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# WAVES MUSIC THERAPY

## ANNUAL REPORT

JULY 2024-JUNE 2025

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**Waves Music Therapy**

Charity number 1194782

**TRUSTEES' ANNUAL REPORT AND  
FINANCIAL STATEMENTS  
YEAR ENDED 30 June 2025**

**Trustees:**

Kanwaljit Sachdeva- resigned 30<sup>th</sup> September 2024

Paul Finnett- resigned 30<sup>th</sup> September 2024

Michelle Garner- resigned 30<sup>th</sup> September 2024

Jessica Searle- Chair

Julian O'Kelly- acting chair- 1<sup>st</sup> October 2024

Chimmy Ngoma- 1<sup>st</sup> October 2024

Matthew Lonsdale- 1<sup>st</sup> October 2024

Adil Siganporia- 1<sup>st</sup> October 2024

Emma Alexandra- March 19<sup>th</sup> 2025

**Address:**

Waves Music Therapy  
22 The Drive  
East Preston  
Littlehampton  
West Sussex  
BN16 1QL

**CEO:**

Victoria Hartkemeyer

**Financial Lead:**

Ruth Spencer

**Clinical Lead:**

Hazel Child

**Funding lead:**

Anna Macken

**Independent Examiner:**

Philip Woodgate FCCA  
Woodgate Accounting Services Ltd  
Unit  
43, Newhaven Enterprise Centre,  
Newhaven,  
East Sussex  
BN9 9BA

# Chair of Trustees



## Letter from the Chair of Trustees:

It has been a privilege to serve as Interim Chair of Trustees during my first year with Waves Music Therapy. I have been continually inspired by the dedication, creativity, and compassion of our music therapists, leadership team, volunteers, and fellow trustees. Together, we are truly Making Waves; transforming lives through the power of music.

As children's mental health becomes a national priority and the NHS shifts toward integrated neighbourhood health models, Waves is perfectly positioned to contribute meaningfully. Our mission is to provide music therapy where and when it's needed most. This resonates strongly with current efforts to reduce health and educational inequalities.

And finally a massive thanks to every member of the Waves community; our staff, volunteers, partners, and supporters. Your passion and commitment are the heartbeat of this charity.

## Julian O'Kelly

ACTING CHAIR OF TRUSTEES





# Our new board of Trustees



After three years as Trustees of Waves Music Therapy, Kanwaljit Sachdeva (chair), Michelle Garner and Paul Finnnett stepped down from their roles with Waves in 2024. Having been with the charity since its move from CIC to full charity status in 2021, Kanwaljit, Paul and Michelle oversaw a period of rapid growth, strengthened governance and significant organisational change. Jessica Searle, took on the role of Chair of trustees and Waves began the recruitment of a new Board.



It is a real credit to the work of the team since 2021 that Waves was able to attract and engage an exceptional Board of Trustees from 2024 onwards. We welcomed Dr. Julian O'Kelly, music therapist and senior NHS clinician; Chimmy Ngoma, corporate professional and mental health advocate; Adil Siganporia, forensic accountant; and Matthew Lonsdale, accomplished advertising executive. In Spring 2025, we welcomed Emma Alexandra, development lead at Teenage Cancer Trust, to the Board, following a longstanding relationship with Waves that made trusteeship a natural progression.

This ambitious, talented and experienced board are focused on developing the charity and ensure we continue to Make Waves.





# Trustee Annual Report



## **WAVES MUSIC THERAPY TRUSTEE ANNUAL REPORT.**

**Year ended June 30th 2025**

The Trustees present their report and financial statements for the year ended 30 June 2025.

### **WHO WE ARE**

Waves Music Therapy is an ambitious, female led, fast growing charity working across the South-East. In 2024-2025 we had a team of 17 HCPC-registered, music therapists and music practitioners who endeavour to provide the highest standard of music therapy provision. We are musicians who use our therapeutic tool kit, clinically recognised psychological interventions and creativity to connect and communicate with our service users in the way that is appropriate for them and their needs.

Waves provides music therapy sessions to individuals with a range of complex additional needs including social, emotional, mental health, trauma, physical, communication and learning needs. Our work provides opportunity for meaningful relationship building, self-expression, creativity and communication, reduces stress and anxiety, all of which leads to improved confidence and self-esteem, emotional well-being and growth.

# Our mission



## **OUR MISSION:**

Our mission is to enable any person, with any additional need, who seeks to engage in clinical music therapy with our qualified, HCPC registered therapists, to be able to do so. The charity will work across the county of West Sussex to ensure that there are no barriers to accessing the service and will use our funds to support our clients to engage in music therapy.

