



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 31st Dec 2021

Period end date 01st Jan 2023

Charity name: 21 Plus

Charity registration number:1194335

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	21 Plus is a registered charity that supports nurtures and empowers children and young people with down syndrome and their families
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	21 Plus offer several activities throughout the year to benefit the lives of children with down syndrome, these include: - Talk time group. A weekly speech and development group, supporting preschool to primary age children. Families get fantastic support from each other. Our children get a brilliant opportunity to develop their speech and language using educational recourses and aids which are tailored to their needs. Nicola Williams and Victoria Hughes are our trained symbol workers who run these sessions. - School support. Offered to all our subscribers. Supporting our children from pre-school primary, to Secondary and College. Victoria Hughes and Nicola Williams continue to offer this fantastic service. Schools and Families have expressed how the support, guidance, training and provision of school support have been invaluable. - Youth group. We have over 15 members who attend regularly, run by Victoria Hughes and Nicola William and occasional volunteers. Life skills, social scenarios, games, cooking are all examples of activities organised with always a focus on improving communication

		skills and confidence. - Summer camp. An annual week long speech and sports camp offering intensive specialist speech and language therapy, provided through Symbol and whole child therapy. This is a fantastic opportunity for our children, jammed packed with various sports activities with speech and language support at the core. - Youth camp. A fantastic opportunity for our young adults to have a residential stay in Cardiff. Speech and Language therapy provided by Symbol specialists. Various activities throughout the week encouraging independence, social skills, discussing emotions, and social scenarios empowering our young adults. - Annual Education conference. Aimed at schools/families and anyone working or supporting the young person with Down Syndrome. The conference offers a wealth of knowledge and resources to attendees. Delegates are introduced to the learning profile of pupils and the principles of differentiation which can support and include children. The conference attracts over 100 plus attendees. - Workshops focussing on sensory, and behaviour. These are fantastic opportunities for families and those working with the young person with DS. - Monthly meet ups. Organised by trustees, giving families and children a chance to meet up involving various activities for example; swimming, surfing, soft play gymnastics and bike rides.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	21 Plus Trustees are fully aware and have regard to the guidance issued by the Charity Commission on public benefit. Our Trustees strive to succeed in enriching the lives of children with Down syndrome. Giving them the best opportunities and support for them to succeed.

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	As stated above 21 Plus participate in several activities to enhance and improve the lives of young people with down syndrome. Talk time, school support, youth group have been a fantastic success this year. Families have found these services invaluable. Our Talk time participates love the weekly meet ups, their children are benefiting greatly from the support and guidance that Victoria and Nicky offer, and the parents find invaluable support amongst each other. Online talk time sessions are run every week with our school aged children. With one face to face meet up a Month with the children and their 1:1. This is a fantastic service for the school and our children where the school gain insight into supporting our children in the best way. School support has in some cases helped children stay in school rather than looking at an alternative placement. Schools also find the support and resources provided a huge benefit. Our youth group enjoyed quiz night, games, cooking acting, social scenarios. Our leaders worke hard in providing fun and engaging activities for our young people. Fantastic friendships with each other due to the consistency of seeing each other regularly. This is so important for parents, seeing their children form strong and purposeful relationships Our Sports camp, workshops, conference, and social events such as Easter egg hunt have all been a huge success. This gave our children an opportunity to try different supporting activities which some have gone on to pursue e.g. disability gymnastic and swimming lessons. Again families connected and children's well -being boosted. We also organised a fantastic Christmas party at a Monmouthshire soft play for the children and families. They all had a great get together, dancing playing games enjoying each other's company and forming lasting friendships. 21 plus has become an extended family to the majority of our families who feel connected,
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		understood and can support each other. Giving the best opportunities to our children with down syndrome with high expectations for our children for the future.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	21 plus changed charity status from an unincorporated charity to a CIO. We opened the new charity on the 5th May 2021. All accounts and annual reports are up to date. As you will see from the accounts £15,443 has been spent on school support which is an invaluable service to both families and educational settings. Talk time £10,004, youth group-£1,647. These services are an incredible support to all our subscribers to 21 plus benefiting toddler age groups to young adults with down syndrome. Please visit our website to see all testimonies from our parents who benefit from these services. 21 plus benefited from incredible donation of £8,500 from Blackwood Engineering who have been a fantastic support to our charity. We have also received £7,319 in donations mainly raised by our amazing families who want to support 21plus and see its sustainable future. These incredible donations have allowed 21 plus to carry on providing outstanding services to all to subscribers. Summer camp cost the charity £15,754 and youth camp cost £4,534. These were big expenses to the charity however the outcomes and the benefit that these camps give our children and families are significant. 21 plus hopes to successfully run both camps every year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a CIO.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All members of 21 Plus are invited to become Trustees if they so wish. Anybody who has an interest in becoming a trustee has to be DBS checked. Trustees are re-appointed and re-elected at our AGM

