SHACKLES OFF YOUTH & COMMUNITY PROJECT

England & Wales · Charity number 1194802

Details

Other names	SHACKLES OFF
Status	Registered
Legal form	CIO
Registered	2021-06-15
Register	View on the Charity Commission register

Contact

Address	Shackles Off The Old Vicarage The Banks Seascale CA20 1QT
Phone	01946727887
Email	admin@shacklesoff.org.uk
Website	www.shacklesoff.org.uk

Activities

Objects: THE FOLLOWING OBJECTS ARE FOR THE PUBLIC BENEFIT IN COPELAND AND CARRIED OUT IN AN INCLUSIVE ENVIRONMENT WITH A CHRISTIAN ETHOS:-1. TO ACT AS A RESOURCE FOR YOUNG PEOPLE BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:A. ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B. ADVANCING EDUCATION;C. RELIEVING UNEMPLOYMENT;D. PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS. 2. TO RELIEVE PEOPLE WHO ARE IN NEED, BY REASON OF THEIR AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES IN SUCH WAYS AS THE TRUSTEES SHALL THINK FIT.

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Activities: Shackles Off provides groups, informal education, support and activities for children, young people and the local community. These activities take place in Copeland for the benefit of those living in this area.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£234,359	£219,430	-	-
2024-03-31	£390,635	£242,912	-	-
2023-03-31	£236,355	£169,896	-	-
2022-03-31	£145,867	£98,853	-	-

Trustees

Name	Role	Appointed
Andrew Lee	Chair	2023-11-09
ALLISON JOAN HANSHAW		2021-02-01
JANET ANNE HARDY		2023-11-09
Rev Wendy Kilworth-Mason		2024-02-27
Sheila Jean Falkner		2021-02-01

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SHACKLES OFF YOUTH & COMMUNITY PROJECT

England & Wales - Charity number 1194802

Accounts

Charity number: 1194802

Shackles Off Youth & Community Project

Charitable Incorporated Organisation (CIO)

Trustees' report and financial statements

for the year ended 31 March 2025

robinson+co

Chartered Accountants

Shackles Off Youth & Community Project

Contents

	Page
Trustees report	1 - 3
Legal and administrative information	4
Independent examiners' report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 15

Shackles Off Youth & Community Project

Report of the trustees
for the year ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025. The trustees who served during the year and up to the date of this report are set out on page 4.

Structure, governance and management

Formation

Shackles Off Youth & Community Project (the CIO) was formed in June 2021 and registered with the Charity Commission under number 1194802 on 15 June 2021.

Recruitment and appointment of trustees

Seascale Methodist Church can nominate four trustees onto the Board which maintains the charities links with its beginnings. Additional trustees are recruited as and when required. The trustees meet bi-monthly to oversee the management of the CIO. The Executive Officer is Mandy Taylor

Risk management

The trustees have assessed the major strategic, business and operations risks to which the organisation is exposed. They are satisfied that systems are in place to mitigate the exposure to these risks.

Objectives and activities

Objects

The following objects of the CIO are for the public benefit in Cumberland and carried out in an inclusive environment with a Christian ethos:

1) To act as a resource for young people by providing advice and assistance and organising programmes of a physical, educational and other activities as a means of:
(a)Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
(b)Advancing education;
(c)Relieving unemployment;
(d)Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;

2)To relieve people who are in need by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit.

Achievements and performance

The 2024-2025 year marked the 17th year of Shackles Off operating in Seascale and the 4th year of delivery in Millom. Throughout the year, the charity placed a strong emphasis on community involvement and social action, supporting young people to become active, confident, and contributing members of their local communities.

A continued priority has been youth-led provision, with the overall aim of building confidence, independence, and a sense of ownership among the young people we support. Shackles Off remains committed to providing a safe, non-judgemental environment where young people feel able to express themselves freely, engage in healthy discussion, and explore current and sometimes controversial issues. We believe that offering a safe space for open dialogue supports young people's personal development, broadens their horizons, and encourages respect for perspectives beyond their own.

Report of the trustees
for the year ended 31 March 2025

During the year, Shackles Off worked with 321 individual young people, highlighting the growing need for accessible youth services within rural communities. This year, we also introduced enhanced monitoring to record the number of young people identified as having special educational needs and disabilities (SEND). Currently, 32 young people are formally recorded within this category. In addition, a significant number of young people have been identified by professionals as presenting behaviours consistent with the autism spectrum and are awaiting formal diagnosis. These young people are receiving early help and targeted support in the interim.

The introduction of SEND monitoring has enabled the organisation to ensure that appropriate staffing levels and support arrangements are in place, reinforcing Shackles Off's commitment to being inclusive and responsive to the needs of all young people accessing our services.

During 2024-2025, Hensingham ARLFC secured funding to pilot youth work provision in the Hensingham area and contracted Shackles Off to deliver this service for a 12-month period, ending in September 2025. Early feedback and engagement levels have been very positive, and it is hoped that this provision will continue beyond the pilot phase, as it is clearly addressing an identified gap in local youth services.

Progress on Phase 2 of the Shackles Off new build project has experienced further delays due to unforeseen issues relating to the foundations. As a result, the main build is now forecast to commence in August 2025. All funders have been kept informed and have formally agreed to extend funding timescales to accommodate these delays.

The Trustees remain confident that Shackles Off continues to deliver high-quality, responsive youth provision and to adapt effectively to both emerging needs and external challenges.

Financial review

The surplus for the year amounted to £14,929 (2024 : £147,723). At 31 March 2025 the CIO had restricted funds of £185,383 (2024 : £166,126) and unrestricted funds of £90,743 (2024 : £95,071).

Reserves policy

The policy of the organisation on formation was to have 3 months of operating costs in reserves. As the organisation has grown the aim now is to hold 6 months in reserves.

Plans for future periods

We secured the final bits of funding and are extremely grateful to GDF-Mid Copeland Community Partnership, who have been the main funder for the project. We would also like to thank Copeland Community fund for funding the remaining £150K of the £640K Project.

The site is now ready for the foundations and build, which was scheduled to start in May/June 2024. However, due to delays this has now moved to a start date of March 2025.

Report of the trustees
for the year ended 31 March 2025

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board

A Lee
Trustee
27th January 2026

Shackles Off Youth & Community Project

Legal and administrative information

Charity number	1194802
Business address	The Old Vicarage The Banks Seascale CA20 1QT
Trustees	A J Hanshaw S J Falkner J A Hardy A Lee W Kilworth-Mason
Accountants	robinson+co The Old Forge Beck Place Gosforth CA20 1AT

Shackles Off Youth & Community Project

Independent examiner's report to the trustees on the unaudited financial statements of Shackles Off Youth & Community Project.

I report on the accounts of Shackles Off Youth & Community Project for the year ended 31 March 2025 set out on pages 1 to 15.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts. The trustees consider that the audit requirement of section 144 of the Charities Act 2011 (the Charities Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the Charities Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Ellwood

Mr Peter Ellwood FCA

Independent examiner
robinson+co
Chartered Accountants
The Old Forge, Beck Place
Gosforth
CA20 1AT

27th January 2026

Shackles Off Youth & Community Project

Statement of financial activities

For the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Income					
Donations and legacies	2	3,146	216,959	220,105	326,619
Other income	3	486	-	486	575
Transfer between funds	3	13,768	-	13,768	63,441
Total income		17,400	216,959	234,359	390,635
Expenditure					
Charitable activities	4	21,728	183,934	205,662	179,471
Transfer between funds	4	-	13,768	13,768	63,441
Total expenditure		21,728	197,702	219,430	242,912
Net income/(expenditure) for the year		(4,328)	19,257	14,929	147,723
Total funds brought forward		95,071	166,126	261,197	113,474
Total funds carried forward		90,743	185,383	276,126	261,197

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 8 to 15 form an integral part of these financial statements.

Shackles Off Youth & Community Project

Balance sheet
as at 31 March 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	8		99,485		85,717
Current assets					
Debtors	9	7,671		3,948	
Cash at bank and in hand		174,755		176,137	
		182,426		180,085	
Creditors: amounts falling due within one year	10	(5,785)		(4,605)	
Net current assets			176,641		175,480
Net assets			276,126		261,197
Funds	11				
Restricted income funds			185,383		166,126
Unrestricted income funds			90,743		95,071
Total funds			276,126		261,197

The financial statements were approved by the trustees on 27th January 2026 and signed on its behalf by

A Lee
Trustee

The notes on pages 8 to 15 form an integral part of these financial statements.

Notes to financial statements for the year ended 31 March 2025

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in UK Sterling which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.4. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

1.5. Research and development

Research expenditure is written off to the profit and loss account in the year in which it is incurred.

Notes to financial statements for the year ended 31 March 2025

1.6. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties	-	Straight line over 50 years once completed

1.7. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Donations	1,450	-	1,450	3,234
1 in 100 club	1,036	-	1,036	1,353
Fundraising	660	-	660	2,333
Francis C Scott	-	16,500	16,500	16,000
Cumbria Community Foundation	-	10,197	10,197	16,682
Copeland Community Fund	-	51,967	51,967	50,173
Sellafield Ltd - NDA Project	-	23,155	23,155	23,155
Phoenix YP	-	1,275	1,275	-
UK Youth	-	23,000	23,000	-
Tudor Trust	-	20,000	20,000	20,000
Hadfield	-	3,250	3,250	-
Grantscape - Walney Community Fund	-	-	-	9,000
Carlisle Diocese	-	-	-	3,948
Cumbria Alcohol Partnership	-	1,912	1,912	-
GDF-RWM (New build)	-	7,816	7,816	150,000
Energy Coast West BECBC Kickstart	-	1,000	1,000	-
Cumbria County Council - HAF	-	12,729	12,729	11,592
Hensingham ARLFC	-	24,158	24,158	-
Garfield Weston	-	20,000	20,000	-
Cumberland Council	-	-	-	8,800
Northern Rail	-	-	-	354
GDF - RWM South Copeland CIF	-	-	-	9,995
	3,146	216,959	220,105	326,619

3. Other income

	Unrestricted funds £	2025 Total £	2024 Total £
Income from tuckshop	486	486	575
	486	486	575
Fund transfer	13,768	13,768	63,441
	14,254	14,254	64,016

4. Costs of charitable activities - by fund type

	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Youth and community work	21,728	100,489	122,217	94,189
Millom - staffing and other restricted costs	-	83,445	83,445	85,282
Fund transfer	-	13,768	13,768	63,441
	21,728	197,702	219,430	242,912

5. Costs of charitable activities - by activity

	Activities undertaken directly £	2025 Total £	2024 Total £
Youth and community work	122,217	122,217	94,189
Millom - staffing and other restricted costs	83,445	83,445	85,282
Exceptional costs of charitable activities	13,768	13,768	63,441
	219,430	219,430	242,912

6. Employees

Employment costs

	2025	2024
	£	£
Wages and salaries	132,932	114,292
Social security costs	4,100	1,794
Pension costs	5,070	1,794
Staff training and travel costs	4,039	2,638
	146,141	120,518

No employee received emoluments of more than £60,000 (2024 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year was as follows:

	2025	2024
	Number	Number
	10	9

7. Pension costs

The company operates a defined contribution pension scheme in respect of the its employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2025	2024
	£	£
Pension charge	5,070	1,794

8. Tangible fixed assets

	Long leasehold property	Total
	£	£
Cost		
At 1 April 2024	85,717	85,717
Additions	13,768	13,768
At 31 March 2025	99,485	99,485
Net book values		
At 31 March 2025	99,485	99,485
At 31 March 2024	85,717	85,717

Notes to financial statements for the year ended 31 March 2025

9. Debtors

	2025	2024
	£	£
Prepayments and accrued income	7,671	3,948

10. Creditors: amounts falling due within one year

	2025	2024
	£	£
Other creditors	2,353	1,431
Accruals and deferred income	3,432	3,174
	5,785	4,605

11. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fund balances at 31 March 2025 as represented by:			
Tangible fixed assets	-	99,485	99,485
Current assets	94,175	88,251	182,426
Current liabilities	(3,432)	(2,353)	(5,785)
	90,743	185,383	276,126

Analysis of net assets between funds

	Unrestricted	Restricted	Total
	£	£	£
Fund balances at 31 March 2024 as represented by:			
Tangible fixed assets	-	85,717	85,717
Current assets	99,676	80,409	180,085
Current liabilities	(4,605)		(4,605)
	95,071	166,126	261,197

12. Unrestricted funds

	At 1 April 2024 £	Incoming resources £	Outgoing resources £	At 31 March 2025 £
Unrestricted Funds	95,071	17,400	(21,728)	90,743

Unrestricted funds - Previous period

	At 1 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Unrestricted Funds	37,957	78,859	(21,745)	95,071

13. Restricted funds

	At 01 April 2024 £	Incoming resources £	Outgoing resources £	At 31 March 2025 £
Seascale staffing	168	68,863	(58,810)	10,221
Millom staffing	5,621	72,085	(75,383)	2,323
Youth work / other restricted funds	6,050	36,979	(26,693)	16,336
Christian work	392	-	(48)	344
Benevolent fund	53	-	(19)	34
New build project	150,117	7,816	(13,768)	144,165
Millom Restricted	3,725	7,058	(9,603)	1,180
Hensingham staffing	-	24,158	(13,378)	10,780
	166,126	216,959	(197,702)	185,383

Restricted funds - previous period

	At 01 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Seascale staffing	5	57,109	(56,946)	168
Millom staffing	4,279	70,461	(69,119)	5,621
Youth work / other restricted funds	7,014	14,637	(15,601)	6,050
Christian work	608	-	(216)	392
Benevolent fund	53	-	-	53
New build project	63,558	150,000	(63,441)	150,117
Millom Restricted	-	19,569	(15,844)	3,725
	75,517	311,776	(221,167)	166,126

Purposes of restricted funds

During the year the charity received funding of £68,863 from various sources toward the cost of staffing at the Seascale site, costs of £58,810 were incurred, the balance of £10,221 was carried forward (Amount brought forward from the year ended 31 March 2024 was £168).

The charity received funding of £72,085 from various sources toward the cost of staffing at the Millom site, costs of £75,383 were incurred, the balance of £2,323 was carried forward (Amount brought forward from the year ended 31 March 2024 was £5,621)

The charity received funding of £36,979 from various sources toward the cost of youth workers and other expenses, costs of £26,693 were incurred, the balance of £16,336 was carried forward (Amount brought forward from the year ended 31 March 2024 was £6,050)

The charity has incurred costs of £48 relating to Christian work, the balance of £344 was carried forward (Amount brought forward from the year ended 31 March 2024 was £392)

Notes to financial statements for the year ended 31 March 2025

The charity has incurred costs of £19 relating to the Benevolent fund.the balance of £35 was carried forward. The amount carried forward was £53.

The charity received a grant of £7,816 from GDF-RWM for the building of the new base, costs of £13,768 were incurred, so the balance carried forward is £144,165. The amount brought forward from 2024 was £150,117.

The charity recieved funding of £7,058 from various sources toward the day to day running of the Millom branch, costs were incurred of £9,603, the balance of £1,180 was carried forward. The amount brought forward from 2024 was £3,725.

During the year the charity received funding of £24,158 from various sources toward the cost of staffing at the Hensinhham, costs of £13,378 were incurred, the balance of £10,780 was carried forward.

SHACKLES OFF YOUTH & COMMUNITY PROJECT

England & Wales - Charity number 1194802

Accounts

Charity number: 1194802

Shackles Off Youth & Community Project

Charitable Incorporated Organisation (CIO)

Trustees' report and financial statements

for the year ended 31 March 2024

robinson+co

Chartered Accountants

Shackles Off Youth & Community Project

Contents

	Page
Trustees report	1 - 3
Legal and administrative information	4
Independent examiners' report	5
Statement of financial activities	6
Balance sheet	7
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Shackles Off Youth & Community Project

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for the year ended 31 March 2024

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Objects

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(a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
(b) Advancing education;
(c) Relieving unemployment;
(d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;

2) To relieve people who are in need by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit.

Achievements and performance

2023-2024 was the 16th year of operations in Seascale and the 3rd year of operations in Millom. This year we have had a focus on being 'youth led', encouraging young people to speak out, have their say and empowering them to make decisions around the design and delivery of their sessions. Social action sessions inspired young people to create a project they named hot choccy and chat. The aim of this new session is to discuss current events and teach young people how to express their thoughts and opinions in a safe, non-judgmental space. Young people have the opportunity to take part in healthy debates around sensitive or controversial topics and have the confidence to challenge opposing views. This approach enables them to feel empowered and able to make informed decisions that impact their lives as they transition into early adulthood.

Report of the trustees
for the year ended 31 March 2024

Overall, we have worked with 465 young people this year, highlighting the growing need for youth services in rural communities. This year we started to record the numbers of young people that are SEND (special educational needs disabilities) which currently stand at 32. The reason we added the SEND column to our monitoring system, was to ensure adequate support was in place for young people with additional needs and the sessions were staffed appropriately. We feel that by taking this into account, it helps us with our aim to be inclusive to all young people.

Shackles Off deliver 10 youth club sessions over 5 days every week. During these sessions the young people take part in fun activities, games and crafts while also developing life skills such as cooking. We also deliver informal education through workshops around issues such as mental health, anger management and sexual health. We have had residentials, day trips and school holiday provision as part of our programme over the last 12 months

We are now in the second year of delivering our bespoke 6-week NEET (Not in education employment or training) Prevention programme in Millom school. The programme is designed to meet the unique needs of young people in Millom and is aimed at those who are vulnerable, engaging in risk-taking behaviour or are at risk of exclusion and becoming NEET. Alongside this work we also run 1:1 sessions with young people to support their individual needs and wellbeing.

We received positive feedback from teachers at Millom school about the work we delivered last year. Because of this we were asked to return this year to deliver this programme again.

Project 1 of the New build Scheme is now complete, after protracted delays. The main issue was waiting for BT Openreach to install a telegraph pole and re-site telephone wires, in order that the demolition of the old prefab could take place. This took 8 months! and was extremely frustrating.

Financial review

The surplus for the year amounted to £147,723 (2023 : £66,459). At 31 March 2024 the CIO had restricted funds of £166,126 (2023 : £75,517) and unrestricted funds of £95,071 (2023 : £37,957).

Reserves policy

The policy of the organisation on formation was to have 3 months of operating costs in reserves. As the organisation has grown the aim now is to hold 6 months in reserves.

Plans for future periods

We secured the final bits of funding and are extremely grateful to GDF-Mid Copeland Community Partnership, who have been the main funder for the project. We would also like to thank Copeland Community fund for funding the remaining £150K of the £640K Project.

The site is now ready for the foundations and build, which was scheduled to start in May/June 2024. However, due to delays this has now moved to a start date of March 2025.

Report of the trustees
for the year ended 31 March 2024

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board

A Lee
Trustee

23 January 2025

Shackles Off Youth & Community Project

Legal and administrative information

Charity number	1194802	
Business address	The Old Vicarage The Banks Seascale CA20 1QT	
Trustees	K L Saunders	Resigned 31 August 2024
	A J Hanshaw	
	S J Falkner	
	J A Hardy	Appointed 09 November 2023
	A Lee	Appointed 09 November 2023
	W Kilworth-Mason	Appointed 24 February 2024
	C P Turner	Resigned 15 August 2023
	D I Davies	Resigned 27 June 2024
Accountants	robinson+co The Old Forge Beck Place Gosforth CA20 1AT	

Shackles Off Youth & Community Project

Independent examiner's report to the trustees on the unaudited financial statements of Shackles Off Youth & Community Project.

I report on the accounts of Shackles Off Youth & Community Project for the year ended 31 March 2024 set out on pages 1 to 15.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts. The trustees consider that the audit requirement of section 144 of the Charities Act 2011 (the Charities Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the Charities Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Ellwood

Mr Peter Ellwood FCA

Independent examiner

robinson+co
Chartered Accountants
The Old Forge, Beck Place
Gosforth
CA20 1AT

23 January 2025

Shackles Off Youth & Community Project

Statement of financial activities

For the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Income					
Donations and legacies	2	14,843	311,776	326,619	234,541
Other income	3	575	-	575	1,814
Transfer between funds	3	63,441	-	63,441	-
Total income		78,859	311,776	390,635	236,355
Expenditure					
Charitable activities	4	21,745	157,726	179,471	169,896
Transfer between funds	4	-	63,441	63,441	-
Total expenditure		21,745	221,167	242,912	169,896
Net income for the year		57,114	90,609	147,723	66,459
Total funds brought forward		37,957	75,517	113,474	47,014
Total funds carried forward		95,071	166,126	261,197	113,473

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

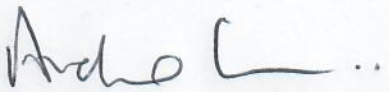
The notes on pages 8 to 15 form an integral part of these financial statements.

Shackles Off Youth & Community Project

Balance sheet
as at 31 March 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Tangible assets	8		85,717		22,276
Current assets					
Debtors	9	3,948		9,000	
Cash at bank and in hand		176,137		84,528	
		180,085		93,528	
Creditors: amounts falling due within one year	10	(4,605)		(2,330)	
Net current assets			175,480		91,198
Net assets			261,197		113,474
Funds	11				
Restricted income funds			166,126		75,517
Unrestricted income funds			95,071		37,957
Total funds			261,197		113,474

The financial statements were approved by the trustees on 23 January 2025 and signed on its behalf by



A Lee
Trustee

The notes on pages 8 to 15 form an integral part of these financial statements.

Notes to financial statements for the year ended 31 March 2024

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in UK Sterling which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.4. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Notes to financial statements for the year ended 31 March 2024

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties	-	Straight line over 50 years once completed

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Donations	3,234	-	3,234	2,665
1 in 100 club	1,353	-	1,353	3,124
Fundraising	2,333	-	2,333	1,907
Francis C Scott	-	16,000	16,000	15,000
Cumbria Community Foundation	-	16,682	16,682	5,000
Copeland Community Fund	3,975	46,198	50,173	50,174
Sellafield Ltd - NDA Project	-	23,155	23,155	23,155
South Whitehaven Youth Project	-	-	-	576
Tudor Trust	-	20,000	20,000	20,000
Hadfield	-	-	-	3,000
Grantscape - Walney Community Fund	-	9,000	9,000	9,000
Carlisle Diocese	3,948	-	3,948	3,948
Cumbria Alcohol Partnership	-	-	-	672
GDF-RWM (New build)	-	150,000	150,000	83,331
Western Fells Methodist Circuit	-	-	-	2,500
Cumbria County Council - HAF	-	11,592	11,592	1,278
Cumbria County Council	-	-	-	6,611
Phoenix Youth Project	-	-	-	2,600
Cumberland Council	-	8,800	8,800	-
Northern Rail	-	354	354	-
GDF - RWM South Copeland CIF	-	9,995	9,995	-
	14,843	311,776	326,619	234,541

3. Other income

	Unrestricted funds £	2024 Total £	2023 Total £
Other income	-	-	600
Income from tuckshop	575	575	1,214
	575	575	1,814
Fund transfer	63,441	63,441	-
	64,016	64,016	1,814

4. Costs of charitable activities - by fund type

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Youth and community work	21,424	72,764	94,189	96,303
Millom - staffing and other restricted costs	321	84,962	85,282	73,593
Fund transfer	-	63,441	63,441	-
	21,745	221,167	242,912	169,896

