



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From period start date 01.01.2024 To period end date 01.01.2025

Charity name: 21 Plus

Charity registration number: 1194335

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	21 Plus is a registered charity that supports nurtures and empowers children and young people with down syndrome and their families. Our core purposes are: ➤ To enable people with Down's syndrome to reach their full potential and live fulfilled and active lives, through the provision of training, support, education and practical advice. ➤ To promote the education of the public, parents and carers of people with Down's syndrome, and professionals involved in their care and education, in the specific needs and abilities of people with Down's syndrome.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We offer a range of services to our families (subscribers). Our services are delivered by Symbol trained co-workers who work as sub-contractors to the Charity to deliver these services. They are: <u>"Talk Time"</u>

		Talk Time is a communication group for children with Down's syndrome. It is run by our expert "Symbol" trained co-workers, who provide a very specialist speech and language session tailored to the learning profile of a child with Down's syndrome. Sessions run on a weekly basis throughout term time for children aged 6 months to 11 years. Children with Down's syndrome have a specific Speech and Language disorder, so early intervention is crucial. Children initially attend sessions with their parents. As the children start nursery/reception Teaching Assistants from schools also attend and learn these valuable early years skills, so that they can replicate the appropriate support in school. Sessions target a number of key skills including signing, sound production, target vocabulary, reading and sequencing. <u>"Talk About"</u> Talk About is a youth group for young people with Down's syndrome aged from 11-19. These sessions currently run fortnightly. During these sessions there is an hour of communication-focused activities, run by our "Symbol" trained co-workers. This circle group model follows on from the speech and language groups for younger children. These sessions focus on communication, relationships, community and identity, and provide opportunities to: ➤ Meet up with friends and make new friends ➤ Socialise and take part in fun activities with facilitation ➤ Talk about their lives in a safe environment ➤ Get support with speech and language skills, including speech
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		production, vocabulary skills, and social skills ➤ Practice skills in making and maintaining relationships, assertion, and self-expression Young people with Down's syndrome are showing the world how much they can achieve given the right support. However, many still struggle with low expectations of what they can achieve. They commonly find it difficult to understand social situations and react appropriately, with the added pressure of puberty and relationships, they can really benefit from having a safe space with professionals who understand them, to learn these vital skills. Using a syndrome specific approach our skilled staff can help the young people express themselves to the best of their ability, whilst facilitating appropriate social and behavioural responses to new social situations. The young people will explore their own identities and how they interact with the world around them. How young people manage social situations, relationships and challenges is key in enabling them to access their communities and build meaningful relationships with those around them. <u>"Day Summer Camp"</u> The Annual Sport and Speech Camp offers intensive, specialist speech and language input from Symbol UK combined with a range of sporting activities to children aged 7-13 years old. Sport is used as a basis for the camp as there are many positive aspects to being involved with a physical activity as well as giving our children the opportunity to access a range of sports that they would have limited opportunities to experience. <u>We</u> use specially trained coaches from the Welsh Rugby Union and Gymnastics Wales to name but a few.
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		We also add in occupational therapy with a very particular focus on sensory processing disorder - this is a very poorly understood issue for many of our children. All the children are given a report from the therapists at the end of the week which can be taken away and shared with their Schools and Local Speech and Language Providers involved in their care. All families are given information about local sport clubs who are inclusive. Two of the children who attended previous camps have since gone on to undertake some preliminary training as sport coaches/ambassadors. We also deliver communication training to coaches in order to improve access to sport for children with Down's Syndrome in South Wales. <u>"Residential Summer Camp"</u> The camp offered intensive, specialist speech and language input from Symbol UK combined with a range of activities, including sports and drama, and the opportunity for our young people to spend time away from home in a safe environment. Young people took part in a range of outdoor activities, including archery, canoeing, rifle shooting, low ropes and swimming; as well as a daily 1.5-hour communication based session with our resident Speech and Language Therapist from Symbol UK. During the week our Speech and Language Therapist worked with small groups alongside the young people as they took part in the outdoor activities. They were supported with understanding of activities and facilitating social interaction and communication within the activities. <u>"School Support Service"</u>
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		Our school support team can support both primary and secondary schools to include pupils with Down's syndrome effectively in school life and learning; our team have experience of supporting children in a variety of settings and with a variety of challenges. The service can offer observations of pupils and provide recommendations and a report. Whole school 'twilight' sessions, teaching assistant sessions, follow-up reviews and remote support are also available. Advice can be given on all aspects of inclusion, speech and language support, understanding behaviour and curriculum access. Following the pandemic, we have seen a surge in need for this service as our children and young people have struggled in their return to school following such a long disruption to learning. We do not charge schools for this service because they simply have no additional funds for this support. Schools are so grateful for the work we do with them as the strategies and support we provide can benefit so many of the children in school who also may be struggling with aspects of learning.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	21 Plus Trustees are fully aware and have regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including	Para 1.38	

program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Our camps provide opportunities which are often outside the reach of disabled children. They encourage new friendships and relationships, which encourages self awareness, confidence and self esteem. We are promoting independence with time away from their families, in a safe and supportive environment. We know that impaired communication skills have a negative impact on the opportunities for children and young people with Down's Syndrome. By improving and increasing those skills we can directly enhance the lives of these children. Many of the children involved in the camps do not have access to regular speech and language therapy. For some, this will be the only input they receive throughout the year These services are crucial to our children and young people, they provide them with the much needed opportunity to socialise with their peers and to gain access to specialist speech and language support which remains one of their biggest challenges in life.