Additional information (optional)

Reference and Administrative details

Charity name	21 Plus
Other name the charity uses	
Registered charity number	1194335
Charity's principal address	Sycamore house, Neville street, Garndiffaith, Pontypool, NP4 7NH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roberta Nash	Treasurer		
2	Gabrielle Preece	Chair		
3	Nikki Davies	Secretary		
4	Bridgid Corr			
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Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Roberta Nash

Full name(s)

Roberta Nash

**Position (eg Secretary,
Chair, etc)**

Treasurer

Date

25.09.23

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21 PLUS

REGISTERED CHARITY NUMBER: 1194335

FINANCIAL STATEMENTS & ACCOUNTS

FOR THE YEAR ENDED 1st JANUARY 2023



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TREASURER'S REPORT

The treasurer's report on the unaudited financial statements to the committee of 21 Plus.

The Treasurer's statement for the period ended 1 January 2023 is set out on pages 3 to 5. The charity is exempt from an audit. In accordance with committee instructions I have compiled these unaudited financial statements from the accounting records and information supplied to me.

Roberta Nash

21 PLUS (REGISTERED CHARITY: 1194335)
INCOME AND EXPENDITURE ACCOUNT



for the year ended 1st January 2023

Income	2022	2021
Donations	7,319	6,375
Local giving	5,085	541
Membership	630	50
Transfer from previous registered charity	0	40,000
Activity day	1,495	
Amazon	82	
Blackwood Engineering donation	8,500	
Easy fundraising	51	
Grant	1,000	
Summer camp	5,025	
Youth camp	1,000	
Xmas cards	718	
	30,905	
Total income		46,966
	2022	2021
Expenditure		
School support	15,443	5,143
Talk time	10,004	4,463
Youth group	1,647	797
Membership management (MMC)	202	32
Activity days	1,921	72
Local giving fee	96	96
Xmas expenses	0	447
Hall fees	1526	
Summer camp	15,754	
Youth camp	4,534	
Xmas cards	240	
Wye media	355	
	51,722	
Total expenditure		11,050
	(20,817)	
Profit/(Loss)		35,916

21 PLUS (REGISTERED CHARITY: 1194335)
BALANCE SHEET



as at 1 January 2023

	2022	2021
	£	£
Current assets		
Cash at bank	15,099	35,916
Current Liabilities		
Committed Monies		
Net assets	<u>15,099</u>	<u>35,916</u>
Representing reserves		
Surplus b/f	35,916	0
Profit/(loss) for the year	(20,817)	35,916
Reserves	0	0
Total	<u>15,099</u>	<u>35,916</u>



Treasurer's statement

In approving these financial statements as treasurer I hereby confirm:

(a) that for the period stated above the charity was entitled to the exemption;

(b) that I acknowledge my responsibilities for:

(1) ensuring that the charity keeps accounting records required by the HM Customs and Revenue

(2) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its surplus/(deficit) for the year.

These financial statements are prepared in accordance with the special provisions applicable under the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 3 to 5 were approved by the charity on 25th September 2023 and signed on its behalf by:

**Roberta Nash
TREASURER**



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

21 Plus

On accounts for the year
ended

1st January 2023

Charity no
(if any)

1194335

Set out on pages

1-5

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 1st January 2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date: 11/10/2023

Name:

Robert Jones

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

220a Stow Hill, Newport, NP20 4HA

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Not applicable