Waves Music Therapy provides individual and group clinical music therapy sessions for any person with any additional need who will benefit from a safe, accessible therapeutic space. Music therapy supports the social, emotional, mental health, communication, learning and physical needs of our service users with the objective of improving well being and quality of life.



The Trustees are aware of Charity Commission guidance on public benefit reporting as set out in Section 17 of the Charities Act 2011. They believe Waves Music Therapy fulfils a fundamental public benefit by:

"For the public benefit, the relief of those in need by reason of physical and mental health, ill health, disability or social disadvantage through providing clinical music therapy by HCPC registered therapists with the overall objective of improving quality of life."

# A look at 2024-25



- 10% increase in the number of different clients who accessed regular 1:1 music therapy sessions, music groups and rap workshops.
- 44% increase in hours of group work (rap, immersive, music therapy)
- 60% increase in delivery of one-off workshops - rap, music, song-writing,
- New trustees board welcomed in September 2024
- Our volunteer Sue Goacher joined the team in October 2024
- Charity of the year- Ham Manor Golf Club
- Welcome to patron Olly Hite and continued work with Chesney Hawkes
- Community engagement including hosting VAAC networking day, SALT fundraiser, Ham Manor picnic, Chestnut Tree House memorial day
- Local support- Hargreaves, Leconsfield Singers at Arundel Cathedral
- Beneficiaries of the 1<sup>st</sup> Energy Market Dinner at Merchant Taylors', London
- 3rd annual Conference held on Sept 21st 2024
- Residencies at Beatz in the City and Victorious festivals
- Our CEO visited University Iowa Music Therapy department NICU units.
- New clinical music therapists- Orla Gardner and Sarah Price
- Blue Billboard created promotional digital content for Waves





# Energy Market Dinner



## Major Fundraising event for our legacy fund- The Toby Project

The inaugural Energy Market Dinner raising Funds for The Toby Project at Waves Music Therapy was held at Merchant Taylors' Hall in The City on July 2<sup>nd</sup> 2024. The JNRC (Joint Natural Resource Committee) chose to support our legacy fund, The Toby Project, founded in 2021 in memory of Toby Finnett who was tragically killed in a boating accident. The fund supports young people age 11-16 through music therapy and workshops.



The Toby Project honours Toby Finnett's legacy by fully funding music therapy and creative workshops for children and young people facing complex trauma and emotional challenges, offering expression, resilience and healing through music

The total raised at the charity dinner was an impressive £16,888 making the total raised with The Toby Project legacy fund in 2024-2025 **£30,155**. During this same period Toby's Fund funded over 650 hours of music therapy sessions and music groups. All in Toby's name.



# Festivals 2024



Summer 2024 was a big celebration for Waves. Although the majority of clinical work pauses for the summer, we are still busy in our communities, running events and awareness raising

In August 2024 we were absolutely thrilled to be invited for a 3 day residency at Victorious Festival. As part of the curated spoken Arts Parlour, Waves delivered rap workshops with our practitioner Louie LeVack and live music sessions with practitioner Mike Fry. We had performers across all 3 days and importantly met many families who engaged with our work and learned how music therapy can support children, young people and vulnerable people in need.



Waves were also grateful to SALT beach cafe in East Preston for hosting a summer charity day with live DJs, raising awareness in our local community.





# Events and partners



Our 3rd annual conference was hosted by our charity partner Ham Manor and we welcomed 26 music therapists for a day of learning, collaborating and connecting. Key note from Ben Knight, practical from Mike Fry, a presentation on the relevance of play in music therapy from therapist Lizzy Coulson and a workshop on supportive music and imagery from Helen Wallace-Bell made for a rich day of connection

Our tenure as Lady Captain's charity of the year at Ham Manor Golf Club came to an end in November 2024, raising over £3150 for The Toby Project at Waves.



A beautiful evening at the impressive Arundel Cathedral raised £950 for music therapy work. It was a real privilege to hear Handel's Messiah in such incredible surroundings.





