

Charity registration number 1194399

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**ANNUAL REPORT AND UNAUDITED FINANCIAL
STATEMENTS**

FOR THE YEAR ENDED 30 JUNE 2023

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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Shevels	(Appointed 1 August 2022)
	G Message ACA CTA	(Appointed 30 September 2022)
	D Norris	(Appointed 7 November 2022)
	G Sanders	(Appointed 12 June 2023)
Charity number	1194399	
Principal address	7 Hyde Gardens Eastbourne East Sussex BN21 4PN	
Independent examiner	Andrew Hill FCA	
Bankers	Metro Bank Unit 70-71 The Beacon 59 Terminus Road Eastbourne East Sussex BN21 3NW	

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TRUSTEES' REPORT FOR THE YEAR ENDED 30 JUNE 2023

The trustees present their annual report and financial statements for the year ended 30 June 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's memorandum and articles, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Our primary objective and ethos is to offer parent peer support to those families whose children are struggling with their emotional and mental health across East Sussex.

Our Core values are:

Families and Children and Young People (CYP) are at the heart of what we do.

Flexible approach to delivering services according to need. We offer online, telephone, daytime and evening support.

Cross partnership working with courses and training delivered by a range of experts – parents with lived experience, experts in CYP mental health

Working in partnership with local and statutory organisations to ensure that families receive the best support and advice.

The objectives of the charity are set out in the charity foundation model constitution and are as follows:

The relief of sickness and the preservation of health among people residing permanently or temporarily in Eastbourne and the surrounding area.

To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness, by the provision of facilities and provision for therapeutic interventions and support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

The charity carries out a wide range of activities in pursuance of its charitable aims. The trustees consider that these activities, summarised below, provide benefit both to those who use the services and the wider community.

All our activities are developed in consultation with parents and carers and by listening to their needs. We offer a range of services:

- Face-face parent coffee mornings and evenings 1x month with invited speakers
- Monthly drop in service for parent/carers needing advice and support.
- 1:1 Telephone/wellbeing support to parents/carers undertaken by parent peer support workers.
- 1:1 low-cost counselling for parent or child/young person.
- Weekly yoga for parents.
- 1:1 yoga sessions for teenagers
- Monthly creative sessions for parents.
- Parent peer support.

Achievements and performance

Parent and carer support is key to young people and families developing a sense of control, a sense of belonging to a community, and for self-change. Families who can help with solving problems, being able to communicate with services and give assistance in offering practical support may help ensure better adherence to intervention routines and lead to better outcomes for young people.

The work of Holding Space means that:

- Parents and carers are better informed.
- Parents and carers feel listened to and supported.
- Parents and carers feel empowered to support their CYP.
- Parents and carers are emotionally and mentally supported.
- Parents and carers do not feel alone and isolated.
- Less CYP reaching crisis point and needing to access specialist services.

In this accounting year we received 265 referrals. The majority of these received 1:1 telephone support from our volunteer Parent Peer Support Workers who are parents with lived experience. This gives them the opportunity to feel supported and have their voice heard.

Parents, children and young people will have received 1:1 counselling from our professional team. This prevents them from reaching crisis point and needing to access specialist services.

Our face-face coffee mornings/evenings have connected parents together and they have told us they feel less isolated and alone. Many have formed friendships beyond the group and continued to support one another. We also have active whatsapp group and a closed parent support group on Facebook.

Our intervention programmes; anxiety toolkit and teenager programme have equipped parents/carers with strategies and knowledge to help to support their own mental health and that of their children at home.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

Financial review

The Trustees are pleased with the performance of the Charity over the year. The level of income has increased from the prior year, mainly by way of grants but also through fundraising and donations from both individuals and businesses which was a key focus in the previous period. However, the Trustees are aware of the need to increase the other income streams to ensure there is less of a reliance on grant income, with bids becoming more competitive.

The level of expenditure has been kept to a responsible level with a new policy put in place which requires trustee approval for items over certain limits. The Charity continues to grow, and the Trustees are aware of the danger that this can pose. We are committed to increasing expenditure to help the Charity continue to grow but not at the expense of stability and the reserves policy outlined below.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between six and nine month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Risk Management

The board of Trustees completed the risk register during the year and this is now continually reviewed, maintained and updated where necessary.

Plans for future periods

The charity has developed a 3 year business plan which will be reviewed periodically to ensure we are achieving our aims and ambitions.

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 10th May 2021.

