



Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	April	2023	To	31	March	2024

Section A Reference and administration details

Charity name	Loss and Life		
Other names charity is known by			
Registered charity number (if any)	1194483		
Charity's principal address	Bulland Court		
	Ashburton		
	Newton Abbot		
Postcode	TQ13 7NG		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roger Womack	Chair		
2	Richard Byatt		until 17-May-2023	
3	Lindsay Lucas			
4	Craig Mackay			
5	Tor Mackenzie			
6				
7				
8				
9				
10				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (Foundation model)
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit, and within a Christian ethos, to relieve the suffering and distress caused by bereavement or loss among people in the UK and elsewhere, in particular, but not exclusively through the following:

- the provision of educational, learning, and informational resources to support individuals through the grieving process; and
- by providing other such support directed to the above objects as the trustees from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

An administrator was paid to maintain the basic mechanics of good charity operation. Within an agreed projects-based operating mode, many opportunities have been explored and several pursued toward delivery of learning experiences.

Physical learning resources (grief cards appropriate to the stage of a person's grief journey) continue to be purchased through website and in-person sales at various forums, and distributed freely to others of influence, resulting in a further print-run to satisfy ongoing demand. Partnership with a charitable trust is in advanced stages to produce a suicide-specific grief card resource.

The creation, piloting, refinement and delivery of a training experience focussed on physical creative activity around grief conversations has been a major focus this year. The initial creative medium being extensively researched has been clay and expression through pottery forms. Sessions have been delivered to several organisations and many more are in the pipeline with charities, hospices, retreat centres and clay therapy communities. Growth into networks of practitioners in this field continues apace, where resources are being favourably received. This is with the aim of supporting those encouraging bereavement friendly communities.

In planning the activities for the year, the trustees reviewed the guidance on public benefit issued by the Charity Commission at their trustee meetings.



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Volunteer contributions continued in the areas of web site design and development, production of resource packs ready to send to clients, and piloting of the grief pottery series training.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Combining conversations inspired through use of Loss and Life Grief Cards alongside a creative activity (specifically through the medium of clay and pottery making) has significantly expanded the portfolio of beneficial resources and depth of impact. Generation of a generic course guide to make this resource highly scalable and reproducible in various settings is intrinsic within the effort.

Further consolidation of good governance serves to maintain the charity on very firm foundations for further development and expansion.

Networking and partnering with a range of charities, hospices, retreat centres and practitioner communities is creating multiple channels for resources distribution as well as helping refine resources to be more impactful and creating opportunities for development of resources for cohorts of griever having quite specific experiences.

Section E

Financial review

Brief statement of the charity's policy on reserves

Currently, Loss and Life has no specific reserves policy. Ongoing cards and website development, and piloting of training experiences form the bulk of expense. Spare funds are available to projects and activities determined by the trustees, and no borrowing is undertaken, so the charity operates within its means utilising available funds for the intended purposes for the public benefit.

Details of any funds materially in deficit



You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donations have been received from a number of individuals for all of which the trustees are grateful. Sales of printed resource continue to replenish part of the expense of such resources.

Current funds remain healthy and ample to support product research and development, pilot projects, CRM implementation, networking and marketing activities and free distribution of introductory materials as deemed appropriate.

Further funds will be raised through production/resale of materials and training courses, and further donations and grant applications where appropriate.

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Roger Womack <i>RW</i>	
Full name(s)	Roger Womack	
Position (eg Secretary, Chair, etc)	Chair	
Date	23/4/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Loss and Life

No (if any)

1194483

Receipts and payments accounts

For the period
from

Period start date

1-Apr-2023

To

Period end date

31-Mar-2024

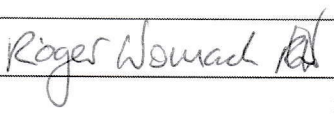
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations, legacies and grants	905			905	15029
Sales of products	399			399	365
Interest on deposit account	46			46	25
Gift Aid	280			280	3676
				0	
				0	
Sub total (Gross income for AR)	1630	0	0	1630	19095
A2 Asset and investment sales, (see table).					
				0	
				0	
Sub total	0	0	0	0	0
Total receipts	1630	0	0	1630	19095
A3 Payments					
Product generation costs	1718			1718	1008
Web site	204			204	0
Insurance	264			264	157
Bank charges	71			71	83
Equipment and software	263			263	187
Printing, postage, stationery	39			39	86
Governance costs	40			40	70
Consultancy	1080			1080	0
				0	
Sub total	3679	0	0	3679	1591
A4 Asset and investment purchases, (see table)					
				0	
				0	
Sub total	0	0	0	0	0
Total payments	3679	0	0	3679	1591
Net of receipts/(payments)	-2049	0	0	-2049	17504
A5 Transfers between funds				0	
A6 Cash funds last year end	22922			22922	5418
Cash funds this year end	20873	0	0	20873	22922

Section B Statement of assets and liabilities at the end of the period

[Handwritten signature]

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	20873		
	Total cash funds	20873	0	0
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Roger Womack 	ROGER WOMACK	22/04/24	