5. Costs of charitable activities - by activity

	Activities undertaken directly £	2024 Total £	2023 Total £
Youth and community work	94,189	94,189	96,303
Millom - staffing and other restricted costs	85,282	85,282	73,593
Exceptional costs of charitable activities	63,441	63,441	-
	242,912	242,912	169,896

6. Employees

Employment costs

	2024	2023
	£	£
Wages and salaries	114,292	114,720
Social security costs	1,794	2,436
Pension costs	1,794	1,825
Staff training and travel costs	2,638	1,535
	120,518	120,516

No employee received emoluments of more than £60,000 (2023 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year was as follows:

	2024	2023
	Number	Number
	9	8

7. Pension costs

The company operates a defined contribution pension scheme in respect of the its employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2024	2023
	£	£
Pension charge	1,794	1,825

8. Tangible fixed assets

	Long leasehold property	Total
	£	£
Cost		
At 1 April 2023	22,276	22,276
Additions	63,441	63,441
At 31 March 2024	85,717	85,717
Net book values		
At 31 March 2024	85,717	85,717
At 31 March 2023	22,276	22,276

9. Debtors

	2024	2023
	£	£
Prepayments and accrued income	3,948	9,000

10. Creditors: amounts falling due within one year

	2024	2023
	£	£
Other creditors	1,431	788
Accruals and deferred income	3,174	1,542
	4,605	2,330

11. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fund balances at 31 March 2024 as represented by:			
Tangible fixed assets	-	85,717	85,717
Current assets	99,676	80,409	180,085
Current liabilities	(4,605)	-	(4,605)
	95,071	166,126	261,197

Analysis of net assets between funds

	Unrestricted	Restricted	Total
	£	£	£
Fund balances at 31 March 2023 as represented by:			
Tangible fixed assets	-	63,558	63,558
Current assets	40,287	11,959	52,246
Current liabilities	(2,330)	-	(2,330)
	37,957	75,517	113,474

12. Unrestricted funds

	At 1 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Unrestricted Funds	37,957	78,859	(21,745)	95,071

Unrestricted funds - Previous period

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Unrestricted Funds	18,899	21,285	(2,227)	37,957

13. Restricted funds

	At 01 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Seascale staffing	5	57,109	(56,946)	168
Millom staffing	4,279	70,461	(69,119)	5,621
Youth work / other restricted funds	7,014	14,637	(15,601)	6,050
Christian work	608	-	(216)	392
Benevolent fund	53	-	-	53
New build project	63,558	150,000	(63,441)	150,117
Millom Restricted	-	19,569	(15,844)	3,725
	75,517	311,776	(221,167)	166,126

Restricted funds - previous period

	At 01 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Seascale staffing	1,070	56,977	(58,042)	5
Millom staffing	18,741	59,131	(73,593)	4,279
Youth work / other restricted funds	7,589	15,631	(16,206)	7,014
Christian work	656	-	(48)	608
Benevolent fund	59	-	(6)	53
New build project	-	83,331	(19,773)	63,558
	28,115	215,070	(167,668)	75,517

Purposes of restricted funds

During the year the charity received funding of £57,109 from various sources toward the cost of staffing at the Seascale site, costs of £56,946 were incurred, the balance of £168 was carried forward (Amount brought forward from the year ended 31 March 2023 was £5).

The charity received funding of £70,461 from various sources toward the cost of staffing at the Millom site, costs of £69,119 were incurred, the balance of £5,621 was carried forward (Amount brought forward from the year ended 31 March 2023 was £4,279)

The charity received funding of £14,637 from various sources toward the cost of youth workers and other expenses, costs of £15,601 were incurred, the balance of £6,050 was carried forward (Amount brought forward from the year ended 31 March 2023 was £7,014)

The charity has incurred costs of £216 relating to Christian work, the balance of £392 was carried forward (Amount brought forward from the year ended 31 March 2023 was £608)

No costs were incurred with regard to the Benevolent fund. The amount carried forward was £53.

The charity received a grant of £150,000 from GDF-RWM for the building of the new base, costs of £63,441 were incurred, so the balance carried forward is £150,117.

The charity recieved funding of £19,569 for various sources toward the day to day running of the Millom branch, costs were incurred of £15,844, the balance of £3,725 was carried forward.

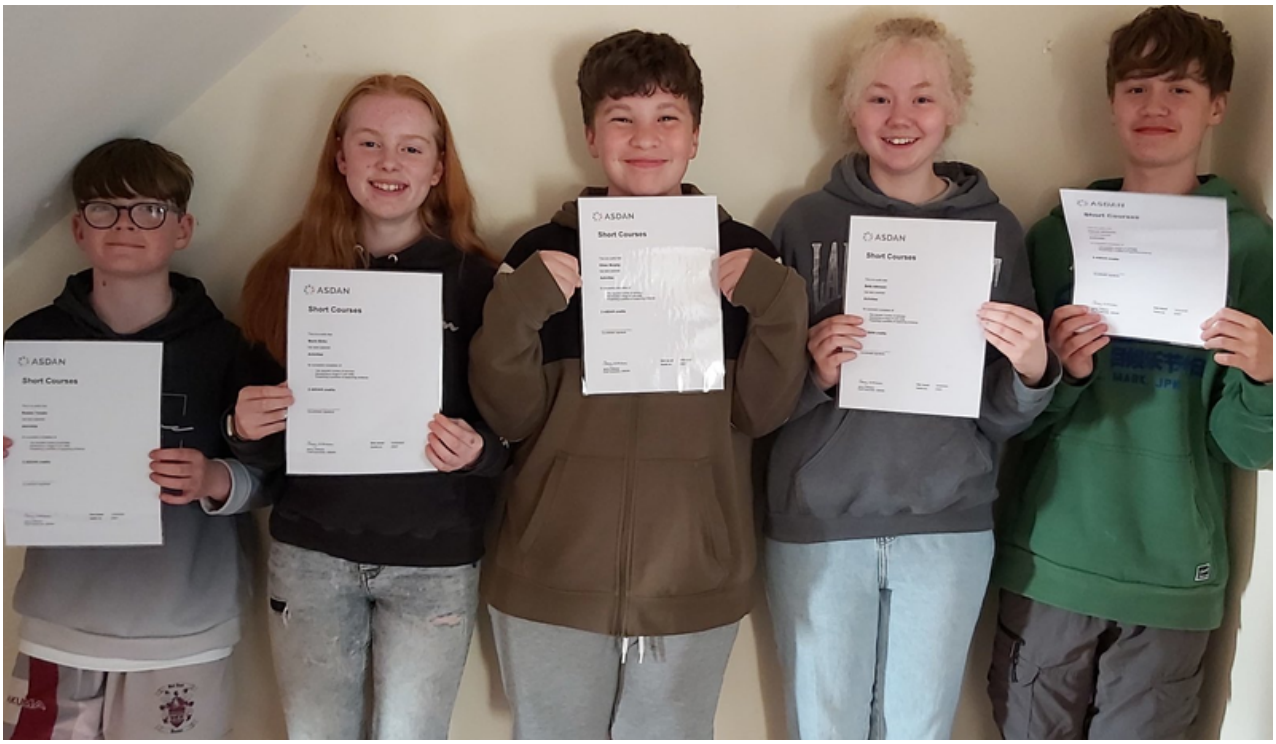
SHACKLES OFF YOUTH & COMMUNITY PROJECT

England & Wales - Charity number 1194802

Accounts

2022 - 2023

Shackles Off Annual Report



Shackles Off
Youth & Community Project

Table of Contents

01 — Yearly Overview

02 — Yearly Overview

03 — Yearly Overview

04 — Yearly Overview

05 — Youth Club

06 — Social Action

07 — Youth Development Fund

08 — NEET Project

09 — Over 50's Youth Club

10 — New Build

11 — Highlights

12 — Combined Figures

13 — Thank You

Yearly Overview

Introduction

2022-23 was our 14th year of operations in Seascale and the first full year of operations in Millom, following the delivery of the successful pilot the year before. This year through our youth led social action group we have branched out into the community more and engaged in partnership work with other community organisations. The purpose of this was to improve the intergenerational relationships within the local community and to showcase the young people in a positive light. Working in partnership with the local primary school was a reactive measure, to help support the number of young people and parents diagnosed with AUTISM and ADHD, which currently stands at 23% within the school.

Overall we have worked with **515** young people, this is an increase of 41% on last year. 47% of these young people have attended more than 4 sessions and 31% have attended more than 10 sessions. We have noticed an increase amongst both age groups in young people that are SEN and have EHCP's at school. This has not been officially recorded on our monitoring spreadsheets and we have added it moving forward, so we can measure this need. We have faced many challenges this year, particularly due to the vulnerability of the young people we are currently working with, this is described in detail later in this report.

Staff Changes



There have been a few changes to the staff team over the year, Lauren, a long standing youth worker, left to relocate to Sussex and the youthwork manager Rachel left to return to her homeland in Ireland. They have been a big loss to the organisation, however we have been very fortunate with their replacements. Joanne Pears has 15 years experience in the youth sector with 11 being in supervisory/line management roles, as well as some academic role experience with apprentices at the local college. Joanne brings with her a wealth of knowledge and experience and has settled well into the team. She has been instrumental in establishing links and working relationships with both Millom Comprehensive school and 2 local primary schools. This culminated in the launch of the 'reconnected' project in partnership with Millom school, in which two of the senior youthworkers deliver.

After a failed recruitment attempt in the summer we have now managed to recruit to the vacant youthworker role. We welcome Bobby Benge who has vast experience in general youthwork, youth offending team, and outdoor education. We are also delighted that Bobby lives in the Millom community, which is something we have wanted for a long time. Having someone who understands the community they work in because they live there, is extremely important when trying to understand the challenges that they face.

Yearly Overview

Holiday Provision

There has been a full programme of school holiday provision throughout the year which is additional to the normal sessions. Young people took part in trips to places such as; Walby farm park, Jump Rush in Morecambe, Flip out Manchester Lazer quest and escape rooms in Workington, Crystal maze and museum of science and industry in Manchester. As well as trips there has been additional sessions organised such as BBQ's, cooking sessions, sports sessions and cinema days.

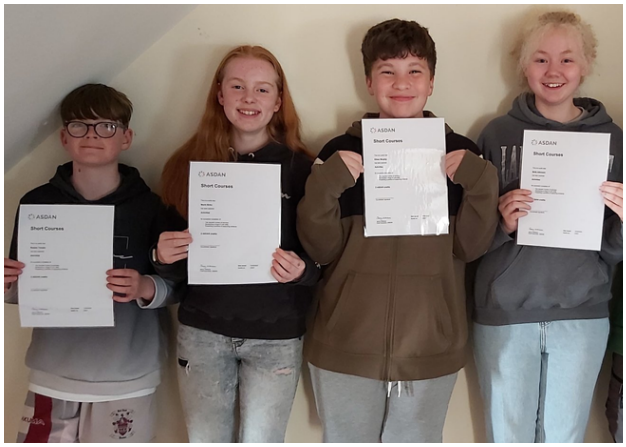
In order to take part in trips, young people have to earn points from a variety of different means, these include;





- Community tasks such as litter picks and helping at community events
- Taking part in issue based informal educational workshops eg risk taking behaviour, knife crime, CSE, online safety
- Positive engagement and behaviours
- Volunteering opportunities

Using the above model ensures that all young people have the same opportunities, no matter what their financial circumstances. For some young people this is their first chance to leave the county of Cumbria.



Accredited Awards

Shackles off offers the chance to participate in nationally accredited awards to all young people who they work with; this includes awards such as ASDAN, Heart Start, Suicide awareness Peer support, Youth Development project. Taking part in these awards ensures young people develop essential life skills which enables the transition into early adulthood and thereby increasing employability.