# The numbers



## Increasing Our Reach

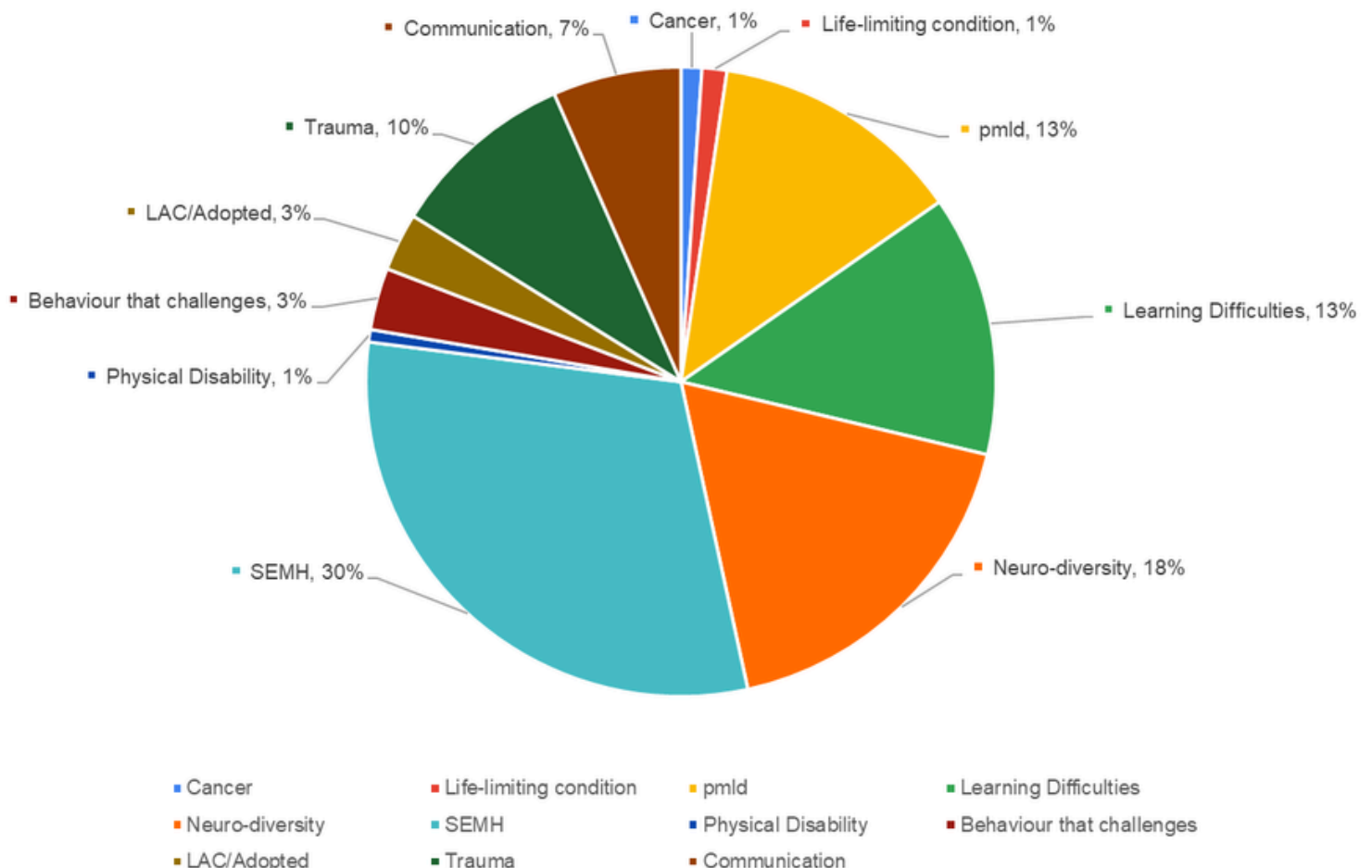
10% increase in the number of different clients who accessed regular 1:1 music therapy sessions, music groups and rap workshops, and in the no of hours of delivery

44% increase in hours of group work (rap, immersive, music therapy), which resulted in a lot more client/hours than the previous year

60% increase in delivery of one-off workshops - rap, music, song-writing, and more face to face contact with whole families at outreach events.

