OF ACTIVITIES AND ACHIEVEMENTS

LZG maintained a regular schedule of regular sessions of zazen (guided seated meditation) in 2021 despite continued Covid restrictions.

Sessions were offered to the public via Zoom. In person attendance at our dojo (practice space) at 486 Caledonian Road were restricted to those responsible of running the sessions and ceremonies.

According to schedule, LZG has run eight zazen sessions per week. For the 28 weeks from 18 June to 31 December, LZG will therefore have offered over 200 guided meditation sessions entirely provided by LZG volunteers.

LZG also offers introductions to zazen on Wednesdays and Thursdays. These were also offered online exclusively due to the prevalent Covid restrictions at the time. Although LZG did not keep records of introductions for 2021, it is estimated that LZG volunteers introduced between 20 and 30 individuals to the practice of zazen in the second half of the year.

The ordained members of LZG also make themselves available to conduct pastoral care sessions with members of the community who are interested in such services.

The benefits of meditation practice for the individual and social well-being are now broadly acknowledged. Through its regular and affordable offering of zazen meditation LZG contributes to the well-being of the community in London.

Further activities of LZG in 2021 included:

- Guided sewing sessions for Zen Buddhist robes (*Rakusu* and *Kesa*) - online
- Guided discussion and study of Zen Buddhist texts (Wednesday evenings, online)
- Beginners class of Japanese calligraphy (Saturdays – physically in the dojo with limited attendance)

OUR FINANCES

As a small, non-company charity, we prepare our annual accounts in the receipts and payments format according to the Charity Commission CC16a standard.

LZG received £6,979 worth of donations for the financial period of 18 June to 31 December 2021. LZG is entirely financed through voluntary donations and had no other sources of income.

During the same time, LZG made payments of £5,183 in order to run the operation of its venue (dojo).

As a result, LZG realised net receipts of £1,796.

LZG's funds increased to £28,390 by the end of the year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

LZG is governed by its board of trustees who are at the same time the caretakers of the group. Trustees meet several times per year and manage the current operations as well as events and plans for the future.

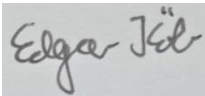
Trustee Recruitment

New trustees are coopted by the body of existing trustees. New trustees will typically be long-standing members of the community who are also responsible to run regular sessions of zazen.

Trustees for 2021

- Rev. Alana Berrington - Treasurer
- Rev. Edgar Koeb - Secretary
- Rev. Martin Landolt
- Rev. Ryan Roberts
- William (Bill) Lamdin - Chair

SIGNATURES



Rev Edgar Koeb

4 September 2022



Rev. Alana Berrington

5 September 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

London Zen Group - CIO

1194847

Receipts and payments accounts

CC16a

For the period
from

18-Jun-21

To

31-Dec-21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - online (Paypal and Stripe)	2,257	-	-	2,257	-
Donations - bank transfers	4,087	-	-	4,087	-
Donations - cash	635	-	-	635	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,979	-	-	6,979	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,979	-	-	6,979	-
A3 Payments					
Rent	4,500	-	-	4,500	-
Gas and Electric	350	-	-	350	-
Internet	168	-	-	168	-
Council Tax	165	-	-	165	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,183	-	-	5,183	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,183	-	-	5,183	-
Net of receipts/(payments)	1,796	-	-	1,796	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	26,595	-	-	26,595	-
Cash funds this year end	28,390	-	-	28,390	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cooperative account 652 142 99	j	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Edgar Koeb	Edgar Koeb	03/09/22
	Alana Berrington	Alana Berrington	3/9/2022