In Seascale there are poor transport links which means young people struggle to access other training opportunities outside of school. This kind of work is essential in helping to create a level playing field and provides additional opportunities for young people to develop employability skills and enhance their CV's. In Millom we have a number of young people who are school refusers where this kind of work is particularly important and creates an additional pathway for these young people.

Yearly Overview

NEET Project



The NEET project was new this year in Millom, although Shackles Off have experience delivering a NEET project in Seascale. After a slow start, in September Shackles Off approached Millom Comprehensive school, to deliver a preventative NEET project aimed at school refusers and those at risk of exclusion. The senior youthworkers developed a six week rolling programme which can be adapted to the individual needs of the group. The work was around confidence building, goal setting, looking at risk taking behaviours, challenging behaviours and anger management.

There has been a mixture of young people attending these sessions, some of whom are challenging and struggle to stay within a classroom environment, others have anxiety and low self-esteem/resilience issues. This work was delivered through a combination of targeted small group work and 1:1 sessions. Currently we have just started Cohort 3 and initial feedback from the school and the young people themselves is positive.

After every cohort the school and young people are given a feed-back form to describe how it went and if anything could be improved. The school gave feedback on one young person who had been a school refuser for nearly 2 years and had only attended 3 times. The school were delighted that this young girl had come into school for these sessions which helped with her re-engagement back in to school. The young girl suffered from chronic anxiety and said that attending the small group sessions helped her to 'reconnect' and hopefully use as a stepping stone to attending fulltime school. We now call this project 'reconnected'. As well as this programme there is a weekly NEET 'Drop In' in both Millom and Seascale, focussing on employability skills and helping young people into employment.

Challenges

Earlier in the report we mentioned the many challenges we faced in the last year. The main challenge has been of managing the large amount of challenging behaviour we have in one group. Youth workers are used to dealing with challenging behaviour, however having so many in one group has been immensely difficult and has needed a full range of intervention. This included ensuring we were involved in the community alcohol partnership, all the early help and TAF meetings that were in place, support from the local PCSO, restructuring sessions, a combination of centre based and detached work and sought specialist advice from other organisations in the area.

Yearly Overview

Challenges Cont.

Restructuring the sessions was the most important tool in managing the challenging behaviour. Previously there had been two X 1 ½ hour sessions per night and we changed this to three X 1 hour sessions. It was important to ensure that young people who wanted to engage had a chance to do so and could thrive in the correct environment. Along with this it was important to ensure the most challenging young people, many with additional needs, EHCP's and those awaiting diagnoses currently under mental health services such as CAMHS, were able to attend in a safe environment and given the support they need. Having the 3 sessions has meant we are managing to meet all the individual needs of young people accessing our services.

Shackles Off are delighted with the first year of work following on from the pilot and are proud of the achievements of young people in the centre and also the dedication of the staff and volunteer team. The year has highlighted the need for services such as ours, to exist in Millom. We are particularly pleased that the Millom community as a whole has welcomed, embraced and fundraised for us. Shackles Off hopes that we will continue to grow and be truly imbedded in the local community.



Youth Club Sessions

Shackles Off deliver 10 youth club sessions over 5 days every week. During these sessions the young people take part in fun activities, games and crafts while also developing life skills such as cooking. We also deliver informal education through workshops around issues such as mental health, anger management and sexual health.

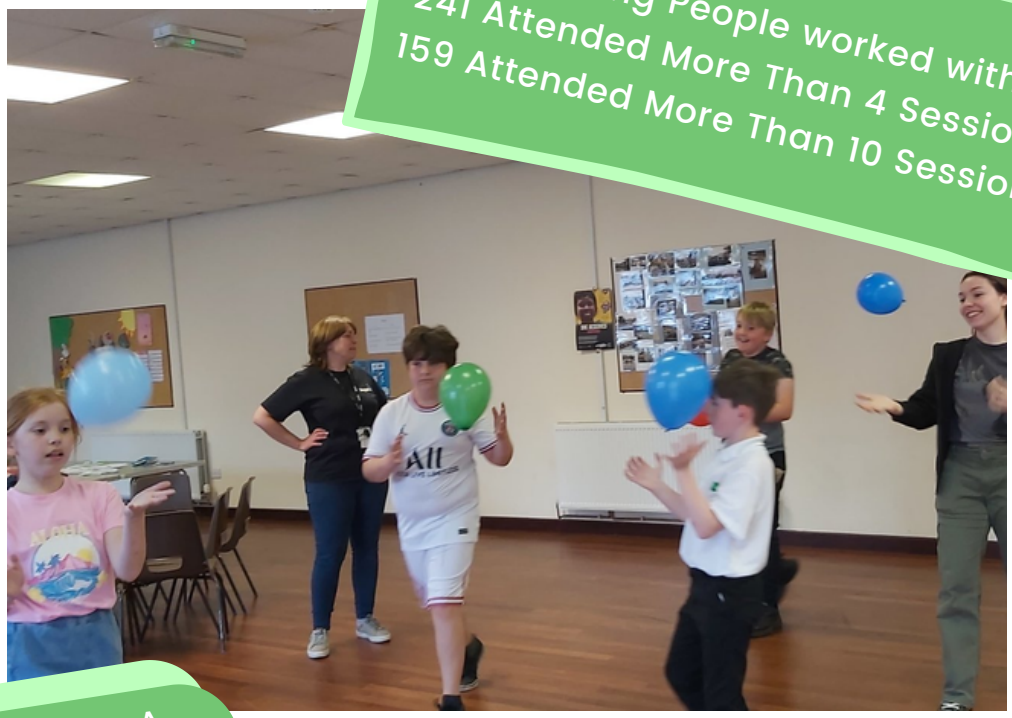
We work with Cumbria Alcohol Partnership (CAP) including local police and schools to tackle issues in the local area involving ant-social behaviour and drugs and alcohol. We designed and delivered a 4 week programme around drugs and alcohol to work with the young people.

Recently staff have launched a new project called 'hot choccy chat'. This session happens once a month and gives young people a chance to talk and debate trending issues and current affairs, in a non judgmental environment. This session gives young people a platform to voice their opinions, listen to others, learn and feel heard.











515 Young People worked with
241 Attended More Than 4 Sessions
159 Attended More Than 10 Sessions

163 Young People Taken Part In A Workshop
471 Recorded Outcomes Achieved

Social Action

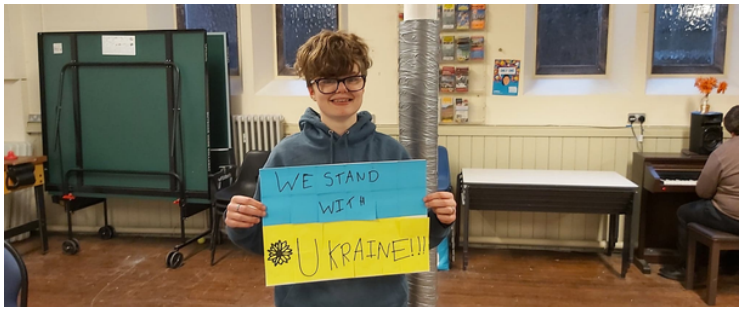






18 Social Actions Complete!





We run two weekly Social Action sessions in both Seascale and Millom. The purpose of these sessions are to help empower young people to find their voice and teach them that they can make a difference. We hope that through this group we can help them to develop and improve their skills and confidence. This is a youth lead project and the young people take initiative to plan their sessions and activities, as a group, around world issues and topics that interest them.

The Millom group decided to focus on an issue close to their hearts, mental health. They wanted to create a campaign for the local community to raise awareness around mental health and highlight local mental health services people could access. They created posters with their own tips to help your mental health and on the mental health services in Millom and south Cumbria. They shared these on social media and displayed them in a community building.

The Seascale group are close to their community and planned three community events this year. A Christmas afternoon tea for older members of the community, Easter and Christmas bingo fundraisers as well as children's disco. They also worked with other community groups to create Christmas crackers for the food bank and organised a donation Drop In for the Ukraine appeal.

They have continued to raise awareness about bees and other pollinators. They made bee hotels to display in their gardens and provide homes for bees and pollinators all over their local area. They also planted wildflowers at their local train station to provide a good source of pollen.

Both groups also planned and took part in a litter pick of their local area, took part in recycling awareness workshops, upcycled objects that would usually be sent to landfill, creating a wreath for remembrance day and made an artwork tribute to the queen after her death.

Youth Development Fund (YDF)

The Youth Development Fund (YDF), funded by Sellafield Ltd, is a project that youth providers across Copeland deliver. Young people get the opportunity to plan and organise their own trip. It provides young people with the opportunity to develop skills and confidence they can use in the future when looking for employment or engaging in further education. Young people also gain an ASDAN qualification through this process. The process also involves the group presenting their ideas to a panel of professionals for approval. This gives young people the chance to improve their public speaking and communication skills.

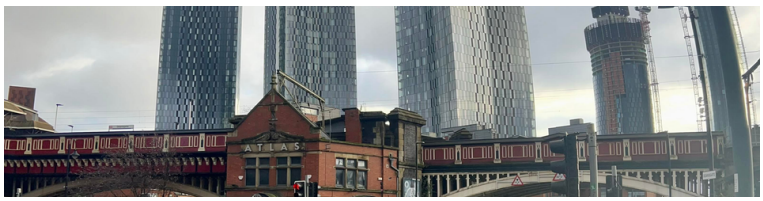
9 young people from Seascale took part in the YDF this year. They travelled to Carlisle to see a performance of 'Blood Brothers' at the Sands Centre, took part in a 3-hour casting workshop (dance, acting & voice). After a fun packed day, they enjoyed a well-deserved treat at 'Shanghai Shanghai' all you can eat Chinese restaurant!

A group of 10 young people from Millom to part in the YDF this year. They planned to go to Manchester traveling by train to visit the Science & Industry Museum and took part in the Crystal Maze Experience. Some of the young people had never been outside of the County or to a city before so they overcame anxieties about this. Other members of the group had never ridden the train further than Barrow.















16 National Accreditations Achieved!

NEET Project





Shackles Of provides weekly drop in sessions in Seascale and Millom for those who are not in education, training or employment (NEET). These sessions are a relaxed and safe space for those who attend. Staff provide advice and support in applying for jobs, creating CV's and finding education & training opportunities. Staff also work with school refusers, those with low attendance and those at risk of exclusion to prevent them from becoming NEET. Staff also provide 1:1 support with individuals wellbeing and mental health.

When young people first attend this project we have a 'get to know you' meeting so we can tailor the sessions to their needs. For example we are currently working with a young person with additional learning needs and anxiety to boost her confidence and enhance her CV. We are also focusing on interview techniques and helping with online applications.

This year we designed 6 week programme to be delivered in schools. The programme is aimed at those who are vulnerable, engaging in risk-taking behaviour or are at risk of exclusion and becoming NEET. We designed this programme after evaluating the needs of young people in Millom. We have created a number of sessions which cover a number of topics eg. Risk taking behaviour, anger management and employability.

We began delivering this programme in Millom Secondary School this year and are currently on our 3rd cohort of young people. We have received positive feedback from teachers and young people taking part in the programme. We recognise that group work doesn't work for everyone so we have also been running 1:1 sessions with young people to support them with their needs. This year we have worked with 4 young people on a 1:1 basis through this project in the school.

Over 50's Youth Club



This year has seen the launch of the over 50s youth club. The idea behind this was to address loneliness and isolation with the older members of the community post covid. This club has proved to be very successful in a short time with currently over 30 members attending on a bi-weekly basis. Our members range in ages from early 50s to early 90s. The members are encouraged to join in with activities they used to enjoy as a teen themselves, such as table tennis pool, baking, arts and crafts etc but more importantly to socialise and have fun.