## Primary Diagnosis/Reason for Referral

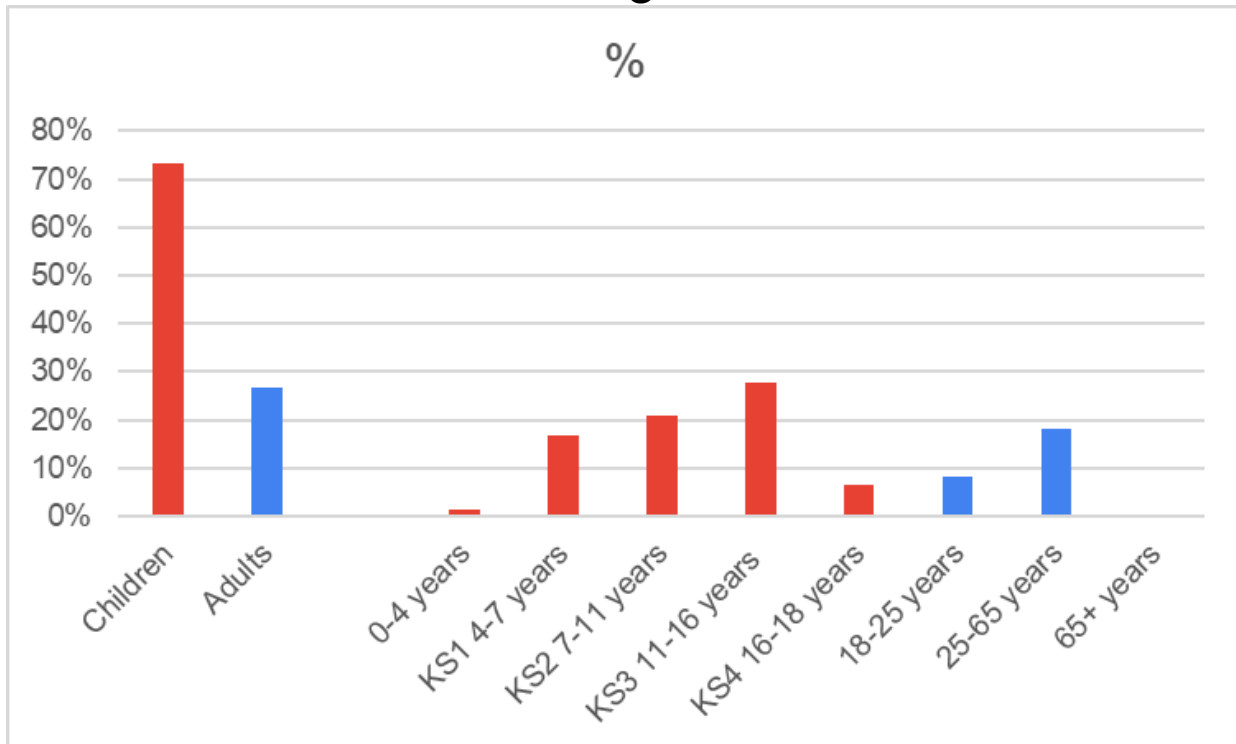
Many of our clients have multiple diagnoses. The chart below shows the primary reason referral to clinical music therapy, rap and immersive music sessions.



