

Hope For Families

Report and Accounts

Year ended 31 October 2025

Stewardship 
Active generosity

1 Lamb's Passage, London EC1Y 8AB
www.stewardship.org.uk

HOPE FOR FAMILIES
LEGAL & ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 OCTOBER 2025

ADDRESS FOR CORRESPONDENCE	c/o The Hope Centre 8 Princewood Road Corby NN17 4AP
GOVERNING DOCUMENT	CIO Constitution registered 20 May 2021
CHARITY REGISTRATION NUMBER	1194541
TRUSTEES RESPONSIBLE FOR MANAGING THE CHARITY	Garryl Clive Willis Sharon Elain Short Thelma Jane Dingwall Nathan Adjetey Adjei Sylvia Rooney McLevy (appointed April 2025) Philip George Houston (appointed October 2025)
KEY STAFF	Louise Willis (Coordinator)
INDEPENDENT EXAMINER	Sarah Crispin ACA Stewardship 1 Lamb's Passage LONDON EC1Y 8AB

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Report of the Trustees
and Financial Statements
for the period ended
31st October 2025
for Hope for Families CIO

REGISTERED NO: 1194541



Hope for Families CIO

Report of the Trustees for the Period Ended 31st October 2025

The trustees present their report with the financial statements of the Charity for the period ended 31st October 2025.

Establishment of Hope for Families CIO

Hope for Families CIO was established and entered on the register of the Charity Commission for England and Wales on 20 May 2021.

Objectives and Activities

Hope for Families' Objects

The Object of the Charity is, for the public benefit and in pursuance of Christian principles and the doctrines set out in the Statement of Faith, the advancement of education in matters concerning marriage, parenting, family life and relationships with a view to strengthening and enriching family life in such ways as the Charity Trustees may from time to time determine.

Hope for Families' Vision

Hope for Families wants every family to know there is hope for them. Every family has good times as well as hard times, and Hope for Families wants to support them on their journey, whatever they are going through.

Hope for Families' purpose

Hope for Families exists to help all parents become more confident and to build strong and lasting relationships with their child. It empowers parents and carers to engage with each other at a local level, share their experiences and build a support network of their own. Hope for Families creates change by showing compassion, valuing its relationships and giving its time generously and is passionate about working with others to improve life for the families it serves.

Hope for Families' values

Born out of a passion for what Hope for Families does, its values help it to focus on how it creates the future it wants for both itself and the families it supports.

- Compassion – Hope for Families values compassion by ensuring a culture of care for one another, respecting others, and being inclusive and welcoming.
- Empowerment - Hope for Families values empowerment by walking alongside people and celebrating their individuality, advocating and affirming all those it works with, and sharing new resources while helping others to recognise what they already have.
- Generosity - Hope for Families values generosity by providing everything it does in the most accessible way possible, sharing openly as a team and through its work, and making resources affordable and accessible for everyone.
- Relationship - Hope for Families values relationship by celebrating diversity and championing families, sharing vision and goals together, opening up new connections and relationships.

Hope for Families' faith

Hope for Families is founded on a love of God and its Christian identity underpins everything it does. Working in partnership with others, Hope for Families is passionately committed to supporting every family on their journey, of all faiths and none, as well as empowering local churches to support parents in their role.

Achievement and Performance

Principal Activities – review of the last year

1. Courses & events

Hope for Families' rolling programme of popular training courses, produced by the national Charity Care for the Family and run in partnerships with the voluntary, health and education sectors, includes training themes such as **'Children with Additional Needs'**, **'Time Out for Parents – Dads'** and **'Handling Anger in the Family'**. All its courses can be delivered online or in person.

Hope for Families aims to deliver **23 courses** each year, which is **162 hours** of facilitated sessions. Its courses are a series of two-hour sessions that run between **4-7 weeks** and can include up to **12 participants** per course (one-off events such as 'Left to their Own Devices' accommodate **22 participants**).

