

REGISTERED CHARITY NUMBER: 1194537

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR PERIOD 19 MAY 2021 TO 31 DECEMBER 2021

FOR

ENDING LIFE'S TABOO

68 WEST STREET
COGGESHALL
COLCHESTER
ESSEX
CO6 1NS

ENDING LIFE'S TABOO

CONTENTS OF THE FINANCIAL STATEMENTS PERIOD 19 MAY 2021 TO 31 DECEMBER 2021

	Page
1 Reference and Administrative Details	3
2 Report of the Trustees	4
3 Independent Examiner's Report	6
4 Statement of Financial Activities and Financial Position	7

ENDING LIFE'S TABOO

REFERENCE AND ADMINISTRATIVE DETAILS
PERIOD ENDING 31 DECEMBER 2021

TRUSTEES

Dr H Roebuck
Dr D Bonanno
T L Davies
T-L K Jolin

PRINCIPAL ADDRESS

68 West Street
Coggeshall
Colchester
Essex
CO6 1NS

REGISTERED CHARITY NUMBER

1194537

INDEPENDENT EXAMINER

Breese Accountancy
40 Tey Road
Coggeshall
Colchester
Essex
CO6 1SY

ENDING LIFE'S TABOO

REPORT OF THE TRUSTEES FOR PERIOD 19 MAY 2021 TO 31 DECEMBER 2021

The trustees present their report with the financial statements of the charity for the period 19 May 2021 to 31 December 2021. The trustees have adopted the provision of Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Objectives and Activities

Objectives and aims

For the public benefit, to relieve the mental health and suffering of (i) adults aged 18 to 45 years old in North East Essex who are diagnosed as having an incurable, life limiting condition with specialist palliative care needs; and (ii) their carers by providing psychological support to help improve their psychological and emotional wellbeing.

Ending Life's Taboo works in partnership with acute hospitals and hospices to be able offer adult patients up to 45 years old diagnosed with a life limiting illness, rapid access to a palliative care counsellor.

The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Charitable Activities

Since receiving charity registration, Ending Life's Taboo worked closely with Colchester Hospital and St Helena Hospice to introduce a counsellor to the acute setting.

During the reporting period, awareness has been raised with medical professionals at the hospital and consultants commenced referring patients to the counsellor for support.

Ending Life's Taboo has been received as an important need at the hospital.

Patients have been and are seen as soon as they feel ready to connect which fulfils the rapid accessibility aim.

Carers have also been able to access support when needed.

Accessibility has been enhanced by offering inpatient, outpatient, home visits and on-line sessions.

The success achieved at Colchester Hospital has led to Ipswich Hospital (part of the same trust) requesting an Ending Life's Taboo counsellor to commence working there during 2022.

Financial Review

Financial Position

Since charity status was granted on 19 May 2021, the financial position has been positive. Grants and donations have been secured to support the stated aims and objectives going in to the next financial year. A carry forward balance of £27,107 has been realised as at 31 December 2021 of which £9,223 restricted to fund a counsellor at Ipswich Hospital (National Lottery Funding), £1,000 restricted to provide information leaflets (Colchester Borough Council) and £16,884 unrestricted funds.

Reserves Policy

The reserves policy is to maintain sufficient funds to cover on-going commitments and at a level that considers external and inflationary pressures.

Structure, Governance and Management

Governing Document

Ending Life's Taboo is controlled by its governing document, Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees

Recruitment and Appointment of New Trustees

In accordance with the governing document:

Appointment of charity trustees

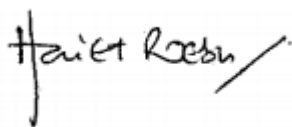
- 1 Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
- 2 In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Information for new charity trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a) a copy of the current version of this constitution; and
- b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

Approved by order of the board of trustees on 21 October 2022 and signed on its behalf by:



.....

H Roebuck - Trustee

.....

