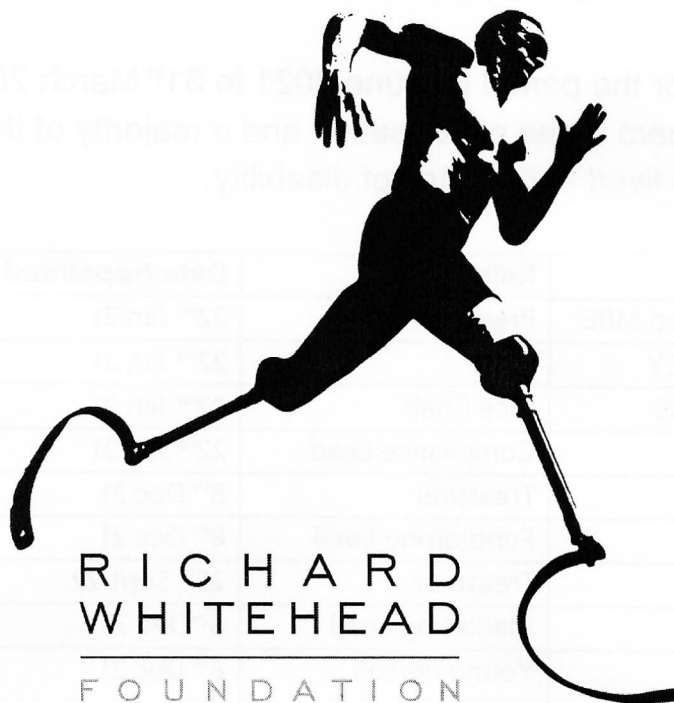


# Charity Annual Report

8<sup>th</sup> June 2021 – 31<sup>st</sup> March 2022



[charity@whitehead.foundation](mailto:charity@whitehead.foundation)

[www.whitehead.foundation](http://www.whitehead.foundation)

The Richard Whitehead Foundation is a Charitable Incorporated Organisation (CIO) registered in England and Wales. Charity Number: 1194726. Company Number CE025410  
Registered office: C/O Nimbus Disability, The Enterprise Centre, 20 Royal Scot Road, Pride Park, Derby, DE24 8AJ

## Report for the Trustee's period 8<sup>th</sup> June 2021 - 31<sup>st</sup> March 2022

The Trustees of The Richard Whitehead Foundation (Charity Number 1194726) present their annual report and accounts for the period 8<sup>th</sup> June 2021 to 31<sup>st</sup> March 2022 and confirm they comply with the current requirements of UK Charity Law and the Charities constitution.

The Trustees for the period 8<sup>th</sup> June 2021 to 31<sup>st</sup> March 2022 were the founding members of the organisation and a majority of the membership are people with lived experience of disability.

Trustee	Role	Date Appointed	Date Resigned
Richard Whitehead MBE	President	22 <sup>nd</sup> Jan 21	
Mark Fosbrook PLY	Chair	22 <sup>nd</sup> Jan 21	
Martin Austin MBE	Vice Chair	22 <sup>nd</sup> Jan 21	
Mark Briggs PLY	Compliance Lead	22 <sup>nd</sup> Jan 21	2 <sup>nd</sup> Oct 22
Heather Watson	Treasurer	8 <sup>th</sup> Dec 21	25 <sup>th</sup> Sept 22
Kate Naish	Fundraising Lead	8 <sup>th</sup> Dec 21	
Peter Stansbury	Treasurer	25 <sup>th</sup> Sept 22	
Hannah Webber	Marketing Lead	8 <sup>th</sup> Dec 21	
David Howells	Young Person Advocate	8 <sup>th</sup> Dec 21	
Tracy Cox-Smyth OLY	Trustee	8 <sup>th</sup> Dec 21	
Lindsey Bennister	Secretary	8 <sup>th</sup> Dec 21	4 <sup>th</sup> May 22

## Aims & Objectives

To promote, for the benefit of disabled people, the provision of facilities (which includes projects, mentoring and equipment) to encourage participation in sport and physical activity, in particular in the interests of social welfare and with the object of improving their conditions of life. We believe disabled people should have access to the life-changing power of sport. Through sport we aim to enable disabled people's ambitions.