During the past twelve months, the Charity has been pleased to deliver **19** courses and events, reaching over **188** parents/carers. **95%** of parents said the course they attended would make a difference to their parenting, with **75%** saying it would make a huge difference. The Charity is delighted that **100%** of attendees said that they would recommend the course to others.

Over the year, the Charity has delivered;

11x 'Time Out for Parents - Handling Anger in the Family' courses

4x 'Left to their Own Devices' events

2x 'Time Out for Parents – Dads' courses

2x 'Time Out for Parents - Children with Additional Needs' courses

Hope for Families has worked in partnership with **2** primary and secondary schools across Northamptonshire this year, as its licensed facilitators have delivered closed courses and one-off events with the support of school staff members. It has also delivered **1** course in partnership with Compass Church, Wellingborough, and **1** course in partnership with Weetabix Ltd. Over **200** partners working in the fields of education, health and the statutory and voluntary sectors work hard to promote and advertise Hope for Families' upcoming open courses.

This year, Hope for Families has welcomed **four** new volunteers to its facilitator team, all of whom were recent beneficiaries. It currently has a team of **5** licensed facilitators and **7** active volunteer facilitators. **86%** of the current volunteer team previously attended a 'Time Out for Parents' course with the Charity. All its lead facilitators are fully licensed to deliver the core range of 'Time Out for Parents' courses and events, developed by Care for the Family. **Five** of its facilitators are also licensed to deliver the 'Time Out for Parents – Children with Additional Needs' course.

Parents attending the sessions complete questionnaires at the beginning and end, to help the Charity measure impact and build a solid evidence base for its work. The results of these evaluations so far have shown that parents can see that the knowledge, encouragement and practical techniques shared on the course are having a positive impact on their family life. In the past year, parents consistently reported increased confidence in their ability to meet their child's emotional needs, in meeting the challenges of parenting and in how they listen to and communicate with their child.

Across all the courses over the last year, participants expressed high levels of satisfaction with the course. The courses led to notable improvements in family dynamics, communication, and parental confidence. Many parents experienced a quieter and more harmonious atmosphere at home, with parents experiencing better listening skills and calmer interactions with their children, resulting in parents feeling more capable of handling family challenges.

'Handling Anger in the Family' continues to be the most popular course, with places quickly filling up once registration opens. **'Time Out for Parents – the Teenage Years'**, **'Children with Additional Needs'** and **'Left to Their Own Devices'** have also all proven popular this past year. There is frequently a waiting list for sold-out courses, and the past year has seen more than a 35% increase in courses delivered, compared to the previous year.

A group of parents recently commented:

"It has been an absolute lifesaver! I will be telling everyone who will listen about it! Honestly, it is amazing and has pulled me, as a mummy, out of a very dark place in terms of my parenting! Thank you!"

"It was so helpful for me to be where I didn't feel out of place, where there were other single parents and where people shared their difficult situations honestly - to feel accepted and not alone. The course has given me hope and new things to try."

"We are made to feel heard and seen on these courses. There is so much compassion and care from the course leaders and the co-facilitators."

Hope for Families runs a monthly parent drop-in where parents can seek support from other parents/carers following their attendance at a Time Out for Parents course. This is also an opportunity for the Charity to gather feedback and stories of impact from beneficiaries. Parents and volunteers have a highly valued voice in the future of the Charity and input into the courses and events it runs.

Hope for Families' Coordinator, Louise Willis, is employed part-time (30 hours per week) by the Charity. Louise has operational oversight for the Charity's work and leads its team of 7 volunteers. Hope for Families' Partnership Worker, Nicola Mizon, is also employed part-time (24 hours per week) by the Charity. Nicola oversees course administration and is currently employed on a fixed-term contract until February 2027.

2. First Aid for Mental Health training

In August 2023, Hope For Families' Coordinator trained with NUCO Training to become an FAA First Aid for Mental Health Instructor. The Charity's Partnership Worker also completed this training in August 2024. Since the Charity first started offering this training in March 2024, it has proven to be very popular with both individuals and organisations. Many of the Charity's Trustees and volunteers have since trained in FAA Level 1 (Awareness) and FAA Level 2 Awards.