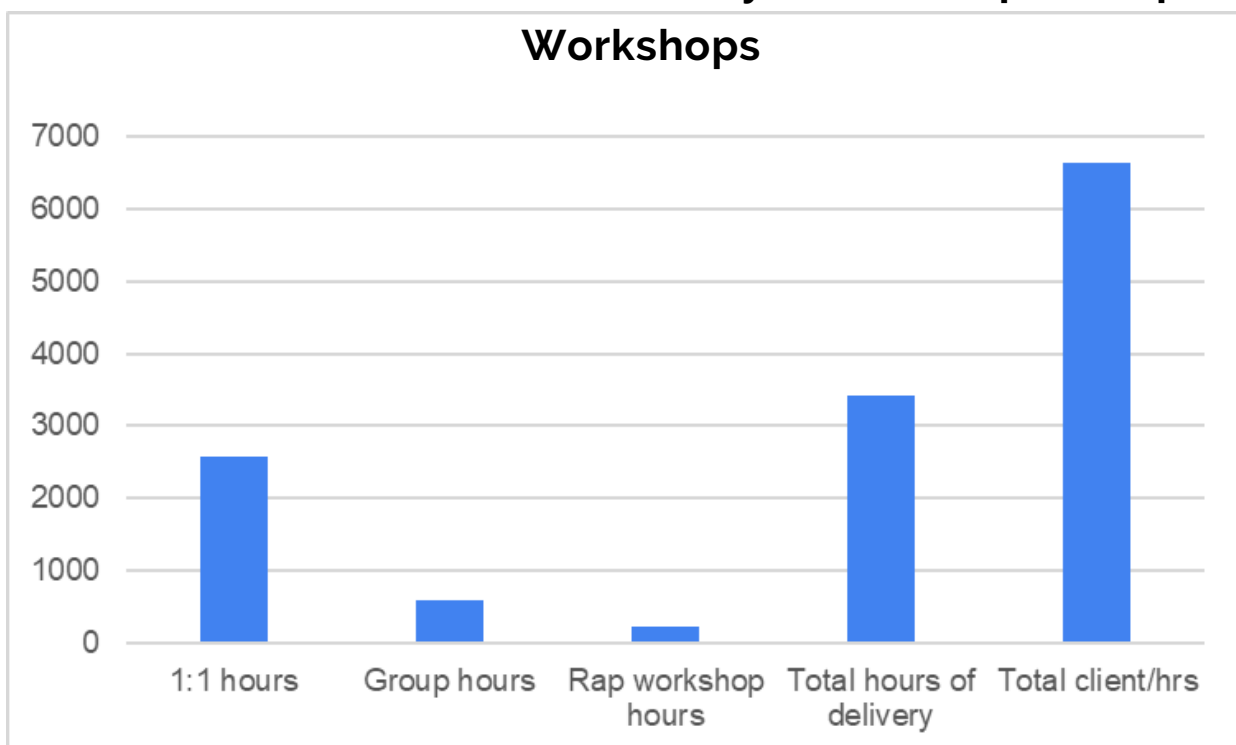
# The numbers



## Breakdown of Ages of service users



## Breakdown of hours of delivery: 1:1s / Groups / Rap Workshops



# Note from the CEO



The 2024–2025 financial year was an incredibly exciting one for Waves. Welcoming an ambitious, experienced Board of Trustees has brought fresh thinking, strong governance and real momentum, helping to shape the next chapter of the charity.

We saw Waves' profile grow through key moments such as our inaugural Energy Market Dinner and a three-day residency at Victorious Festival, both reflecting the creativity and energy that sit at the heart of our work. Demand for our services continued to rise, and we were proud to expand our team with additional clinical music therapists and community music practitioners. This growth ensures we remain ambitious, forward-thinking and able to deliver high-quality, accessible music therapy where it is needed most.

**Victoria  
Hartkemeyer**

FOUNDER/CEO





# Financial Review



Total income for the year ended 30 June 2025 was £234,059, comprising 56% therapy sales, 26% grants, and 18% donations. Less than 10% of therapy delivered was funded by private individuals and families; the majority was accessed through support we helped secure, including social services, pupil premium, charities, Virtual School, direct payments, grants, and Toby's Fund.

Total expenditure was £211,150, with at least 85% spent directly on music therapy and workshop delivery.

To support people at their point of need, including assisting with session costs, Waves seeks grant funding for both programme delivery and core operating costs, while working towards reserves covering 3–6 months of commitments.

Restricted income may only be used for purposes specified by funders. We also had designated funds, raised for specific projects.

At 30 June 2025, restricted funds totalled £11,420:

- National Lottery Community Fund: £8,473
- Chalk Trust: £1,680
- Souter Charitable Trust: £1,267

Designated funds totalled £34,271:

- Toby Finnett Project Fund: £21,264
- Red Balloon: £13,007

We also held deferred income of £22,148 from restricted grants:

- Sussex Police Commissioner: £4,800
- King Charles III Charitable Foundation: £2,500
- ASDA Foundation: £1,000
- St James Place – Solent Foundation: £1,000
- National Foundation for Youth Music – Trailblazer Fund: £12,848

# Financial Review



## FINANCIAL REVIEW

As part of the year end process the Trustees reviewed and updated the charity's Reserves Policy. It was agreed that the charity would maintain free reserves because: it has no endowment funding and is entirely dependent on income funding from year to year, which is inevitably subject to fluctuation, and it requires protection against, and the ability to continue operating despite catastrophic or lesser but damaging events.

To this end, Waves Music Therapy aims to accumulate reserves equal to 3 to 6 months' unrestricted expenditure. At the end of June 2025 our unrestricted general funds were £64,345, which represents just under 5 months of unrestricted expenditure.

Signed by

*Julian O'Kelly*

Julian O'Kelly, Acting Chair of Trustees

# Governance



## **GOVERNANCE, STRUCTURE, AND MANAGEMENT**

Waves Music Therapy registered as a Charitable Incorporated Organisation on 14 June 2021. The charity is governed under its Constitution. The Trustees have a responsibility to ensure that all aspects of the charity's activities are properly conducted and carried out in full compliance with its Constitution. All Trustees give their time voluntarily and receive no benefits from the charity. No expenses were claimed by any Trustee during the year.

### Board of Trustees

- Jessica Searle Chair of Trustees.
- Julian O'Kelly. interim chair (Maternity cover). Safeguarding and policies lead.
- Chimmy Ngoma
- Matthew Lonsdale
- Emma Alexandra
- Adil Siganporia- Finance

### CEO

- Victoria Hartkemeyer. As a music therapist and founder of the charity, she is best placed to continue to drive the charity forward. She reports to the board of Trustees.