The trustees who served during the year and up to the date of signature of the financial statements were:

H Hooker PhD MA BSc	(Resigned 4 April 2023)
L Shevels	(Appointed 1 August 2022)
G Message ACA CTA	(Appointed 30 September 2022)
D Norris	(Appointed 7 November 2022)
S Bishop ACCA	(Resigned 4 April 2023)
Mr K Huggett	(Resigned 30 September 2022)
G Sanders	(Appointed 12 June 2023)

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

Our Trustee Board are volunteers with a wide range of skills and knowledge and contribute their time and expertise to the strategic direction of the Charity. They are responsible for the governance and strategic development of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

The trustees meet at least every two months and are responsible for decisions relating to the running of the charity as well as supporting the CEO.

Trustees are recruited and appointed by the CEO and existing board. A skills audit was undertaken to help identify the gaps, skills and knowledge that the charity needed. Trustees were then recruited with the requisite skills. The board recognise that gaps of expertise do remain and we are actively looking to recruit additional Trustees.

We have tremendous support from the local community, as well as statutory organisations. We work closely with organisations such as Care for the Carers, Amaze, Child and Adolescent Mental Health Services.

Our CEO is a member of the East Sussex Children & Young People's Mental Health Operational Board and East Sussex Children's Mental Health & Wellbeing Partnership Board.

Nationally our CEO is part of the PLACE network through the Charlie Waller Trust and CYPMH Coalition.

Our CEO is also a lived experience partner with the Children and Young People's mental health team at NHS England.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Contribution made by volunteers

Volunteers are essential to the running of the charity and are involved in a number of ways; administration tasks, parent support, events, fundraising, bid writing level.

A number of our volunteer parent peer support workers have undertaken competency training developed by The Charlie Waller Trust in conjunction with Reading University and funded by The Department of Education.

The CEO has managed the charity since its inception on a voluntary basis contributing her skills in organisational and people management as well as developing the charity to where it is today.

Our sources of funding

The principle sources of funding for this financial year continued to be from grant trusts and foundations.

We have a number of committed regular individual and business donors.

The Board of Trustees have developed a fundraising strategy to help the Charity target and focus our fundraising activities for the next year

We ask parents, if they are able to, to contribute financially towards the counselling which produced 7.36% of our income this year (9.65% in 2022).

We do not receive any statutory funding.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

The trustees' report was approved by the Board of Trustees.

Luke Shevels

L Shevels
Trustee

4 December 2023

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOLDING SPACE

I report to the trustees on my examination of the financial statements of Holding Space (the charity) for the year ended 30 June 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

A Hill

Andrew Hill FCA

Dated: 4 December 2023

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STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 JUNE 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
	Notes					
Income from:						
Donations and legacies	3	18,433	73,071	91,504	9,174	57,226
Charitable activities	4	9,663	-	9,663	-	6,845
Other trading activities	5	13,787	-	13,787	-	6,893
Total income		41,883	73,071	114,954	48,052	70,964
Expenditure on:						
Charitable activities	6	19,257	53,134	72,391	39,864	55,666
Net income for the year/ Net movement in funds		22,626	19,937	42,563	8,188	15,298
Fund balances at 1 July 2022		19,079	28,960	48,039	20,772	32,741
Fund balances at 30 June 2023		41,705	48,897	90,602	28,960	48,039

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

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BALANCE SHEET AS AT 30 JUNE 2023

		2023		2022	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		4,437		1,582
Current assets					
Debtors	12	3,092		290	
Cash at bank and in hand		90,676		46,872	
		<u>93,768</u>		<u>47,162</u>	
Creditors: amounts falling due within one year	13	<u>(7,603)</u>		<u>(705)</u>	
Net current assets			86,165		46,457
Total assets less current liabilities			<u>90,602</u>		<u>48,039</u>
Income funds					
Restricted funds	14		48,897		28,960
Unrestricted funds			41,705		19,079
			<u>90,602</u>		<u>48,039</u>

The financial statements were approved by the Trustees on 4 December 2023

G Message

G Message ACA CTA
Trustee

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

Charity information

Holding Space is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission..

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies (Continued)

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers	3 year straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies (Continued)

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies (Continued)

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Donations and gifts	16,685	3,600	20,285	9,174	-	9,174
Grants	1,748	69,471	71,219	-	48,052	48,052
	<u>18,433</u>	<u>73,071</u>	<u>91,504</u>	<u>9,174</u>	<u>48,052</u>	<u>57,226</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

4 Charitable activities

	Family mental health support 2023 £	Family mental health support 2022 £
Counselling income	8,463	6,845
Training income	1,200	-
	<u>9,663</u>	<u>6,845</u>

5 Other trading activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising events	<u>13,787</u>	<u>6,893</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