During the year, the Charity has delivered the FAA Level 1 (Awareness) Award to 14 staff and

volunteers at Kettering Community Unit (KCU) Ltd, with future training booked for 24 volunteers in Level 1 (Awareness) at the newly-launched Market Place Pantry in Rothwell.

During the past year, online FAA Level 1 (Awareness) and FAA Level 2 Awards open training sessions attracted 16 participants, including charity staff members and trustees, Special Educational Needs Co-Ordinators, Family Support Workers, Social Workers, and church staff team members. More open sessions are planned for future months.

“It was delivered in an easy-to-understand way. It was a complex topic, and I know much more now. Our trainer was like part of the team at KCU. She quickly got to know the building and the people we work with, making them feel at ease with having a new person in the room.”

Vanessa Bojang – Volunteer Engagement Manager KCU Ltd

3. Supported places

Hope for Families aims to keep its course costs low and its support accessible. The maximum any parent or carer would pay to attend an open course or one-off event is £20.00. Hope for Families’ supported places scheme provides further support, offering all participants a 50% discount on course registration fees. There are no eligibility criteria for this, as the Trustees recognise that financial pressures can be faced by any family. The Trustees occasionally award free discretionary places. During 2024-2025, 92 parents accessed a supported course place and received a 50% discount.

In planning the activities, the Trustees have applied the guidance on public benefit issued by the Charity Commission.

Financial Review and Reserves Policy

During the period, the Charity received £66,023 in income, of which £31,223 was restricted. Total charitable expenditure for the period was £70,069, of which £46,851 was restricted. Cash funds at the end of the year were £21,569, of which £19,714 was unrestricted, and £1,854 was restricted.

The Board of Trustees has agreed to the Charity’s reserves policy, and this policy is reviewed annually. Hope for Families’ reserves policy is to retain sufficient reserves to ensure the Charity can meet its financial commitments, to demonstrate that the Charity is sustainable into the future, to ensure that the Charity can manage future unforeseen financial difficulties and to ensure that excessive funds are not held without any identifiable reason or for any identifiable purpose.

The Charity’s main commitments at present are the employment costs of its Coordinator, who is employed on a permanent contract, and its Partnership Worker, who is currently employed on a fixed-term contract until February 2027. The Trustees do not consider it necessary to hold reserves at present of more than £10,000, and this has been maintained.

Plans for 2025/2026

As Hope for Families looks to the year ahead, it is hopeful that its partnerships will continue to flourish and that opportunities will arise for it to continue building upon pre-existing partnerships with schools and partner organisations, as well as establishing new partnerships with other schools and services across the county. Hope for Families has FAA First Aid for Mental Health Level 1 (Awareness) Award training booked for the volunteer teams at Market Place Pantry, Rothwell (KCU Ltd) and C2C Social Action. The charity also has FAA First Aid for Mental Health Level 2 (Youth) Award training booked for the Grace Foundation.

Hope for Families is working, increasingly, in partnership with local schools and their Student

Engagement Officers and Inclusion Managers to support schools and their families in helping children manage their emotions, support those on a diagnostic pathway for diagnosis of conditions such as ADHD and ASD (for which there is a growing demand for support) and to connect with hard-to-reach parents. Issues include;

- The complexity of having a child with additional needs,
- An increase in child-to-parent violence and abuse,
- School avoidance, school exclusions, children who are persistently or severely absent from school,
- Separated/separating parents.

Hope for Families' volunteer team continues to grow, and the hope is that more parents and carers will choose to join the team over the coming months as the Charity recognises the unique perspective past course participants bring to course facilitation. Hope for Families is passionate about parents and carers attending its courses and then gaining the skills and experience needed to go on and support others in a similar situation, and it would be wonderful to see more parents/carers completing their facilitator training during the next year. 86% of the current volunteer team first attended a Hope for Families course as a parent.