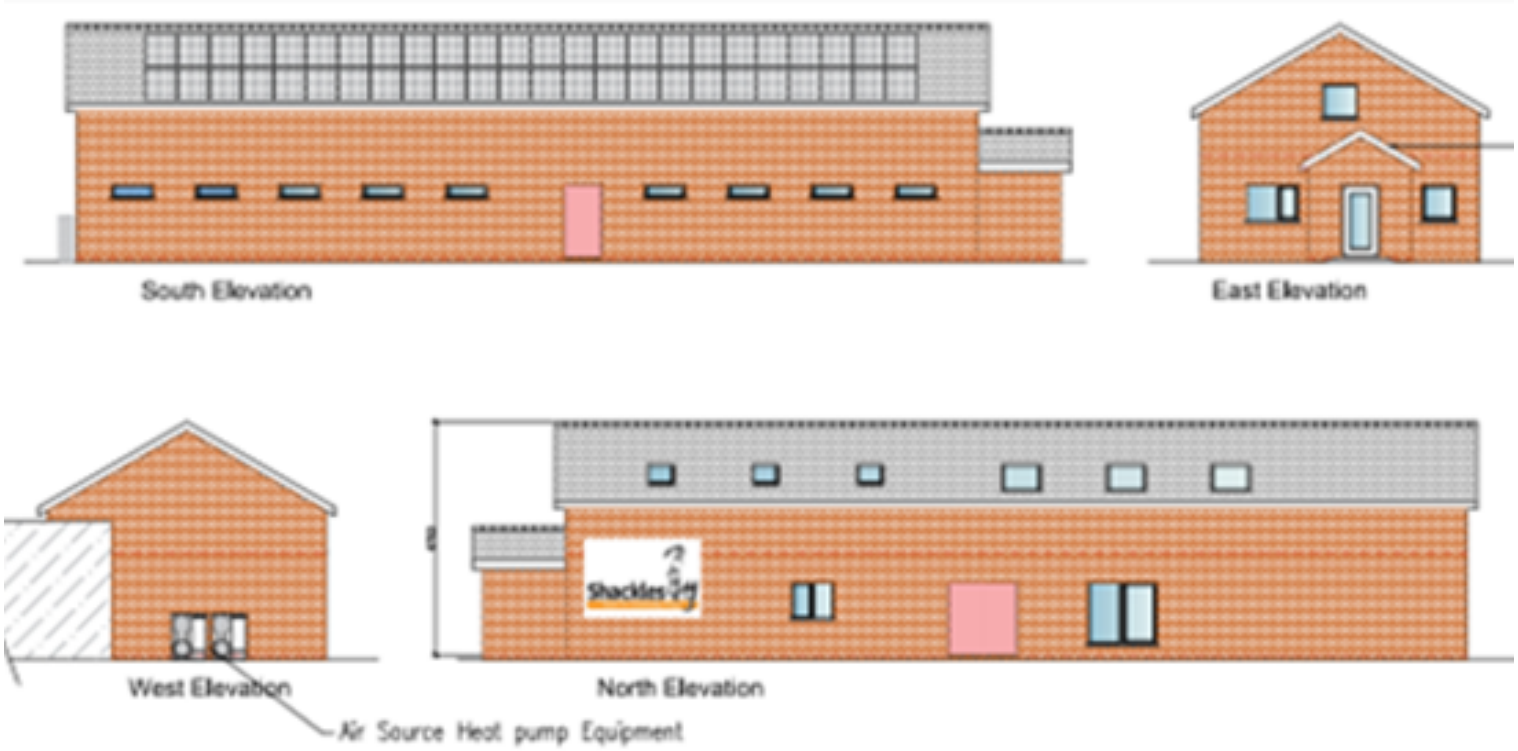
The group has provided an excellent platform to complete some intergenerational work by holding events that invite the younger members of the community to the over 50s youth club and join in games and activities together. The group have enjoyed the 50s and 60s music playlist and have a range of games that are both from their era and from the present and have been involved in quizzes and karaoke of all decades. The group has provided the opportunity for the members to get involved and try new things, share experience, gain new skills and watch their confidence grow and characters come out.

Quotes from the members:

"This music makes me feel like a young girl again!"

"I haven't had this much fun since I was child"

New Build



This last year was a year of change for Shackles Off and the start of new beginnings. We moved out of our South Parade 'Drop In' centre in April 2022 into our temporary home in the Old vicarage 200 yards up the road. We are very thankful to the Carlisle Diocese for stepping in to provide temporary accommodation for us, without which we may have struggled to continue our delivery.

Our New Build Youth & Community Centre Project has been 4 years in the conception. Shackles Off are excited that this year we secured funding from the Mid Copeland GDF community Partnership and have started to deliver phase 1 of this project. The 'new build' is to be sited on the Windscale Complex site in the old games room building adjacent to the tennis courts. Not for profit organisation SASRA has agreed to a 99 year lease on the land the 1950's prefab building currently stands on, this enabled us to seek funding for the replacement building. Phase 1 started in January 2023 and we anticipate that phase 2 will commence in July when the last bits of funding are in place.

We are very grateful to the support we have received from Mid Copeland GDF, in helping us realise our dream of owning our own purpose built Youth & Community Centre. We have also received support from the supply chain, in particular around the schedule of works. We are fortunate to have a project team of experienced professionals, 2 of which have recently retired from Sellafield, to oversee the delivery of the project. The project team is made up of Mandy & Joanne from Shackles Off and Volunteers; Steve Hall, Ian Richardson and Andy Lee. We would like to put on record our sincere thanks for the vast amount of volunteer hours and work they have put into this project so far, which will not only benefit Shackles Off, but the wider community.

Highlights













Combined Figures

Millom & Seascale Combined Figures 2022 - 2023
515 Young People worked with
241 Attended More Than 4 Sessions
159 Attended More Than 10 Sessions
163 Young People Taken Part In A Workshop
471 Recorded Outcomes Achieved
55 Workshops Delivered
16 National Accreditations

Meet The Team!



MANDY TAYLOR
Executive Officer



JOANNE PEARS
Project Manager



GEMMA DAWSON
Senior Youth Worker



BETHANY TAYLOR
Senior Youth Worker



CLAIRE RAWLINS
Youth Worker



SOPHIE TAYLOR
Youth Worker



CLAIRE CARRUTHERS
Youth Support Worker



BOBBY BENGE
Youth Worker

A big thank the volunteers on the Management team for their support and contributions to the successful running of the project; David Davies, Allison Hanshaw, Janet Hardy, Kina Saunders, Sheila Falkner & Paul Turner. An extra thanks to Janet for continuing to volunteer every Friday night in youth club, for the last 14 years.

We would also like to thank to the people of Seascale and Millom, for their continued support of the work we do. Also the regular donations we receive from members of the community, we couldn't do this without your support, for which we are truly grateful.

Lastly a big thank you to the organisations that have funded us over the last year and enabled us to continue to deliver quality youth work provision in Seascale and Millom.

CARLISLE DIOCESE

Cumbria County Council

The Hadfield Trust

The Methodist Church

FCSCT
FRANCIS C SCOTT CHARITABLE TRUST

the Tudor trust

CUMBRIA COMMUNITY FOUNDATION

Sellafield Ltd

COPELAND COMMUNITY FUND

Mid Copeland GDF Community Partnership

Walney Extension Community Fund

Charity number: 1194802

Shackles Off Youth & Community Project

Charitable Incorporated Organisation (CIO)

Trustees' report and financial statements

for the year ended 31 March 2023

robinson+co

Chartered Accountants

Shackles Off Youth & Community Project

Contents

	Page
Trustees report	1 - 3
Legal and administrative information	4
Independent examiners' report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 14

Shackles Off Youth & Community Project

Report of the trustees
for the year ended 31 March 2023

The trustees present their report and the financial statements for the year ended 31 March 2023. The trustees who served during the year and up to the date of this report are set out on page 4.

Structure, governance and management

Formation

Shackles Off Youth & Community Project (the CIO) was formed in June 2021 and registered with the Charity Commission under number 1194802 on 15 June 2021.

The CIO was formed with a view to taking over the assets, liabilities and activities of Shackles Off, a charitable association. The transfer of assets, liabilities and responsibilities took place on 1 July 2021.

Recruitment and appointment of trustees

Seascale Methodist Church can nominate four trustees onto the Board which maintains the charities links with its beginnings. Additional trustees are recruited as and when required. The trustees meet bi-monthly to oversee the management of the CIO. The Executive Officer is Mandy Taylor

Risk management

The trustees have assessed the major strategic, business and operations risks to which the organisation is exposed. They are satisfied that systems are in place to mitigate the exposure to these risks.

Objectives and activities

Objects

The following objects of the CIO are for the public benefit in Copeland and carried out in an inclusive environment with a Christian ethos:

1) To act as a resource for young people by providing advice and assistance and organising programmes of a physical, educational and other activities as a means of:
(a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
(b) Advancing education;
(c) Relieving unemployment;
(d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;

2) To relieve people who are in need by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit.

Shackles Off Youth & Community Project

Report of the trustees
for the year ended 31 March 2023

Achievements and performance

2022-23 was Shackles Off 14th year of operations in Seascale and the first full year of operations in Millom, following the delivery of the successful pilot the year before. This year through our youth led social action group we have branched out into the community more and engaged in partnership work with other community organisations. The purpose of this was to improve the intergenerational relationships within the local community and to showcase the young people in a positive light. Working in partnership with the local primary school was a reactive measure, to help support the number of young people and parents diagnosed with AUTISM and ADHD, which currently stands at 23% within the school. Overall across both delivery areas we have worked with 515 young people, this is an increase of 41% on last year. 47% of these young people have attended more than 4 sessions and 31% have attended more than 10 sessions. We have noticed an increase amongst both age groups in young people that are SEN and have EHCP's at school. This has not been officially recorded on our monitoring spreadsheets and we have added it moving forward, so we can measure this need. We have faced many challenges this year, particularly due to the vulnerability of the young people we are currently working with and have adapted our services to meet their needs.

There have been a few changes to the staff team over the year, Lauren, a long standing youth worker, left to relocate to Sussex and the youthwork manager Rachel left to return to her homeland in Ireland. They have been a big loss to the organisation, however we have been very fortunate with their replacements. Joanne Pears has 15 years experience in the youth sector with 11 being in supervisory/line management roles, as well as some academic role experience with apprentices at the local college. Joanne brings with her a wealth of knowledge and experience and has settled well into the team. She has been instrumental in establishing links and working relationships with both Millom Comprehensive school and 2 local primary schools. This culminated in the launch of the 'reconnected' project in partnership with Millom school, in which two of the senior youthworkers deliver. After a failed recruitment attempt in the summer we have now managed to recruit to the vacant youthworker role. We welcome Bobby Benge who has vast experience in general youthwork, youth offending team, and outdoor education. We are also delighted that Bobby lives in the Millom community, which is something we have wanted for a long time. Having someone who understands the community they work in because they live there, is extremely important when trying to understand the challenges that they face.

We would like to thank to the people of Seascale and Millom, for their continued support of the work we do. Also the regular donations we receive from members of the community, we couldn't do this without your support, for which we are truly grateful. Lastly a big thank you to the organisations that have funded us over the last year and enabled us to continue to deliver quality youth work provision in Seascale and Millom.

Financial review

The surplus for the year amounted to £66,459. At 31 March 2023 the CIO had restricted funds of £75,517 and unrestricted funds of £37,957.

Reserves policy

The policy of the organisation on formation was to have 3 months of operating costs in reserves. As the organisation has grown the aim now is to hold 6 months in reserves.

Plans for future periods

This last year was a year of change for Shackles Off and the start of new beginnings. We moved out of our South Parade 'Drop In' centre in April 2022 into our temporary home in the Old vicarage 200 yards up the road. We are very thankful to the Carlisle Diocese for stepping in to provide temporary accommodation for us, without which we may have struggled to continue our delivery. Our New Build Youth & Community Centre Project has been 4 years in the conception. Shackles Off are excited that this year we secured funding from the Mid Copeland GDF community Partnership and have started to deliver phase 1 of this project.

