

UNLOCK YOUR YOU

England & Wales · Charity number 1194422

Details

Other names	UNLOCK YOUR YOU C.I.C.
Status	Registered
Legal form	CIO
Company number	11911189
Registered	2021-05-11
Register	View on the Charity Commission register

Contact

Address	RSS 115 Taylorholme Industry estate Atherton Way Bacup Lancashire RSS 115 Taylorholme Industry estate Atherton Way OL13 0LE
Phone	08001930355
Email	Info@unlockyouryou.com
Website	www.unlockyouryou.org.uk

Activities

Objects: FOR THE PUBLIC BENEFIT, TO PRESERVE AND PROTECT MENTAL AND PHYSICAL HEALTH, IN PARTICULAR, BUT NOT EXCLUSIVELY BY THE FOLLOWING MEANS:A) THE PROVISION OF A CONFIDENTIAL FACE TO FACE AND TELEPHONE COUNSELLING SERVICE AND OTHER SUPPLEMENTARY SUPPORT; B) PROVIDING MENTAL HEALTH FIRST AID TRAINING AND EDUCATION.C) RAISING AWARENESS OF MENTAL HEALTH.

Activities: Unlock Your You provide mental health services to bridge the gap between no support and clinical support. We do this through our different services from our national support line, response units, counselling services and much more. We walk around the 5 steps of wellbeing and promote this and self help with everything which we do.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-28	-	-	-	-
2024-03-28	-	-	-	-
2023-03-28	-	-	-	-
2022-03-28	-	-	-	-

Trustees

Name	Role	Appointed
Lee Burns	Chair	2021-02-08
Barry Hoyes		2021-02-08
Deborah Burns		2021-02-08
Jordan Flint		2021-02-08
Stuart Shields		2021-07-19