Additional information (optional)

You may choose to include further statements where relevant about:

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total Income £70,939.97 Total Expenditure £71,393.89 Loss reported £453.92
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	The Charity's approach to spending and its regular review of its budget means ensures there is always sufficient funds available to meet its needs.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grant applications Fundraising
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Charity is CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All members of 21 Plus are invited to become Trustees if they so wish. We also advertise externally for Trustees. Anybody who has an interest in becoming a trustee must submit an expression of interest and has to be DBS checked. Trustees are re-appointed and re-elected at our AGM.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	21 Plus
Other name the charity uses	

Registered charity number	1194335
Charity's principal address	11 Pant-y-Fforest Ebbw Vale Gwent NP23 5FR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gabrielle Preece	Chair		
2	Nikki Braun	Secretary		
3	Rachel Champken	Treasurer		
4	Bridgid Corr			
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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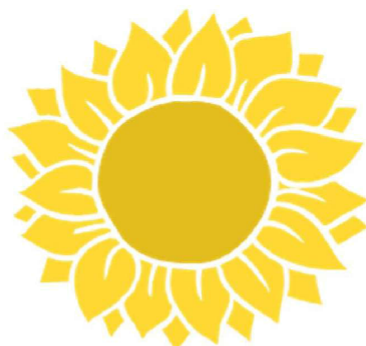
Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>G Preece</i>	
Full name(s)	Gabrielle Preece	
Position (eg Secretary, Chair, etc)	Chair	
Date	26.10.2025	

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21 PLUS

REGISTERED CHARITY NUMBER: 1194335

FINANCIAL STATEMENTS & ACCOUNTS

FOR THE YEAR ENDED 1st JANUARY 2025



CONTENTS

Page

2 **Treasurer's Report**

3 **Income and Expenditure**

Account 4 - 5 Balance Sheet



TREASURER'S REPORT

The treasurer's report on the unaudited financial statements to the committee of 21 Plus.

The Treasurer's statement for the period ended 1 January 2025 is set out on pages 3 to 5. The charity is exempt from an audit.

In accordance with committee instructions, I have compiled these unaudited financial statements from the accounting records and information supplied to me.

Rachel Champken

21 PLUS (REGISTERED CHARITY: 1194335)
INCOME AND EXPENDITURE ACCOUNT



for the year ended 1st January 2025

Income	2024	2023
Donations (including Local Giving)	12800.04	19,176.81
Local giving	0.00	0.00
Associate Members	180.00	210.00
Full Members	699.04	620.00
Events/ Socials	2701.27	320.00
Fundraising	9,579.62	10,942.01
Grants Received: Blackwood Engineering	13,000.00	30,765.75
Grants Received: Mandarin Stone	10,000.00	
Grants Received: Postcode Community	10,000.00	
Day Summer camp	6,400.00	11,770.00
Residential Summer camp	5,055.00	4,431.00
School Support Service	505.00	2,965.70
Youth Group	20.00	
Unclassified		
Total income	70,939.97	81,201.27
Expenditure	2024	2023
Administration	909.40	710.29
Safeguarding	166.37	216.84
Day Summer camp	7,583.61	9,189.22
Events	3,576.75	1,749.24
Banking Fees	139.16	27.00
Membership management (MMC)	192.52	274.48
Residential Summer camp	14,374.04	7,817.96
Services	744.99	724.00
School support	21,447.18	18,948.77
Talk time	18,508.77	14,239.15
Youth group	3,751.10	2,167.87
Total expenditure	71,393.89	56,064.82
Profit/(Loss)	(453.92)	25,136.45

21 PLUS (REGISTERED CHARITY: 1194335)
BALANCE SHEET



as at 1 January 2025

	2024	2023
	£	£
Current assets		
Cash at bank	39,781.53	40,235.45
Current Liabilities		
Committed Monies		
Net assets	<u>39,781.53</u>	<u>40,235.45</u>
Representing reserves	40,235.45	
Surplus b/f		15,099.00
Profit/(loss) for the year	(453.92)	25,136.45
Reserves	0	0
Total	<u>39,781.53</u>	<u>40,235.45</u>



Treasurer's statement

In approving these financial statements as treasurer, I hereby confirm:

- (a) that for the period stated above the charity was entitled to the exemption;**
- (b) that I acknowledge my responsibilities for:**
 - (1) ensuring that the Charity keeps the accounting records required by the HM Customs and Revenue.**
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the Charity as at the end of the financial year and of its surplus/(deficit) for the year.**

These financial statements are prepared in accordance with the special provisions applicable under the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 3 to 5 were approved by the charity on ----- and signed on its behalf by:

Rachel Champken

TREASURER



Section A

Independent Examiner's Report

Report to the trustees/
members of

21 Plus

On accounts for the year
ended

1st January 2025

Charity no
(if any)

1194335

Set out on pages

1-5

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 1st January 2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

17/10/2025

Name:

Robert Jones

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

220 Stow Hill, Newport, NP20 4HA

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Not applicable