Report of the trustees
for the year ended 31 March 2023

The 'new build' is to be sited on the Windscale Complex site in the old games room building adjacent to the tennis courts. Not for profit organisation SASRA has agreed to a 99 year lease on the land the 1950's prefab building currently stands on, this enabled us to seek funding for the replacement building.

Phase 1 started in January 2023 and we anticipate that phase 2 will commence later in the year when the last bits of funding are in place. We are very grateful to the support we have received from Mid Copeland GDF, in helping us realise our dream of owning our own purpose built Youth & Community Centre. We have also received support from the supply chain, in particular around the schedule of works. We are fortunate to have a project team of experienced professionals, 2 of which have recently retired from Sellafield, to oversee the delivery of the project. The project team is made up of Mandy & Joanne from Shackles Off and Volunteers; Steve Hall, Ian Richardson and Andy Lee. We would like to put on record our sincere thanks for the vast amount of volunteer hours and work they have put into this project so far, which will not only benefit Shackles Off, but the wider community.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board

David I Davies

D I Davies
Trustee

29 January 2024

Shackles Off Youth & Community Project

Legal and administrative information

Charity number	1194802
Business address	The Old Vicarage The Banks Seascale CA20 1QT
Trustees	D I Davies K L Saunders A J Hanshaw C P Turner S J Falkner
Accountants	robinson+co The Old Forge Beck Place Gosforth CA20 1AT

Shackles Off Youth & Community Project

Independent examiner's report to the trustees on the unaudited financial statements of Shackles Off Youth & Community Project.

I report on the accounts of Shackles Off Youth & Community Project for the year ended 31 March 2023 set out on pages 1 to 14.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts. The trustees consider that the audit requirement of section 144 of the Charities Act 2011 (the Charities Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the Charities Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Ellwood

Mr Peter Ellwood FCA

Independent examiner

robinson+co
Chartered Accountants
Oxford Chambers, New Oxford Street
Workington
CA14 2LR

29 January 2024

Shackles Off Youth & Community Project

Statement of financial activities

For the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Income					
Donations and legacies	2	19,471	215,070	234,541	99,914
Other income	3	1,814	-	1,814	1,188
Transfer from unregistered charity	3	-	-	-	44,765
Total income		21,285	215,070	236,355	145,867
Expenditure					
Charitable activities	4	22,000	147,896	169,896	98,853
Exceptional costs of charitable activities	4	(19,773)	19,773	-	-
Total expenditure		2,227	167,669	169,896	98,853
Net income for the year		19,058	47,401	66,459	47,014
Total funds brought forward		18,899	28,115	47,014	-
Total funds carried forward		37,957	75,516	113,473	47,014

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognise gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 8 to 14 form an integral part of these financial statements.

Shackles Off Youth & Community Project

Balance sheet
as at 31 March 2023

	Notes	2023 £	2023 £	2022 £	2022 £
Fixed assets					
Tangible assets	8		22,276		-
Current assets					
Debtors	9	9,000		6,000	
Cash at bank and in hand		84,528		43,849	
		93,528		49,849	
Creditors: amounts falling due within one year	10	(2,330)		(2,835)	
Net current assets			91,198		47,014
Net assets			113,474		47,014
Funds	11				
Restricted income funds			75,517		28,115
Unrestricted income funds			37,957		18,899
Total funds			113,474		47,014

The financial statements were approved by the trustees on 29 January 2024 and signed on its behalf by

David I Davies

D I Davies
Trustee

The notes on pages 8 to 14 form an integral part of these financial statements.

Notes to financial statements for the year ended 31 March 2023

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding period.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in UK Sterling which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.4. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Notes to financial statements for the year ended 31 March 2023

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties	-	Straight line over 50 years once completed

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

2. Donations and legacies

	Unrestricted £	Restricted £	Year ended 31/03/23 £	Period ended 31/03/22 £
Donations	2,665	-	2,665	4,001
1 in 100 club	3,124	-	3,124	2,154
Fundraising	1,907	-	1,907	86
Francis C Scott	2,700	12,300	15,000	15,000
Cumbria Community Foundation	-	5,000	5,000	13,741
Copeland Community Fund	-	50,174	50,174	22,500
Sellafield Ltd - NDA Project	-	23,155	23,155	22,000
Co-op	-	-	-	5,265
Northern Rail	-	-	-	500
South Whitehaven Youth Project	-	576	576	4,000
Tudor Trust	1,927	18,073	20,000	-
Hadfield	-	3,000	3,000	-
Grantscape - Walney Community Fund	-	9,000	9,000	-
Carlisle Diocese	3,948	-	3,948	-
Cumbria Alcohol Partnership	-	672	672	-
GDF-RWM (New build)	-	83,331	83,331	-
Western Fells Methodist Circuit	2,500	-	2,500	-
Cumbria County Council - HAF	-	1,278	1,278	-
Cumbria County Council	-	6,611	6,611	-
Phoenix Youth Project	700	1,900	2,600	-
Government grants (Covid)	-	-	-	10,667
	19,471	215,070	234,541	99,914

3. Other income

	Unrestricted funds £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Other income	600	600	200
Income from tuckshop	1,214	1,214	820
Gift aid	-	-	168
	1,814	1,814	1,188
Transfer from unregistered charity	-	-	44,765
	1,814	1,814	45,953

4. Costs of charitable activities - by fund type

	Unrestricted funds £	Restricted funds £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Youth and community work	22,000	74,303	96,303	74,247
Millom - staffing and other restricted costs	-	73,593	73,593	24,606
Fund transfer	(19,773)	19,773	-	-
	2,227	167,669	169,896	98,853

5. Costs of charitable activities - by activity

	Activities undertaken directly £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Youth and community work	96,303	96,303	74,247
Millom - staffing and other restricted costs	73,593	73,593	24,606
	169,896	169,896	98,853

6. Employees

Employment costs

	Year ended 31/03/23 £	Year ended 31/03/23 £
Wages and salaries	114,720	64,636
Social security costs	2,436	1,101
Pension costs	1,825	1,713
Staff training and travel costs	1,535	2,195
	120,516	69,645

No employee received emoluments of more than £60,000 (2022 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year was as follows:

	Year ended 31/03/23 Number	Period ended 31/03/22 Number
	8	7

7. Pension costs

The company operates a defined contribution pension scheme in respect of the its employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	Year ended 31/03/23 £	Period ended 31/03/22 £
Pension charge	1,825	1,713

Notes to financial statements for the year ended 31 March 2023

8. Tangible fixed assets

	Long leasehold property £	Total £
Cost		
Additions	22,276	22,276
At 1 April 2022 and At 31 March 2023	22,276	22,276
Net book values		
At 31 March 2023	22,276	22,276

9. Debtors

	31/03/23 £	31/03/22 £
Prepayments and accrued income	9,000	6,000

10. Creditors: amounts falling due within one year

	31/03/23 £	31/03/22 £
Other creditors	788	1,335
Accruals and deferred income	1,542	1,500
	2,330	2,835

Notes to financial statements for the year ended 31 March 2023

11. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2023 as represented by:			
Tangible fixed assets	-	63,558	63,558
Current assets	40,287	11,959	52,246
Current liabilities	(2,330)	-	(2,330)
	37,957	75,517	113,474

Analysis of net assets between funds

	Unrestricted £	Restricted £	Total £
Fund balances at 31 March 2022 as represented by:			
Investment assets	-	-	-
Current assets	21,734	28,115	49,849
Current liabilities	(2,835)	-	(2,835)
	18,899	28,115	47,014

12. Unrestricted funds

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Unrestricted Funds	18,899	21,285	(2,227)	37,957

Unrestricted funds - Previous period

	At 1 July 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Unrestricted Funds	-	29,092	(10,193)	18,899

Notes to financial statements for the year ended 31 March 2023

13. Restricted funds

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Seascale staffing	1,070	56,977	(58,042)	5
Millom staffing	18,741	59,131	(73,593)	4,279
Youth work / other restricted funds	7,589	15,631	(16,206)	7,014
Christian work	656	-	(48)	608
Benevolent fund	59	-	(6)	53
New build project	-	83,331	(19,773)	63,558
	28,115	215,070	(167,668)	75,517

Restricted funds - previous period

	At 01 July 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Seascale staffing	-	51,485	(50,415)	1,070
Millom staffing	-	18,741	-	18,741
Youth work / other restricted funds	-	21,180	(13,591)	7,589
Christian work	-	704	(48)	656
Benevolent fund	-	59	-	59
Millom pilot	-	24,606	(24,606)	-
	-	116,775	(88,660)	28,115

Purposes of restricted funds

During the year the charity received funding of £56,977 from various sources toward the cost of staffing at the Seascale site, costs of £58,042 were incurred, the balance of £5 was carried forward (Amount brought forward from the period ended 31 March 2022 was £1,070).

The charity received funding of £59,131 from various sources toward the cost of staffing at the Millom site, costs of £73,593 were incurred, the balance of £4,279 was carried forward (Amount brought forward from the period ended 31 March 2022 was £18,741)

The charity received funding of £15,631 from various sources toward the cost of youth workers, costs of £16,206 were incurred, the balance of £608 was carried forward (Amount brought forward from the period ended 31 March 2022 was £7,589)

The charity received a grant of £83,331 from GDF-RWM for the building of the new base, costs of £19,773 were incurred, so the balance carried forward is £63,558.

Charity number: 1194802

Shackles Off Youth & Community Project

Charitable Incorporated Organisation (CIO)

Trustees' report and financial statements

for the year ended 31 March 2023

robinson+co

Chartered Accountants

Shackles Off Youth & Community Project

Contents

	Page
Trustees report	1 - 3
Legal and administrative information	4
Independent examiners' report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 14

Shackles Off Youth & Community Project

Report of the trustees
for the year ended 31 March 2023

The trustees present their report and the financial statements for the year ended 31 March 2023. The trustees who served during the year and up to the date of this report are set out on page 4.

Structure, governance and management

Formation

Shackles Off Youth & Community Project (the CIO) was formed in June 2021 and registered with the Charity Commission under number 1194802 on 15 June 2021.

The CIO was formed with a view to taking over the assets, liabilities and activities of Shackles Off, a charitable association. The transfer of assets, liabilities and responsibilities took place on 1 July 2021.

Recruitment and appointment of trustees

Seascale Methodist Church can nominate four trustees onto the Board which maintains the charities links with its beginnings. Additional trustees are recruited as and when required. The trustees meet bi-monthly to oversee the management of the CIO. The Executive Officer is Mandy Taylor

Risk management

The trustees have assessed the major strategic, business and operations risks to which the organisation is exposed. They are satisfied that systems are in place to mitigate the exposure to these risks.

Objectives and activities

Objects

The following objects of the CIO are for the public benefit in Copeland and carried out in an inclusive environment with a Christian ethos:

1) To act as a resource for young people by providing advice and assistance and organising programmes of a physical, educational and other activities as a means of:
(a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
(b) Advancing education;
(c) Relieving unemployment;
(d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;

2) To relieve people who are in need by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit.

Shackles Off Youth & Community Project

Report of the trustees
for the year ended 31 March 2023

Achievements and performance

2022-23 was Shackles Off 14th year of operations in Seascale and the first full year of operations in Millom, following the delivery of the successful pilot the year before. This year through our youth led social action group we have branched out into the community more and engaged in partnership work with other community organisations. The purpose of this was to improve the intergenerational relationships within the local community and to showcase the young people in a positive light. Working in partnership with the local primary school was a reactive measure, to help support the number of young people and parents diagnosed with AUTISM and ADHD, which currently stands at 23% within the school. Overall across both delivery areas we have worked with 515 young people, this is an increase of 41% on last year. 47% of these young people have attended more than 4 sessions and 31% have attended more than 10 sessions. We have noticed an increase amongst both age groups in young people that are SEN and have EHCP's at school. This has not been officially recorded on our monitoring spreadsheets and we have added it moving forward, so we can measure this need. We have faced many challenges this year, particularly due to the vulnerability of the young people we are currently working with and have adapted our services to meet their needs.