### CORE TEAM

- Hazel Child takes clinical leadership responsibility, working closely with therapists. Hazel and the core team report to Victoria and the board.
- Ruth Spencer has the role of Finance lead, focusing on the delivery of projects supported by grants and overseeing the spending of each.
- Anna Macken leads on fundraising.

The Trustees undertook training in trusteeship roles and governance and NSPCC safeguarding for trustees.



# Governance



## GOVERNANCE, STRUCTURE, AND MANAGEMENT

The Trustees are appointed under the terms of the Constitution. Each new Trustee is given a copy of the Constitution, details of their responsibilities as a charity trustee, contact details of fellow Trustees and core team, background on the charity's strategy and current projects and other information useful in pursuing their role. New Trustees are recruited in consultation with the CEO to ensure that the requisite skills are available to support the charity's activities.

The Trustees provide governance and develop policy for the charity and accept ultimate legal authority for it. The Trustees formulate and regularly review the long- and short-term strategic aims of the charity as well as setting specific goals and priorities. The Trustees approve budgets and are responsible for the good stewardship of the charity's resources.

They work in partnership with the CEO with a view to furthering the charity's objectives. The Trustees are responsible for preparing the Report of the Trustees (Annual Report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report was approved by the Board of Trustees on January 15<sup>th</sup> 2026 and signed on its behalf, by: Julian O'Kelly,

Signed by

*Julian O'Kelly*

Julian O'Kelly. Acting Chair of Trustees

Charity Registration No. 1194782

**WAVES MUSIC THERAPY CIO**

**UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 30 JUNE 2025**

# WAVES MUSIC THERAPY CIO

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# WAVES MUSIC THERAPY CIO

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF WAVES MUSIC THERAPY

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I report to the trustees on my examination of the financial statements of Waves Music Therapy (the charity) for the year ended 30 June 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102). I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.



# WAVES MUSIC THERAPY CIO

## INDEPENDENT EXAMINER'S REPORT (continued)

### TO THE TRUSTEES OF WAVES MUSIC THERAPY

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Philip Woodgate, FCCA  
Woodgate Accounting Services Limited  
Unit 43  
Newhaven Enterprise Centre  
Newhaven  
East Sussex  
BN9 9BA

Dated: 15 January 2026

# WAVES MUSIC THERAPY CIO

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 June 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Income from:</b>							
Donations and legacies	3	64,776	37,072	101,848	28,040	78,983	107,023
Charitable activities	4	130,768	-	130,768	104,689	-	104,689
Investments	5	1,443	-	1,443	487	-	487
<b>Total income</b>		<u>196,987</u>	<u>37,072</u>	<u>234,059</u>	<u>133,216</u>	<u>78,983</u>	<u>212,199</u>
<b>Expenditure on:</b>							
Charitable activities	6	157,509	53,641	211,150	113,028	67,964	180,992
<b>Total expenditure</b>		<u>157,509</u>	<u>53,641</u>	<u>211,150</u>	<u>113,028</u>	<u>67,964</u>	<u>180,992</u>
<b>Net income/(expenditure)</b>		39,478 -	16,569	22,909	20,188	11,019	31,207
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>	8	<u>39,478 -</u>	<u>16,569</u>	<u>22,909</u>	<u>20,188</u>	<u>11,019</u>	<u>31,207</u>
<b>Reconciliation of funds:</b>							
Fund balances at 1 July 2024		<u>59,138</u>	<u>27,989</u>	<u>87,127</u>	<u>38,950</u>	<u>16,970</u>	<u>55,920</u>
<b>Fund balances at 30 June 2025</b>		<u>98,616</u>	<u>11,420</u>	<u>110,036</u>	<u>59,138</u>	<u>27,989</u>	<u>87,127</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 5 to 16 form part of these financial statements.

# WAVES MUSIC THERAPY CIO

## BALANCE SHEET

AS AT 30 JUNE 2025

		2025		2024	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets			-		-
<b>Current assets</b>					
Debtors	11	16,151		13,943	
Cash at bank and in hand		140,152		93,158	
		<u>156,303</u>		<u>107,101</u>	
<b>Creditors: amounts falling due within one year</b>	12	- 46,267		- 19,974	
<b>Net current assets</b>			110,036		87,127
<b>Total assets less current liabilities</b>			110,036		87,127
<b>Net assets</b>			<u>110,036</u>		<u>87,127</u>
<b>The funds of the charity</b>					
Unrestricted funds - General			64,345		36,920
Unrestricted funds - Designated			34,271		22,218
Unrestricted funds - Total	15		<u>98,616</u>		<u>59,138</u>
Restricted funds	14		11,420		27,989
Total funds			<u>110,036</u>		<u>87,127</u>

The notes on pages 5 to 16 form part of these financial statements.

