

RED BALLOONS

England & Wales · Charity number 1194467

Details

Status Registered

Legal form CIO

Registered 2021-05-14

Register [View on the Charity Commission register](#)

Contact

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Stockton-On-Tees
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Activities

Objects: TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF THE PUBLIC BY;RAISING PUBLIC AWARENESS THROUGH EDUCATION AND TRAINING IN ALL AREAS RELATING TO MENTAL HEALTH AND THE PROTECTION AND PRESERVATION OF GOOD MENTAL AND PHYSICAL HEALTH BY THE PROVISION OF ACTIVITIES OR INFORMATION AS THE TRUSTEES SHALL DEEM APPROPRIATE.

Activities: Promotion of the benefits of physical exercise on mental and physical wellbeing. Support to choose and take part in suitable activities and promotion of healthy lifestyle to support wellbeing.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-13	£304,870	£184,037	-	-
2024-05-13	£190,516	£111,247	-	-
2023-05-13	£62,240	£49,919	-	-
2022-05-13	£39,490	£22,271	-	-

Trustees

Name	Role	Appointed
JONATHAN ROBERT CARLING	Chair	2024-11-05
Catherine Wakeling		2025-02-18
Dr Catherine Frances O'Neill		2026-04-28
Emma Irah McDonald		2023-12-18
Jason Hamon		2021-05-14
Miriam Sigsworth		2025-09-23