There have been a few changes to the staff team over the year, Lauren, a long standing youth worker, left to relocate to Sussex and the youthwork manager Rachel left to return to her homeland in Ireland. They have been a big loss to the organisation, however we have been very fortunate with their replacements. Joanne Pears has 15 years experience in the youth sector with 11 being in supervisory/line management roles, as well as some academic role experience with apprentices at the local college. Joanne brings with her a wealth of knowledge and experience and has settled well into the team. She has been instrumental in establishing links and working relationships with both Millom Comprehensive school and 2 local primary schools. This culminated in the launch of the 'reconnected' project in partnership with Millom school, in which two of the senior youthworkers deliver. After a failed recruitment attempt in the summer we have now managed to recruit to the vacant youthworker role. We welcome Bobby Benge who has vast experience in general youthwork, youth offending team, and outdoor education. We are also delighted that Bobby lives in the Millom community, which is something we have wanted for a long time. Having someone who understands the community they work in because they live there, is extremely important when trying to understand the challenges that they face.

We would like to thank to the people of Seascale and Millom, for their continued support of the work we do. Also the regular donations we receive from members of the community, we couldn't do this without your support, for which we are truly grateful. Lastly a big thank you to the organisations that have funded us over the last year and enabled us to continue to deliver quality youth work provision in Seascale and Millom.

Financial review

The surplus for the year amounted to £66,459. At 31 March 2023 the CIO had restricted funds of £75,517 and unrestricted funds of £37,957.

Reserves policy

The policy of the organisation on formation was to have 3 months of operating costs in reserves. As the organisation has grown the aim now is to hold 6 months in reserves.

Plans for future periods

This last year was a year of change for Shackles Off and the start of new beginnings. We moved out of our South Parade 'Drop In' centre in April 2022 into our temporary home in the Old vicarage 200 yards up the road. We are very thankful to the Carlisle Diocese for stepping in to provide temporary accommodation for us, without which we may have struggled to continue our delivery. Our New Build Youth & Community Centre Project has been 4 years in the conception. Shackles Off are excited that this year we secured funding from the Mid Copeland GDF community Partnership and have started to deliver phase 1 of this project.

Report of the trustees
for the year ended 31 March 2023

The 'new build' is to be sited on the Windscale Complex site in the old games room building adjacent to the tennis courts. Not for profit organisation SASRA has agreed to a 99 year lease on the land the 1950's prefab building currently stands on, this enabled us to seek funding for the replacement building.

Phase 1 started in January 2023 and we anticipate that phase 2 will commence later in the year when the last bits of funding are in place. We are very grateful to the support we have received from Mid Copeland GDF, in helping us realise our dream of owning our own purpose built Youth & Community Centre. We have also received support from the supply chain, in particular around the schedule of works. We are fortunate to have a project team of experienced professionals, 2 of which have recently retired from Sellafield, to oversee the delivery of the project. The project team is made up of Mandy & Joanne from Shackles Off and Volunteers; Steve Hall, Ian Richardson and Andy Lee. We would like to put on record our sincere thanks for the vast amount of volunteer hours and work they have put into this project so far, which will not only benefit Shackles Off, but the wider community.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board

David I Davies

D I Davies
Trustee

29 January 2024

Shackles Off Youth & Community Project

Legal and administrative information

Charity number	1194802
Business address	The Old Vicarage The Banks Seascale CA20 1QT
Trustees	D I Davies K L Saunders A J Hanshaw C P Turner S J Falkner
Accountants	robinson+co The Old Forge Beck Place Gosforth CA20 1AT

Shackles Off Youth & Community Project

Independent examiner's report to the trustees on the unaudited financial statements of Shackles Off Youth & Community Project.

I report on the accounts of Shackles Off Youth & Community Project for the year ended 31 March 2023 set out on pages 1 to 14.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts. The trustees consider that the audit requirement of section 144 of the Charities Act 2011 (the Charities Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the Charities Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Ellwood

Mr Peter Ellwood FCA

Independent examiner

robinson+co
Chartered Accountants
Oxford Chambers, New Oxford Street
Workington
CA14 2LR

29 January 2024

Shackles Off Youth & Community Project

Statement of financial activities

For the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Income					
Donations and legacies	2	19,471	215,070	234,541	99,914
Other income	3	1,814	-	1,814	1,188
Transfer from unregistered charity	3	-	-	-	44,765
Total income		21,285	215,070	236,355	145,867
Expenditure					
Charitable activities	4	22,000	147,896	169,896	98,853
Exceptional costs of charitable activities	4	(19,773)	19,773	-	-
Total expenditure		2,227	167,669	169,896	98,853
Net income for the year		19,058	47,401	66,459	47,014
Total funds brought forward		18,899	28,115	47,014	-
Total funds carried forward		37,957	75,516	113,473	47,014

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognise gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 8 to 14 form an integral part of these financial statements.

Shackles Off Youth & Community Project

Balance sheet
as at 31 March 2023

	Notes	2023 £	2023 £	2022 £	2022 £
Fixed assets					
Tangible assets	8		22,276		-
Current assets					
Debtors	9	9,000		6,000	
Cash at bank and in hand		84,528		43,849	
		93,528		49,849	
Creditors: amounts falling due within one year	10	(2,330)		(2,835)	
Net current assets			91,198		47,014
Net assets			113,474		47,014
Funds	11				
Restricted income funds			75,517		28,115
Unrestricted income funds			37,957		18,899
Total funds			113,474		47,014

The financial statements were approved by the trustees on 29 January 2024 and signed on its behalf by

David I Davies

D I Davies
Trustee

The notes on pages 8 to 14 form an integral part of these financial statements.

Notes to financial statements for the year ended 31 March 2023

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding period.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in UK Sterling which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.4. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Notes to financial statements for the year ended 31 March 2023

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties	-	Straight line over 50 years once completed

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

2. Donations and legacies

	Unrestricted £	Restricted £	Year ended 31/03/23 £	Period ended 31/03/22 £
Donations	2,665	-	2,665	4,001
1 in 100 club	3,124	-	3,124	2,154
Fundraising	1,907	-	1,907	86
Francis C Scott	2,700	12,300	15,000	15,000
Cumbria Community Foundation	-	5,000	5,000	13,741
Copeland Community Fund	-	50,174	50,174	22,500
Sellafield Ltd - NDA Project	-	23,155	23,155	22,000
Co-op	-	-	-	5,265
Northern Rail	-	-	-	500
South Whitehaven Youth Project	-	576	576	4,000
Tudor Trust	1,927	18,073	20,000	-
Hadfield	-	3,000	3,000	-
Grantscape - Walney Community Fund	-	9,000	9,000	-
Carlisle Diocese	3,948	-	3,948	-
Cumbria Alcohol Partnership	-	672	672	-
GDF-RWM (New build)	-	83,331	83,331	-
Western Fells Methodist Circuit	2,500	-	2,500	-
Cumbria County Council - HAF	-	1,278	1,278	-
Cumbria County Council	-	6,611	6,611	-
Phoenix Youth Project	700	1,900	2,600	-
Government grants (Covid)	-	-	-	10,667
	19,471	215,070	234,541	99,914

3. Other income

	Unrestricted funds £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Other income	600	600	200
Income from tuckshop	1,214	1,214	820
Gift aid	-	-	168
	1,814	1,814	1,188
Transfer from unregistered charity	-	-	44,765
	1,814	1,814	45,953

4. Costs of charitable activities - by fund type

	Unrestricted funds £	Restricted funds £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Youth and community work	22,000	74,303	96,303	74,247
Millom - staffing and other restricted costs	-	73,593	73,593	24,606
Fund transfer	(19,773)	19,773	-	-
	2,227	167,669	169,896	98,853

5. Costs of charitable activities - by activity

	Activities undertaken directly £	Year ended 31/03/23 Total £	Period ended 31/03/22 Total £
Youth and community work	96,303	96,303	74,247
Millom - staffing and other restricted costs	73,593	73,593	24,606
	169,896	169,896	98,853

6. Employees

Employment costs

	Year ended 31/03/23 £	Year ended 31/03/23 £
Wages and salaries	114,720	64,636
Social security costs	2,436	1,101
Pension costs	1,825	1,713
Staff training and travel costs	1,535	2,195
	120,516	69,645

No employee received emoluments of more than £60,000 (2022 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year was as follows:

	Year ended 31/03/23 Number	Period ended 31/03/22 Number
	8	7

7. Pension costs

The company operates a defined contribution pension scheme in respect of the its employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	Year ended 31/03/23 £	Period ended 31/03/22 £
Pension charge	1,825	1,713

Notes to financial statements for the year ended 31 March 2023

8. Tangible fixed assets

	Long leasehold property £	Total £
Cost		
Additions	22,276	22,276
At 1 April 2022 and At 31 March 2023	22,276	22,276
Net book values		
At 31 March 2023	22,276	22,276

9. Debtors

	31/03/23 £	31/03/22 £
Prepayments and accrued income	9,000	6,000

10. Creditors: amounts falling due within one year

	31/03/23 £	31/03/22 £
Other creditors	788	1,335
Accruals and deferred income	1,542	1,500
	2,330	2,835

Notes to financial statements for the year ended 31 March 2023

11. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2023 as represented by:			
Tangible fixed assets	-	63,558	63,558
Current assets	40,287	11,959	52,246
Current liabilities	(2,330)	-	(2,330)
	37,957	75,517	113,474

Analysis of net assets between funds

	Unrestricted £	Restricted £	Total £
Fund balances at 31 March 2022 as represented by:			
Investment assets	-	-	-
Current assets	21,734	28,115	49,849
Current liabilities	(2,835)	-	(2,835)
	18,899	28,115	47,014

12. Unrestricted funds

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Unrestricted Funds	18,899	21,285	(2,227)	37,957

Unrestricted funds - Previous period

	At 1 July 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Unrestricted Funds	-	29,092	(10,193)	18,899

Notes to financial statements for the year ended 31 March 2023

13. Restricted funds

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Seascale staffing	1,070	56,977	(58,042)	5
Millom staffing	18,741	59,131	(73,593)	4,279
Youth work / other restricted funds	7,589	15,631	(16,206)	7,014
Christian work	656	-	(48)	608
Benevolent fund	59	-	(6)	53
New build project	-	83,331	(19,773)	63,558
	28,115	215,070	(167,668)	75,517

Restricted funds - previous period

	At 01 July 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Seascale staffing	-	51,485	(50,415)	1,070
Millom staffing	-	18,741	-	18,741
Youth work / other restricted funds	-	21,180	(13,591)	7,589
Christian work	-	704	(48)	656
Benevolent fund	-	59	-	59
Millom pilot	-	24,606	(24,606)	-
	-	116,775	(88,660)	28,115

Purposes of restricted funds

During the year the charity received funding of £56,977 from various sources toward the cost of staffing at the Seascale site, costs of £58,042 were incurred, the balance of £5 was carried forward (Amount brought forward from the period ended 31 March 2022 was £1,070).

The charity received funding of £59,131 from various sources toward the cost of staffing at the Millom site, costs of £73,593 were incurred, the balance of £4,279 was carried forward (Amount brought forward from the period ended 31 March 2022 was £18,741)

The charity received funding of £15,631 from various sources toward the cost of youth workers, costs of £16,206 were incurred, the balance of £608 was carried forward (Amount brought forward from the period ended 31 March 2022 was £7,589)

The charity received a grant of £83,331 from GDF-RWM for the building of the new base, costs of £19,773 were incurred, so the balance carried forward is £63,558.