Independent examiner's report on the accounts

Report to the trustees/members of

Ending Life's Taboo
194537

On accounts for the year ended

31st December 2021 (May to Dec)

Basis of my report

I have examined all the documents and relevant papers given to be by the
Trustee : Tracy Davies

Independndent examiner's statement

In connection with my examination, no matter has come to my attention to
which, in my opinion, attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

Signed

Date 14th October 2022



Mrs Donna Breese
Breese Accountancy
40 Tey Road
Coggeshall
Colchester
Essex
CO6 1QR

07711 903228

donna.breese@sky.com

ENDING LIFE'S TABOO

STATEMENT OF FINANCIAL ACTIVITIES PERIOD 19 MAY 2021 TO 31 DECEMBER 2021

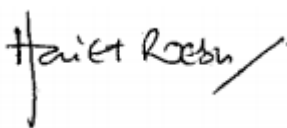
	Restricted funds £	Unrestricted funds £	£
INCOME			
Donations and Legacies		22,288	
Grants	10,223		
Total			<u>32,511</u>
EXPENDITURE			
Charitable activities			
General expenditure		5,404	5,404
			<u> </u>
NET INCOME			<u>27,107</u>
			<u> </u>
TOTAL FUNDS CARRIED FORWARD			<u>27,107</u>

ENDING LIFE'S TABOO

STATEMENT OF FINANCIAL POSITION AT 31 DECEMBER 2021

	Restricted funds £	Unrestricted funds £	£
CURRENT ASSETS			
Cash at bank	10,223	16,884	27,107
CREDITORS			
Amounts falling due within one year			0
NET CURRENT ASSETS			<u>27,107</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>27,107</u>
NET ASSETS			<u>27,107</u>
FUNDS			
Restricted funds			10,223
Unrestricted funds			16,884
TOTAL FUNDS			<u>27,107</u>

The financial statements were approved by the Board of Trustees on 21 October 2022 and were signed on its behalf by

..... 

H Roebuck – Trustee



CHARITY COMMISSION
FOR ENGLAND AND WALES

Ending Life's Taboo

1194537

Receipts and payments accounts

For the period
from

Period start date
19-May-21

To

Period end date
31-Dec-21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Colchester Catalyst	10,000		-	10,000
Donations	10,566	-	-	10,566
National Lottery		9,223	-	9,223
Colchester Borough Homes		1,000	-	1,000
Fundraising	1,722	-	-	1,722
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	22,288	10,223	-	32,511
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	22,288	10,223	-	32,511
A3 Payments				
Fundraising	456	-	-	456
Staff expenses	4314	-	-	4,314
Pension contributions	195	-	-	195
Other employee costs	180	-	-	180
Office expenses	86	-	-	86
Insurance	125	-	-	125
Bank charges	48	-	-	48
	-	-	-	-
	-	-	-	-
Sub total	5,404	-	-	5,404
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	5,404	-	-	5,404
Net of receipts/(payments)	16,884	10,223	-	27,107
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	16,884	10,223	-	27,107

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	National Lottery		9,223
	Colchester Borough Homes	-	1,000
	Donations, Colchester Catalyst, Melanoma UK	15,972	-
	Total cash funds	16,884	10,223
	(agree balances with receipts and payments account(s))	OK	OK

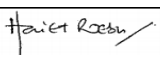
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
	Harriet Roebuck
	Tracy Davies

CC16a



Last year
to the nearest £

-
-
-
-
-
-
-
-
-
-

-
-

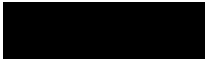
-

-
-
-
-
-
-
-
-
-
-
-

-

-

-
-
-
-



Endowment funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-
-
-
-
-

Current value (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

When due (optional)

Date of approval

10/22/2022
10/22/2022

Independent examiner's report on the accounts

Report to the trustees/members of

Ending Life's Taboo

194537

On accounts for the year ended

31st December 2021 (May to Dec)

Basis of my report

I have examined all the documents and relevant papers given to be by the
Trustee : Tracy Davies

Independendent examiner's statement

In connection with my examination, no matter has come to my attention to
which, in my opinion, attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

Signed

Date 14th October 2022



Mrs Donna Breese
Breese Accountancy
40 Tey Road
Coggeshall
Colchester
Essex
CO6 1QR

07711 903228

donna.breese@sky.com