The financial statements were approved by the trustees on 15 January 2026.

  
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Dr Julian O'Kelly  
Acting Chair of Trustees

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 30 JUNE 2025

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#### **1 Accounting policies**

##### **Charity information**

Waves Music Therapy is a charitable incorporated organisation.

##### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

##### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.



# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

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### 1 Accounting policies - continued

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Donations are accounted for as they are received by the charity. Donations received in the year that relate to specific purposes have been included in restricted funds.

Grants are recognised on an accrual's basis, accounted for in relation to the period to which they relate. Where grants are received during the year under review but relate to a later period, the amount is deferred.

Income from contracts is recognised on an earned basis in the year in which the conditions for receipt are met.

Investment income is accounted for on a receivable basis.

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party. Expenditure is classified by activity and is allocated to the particular activity where the cost relates directly to that activity.

Charitable expenditure comprises those costs incurred by the charity in delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs included as part of the charitable expenditure includes costs of the preparation and examination of the statutory accounts, the costs of trustee's meetings and the cost of any legal advice to trustees on governance or constitutional matters.

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

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#### **2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

#### 3 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Donations and legacies	40,776	-	40,776	22,540	-	22,540
Grants receivable	24,000	37,072	61,072	5,500	78,983	84,483
	64,776	37,072	101,848	28,040	78,983	107,023

Grants receivable, included in the above are as follows:

	2025	2024
	£	£
Chichester District Council	-	3,400
Comic Relief -Groundwork UK	998	9,892
Ernest Kleinwort Charitable Trust	-	5,000
Garfield Weston	20,000	-
Haywards Heath Town Council	1,000	-
King Baudouin Foundation - UCB Community Health Fund	-	16,022
National Foundation of Youth Music - Trailblazer Fund	552	10,486
National Lottery Community Fund	19,875	-
National Lottery Million Hours Fund	-	9,000
Sussex Community Foundation	-	8,926
Sussex Partnership NHS Trust	1,537	3,067
Tesco Foundation	-	500
The Albert Hunt Trust	4,000	-
The Baily Thomas Charitable Fund	-	5,000
The Chalk Trust	4,800	-
The D'Oyly Carte Charitable Trust	-	4,000
The Souter Charitable Trust	2,800	-
Worthing Borough Council - CIL Project	5,510	9,190
	61,072	84,483

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

#### 4 Income from charitable activities

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Service delivery	130,768	-	130,768	104,689	-	104,689

#### 5 Income from investments

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Interest receivable	1,443	487

#### 6 Expenditure on charitable activities

	Charitable activities	Charitable activities
	2025	2024
	£	£
<b>Direct costs</b>		
Therapists	155,790	130,125
Equipment	140	2,586
Fundraising	1,671	-
Room hire	1,971	1,602
Training	2,264	2,346
Travel and subsistence	620	1,226
Sundry expenses	270	1,344
Building costs	-	4,067
Volunteer expenses	71	-
	162,797	143,296
<b>Share of support and governance costs (see note 7)</b>		
Support	47,054	37,144
Governance	1,299	552
	211,150	180,992



# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

### 6 Expenditure on charitable activities (continued)

	Charitable activities 2025 £	Charitable activities 2024 £
<b>Analysis by fund</b>		
Unrestricted funds	157,509	113,028
Restricted funds	53,641	67,964
	<u>211,150</u>	<u>180,992</u>

### 7 Support costs allocated to activities

	2025 £	2024 £
Administration	42,816	35,527
Marketing	2,647	569
Postage and stationery	58	45
Insurance	331	375
IT costs	1,202	583
Bank charges	-	45
Governance costs	1,299	552
	<u>48,353</u>	<u>37,696</u>
<b>Analysed between:</b>		
Charitable activities	<u>48,353</u>	<u>37,696</u>

Governance costs includes £1,140 (2024: £552) for accountancy and independent examination fees.

