



Trustees' Annual Report for the period

Period start date			Period end date				
From	1	April	2022	To	31	March	2023

Section A Reference and administration details

Charity name Loss and Life

Other names charity is known by

Registered charity number (if any) 1194483

Charity's principal address

Bulland Court

Ashburton

Newton Abbot

Postcode

TQ13 7NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roger Womack	Chair		
2	Richard Byatt			
3	Lindsay Lucas			
4	Craig Mackay		since 28-Feb-2023	
5	Tor Mackenzie		since 14-Mar-2023	
6				
7				
8				
9				
10				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B**Structure, governance and management****Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (Foundation model)
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Section C**Objectives and activities****Summary of the objects of the charity set out in its governing document**

For the public benefit, and within a Christian ethos, to relieve the suffering and distress caused by bereavement or loss among people in the UK and elsewhere, in particular, but not exclusively through the following:

- the provision of educational, learning, and informational resources to support individuals through the grieving process; and
- by providing other such support directed to the above objects as the trustees from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Main activities related to the consolidation of governance of the charity to ensure a solid foundation, including adoption of a Team Handbook including many important policies such as Safeguarding, Health & Safety and Data Protection, alongside related activities such as appointment of Safeguarding Lead and ICO registration. Initiation of a Team Manual to capture internal procedures and project cycle management serve to enhance organisation resilience.

'New trustee' and 'Volunteer' introduction packs were prepared, and additional trustees recruited and onboarded to strengthen resilience and broaden skills. Sumup facilities were added for sales at various venues, and an initial gift aid claim was made. Significant donations continued to be received to further the work of the charity.

In addition, physical learning resources (grief cards appropriate to stage of a person's grief journey) were refined and further extended and remain available for purchase or free download on the website. Initial exploration of a training experience focussed on a Grief Pottery Series that incorporates physical creative (clay) activity around grief conversations.

In planning the activities for the year, the trustees reviewed the guidance on public benefit issued by the Charity Commission at their trustee meetings.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Volunteer contributions continued in the areas of web site design and development, production of resource packs ready to send to clients, and piloting of the grief pottery series training.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Enhancement of initial resources that assist people to have healthy conversations around the grieving process (Loss and Life Grief Cards) also led to realisation that combining those conversations alongside a creative activity helps those on their journey of grief, and expands the portfolio of beneficial resources. Pilot trials of a training experience using a creative media (e.g. clay) were very successful and further trials will work towards generation of a course guide to make this resource highly scalable and reproducible in various settings.

Consolidation of good governance, and expansion of trustees for greater resilience and skills input, serves to establish the charity on very firm foundations for further development and expansion. The charity has engaged services of a self-employed administrator to support the work.

Many conversations are ongoing to connect with individuals, charities and other organisations who may or have interest in using the Loss and Life resources and associated training planned.

Section E

Financial review

Brief statement of the charity's policy on reserves

Currently, Loss and Life has no specific reserves policy. Ongoing cards and website development, and piloting of training experiences form the bulk of expense. Spare funds are available to projects and activities determined by the trustees, and no borrowing is undertaken, so the charity operates within its means utilising available funds for the intended purposes for the public benefit..

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Significant donations have been received from a number of individuals for all of which the trustees are grateful.

Funds used to develop and print resources for distribution are anticipated to be replenished at least in part from sale of such resources.

Further funds will be raised through production/resale of materials and further donations and grant applications where appropriate.

Section F

Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>RW Womack RW</i>	<i>RA Byatt</i>
Full name(s)	Roger Womack	Richard Byatt
Position (eg Secretary, Chair, etc)	Chair	
Date	<i>12/1/24</i>	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Loss and Life

No (if any)

1194483

Receipts and payments accounts

For the period
from

Period start date
1-Apr-2022

To

Period end date
31-Mar-2023

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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations, legacies and grants	15029			15029	7645
Sales of products	365			365	766
Interest on deposit account	25			25	
Gift Aid	3676			3676	
				0	
				0	
Sub total (Gross income for AR)	19095	0	0	19095	8411
A2 Asset and investment sales, (see table).					
				0	
				0	
Sub total	0	0	0	0	0
Total receipts	19095	0	0	19095	8411
A3 Payments					
Product generation costs	1008			1008	4051
Web site	0			0	37
Insurance	157			157	157
Bank charges	83			83	82
Equipment and software	187			187	274
Printing, postage, stationery	86			86	
Governance costs	70			70	
				0	
				0	
Sub total	1591	0	0	1591	4600
A4 Asset and investment purchases, (see table)					
				0	
				0	
Sub total	0	0	0	0	0
Total payments	1591	0	0	1591	4600
Net of receipts/(payments)	17505	0	0	17505	3811
A5 Transfers between funds				0	
A6 Cash funds last year end	5418			5418	1607
Cash funds this year end	22922	0	0	22922	5418

Section B Statement of assets and liabilities at the end of the period

[Handwritten signature]

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	22922		
	Total cash funds		22922	0
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	R. Womack	R. WOMACK	21/4/23	
	R. BYATT	R. BYATT	21-APR-2023	

R. Womack