Hope for Families' Partnership Worker is employed on a fixed-term contract until February 2027, and the Charity is currently fundraising to secure the position beyond that date. With the Partnership Worker in place, the Charity can offer more closed courses across the county, potentially reaching an additional 144 parents and 288 children. Securing this role beyond February 2027 is a key strategic priority for the next financial year.

The Charity will continue to develop the offering of its First Aid for Mental Health training, recognising its value and contribution to unrestricted income. The Charity will also continue to respond to the increasing need, acknowledging the popularity of its most popular courses, 'Time Out for Parents – Children with Additional Needs', 'Handling Anger in the Family' and 'Left to Their Own Devices'.

The Charity recognises the need for couples' support in its local community, giving opportunity for couples to strengthen their existing relationship. Hope for Families has also identified an opportunity to support those who are journeying through separation/divorce. The Charity hopes to launch support for couples within the next year, subject to capacity.

Hope for Families' Coordinator has been invited to the role of Coach for the Growing Faith's Strategic Leaders Programme (Church of England) in 2026. This will be an opportunity to further share the work of Hope for Families with leaders from across education and faith sectors. The involvement will also generate a small amount of income for the Charity during this time.

Structure, Governance and Management

Governing Document, Trustees, Staff and Volunteers

The Charity is a charitable incorporated organisation and is governed by its constitution. The Trustees of Hope for Families have the power to appoint additional Trustees. The constitution requires the charity to have a minimum of three Trustees. All prospective Trustees follow the Charity's safer recruitment process. The Trustees and the Coordinator continue to look for new Trustees who will be able to add value to the existing team of Trustees and whose skills and experience would contribute to the development of the organisation.

This year, the Charity has welcomed Sylvia McLevy and Phil Houston to the board of Trustees. They join Nathan Adjetey Adjei, Sharon Short, Jane Dingwall and Garryl Willis.

Prospective Trustees are allowed to examine the organisation extensively and to attend two trustee meetings before they, and other Trustees, conclude as to the appropriateness of the appointment. New Trustees are provided with the opportunity to meet other Trustees and the Coordinator.

The Trustees have met most months during the financial year to discuss and make decisions concerning the Charity's affairs. Their contribution is greatly appreciated.

The management of the Charity is delegated to the Coordinator. She is employed on a part-time basis (30 hours per week). The Coordinator is a qualified primary school teacher with extensive experience in the area of education and the church and charity sectors. She has an MA in Theology, Ministry and Mission (specialising in Children, Young People and Families). The Coordinator is the Safeguarding Lead for the Charity and is a qualified First Aid for Mental Health instructor.

The Charity was thrilled to appoint Nicola Mizon as its Partnership Worker on 1st June 2024 on a fixed-term contract for 24 hours p/week. She brings a wealth of experience, having taught in local primary schools for 20 years. The Partnership Worker is fully licensed to deliver the 'Time Out for Parents' core and additional needs courses and is a qualified First Aid for Mental Health instructor.

Hope for Families' volunteer facilitators have vast experiences in the area of family life, both personally and professionally, working in a variety of sectors. All facilitators are parents themselves, and some are also grandparents. They represent blended families, adoptive families, families with additional needs and single-parent families. The Charity wishes to thank Ali, Rachael, Jamie, Emily, Vicki, Sandra, Dina and Clare for generously volunteering their time to support families over the past year.

Re-election of Board of Trustees

Under the Charity's constitution, each Trustee is normally appointed for three years, but the first three Trustees were appointed for two years, three years and four years respectively. On retirement, Trustees, being eligible, may offer themselves for re-election at a general meeting. The Trustees to retire by rotation shall be those who have been longest in office since their last appointment.