### 8 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging:		
Fees payable for the independent examination of the charity's financial statements	<u>1,140</u>	<u>552</u>

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

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#### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

#### 10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

#### 11 Debtors

	2025 £	2024 £
<b>Amounts falling due within one year:</b>		
Trade debtors	16,151	13,849
Other debtors	-	94
Prepayments and accrued income	-	-
	<u>16,151</u>	<u>13,943</u>

#### 12 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Deferred income	13	22,148	-
Trade creditors		22,979	19,422
Other creditors		-	-
Accruals		1,140	552
		<u>46,267</u>	<u>19,974</u>

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

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### 13 Deferred Income

	2025	2024
	£	£
Arising from Deferred income	22,148	-
	2025	2024
	£	£
Deferred income is included within:		
Current liabilities	22,148	-
Movements in the year:		
Deferred income at 1 July 2024	-	-
Released from previous periods	-	-
Resources deferred in the year	22,148	-
Deferred income at 30 June 2025	22,148	-



# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

#### 14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 July 2024 £	Incoming Resources £	Resources Expended £	Transfers £	At 30 June 2025 £
Adur District Council	3,591	- -	3,591	-	-
Worthing Borough Council	3,592	- -	3,592	-	-
Comic Relief - Groundwork UK	3,954	998 -	4,952	-	-
Sussex Community Foundation	740	- -	740	-	-
National Lottery Million Hours Fund	2,203	- -	2,203	-	-
National Lottery Community Fund		19,875 -	11,402	-	8,473
National Foundation of Youth Music	2,062	552 -	2,614	-	-
Worthing Borough Council - CIL	2,120	5,510 -	7,630	-	-
The D'Oly Carte Charity	1,980	- -	1,980	-	-
Sussex Partnership NHS Trust	1,412	1,537 -	2,949	-	-
King Baudouin Foundation - UCB	2,815	- -	2,815	-	-
The Baily Thomas Charitable Trust	3,520	- -	3,520	-	-
The Chalk Trust	-	4,800 -	3,120	-	1,680
The Souter Charitable Trust	-	2,800 -	1,533	-	1,267
Haywards Heath Town Council	-	1,000 -	1,000	-	-
	27,989	37,072 -	53,641	-	11,420

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

#### 14 Restricted funds (continued)

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

Previous year:	At 1 July 2023 £	Incoming Resources £	Resources Expended £	Transfers £	At 30 June 2024 £
Adur District Council	4,990	- -	1,399	-	3,591
Worthing Borough Council	4,990	- -	1,398	-	3,592
Comic Relief - Groundwork UK	4,990	9,892 -	10,928	-	3,954
Skipton Building Society	2,000	- -	2,000	-	-
Sussex Community Foundation	-	8,926 -	8,186	-	740
National Lottery Million Hours Fund	-	9,000 -	6,797	-	2,203
National Foundation of Youth Music	-	10,486 -	8,424	-	2,062
Chichester District Council	-	3,400 -	3,400	-	-
Worthing Borough Council - CIL	-	9,190 -	7,070	-	2,120
The D'Oly Carte Charity	-	4,000 -	2,020	-	1,980
Sussex Partnership NHS Trust	-	3,067 -	1,655	-	1,412
King Baudouin Foundation - UCB	-	16,022 -	13,207	-	2,815
The Baily Thomas Charitable Trust	-	5,000 -	1,480	-	3,520
	16,970	78,983 -	67,964	-	27,989

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

#### 15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 July 2024 £	Incoming Resources £	Resources Expended £	Transfers £	At 30 June 2025 £
Toby's fund	22,218	30,155 -	31,109	-	21,264
Red Balloon	-	17,100 -	4,093	-	13,007
General funds	36,920	149,732 -	122,307	-	64,345
	59,138	196,987 -	157,509	-	98,616

#### Previous year:

	At 1 July 2023 £	Incoming Resources £	Resources Expended £	Transfers £	At 30 June 2024 £
Toby's fund	21,527	12,069 -	11,378	-	22,218
Red Balloon	-	-	-	-	-
General funds	17,423	121,147 -	101,650	-	36,920
	38,950	133,216 -	113,028	-	59,138

# WAVES MUSIC THERAPY CIO

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 30 JUNE 2025

#### 16 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total £
<b>At 30 June 2025:</b>			
Tangible assets	-	-	-
Current assets/(liabilities)	98,616	11,420	110,036
	<u>98,616</u>	<u>11,420</u>	<u>110,036</u>

#### Per balance sheet Balance to allocate

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total £
<b>At 30 June 2024:</b>			
Tangible assets	-	-	-
Current assets/(liabilities)	59,138	27,989	87,127
	<u>59,138</u>	<u>27,989</u>	<u>87,127</u>

#### 17 Related party transactions

There were no disclosable related party transactions during the year (2024: none).