6 Charitable activities

	Family mental health support 2023 £	Family mental health support 2022 £
Staff costs	15,451	-
Counsellor costs	20,720	21,731
Other direct costs	4,380	-
Project Co-Ordinator	13,468	22,518
Room hire	1,405	938
	<u>55,424</u>	<u>45,187</u>
Share of support costs (see note 7)	16,067	10,479
Share of governance costs (see note 7)	900	-
	<u>72,391</u>	<u>55,666</u>
Analysis by fund		
Unrestricted funds	19,257	15,802
Restricted funds	53,134	39,864
	<u>72,391</u>	<u>55,666</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

7 Support costs

			print -2nd year	print -2nd year		
	Support costs	Governance costs	2023	Support costs	Governance costs	2022
	£	£	£	£	£	£
Depreciation	1,702	-	1,702	791	-	791
Bookkeeping and payroll	358	-	358	-	-	-
Rent	4,823	-	4,823	3,968	-	3,968
Insurance	603	-	603	578	-	578
Advertising and marketing	3,588	-	3,588	2,869	-	2,869
Printing, postage and stationery	359	-	359	58	-	58
Telephone	712	-	712	298	-	298
ICT expenses	2,742	-	2,742	819	-	819
Sundry	488	-	488	487	-	487
Subscriptions	692	-	692	611	-	611
Accountancy	-	900	900	-	-	-
	<u>16,067</u>	<u>900</u>	<u>16,967</u>	<u>10,479</u>	<u>-</u>	<u>10,479</u>
Analysed between Charitable activities	<u>16,067</u>	<u>900</u>	<u>16,967</u>	<u>10,479</u>	<u>-</u>	<u>10,479</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
<u>1</u>	<u>-</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

9 Employees (Continued)

Employment costs	2023 £	2022 £
Wages and salaries	15,451	-

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 July 2022	-	2,373	2,373
Additions	4,558	-	4,558
At 30 June 2023	4,558	2,373	6,931
Depreciation and impairment			
At 1 July 2022	-	791	791
Depreciation charged in the year	912	791	1,703
At 30 June 2023	912	1,582	2,494
Carrying amount			
At 30 June 2023	3,646	791	4,437
At 30 June 2022	-	1,582	1,582

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

12 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	2,492	290
Prepayments and accrued income	600	-
	<u>3,092</u>	<u>290</u>

13 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	750	-
Trade creditors	615	705
Accruals and deferred income	6,238	-
	<u>7,603</u>	<u>705</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 July 2021	Incoming resources	Resources expended	Transfers	Balance at 1 July 2022	Movement in funds		Balance at 30 June 2023
	£	£	£	£	£	Incoming resources £	Resources expended £	£
2 - Hazell Industries	-	-	-	-	-	3,600	3,600	-
11 - National Lottery	540	-	(540)	-	-	-	-	-
19 - Comic Relief Community Fund	-	1,520	(1,520)	-	-	-	-	-
21 - Sussex Community Foundation	2,505	-	(2,505)	-	-	-	-	-
22 - Allen Lane Foundation	3,000	-	-	-	3,000	-	3,000	-
26 - Tackling Inequalities Sussex	2,212	-	(1,650)	(562)	-	-	-	-
27 - Groundworks UK	1,000	-	(1,000)	-	-	-	-	-
28 - NL Local Connect Fund	1,000	-	(1,000)	-	-	-	-	-
29 - Chalk Cliff Trust	3,000	-	(3,000)	-	-	-	-	-
31 - University of Brighton	4,276	-	(4,276)	-	-	-	-	-
32 - Sussex County Sport	1,239	-	(699)	562	1,102	-	351	751
33 - John Jackson Charitable Trust	2,000	-	(2,000)	-	-	-	-	-
34 - Sussex Community Foundation	-	10,000	(5,663)	-	4,337	-	3,057	1,280
35 - The Albert Hunt Trust	-	2,000	-	-	2,000	-	2,000	-
36 - Ian Askew	-	500	(500)	-	-	-	-	-
37 - National Lottery	-	10,000	(7,680)	-	2,320	-	2,320	-
38 - Amaze	-	4,620	(4,620)	-	-	-	-	-
39 - Peoples Healthcare Trust	-	8,574	(1,463)	-	7,111	14,290	9,240	12,161