The Charity may, by ordinary resolution, appoint a person who is willing to act to be a Trustee and determine the rotation in which any additional Trustees are to retire. No person other than a Trustee retiring by rotation may be appointed a Trustee at any general meeting unless he or she is recommended for election by the Trustees with the appropriate notice given. The Trustee must show his or her willingness to be appointed, and he or she subscribes to the Statement of Faith.

Trustee Training

Trustees are encouraged to read the Charity Commission guidance on responsibilities of a trustee, and specific training for Trustees has been given by Trustees attending trustee training seminars/conferences and reading specific trustee-related guidance.

Jane Dingwall (Safeguarding Trustee and Deputy Designated Safeguarding Lead) has extensive experience in safeguarding, having worked in early years education for many years. To support her in this role, she attended 'Safeguarding for Trustees' training, delivered by thirtyone:eight. Other Trustees have attended relevant training throughout the year.

Risk Review

A formal and systematic approach to the identification and management of risks has been introduced and will continue to be fully reviewed and updated annually. A review of the Charity's operations was carried out to ensure that these are provided as efficiently as possible and to ensure that staff and volunteers are not overburdened.

In line with the Charity Commission's guidance on reporting serious incidents, the Trustees declare that during the reporting period, there were no serious incidents that they have failed to bring to the Commission's attention.

Remuneration Policy

The salaries for both the Hope for Families Coordinator and Partnership Worker are set with reference to the technical skills and experience required to fulfil the job duties, the comparative pay in the Christian charitable sector, as well as the funds available to the Charity.

Fundraising

Over the coming year, Hope for Families plans to increase its fundraising efforts by mobilising local supporters, increasing its monthly giving income from individuals and local churches, as well as inspiring community fundraising efforts. Continuing to establish new partnerships with churches located across Northamptonshire is a key strategic priority for the Charity in the coming year. It is currently seeking grant funding to extend the Partnership Worker's contract beyond February 2027.

The Charity is grateful to the individual supporters, church partners, trusts and foundations who have supported the Charity's work in the past year and have enabled its work to grow. One-off and multi-year grants have been received this year from The Woodward Charitable Trust, Benefact Trust, Augean Revenue and Small Capital Funds (Augean Plc and North Northamptonshire Council), Albert Hunt Trust, Maud Elkington Charitable Trust, and Shoe Zone Trust. A multi-year grant has also been received from a trust that wishes to remain anonymous. A previous multi-year grant from Awards for All has also continued to support families during the past year. The Charity wishes to thank the trusts and foundations for their support over the past year.

In August 2025, Jo Jeffery (Full Circle Consultancy) concluded her contract with Hope for Families. The Charity wishes to thank Jo Jeffery for her support in securing multi-year and one-off grants over the last financial year. Since October 2025, the Charity has employed the services of Liam Jagger (Cinnamon Network) to assist with its trust and foundation fundraising efforts.

It always gives opportunities for people receiving mailings to unsubscribe. Hope for Families has a privacy policy which includes how it aims to be GDPR compliant. This is available on its website.

Responsibilities of Trustees

Charity law requires us, the Trustees, to prepare financial statements for each accounting period which record the receipts and payments of the Charity for the period.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011.

The Trustees also have a responsibility to safeguard the assets of the Charity and to take reasonable steps to prevent fraud or any other irregularities.

Approval

This report was approved by the Trustees and signed on their behalf by:

Sharon Short

Sharon Short (Mar 27, 2026 09:32:46 GMT)