SHACKLES OFF YOUTH & COMMUNITY PROJECT

England & Wales - Charity number 1194802

Accounts

CC

Charity number: 1194802

Shackles Off Youth & Community Project

Charitable Incorporated Organisation (CIO)

Trustees' report and financial statements

for the period ended 31 March 2022

robinson+co

Chartered Accountants

Shackles Off Youth & Community Project

Contents

	Page
Trustees report	1 - 4
Legal and administrative information	5
Independent examiners' report	6
Statement of financial activities	7
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Shackles Off Youth & Community Project

Report of the trustees
for the period ended 31 March 2022

The trustees present their report and the financial statements for the period ended 31 March 2022. The trustees who served during the period and up to the date of this report are set out on page 5.

Structure, governance and management

Formation

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Risk management

The trustees have assessed the major strategic, business and operations risks to which the organisation is exposed. They are satisfied that systems are in place to mitigate the exposure to these risks.

Objectives and activities

Objects

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(b) Advancing education;
(c) Relieving unemployment;
(d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;

2) To relieve people who are in need by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit.

Shackles Off Youth & Community Project

Report of the trustees
for the period ended 31 March 2022

Achievements and performance

After spending 13 years as part of Seascale Methodist Church, this year Shackles Off became an independent charity. The decision was taken as Shackles Off has grown over the years and it was felt that the time was right to register as an independent CIO. Seascale Methodist Church can nominate 4 trustees onto the board which maintains the charities links with its beginnings. This is the first Annual report for the new charity.

This year was the start of things getting back to normal after the COVID 19 pandemic. It has been great to be able to run youth clubs and activities without restrictions and also get back to having day trips away. The National Youthwork Association (NYA) who are the national body for youthwork, has produced excellent guidelines and advice during the whole of the pandemic. Shackles Off has followed this advice including the traffic light system and it was a great feeling earlier in the year, when it changed to green and we could commence all our activities as normal. Shackles Off arranged mainly local trips in Cumbria during the year, with the furthest a field being a trip to Manchester as part of the youth development fund project. We decided to leave residential trips for this year and to restart them next year when everyone had got used to having no restrictions again.

The main news for Shackles Off this year was the addition of a new delivery area in Millom. After discussions with other statutory and voluntary organisations it was decided that we would start youth operations at a second site in Millom. The town has had inconsistent youth work over the last 15 years and it was felt by other agencies that it was a town in desperate need of generic youth work. There are other activities for children and young people in Millom, however most of these come with a cost attached. The majority of Millom is in the bottom 20% of deprivation on the Governments Indices of Multiple deprivation (IMD) and it was felt there was a big need to have a service such as Shackles Off in Millom. This was backed up by commissioned consultations and information from other statutory and voluntary organisations. We joined the Millom alcohol partnership project (CAP) which consists of statutory and voluntary organisations as well as businesses, with the aim of tackling the problem of underage drinking and associated anti-social behaviour. Following funding received from Cumbria County Council and Sellafield Ltd, Shackles Off launched a pilot project in April 2021, which would last a year. The project was well received and the numbers of young people we worked with during the year are as follows;

122 Children & young people reached in initial outreach prior to start of Pilot Project
167 Children & young people have attended sessions and activities throughout the year.

During the pilot project we held 3 clubs over 2 days which increased to include and extra club during the pilot. The youth clubs consisted of fun activities, issue based informal education on topics such as drug & alcohol abuse, internet safety and 'looking after your mental health' to name a few, as well as community events. We also provided free holiday provision and day trips. There was an evaluation towards the end of the pilot year, which consisted of three separate questionnaires for young people, parents and other stakeholders. This consultation formed part of our funding bids to secure youth provision for three years following on from the pilot year. We are delighted to say we have been successful in securing 3 years funding for the Millom project from Tudor Trust, Sellafield Ltd, Copeland Community fund and Cumbria Community foundations 'Better tomorrows' fund. We have added in some additional sessions including a NEET project (Not in education, employment or training) and are very excited to build on the work of the pilot over the next three years.

Shackles Off Youth & Community Project

Report of the trustees
for the period ended 31 March 2022

Seascale provision is now back to normal after the pandemic and consists of the following sessions Monday-Friday;

Monday-
Parent Support Group 10:00-12:00
NEET Provision 14:00-16:00
Social Action Group 17:00-19:00
Wednesday-
NEET Provision 14:00-16:00
Midweek Youth group & Informal education workshops 18:00-21:00
Thursday-
Depression Support Group 15:00-16:00 every fortnight
Friday-
Junior Youth Club aged 6-11- 17:45-19:00
Friday Night Project aged 11+- 19:15-21:00

As well as the above sessions we also have 1:1 sessions with young people both at Shackles Off centre and West Lakes Academy school.

During the period we have provided full holiday provision including day trips and additional activities. Young people from Seascale have really struggled through the pandemic and we have tried to ensure that there is support in place to meet individual needs. They have enjoyed getting back to normal and in particular enjoyed taking part in a Graffiti project where they produced 5 large boards which will eventually go up around the beach area. This was one of the first activities we did as things were getting back to normal.

The numbers of young people attending for Seascale this period are;

199 Children & young people have attended sessions and activities throughout the period.
48 adults have taken part in the activities specifically aimed at this age group eg: Parent support group.

Overall It has been a busy period and great to get away from the 'zoom sessions' that came the norm during the pandemic. We would like to thank our local community for all the support they give us, including the donations and fundraising. We would also like to thank our grant funders, without whom none of this would be possible. We are very excited to enter the coming year and are very much being led by young people, in what they would like to see happen in their sessions and extra activities this year, as well as the proposed 'new build project', after all it is their project!

Financial review

The surplus for the period amounted to £47,014. At 31 March 2022 the CIO had restricted funds of £28,115 and unrestricted funds of £18,899.

Reserves policy
The policy of the organisation on formation was to have 3 months of operating costs in reserves. As the organisation has grown the aim now is to hold 6 months in reserves.

Report of the trustees
for the period ended 31 March 2022

Plans for future periods

During this period we have been given the expected notice on our Seascale centre and will have to vacate the premises in April as it is being sold. We have been very fortunate to secure temporary accommodation in the old vicarage, which is a great space and we are looking forward to moving during April. We would like to thank the Carlisle Diocese in letting us use this space. Work is very much ongoing on the 'new build' project and we hope to see a purpose built youth & community centre in the village within the next two years. We have identified a site and SASRA who own the site, are prepared to give us a 99 year lease on a piece of land for a peppercorn rent. We have a joint project team with a mix of experience including project management. The project team are overseeing the 'new build' project and we are currently in the process of securing funding to hopefully start in the coming year.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial period which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board

A J Hanshaw
Trustee

C P Turner
Trustee

30 January 2023

Shackles Off Youth & Community Project

Legal and administrative information

Charity number	1194802
Business address	The Old Vicarage The Banks Seascale CA20 1QT
Trustees	D I Davies K L Saunders A J Hanshaw C P Turner S J Falkner
Accountants	robinson+co Oxford Chambers New Oxford Street Workington CA14 2LR

Shackles Off Youth & Community Project

Independent examiner's report to the trustees on the unaudited financial statements of Shackles Off Youth & Community Project.

I report on the accounts of Shackles Off Youth & Community Project for the period ended 31 March 2022 set out on pages 1 to 13.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts. The trustees consider that the audit requirement of section 144 of the Charities Act 2011 (the Charities Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the Charities Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Ellwood

Mr Peter Ellwood FCA

Independent examiner

robinson+co
Chartered Accountants
Oxford Chambers, New Oxford Street
Workington
CA14 2LR

30 January 2023

Shackles Off Youth & Community Project

Statement of financial activities

For the period ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	Period ended 31/03/22 Total £
Income				
Donations and legacies	2	4,541	95,373	99,914
Other income	3	1,188	-	1,188
Transfer from unregistered charity	3	23,363	21,402	44,765
Total income		29,092	116,775	145,867
Expenditure				
Charitable activities	4	10,193	88,660	98,853
Total expenditure		10,193	88,660	98,853
Total funds brought forward		-	-	-
Total funds carried forward		18,899	28,115	47,014

The statement of financial activities includes all gains and losses in the period and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

Shackles Off Youth & Community Project

Balance sheet
as at 31 March 2022

	Notes	£	31/03/22 £
Current assets			
Debtors	8	6,000	
Cash at bank and in hand		43,849	
		49,849	
Creditors: amounts falling due within one year	9	(2,835)	
Net current assets			47,014
Net assets			47,014
Funds	10		
Restricted income funds			28,115
Unrestricted income funds			18,899
Total funds			47,014

The financial statements were approved by the trustees on 30 January 2023 and signed on its behalf by

A J Hanshaw
Trustee

C P Turner
Trustee

The notes on pages 9 to 13 form an integral part of these financial statements.

Notes to financial statements for the period ended 31 March 2022

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in UK Sterling which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.4. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Notes to financial statements for the period ended 31 March 2022

1.5. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the period.

2. Donations and legacies

	Unrestricted £	Restricted £	Period ended 31/03/22 £
Donations	2,301	1,700	4,001
1 in 100 club	2,154	-	2,154
Fundraising	86	-	86
Francis C Scott	-	15,000	15,000
Cumbria Community Foundation	-	13,741	13,741
Copeland Community Fund	-	22,500	22,500
Sellafield Ltd - NDA Project	-	22,000	22,000
Co-op	-	5,265	5,265
Northern Rail	-	500	500
South Whitehaven Youth Project	-	4,000	4,000
Government grants (Covid)	-	10,667	10,667
	4,541	95,373	99,914

3. Other income

	Unrestricted funds £	Restricted funds £	Period ended 31/03/22 Total £
Other income	200	-	200
Income from tuckshop	820	-	820
Gift aid	168	-	168
	1,188	-	1,188
Transfer from unregistered charity	23,363	21,402	44,765
	24,551	21,402	45,953

4. Costs of charitable activities - by fund type

	Unrestricted funds £	Restricted funds £	Period ended 31/03/22 Total £
Youth and community work	10,193	64,054	74,247
Millom pilot	-	24,606	24,606
	10,193	88,660	98,853

5. Costs of charitable activities - by activity

	Activities undertaken directly £	Period ended 31/03/22 Total £
Youth and community work	74,247	74,247
Millom pilot	24,606	24,606
	98,853	98,853

6. Employees

Employment costs

	Period ended 31/03/22 £
Wages and salaries	64,636
Social security costs	1,101
Pension costs	1,713
Staff training and travel costs	2,195
	69,645

No employee received emoluments of more than £60,000 (2021 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the period was as follows:

	Period ended 31/03/22 Number
	7

7. Pension costs

The company operates a defined contribution pension scheme in respect of the its employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	Period ended 31/03/22 £
Pension charge	1,713

8. Debtors

	31/03/22 £
Prepayments and accrued income	6,000

9. Creditors: amounts falling due within one year

	31/03/22
	£
Other creditors	1,335
Accruals and deferred income	1,500
	2,835

10. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fund balances at 31 March 2022 as represented by:			
Current assets	21,734	28,115	49,849
Current liabilities	(2,835)	-	(2,835)
	18,899	28,115	47,014

11. Unrestricted funds

	At 1 July 2021	Incoming resources	Outgoing resources	At 31 March 2022
	£	£	£	£
Unrestricted Funds	-	29,092	(10,193)	18,899

12. Restricted funds

	At 1 July 2021	Incoming resources	Outgoing resources	At 31 March 2022
	£	£	£	£
Seascale staffing	-	51,485	(50,415)	1,070
Millom staffing	-	18,741	-	18,741
Youth work / other restricted funds	-	21,180	(13,591)	7,589
Christian work	-	704	(48)	656
Benevolent fund	-	59	-	59
Millom pilot	-	24,606	(24,606)	-
	-	116,775	(88,660)	28,115