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

14 Restricted funds (Continued)

40 - Sussex Community Foundation	-	9,090	-	-	9,090	-	7,383	1,707
CWT - Charlie Waller Trust	-	1,748	(1,748)	-	-	-	-	-
41 - Comic Relief Groundworks	-	-	-	-	-	9,000	4,074	4,926
42 - Sussex Community Foundation	-	-	-	-	-	10,000	7,954	2,046
43 - Sussex Learning Network	-	-	-	-	-	4,836	4,836	-
44 - Meads Funding	-	-	-	-	-	10,000	-	10,000
45 - Comic Relief	-	-	-	-	-	1,366	1,366	-
46 - Comic Relief	-	-	-	-	-	500	500	-
47 - National Lottery Awards 4 All	-	-	-	-	-	9,984	832	9,152
48 - Charlie Waller AB	-	-	-	-	-	1,747	873	874
49 - Charlie Waller AT	-	-	-	-	-	1,748	1,748	-
50 - Chalk Cliff	-	-	-	-	-	3,000	-	3,000
51 - Ernest Kleinwort	-	-	-	-	-	3,000	-	3,000
	<u>20,772</u>	<u>48,052</u>	<u>(39,864)</u>	<u>-</u>	<u>28,960</u>	<u>73,071</u>	<u>(53,134)</u>	<u>48,897</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

14 Restricted funds (Continued)

2 Hazell Industries

This fund was created by a donation from a local business with the express direction that the funds are used for the provision of counselling services.

22 Allen Lane

This fund was initially granted to pay for art therapy sessions. However, we were unable to find someone to deliver these sessions. The Trustees of Allen Lane agreed to transfer the funding to put towards a parent peer support worker to facilitate the coffee mornings.

32 Active Sussex – Sussex County Sports Partnership Trust

This fund was granted to offer yoga and relaxation to young people aged 11+.

34 Sussex Community Foundation

This fund was granted to run our Navigating Tween 7 Teenager course for parents. This is a 6 week course, delivered in person, empowering parents with knowledge and strategies to support their child at home. We ran 4 courses over the year.

35 The Albert Hunt Trust

This fund was granted to cover costs for a facilitator to run and manage the organization and support sessions.

37 National Lottery

This fund was granted to deliver our Anxiety Toolkit Programme for parents whose children have anxiety aged 7-13 years old. The programme works with parents on a 1:1 basis over 6 weeks and gives them strategies and tools to support their child at home.

39 People's Healthcare Trust

This fund was granted to enable us to run our parent/carer yoga and relaxation sessions and creative arts sessions.

40 Sussex Community Foundation

This fund was granted to deliver our Anxiety Toolkit Programme for parents whose children have anxiety aged 7-13 years old. The programme works with parents on a 1:1 basis over 6 weeks and gives them strategies and tools to support their child at home.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

14 Restricted funds (Continued)

41 Comic Relief Groundworks

Joint partnership bid with Amaze/East Sussex parent Carer Forum (ESPCF) to run our Hastings/ Bexhill Coffee morning for 1 year.

42 Sussex Community Foundation

Core costs to cover some of the CEO salary for 1 year.

43 Sussex Learning Network

Funding to help us run our support sessions; coffee mornings and costs towards a parent peer support worker who deliver 1:1 telephone/wellbeing calls and cover core costs.

44 Meads Funding

3 year funding to cover part time salary for CEO.

45 Comic Relief

One off payment cost of living crisis funding to cover office rent.

46 Comic Relief

One off payment cost of living crisis funding to cover core costs.

47 National Lottery Awards 4 All

1 year's funding to pay for a part time Parent Peer Support Worker 16 hours over 1 year.

48 The Charlie Waller Trust

Funding for a parent peer support worker to undertake competency training with The Charlie Waller Trust and University of Reading.

49 The Charlie Waller Trust

Funding for a parent peer support worker to undertake competency training with The Charlie Waller Trust and University of Reading.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

14 Restricted funds (Continued)

50 Chalk Cliff Trust
Costs towards CEO time and core costs.

51 Ernest Kleinwort
Costs towards 6 week course Raising Resilient Teenagers.

52 Sussex Community Foundation
To fund a part time Parent Peer Support Worker.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

15 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 30 June 2023 are represented by:						
Tangible assets	3,937	500	4,437	582	1,000	1,582
Current assets/(liabilities)	37,768	48,397	86,165	18,497	27,960	46,457
	<u>41,705</u>	<u>48,897</u>	<u>90,602</u>	<u>19,079</u>	<u>28,960</u>	<u>48,039</u>

16 Related party transactions

There were no disclosable related party transactions during the year.



Issuer Price & Company

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Parties involved with this document

Document processed	Party + Fingerprint
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Wed, 6th Dec 2023 8:45:11 UTC	Luke Shevels - Signer (4ed8452f4450f5bb8340644391722cc8)
Wed, 6th Dec 2023 10:41:30 UTC	Andrew Hill - Signer (3f4bdfa92ffb1a3fcbc2354ded47c63d)

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Date	Action
Wed, 6th Dec 2023 10:41:32 UTC	Andrew Hill viewed the envelope (154.62.129.141)
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