Sharon Short
Trustee

Date: Mar 27, 2026



Bringing hope to families in 2024-25



Total number of participants



188

Total number of courses run



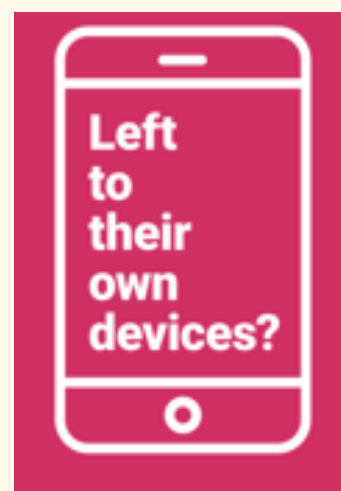
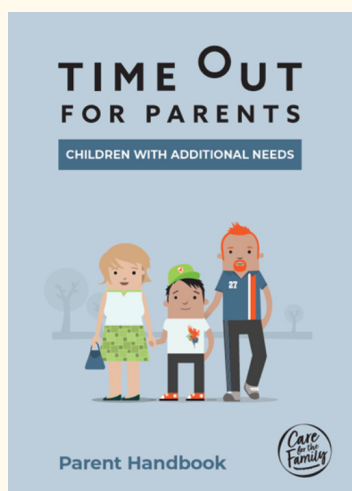
19

Total number of supported places



92

Courses delivered



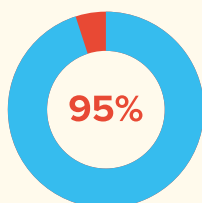
Participant Feedback



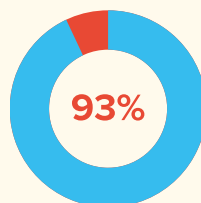
18% Male



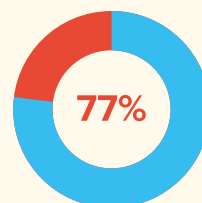
82% Female



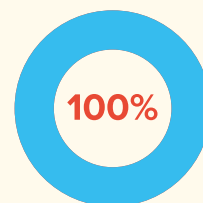
The course will make a difference to my parenting.



It was very easy to access the course online.



I have a child with additional needs.



I would recommend the course to others.

"The conversations have proven invaluable. Instead of feeling like I am banging my head against a brick wall and not having anywhere to go with it, I feel like I have a kit of things I can use."

"The content is practical and the discussions help you reflect on your own reactions in a supportive, non-judgemental way. The approach encourages open conversation and I feel heard."

"I'd happily recommend this course to others who want to strengthen communication and calm within their family."

This data represents courses run between November 2024- October 2025

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF

HOPE FOR FAMILIES

I report to the trustees on my examination of the accounts of Hope For Families ('the charity') for the year ended 31 October 2025 on pages 13 to 15 following.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Sarah Crispin
Sarah Crispin (Mar 30, 2026 05:57:49 GMT+1)

Sarah Crispin ACA
Stewardship
1 Lamb's Passage
LONDON
EC1Y 8AB

Date: Mar 30, 2026

HOPE FOR FAMILIES
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 OCTOBER 2025

		Unrestricted Funds				
		General Funds	Designated Funds	Restricted Funds	2025	2024
Notes		£	£	£	£	£
Income receipts						
		12,967	-	3,000	15,967	8,603
		9,000	-	28,223	37,223	56,887
		4,308	-	-	4,308	6,280
		6,205	-	-	6,205	-
		-	2,155	-	2,155	-
		165	-	-	165	62
		<u>32,645</u>	<u>2,155</u>	<u>31,223</u>	<u>66,023</u>	<u>71,832</u>
Payments						
Payments in relation to charitable activities undertaken directly	2	22,132	1,086	46,851	70,069	55,452
		<u>22,132</u>	<u>1,086</u>	<u>46,851</u>	<u>70,069</u>	<u>55,452</u>
Total payments						
		<u>22,132</u>	<u>1,086</u>	<u>46,851</u>	<u>70,069</u>	<u>55,452</u>
Net of receipts / (payments) before		10,513	1,069	(15,628)	(4,045)	16,380
Transfers between funds	4	-	-	-	-	-
Net movement in funds		<u>10,513</u>	<u>1,069</u>	<u>(15,628)</u>	<u>(4,045)</u>	<u>16,380</u>
Cash funds as at last year end		8,132	-	17,482	25,614	9,234
Cash funds at this year end	A	<u>18,645</u>	<u>1,069</u>	<u>1,854</u>	<u>21,569</u>	<u>25,614</u>

The notes on page 15 form part of these accounts.