## Review of Activities and Achievements

It has been an exciting and productive first year with the delivery of our kick-start project - Nissan Possibilities. Alongside this, as a new charity, organisation development has been a key underpinning focus of our activities, and essential for future success. This has involved the alignment between governance, strategy, and operations whilst always maintaining our focus on who benefits from the charity.

### Structure & Governance

**Governance:** The Richard Whitehead Foundation, a Charitable Incorporated Organisation, is governed by the constitution dated 22<sup>nd</sup> Jan 21.

We have evolved our Board of Trustees to ensure they are skill-based, experienced and driven appointed through an open and transparent recruitment process. We strive to ensure the demographics of Trustees are diverse and representative. This includes a majority of Trustees having impairments, and 50% of the Trustees being female. Due to the infancy of the charity, the Trustees have met monthly to drive initial decision making, support operations and establish a clear strategic direction. Key to this has been the establishment of internal communications and our policies and procedures. The Trustees are developing as an effective Board and have taken the approach of being a values-based organisation. From the 'get go' we are developing a positive culture for the organisation.

**Strategy:** The founding Trustees established an initial direction to get the charity up and running. Alongside organisation development and initial project delivery, we have gained insight, listened to our target audience, and sought to understand stakeholders in similar or complementary fields. It has been essential to our future success that we understand with clarity our vision, mission and purpose within a wider context and the needs of our potential beneficiaries. As a result, the Trustees established a new strategy in March 2022, signed off as approved on 1st April 2022. Stakeholder relations and exploring potential strategic objectives and goals have been ongoing throughout and support the direction of our future goals.

**Operations:** A part-time Programme Manager has been in post to lead and drive operational aspects of the Richard Whitehead Foundation, including policies, processes systems, operational planning, and delivery of projects. Alongside this, Trustees have been developing and growing our presence and credibility through marketing, in particular our website and social media platforms.

**Project delivery:**

Our main emphasis and achievement has been on the delivery of our kick-start project sponsored by Nissan. Initially aiming to support 3 project beneficiaries, the project is now enabling the ambitions of 4 young people with limb loss, amputation or limb difference. Nissan Possibilities aims to tackle inequalities and support project beneficiaries into running, and in doing so empower them to reach their potential. At the start of the process, beneficiaries are unable to access running due to the barriers of the cost of a running prosthetic, a lack of opportunity and insufficient support. The project openly recruited the project beneficiaries who submitted applications for support via our website. The selection process identified some individuals who could access support for running prosthetics from other sources such as the NHS prosthetic service if aged under 18 years of age. We supported those individuals to access appropriate support and we prioritised beneficiaries who faced disadvantage. Recruited beneficiaries have accessed life-changing support including mentoring and advice, private limb fitting and intense physiotherapy, running prosthetics (gifted by Ossur), links/transition into community clubs and links with further opportunities.

Alongside this, we have answered the queries and support requests of organisations and individuals. Due to limited resources, this has mainly been through advice, guidance and signposting. Richard Whitehead and the Programme Manager, have also piloted an approach for how we would support schools with inclusive PE and a person-centred approach for disabled pupils.

In March 2022, The Richard Whitehead Foundation started a new partnership with World Mobile. Initially, this has included a webinar in partnership with Fulham FC regarding disability inclusion and connecting society. This event supported audiences linked to Fulham FC and communities in Africa.



## **Future Plans**

We are hopeful that the Nissan Possibilities Project will continue with light touch support for our existing 4 beneficiaries, and with intense and replicable support for a further 3 beneficiaries.

We continue to build our strong foundations through good governance. Over the next year this includes Trustee CPD, strategic planning. With the focus on our vision of enabling disabled peoples' ambitions through projects, our emerging long term goals are:

1. To enable the ambitions of 1,000 disabled people through sport and movement.
2. Create inclusive sustainable communities and opportunities centred around our 1,000 support disabled people.
3. To influence changes in policy and practice, such as inclusive PE ensuring positive early experiences for ALL young disabled people.
4. To inspire every Primary School in England with an Ambassador visit from a Paralympian / Deaflympian / Special Olympian.
5. To increase the representation of disabled people as PE teachers, Primary School Teachers, Coaches, sports administrators and leaders.

The forthcoming year will focus on creating new projects that can start our journey towards achieving these long term goals. This requires significant capacity building, fundraising efforts and partnerships working to achieve these. Initial work has also begun to organise 'Run with Rich', a mass participation inclusive fun run and fundraising event to be held in June 2022.

## Financial Review

The Charity made a gain of £23,195 from a turnover of £93,093 during the period 8th June 2021 to 31st March 2022.

A significant amount of the income received was in the form of a restricted donation from Nissan UK. In addition we received a donation of prosthetic equipment valued at £36,000 (see note 1 in financial statement).

The foundation had £23,195 cash reserves as at 31st March 2022

### Reserves Policy

It is the policy of the Charity to maintain reserves at such a level to allow it to operate fully throughout the year without the need for an overdraft. In addition we ensure that we operate with unrestricted cash available greater than 3 months salary of our self-employed Project Manager.

Approved by the Trustees on 8<sup>th</sup> Dec 2022 and signed on their behalf by:



**Mark Fosbrook**

Trustee and Chair

## Our Finances

### **Statement of Income & Expenditure for the Period 8<sup>th</sup> June 2021 – 31<sup>st</sup> March 2022**

	Notes	Restricted Funds 2022	Unrestricted Funds 2022	Total Funds 2022
<b>INCOME</b>		<b>£</b>	<b>£</b>	<b>£</b>
Charitable Activities		42,500	14,593	57,093
Ossur Donation	1	36,000		36,000
<b>Total Income</b>		<b>78,500</b>	<b>14,593</b>	<b>93,093</b>
<b>EXPENDITURE</b>		<b>£</b>	<b>£</b>	<b>£</b>
Limb Fitting		(15,300)		(15,300)
Physio		(2,280)		(2,280)
Project Manager		(12,500)		(12,500)
Administrative Expenses			(3,818)	(3,818)
Ossur Donation		(36,000)		(36,000)
<b>Total Expenditure</b>		<b>(66,080)</b>	<b>(3,818)</b>	<b>(69,898)</b>
<b>Net Receipts/(Payments)</b>		<b>12,420</b>	<b>10,775</b>	<b>23,195</b>
<b>Cash Funds</b>		<b>12,420</b>	<b>10,775</b>	<b>23,195</b>

#### **Note**

- (1) During the accounting period 8<sup>th</sup> June 2021 – 31<sup>st</sup> March 22 the Foundation received a donation of prosthetic equipment from Ossur UK Ltd. Ossur UK Ltd are a leading global provider of prosthetic solutions. Ossur UK Ltd donated the equipment free of charge in return for social media, film and website promotion of the partnership with the Foundation. We have included this donation in the statement of accounts although no cash payment was made or received. With extensive knowledge of the costs of prosthetic equipment, the Trustees have valued the donation at £36,000.



## Our Finances (cont)

### **Balance Sheet as at 31<sup>st</sup> March 2022**

	2022 £
<b>Current Assets</b>	
Cash at Bank and in Hand	23,195
Creditors – Amounts falling due after more than One Year	0
<b>Total Net Assets</b>	<b><u>23,195</u></b>
<b>Funds of the Charity</b>	
Restricted Income Funds	12,420
Unrestricted Funds	10,775
<b>Total Funds</b>	<b><u>23,195</u></b>

Approved by the Trustees on 8<sup>th</sup> Dec 2022 and signed on their behalf by:



**Mark Fosbrook**  
Trustee and Chair

## Independent Examiner's Report on the Accounts

<b>Report to the trustees/members of:</b>	The Richard Whitehead Foundation
<b>Charity Number:</b>	1194726
<b>On accounts for the period ended:</b>	31 March 2022
<b>Set out on pages:</b>	8 and 9

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31 March 2022.

### Responsibilities and basis of the report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Russ Mason FCA, CTA  
9ine  
Chartered Accountants  
76 Bridgford Road  
Nottingham  
NG2 6AX

Date: 26 January 2023