HOPE FOR FAMILIES
STATEMENT OF ASSETS AND LIABILITIES
FOR THE YEAR ENDED 31 OCTOBER 2025

	Notes	Unrestricted Funds		Restricted funds	2025	2024
		General funds	Designated funds			
		£	£	£	£	£
A Cash funds						
Cash at bank with immediate access		18,645	1,069	1,854	21,569	25,614
		18,645	1,069	1,854	21,569	25,614
B Liabilities						
Falling due within one year						
Trade creditors		5,470	-	-	5,470	-
Fee for Independent Examination		882	-	-	882	840
Total		6,352	-	-	6,352	840
C Assets retained for charity's own use						
					£	
Computers, IT, office furniture					3,486	
					3,486	

Values shown are the purchase values. Current values may differ materially from purchase values.

D Guarantees and secured debts

The charity has not given any guarantees and has not provided its assets as security for any liabilities.

The accounts were approved by the trustees and signed on their behalf by:

Sharon Short

Sharon Short (Mar 27, 2026 09:32:46 GMT)

Sharon Short

Date: **Mar 27, 2026**

The notes on page 15 form part of these accounts.

HOPE FOR FAMILIES

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 OCTOBER 2025

1 Accounting policies

The accounts have been prepared on a receipts and payments basis and comprise a statement that shows the charity's receipts and payments, a statement that summarises the charity's assets and liabilities and related notes. The accountancy profession have determined that only accounts prepared in accordance with applicable accounting standards present a 'true and fair' view and, as these receipts and payments accounts have not (and cannot) be prepared in accordance with accounting standards, these accounts do not present (and are not intended to present) a 'true and fair' view of the charity's financial activities and state of affairs.

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Restricted funds are donations which are to be used in accordance with specific restrictions imposed by donors; they include donations received from appeals for specific activities or projects.

	<u>Unrestricted Funds</u>				
	General funds	Designated funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£	£
2 Payments in relation to charitable activities undertaken directly					
Employment costs including staff training	11,031	-	46,451	57,482	41,997
Office Costs	4,386	-	-	4,386	3,913
Insurance	603	-	-	603	525
Market & Website	170	-	346	515	479
Fundraising Costs	4,225	-	54	4,279	5,904
Legal & Prof Fees	887	-	-	887	660
Cost of running courses	771	1,086	-	1,857	1,913
Bank Charges	60	-	-	60	60
	<u>22,132</u>	<u>1,086</u>	<u>46,851</u>	<u>70,069</u>	<u>55,452</u>

3 Transactions with related parties

Louise Willis, one of two employees, is married to a trustee and received wages of £31,980 (2024: £31,941) and pension contributions of £2496 (2024: £2366).

Sylvia McLevy, a trustee, is the CEO of KCU Ltd, and Hope for Families have delivered First Aid for Mental Health training sessions for payment, for their staff/volunteers in the past, with future sessions planned for spring and summer 2026. These sessions are offered on the same terms as to all other organisations.

4 Movement of funds

	Opening balance	Receipts	Payments	Transfers	Closing balance
	£	£	£	£	£
General funds	8,132	32,645	(22,132)		18,645
Designated funds					
Course resources	-	2,155	(1,086)	-	1,069
	-	2,155	(1,086)	-	1,069
Restricted funds					
Employment fund	5,701	31,223	(35,181)	-	1,743
Training fund	-	-	-	-	-
Lottery funding	11,782	-	(11,670)	-	112
	<u>17,482</u>	<u>31,223</u>	<u>(46,851)</u>	<u>-</u>	<u>1,854</u>
Total funds	<u>25,614</u>	<u>66,023</u>	<u>(70,069)</u>	<u>-</u>	<u>21,569</u>

Restricted funds:

The Employment fund is to help fund the coordinator salary.

The Training fund is to fund staff and volunteer training.

The Lottery Funding covers salaries, course resources and support costs.